Swansea, Carmarthen and Llanelli to Llandovery, Llandrindod and Shrewsbury

Mondays to Fridays

Operator Days of operation/Notes		AW	AW A	AW	AW	AW	AW	AW	AW
Swansea (SWA)	d			0513	0729	1039	1449	1747	
Gowerton (GWN)	d			0525	0741	1051	1501	1759	
Carmarthen (CMN)	d		0446						
Llanelli (LLE) 🔽	d		0512	0535	0752	1102	1511	1809	
Bynea (BYE)	d		0516x	0540x	0756x	1106x	1516x	1815x	
Llangennech (LLH)	d		0520x	0544x	0800x	1110x	1520x	1819x	
Pontarddulais (PTD)	d		0525x	0548x	0805x	1115x	1525x	1823x	
Pantyffynnon (PTF)	d		0533	0557	0813	1123	1532	1831	
Ammanford (AMF)	d		0537	0600	0817	1127	1536	1834	
Llandybie (LLI)	d		0542	0604	0822	1132	1541	1839	
Ffairfach (FFA)	d		0549x	0611x	0829x	1139x	1549x	1847x	
Llandeilo (LLL)	a		0553	0616	0834	1144	1553	1852	
Llandeilo (LLL)	d		0555	0617	0847	1145	1554	1852	
Llangadog (LLG)	d		0605	0626	0857	1155	1604	1902	
Llanwrda (LNR)	d		0608	0630	0900	1158	1607	1906	
Llandovery (LLV)	a		0616	0637	0909	1207	1616	1914	
Llandovery (LLV)	d		0617		0909	1207	1616	1915	
Cynghordy (CYN)	d		0624x		0917x	1215x	1625x	1923x	
Sugar Loaf (SUG)	d		0633x		0926x	1224x	1633x	1931x	
Llanwrtyd (LNW)	a		0640		0934	1232	1641	1939	
Llanwrtyd (LNW)	d		0642		0935	1233	1642	1939	
Llangammarch (LLM)	d		0647x		0940x	1238x	1648x	1945x	
Garth (Powys) (GTH)	d		0650x		0944x	1242x	1652x	1949x	
Cilmeri (CIM)	d		0655x		0949x	1247x	1657x	1954x	
Builth Road (BHR)	d		0659x		0953x	1251x	1701x	1957x	
Llandrindod (LLO)	a		0712		1007	1305	1714	2011	
Llandrindod (LLO)	d	0605	0732		1012	1312	1738	2025	
Pen-y-Bont (PNY)	d	0612x	0738x		1018x	1319x	1745x	2032x	
Dolau (DOL)	d	0617	0744		1024	1325	1750	2037	
Llanbister Road (LLT)	d	0623x	0749x		1029x	1330x	1756x	2043x	
Llangynllo (LGO)	d	0629x	0755x		1035x	1335x	1802x	2049x	
Knucklas (KNU)	d	0635x	0801x		1041x	1342x	1808x	2055x	
Knighton (KNI)	a	0644	0809		1049	1349	1814	2101	
Knighton (KNI)	d	0646	0810		1050	1351	1816	2103	
Bucknell (BUK)	d	0652	0816		1056	1357	1822	2109	
Hopton Heath (HPT)	d	0656x	0821x		1101x	1401x	1827x	2114x	
Broome (BME)	d	0701x	0824x		1104x	1405x	1831x	2118x	
Craven Arms (CRV)	d	0710	0835		1114	1414	1841	2127	
Church Stretton (CTT)	d	0721	0847		1125	1425	1852	2138	
Shrewsbury (SHR)	a	0738	0903		1142	1442	1910	2155	

For the complete service between Swansea/Carmarthen and Llanelli see table 126
For the complete service between Craven Arms and Shrewsbury see table 131

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a   Arrival time
d   Departure time
x   Stops on request

A   Also calls at Pembrey & Burry Port 0505

Swansea, Carmarthen and Llanelli to Llandovery, Llandrindod and Shrewsbury

Saturdays

Operator		AW	AW	AW	AW	AW
Swansea (SWA)	d	0450	0730	1038	1450	1748
Gowerton (GWN)	d	0502	0742	1051	1502	1800
Carmarthen (CMN)	d					
Llanelli (LLE)	7 d	0512	0752	1105	1512	1810
Bynea (BYE)	d	0517x	0757x	1110x	1518x	1816x
Llangennech (LLH)	d	0521x	0801x	1114x	1522x	1820x
Pontarddulais (PTD)	d	0525x	0805x	1118x	1526x	1824x
Pantyffynnon (PTF)	d	0534	0814	1127	1534	1832
Ammanford (AMF)	d	0537	0817	1130	1537	1835
Llandybie (LLI)	d	0542	0822	1135	1542	1840
Ffairfach (FFA)	d	0549x	0829x	1142x	1550x	1848x
Llandeilo (LLL)	a	0554	0835	1148	1555	1853
Llandeilo (LLL)	d	0555	0846	1148	1555	1853
Llangadog (LLG)	d	0605	0856	1158	1605	1903
Llanwrda (LNR)	d	0609	0900	1202	1609	1907
Llandovery (LLV)	a	0616	0908	1210	1617	1915
Llandovery (LLV)	d	0618	0909	1211	1618	1916
Cynghordy (CYN)	d	0625x	0916x	1218x	1626x	1924x
Sugar Loaf (SUG)	d	0634x	0926x	1227x	1635x	1932x
Llanwrtyd (LNW)	a	0641	0934	1235	1643	1940
Llanwrtyd (LNW)	d	0642	0934	1235	1643	1940
Llangammarch (LLM)	d	0647x	0939x	1240x	1649x	1946x
Garth (Powys) (GTH)	d	0651x	0943x	1244x	1653x	1950x
Cilmeri (CIM)	d	0656x	0949x	1249x	1659x	1955x
Builth Road (BHR)	d	0659x	0952x	1252x	1702x	1958x
Llandrindod (LLO)	a	0713	1007	1307	1716	2012
Llandrindod (LLO)	d	0732	1012	1308	1738	2025
Pen-y-Bont (PNY)	d	0738x	1018x	1314x	1745x	2033x
Dolau (DOL)	d	0744	1024	1320	1750	2038
Llanbister Road (LLT)	d	0749x	1029x	1325x	1756x	2044x
Llangynllo (LGO)	d	0755x	1035x	1331x	1802x	2049x
Knucklas (KNU)	d	0801x	1041x	1337x	1808x	2056x
Knighton (KNI)	a	0809	1049	1345	1814	2101
Knighton (KNI)	d	0810	1050	1346	1816	2104
Bucknell (BUK)	d	0816	1056	1352	1822	2110
Hopton Heath (HPT)	d	0821x	1101x	1357x	1827x	2114x
Broome (BME)	d	0824x	1104x	1400x	1831x	2119x
Craven Arms (CRV)	d	0834	1114	1410	1841	2127
Church Stretton (CTT)	d	0845	1125	1421	1852	2138
Shrewsbury (SHR)	a	0901	1142	1438	1909	2201

NOTES   (see introductory pages for explanation of train operator codes and standard symbols)

a   Arrival time
d   Departure time
x   Stops on request

Swansea, Carmarthen and Llanelli to Llandovery, Llandrindod and Shrewsbury

Sundays

	Operator	AW	AW	AW	AW
Days of operation/Notes		A	A	B	
Swansea (SWA)	d	0853	1105	1110	1518
Gowerton (GWN)	d	0905	1117	1122	1531
Carmarthen (CMN)	d				
Llanelli (LLE)	7 d	0915	1127	1132	1542
Bynea (BYE)	d	0919x	1131x	1137x	1546x
Llangennech (LLH)	d	0923x	1135x	1141x	1550x
Pontarddulais (PTD)	d	0927x	1140x	1145x	1555x
Pantyffynnon (PTF)	d	0936	1148	1154	1603
Ammanford (AMF)	d	0939	1152	1157	1606
Llandybie (LLI)	d	0944	1157	1202	1611
Ffairfach (FFA)	d	0951x	1204x	1209x	1618x
Llandeilo (LLL)	a	0956	1208	1214	1623
Llandeilo (LLL)	d	0957	1210	1215	1624
Llangadog (LLG)	d	1007	1220	1225	1634
Llanwrda (LNR)	d	1011	1223	1229	1638
Llandovery (LLV)	a	1018	1231	1236	1645
Llandovery (LLV)	d	1020	1235	1238	1647
Cynghordy (CYN)	d	1027x	1242x	1245x	1654x
Sugar Loaf (SUG)	d	1036x	1252x	1254x	1704x
Llanwrtyd (LNW)	a	1043	1259	1301	1711
Llanwrtyd (LNW)	d	1044	1300	1303	1712
Llangammarch (LLM)	d	1049x	1305x	1308x	1717x
Garth (Powys) (GTH)	d	1053x	1309x	1312x	1721x
Cilmeri (CIM)	d	1058x	1315x	1317x	1727x
Builth Road (BHR)	d	1101x	1318x	1321x	1730x
Llandrindod (LLO)	a	1115	1332	1334	1744
Llandrindod (LLO)	d	1128	1345	1345	1759
Pen-y-Bont (PNY)	d	1134x	1351x	1351x	1806x
Dolau (DOL)	d	1140	1357	1357	1812
Llanbister Road (LLT)	d	1145x	1402x	1402x	1817x
Llangynllo (LGO)	d	1151x	1408x	1408x	1822x
Knucklas (KNU)	d	1157x	1414x	1414x	1829x
Knighton (KNI)	a	1205	1422	1422	1836
Knighton (KNI)	d	1209	1423	1423	1838
Bucknell (BUK)	d	1215	1429	1429	1844
Hopton Heath (HPT)	d	1219x	1434x	1434x	1848x
Broome (BME)	d	1223x	1437x	1437x	1851x
Craven Arms (CRV)	d	1235	1447	1447	1901
Church Stretton (CTT)	d	1247	1500	1500	1915
Shrewsbury (SHR)	a	1303	1516	1516	1936

NOTES   (see introductory pages for explanation of train operator codes and standard symbols)

a	Arrival time
d	Departure time
x	Stops on request

A	Runs from 16 August to 13 September
B	Runs until 9 August and from 20 September

Shrewsbury to Llandrindod, Llandovery, Llanelli, Carmarthen and Swansea

Mondays to Fridays

Operator		AW	AW	AW	AW	AW	AW	AW
Shrewsbury (SHR)	d		0430	0554	0835	1131	1600	1835
Church Stretton (CTT)	d		0448	0612	0853	1149	1618	1853
Craven Arms (CRV)	d		0458	0622	0902	1158	1628	1902
Broome (BME)	d			0628x	0907x	1203x	1634x	1908x
Hopton Heath (HPT)	d			0632x	0912x	1208x	1638x	1912x
Bucknell (BUK)	d			0637x	0916x	1212x	1643x	1917x
Knighton (KNI)	a		0519	0645	0926	1222	1652	1926
Knighton (KNI)	d		0520	0646	0926	1222	1652	1926
Knucklas (KNU)	d			0651x	0931x	1227x	1658x	1932x
Llangynllo (LGO)	d			0659x	0939x	1235x	1706x	1940x
Llanbister Road (LLT)	d			0704x	0944x	1240x	1711x	1945x
Dolau (DOL)	d			0710x	0950x	1246x	1717x	1951x
Pen-y-Bont (PNY)	d			0715x	0954x	1250x	1721x	1955x
Llandrindod (LLO)	a		0556	0727	1007	1303	1733	2007
Llandrindod (LLO)	d			0729	1022	1324	1733	2027
Builth Road (BHR)	d			0738x	1030x	1332x	1742x	2036x
Cilmeri (CIM)	d			0741x	1034x	1336x	1746x	2040x
Garth (Powys) (GTH)	d			0746x	1039x	1341x	1751x	2045x
Llangammarch (LLM)	d			0750x	1043x	1345x	1755x	2049x
Llanwrtyd (LNW)	a			0758	1052	1354	1803	2057
Llanwrtyd (LNW)	d			0759	1053	1358	1804	2058
Sugar Loaf (SUG)	d			0805x	1059x	1404x	1810x	2104x
Cynghordy (CYN)	d			0811x	1105x	1410x	1817x	2111x
Llandovery (LLV)	a			0823	1118	1423	1829	2123
Llandovery (LLV)	d	0641		0823	1118	1426	1829	2123
Llanwrda (LNR)	d	0647x		0829x	1123x	1431x	1835x	2129x
Llangadog (LLG)	d	0651x		0834x	1128x	1436x	1840x	2134x
Llandeilo (LLL)	a	0702		0845	1140	1448	1851	2145
Llandeilo (LLL)	d	0702		0845	1154	1448	1855	2145
Ffairfach (FFA)	d	0705		0848	1157	1451	1858	2148
Llandybie (LLI)	d	0712x		0856x	1204x	1458x	1906x	2156x
Ammanford (AMF)	d	0717x		0901x	1209x	1503x	1911x	2201x
Pantyffynnon (PTF)	d	0720		0904	1213	1507	1914	2204
Pontarddulais (PTD)	d	0727x		0911x	1219x	1514x	1921x	2211x
Llangennech (LLH)	d	0731x		0916x	1224x	1518x	1926x	2216x
Bynea (BYE)	d	0735x		0919x	1228x	1522x	1930x	2220x
Llanelli (LLE)	**7** a	0742		0926	1237	1530	1938	2234
Carmarthen (CMN)	a							
Gowerton (GWN)	a	0751		0937	1250	1539	1952	2243
Swansea (SWA)	a	0811		0951	1303	1600	2005	2258

NOTES   **(see introductory pages for explanation of train operator codes and standard symbols)**

a   Arrival time
d   Departure time
x   Stops on request

Shrewsbury to Llandrindod, Llandovery, Llanelli, Carmarthen and Swansea

Saturdays

	Operator	AW	AW	AW	AW	AW
Shrewsbury (SHR)	d	0554	0835	1131	1600	1835
Church Stretton (CTT)	d	0612	0853	1149	1618	1853
Craven Arms (CRV)	d	0622	0902	1158	1627	1902
Broome (BME)	d	0628x	0907x	1203x	1633x	1908x
Hopton Heath (HPT)	d	0632x	0912x	1208x	1637x	1912x
Bucknell (BUK)	d	0637x	0916x	1212x	1642x	1917x
Knighton (KNI)	a	0645	0926	1222	1651	1926
Knighton (KNI)	d	0646	0926	1222	1651	1926
Knucklas (KNU)	d	0651x	0931x	1227x	1657x	1932x
Llangynllo (LGO)	d	0659x	0939x	1235x	1705x	1940x
Llanbister Road (LLT)	d	0704x	0944x	1240x	1710x	1945x
Dolau (DOL)	d	0710x	0950x	1246x	1716x	1951x
Pen-y-Bont (PNY)	d	0715x	0954x	1250x	1720x	1955x
Llandrindod (LLO)	a	0727	1007	1303	1732	2007
Llandrindod (LLO)	d	0729	1022	1322	1732	2027
Builth Road (BHR)	d	0738x	1030x	1330x	1741x	2036x
Cilmeri (CIM)	d	0741x	1034x	1334x	1745x	2039x
Garth (Powys) (GTH)	d	0746x	1039x	1339x	1750x	2044x
Llangammarch (LLM)	d	0750x	1043x	1343x	1754x	2048x
Llanwrtyd (LNW)	a	0758	1052	1352	1802	2056
Llanwrtyd (LNW)	d	0759	1053	1356	1803	2057
Sugar Loaf (SUG)	d	0805x	1059x	1402x	1809x	2103x
Cynghordy (CYN)	d	0812x	1105x	1408x	1816x	2109x
Llandovery (LLV)	a	0824	1118	1421	1828	2121
Llandovery (LLV)	d	0824	1118	1424	1828	2121
Llanwrda (LNR)	d	0830x	1123x	1429x	1834x	2127x
Llangadog (LLG)	d	0835x	1128x	1434x	1839x	2132x
Llandeilo (LLL)	a	0846	1140	1446	1850	2143
Llandeilo (LLL)	d	0846	1150	1448	1853	2143
Ffairfach (FFA)	d	0849	1153	1451	1856	2146
Llandybie (LLI)	d	0857x	1200x	1458x	1904x	2154x
Ammanford (AMF)	d	0902x	1205x	1503x	1909x	2159x
Pantyffynnon (PTF)	d	0905	1209	1507	1912	2202
Pontarddulais (PTD)	d	0912x	1215x	1513x	1919x	2209x
Llangennech (LLH)	d	0917x	1220x	1517x	1923x	2214x
Bynea (BYE)	d	0921x	1224x	1521x	1927x	2218x
Llanelli (LLE)	7 a	0928	1233	1529	1934	2231
Carmarthen (CMN)	a					
Gowerton (GWN)	a	0947	1242	1538	1943	2240
Swansea (SWA)	a	1002	1255	1600	2000	2255

NOTES **(see introductory pages for explanation of train operator codes and standard symbols)**

a   Arrival time
d   Departure time
x   Stops on request

Shrewsbury to Llandrindod, Llandovery, Llanelli, Carmarthen and Swansea

Sundays

Operator Days of operation/Notes		AW A	AW	AW B
Shrewsbury (SHR)	d	0943	1208	1620
Church Stretton (CTT)	d	1001	1226	1640
Craven Arms (CRV)	d	1011	1235	1649
Broome (BME)	d	1017x	1241x	1654x
Hopton Heath (HPT)	d	1021x	1245x	1659x
Bucknell (BUK)	d	1026x	1250x	1703x
Knighton (KNI)	a	1034	1258	1711
Knighton (KNI)	d	1035	1259	1713
Knucklas (KNU)	d	1041x	1305x	1717x
Llangynllo (LGO)	d	1049x	1313x	1725x
Llanbister Road (LLT)	d	1054x	1318x	1729x
Dolau (DOL)	d	1100x	1324x	1735x
Pen-y-Bont (PNY)	d	1104x	1328x	1739x
Llandrindod (LLO)	a	1114	1338	1750
Llandrindod (LLO)	d	1131	1353	1803
Builth Road (BHR)	d	1140x	1402x	1812x
Cilmeri (CIM)	d	1143x	1406x	1815x
Garth (Powys) (GTH)	d	1148x	1411x	1821x
Llangammarch (LLM)	d	1152x	1415x	1825x
Llanwrtyd (LNW)	a	1159	1422	1833
Llanwrtyd (LNW)	d	1201	1424	1834
Sugar Loaf (SUG)	d	1207x	1430x	1841x
Cynghordy (CYN)	d	1213x	1437x	1847x
Llandovery (LLV)	a	1224	1448	1858
Llandovery (LLV)	d	1231	1449	1900
Llanwrda (LNR)	d	1237x	1455x	1905x
Llangadog (LLG)	d	1242x	1500x	1909x
Llandeilo (LLL)	a	1252	1510	1920
Llandeilo (LLL)	d	1253	1511	1922
Ffairfach (FFA)	d	1256	1514	1925
Llandybie (LLI)	d	1304x	1522x	1932x
Ammanford (AMF)	d	1309x	1527x	1937x
Pantyffynnon (PTF)	d	1312	1530	1941
Pontarddulais (PTD)	d	1319x	1537x	1947x
Llangennech (LLH)	d	1323x	1541x	1952x
Bynea (BYE)	d	1327x	1545x	1956x
Llanelli (LLE)	**7** a	1333	1551	2004
Carmarthen (CMN)	a			
Gowerton (GWN)	a	1343	1601	2014
Swansea (SWA)	a	1356	1615	2030

NOTES   **(see introductory pages for explanation of train operator codes and standard symbols)**

a	Arrival time
d	Departure time
x	Stops on request

A	Runs from 16 August to 13 September
B	To Cardiff Central