

## Swansea, Carmarthen and Llanelli to Llandovery, Llandrindod and Shrewsbury

## Mondays to Fridays

| Operator<br>Days of operation/Notes | AW | AW<br>A | AW    | AW<br>B | AW<br>C | AW<br>B | AW<br>C | AW    |
|-------------------------------------|----|---------|-------|---------|---------|---------|---------|-------|
| Swansea (SWA)                       | d  |         | 0516  | 0856    | 0856    | 1251    | 1251    | 1747  |
| Gowerton (GWN)                      | d  |         | 0528  | 0908    | 0908    | 1303    | 1303    | 1759  |
| Carmarthen (CMN)                    | d  | 0447    |       |         |         |         |         |       |
| Llanelli (LLE)                      | d  | 0512    | 0538  | 0918    | 0918    | 1315    | 1315    | 1809  |
| Bynea (BYE)                         | d  | 0517x   | 0543x | 0923x   | 0923x   | 1320x   | 1320x   | 1815x |
| Llangennech (LLH)                   | d  | 0521x   | 0547x | 0927x   | 0927x   | 1324x   | 1324x   | 1819x |
| Pontarddulais (PTD)                 | d  | 0525x   | 0551x | 0931x   | 0931x   | 1328x   | 1330x   | 1823x |
| Pantyyffynnon (PTF)                 | d  | 0534    | 0600  | 0940    | 0940    | 1337    | 1338    | 1831  |
| Ammanford (AMF)                     | d  | 0537    | 0603  | 0943    | 0943    | 1340    | 1341    | 1834  |
| Llandybie (LLI)                     | d  | 0541    | 0607  | 0947    | 0947    | 1344    | 1346    | 1838  |
| Ffairfach (FFA)                     | d  | 0548x   | 0614x | 0954x   | 0954x   | 1351x   | 1352x   | 1846x |
| Llandeilo (LLL)                     | a  | 0552    | 0619  | 0959    | 0959    | 1356    | 1358    | 1850  |
| Llandeilo (LLL)                     | d  | 0554    | 0620  | 1000    | 1000    | 1357    | 1358    | 1851  |
| Llangadog (LLG)                     | d  | 0603    | 0629  | 1009    | 1009    | 1406    | 1408    | 1900  |
| Llanwrda (LNR)                      | d  | 0607    | 0633  | 1013    | 1013    | 1410    | 1411    | 1904  |
| Llandovery (LLV)                    | a  | 0614    | 0640  | 1021    | 1021    | 1418    | 1420    | 1912  |
| Llandovery (LLV)                    | d  | 0616    |       | 1022    | 1022    | 1419    | 1420    | 1913  |
| Cynghordy (CYN)                     | d  | 0623x   |       | 1029x   | 1029x   | 1426x   | 1428x   | 1921x |
| Sugar Loaf (SUG)                    | d  | 0633x   |       | 1039x   | 1039x   | 1436x   | 1437x   | 1930x |
| Llanwrtyd (LNW)                     | a  | 0640    |       | 1047    | 1047    | 1444    | 1445    | 1938  |
| Llanwrtyd (LNW)                     | d  | 0641    |       | 1047    | 1047    | 1444    | 1446    | 1938  |
| Llangammarch (LLM)                  | d  | 0646x   |       | 1052x   | 1052x   | 1449x   | 1451x   | 1944x |
| Garth (Powys) (GTH)                 | d  | 0650x   |       | 1056x   | 1056x   | 1453x   | 1455x   | 1948x |
| Cilmeri (CIM)                       | d  | 0656x   |       | 1102x   | 1102x   | 1459x   | 1500x   | 1954x |
| Builth Road (BHR)                   | d  | 0659x   |       | 1105x   | 1105x   | 1502x   | 1504x   | 1957x |
| Llandrindod (LLO)                   | a  | 0713    |       | 1120    | 1120    | 1517    | 1518    | 2011  |
| Llandrindod (LLO)                   | d  | 0553    | 0732  | 1140    | 1143    | 1533    | 1533    | 2024  |
| Pen-y-Bont (PNY)                    | d  | 0600x   | 0738x | 1146x   | 1150x   | 1539x   | 1539x   | 2031x |
| Dolau (DOL)                         | d  | 0605    | 0744  | 1152    | 1156    | 1545    | 1545    | 2036x |
| Llanbister Road (LLT)               | d  | 0611x   | 0749x | 1157x   | 1201x   | 1550x   | 1550x   | 2042x |
| Llangynllo (LGO)                    | d  | 0617x   | 0755x | 1203x   | 1206x   | 1556x   | 1556x   | 2048x |
| Knucklas (KNU)                      | d  | 0623x   | 0801x | 1209x   | 1213x   | 1602x   | 1602x   | 2054x |
| Knighton (KNI)                      | a  | 0632    | 0809  | 1217    | 1220    | 1610    | 1610    | 2100  |
| Knighton (KNI)                      | d  | 0643    | 0810  | 1218    | 1222    | 1611    | 1611    | 2102  |
| Bucknell (BUK)                      | d  | 0649    | 0816  | 1224    | 1228    | 1617    | 1617    | 2108  |
| Hopton Heath (HPT)                  | d  | 0653x   | 0821x | 1229x   | 1232x   | 1622x   | 1622x   | 2113x |
| Broome (BME)                        | d  | 0658x   | 0824x | 1232x   | 1236x   | 1625x   | 1625x   | 2117x |
| Craven Arms (CRV)                   | d  | 0708    | 0835  | 1242    | 1245    | 1635    | 1635    | 2126  |
| Church Stretton (CTT)               | d  | 0721    | 0847  | 1254    | 1257    | 1646    | 1646    | 2138  |
| Shrewsbury (SHR)                    | a  | 0738    | 0903  | 1312    | 1312    | 1704    | 1704    | 2155  |

For the complete service between Swansea/Carmarthen and Llanelli see table 126

For the complete service between Craven Arms and Shrewsbury see table 131

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time  
d Departure time  
x Stops on request

A Also calls at Pembrey & Burry Port 0506  
B Runs until 12 September  
C Runs from 15 September

## Swansea, Carmarthen and Llanelli to Llandovery, Llandrindod and Shrewsbury

## Saturdays

| Operator              | AW       | AW    | AW    | AW    |
|-----------------------|----------|-------|-------|-------|
| Swansea (SWA)         | d 0451   | 0859  | 1251  | 1748  |
| Gowerton (GWN)        | d 0503   | 0911  | 1303  | 1800  |
| Carmarthen (CMN)      | d        |       |       |       |
| Llanelli (LLE)        | 7 d 0513 | 0921  | 1316  | 1810  |
| Bynea (BYE)           | d 0517x  | 0926x | 1320x | 1815x |
| Llangennech (LLH)     | d 0521x  | 0930x | 1327x | 1819x |
| Pontarddulais (PTD)   | d 0526x  | 0934x | 1332x | 1824x |
| Pantyffynnon (PTF)    | d 0534   | 0943  | 1340  | 1831  |
| Ammanford (AMF)       | d 0537   | 0946  | 1343  | 1834  |
| Llandybie (LLI)       | d 0542   | 0950  | 1348  | 1839  |
| Ffairfach (FFA)       | d 0548x  | 0957x | 1354x | 1846x |
| Llandeilo (LLL)       | a 0553   | 1002  | 1400  | 1851  |
| Llandeilo (LLL)       | d 0554   | 1003  | 1400  | 1851  |
| Llangadog (LLG)       | d 0604   | 1012  | 1410  | 1901  |
| Llanwrda (LNR)        | d 0607   | 1016  | 1413  | 1904  |
| Llandovery (LLV)      | a 0615   | 1024  | 1422  | 1913  |
| Llandovery (LLV)      | d 0616   | 1025  | 1422  | 1913  |
| Cynghordy (CYN)       | d 0624x  | 1032x | 1430x | 1922x |
| Sugar Loaf (SUG)      | d 0633x  | 1042x | 1439x | 1930x |
| Llanwrtyd (LNW)       | a 0640   | 1050  | 1447  | 1938  |
| Llanwrtyd (LNW)       | d 0642   | 1050  | 1448  | 1939  |
| Llangammarch (LLM)    | d 0647x  | 1055x | 1453x | 1945x |
| Garth (Powys) (GTH)   | d 0651x  | 1059x | 1457x | 1949x |
| Cilmeri (CIM)         | d 0656x  | 1105x | 1502x | 1954x |
| Builth Road (BHR)     | d 0700x  | 1108x | 1506x | 1958x |
| Llandrindod (LLO)     | a 0713   | 1123  | 1520  | 2011  |
| Llandrindod (LLO)     | d 0732   | 1144  | 1534  | 2024  |
| Pen-y-Bont (PNY)      | d 0738x  | 1151x | 1540x | 2031x |
| Dolau (DOL)           | d 0744   | 1157  | 1546  | 2036x |
| Llanbister Road (LLT) | d 0749x  | 1202x | 1551x | 2042x |
| Llangynllo (LGO)      | d 0755x  | 1207x | 1557x | 2048x |
| Knucklas (KNU)        | d 0801x  | 1214x | 1603x | 2054x |
| Knighton (KNI)        | a 0809   | 1221  | 1611  | 2100  |
| Knighton (KNI)        | d 0810   | 1223  | 1612  | 2102  |
| Bucknell (BUK)        | d 0816   | 1229  | 1618  | 2108  |
| Hopton Heath (HPT)    | d 0821x  | 1233x | 1623x | 2113x |
| Broome (BME)          | d 0824x  | 1237x | 1626x | 2117x |
| Craven Arms (CRV)     | d 0834   | 1246  | 1638  | 2127c |
| Church Stretton (CTT) | d 0846   | 1258  | 1649  | 2139  |
| Shrewsbury (SHR)      | a 0902   | 1315  | 1706  | 2159  |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time  
**d** Departure time  
**x** Stops on request  
**c** Arrives 3 minutes earlier

## Swansea, Carmarthen and Llanelli to Llandovery, Llandrindod and Shrewsbury

## Sundays

| Operator<br>Days of operation/Notes | AW<br>A  | AW    | AW    |
|-------------------------------------|----------|-------|-------|
| Swansea (SWA)                       | d 0854   | 1110  | 1518  |
| Gowerton (GWN)                      | d 0906   | 1122  | 1531  |
| Carmarthen (CMN)                    | d        |       |       |
| Llanelli (LLE)                      | 7 d 0916 | 1133  | 1542  |
| Bynea (BYE)                         | d 0920x  | 1137x | 1546x |
| Llangennech (LLH)                   | d 0924x  | 1141x | 1550x |
| Pontarddulais (PTD)                 | d 0928x  | 1145x | 1554x |
| Pantyyffynnon (PTF)                 | d 0937   | 1154  | 1602  |
| Ammanford (AMF)                     | d 0940   | 1157  | 1605  |
| Llandybie (LLI)                     | d 0944   | 1201  | 1610  |
| Ffairfach (FFA)                     | d 0951x  | 1208x | 1616x |
| Llandeilo (LLL)                     | a 0955   | 1212  | 1621  |
| Llandeilo (LLL)                     | d 0957   | 1214  | 1622  |
| Llangadog (LLG)                     | d 1006   | 1223  | 1632  |
| Llanwrda (LNR)                      | d 1010   | 1227  | 1635  |
| Llandovery (LLV)                    | a 1017   | 1234  | 1643  |
| Llandovery (LLV)                    | d 1019   | 1236  | 1644  |
| Cynghordy (CYN)                     | d 1026x  | 1243x | 1652x |
| Sugar Loaf (SUG)                    | d 1035x  | 1252x | 1701x |
| Llanwrtyd (LNW)                     | a 1042   | 1259  | 1708  |
| Llanwrtyd (LNW)                     | d 1044   | 1301  | 1709  |
| Llangammarch (LLM)                  | d 1049x  | 1306x | 1714x |
| Garth (Powys) (GTH)                 | d 1052x  | 1310x | 1718x |
| Cilmeri (CIM)                       | d 1057x  | 1315x | 1724x |
| Builth Road (BHR)                   | d 1101x  | 1319x | 1727x |
| Llandrindod (LLO)                   | a 1114   | 1332  | 1741  |
| Llandrindod (LLO)                   | d 1128   | 1345  | 1759  |
| Pen-y-Bont (PNY)                    | d 1134x  | 1351x | 1806x |
| Dolau (DOL)                         | d 1140   | 1357  | 1812  |
| Llanbister Road (LLT)               | d 1145x  | 1402x | 1817x |
| Llangynllo (LGO)                    | d 1151x  | 1407x | 1822x |
| Knucklas (KNU)                      | d 1157x  | 1413x | 1829x |
| Knighton (KNI)                      | a 1205   | 1421  | 1836  |
| Knighton (KNI)                      | d 1209   | 1422  | 1838  |
| Bucknell (BUK)                      | d 1215   | 1428  | 1844  |
| Hopton Heath (HPT)                  | d 1219x  | 1432x | 1848x |
| Broome (BME)                        | d 1223x  | 1436x | 1851x |
| Craven Arms (CRV)                   | d 1235   | 1445  | 1901  |
| Church Stretton (CTT)               | d 1246   | 1458  | 1915  |
| Shrewsbury (SHR)                    | a 1302   | 1514  | 1938  |

**NOTES** (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time  
d Departure time  
x Stops on request

A Runs from 3 August to 14 September

## Shrewsbury to Llandrindod, Llandovery, Llanelli, Carmarthen and Swansea

## Mondays to Fridays

| Operator<br>Days of operation/Notes | AW | AW    | AW    | AW<br>A | AW<br>B | AW<br>B | AW<br>A | AW    |
|-------------------------------------|----|-------|-------|---------|---------|---------|---------|-------|
| Shrewsbury (SHR)                    | d  | 0418  |       | 0527    | 1002    | 1002    | 1354    | 1835  |
| Church Stretton (CTT)               | d  | 0436  |       | 0545    | 1020    | 1020    | 1412    | 1853  |
| Craven Arms (CRV)                   | d  | 0446  |       | 0555    | 1030    | 1034c   | 1423    | 1904  |
| Broome (BME)                        | d  |       |       | 0601x   | 1035x   | 1039x   | 1428x   | 1910x |
| Hopton Heath (HPT)                  | d  |       |       | 0605x   | 1040x   | 1044x   | 1433x   | 1914x |
| Bucknell (BUK)                      | d  |       |       | 0610x   | 1044x   | 1048x   | 1437x   | 1919x |
| Knighton (KNI)                      | a  | 0507  |       | 0619    | 1054    | 1057    | 1447    | 1927  |
| Knighton (KNI)                      | d  | 0508  |       | 0631    | 1054    | 1058    | 1447    | 1928  |
| Knucklas (KNU)                      | d  |       |       | 0637x   | 1059x   | 1102x   | 1452x   | 1933x |
| Llangynllo (LGO)                    | d  |       |       | 0645x   | 1107x   | 1110x   | 1500x   | 1941x |
| Llanbister Road (LLT)               | d  |       |       | 0650x   | 1112x   | 1115x   | 1505x   | 1946x |
| Dolau (DOL)                         | d  |       |       | 0656x   | 1118x   | 1121x   | 1511x   | 1952x |
| Pen-y-Bont (PNY)                    | d  |       |       | 0700x   | 1122x   | 1126x   | 1515x   | 1957x |
| Llandrindod (LLO)                   | a  | 0544  |       | 0712    | 1135    | 1139    | 1528    | 2009  |
| Llandrindod (LLO)                   | d  |       |       | 0730    | 1136    | 1139    | 1535    | 2027  |
| Builth Road (BHR)                   | d  |       |       | 0739x   | 1144x   | 1148x   | 1543x   | 2036x |
| Cilmeri (CIM)                       | d  |       |       | 0743x   | 1148x   | 1151x   | 1547x   | 2040x |
| Garth (Powys) (GTH)                 | d  |       |       | 0748x   | 1153x   | 1157x   | 1552x   | 2045x |
| Llangamarch (LLM)                   | d  |       |       | 0752x   | 1157x   | 1201x   | 1556x   | 2049x |
| Llanwrtyd (LNW)                     | a  |       |       | 0800    | 1206    | 1210    | 1605    | 2057  |
| Llanwrtyd (LNW)                     | d  |       |       | 0801    | 1207    | 1210    | 1606    | 2058  |
| Sugar Loaf (SUG)                    | d  |       |       | 0807x   | 1213x   | 1217x   | 1612x   | 2104x |
| Cynghordy (CYN)                     | d  |       |       | 0814x   | 1219x   | 1223x   | 1618x   | 2111x |
| Llandovery (LLV)                    | a  |       |       | 0826    | 1232    | 1235    | 1631    | 2123  |
| Llandovery (LLV)                    | d  | 0644  | 0826  | 1232    | 1236    | 1631    | 1631    | 2123  |
| Llanwrda (LNR)                      | d  | 0650x | 0832x | 1237x   | 1241x   | 1636x   | 1636x   | 2129x |
| Llangadog (LLG)                     | d  | 0654x | 0836x | 1241x   | 1245x   | 1640x   | 1640x   | 2133x |
| Llandeilo (LLL)                     | a  | 0705  | 0847  | 1253    | 1257    | 1652    | 1652    | 2144  |
| Llandeilo (LLL)                     | d  | 0705  | 0848  | 1254    | 1257    | 1653    | 1653    | 2145  |
| Ffairfach (FFA)                     | d  | 0708  | 0850  | 1256    | 1300    | 1655    | 1655    | 2147  |
| Llandybie (LLI)                     | d  | 0715x | 0858x | 1303x   | 1306x   | 1702x   | 1702x   | 2155x |
| Ammanford (AMF)                     | d  | 0720x | 0902x | 1307x   | 1311x   | 1706x   | 1706x   | 2159x |
| Pantyyffynnon (PTF)                 | d  | 0723  | 0905  | 1311    | 1315    | 1710    | 1710    | 2202  |
| Pontarddulais (PTD)                 | d  | 0730x | 0912x | 1317x   | 1321x   | 1716x   | 1716x   | 2209x |
| Llangennech (LLH)                   | d  | 0734x | 0917x | 1322x   | 1325x   | 1721x   | 1721x   | 2214x |
| Bynea (BYE)                         | d  | 0738x | 0920x | 1325x   | 1329x   | 1724x   | 1724x   | 2217x |
| Llanelli (LLE)                      | a  | 0745  | 0928  | 1334    | 1337    | 1733    | 1733    | 2234  |
| Carmarthen (CMN)                    | a  |       |       |         |         |         |         |       |
| Gowerton (GWN)                      | a  | 0754  | 0937  | 1345    | 1346    | 1743    | 1743    | 2243  |
| Swansea (SWA)                       | a  | 0811  | 0951  | 1401    | 1401    | 1759    | 1801    | 2258  |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time  
d Departure time  
x Stops on request  
c Arrives 5 minutes earlier

A Runs until 12 September  
B Runs from 15 September

## Shrewsbury to Llandrindod, Llandovery, Llanelli, Carmarthen and Swansea

## Saturdays

| Operator              | AW                                                                                         | AW    | AW    | AW    |
|-----------------------|--------------------------------------------------------------------------------------------|-------|-------|-------|
| Shrewsbury (SHR)      | d 0528                                                                                     | 1006  | 1355  | 1835  |
| Church Stretton (CTT) | d 0546                                                                                     | 1024  | 1413  | 1853  |
| Craven Arms (CRV)     | d 0556                                                                                     | 1034  | 1424  | 1904  |
| Broome (BME)          | d 0602x                                                                                    | 1039x | 1429x | 1910x |
| Hopton Heath (HPT)    | d 0606x                                                                                    | 1044x | 1434x | 1914x |
| Bucknell (BUK)        | d 0611x                                                                                    | 1048x | 1438x | 1919x |
| Knighton (KNI)        | a 0620                                                                                     | 1058  | 1448  | 1927  |
| Knighton (KNI)        | d 0625                                                                                     | 1058  | 1448  | 1928  |
| Knucklas (KNU)        | d 0631x                                                                                    | 1103x | 1453x | 1933x |
| Llangynllo (LGO)      | d 0639x                                                                                    | 1111x | 1501x | 1941x |
| Llanbister Road (LLT) | d 0644x                                                                                    | 1116x | 1506x | 1946x |
| Dolau (DOL)           | d 0650x                                                                                    | 1122x | 1512x | 1952x |
| Pen-y-Bont (PNY)      | d 0654x                                                                                    | 1126x | 1516x | 1957x |
| Llandrindod (LLO)     | a 0706                                                                                     | 1139  | 1529  | 2009  |
| Llandrindod (LLO)     | d 0730                                                                                     | 1142  | 1538  | 2027  |
| Builth Road (BHR)     | d 0739x                                                                                    | 1150x | 1546x | 2036x |
| Cilmeri (CIM)         | d 0743x                                                                                    | 1154x | 1550x | 2040x |
| Garth (Powys) (GTH)   | d 0748x                                                                                    | 1159x | 1555x | 2045x |
| Llangammarch (LLM)    | d 0752x                                                                                    | 1203x | 1559x | 2049x |
| Llanwrtyd (LNW)       | a 0800                                                                                     | 1212  | 1608  | 2057  |
| Llanwrtyd (LNW)       | d 0801                                                                                     | 1213  | 1609  | 2058  |
| Sugar Loaf (SUG)      | d 0807x                                                                                    | 1219x | 1615x | 2104x |
| Cynghordy (CYN)       | d 0814x                                                                                    | 1225x | 1621x | 2111x |
| Llandovery (LLV)      | a 0826                                                                                     | 1238  | 1634  | 2123  |
| Llandovery (LLV)      | d 0826                                                                                     | 1238  | 1634  | 2123  |
| Llanwrda (LNR)        | d 0832x                                                                                    | 1243x | 1639x | 2129x |
| Llangadog (LLG)       | d 0836x                                                                                    | 1247x | 1643x | 2133x |
| Llandeilo (LLL)       | a 0847                                                                                     | 1259  | 1655  | 2144  |
| Llandeilo (LLL)       | d 0848                                                                                     | 1300  | 1656  | 2145  |
| Ffairfach (FFA)       | d 0850                                                                                     | 1302  | 1658  | 2147  |
| Llandybie (LLI)       | d 0858x                                                                                    | 1309x | 1705x | 2155x |
| Ammanford (AMF)       | d 0902x                                                                                    | 1313x | 1709x | 2159x |
| Pantyffynnon (PTF)    | d 0905                                                                                     | 1317  | 1713  | 2202  |
| Pontarddulais (PTD)   | d 0912x                                                                                    | 1323x | 1719x | 2209x |
| Llangennech (LLH)     | d 0917x                                                                                    | 1328x | 1724x | 2214x |
| Bynea (BYE)           | d 0920x                                                                                    | 1331x | 1727x | 2217x |
| Llanelli (LLE)        |  a 0931 | 1339  | 1736  | 2230  |
| Carmarthen (CMN)      | a                                                                                          |       |       |       |
| Gowerton (GWN)        | a 0943                                                                                     | 1348  | 1746  | 2239  |
| Swansea (SWA)         | a 0956                                                                                     | 1402  | 1801  | 2255  |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time  
**d** Departure time  
**x** Stops on request

## Shrewsbury to Llandrindod, Llandovery, Llanelli, Carmarthen and Swansea

## Sundays

| Operator<br>Days of operation/Notes | AW<br>A  | AW    | AW<br>B |
|-------------------------------------|----------|-------|---------|
| Shrewsbury (SHR)                    | d 0943   | 1208  | 1620    |
| Church Stretton (CTT)               | d 1001   | 1226  | 1639    |
| Craven Arms (CRV)                   | d 1011   | 1235  | 1649    |
| Broome (BME)                        | d 1017x  | 1241x | 1654x   |
| Hopton Heath (HPT)                  | d 1021x  | 1245x | 1659x   |
| Bucknell (BUK)                      | d 1026x  | 1250x | 1703x   |
| Knighton (KNI)                      | a 1034   | 1258  | 1711    |
| Knighton (KNI)                      | d 1035   | 1259  | 1713    |
| Knucklas (KNU)                      | d 1041x  | 1305x | 1717x   |
| Llangynllo (LGO)                    | d 1049x  | 1313x | 1725x   |
| Llanbister Road (LLT)               | d 1054x  | 1318x | 1729x   |
| Dolau (DOL)                         | d 1100x  | 1324x | 1735x   |
| Pen-y-Bont (PNY)                    | d 1104x  | 1328x | 1739x   |
| Llandrindod (LLO)                   | a 1114   | 1338  | 1750    |
| Llandrindod (LLO)                   | d 1132   | 1355  | 1805    |
| Builth Road (BHR)                   | d 1141x  | 1404x | 1814x   |
| Cilmeri (CIM)                       | d 1145x  | 1408x | 1817x   |
| Garth (Powys) (GTH)                 | d 1150x  | 1413x | 1823x   |
| Llangammarch (LLM)                  | d 1154x  | 1417x | 1827x   |
| Llanwrtyd (LNW)                     | a 1201   | 1424  | 1835    |
| Llanwrtyd (LNW)                     | d 1203   | 1426  | 1836    |
| Sugar Loaf (SUG)                    | d 1209x  | 1432x | 1843x   |
| Cynghordy (CYN)                     | d 1216x  | 1439x | 1849x   |
| Llandovery (LLV)                    | a 1227   | 1450  | 1900    |
| Llandovery (LLV)                    | d 1236   | 1451  | 1902    |
| Llanwrda (LNR)                      | d 1242x  | 1457x | 1907x   |
| Llangadog (LLG)                     | d 1246x  | 1501x | 1911x   |
| Llandeilo (LLL)                     | a 1256   | 1511  | 1922    |
| Llandeilo (LLL)                     | d 1258   | 1513  | 1923    |
| Ffairfach (FFA)                     | d 1300   | 1515  | 1926    |
| Llandybie (LLI)                     | d 1308x  | 1523x | 1932x   |
| Ammanford (AMF)                     | d 1312x  | 1527x | 1937x   |
| Pantyffynnon (PTF)                  | d 1315   | 1530  | 1941    |
| Pontarddulais (PTD)                 | d 1322x  | 1537x | 1947x   |
| Llangennech (LLH)                   | d 1326x  | 1541x | 1951x   |
| Bynea (BYE)                         | d 1330x  | 1545x | 1955x   |
| Llanelli (LLE)                      | 7 a 1337 | 1551  | 2003    |
| Carmarthen (CMN)                    | a        |       |         |
| Gowerton (GWN)                      | a 1347   | 1601  | 2013    |
| Swansea (SWA)                       | a 1400   | 1615  | 2028    |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time  
d Departure time  
x Stops on request

A Runs from 3 August to 14 September  
B To Cardiff Central