

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Mondays to Fridays until 7 August

Operator 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Preston (PRE)																	
Lancaster (LAN)																1014	
Carnforth (CNF)																1024	
Barrow-in-Furness (BIF)			0552			0651					0932				1119		1235
Askam (ASK)			0602			0701					0942				1129		1245
Kirkby-in-Furness (KBF)			0607			0706					0946				1134		1249
Foxfield (FOX)			0611			0711					0951				1138		1254
Green Road (GNR)			0615			0715					0955				1142		1258
Millom (MLM)			0620			0720					1000				1147		1303
Silecroft (SIC)			0625			0725					1005				1152		1308
Bootle (BOC)			0632			0732					1013				1159		1315
Ravenglass for Eskdale (RAV)			0639			0739					1020				1206		1321
Drigg (DRI)			0643			0743					1023				1209		1325
Seascale (SSC)			0647			0747					1028				1213		1329
Sellafield (SEL)			0652			0752					1032				1217		1332
Braystones (BYS)						0756					1036						1336
Nethertown (NRT)						0759					1039						1339
St Bees (SBS)			0702			0805					1045				1228		1347
Corkickle (CKL)			0707a			0810a					1050a	1100			1233a		1352a
Whitehaven (WTH)				0712			0817					1110				1238	
Whitehaven (WTH)		0628			0732			0837	0935	1037				1130			1254 1348
Parton (PRN)		0632			0736			0841	0939	1041				1134			1258 1352
Harrington (HRR)		0641			0745			0850	0948	1050				1143			1401
Workington (WKG)		0645			0749			0854	0952	1054				1147			1310 1405
Workington (WKG)	0547	0647			0750			0855	0953	1055				1148			1311 1406
Flimby (FLM)	0552	0652			0756			0901	0959	1101				1154			1412
Maryport (MRY)	0556	0656			0759			0904	1002	1105				1158			1319 1416
Aspatria (ASP)	0607	0707			0810			0915	1013	1115				1208			1330 1426
Wigton (WGT)	0617	0717			0820			0925	1024	1126				1218			1340 1437
Dalston (DLS)	0626	0726			0829			0934	1033	1135				1227			1349 1446
Carlisle (CAR)	0637	0737			0840			0945	1044	1146				1238			1400 1457

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Preston (PRE)																	
Lancaster (LAN)				1319			1404						1601				1836
Carnforth (CNF)				1329			1414						1611				1846
Barrow-in-Furness (BIF)			1429			1508							1716			1904	1947
Askam (ASK)			1439			1518							1726			1914	1957
Kirkby-in-Furness (KBF)			1443			1523							1731			1918	2001
Foxfield (FOX)			1448			1527							1735			1923	2006
Green Road (GNR)			1452			1531							1739			1927	2010
Millom (MLM)			1457			1536							1744			1932	2015a
Silecroft (SIC)				1502			1541						1749			1937	
Bootle (BOC)				1509			1548						1756			1944	
Ravenglass for Eskdale (RAV)				1515			1555						1803			1950	
Drigg (DRI)				1519			1559						1806			1953	
Seascale (SSC)				1523			1603						1810			1957	
Sellafield (SEL)				1526			1608						1816			2003	
Braystones (BYS)				1530													
Nethertown (NRT)				1533													
St Bees (SBS)				1540			1618						1826			2013	
Corkickle (CKL)	1402			1545a	1551		1623a	1634					1831a	1841		2018a	2023
Whitehaven (WTH)	1412				1601			1644						1851			2033
Whitehaven (WTH)		1438	1543			1613			1701	1750	1838				1923		2041
Parton (PRN)		1442	1547			1617			1705	1754	1842				1927		2045
Harrington (HRR)		1451	1556			1626			1714	1803	1851				1936		2054
Workington (WKG)		1455	1600			1630			1718	1807	1855				1940		2058
Workington (WKG)		1457	1601			1633			1720	1808	1856				1944		2059
Flimby (FLM)		1502	1607			1638			1725	1814	1902				1950		2105
Maryport (MRY)		1506	1611			1643			1729	1818	1906				1954		2109
Aspatria (ASP)		1517	1621			1654			1739	1828	1916				2004		2119
Wigton (WGT)		1527	1631			1705			1749	1838	1926				2015		2129
Dalston (DLS)		1536	1640			1714			1759	1847	1935				2024		2138
Carlisle (CAR)		1547	1651			1725			1810	1858	1946				2035		2149

For the complete service between Preston, Lancaster and Barrow-in-Furness see table 100

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

A From Manchester Airport

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Mondays to Fridays until 7 August

Operator 1st Class/Reservations/Bus	NT	NT	NT	NT	NT
Preston (PRE) 8 d					
Lancaster (LAN) 6 d					
Carnforth (CNF) d					
Barrow-in-Furness (BIF) d			2110		2211
Askam (ASK) d			2120		2221
Kirkby-in-Furness (KBF) d			2124		2225
Foxfield (FOX) d			2129		2230
Green Road (GNR) d			2133		2234
Millom (MLM) d			2138a	2148	2239a
Silecroft (SIC) d				2156	
Bootle (BOC) d				2206	
Ravenglass for Eskdale (RAV) d				2219	
Drigg (DRI) d				2231	
Seascale (SSC) d				2243	
Sellafield (SEL) d				2255	
Braystones (BYS) d					
Nethertown (NRT) d					
St Bees (SBS) d				2305	
Corkickle (CKL) d				2315	
Whitehaven (WTH) a				2325	
Whitehaven (WTH) d	2135	2209		2325	
Parton (PRN) d	2139	2213		2330	
Harrington (HRR) d	2148	2222		2340	
Workington (WKG) a	2152	2226		2350	
Workington (WKG) d	2153	2227			
Flimby (FLM) d	2159	2233			
Maryport (MRY) d	2203	2236			
Aspatria (ASP) d	2213	2247			
Wigton (WGT) d	2223	2257			
Dalston (DLS) d	2232	2306			
Carlisle (CAR) 8 a	2243	2317			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Mondays to Fridays from 10 August

Operator	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT			
Preston (PRE)	8 d																				
Lancaster (LAN)	6 d								1014									1601			
Carnforth (CNF)	d								1024									1611			
Barrow-in-Furness (BIF)	d		0558	0651	0749	0928	1020	1119	1205	1313	1424	1449	1544	1615				1716	1807	1912	
Askam (ASK)	d		0608	0701	0759	0938	1030	1129	1215	1323	1434	1459	1554	1625				1726	1817	1922	
Kirkby-in-Furness (KBF)	d		0613	0706	0803	0942	1034	1134	1219	1327	1438	1503	1558	1630				1731	1821	1926	
Foxfield (FOX)	d		0618	0711	0808	0947	1039	1138	1224	1332	1443	1508	1603	1634				1735	1826	1931	
Green Road (GNR)	d		0622	0715	0812	0951	1043	1142	1228	1336	1447	1512	1607	1638				1739	1830	1935	
Millom (MLM)	d		0627	0720	0817	0956	1048	1147	1233	1341	1452	1517	1612	1643				1744	1835	1940	
Silecroft (SIC)	d		0633	0725	0822	1001	1053	1152	1238	1346	1457	1522	1617	1648				1749		1945	
Bootle (BOC)	d		0640	0732	0829	1009	1100	1159	1245	1353	1504	1529	1624	1655				1756		1952	
Ravenglass for Eskdale (RAV)	d		0647	0739	0836	1016	1106	1206	1251	1400	1510	1535	1630	1702				1803	1850	1958	
Drigg (DRI)	d		0651	0743	0839	1019	1110	1209	1255	1403	1514	1539	1634	1705				1806	1853	2001	
Seascale (SSC)	d		0656	0747	0844	1024	1114	1213	1259	1407	1518	1543	1638	1709				1810	1857	2005	
Sellafield (SEL)	d		0700	0751	0848	1034g	1118	1217	1302	1411	1521	1547	1642	1714a				1814	1901	2011	
Braystones (BYS)	d				0755x			1122x		1306x	1415x									2014x	
Nethertown (NRT)	d				0757x			1124x		1308x	1417x									2017x	
St Bees (SBS)	d		0714c	0806f	0900f	1044	1134e	1229f	1329h	1429j	1533	1603g	1652					1828e	1913	2027e	
Corkickle (CKL)	d		0720	0812	0905	1049	1140	1234	1335	1434	1539	1609	1657					1834	1919	2033	
Whitehaven (WTH)	a		0722	0814	0908	1052	1142	1237	1337	1437	1541	1611	1700					1836	1921	2035	
Whitehaven (WTH)	d		0628	0724	0816	0909	1053	1144	1238	1339	1438	1543	1613	1701				1750	1838	1923	2037
Parton (PRN)	d		0632	0728	0820	0913	1057	1148	1242	1343	1442	1547	1617	1705				1754	1842	1927	2041
Harrington (HRR)	d		0641	0738	0829	0922	1106	1157		1352	1451	1556	1626	1714				1803	1851	1936	2050
Workington (WKG)	a		0645	0744	0833	0926	1110	1201	1254	1356	1455	1600	1630	1718				1807	1855	1940	2054
Workington (WKG)	d	0547	0647	0746	0834	0928	1112	1202	1256	1357	1457	1601	1633	1720				1808	1856	1944	2055
Flimby (FLM)	d	0552	0652	0751	0840	0933	1117	1208		1403	1502	1607	1638	1725				1814	1902	1950	2101
Maryport (MRY)	d	0556	0656	0755	0843	0937	1121	1212	1304	1407	1506	1611	1643	1729				1818	1906	1954	2105
Aspatria (ASP)	d	0607	0707	0806	0854	0948	1132	1222	1314	1417	1517	1621	1654	1739				1828	1916	2004	2115
Wigton (WGT)	d	0617	0717	0816	0904	0958	1142	1232	1325	1428	1527	1631	1705	1749				1838	1926	2015	2125
Dalston (DLS)	d	0626	0726	0825	0913	1007	1151	1241	1334	1437	1536	1640	1714	1759				1847	1935	2024	2134
Carlisle (CAR)	8 a	0637	0737	0836	0924	1018	1202	1252	1345	1448	1547	1651	1725	1810				1858	1946	2035	2145

Operator	NT	NT	NT	NT	NT
Preston (PRE)	8 d				
Lancaster (LAN)	6 d		1913		
Carnforth (CNF)	d		1923		
Barrow-in-Furness (BIF)	d	1947	2018	2110	2211
Askam (ASK)	d	1957	2028	2120	2221
Kirkby-in-Furness (KBF)	d	2001	2033	2124	2225
Foxfield (FOX)	d	2006	2037	2129	2230
Green Road (GNR)	d	2010	2041	2133	2234
Millom (MLM)	d	2015a	2046	2138a	2239a
Silecroft (SIC)	d		2051		
Bootle (BOC)	d		2058		
Ravenglass for Eskdale (RAV)	d		2104		
Drigg (DRI)	d		2108		
Seascale (SSC)	d		2112		
Sellafield (SEL)	d		2115		
Braystones (BYS)	d				
Nethertown (NRT)	d				
St Bees (SBS)	d		2125		
Corkickle (CKL)	d		2131		
Whitehaven (WTH)	a		2133		
Whitehaven (WTH)	d		2135		2209
Parton (PRN)	d		2139		2213
Harrington (HRR)	d		2148		2222
Workington (WKG)	a		2152		2226
Workington (WKG)	d		2153		2227
Flimby (FLM)	d		2159		2233
Maryport (MRY)	d		2203		2236
Aspatria (ASP)	d		2213		2247
Wigton (WGT)	d		2223		2257
Dalston (DLS)	d		2232		2306
Carlisle (CAR)	8 a		2243		2317

For the complete service between Preston, Lancaster and Barrow-in-Furness see table 100

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 5 minutes earlier
- e Arrives 4 minutes earlier
- f Arrives 3 minutes earlier
- g Arrives 7 minutes earlier
- h Arrives 15 minutes earlier
- j Arrives 6 minutes earlier

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Saturdays until 8 August

Operator 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Preston (PRE)	8 d																	
Lancaster (LAN)	6 d															1014		
Carnforth (CNF)	d															1024		
Barrow-in-Furness (BIF)	d		0552			0651						0932			1119			1235
Askam (ASK)	d		0602			0701						0942			1129			1245
Kirkby-in-Furness (KBF)	d		0607			0706						0946			1134			1249
Foxfield (FOX)	d		0611			0711						0951			1138			1254
Green Road (GNR)	d		0615			0715						0955			1142			1258
Millom (MLM)	d		0620			0720						1000			1147			1303
Silecroft (SIC)	d		0625			0725						1005			1152			1308
Bootle (BOC)	d		0632			0732						1013			1159			1315
Ravenglass for Eskdale (RAV)	d		0639			0739						1020			1206			1321
Drigg (DRI)	d		0643			0743						1023			1209			1325
Seascale (SSC)	d		0647			0747						1028			1213			1329
Sellafield (SEL)	d		0652			0752						1032			1217			1332
Braystones (BYS)	d					0756						1036						1336
Nethertown (NRT)	d					0759						1039						1339
St Bees (SBS)	d		0702			0805						1045			1228			1347
Corkickle (CKL)	d		0707a		0712	0810a		0817				1050a	1100		1233a		1238	1352a
Whitehaven (WTH)	a				0722			0827					1110			1248		
Whitehaven (WTH)	d		0628			0732			0837	0935	1037			1130			1254	1348
Parton (PRN)	d		0632			0736			0841	0939	1041			1134			1258	1352
Harrington (HRR)	d		0641			0745			0850	0948	1050			1143				1401
Workington (WKG)	a		0645			0749			0854	0952	1054			1147			1310	1405
Workington (WKG)	d	0547	0647			0750			0855	0953	1055			1148			1311	1406
Flimby (FLM)	d	0552	0652			0756			0901	0959	1101			1154				1412
Maryport (MRY)	d	0556	0656			0759			0904	1002	1105			1158			1319	1416
Aspatria (ASP)	d	0607	0707			0810			0915	1013	1115			1208			1330	1426
Wigton (WGT)	d	0617	0717			0820			0925	1024	1126			1218			1340	1437
Dalston (DLS)	d	0626	0726			0829			0934	1033	1135			1227			1349	1446
Carlisle (CAR)	8 a	0637	0737			0840			0945	1044	1146			1238			1400	1457

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Preston (PRE)	8 d							1346										
Lancaster (LAN)	6 d				1319			1404					1601					1836
Carnforth (CNF)	d				1329			1414					1611					1846
Barrow-in-Furness (BIF)	d			1429				1508					1716			1904		1947
Askam (ASK)	d			1439				1518					1726			1914		1957
Kirkby-in-Furness (KBF)	d			1443				1523					1731			1918		2001
Foxfield (FOX)	d			1448				1527					1735			1923		2006
Green Road (GNR)	d			1452				1531					1739			1927		2010
Millom (MLM)	d			1457				1536					1744			1932		2015a
Silecroft (SIC)	d			1502				1541					1749			1937		
Bootle (BOC)	d			1509				1548					1756			1944		
Ravenglass for Eskdale (RAV)	d			1515				1555					1803			1950		
Drigg (DRI)	d			1519				1559					1806			1953		
Seascale (SSC)	d			1523				1603					1810			1957		
Sellafield (SEL)	d			1526				1608					1816			2003		
Braystones (BYS)	d			1530														
Nethertown (NRT)	d			1533														
St Bees (SBS)	d			1540				1618					1826			2013		
Corkickle (CKL)	d	1402			1545a	1551		1623a	1634				1831a	1841		2018a	2023	
Whitehaven (WTH)	a	1412				1601			1644					1851			2033	
Whitehaven (WTH)	d		1438	1543			1613			1701	1752	1838			1923			2039
Parton (PRN)	d		1442	1547			1617			1705	1756	1842			1927			2043
Harrington (HRR)	d		1451	1556			1626			1714	1805	1851			1936			2052
Workington (WKG)	a		1455	1600			1630			1718	1809	1855			1940			2056
Workington (WKG)	d		1457	1601			1633			1720	1811	1856			1944			2057
Flimby (FLM)	d		1502	1607			1638			1725	1816	1902			1950			2102
Maryport (MRY)	d		1506	1611			1643			1729	1820	1906			1954			2106
Aspatria (ASP)	d		1517	1621			1654			1739	1831	1916			2004			2117
Wigton (WGT)	d		1527	1631			1705			1749	1841	1926			2015			2127
Dalston (DLS)	d		1536	1640			1714			1759	1850	1935			2024			2136
Carlisle (CAR)	8 a		1547	1651			1725			1810	1901	1946			2035			2147

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

A From Manchester Airport

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Saturdays until 8 August

Operator 1st Class/Reservations/Bus	NT	NT	NT	NT	NT
Preston (PRE) 8 d					
Lancaster (LAN) 6 d					
Carnforth (CNF) d					
Barrow-in-Furness (BIF) d			2110		2211
Askam (ASK) d			2120		2221
Kirkby-in-Furness (KBF) d			2124		2225
Foxfield (FOX) d			2129		2230
Green Road (GNR) d			2133		2234
Millom (MLM) d			2138a	2148	2239a
Silecroft (SIC) d				2156	
Bootle (BOC) d				2206	
Ravenglass for Eskdale (RAV) d				2219	
Drigg (DRI) d				2231	
Seascale (SSC) d				2243	
Sellafield (SEL) d				2255	
Braystones (BYS) d					
Nethertown (NRT) d					
St Bees (SBS) d				2305	
Corkickle (CKL) d				2315	
Whitehaven (WTH) a				2325	
Whitehaven (WTH) d	2125	2219		2325	
Parton (PRN) d	2129	2223		2330	
Harrington (HRR) d	2138	2232		2340	
Workington (WKG) a	2142	2236		2350	
Workington (WKG) d	2143	2237			
Flimby (FLM) d	2148	2243			
Maryport (MRY) d	2152a	2246a			
Aspatria (ASP) d					
Wigton (WGT) d					
Dalston (DLS) d					
Carlisle (CAR) 8 a					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time

d Departure time

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Saturdays from 15 August

Operator	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	
Preston (PRE)	8 d																		
Lancaster (LAN)	6 d								1014				1319			1601		1836	
Carnforth (CNF)	d								1024				1329			1611		1846	
Barrow-in-Furness (BIF)	d		0558	0651	0749	0928	1020	1119	1205	1313	1424	1449	1544	1611	1716	1807	1859	1944	
Askam (ASK)	d		0608	0701	0759	0938	1030	1129	1215	1323	1434	1459	1554	1621	1726	1817	1909	1954	
Kirkby-in-Furness (KBF)	d		0613	0706	0803	0942	1034	1134	1219	1327	1438	1503	1558	1625	1731	1821	1913	1959	
Foxfield (FOX)	d		0618	0711	0808	0947	1039	1138	1224	1332	1443	1508	1603	1630	1735	1826	1918	2003	
Green Road (GNR)	d		0622	0715	0812	0951	1043	1142	1228	1336	1447	1512	1607	1634	1739	1830	1922	2007	
Millom (MLM)	d		0627	0720	0817	0956	1048	1147	1233	1341	1452	1517	1612	1639	1744	1835	1926	2012	
Silecroft (SIC)	d		0633	0725	0822	1001	1053	1152	1238	1346	1457	1522	1617	1644	1749		1931	2017	
Bootle (BOC)	d		0640	0732	0829	1009	1100	1159	1245	1353	1504	1529	1624	1651	1756		1938	2024	
Ravenglass for Eskdale (RAV)	d		0647	0739	0836	1016	1106	1206	1251	1400	1510	1535	1630	1657	1803	1850	1944	2031	
Drigg (DRI)	d		0651	0743	0839	1019	1110	1209	1255	1403	1514	1539	1634	1701	1806	1853	1948	2035	
Seascale (SSC)	d		0656	0747	0844	1024	1114	1213	1259	1407	1518	1543	1638	1705	1810	1857	1952	2039	
Sellafield (SEL)	d		0700	0751	0848	1034g	1118	1217	1302	1411	1521	1547	1642	1708	1814	1901	1955	2043	
Braystones (BYS)	d			0755x			1122x		1306x	1415x				1712x				2047x	
Nethertown (NRT)	d			0757x			1124x		1308x	1417x				1714x				2049x	
St Bees (SBS)	d		0714c	0806f	0900f	1044	1134e	1229f	1329h	1429j	1533	1603g	1652	1721	1828e	1913	2005	2056	
Corkickle (CKL)	d		0720	0812	0905	1049	1140	1234	1335	1434	1539	1609	1657	1726	1834	1919	2011	2101	
Whitehaven (WTH)	a		0722	0814	0908	1052	1142	1237	1337	1437	1541	1611	1700	1729	1836	1921	2013	2104	
Whitehaven (WTH)	d	0628	0724	0816	0909	1053	1144	1238	1339	1438	1543	1613	1701	1730	1838	1923	2015	2105	
Parton (PRN)	d	0632	0728	0820	0913	1057	1148	1242	1343	1442	1547	1617	1705	1735	1842	1927	2019	2109	
Harrington (HRR)	d	0641	0738	0829	0922	1106	1157		1352	1451	1556	1626	1714	1744	1851	1936	2028	2118	
Workington (WKG)	a	0645	0744	0833	0926	1110	1201	1254	1356	1455	1600	1630	1718	1748	1855	1940	2032	2122	
Workington (WKG)	d	0547	0647	0746	0834	0928	1112	1202	1256	1357	1457	1601	1633	1720	1749	1856	1944	2036	2124
Flimby (FLM)	d	0552	0652	0751	0840	0933	1117	1208		1403	1502	1607	1638	1725	1755	1902	1950	2041	2129
Maryport (MRYP)	d	0556	0656	0755	0843	0937	1121	1212	1304	1407	1506	1611	1643	1729	1759	1906	1954	2045	2132a
Aspatria (ASP)	d	0607	0707	0806	0854	0948	1132	1222	1314	1417	1517	1621	1654	1739	1809	1916	2004	2056	
Wigton (WGT)	d	0617	0717	0816	0904	0958	1142	1232	1325	1428	1527	1631	1705	1749	1820	1926	2015	2106	
Dalston (DLS)	d	0626	0726	0825	0913	1007	1151	1241	1334	1437	1536	1640	1714	1759	1829	1935	2024	2115	
Carlisle (CAR)	8 a	0637	0737	0836	0924	1018	1202	1252	1345	1448	1547	1651	1725	1810	1841	1946	2035	2126	

Operator	NT	NT	NT	NT
Preston (PRE)	8 d			
Lancaster (LAN)	6 d	1913		
Carnforth (CNF)	d	1923		
Barrow-in-Furness (BIF)	d	2018	2110	2211
Askam (ASK)	d	2028	2120	2221
Kirkby-in-Furness (KBF)	d	2033	2124	2225
Foxfield (FOX)	d	2038	2129	2230
Green Road (GNR)	d	2042	2133	2234
Millom (MLM)	d	2047a	2138a	2239a
Silecroft (SIC)	d			
Bootle (BOC)	d			
Ravenglass for Eskdale (RAV)	d			
Drigg (DRI)	d			
Seascale (SSC)	d			
Sellafield (SEL)	d			
Braystones (BYS)	d			
Nethertown (NRT)	d			
St Bees (SBS)	d			
Corkickle (CKL)	d			
Whitehaven (WTH)	a			
Whitehaven (WTH)	d		2209	
Parton (PRN)	d		2213	
Harrington (HRR)	d		2222	
Workington (WKG)	a		2226	
Workington (WKG)	d		2227	
Flimby (FLM)	d		2233	
Maryport (MRYP)	d		2236a	
Aspatria (ASP)	d			
Wigton (WGT)	d			
Dalston (DLS)	d			
Carlisle (CAR)	8 a			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 5 minutes earlier
- e Arrives 4 minutes earlier
- f Arrives 3 minutes earlier
- g Arrives 7 minutes earlier
- h Arrives 15 minutes earlier
- j Arrives 6 minutes earlier

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Sundays from 16 August

Operator	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Preston (PRE)																
Lancaster (LAN)							1011				1314				1603	
Carnforth (CNF)					0855	1021				1324					1613	
Barrow-in-Furness (BIF)			0905		0950	1116	1217	1310	1419	1454	1556	1715	1825		1909	
Askam (ASK)			0915		1000	1126	1227	1320	1429	1504	1606	1725	1835		1919	
Kirkby-in-Furness (KBF)			0919		1004	1131	1231	1324		1508	1611	1730	1839		1923	
Foxfield (FOX)			0924		1009	1135	1236	1329		1513	1615	1734	1844		1928	
Green Road (GNR)			0928		1013	1139	1240	1333		1517	1619	1738	1848		1932	
Millom (MLM)			0933a		1017	1144	1245	1338	1444	1522	1624	1743	1853a		1937a	
Silecroft (SIC)					1022	1149	1250	1343		1527	1629	1748				
Bootle (BOC)					1029	1156	1257	1350		1534	1636	1755				
Ravenglass for Eskdale (RAV)					1035	1202	1303	1356	1459	1540	1643	1802				
Drigg (DRI)					1039	1205	1307	1359		1544	1646	1805				
Seascale (SSC)					1043	1209	1311	1403		1548	1650	1809				
Sellafield (SEL)					1046	1213	1315	1407	1507	1552	1654	1813				
Braystones (BYS)					1050x						1658x	1817x				
Nethertown (NRT)					1052x						1700x	1819x				
St Bees (SBS)					1102c	1226c	1330e	1417	1521f	1602	1707	1831e				
Corkickle (CKL)					1107	1231	1335	1422	1526	1607	1712	1836				
Whitehaven (WTH)	a				1110	1234	1339	1425	1529	1610	1715	1839				
Whitehaven (WTH)	d			1016	1111	1235	1340	1426	1530	1611	1716	1840		1938		2030
Parton (PRN)	d			1020	1115	1239	1344	1430	1534	1615	1720	1844		1942		2034
Harrington (HRR)	d			1029	1124	1248	1353	1439	1543	1624	1729	1853		1951		2043
Workington (WKG)	a			1033	1128	1252	1357	1443	1547	1628	1733	1857		1955		2047
Workington (WKG)	d	0855	0940		1034	1130	1254	1359	1445	1549	1630	1735	1859		1956	2048
Flimby (FLM)	d	0900	0945		1040	1135	1259	1404	1450	1554	1635	1740	1904		2002	2054
Maryport (MRY)	d	0904	0949		1044	1139	1303	1408	1454	1558	1639	1744	1908		2006	2058
Aspatia (ASP)	d	0915	1000		1054	1150	1313	1419	1505	1609	1650	1755	1919		2016	2108
Wigton (WGT)	d	0925	1010		1104	1200	1323	1430	1515	1619	1700	1805	1929		2026	2118
Dalston (DLS)	d	0934	1019		1113	1209	1332	1439	1524	1628	1709	1814	1938		2035	2127
Carlisle (CAR)	a	0945	1030		1124	1220	1343	1450	1535	1639	1720	1825	1949		2046	2138

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 4 minutes earlier
- e Arrives 6 minutes earlier
- f Arrives 5 minutes earlier

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Mondays to Fridays until 7 August

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT 	NT A	NT 	NT	NT	NT 	NT	NT	NT 	NT	NT	NT	NT 	NT	NT	NT	NT 	
Carlisle (CAR) 8 d						0550				0706				0807	0859			1013	1108
Dalston (DLS) d						0559				0715				0816	0908			1022	1116
Wigton (WGT) d						0608				0724				0826	0917			1031	1125
Aspatia (ASP) d						0619				0735				0836	0928			1042	1136
Maryport (MRY) d					0509	0548	0630			0746				0848	0939			1053	1147
Flimby (FLM) d					0517	0551	0633			0749				0851	0943			1056	1150
Workington (WKG) a					0529	0557	0639			0755				0857	0948			1102	1156
Workington (WKG) d					0529	0558	0640			0756				0858	0950			1103	1157
Harrington (HRR) d					0539	0603	0645			0801				0903	0954			1108	1201
Parton (PRN) d					0549	0612	0654			0810				0912	1003			1117	1210
Whitehaven (WTH) a					0558	0616	0658			0814				0916	1008			1121	1215
Whitehaven (WTH) d		0508		0558			0703			0819						1030			1223
Corkickle (CKL) d		0518		0610			0713a	0723		0829a	0839				1040a	1055			1233a
St Bees (SBS) d		0531		0623				0729			0845					1101			
Nethertown (NRT) d								0734								1106			
Braystones (BYS) d								0737								1109			
Sellafield (SEL) d		0544		0639a				0742			0856					1114			
Seascale (SSC) d		0604						0745			0859					1118			
Drigg (DRI) d		0610						0749			0903					1122			
Ravenglass for Eskdale (RAV) d		0617						0753			0907					1126			
Bootle (BOC) d		0630						0759			0913					1132			
Silecroft (SIC) d		0640						0806			0920					1139			
Millom (MLM) d	0610	0650a	0710					0811			0926					1145			
Green Road (GNR) d	0614		0715					0816			0930					1149			
Foxfield (FOX) d	0618		0719					0820			0934					1154			
Kirkby-in-Furness (KBF) d	0623		0724					0824			0939					1159			
Askam (ASK) d	0628		0729					0829			0944					1204			
Barrow-in-Furness (BIF) a	0641		0742					0843			0958					1218			
Carnforth (CNF) a			0839								1052								
Lancaster (LAN) 6 a			0846								1105								
Preston (PRE) 8 a			0906																

Operator 1st Class/Reservations/Bus	NT	NT 	NT 	NT	NT	NT	NT 	NT	NT	NT 	NT	NT	NT	NT	NT 	NT	NT	NT	
Carlisle (CAR) 8 d		1210			1308	1410				1439				1511	1558	1706			1750
Dalston (DLS) d		1219			1317	1419				1448				1520	1607	1715			1759
Wigton (WGT) d		1228			1326	1429				1458				1529	1617	1725			1808
Aspatia (ASP) d		1239			1337	1439				1508				1540	1627	1735			1819
Maryport (MRY) d		1250			1348	1451				1520				1551	1639	1747			1830
Flimby (FLM) d		1253			1351	1454				1523				1555	1642	1750			1834
Workington (WKG) a		1259			1357	1500				1529				1600	1648	1756			1839
Workington (WKG) d		1300			1358	1501				1530				1602	1649	1757			1841
Harrington (HRR) d		1305			1403	1506				1535				1606	1654	1802			1845
Parton (PRN) d		1314			1412	1515				1544				1615	1703	1811			1854
Whitehaven (WTH) a		1318			1416	1519				1548				1620	1709	1816			1859
Whitehaven (WTH) d			1342				1530			1606							1821		
Corkickle (CKL) d	1246		1352a	1423			1540a	1550		1616a	1629						1831a	1856	
St Bees (SBS) d	1252			1430				1556			1635							1902	
Nethertown (NRT) d											1640							1907	
Braystones (BYS) d											1643							1910	
Sellafield (SEL) d	1302			1440				1607			1648							1916	
Seascale (SSC) d	1306			1444				1611			1652							1919	
Drigg (DRI) d	1310			1448				1615			1656								
Ravenglass for Eskdale (RAV) d	1313			1451				1618			1700							1925	
Bootle (BOC) d	1319			1458				1625			1706								
Silecroft (SIC) d	1326			1505				1632			1713								
Millom (MLM) d	1332			1510				1637			1719							1941	2029
Green Road (GNR) d	1336			1515				1642			1723							1946	2033
Foxfield (FOX) d	1340			1519				1646			1728							1950	2037
Kirkby-in-Furness (KBF) d	1345			1524				1650			1732							1955	2042
Askam (ASK) d	1350			1529				1656			1738							2000	2047
Barrow-in-Furness (BIF) a	1404			1543				1710			1752							2014	2101
Carnforth (CNF) a								1810			1854								
Lancaster (LAN) 6 a								1820			1906								
Preston (PRE) 8 a																			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Manchester Airport

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Mondays to Fridays until 7 August

Operator 1st Class/Reservations/Bus	NT	NT 	NT	NT	NT	NT	NT
Carlisle (CAR)	8 d	1848			2000		2054 2201
Dalston (DLS)	d	1857			2009		2103 2210
Wigton (WGT)	d	1906			2018		2112 2219
Aspatria (ASP)	d	1917			2029		2123 2230
Maryport (MRY)	d	1928			2040		2134 2241
Flimby (FLM)	d	1931			2044		2137 2244
Workington (WKG)	a	1937			2049		2143 2250
Workington (WKG)	d	1938			2051		2144 2251
Harrington (HRR)	d	1943			2055		2149 2256
Parton (PRN)	d	1952			2105		2158 2305
Whitehaven (WTH)	a	1956			2111		2204 2310
Whitehaven (WTH)	d		2002				
Corkickle (CKL)	d		2012a	2022			
St Bees (SBS)	d			2029			
Nethertown (NRT)	d			2034			
Braystones (BYS)	d			2037			
Sellafield (SEL)	d			2041			
Seascale (SSC)	d			2045			
Drigg (DRI)	d			2049			
Ravenglass for Eskdale (RAV)	d			2052			
Bootle (BOC)	d			2059			
Silecroft (SIC)	d			2106			
Millom (MLM)	d			2111		2200	
Green Road (GNR)	d			2116		2204	
Foxfield (FOX)	d			2120		2208	
Kirkby-in-Furness (KBF)	d			2124		2213	
Askam (ASK)	d			2129		2218	
Barrow-in-Furness (BIF)	a			2143		2231	
Carnforth (CNF)	a			2237			
Lancaster (LAN)	6 a			2246			
Preston (PRE)	8 a			2310			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Mondays to Fridays from 10 August

Operator	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	
Carlisle (CAR)	8 d		0552	0619	0710	0807	0901	1013	1108	1210	1308	1407	1439	1511		1558	1706	1750	
Dalston (DLS)	d		0602	0628	0719	0816	0910	1022	1116	1219	1317	1416	1448	1520		1607	1715	1759	
Wigton (WGT)	d		0611	0638	0729	0826	0919	1031	1125	1228	1326	1426	1458	1529		1617	1725	1808	
Aspatria (ASP)	d		0622	0649	0740	0836	0930	1042	1136	1239	1337	1436	1508	1540		1627	1735	1819	
Maryport (MRY)	d	0548	0633	0701	0751	0848	0941	1053	1147	1250	1348	1448	1520	1551		1639	1747	1830	
Flimby (FLM)	d		0551	0637	0705	0755	0851	0945	1056	1150	1253	1351	1451	1523	1555		1642	1750	1834
Workington (WKG)	a		0557	0642	0710	0800	0857	0950	1102	1156	1259	1357	1457	1529	1600		1648	1756	1839
Workington (WKG)	d		0558	0644	0712	0803	0858	0952	1103	1157	1300	1358	1458	1530	1602		1649	1757	1841
Harrington (HRR)	d		0603	0648	0716	0807	0903	0956	1108	1201	1305	1403	1503	1535	1606		1654	1802	1845
Parton (PRN)	d		0612	0657	0725	0817	0912	1005	1117	1210	1314	1412	1512	1544	1615		1703	1811	1854
Whitehaven (WTH)	a		0616	0702	0730	0821	0916	1010	1121	1215	1318	1416	1516	1548	1620		1709	1816	1859
Whitehaven (WTH)	d		0618	0703	0731	0823	0918	1011	1123	1216	1320	1418	1518	1550	1621			1818	1900
Corkickle (CKL)	d		0620	0706	0734	0826	0921	1014	1126	1219	1322	1420	1520	1553	1624			1820	1903
St Bees (SBS)	d		0627	0713	0740	0832	0929c	1023f	1134	1229g	1329	1430f	1534e	1600	1631			1827	1916e
Nethertown (NRT)	d		0631x						1138x					1604x				1832x	
Braystones (BYS)	d		0634x						1141x					1607x				1834x	
Sellafield (SEL)	d		0639	0723	0751	0843	0939	1033	1146	1239	1340	1440	1544	1612	1641	1724		1840	1927
Seascale (SSC)	d		0643	0727	0755	0847	0943	1037	1150	1242	1343	1444	1548	1616	1645	1727		1843	1931
Drigg (DRI)	d		0647	0731	0759	0851	0947	1041	1154	1246	1347	1448	1552	1620	1649	1731			1935
Ravenglass for Eskdale (RAV)	d		0650	0735	0803	0855	0951	1045	1158	1250	1351	1452	1555	1624	1653	1735		1849	1939
Bootle (BOC)	d		0657	0741	0809	0902	0957	1052	1204	1256	1357	1458	1602	1630	1700	1741			1946
Silecroft (SIC)	d		0704	0748	0816	0909	1004	1059	1211	1303	1404	1505	1609	1637	1707	1748			1953
Millom (MLM)	d	0610	0709	0754	0822	0914	1010	1104	1217	1308	1410	1511	1614	1643	1712	1754		1905	2001c
Green Road (GNR)	d	0614	0714	0758	0826	0919	1014	1109	1221	1313	1414	1515	1619	1647	1717	1758		1910	2006
Foxfield (FOX)	d	0618	0718	0802	0830	0923	1018	1113	1225	1317	1418	1519	1623	1651	1721	1802		1914	2010
Kirkby-in-Furness (KBF)	d	0623	0722	0807	0835	0928	1023	1118	1230	1321	1423	1524	1627	1656	1726	1807		1919	2015
Askam (ASK)	d	0628	0727	0812	0840	0933	1028	1123	1235	1326	1428	1529	1632	1701	1731	1812		1925	2020
Barrow-in-Furness (BIF)	a	0641	0741	0826	0854	0947	1042	1137	1249	1340	1442	1543	1646	1715	1748	1826		1940	2036
Carnforth (CNF)	a					1050			1343				1643		1810				
Lancaster (LAN)	6 a					1105			1353				1653		1820				
Preston (PRE)	8 a																		

Operator	NT	NT	NT	NT	NT	NT
Carlisle (CAR)	8 d	1908	2000		2054	2201
Dalston (DLS)	d	1917	2009		2103	2210
Wigton (WGT)	d	1926	2018		2112	2219
Aspatria (ASP)	d	1937	2029		2123	2230
Maryport (MRY)	d	1948	2040		2134	2241
Flimby (FLM)	d	1951	2044		2137	2244
Workington (WKG)	a	1957	2049		2143	2250
Workington (WKG)	d	1958	2051		2144	2251
Harrington (HRR)	d	2003	2055		2149	2256
Parton (PRN)	d	2012	2105		2158	2305
Whitehaven (WTH)	a	2016	2111		2204	2310
Whitehaven (WTH)	d		2018			
Corkickle (CKL)	d		2020			
St Bees (SBS)	d		2029c			
Nethertown (NRT)	d		2033x			
Braystones (BYS)	d		2036x			
Sellafield (SEL)	d		2041			
Seascale (SSC)	d		2045			
Drigg (DRI)	d		2049			
Ravenglass for Eskdale (RAV)	d		2052			
Bootle (BOC)	d		2059			
Silecroft (SIC)	d		2106			
Millom (MLM)	d	2029	2111		2200	
Green Road (GNR)	d	2033	2116		2204	
Foxfield (FOX)	d	2037	2120		2208	
Kirkby-in-Furness (KBF)	d	2042	2124		2213	
Askam (ASK)	d	2047	2129		2218	
Barrow-in-Furness (BIF)	a	2101	2143		2231	
Carnforth (CNF)	a		2237			
Lancaster (LAN)	6 a		2246			
Preston (PRE)	8 a		2310			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 3 minutes earlier
- e Arrives 8 minutes earlier
- f Arrives 4 minutes earlier
- g Arrives 5 minutes earlier

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Saturdays until 8 August

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT 	NT A	NT 	NT	NT	NT 	NT	NT	NT 	NT	NT	NT 	NT	NT	NT	NT 	NT
Carlisle (CAR)	8	d				0550			0706			0807	0859			1013	1108	
Dalston (DLS)		d				0559			0715			0816	0908			1022	1116	
Wigton (WGT)		d				0608			0724			0826	0917			1031	1125	
Aspatia (ASP)		d				0619			0735			0836	0928			1042	1136	
Maryport (MRY)		d			0509	0548	0630		0746			0848	0939			1053	1147	
Flimby (FLM)		d			0517	0551	0633		0749			0851	0943			1056	1150	
Workington (WKG)		a			0529	0557	0639		0755			0857	0948			1102	1156	
Workington (WKG)		d			0529	0558	0640		0756			0858	0950			1103	1157	
Harrington (HRR)		d			0539	0603	0645		0801			0903	0954			1108	1201	
Parton (PRN)		d			0549	0612	0654		0810			0912	1003			1117	1210	
Whitehaven (WTH)		a			0558	0616	0658		0814			0916	1008			1121	1215	
Whitehaven (WTH)		d		0508		0558		0703		0819				1030				1223
Corkickle (CKL)		d		0518		0610		0713a	0723		0829a	0839		1040a	1054			1233a
St Bees (SBS)		d		0531		0623			0729			0845			1100			
Nethertown (NRT)		d							0734						1105			
Braystones (BYS)		d							0737						1108			
Sellafield (SEL)		d		0544		0639a			0742			0856			1113			
Seascale (SSC)		d		0604					0745			0859			1116			
Drigg (DRI)		d		0610					0749			0903			1120			
Ravenglass for Eskdale (RAV)		d		0617					0753			0907			1124			
Bootle (BOC)		d		0630					0759			0913			1131			
Silecroft (SIC)		d		0640					0806			0920			1138			
Millom (MLM)		d	0610	0650a	0710				0811			0926			1143			
Green Road (GNR)		d	0614		0715				0816			0930			1148			
Foxfield (FOX)		d	0618		0719				0820			0934			1152			
Kirkby-in-Furness (KBF)		d	0623		0724				0824			0939			1156			
Askam (ASK)		d	0628		0729				0829			0944			1201			
Barrow-in-Furness (BIF)		a	0641		0742				0843			0958			1215			
Carnforth (CNF)		a			0839							1052						
Lancaster (LAN)	6	a			0846							1105						
Preston (PRE)	8	a			0906													

Operator 1st Class/Reservations/Bus	NT	NT 	NT 	NT	NT	NT	NT 	NT	NT	NT 	NT	NT	NT	NT 	NT	NT	NT	NT
Carlisle (CAR)	8	d		1210		1308	1407		1439			1511	1625	1706			1750	
Dalston (DLS)		d		1219		1317	1416		1448			1520	1634	1715			1759	
Wigton (WGT)		d		1228		1326	1426		1458			1529	1644	1725			1808	
Aspatia (ASP)		d		1239		1337	1436		1508			1540	1654	1735			1819	
Maryport (MRY)		d		1250		1348	1448		1520			1551	1706	1747			1830	
Flimby (FLM)		d		1253		1351	1451		1523			1555	1709	1750			1834	
Workington (WKG)		a		1259		1357	1457		1529			1600	1715	1756			1839	
Workington (WKG)		d		1300		1358	1458		1530			1602	1716	1757			1841	
Harrington (HRR)		d		1305		1403	1503		1535			1606	1721	1802			1845	
Parton (PRN)		d		1314		1412	1512		1544			1615	1730	1811			1854	
Whitehaven (WTH)		a		1318		1416	1516		1548			1620	1735	1816			1859	
Whitehaven (WTH)		d			1342			1530		1606					1821			
Corkickle (CKL)		d	1246		1352a	1423		1540a	1550		1616a	1629			1831a	1856		
St Bees (SBS)		d	1252			1430			1556			1635				1902		
Nethertown (NRT)		d										1640				1907		
Braystones (BYS)		d										1643				1910		
Sellafield (SEL)		d	1302			1440			1607			1648				1916		
Seascale (SSC)		d	1306			1444			1611			1652				1919		
Drigg (DRI)		d	1310			1448			1615			1656						
Ravenglass for Eskdale (RAV)		d	1313			1451			1618			1700				1925		
Bootle (BOC)		d	1319			1458			1625			1706						
Silecroft (SIC)		d	1326			1505			1632			1713						
Millom (MLM)		d	1332			1510			1637			1719				1941		2029
Green Road (GNR)		d	1336			1515			1642			1723				1946		
Foxfield (FOX)		d	1340			1519			1646			1728				1950		2036
Kirkby-in-Furness (KBF)		d	1345			1524			1650			1732				1955		
Askam (ASK)		d	1350			1529			1656			1738				2000		2045
Barrow-in-Furness (BIF)		a	1404			1543			1710			1752				2014		2059
Carnforth (CNF)		a							1810			1854						
Lancaster (LAN)	6	a							1820			1906						
Preston (PRE)	8	a																

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Manchester Airport

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Saturdays until 8 August

Operator 1st Class/Reservations/Bus	NT	NT 	NT	NT	NT	NT	NT	NT
Carlisle (CAR)	8 d	1846			1909	2000		2105 2151
Dalston (DLS)	d	1855			1918	2009		2114 2200
Wigton (WGT)	d	1904			1928	2018		2123 2209
Aspatria (ASP)	d	1915			1938	2029		2134 2220
Maryport (MRY)	d	1926			1949	2040		2145 2231
Flimby (FLM)	d	1929			1953	2044		2148 2234
Workington (WKG)	a	1935			1958	2049		2154 2240
Workington (WKG)	d	1936			1959	2051		2155 2240
Harrington (HRR)	d	1941			2004	2055		2200 2245
Parton (PRN)	d	1950			2013	2105		2209 2254
Whitehaven (WTH)	a	1956			2017	2111		2215 2259
Whitehaven (WTH)	d		2002					
Corkickle (CKL)	d		2012a	2022				
St Bees (SBS)	d			2028				
Nethertown (NRT)	d			2033				
Braystones (BYS)	d			2036				
Sellafield (SEL)	d			2041				
Seascale (SSC)	d			2045				
Drigg (DRI)	d			2049				
Ravenglass for Eskdale (RAV)	d			2052				
Bootle (BOC)	d			2059				
Silecroft (SIC)	d			2106				
Millom (MLM)	d			2111			2200	
Green Road (GNR)	d			2116			2204	
Foxfield (FOX)	d			2120			2208	
Kirkby-in-Furness (KBF)	d			2124			2213	
Askam (ASK)	d			2129			2218	
Barrow-in-Furness (BIF)	a			2143			2231	
Carnforth (CNF)	a			2237				
Lancaster (LAN)	6 a			2246				
Preston (PRE)	8 a			2310				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Saturdays from 15 August

Operator	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	
Carlisle (CAR)	8 d		0552	0619	0710	0807	0901	1013	1108	1210	1308	1407	1439	1511	1625	1706	1750	1846	
Dalston (DLS)	d		0602	0628	0719	0816	0910	1022	1116	1219	1317	1416	1448	1520	1634	1715	1759	1855	
Wigton (WGT)	d		0611	0638	0729	0826	0919	1031	1125	1228	1326	1426	1458	1529	1644	1725	1808	1904	
Aspatria (ASP)	d		0622	0649	0740	0836	0930	1042	1136	1239	1337	1436	1508	1540	1654	1735	1819	1915	
Maryport (MRY)	d	0548	0633	0701	0751	0848	0941	1053	1147	1250	1348	1448	1520	1551	1706	1747	1830	1926	
Flimby (FLM)	d		0551	0637	0705	0755	0851	0945	1056	1150	1253	1351	1451	1523	1555	1709	1750	1834	1929
Workington (WKG)	a		0557	0642	0710	0800	0857	0950	1102	1156	1259	1357	1457	1529	1600	1715	1756	1839	1935
Workington (WKG)	d		0558	0644	0712	0803	0858	0952	1103	1157	1300	1358	1458	1530	1602	1716	1757	1841	1936
Harrington (HRR)	d		0603	0648	0716	0807	0903	0956	1108	1201	1305	1403	1503	1535	1606	1721	1802	1845	1941
Parton (PRN)	d		0612	0657	0725	0817	0912	1005	1117	1210	1314	1412	1512	1544	1615	1730	1811	1854	1950
Whitehaven (WTH)	a		0616	0702	0730	0821	0916	1010	1121	1215	1318	1416	1516	1548	1620	1736	1816	1859	1956
Whitehaven (WTH)	d		0618	0703	0731	0823	0918	1011	1123	1216	1320	1418	1518	1550	1621	1737	1818	1900	
Corkickle (CKL)	d		0620	0706	0734	0826	0921	1014	1126	1219	1322	1420	1520	1553	1624	1740	1820	1903	
St Bees (SBS)	d		0627	0713	0740	0832	0929c	1023f	1134	1229g	1329	1430f	1534e	1600	1631	1746	1827	1916e	
Nethertown (NRT)	d	0631x							1138x					1604x			1832x		
Braystones (BYS)	d	0634x							1141x					1607x			1834x		
Sellafield (SEL)	d	0639	0723	0751	0843	0939	1033	1146	1239	1340	1440	1544	1612	1641	1757	1840	1927		
Seascale (SSC)	d	0643	0727	0755	0847	0943	1037	1150	1242	1343	1444	1548	1616	1645	1800	1843	1931		
Drigg (DRI)	d	0647	0731	0759	0851	0947	1041	1154	1246	1347	1448	1552	1620	1649	1804		1935		
Ravenglass for Eskdale (RAV)	d	0650	0735	0803	0855	0951	1045	1158	1250	1351	1452	1555	1624	1653	1808	1849	1939		
Bootle (BOC)	d	0657	0741	0809	0902	0957	1052	1204	1256	1357	1458	1602	1630	1700	1814		1946		
Silecroft (SIC)	d	0704	0748	0816	0909	1004	1059	1211	1303	1404	1505	1609	1637	1707	1821		1953		
Millom (MLM)	d	0610	0709	0754	0822	0914	1010	1104	1217	1308	1410	1511	1614	1643	1712	1826	1905	2001c	
Green Road (GNR)	d	0614	0714	0758	0826	0919	1014	1109	1221	1313	1414	1515	1619	1647	1717	1831	1910	2006	
Foxfield (FOX)	d	0618	0718	0802	0830	0923	1018	1113	1225	1317	1418	1519	1623	1651	1721	1835	1914	2010	
Kirkby-in-Furness (KBF)	d	0623	0722	0807	0835	0928	1023	1118	1230	1321	1423	1524	1627	1656	1726	1839	1919	2015	
Askam (ASK)	d	0628	0727	0812	0840	0933	1028	1123	1235	1326	1428	1529	1632	1701	1731	1844	1925	2020	
Barrow-in-Furness (BIF)	a	0641	0741	0826	0854	0947	1042	1137	1249	1340	1442	1543	1646	1715	1745	1858	1940	2036	
Carnforth (CNF)	a				1050				1343				1643		1810				
Lancaster (LAN)	6 a				1105				1353				1653		1820				
Preston (PRE)	8 a																		

Operator	NT	NT	NT	NT	NT	NT
Carlisle (CAR)	8 d	1909	2000		2105	2149
Dalston (DLS)	d	1918	2009		2114	2158
Wigton (WGT)	d	1928	2018		2123	2207
Aspatria (ASP)	d	1938	2029		2134	2218
Maryport (MRY)	d	1949	2040		2145	2229
Flimby (FLM)	d	1953	2044		2148	2232
Workington (WKG)	a	1958	2049		2154	2238
Workington (WKG)	d	2001	2051		2155	2239
Harrington (HRR)	d	2006	2055		2200	2244
Parton (PRN)	d	2015	2105		2209	2253
Whitehaven (WTH)	a	2020	2111		2215	2259
Whitehaven (WTH)	d	2022				
Corkickle (CKL)	d	2024				
St Bees (SBS)	d	2031				
Nethertown (NRT)	d	2035x				
Braystones (BYS)	d	2038x				
Sellafield (SEL)	d	2043				
Seascale (SSC)	d	2046				
Drigg (DRI)	d	2050				
Ravenglass for Eskdale (RAV)	d	2054				
Bootle (BOC)	d	2100				
Silecroft (SIC)	d	2107				
Millom (MLM)	d	2059	2112		2200	
Green Road (GNR)	d		2117		2204	
Foxfield (FOX)	d	2106	2121		2208	
Kirkby-in-Furness (KBF)	d		2125		2213	
Askam (ASK)	d	2115	2130		2218	
Barrow-in-Furness (BIF)	a	2129	2144		2231	
Carnforth (CNF)	a		2237			
Lancaster (LAN)	6 a		2246			
Preston (PRE)	8 a		2310			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 3 minutes earlier
- e Arrives 8 minutes earlier
- f Arrives 4 minutes earlier
- g Arrives 5 minutes earlier

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Sundays until 9 August

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Carlisle (CAR) 8 d			0944			1022			1105			1207	1324			1400		
Dalston (DLS) d			0953			1031			1114			1216	1333			1409		
Wigton (WGT) d			1002			1041			1124			1226	1342			1418		
Aspatria (ASP) d			1013			1051			1134			1236	1352			1429		
Maryport (MRY) d		0917	1024			1103			1146			1248	1403			1440		
Flimby (FLM) d		0920				1107			1149			1251	1407			1444		
Workington (WKG) a		0926	1032			1112			1155			1257	1412			1449		
Workington (WKG) d		0927	1033			1117			1156			1258	1414			1451		
Harrington (HRR) d		0932				1121			1201			1303	1418			1455		
Parton (PRN) d		0941	1046			1135c			1210			1312	1427			1504		
Whitehaven (WTH) a		0945	1050			1140			1215			1316	1432			1509		
Whitehaven (WTH) d				1055			1158			1300				1450			1555	
Corkickle (CKL) d				1107a	1115		1208a	1221		1310a	1321			1500a	1520		1605a	1624
St Bees (SBS) d					1121			1227			1327				1526			1630
Nethertown (NRT) d								1232										1635
Braystones (BYS) d								1235										1638
Sellafield (SEL) d					1131			1240			1337				1536			1643
Seascale (SSC) d					1135			1244			1341				1540			1647
Drigg (DRI) d					1139			1248			1345				1544			1651
Ravenglass for Eskdale (RAV) d					1142			1251			1349				1548			1654
Bootle (BOC) d					1148			1258			1355				1554			1701
Silecroft (SIC) d					1155			1305			1402				1601			1708
Millom (MLM) d	0950					1201			1310			1408				1606		1713
Green Road (GNR) d	0954					1205			1315			1412				1611		1718
Foxfield (FOX) d	0958					1209			1319			1416				1615		1722
Kirkby-in-Furness (KBF) d	1003					1214			1323			1421				1619		1726
Askam (ASK) d	1008					1219			1328			1426				1625		1731
Barrow-in-Furness (BIF) a	1021					1233			1342			1440				1639		1745
Carnforth (CNF) a																1736		1840
Lancaster (LAN) 6 a																1744		1851
Preston (PRE) 8 a																1806		

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Carlisle (CAR) 8 d	1509	1615				1710		1810	1910	2010	2110
Dalston (DLS) d	1518	1624				1719		1819	1919	2019	2125
Wigton (WGT) d	1527	1633				1728		1829	1929	2029	2145
Aspatria (ASP) d	1538	1644				1739		1839	1939	2039	2205
Maryport (MRY) d	1549	1655				1750		1851	1951	2051	2225
Flimby (FLM) d	1553	1659				1753		1854	1954	2054	2230
Workington (WKG) a	1558	1704				1759		1900	2000	2100	2240
Workington (WKG) d	1600	1706				1800		1901	2001	2101	2240
Harrington (HRR) d	1604	1710				1804		1906	2006	2106	2250
Parton (PRN) d	1613	1719				1813		1915	2015	2115	2300
Whitehaven (WTH) a	1618	1724				1818		1921	2021	2121	2305
Whitehaven (WTH) d			1759				1830				
Corkickle (CKL) d			1809a	1822			1842				
St Bees (SBS) d				1828			1854				
Nethertown (NRT) d				1833							
Braystones (BYS) d				1836							
Sellafield (SEL) d				1841			1910				
Seascale (SSC) d				1845			1930				
Drigg (DRI) d				1849			1938				
Ravenglass for Eskdale (RAV) d				1852			1949				
Bootle (BOC) d				1859			2005				
Silecroft (SIC) d				1905			2017				
Millom (MLM) d				1911	1925		2023				
Green Road (GNR) d				1915	1929		2035				
Foxfield (FOX) d				1919	1933		2047				
Kirkby-in-Furness (KBF) d				1924	1938		2057				
Askam (ASK) d				1929	1943		2109				
Barrow-in-Furness (BIF) a				1943	1956		2124				
Carnforth (CNF) a				2042							
Lancaster (LAN) 6 a				2050							
Preston (PRE) 8 a				2111							

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
c Arrives 5 minutes earlier

A To Manchester Airport

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Sundays from 16 August

Operator	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	
Carlisle (CAR)	8 d		0944	1022	1105	1207	1324	1400	1509	1615	1710		1810	1910	2010	2110
Dalston (DLS)	d		0953	1031	1114	1216	1333	1409	1518	1624	1719		1819	1919	2019	2119
Wigton (WGT)	d		1002	1041	1124	1226	1342	1418	1527	1633	1728		1829	1929	2029	2128
Aspatria (ASP)	d		1013	1051	1134	1236	1352	1429	1538	1644	1739		1839	1939	2039	2139
Maryport (MRY)	d	0917	1024	1103	1146	1248	1403	1440	1549	1655	1750		1851	1951	2051	2150
Flimby (FLM)	d	0920		1107	1149	1251	1407	1444	1553	1659	1753		1854	1954	2054	2153
Workington (WKG)	a	0926	1032	1112	1155	1257	1412	1449	1558	1704	1759		1900	2000	2100	2159
Workington (WKG)	d	0927	1033	1114	1156	1258	1414	1451	1600	1706	1800		1901	2001	2101	2200
Harrington (HRR)	d	0932		1118	1201	1303	1418	1455	1604	1710	1804		1906	2006	2106	2205
Parton (PRN)	d	0941	1046	1127	1210	1312	1427	1504	1613	1719	1813		1915	2015	2115	2214
Whitehaven (WTH)	a	0945	1050	1132	1214	1316	1432	1509	1618	1724	1818		1921	2021	2121	2220
Whitehaven (WTH)	d	0947	1052	1133	1216	1318	1433	1510	1619	1725	1819					
Corkickle (CKL)	d	0949	1055	1136	1219	1321	1436	1513	1622	1728	1822					
St Bees (SBS)	d	0956	1102	1142	1227c	1328	1442	1520	1628	1734	1829					
Nethertown (NRT)	d	1000x			1231x				1633x		1833x					
Braystones (BYS)	d	1003x			1234x				1635x		1836x					
Sellafield (SEL)	d	1008	1112	1152	1239	1338	1452	1530	1641	1744	1841					
Seascale (SSC)	d	1012	1115	1156	1243	1342	1456	1533	1644	1748	1844					
Drigg (DRI)	d	1016	1119	1200	1247	1346		1537	1648	1752	1848					
Ravenglass for Eskdale (RAV)	d	1019	1123	1203	1250	1349	1502	1541	1652	1755	1852					
Bootle (BOC)	d	1026	1129	1209	1257	1356		1547	1659	1802	1858					
Silecroft (SIC)	d	1033	1136	1216	1304	1403		1554	1706	1809	1905					
Millom (MLM)	d	0950	1038	1141	1221	1309	1408	1517	1600	1711	1814	1911	1925			
Green Road (GNR)	d	0954	1043	1146	1226	1314	1413		1604	1716	1819	1915	1929			
Foxfield (FOX)	d	0958	1047	1150	1230	1318	1417	1525	1608	1720	1823	1919	1933			
Kirkby-in-Furness (KBF)	d	1003	1051	1154	1234	1322	1421	1529	1613	1724	1827	1924	1938			
Askam (ASK)	d	1008	1056	1159	1239	1327	1426	1534	1618	1729	1832	1929	1943			
Barrow-in-Furness (BIF)	a	1021	1110	1213	1253	1341	1440	1548	1632	1743	1846	1943	1956			
Carnforth (CNF)	a				1343			1642		1839						
Lancaster (LAN)	6 a				1352			1652		1851						
Preston (PRE)	8 a															

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 3 minutes earlier