

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE A	XR	LE B	XR	XR	XR	LE B	XR	LE A	XR	XR	XR	LE C	XR	XR	XR	XR	LE D
Reading (RDG)	7	d																
Twyford (TWY)	3	d																
Maidenhead (MAI)	3	d										0513					0527	
Taplow (TAP)		d										0516					0530	
Burnham (BNM)		d										0519					0533	
Slough (SLO)	3	d										0523					0538	
Langley (LNY)		d										0526					0542	
Iver (IVR)		d										0529					0544	
West Drayton (WDT)		d										0531					0547	
Heathrow Terminal 5 (HWV)	←	d						0515										
Heathrow Terminal 4 (HAF)	←	d											0530					
Heathrow Terminals 2 & 3 (HXX)	←	d						0521					0536					
Hayes & Harlington (HAY)	3	d						0527				0536				0552		
Southall (STL)		d						0530				0540				0556		
Hanwell (HAN)		d						0533								0548		
West Ealing (WEA)	3	d						0535								0550		
Ealing Broadway (EAL)	←	d						0538				0546				0552		0601
Acton Main Line (AML)		d						0540								0555		
London Paddington EL (PAD)	←	d					0545		0549		0552	0556	0600		0604	0607	0610	0613
Bond Street (BDS)	←	d					0548		0552		0555	0559	0603		0607	0610	0613	0616
Tottenham Court Road (TCR)	←	d					0550		0554		0557	0601	0605		0609	0612	0615	0618
Farringdon (ZFD)	←	d					0553		0557		0600	0604	0608		0612	0615	0618	0621
London Liverpool Street EL (LST)	←	d					0556		0600		0603	0607	0611		0615	0618	0621	0624
London Liverpool Street (LST)	←	d	0523	0524	0535	0539	0554	0600		0602			0617					0630
Whitechapel (ZLW)	←	d					0558		0602		0605	0609	0613		0617	0620	0623	0626
Canary Wharf (CWX)	DLR	d					0602		0606			0613			0621	0622	0627	
Custom House (CUS)		d					0606		0610			0617			0625	0631		
Woolwich (WWC)		d					0610		0615			0622			0629	0636		
Abbey Wood (ABW)	a						0616		0620			0627			0635	0641		
Stratford (SRA)	←	d	0530	0531	0542	0546	0601	0607		0609	0611		0619	0624		0626		0632
Maryland (MYL)		d		0533		0548	0603				0613		0621			0628		0634
Forest Gate (FOG)		d		0535		0550	0605				0615		0623			0630		0636
Manor Park (MNP)		d		0538		0553	0608				0618		0626			0633		0639
Ilford (IFD)	2	d		0540		0555	0610				0620		0628			0635		0641
Seven Kings (SVK)		d		0543		0558	0613				0623		0631			0638		0644
Goodmayes (GMY)		d		0545		0600	0615				0625		0633			0640		0646
Chadwell Heath (CTH)		d		0547		0602	0617				0627		0635			0642		0648
Romford (RMF)		d	0538	0551		0606	0621				0631		0639			0646		0652
Gidea Park (GDP)	2	d		0554		0609	0624				0634		0643			0649		0655
Harold Wood (HRO)		d		0557		0612	0627				0637		0646			0652		0658
Brentwood (BRE)		d		0601		0616	0631				0641		0650			0656		0702
Shenfield (SNF)	3	a	0547	0607	0557	0622	0637	0623		0625	0648		0656	0639		0703		0708

Times shown at London Paddington EL and London Liverpool Street EL are at the Elizabeth Line lower level platforms. All other times are from the Mainline platforms

For the complete service between Reading, Heathrow Airport and London Paddington, see table 116

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Clacton-on-Sea
- B To Southend Victoria
- C To Braintree
- D To Harwich Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	LE B	XR	XR	XR	XR	LE E	XR	XR	LE B	XR	XR	XR	XR	LE F	XR	XR	XR		
Reading (RDG)	7	d									0545									
Twyford (TWY)	3	d									0551									
Maidenhead (MAI)	3	d				0543					0558							0613		
Taplow (TAP)		d				0546					0601							0616		
Burnham (BNM)		d				0549					0604							0619		
Slough (SLO)	3	d				0553					0608							0623		
Langley (LNY)		d				0556					0612							0626		
Iver (IVR)		d				0559					0614							0629		
West Drayton (WDT)		d				0602					0617							0633		
Heathrow Terminal 5 (HWV)	←	d		0546													0620			
Heathrow Terminal 4 (HAF)	←	d						0600								0615				
Heathrow Terminals 2 & 3 (HXX)	←	d		0551				0606							0621	0625				
Hayes & Harlington (HAY)	3	d		0557		0607		0612			0621				0628	0632		0638		
Southall (STL)		d		0600		0610		0615			0625				0631			0642		
Hanwell (HAN)		d		0603				0618							0634					
West Ealing (WEA)	3	d		0605				0620							0636		0639			
Ealing Broadway (EAL)	←	d		0607		0616		0622			0629				0639	0642		0647		
Acton Main Line (AML)		d		0610				0625							0641					
London Paddington EL (PAD)	←	d	0616		0619	0623	0626	0630		0633	0636		0639	0642	0645	0648		0651	0654	0657
Bond Street (BDS)	←	d	0619		0622	0626	0629	0633		0636	0639		0642	0645	0648	0651		0654	0657	0700
Tottenham Court Road (TCR)	←	d	0621		0624	0628	0631	0635		0638	0641		0644	0647	0650	0653		0656	0659	0702
Farringdon (ZFD)	←	d	0624		0627	0631	0634	0638		0641	0644		0647	0650	0653	0656		0659	0702	0705
London Liverpool Street EL (LST)	←	d	0627		0630	0634	0637	0641		0644	0647		0650	0653	0656	0659		0702	0705	0708
London Liverpool Street (LST)	←	d		0635				0646			0650					0704				
Whitechapel (ZLW)	←	d	0629		0632	0636	0639	0643		0646	0649		0652	0655	0658	0701		0704	0707	0710
Canary Wharf (CWX)	←	d			0636	0643				0650			0656		0702			0708		0714
Custom House (CUS)		d			0641	0647				0654			0700		0706			0712		0718
Woolwich (WWC)		d			0646	0652				0658			0704		0710			0716		0722
Abbey Wood (ABW)		a			0650	0657				0704			0710		0716			0722		0728
Stratford (SRA)	←	d	0637c	0642		0642		0649	0653		0655	0657		0701		0707	0711			0713
Maryland (MYL)		d	0639			0645		0651			0657			0703		0709				0715
Forest Gate (FOG)		d	0641			0647		0653			0659			0705		0711				0717
Manor Park (MNP)		d	0644			0649		0656			0702			0708		0714				0720
Ilford (IFD)	2	d	0646			0652		0658			0704			0710		0716				0722
Seven Kings (SVK)		d	0649			0655		0701			0707			0713		0719				0725
Goodmayes (GMY)		d	0651			0657		0703			0709			0715		0721				0727
Chadwell Heath (CTH)		d	0653			0659		0705			0711			0717		0723				0729
Romford (RMF)		d	0657			0703		0709			0715			0721		0727				0733
Gidea Park (GDP)	2	d	0700			0705		0712			0718			0724		0730				0736
Harold Wood (HRO)		d	0703			0708		0715			0721			0727		0733				0739
Brentwood (BRE)		d	0707			0712		0719			0725			0731		0737				0743
Shenfield (SNF)	3	a	0712	0657		0719		0727	0708		0732	0713		0738		0744	0726			0750

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 3 minutes earlier

- B To Southend Victoria
- E To Witham
- F To Ipswich

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator	XR	LE B	LE A	XR	XR	XR	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE C	XR		
Days of operation/Notes																				
Reading (RDG)	7	d					0614			0624										
Twyford (TWY)	3	d					0619			0629										
Maidenhead (MAI)	3	d					0626			0636					0643					
Taplow (TAP)		d					0629								0646					
Burnham (BNM)		d					0632			0641					0649					
Slough (SLO)	3	d					0636			0645					0653					
Langley (LNY)		d					0640								0656					
Iver (IVR)		d					0642								0659					
West Drayton (WDT)		d					0645			0651					0702					
Heathrow Terminal 5 (HWV)	7	d											0650							
Heathrow Terminal 4 (HAF)	7	d				0630						0645						0700		
Heathrow Terminals 2 & 3 (HXX)	7	d				0636						0651	0655					0706		
Hayes & Harlington (HAY)	3	d				0642		0650				0657	0702		0707			0712		
Southall (STL)		d				0645		0654				0700			0710			0715		
Hanwell (HAN)		d				0648						0703						0718		
West Ealing (WEA)	3	d				0650						0705	0710					0720		
Ealing Broadway (EAL)	3	d				0652		0659		0704		0707	0713		0716			0722		
Acton Main Line (AML)		d				0655						0710						0725		
London Paddington EL (PAD)	15	d	0700			0703	0706	0709	0712	0715	0718		0721	0724		0727	0730		0733	0736
Bond Street (BDS)	15	d	0703			0706	0709	0712	0715	0718	0721		0724	0727		0730	0733		0736	0739
Tottenham Court Road (TCR)	15	d	0705			0708	0711	0714	0717	0720	0723		0726	0729		0732	0735		0738	0741
Farringdon (ZFD)	15	d	0708			0711	0714	0717	0720	0723	0726		0729	0732		0735	0738		0741	0744
London Liverpool Street EL (LST)	15	d	0711			0714	0717	0720	0723	0726	0729		0732	0735		0738	0741		0744	0747
London Liverpool Street (LST)	15	d		0713	0716						0733			0736			0746			
Whitechapel (ZLW)	15	d	0713			0716	0719	0722	0725	0728	0731		0734	0737		0740	0743		0746	0749
Canary Wharf (CWX)	DLR	d				0720		0726		0732			0738		0744				0750	
Custom House (CUS)		d				0724		0731		0737			0742		0748				0754	
Woolwich (WWC)		d				0728		0737		0742			0747		0752				0758	
Abbey Wood (ABW)	a					0734		0741		0746			0752		0758				0804	
Stratford (SRA)	DLR 7	d	0719	0720	0724		0725		0731		0737	0741		0743	0745		0749	0754		0755
Maryland (MYL)		d	0721				0727		0733		0739			0745			0751			0757
Forest Gate (FOG)		d	0723				0729		0735		0741			0747			0753			0759
Manor Park (MNP)		d	0726				0732		0738		0744			0750			0756			0802
Ilford (IFD)	2	d	0728				0734		0740		0746			0752			0758			0804
Seven Kings (SVK)		d	0731				0737		0743		0749			0755			0801			0807
Goodmayes (GMY)		d	0733				0739		0745		0751			0757			0803			0809
Chadwell Heath (CTH)		d	0735				0741		0747		0753			0759			0805			0811
Romford (RMF)		d	0739				0745		0751		0757			0803			0809			0815
Gidea Park (GDP)	2	d	0742				0748		0754		0800			0806			0813			0818
Harold Wood (HRO)		d	0745				0751		0757		0803			0809			0816			0821
Brentwood (BRE)		d	0749				0755		0801		0807			0813			0820			0825
Shenfield (SNF)	3	a	0758	0735	0740		0803		0809		0815	0756		0821	0800		0826	0810		0831

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Clacton-on-Sea
- B To Southend Victoria
- C To Braintree
- G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE B	XR	XR	LE F	XR	XR	XR	XR	XR	XR	LE B	LE A	XR	XR	XR	XR
Reading (RDG)	7 d	0644		0654														0714
Twyford (TWY)	3 d	0649		0659														0719
Maidenhead (MAI)	3 d	0657		0706								0713						0726
Taplow (TAP)	d	0700										0716						0729
Burnham (BNM)	d	0703		0711								0719						0732
Slough (SLO)	3 d	0707		0715								0723						0736
Langley (LNY)	d	0710										0726						0740
Iver (IVR)	d	0713										0729						0742
West Drayton (WDT)	d	0717		0721								0732						0745
Heathrow Terminal 5 (HWV)	← d							0720										
Heathrow Terminal 4 (HAF)	← d					0715								0730				
Heathrow Terminals 2 & 3 (HXX)	← d					0721	0725							0736				
Hayes & Harlington (HAY)	3 d	0721				0727	0732					0737		0742				0750
Southall (STL)	d	0725				0730						0742		0745				0754
Hanwell (HAN)	d					0733								0748				
West Ealing (WEA)	3 d					0735	0739							0750				
Ealing Broadway (EAL)	3 d	0729		0734		0738	0741					0748		0752				0759
Acton Main Line (AML)	d					0740								0755				
London Paddington EL (PAD)	15 d	0738	0741		0743	0746	0748	0751	0753	0756	0758	0801			0803	0806	0808	0811
Bond Street (BDS)	d	0741	0744		0746	0749	0751	0754	0756	0759	0801	0804			0806	0809	0811	0814
Tottenham Court Road (TCR)	d	0744	0746		0749	0751	0754	0756	0759	0801	0804	0806			0809	0811	0814	0816
Farringdon (ZFD)	3 d	0747	0749		0752	0754	0757	0759	0802	0804	0807	0809			0812	0814	0817	0819
London Liverpool Street EL (LST)	4 d	0749	0752		0754	0757	0759	0802	0804	0807	0809	0812			0814	0817	0819	0822
London Liverpool Street (LST)	15 d			0753		0802							0812	0816				
Whitechapel (ZLW)	d	0752	0754		0757	0759		0802	0804	0807	0809	0812	0814					
Canary Wharf (CWX)	DLR d	0756		0801		0806		0811		0816					0821			0826
Custom House (CUS)	d	0759		0804		0809		0814		0819					0824			0829
Woolwich (WWC)	d	0803		0808		0813		0818		0823					0828			0833
Abbey Wood (ABW)	a	0809		0814		0819		0824		0829					0834			0839
Stratford (SRA)	DLR 7 d		0800	0801		0805	0810		0810		0815		0820	0821	0824			0825
Maryland (MYL)	d		0802			0807			0812		0817				0822			0827
Forest Gate (FOG)	d		0804			0809			0814		0819				0824			0829
Manor Park (MNP)	d		0807			0812			0817		0822				0827			0832
Ilford (IFD)	2 d		0809			0814			0819		0824				0829			0834
Seven Kings (SVK)	d		0812			0817			0822		0827				0832			0837
Goodmayes (GMY)	d		0814			0819			0824		0829				0834			0839
Chadwell Heath (CTH)	d		0816			0821			0826		0831				0836			0841
Romford (RMF)	d		0820			0825			0830		0835				0840			0845
Gidea Park (GDP)	2 d		0823			0828			0833		0838				0843			0848
Harold Wood (HRO)	d		0826			0831			0836		0841				0846			0851
Brentwood (BRE)	d		0830			0835			0840		0845				0850			0855
Shenfield (SNF)	3 a		0836	0817		0841	0826		0849		0851			0856	0837	0840		0901

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Clacton-on-Sea
- B To Southend Victoria
- F To Ipswich

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	XR	LE B	LE G	XR	XR	XR	XR	LE C	XR	XR	LE B	XR	XR	XR	XR	
Reading (RDG)	7 d	0724													0745			0754	
Twyford (TWY)	3 d	0729													0750			0759	
Maidenhead (MAI)	3 d	0737								0743					0757			0806	
Taplow (TAP)	d									0746					0800				
Burnham (BNM)	d	0741								0749					0803			0811	
Slough (SLO)	3 d	0745								0753					0807			0815	
Langley (LNY)	d									0756					0811				
Iver (IVR)	d									0759					0813				
West Drayton (WDT)	d	0751								0802					0816			0821	
Heathrow Terminal 5 (HWV)	← d				0750														
Heathrow Terminal 4 (HAF)	← d			0745								0800							
Heathrow Terminals 2 & 3 (HXX)	← d			0751	0755							0806							
Hayes & Harlington (HAY)	3 d			0757	0802					0807					0820				
Southall (STL)	d			0800						0810					0824				
Hanwell (HAN)	d			0803											0818				
West Ealing (WEA)	3 d			0805	0809										0820				
Ealing Broadway (EAL)	← 3 d	0802		0808	0811					0815					0822			0832	
Acton Main Line (AML)	d	0804		0810											0825			0834	
London Paddington EL (PAD)	← 15 d	0813	0816	0818	0821			0823	0826	0828	0831		0833	0836		0838	0841	0843	0846
Bond Street (BDS)	← d	0816	0819	0821	0824			0826	0829	0831	0834		0836	0839		0841	0844	0846	0849
Tottenham Court Road (TCR)	← d	0819	0821	0824	0826			0829	0831	0834	0836		0839	0841		0844	0846	0849	0851
Farringdon (ZFD)	← 3 d	0822	0824	0827	0829			0832	0834	0837	0839		0842	0844		0847	0849	0852	0854
London Liverpool Street EL (LST)	← 4 d	0824	0827	0829	0832			0834	0837	0839	0842		0844	0847		0849	0852	0854	0857
London Liverpool Street (LST)	← 15 d					0833	0836					0846		0853					
Whitechapel (ZLW)	← d	0827	0829	0832	0834			0837	0839	0842	0844		0847	0849		0852	0854	0857	0859
Canary Wharf (CWX)	← d	0831		0836				0841		0846			0851		0856			0901	
Custom House (CUS)	d	0834		0839				0844		0849			0854		0859			0904	
Woolwich (WWC)	d	0838		0843				0848		0853			0858		0904			0909	
Abbey Wood (ABW)	a	0844		0849				0854		0859			0904		0909			0914	
Stratford (SRA)	← 7 d		0835		0840	0841	0844		0845		0850	0854		0855	0900		0900		0905
Maryland (MYL)	d		0837		0842			0847		0852			0857				0902		0907
Forest Gate (FOG)	d		0839		0844			0849		0854			0859				0904		0909
Manor Park (MNP)	d		0842		0847			0852		0857			0902				0907		0912
Ilford (IFD)	2 d		0844		0849			0854		0859			0904				0909		0914
Seven Kings (SVK)	d		0847		0852			0857		0902			0907				0912		0917
Goodmayes (GMY)	d		0849		0854			0859		0904			0909				0914		0919
Chadwell Heath (CTH)	d		0851		0856			0901		0906			0911				0916		0921
Romford (RMF)	d		0855		0900			0905		0910			0915				0920		0925
Gidea Park (GDP)	2 d		0858		0903			0908		0913			0918				0923		0928
Harold Wood (HRO)	d		0901		0906			0911		0916			0921				0926		0931
Brentwood (BRE)	d		0905		0910			0915		0920			0925				0930		0935
Shenfield (SNF)	3 a		0911		0919	0857	0900		0924		0927	0910		0931	0915		0936		0941

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Braintree
- G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE F	XR	XR	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	XR	XR	LE B	LE G	XR
Reading (RDG)	7	d												0813				0824
Twyford (TWY)	3	d												0818				0829
Maidenhead (MAI)	3	d					0813							0825				0836
Taplow (TAP)		d					0816							0828				
Burnham (BNM)		d					0819							0831				0841
Slough (SLO)	3	d					0823							0836				0845
Langley (LNY)		d					0826							0840				
Iver (IVR)		d					0829							0842				
West Drayton (WDT)		d					0832							0845				0851
Heathrow Terminal 5 (HWV)	7	d			0820													
Heathrow Terminal 4 (HAF)	7	d		0815						0830								0845
Heathrow Terminals 2 & 3 (HXX)	7	d		0821	0825					0836								0851
Hayes & Harlington (HAY)	3	d		0827	0832			0837		0842			0850					0857
Southall (STL)		d		0830				0840		0845			0854					0900
Hanwell (HAN)		d		0833						0848								0903
West Ealing (WEA)	3	d		0835	0839					0850								0905
Ealing Broadway (EAL)	3	d		0837	0841			0847		0852			0858			0904		0907
Acton Main Line (AML)		d		0840						0855								0910
London Paddington EL (PAD)	15	d		0848	0851	0853	0856		0858	0901		0903	0906	0909	0912	0915	0918	0921
Bond Street (BDS)		d		0851	0854	0856	0859		0901	0904		0906	0909	0912	0915	0918	0921	0924
Tottenham Court Road (TCR)		d		0854	0856	0859	0901		0904	0906		0909	0911	0914	0917	0920	0923	0926
Farringdon (ZFD)	3	d		0857	0859	0902	0904		0907	0909		0912	0914	0917	0920	0923	0926	0929
London Liverpool Street EL (LST)	4	d		0859	0902	0904	0907		0909	0912		0914	0917	0920	0923	0926	0929	0932
London Liverpool Street (LST)	15	d	0902				0913			0918							0933	0936
Whitechapel (ZLW)		d		0902	0904	0907	0909		0912	0914		0917	0919	0922	0925	0928	0931	0934
Canary Wharf (CWX)	DLR	d		0906		0911			0916			0921		0926		0932		0938
Custom House (CUS)		d		0909		0914			0919			0924		0930		0936		0942
Woolwich (WWC)		d		0913		0918			0923			0928		0934		0940		0946
Abbey Wood (ABW)		a		0919		0924			0929			0934		0940		0946		0952
Stratford (SRA)	DLR 7	d	0909		0910		0915	0920		0920	0925		0925		0931		0937	0940
Maryland (MYL)		d			0912		0917			0922			0927		0933		0939	
Forest Gate (FOG)		d			0914		0919			0924			0929		0935		0941	
Manor Park (MNP)		d			0917		0922			0927			0932		0938		0944	
Ilford (IFD)	2	d			0919		0924			0929			0934		0940		0946	
Seven Kings (SVK)		d			0922		0927			0932			0937		0943		0949	
Goodmayes (GMY)		d			0924		0929			0934			0939		0945		0951	
Chadwell Heath (CTH)		d			0926		0931			0936			0941		0947		0953	
Romford (RMF)		d			0930		0935	0928		0940			0945		0951		0957	0951
Gidea Park (GDP)	2	d			0933		0938			0943			0948		0954		1000	
Harold Wood (HRO)		d			0936		0941			0946			0951		0957		1003	
Brentwood (BRE)		d			0940		0945			0950			0955		1001		1007	
Shenfield (SNF)	3	a	0924		0946		0953	0937		0956	0941		1001		1008		1013	0955
																		1000

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Clacton-on-Sea
B To Southend Victoria
F To Ipswich
G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	LE C	XR	XR	LE B	XR	XR	XR	XR	LE F	XR	XR	XR	XR	LE B	LE A		
Reading (RDG)	7	d						0845								0858				
Twyford (TWY)	3	d						0850								0904				
Maidenhead (MAI)	3	d	0843					0857								0914				
Taplow (TAP)		d	0846					0901								0917				
Burnham (BNM)		d	0849					0904								0920				
Slough (SLO)	3	d	0853					0908								0924				
Langley (LNY)		d	0856					0912								0927				
Iver (IVR)		d	0859					0914								0930				
West Drayton (WDT)		d	0902					0917								0933				
Heathrow Terminal 5 (HWV)	7	d	0850												0920					
Heathrow Terminal 4 (HAF)	7	d			0900								0915							
Heathrow Terminals 2 & 3 (HXX)	7	d	0855		0906								0921	0925						
Hayes & Harlington (HAY)	3	d	0902	0907	0912			0922					0927	0932	0939					
Southall (STL)		d	0910		0915			0925					0930		0942					
Hanwell (HAN)		d			0918								0933							
West Ealing (WEA)	3	d	0909		0920								0935	0939						
Ealing Broadway (EAL)	3	d	0911	0917	0922			0930					0937	0941	0947					
Acton Main Line (AML)		d			0925								0940							
London Paddington EL (PAD)	15	d	0924	0927	0930		0933	0936		0939	0942	0945	0948		0951	0954	0957	1000		
Bond Street (BDS)	15	d	0927	0930	0933		0936	0939		0942	0945	0948	0951		0954	0957	1000	1003		
Tottenham Court Road (TCR)	15	d	0929	0932	0935		0938	0941		0944	0947	0950	0953		0956	0959	1002	1005		
Farringdon (ZFD)	15	d	0932	0935	0938		0941	0944		0947	0950	0953	0956		0959	1002	1005	1008		
London Liverpool Street EL (LST)	15	d	0935	0938	0941		0944	0947		0950	0953	0956	0959		1002	1005	1008	1011		
London Liverpool Street (LST)	15	d			0948		0950						1002					1013	1018	
Whitechapel (ZLW)	15	d	0937	0940	0943		0946	0949		0952	0955	0958	1001		1004	1007	1010	1013		
Canary Wharf (CWX)	DLR	d		0944			0950			0956		1002			1008		1014			
Custom House (CUS)		d		0948			0955			1000		1006			1012		1018			
Woolwich (WWC)		d		0952			1000			1004		1010			1016		1022			
Abbey Wood (ABW)		a		0958			1004			1010		1016			1022		1028			
Stratford (SRA)	DLR 7	d	0943		0949	0955		0955	0958		1001		1007	1009		1013		1019	1020	1025
Maryland (MYL)		d	0945		0951			0957			1003		1009			1015		1021		
Forest Gate (FOG)		d	0947		0953			0959			1005		1011			1017		1023		
Manor Park (MNP)		d	0950		0956			1002			1008		1014			1020		1026		
Ilford (IFD)	2	d	0952		0958			1004			1010		1016			1022		1028		
Seven Kings (SVK)		d	0955		1001			1007			1013		1019			1025		1031		
Goodmayes (GMY)		d	0957		1003			1009			1015		1021			1027		1033		
Chadwell Heath (CTH)		d	0959		1005			1011			1017		1023			1029		1035		
Romford (RMF)		d	1003		1009			1015			1021		1027			1033		1039	1028	
Gidea Park (GDP)	2	d	1006		1012			1018			1024		1030			1036		1042		
Harold Wood (HRO)		d	1009		1015			1021			1027		1033			1039		1045		
Brentwood (BRE)		d	1013		1019			1025			1031		1037			1043		1049		
Shenfield (SNF)	3	a	1019		1025	1011		1031	1014		1037		1046	1024		1049		1055	1039	1041

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Clacton-on-Sea
B To Southend Victoria
C To Braintree
F To Ipswich

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE C	XR	XR	LE B	XR	XR	LE F	XR		
Days of operation/Notes																				
Reading (RDG)	7	d							0928											
Twyford (TWY)	3	d							0933											
Maidenhead (MAI)	3	d							0928						0959					
Taplow (TAP)		d							0931											
Burnham (BNM)		d							0934						1004					
Slough (SLO)	3	d							0938						1008					
Langley (LNY)		d							0942						1012					
Iver (IVR)		d							0944						1014					
West Drayton (WDT)		d							0947						1017					
Heathrow Terminal 5 (HWV)	7	d						0950												
Heathrow Terminal 4 (HAF)	7	d	0930					0945					1000					1015		
Heathrow Terminals 2 & 3 (HXX)	7	d	0936					0951	0955				1006					1021		
Hayes & Harlington (HAY)	3	d	0942					0958	1002				1012			1022		1027		
Southall (STL)		d	0945					1001					1015			1025		1030		
Hanwell (HAN)		d	0948					1004					1018					1033		
West Ealing (WEA)	3	d	0950					1006	1009				1020					1035		
Ealing Broadway (EAL)	3	d	0952					1008	1011				1022			1030		1037		
Acton Main Line (AML)		d	0955					1011					1025					1040		
London Paddington EL (PAD)	15	d	1004	1007	1011	1015		1019	1022			1026	1030		1034	1037		1041	1045	1049
Bond Street (BDS)	15	d	1007	1010	1014	1018		1022	1025			1029	1033		1037	1040		1044	1048	1052
Tottenham Court Road (TCR)	15	d	1009	1012	1016	1020		1024	1027			1031	1035		1039	1042		1046	1050	1054
Farringdon (ZFD)	15	d	1012	1015	1019	1023		1027	1030			1034	1038		1042	1045		1049	1053	1057
London Liverpool Street EL (LST)	15	d	1015	1018	1022	1026		1030	1033			1037	1041		1045	1048		1052	1056	1100
London Liverpool Street (LST)	15	d				1033			1036			1048			1050				1102	
Whitechapel (ZLW)	15	d	1017	1020	1024	1028		1032	1035			1039	1043		1047	1050		1054	1058	1102
Canary Wharf (CWX)	DLR	d	1021		1028			1036				1043			1051			1058		1106
Custom House (CUS)		d	1025		1032			1040				1047			1055			1102		1110
Woolwich (WWC)		d	1030		1037			1045				1052			1100			1107		1115
Abbey Wood (ABW)		a	1035		1042			1050				1057			1105			1112		1120
Stratford (SRA)	DLR 7	d		1026		1034	1040		1041	1043		1049	1055		1056	1058		1104	1109	
Maryland (MYL)		d		1028		1036			1043			1051			1058			1106		
Forest Gate (FOG)		d		1030		1038			1045			1053			1100			1108		
Manor Park (MNP)		d		1033		1041			1048			1056			1103			1111		
Ilford (IFD)	2	d		1035		1043			1050			1058			1105			1113		
Seven Kings (SVK)		d		1038		1046			1053			1101			1108			1116		
Goodmayes (GMY)		d		1040		1048			1055			1103			1110			1118		
Chadwell Heath (CTH)		d		1042		1050			1057			1105			1112			1120		
Romford (RMF)		d		1046		1054			1101	1051		1109			1116			1124		
Gidea Park (GDP)	2	d		1049		1057			1104			1112			1119			1127		
Harold Wood (HRO)		d		1052		1100			1107			1115			1122			1130		
Brentwood (BRE)		d		1056		1104			1111			1119			1126			1134		
Shenfield (SNF)	3	a		1102		1110	1055		1117	1100		1125	1111		1132	1114		1140	1124	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Braintree
- F To Ipswich
- G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator	XR	XR	XR	LE B	LE A	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE C	XR	XR
Days of operation/Notes																		
Reading (RDG)	7 d	0959												1029				
Twyford (TWY)	3 d	1004												1034				
Maidenhead (MAI)	3 d	1011						1030						1041				
Taplow (TAP)	d	1014												1044				
Burnham (BNM)	d	1017						1035						1047				
Slough (SLO)	3 d	1021						1039						1051				
Langley (LNY)	d	1025						1043						1055				
Iver (IVR)	d							1045										
West Drayton (WDT)	d	1030						1048						1100				
Heathrow Terminal 5 (HWV)	← d	1020											1050					
Heathrow Terminal 4 (HAF)	← d					1030							1045					1100
Heathrow Terminals 2 & 3 (HXX)	← d	1025				1036							1051	1055				1106
Hayes & Harlington (HAY)	3 d	1032	1035			1042		1052					1057	1102				1106
Southall (STL)	d		1038			1045		1055					1100					1109
Hanwell (HAN)	d					1048							1103					1116
West Ealing (WEA)	3 d	1039				1050							1105	1109				1119
Ealing Broadway (EAL)	← 3 d	1041	1045			1052		1101					1107	1111				1121
Acton Main Line (AML)	d					1055							1110					1123
London Paddington EL (PAD)	← 15 d	1052	1056	1100		1104	1107	1111	1115		1119	1122		1126	1130			1126
Bond Street (BDS)	← d	1055	1059	1103		1107	1110	1114	1118		1122	1125		1129	1133			1134
Tottenham Court Road (TCR)	← d	1057	1101	1105		1109	1112	1116	1120		1124	1127		1131	1135			1137
Farringdon (ZFD)	← 3 d	1100	1104	1108		1112	1115	1119	1123		1127	1130		1134	1138			1139
London Liverpool Street EL (LST)	← 4 d	1103	1107	1111		1115	1118	1122	1126		1130	1133		1137	1141			1142
London Liverpool Street (LST)	← 15 d				1113	1118				1133			1136			1148		1145
Whitechapel (ZLW)	← d	1105	1109	1113		1117	1120	1124	1128		1132	1135		1139	1143			1148
Canary Wharf (CWX)	← d		1113			1121		1128			1136			1143				1151
Custom House (CUS)	d		1117			1125		1132			1140			1147				1155
Woolwich (WWC)	d		1122			1130		1137			1145			1152				1200
Abbey Wood (ABW)	a		1127			1135		1142			1150			1157				1205
Stratford (SRA)	← 7 d	1111		1119	1120	1125		1126		1134	1140		1141	1143		1149	1155	1156
Maryland (MYL)	d	1113		1121				1128		1136			1143			1151		1158
Forest Gate (FOG)	d	1115		1123				1130		1138			1145			1153		1200
Manor Park (MNP)	d	1118		1126				1133		1141			1148			1156		1203
Ilford (IFD)	2 d	1120		1128				1135		1143			1150			1158		1205
Seven Kings (SVK)	d	1123		1131				1138		1146			1153			1201		1208
Goodmayes (GMY)	d	1125		1133				1140		1148			1155			1203		1210
Chadwell Heath (CTH)	d	1127		1135				1142		1150			1157			1205		1212
Romford (RMF)	d	1131		1139	1128			1146		1154			1201	1151		1209		1216
Gidea Park (GDP)	2 d	1134		1142				1149		1157			1204			1212		1219
Harold Wood (HRO)	d	1137		1145				1152		1200			1207			1215		1222
Brentwood (BRE)	d	1141		1149				1156		1204			1211			1219		1226
Shenfield (SNF)	3 a	1147		1155	1139	1141		1202		1210	1155		1217	1200		1225	1211	1232

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Clacton-on-Sea
- B To Southend Victoria
- C To Braintree
- G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE B	XR	XR	LE F	XR	XR	XR	XR	XR	LE B	LE A	XR	XR	XR	XR	LE B	XR	XR	LE G
Reading (RDG)	7	d						1059											
Twyford (TWY)	3	d						1104											
Maidenhead (MAI)	3	d	1059					1113						1129					
Taplow (TAP)		d						1116											
Burnham (BNM)		d	1103					1119						1133					
Slough (SLO)	3	d	1107					1123						1137					
Langley (LNY)		d	1111					1127						1141					
Iver (IVR)		d	1113											1143					
West Drayton (WDT)		d	1116					1131						1146					
Heathrow Terminal 5 (HWV)	7	d					1120												1150
Heathrow Terminal 4 (HAF)	7	d				1115						1130					1145		
Heathrow Terminals 2 & 3 (HXX)	7	d				1121	1125					1136					1151	1155	
Hayes & Harlington (HAY)	3	d	1121			1127	1132	1135				1142		1150			1158	1202	
Southall (STL)		d	1124			1131		1138				1145		1153			1201		
Hanwell (HAN)		d				1134						1148					1204		
West Ealing (WEA)	3	d				1136	1139					1150					1206	1209	
Ealing Broadway (EAL)	3	d	1128			1138	1141	1144				1152		1158			1208	1211	
Acton Main Line (AML)		d				1141						1155					1211		
London Paddington EL (PAD)	15	d	1141	1145		1149	1152	1156	1200			1204	1207	1211	1215		1219	1222	
Bond Street (BDS)		d	1144	1148		1152	1155	1159	1203			1207	1210	1214	1218		1222	1225	
Tottenham Court Road (TCR)		d	1146	1150		1154	1157	1201	1205			1209	1212	1216	1220		1224	1227	
Farringdon (ZFD)	3	d	1149	1153		1157	1200	1204	1208			1212	1215	1219	1223		1227	1230	
London Liverpool Street EL (LST)	4	d	1152	1156		1200	1203	1207	1211			1215	1218	1222	1226		1230	1233	
London Liverpool Street (LST)	15	d	1150		1202					1213	1218					1233			1236
Whitechapel (ZLW)		d	1154	1158		1202	1205	1209	1213			1217	1220	1224	1228		1232	1235	
Canary Wharf (CWX)	DLR	d	1158			1206		1213				1221		1228			1236		
Custom House (CUS)		d	1202			1210		1217				1225		1232			1240		
Woolwich (WWC)		d	1207			1215		1222				1230		1237			1245		
Abbey Wood (ABW)		a	1212			1220		1227				1235		1242			1250		
Stratford (SRA)	DLR 7	d	1158	1204	1209		1211		1219	1220	1225		1226		1234	1240		1241	1243
Maryland (MYL)		d		1206			1213		1221				1228		1236			1243	
Forest Gate (FOG)		d		1208			1215		1223				1230		1238			1245	
Manor Park (MNP)		d		1211			1218		1226				1233		1241			1248	
Ilford (IFD)	2	d		1213			1221		1228				1235		1243			1250	
Seven Kings (SVK)		d		1216			1224		1231				1238		1246			1253	
Goodmayes (GMY)		d		1218			1226		1233				1240		1248			1255	
Chadwell Heath (CTH)		d		1220			1228		1235				1242		1250			1257	
Romford (RMF)		d		1224			1232		1239	1228			1246		1254			1301	1251
Gidea Park (GDP)	2	d		1227			1234		1242				1249		1257			1304	
Harold Wood (HRO)		d		1230			1237		1245				1252		1300			1307	
Brentwood (BRE)		d		1234			1241		1249				1256		1304			1311	
Shenfield (SNF)	3	a	1215	1240	1224		1247		1255	1239	1241		1302		1310	1255		1317	1300

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Clacton-on-Sea
- B To Southend Victoria
- F To Ipswich
- G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE C	XR	XR	LE B	XR	XR	LE F	XR	XR	XR	XR	LE B	LE A	XR	XR	XR		
Reading (RDG)	7	d																		
Twyford (TWY)	3	d																		
Maidenhead (MAI)	3	d						1159											1229	
Taplow (TAP)		d																		
Burnham (BNM)		d						1204											1233	
Slough (SLO)	3	d						1208											1237	
Langley (LNY)		d						1212											1242	
Iver (IVR)		d						1214											1244	
West Drayton (WDT)		d						1217											1247	
Heathrow Terminal 5 (HWV)	7	d											1220							
Heathrow Terminal 4 (HAF)	7	d			1200					1215						1230				
Heathrow Terminals 2 & 3 (HXX)	7	d			1206					1221	1225					1236				
Hayes & Harlington (HAY)	3	d			1212			1223		1227	1232	1235				1242			1251	
Southall (STL)		d			1215			1227		1230		1239				1245			1254	
Hanwell (HAN)		d			1218					1233						1248				
West Ealing (WEA)	3	d			1220					1235	1238					1251				
Ealing Broadway (EAL)	3	d			1222			1232		1237	1240	1243				1253			1259	
Acton Main Line (AML)		d			1225					1240						1256				
London Paddington EL (PAD)	15	d			1226	1230		1234	1237	1241	1245	1249	1252	1256	1300			1304	1307	1311
Bond Street (BDS)	15	d			1229	1233		1237	1240	1244	1248	1252	1255	1259	1303			1307	1310	1314
Tottenham Court Road (TCR)	15	d			1231	1235		1239	1242	1246	1250	1254	1257	1301	1305			1309	1312	1316
Farringdon (ZFD)	3	d			1234	1238		1242	1245	1249	1253	1257	1300	1304	1308			1312	1315	1319
London Liverpool Street EL (LST)	4	d			1237	1241		1245	1248	1252	1256	1300	1303	1307	1311			1315	1318	1322
London Liverpool Street (LST)	15	d				1248			1250			1302				1313	1318			
Whitechapel (ZLW)	15	d			1239	1243		1247	1250	1254	1258			1302	1305	1309	1313			
Canary Wharf (CWX)	DLR	d			1243			1251		1258				1306		1313				
Custom House (CUS)		d			1247			1255		1302				1310		1317				
Woolwich (WWC)		d			1252			1300		1307				1315		1322				
Abbey Wood (ABW)		a			1257			1305		1312				1320		1327				
Stratford (SRA)	DLR 7	d			1249	1255		1256	1258	1304	1309			1311		1319	1320	1325		1326
Maryland (MYL)		d			1251			1258		1306				1313		1321				1328
Forest Gate (FOG)		d			1253			1300		1308				1315		1323				1330
Manor Park (MNP)		d			1256			1303		1311				1318		1326				1333
Ilford (IFD)	2	d			1258			1305		1313				1320		1328				1335
Seven Kings (SVK)		d			1301			1308		1316				1323		1331				1338
Goodmayes (GMY)		d			1303			1310		1318				1325		1333				1340
Chadwell Heath (CTH)		d			1305			1312		1320				1327		1335				1342
Romford (RMF)		d			1309			1316		1324				1331		1339	1328			1346
Gidea Park (GDP)	2	d			1312			1319		1327				1334		1342				1349
Harold Wood (HRO)		d			1315			1322		1330				1337		1345				1352
Brentwood (BRE)		d			1319			1326		1334				1341		1349				1356
Shenfield (SNF)	3	a			1325	1312		1332	1314	1340	1324			1347		1355	1339	1341		1402

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Clacton-on-Sea
- B To Southend Victoria
- C To Braintree
- F To Ipswich

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	LE B	XR	XR	LE G	XR	XR	LE C	XR	XR	LE B	XR	XR	LE F	XR	XR	XR	XR		
Reading (RDG)	7	d				1229												1259		
Twyford (TWY)	3	d				1234												1304		
Maidenhead (MAI)	3	d				1241						1259						1311		
Taplow (TAP)		d				1244												1314		
Burnham (BNM)		d				1247						1304						1317		
Slough (SLO)	3	d				1251						1308						1321		
Langley (LNY)		d				1255						1312						1325		
Iver (IVR)		d										1314								
West Drayton (WDT)		d				1259						1317						1330		
Heathrow Terminal 5 (HWV)	←	d			1250												1320			
Heathrow Terminal 4 (HAF)	←	d		1245					1300							1315				
Heathrow Terminals 2 & 3 (HXX)	←	d		1251	1255				1306							1321	1325			
Hayes & Harlington (HAY)	3	d		1257	1302		1305		1312			1323			1327	1332	1335			
Southall (STL)		d		1300			1309		1315			1326			1331		1339			
Hanwell (HAN)		d		1303					1318						1334					
West Ealing (WEA)	3	d		1305	1309				1320						1336	1339				
Ealing Broadway (EAL)	←	d		1307	1311		1315		1323			1331			1338	1341	1345			
Acton Main Line (AML)		d		1310					1325						1341					
London Paddington EL (PAD)	←	d	1315		1319	1322		1326	1330		1334	1337		1341	1345		1349	1352	1356	1400
Bond Street (BDS)	←	d	1318		1322	1325		1329	1333		1337	1340		1344	1348		1352	1355	1359	1403
Tottenham Court Road (TCR)	←	d	1320		1324	1327		1331	1335		1339	1342		1346	1350		1354	1357	1401	1405
Farringdon (ZFD)	←	d	1323		1327	1330		1334	1338		1342	1345		1349	1353		1357	1400	1404	1408
London Liverpool Street EL (LST)	←	d	1326		1330	1333		1337	1341		1345	1348		1352	1356		1400	1403	1407	1411
London Liverpool Street (LST)	←	d		1333		1336		1348			1350			1402						
Whitechapel (ZLW)	←	d	1328		1332	1335		1339	1343		1347	1350		1354	1358		1402	1405	1409	1413
Canary Wharf (CWX)	DLR	d			1336		1343		1351					1358			1406		1413	
Custom House (CUS)		d			1340		1347		1355					1402			1410		1417	
Woolwich (WWC)		d			1345		1352		1400					1407			1415		1422	
Abbey Wood (ABW)		a			1350		1357		1405					1412			1420		1427	
Stratford (SRA)	←	d	1334	1340		1341	1343		1349	1355		1356	1358		1404	1409		1411		1419
Maryland (MYL)		d	1336			1343			1351			1358			1406			1413		1421
Forest Gate (FOG)		d	1338			1345			1353			1400			1408			1415		1423
Manor Park (MNP)		d	1341			1348			1356			1403			1411			1418		1426
Ilford (IFD)	2	d	1343			1350			1358			1405			1413			1420		1428
Seven Kings (SVK)		d	1346			1353			1401			1408			1416			1423		1431
Goodmayes (GMY)		d	1348			1355			1403			1410			1418			1425		1433
Chadwell Heath (CTH)		d	1350			1357			1405			1412			1420			1427		1435
Romford (RMF)		d	1354			1401	1351		1409			1416			1424			1431		1439
Gidea Park (GDP)	2	d	1357			1404			1412			1419			1427			1434		1442
Harold Wood (HRO)		d	1400			1407			1415			1422			1430			1437		1445
Brentwood (BRE)		d	1404			1411			1419			1426			1434			1441		1449
Shenfield (SNF)	3	a	1410	1355		1417	1400		1425	1411		1432	1414		1440	1424		1447		1455

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
C To Braintree
F To Ipswich
G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE B	LE A	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE C	XR	XR	LE B	XR	XR
Reading (RDG)	7	d									1329							
Twyford (TWY)	3	d									1334							
Maidenhead (MAI)	3	d				1330					1341						1359	
Taplow (TAP)		d									1344							
Burnham (BNM)		d				1334					1347						1403	
Slough (SLO)	3	d				1339					1351						1407	
Langley (LNY)		d				1343					1355						1411	
Iver (IVR)		d				1345											1413	
West Drayton (WDT)		d				1348					1359						1416	
Heathrow Terminal 5 (HWV)	7	d								1350								
Heathrow Terminal 4 (HAF)	7	d		1330				1345						1400				
Heathrow Terminals 2 & 3 (HXX)	7	d		1336				1351	1355					1406				
Hayes & Harlington (HAY)	3	d		1342		1354		1357	1402		1405			1412			1420	
Southall (STL)		d		1345		1357		1400			1409			1415			1423	
Hanwell (HAN)		d		1348				1404						1418				
West Ealing (WEA)	3	d		1350				1406	1409					1421				
Ealing Broadway (EAL)	3	d		1352		1402		1408	1411		1414			1423			1429	
Acton Main Line (AML)		d		1355				1411						1426				
London Paddington EL (PAD)	15	d		1404	1407	1411	1415		1419	1422		1426	1430	1434	1437		1441	1445
Bond Street (BDS)		d		1407	1410	1414	1418		1422	1425		1429	1433	1437	1440		1444	1448
Tottenham Court Road (TCR)		d		1409	1412	1416	1420		1424	1427		1431	1435	1439	1442		1446	1450
Farringdon (ZFD)	3	d		1412	1415	1419	1423		1427	1430		1434	1438	1442	1445		1449	1453
London Liverpool Street EL (LST)	4	d		1415	1418	1422	1426		1430	1433		1437	1441	1445	1448		1452	1456
London Liverpool Street (LST)	15	d	1413	1418			1433			1436			1448			1450		
Whitechapel (ZLW)		d		1417	1420	1424	1428		1432	1435		1439	1443			1447	1450	1454
Canary Wharf (CWX)	DLR	d		1421		1428			1436			1443			1451		1458	
Custom House (CUS)		d		1425		1432			1440			1447			1455		1502	
Woolwich (WWC)		d		1430		1437			1445			1452			1500		1507	
Abbey Wood (ABW)		a		1435		1442			1450			1457			1505		1512	
Stratford (SRA)	DLR 7	d	1420	1425		1426		1434	1440		1441	1443		1449	1455		1456	1458
Maryland (MYL)		d				1428		1436			1443			1451			1458	1506
Forest Gate (FOG)		d				1430		1438			1445			1453			1500	1508
Manor Park (MNP)		d				1433		1441			1448			1456			1503	1511
Ilford (IFD)	2	d				1435		1443			1451			1458			1505	1513
Seven Kings (SVK)		d				1438		1446			1454			1501			1508	1516
Goodmayes (GMY)		d				1440		1448			1456			1503			1510	1518
Chadwell Heath (CTH)		d				1442		1450			1458			1505			1512	1520
Romford (RMF)		d	1428			1446		1454			1502	1451		1509			1516	1524
Gidea Park (GDP)	2	d				1449		1457			1504			1512			1519	1527
Harold Wood (HRO)		d				1452		1500			1507			1515			1522	1530
Brentwood (BRE)		d				1456		1504			1511			1519			1526	1534
Shenfield (SNF)	3	a	1439	1441		1502		1510	1455		1517	1500		1525	1511		1532	1514

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Clacton-on-Sea
B To Southend Victoria
C To Braintree
G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE F	XR	XR	XR	XR	LE B	LE A	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE C	
Reading (RDG)	7	d			1359													1429	
Twyford (TWY)	3	d			1404													1434	
Maidenhead (MAI)	3	d			1411						1429							1441	
Taplow (TAP)		d			1414													1444	
Burnham (BNM)		d			1417						1434							1447	
Slough (SLO)	3	d			1421						1438							1451	
Langley (LNY)		d			1425						1442							1455	
Iver (IVR)		d									1444								
West Drayton (WDT)		d			1430						1447							1459	
Heathrow Terminal 5 (HWV)	7	d		1420											1450				
Heathrow Terminal 4 (HAF)	7	d		1415					1430					1445					
Heathrow Terminals 2 & 3 (HXX)	7	d		1421	1425				1436					1451	1455				
Hayes & Harlington (HAY)	3	d		1427	1432	1435			1442		1452			1457	1502			1505	
Southall (STL)		d		1430		1439			1445		1455			1500				1508	
Hanwell (HAN)		d		1433					1448					1503					
West Ealing (WEA)	3	d		1435	1439				1450					1505	1509				
Ealing Broadway (EAL)	3	d		1437	1441	1445			1453		1459			1507	1511			1515	
Acton Main Line (AML)		d		1440					1455					1510					
London Paddington EL (PAD)	15	d		1449	1452	1456	1500		1504	1507	1511	1515		1519	1522		1526	1530	
Bond Street (BDS)	15	d		1452	1455	1459	1503		1507	1510	1514	1518		1522	1525		1529	1533	
Tottenham Court Road (TCR)	15	d		1454	1457	1501	1505		1509	1512	1516	1520		1524	1527		1531	1535	
Farringdon (ZFD)	3	d		1457	1500	1504	1508		1512	1515	1519	1523		1527	1530		1534	1538	
London Liverpool Street EL (LST)	4	d		1500	1503	1507	1511		1515	1518	1522	1526		1530	1533		1537	1541	
London Liverpool Street (LST)	15	d	1502				1513	1518				1533			1536			1548	
Whitechapel (ZLW)	15	d		1502	1505	1509	1513		1517	1520	1524	1528		1532	1535		1539	1543	
Canary Wharf (CWX)	DLR	d		1506		1513			1521		1528			1536			1543		
Custom House (CUS)		d		1510		1517			1525		1532			1540			1547		
Woolwich (WWC)		d		1515		1522			1530		1537			1545			1552		
Abbey Wood (ABW)		a		1520		1527			1535		1542			1550			1557		
Stratford (SRA)	DLR 7	d	1509		1511		1519	1520	1525		1526		1534	1540		1541	1543	1549	1555
Maryland (MYL)		d			1513		1521				1528		1536			1543		1551	
Forest Gate (FOG)		d			1515		1523				1530		1538			1545		1553	
Manor Park (MNP)		d			1518		1526				1533		1541			1548		1556	
Ilford (IFD)	2	d			1521		1528				1535		1543			1550		1558	
Seven Kings (SVK)		d			1524		1531				1538		1546			1553		1601	
Goodmayes (GMY)		d			1526		1533				1540		1548			1555		1603	
Chadwell Heath (CTH)		d			1528		1535				1542		1550			1557		1605	
Romford (RMF)		d			1532		1539	1528			1546		1554			1601	1551	1609	
Gidea Park (GDP)	2	d			1534		1542				1549		1557			1604		1612	
Harold Wood (HRO)		d			1537		1545				1552		1600			1607		1615	
Brentwood (BRE)		d			1541		1549				1556		1604			1611		1619	
Shenfield (SNF)	3	a	1524		1548		1555	1539	1541		1602		1611	1555		1618	1600	1625	1611

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Clacton-on-Sea
B To Southend Victoria
C To Braintree
F To Ipswich
G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator	XR	XR	LE B	XR	XR	LE F	XR	XR	LE B	XR	XR	XR	LE H	XR	XR	XR	XR	LE B			
Days of operation/Notes																					
Reading (RDG) 7 d																					
Twyford (TWY) 3 d																					
Maidenhead (MAI) 3 d				1459													1529				
Taplow (TAP) d																					
Burnham (BNM) d				1504													1534				
Slough (SLO) 3 d				1508													1538				
Langley (LNY) d				1512													1542				
Iver (IVR) d				1514													1544				
West Drayton (WDT) d				1517													1547				
Heathrow Terminal 5 (HWV) 7 d								1520													
Heathrow Terminal 4 (HAF) 7 d	1500						1515							1530							
Heathrow Terminals 2 & 3 (HXX) 7 d	1506						1521	1525						1536							
Hayes & Harlington (HAY) 3 d	1512			1522			1527	1532						1542			1552				
Southall (STL) d	1515			1525			1530							1545			1555				
Hanwell (HAN) d	1518						1533							1548							
West Ealing (WEA) 3 d	1520						1535	1539						1550							
Ealing Broadway (EAL) 3 d	1523			1530			1537	1541						1552			1600				
Acton Main Line (AML) d	1525						1540							1555							
London Paddington EL (PAD) 15 d	1534	1537		1541	1545		1549	1552						1600			1603	1606	1609	1612	
Bond Street (BDS) 15 d	1537	1540		1544	1548		1552	1555						1603			1606	1609	1612	1615	
Tottenham Court Road (TCR) 15 d	1539	1542		1546	1550		1554	1557						1605			1608	1611	1614	1617	
Farringdon (ZFD) 15 d	1542	1545		1549	1553		1557	1600						1608			1611	1614	1617	1620	
London Liverpool Street EL (LST) 4 d	1545	1548		1552	1556		1600	1603						1611			1614	1617	1620	1623	
London Liverpool Street (LST) 15 d			1550			1602			1608					1610			1614				
Whitechapel (ZLW) 15 d	1547	1550		1554	1558		1602	1605						1609			1613				
Canary Wharf (CWX) DLR d	1551			1558			1606							1613			1620				
Custom House (CUS) d	1555			1602			1611							1617			1624			1630	
Woolwich (WWC) d	1600			1607			1616							1622			1628			1634	
Abbey Wood (ABW) a	1605			1612			1620							1627			1634			1640	
Stratford (SRA) DLR 7 d		1556	1558		1604	1610		1611	1617					1617	1621	1622			1626	1631	1632
Maryland (MYL) d		1558			1606			1613						1619	1623				1628	1633	
Forest Gate (FOG) d		1600			1608			1615						1621	1625				1630	1635	
Manor Park (MNP) d		1603			1611			1618						1624	1628				1633	1638	
Ilford (IFD) 2 d		1605			1613			1620						1626	1630				1636	1640	
Seven Kings (SVK) d		1608			1616			1623						1629	1633				1639	1643	
Goodmayes (GMY) d		1610			1618			1625						1631	1635				1641	1645	
Chadwell Heath (CTH) d		1612			1620			1627						1633	1637				1643	1647	
Romford (RMF) d		1616			1624			1631						1637	1641				1647	1651	
Gidea Park (GDP) 2 d		1619			1627			1634						1641a	1645				1649	1654	
Harold Wood (HRO) d		1622			1630			1637						1648					1652	1657	
Brentwood (BRE) d		1626			1634			1641						1652					1656	1701	
Shenfield (SNF) 3 a		1633	1614		1641	1625		1648	1632					1658	1637				1703	1708	1647

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

B To Southend Victoria
F To Ipswich
H To Clacton-on-Sea/Walton-on-the-Naze

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator	XR	XR	LE	XR	XR	LE	XR	XR	LE	XR	XR	XR	XR	XR	LE	XR	XR	XR		
Days of operation/Notes			C			B			J						B					
Reading (RDG)	7	d					1529													
Twyford (TWY)	3	d					1534													
Maidenhead (MAI)	3	d					1541						1601							
Taplow (TAP)		d					1544													
Burnham (BNM)		d					1547							1605						
Slough (SLO)	3	d					1551							1609						
Langley (LNY)		d					1555							1613						
Iver (IVR)		d												1615						
West Drayton (WDT)		d					1600							1618						
Heathrow Terminal 5 (HWV)	⊖←	d				1550														
Heathrow Terminal 4 (HAF)	⊖←	d		1545							1600							1615		
Heathrow Terminals 2 & 3 (HXX)	⊖←	d		1551	1555						1606							1621		
Hayes & Harlington (HAY)	3	d		1557	1602		1605				1612		1622					1627		
Southall (STL)		d		1600			1608				1615		1625					1630		
Hanwell (HAN)		d		1603							1618							1633		
West Ealing (WEA)	3	d		1605	1608						1620							1635		
Ealing Broadway (EAL)	⊖3	d		1607	1610		1614				1622		1629					1637		
Acton Main Line (AML)		d		1610							1625							1640		
London Paddington EL (PAD)	⊖15	d	1615	1618		1621	1624			1627		1630	1633	1636	1639	1642		1645	1648	1650
Bond Street (BDS)	⊖	d	1618	1621		1624	1627			1630		1633	1636	1639	1642	1645		1648	1651	1653
Tottenham Court Road (TCR)	⊖	d	1620	1623		1626	1629			1632		1635	1638	1641	1644	1647		1650	1653	1656
Farringdon (ZFD)	⊖3	d	1623	1626		1629	1632			1635		1638	1641	1644	1647	1650		1653	1656	1659
London Liverpool Street EL (LST)	⊖4	d	1626	1629		1632	1635			1638		1641	1644	1647	1650	1653		1656	1659	1701
London Liverpool Street (LST)	⊖15	d		1635		1639		1640	1642						1654					
Whitechapel (ZLW)	⊖	d	1628	1631		1634	1637			1640		1643	1646	1649	1652	1655		1658	1701	1704
Canary Wharf (CWX)	DLR	d	1632			1638				1644		1647	1650	1653				1702		1708
Custom House (CUS)		d	1636			1643				1649		1652	1700					1706		1711
Woolwich (WWC)		d	1640			1649				1654		1657	1704					1710		1715
Abbey Wood (ABW)	a	d	1646			1653				1658		1701	1710					1716		1721
Stratford (SRA)	⊖DLR 7	d		1637	1643		1643	1647		1647	1650	1651		1655		1701	1702			1707
Maryland (MYL)		d		1639			1645			1649		1653		1657		1703				1709
Forest Gate (FOG)		d		1641			1647			1651		1655		1659		1705				1711
Manor Park (MNP)		d		1644			1650			1654		1658		1702		1708				1714
Ilford (IFD)	2	d		1646			1652			1656		1700		1704		1710				1716
Seven Kings (SVK)		d		1649			1655			1659		1703		1707		1713				1719
Goodmayes (GMY)		d		1651			1657			1701		1705		1709		1715				1721
Chadwell Heath (CTH)		d		1653			1659			1703		1707		1711		1717				1723
Romford (RMF)		d		1657			1703			1707		1711		1715		1721				1727
Gidea Park (GDP)	2	d		1700			1706			1711a		1715		1719		1724				1730
Harold Wood (HRO)		d		1703			1709			1718		1722		1726		1732				1738
Brentwood (BRE)		d		1707			1713			1722		1726		1730		1736				1742
Shenfield (SNF)	3	a		1713	1658		1719	1702		1728		1733		1738	1717					1743

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Braintree
- J To Clacton-on-Sea/Harwich Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	LE E	XR	XR	LE B	XR	LE K	XR	XR	XR	XR	LE C	LE B	XR	XR	XR	XR	LE G
Reading (RDG)	7	d	1559											1616				
Twyford (TWY)	3	d	1604											1621				
Maidenhead (MAI)	3	d	1611											1628				
Taplow (TAP)		d	1614											1631				
Burnham (BNM)		d	1617											1634				
Slough (SLO)	3	d	1621											1639				
Langley (LNY)		d	1627											1643				
Iver (IVR)		d	1630											1645				
West Drayton (WDT)		d	1632											1648				
Heathrow Terminal 5 (HWV)	←	d	1620															
Heathrow Terminal 4 (HAF)	←	d								1630								
Heathrow Terminals 2 & 3 (HXX)	←	d	1625							1636								
Hayes & Harlington (HAY)	3	d	1632							1642				1652				
Southall (STL)		d								1645				1655				
Hanwell (HAN)		d								1648								
West Ealing (WEA)	3	d	1639							1650								
Ealing Broadway (EAL)	3	d	1641							1652				1659				
Acton Main Line (AML)		d								1655								
London Paddington EL (PAD)	15	d	1653			1658		1700	1703	1705	1708			1710	1713	1715	1718	
Bond Street (BDS)	15	d	1656			1701		1703	1706	1708	1711			1713	1716	1718	1721	
Tottenham Court Road (TCR)	15	d	1658			1703		1706	1708	1711	1713			1716	1718	1721	1723	
Farringdon (ZFD)	3	d	1701			1706		1709	1711	1714	1716			1719	1721	1724	1726	
London Liverpool Street EL (LST)	4	d	1704			1709		1711	1714	1716	1719			1721	1724	1726	1729	
London Liverpool Street (LST)	15	d		1706		1709	1709	1714				1720	1723					1732
Whitechapel (ZLW)	15	d	1706			1709		1711						1724	1726	1729	1731	
Canary Wharf (CWX)	DLR	d							1718	1723				1728		1733		
Custom House (CUS)		d							1721	1726				1731		1736		
Woolwich (WWC)		d							1725	1730				1735		1740		
Abbey Wood (ABW)		a							1731	1736				1741		1746		
Stratford (SRA)	DLR 7	d	1712	1714		1716	1717	1720	1722		1724		1728	1729	1732		1737	1741
Maryland (MYL)		d	1714			1718		1722			1726		1730		1734		1739	
Forest Gate (FOG)		d	1716			1720		1724			1728		1732		1736		1741	
Manor Park (MNP)		d	1719			1723		1727			1731		1735		1739		1744	
Ilford (IFD)	2	d	1721			1725		1729			1733		1737		1741		1746	
Seven Kings (SVK)		d	1724			1728		1732			1736		1740		1744		1749	
Goodmayes (GMY)		d	1726			1730		1734			1738		1742		1746		1751	
Chadwell Heath (CTH)		d	1728			1732		1736			1740		1744		1748		1753	
Romford (RMF)		d	1732			1736		1740			1744		1748		1752		1757	
Gidea Park (GDP)	2	d	1735			1740a		1744			1748		1752		1756		1800	
Harold Wood (HRO)		d	1738					1747			1751		1755		1759		1803	
Brentwood (BRE)		d	1742					1751			1755		1759		1803		1807	
Shenfield (SNF)	3	a	1749	1729			1732	1756	1737		1801		1806	1744	1748		1815	1756

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Braintree
- E To Witham
- G To Colchester Town
- K To Southminster

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator	XR	XR	LE B	XR	XR	XR	LE B	XR	XR	XR	XR	LE E	LE B	XR	XR	LE K	XR	XR	
Days of operation/Notes																			
Reading (RDG)	7	d		1631										1647					
Twyford (TWY)	3	d		1636										1652					
Maidenhead (MAI)	3	d		1643										1659					
Taplow (TAP)		d		1646										1702					
Burnham (BNM)		d		1649										1705					
Slough (SLO)	3	d		1653										1709					
Langley (LNY)		d		1658										1713					
Iver (IVR)		d		1700										1715					
West Drayton (WDT)		d		1703										1718					
Heathrow Terminal 5 (HWV)	7	d	1650																
Heathrow Terminal 4 (HAF)	7	d	1645							1700									
Heathrow Terminals 2 & 3 (HXX)	7	d	1651	1655						1706									
Hayes & Harlington (HAY)	3	d	1659	1702			1708			1712				1723					
Southall (STL)		d	1702				1711			1715				1726					
Hanwell (HAN)		d	1705							1718									
West Ealing (WEA)	3	d	1707	1710						1720									
Ealing Broadway (EAL)	3	d	1709	1712			1716			1722				1730					
Acton Main Line (AML)		d	1712							1725									
London Paddington EL (PAD)	15	d	1720	1723		1725		1728		1730	1733	1735	1738		1740	1743		1745	1748
Bond Street (BDS)	15	d	1723	1726		1728		1731		1733	1736	1738	1741		1743	1746		1748	1751
Tottenham Court Road (TCR)	15	d	1726	1728		1731		1733		1736	1738	1741	1743		1746	1748		1751	1753
Farringdon (ZFD)	3	d	1729	1731		1734		1736		1739	1741	1744	1746		1749	1751		1754	1756
London Liverpool Street EL (LST)	4	d	1731	1734		1736		1739		1741	1744	1746	1749		1751	1754		1756	1759
London Liverpool Street (LST)	15	d			1736		1739		1745				1750	1752			1756		
Whitechapel (ZLW)	15	d	1734	1736		1739		1741		1744	1746	1749	1751		1754	1756		1759	1801
Canary Wharf (CWX)	DLR	d	1738			1743				1748		1753			1758			1803	
Custom House (CUS)		d	1741			1746				1751		1756			1801			1806	
Woolwich (WWC)		d	1745			1750				1755		1800			1805			1810	
Abbey Wood (ABW)		a	1751			1756				1801		1806			1811			1816	
Stratford (SRA)	DLR 7	d		1742	1744		1746	1750	1753		1754		1758	1759	1801		1802	1804	1807
Maryland (MYL)		d		1744			1748	1752			1756		1800				1804		1809
Forest Gate (FOG)		d		1746			1750	1754			1758		1802				1806		1811
Manor Park (MNP)		d		1749			1753	1757			1801		1805				1809		1814
Ilford (IFD)	2	d		1751			1755	1759			1803		1807				1811		1816
Seven Kings (SVK)		d		1754			1758	1802			1806		1810				1814		1819
Goodmayes (GMY)		d		1756			1800	1804			1808		1812				1816		1821
Chadwell Heath (CTH)		d		1758			1802	1806			1810		1814				1818		1823
Romford (RMF)		d		1802			1806	1810			1814		1818				1822		1827
Gidea Park (GDP)	2	d		1805			1810a	1814			1818		1822				1826		1830
Harold Wood (HRO)		d		1808				1817			1821		1825				1829		1833
Brentwood (BRE)		d		1812				1821			1825		1829				1833		1837
Shenfield (SNF)	3	a		1819	1759			1826	1808		1831		1836	1814	1817		1841	1820	1843

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- E To Witham
- K To Southminster

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE F	XR	XR	LE B	XR	XR	XR	XR	XR	XR	XR	XR	LE E	LE B	XR	XR	XR	XR	LE G	
Reading (RDG)	7	d			1701										1715					
Twyford (TWY)	3	d			1707										1720					
Maidenhead (MAI)	3	d			1714										1728					
Taplow (TAP)		d			1717										1731					
Burnham (BNM)		d			1720										1734					
Slough (SLO)	3	d			1724										1738					
Langley (LNY)		d			1728										1741					
Iver (IVR)		d			1730										1744					
West Drayton (WDT)		d			1733										1746					
Heathrow Terminal 5 (HWV)	7	d		1720																
Heathrow Terminal 4 (HAF)	7	d	1715							1730										
Heathrow Terminals 2 & 3 (HXX)	7	d	1721	1725						1736										
Hayes & Harlington (HAY)	3	d	1727	1734		1738				1742				1751						
Southall (STL)		d	1730			1741				1745				1755						
Hanwell (HAN)		d	1733							1748										
West Ealing (WEA)	3	d	1735	1740						1750										
Ealing Broadway (EAL)	3	d	1737	1743		1746				1752				1800						
Acton Main Line (AML)		d	1740							1755										
London Paddington EL (PAD)	15	d	1750	1753		1755		1758	1800	1803	1805	1808			1810	1813	1815	1818		
Bond Street (BDS)		d	1753	1756		1758		1801	1803	1806	1808	1811			1813	1816	1818	1821		
Tottenham Court Road (TCR)		d	1756	1758		1801		1803	1806	1808	1811	1813			1816	1818	1821	1823		
Farringdon (ZFD)	3	d	1759	1801		1804		1806	1809	1811	1814	1816			1819	1821	1824	1826		
London Liverpool Street EL (LST)	4	d	1801	1804		1806		1809	1811	1814	1816	1819			1821	1824	1826	1829		
London Liverpool Street (LST)	15	d	1802		1807		1809						1820	1822					1832	
Whitechapel (ZLW)		d	1804	1806		1809		1811	1814	1816	1819	1821			1824	1826	1829	1831		
Canary Wharf (CWX)	DLR	d	1808			1813		1818		1823					1828		1833			
Custom House (CUS)		d	1811			1816		1821		1826					1831		1837			
Woolwich (WWC)		d	1815			1820		1825		1830					1835		1841			
Abbey Wood (ABW)		a	1821			1826		1831		1836					1841		1846			
Stratford (SRA)	DLR 7	d	1811		1812	1815		1816	1820		1824		1828	1829	1831		1832		1837	1841
Maryland (MYL)		d			1814			1818	1822		1826		1830				1834		1839	
Forest Gate (FOG)		d			1816			1820	1824		1828		1832				1836		1841	
Manor Park (MNP)		d			1819			1823	1827		1831		1835				1839		1844	
Ilford (IFD)	2	d			1821			1825	1829		1833		1837				1841		1846	
Seven Kings (SVK)		d			1824			1828	1832		1836		1840				1844		1849	
Goodmayes (GMY)		d			1826			1830	1834		1838		1842				1846		1851	
Chadwell Heath (CTH)		d			1828			1832	1836		1840		1844				1848		1853	
Romford (RMF)		d			1832			1836	1840		1844		1848				1852		1857	
Gidea Park (GDP)	2	d			1835		1840a	1844		1848		1852					1856		1900	
Harold Wood (HRO)		d			1838			1847		1851		1855					1859		1903	
Brentwood (BRE)		d			1842			1851		1855		1859					1903		1907	
Shenfield (SNF)	3	a	1826		1849	1830		1856		1901		1906	1844	1847		1910		1914	1857	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- E To Witham
- F To Ipswich
- G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE B	XR	XR	XR	XR	XR	LE C	LE B	XR	XR	XR	XR	LE F	XR	XR	XR		
Reading (RDG)	7	d		1732							1746							1759		
Twyford (TWY)	3	d		1737							1751							1804		
Maidenhead (MAI)	3	d		1744							1758							1811		
Taplow (TAP)		d		1747							1801							1814		
Burnham (BNM)		d		1750							1804							1817		
Slough (SLO)	3	d		1754							1808							1821		
Langley (LNY)		d		1758							1812							1825		
Iver (IVR)		d		1800							1814							1827		
West Drayton (WDT)		d		1803							1817							1830		
Heathrow Terminal 5 (HWV)	⊖←	d		1750													1820			
Heathrow Terminal 4 (HAF)	⊖←	d	1745					1800								1815				
Heathrow Terminals 2 & 3 (HXX)	⊖←	d	1751	1755				1806								1821	1825			
Hayes & Harlington (HAY)	3	d	1758	1802			1809	1812			1822					1828	1832	1835		
Southall (STL)		d	1801				1812	1815			1825					1831		1838		
Hanwell (HAN)		d	1804					1818								1834				
West Ealing (WEA)	3	d	1806	1809				1820								1836	1839			
Ealing Broadway (EAL)	⊖3	d	1808	1811			1818	1822			1830					1838	1841	1845		
Acton Main Line (AML)		d	1811					1825								1841				
London Paddington EL (PAD)	⊖15	d	1821	1824			1827	1830	1833	1836			1839	1842	1845	1848		1851	1854	1857
Bond Street (BDS)	⊖	d	1824	1827			1830	1833	1836	1839			1842	1845	1848	1851		1854	1857	1900
Tottenham Court Road (TCR)	⊖	d	1826	1829			1832	1835	1838	1841			1844	1847	1850	1853		1856	1859	1902
Farringdon (ZFD)	⊖3	d	1829	1832			1835	1838	1841	1844			1847	1850	1853	1856		1859	1902	1905
London Liverpool Street EL (LST)	⊖4	d	1832	1835			1838	1841	1844	1847			1850	1853	1856	1859		1902	1905	1908
London Liverpool Street (LST)	⊖15	d		1837		1840		1843	1846	1849	1848	1851			1902					
Whitechapel (ZLW)	⊖	d	1834	1837		1840		1843	1846	1849			1852	1855	1858	1901		1904	1907	1910
Canary Wharf (CWX)	DLR	d	1838			1844		1850					1856	1902				1908	1914	
Custom House (CUS)		d	1842			1848		1854					1900	1906				1912	1918	
Woolwich (WWC)		d	1846			1852		1858					1904	1910				1916	1922	
Abbey Wood (ABW)	a	1852		1858			1904						1910	1916				1922	1928	
Stratford (SRA)	⊖DLR 7	d	1843	1845		1847	1851		1855	1856	1900		1901		1907	1909		1913		
Maryland (MYL)		d	1845			1849	1853		1857				1903		1909			1915		
Forest Gate (FOG)		d	1847			1851	1855		1859				1905		1911			1917		
Manor Park (MNP)		d	1850			1854	1858		1902				1908		1914			1920		
Ilford (IFD)	2	d	1852			1856	1900		1904				1910		1916			1922		
Seven Kings (SVK)		d	1855			1859	1903		1907				1913		1919			1925		
Goodmayes (GMY)		d	1857			1901	1905		1909				1915		1921			1927		
Chadwell Heath (CTH)		d	1859			1903	1907		1911				1917		1923			1929		
Romford (RMF)		d	1903			1907	1911		1915				1921		1927			1933		
Gidea Park (GDP)	2	d	1906			1911a	1915		1919				1924		1930			1936		
Harold Wood (HRO)		d	1909			1918			1922				1927		1933			1939		
Brentwood (BRE)		d	1913			1922			1926				1931		1937			1943		
Shenfield (SNF)	3 a		1919	1900		1928			1932	1911	1915		1938		1946	1924		1949		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Braintree
- F To Ipswich

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	LE B	LE A	XR	XR	XR	XR	XR	XR	XR	LE B	LE L	XR	XR	XR	XR	LE C	XR	XR	
Reading (RDG)	7	d								1815										1828
Twyford (TWY)	3	d								1820										1834
Maidenhead (MAI)	3	d								1827										1841
Taplow (TAP)		d								1830										1844
Burnham (BNM)		d								1833										1847
Slough (SLO)	3	d								1837										1851
Langley (LNY)		d								1841										1855
Iver (IVR)		d								1843										1857
West Drayton (WDT)		d								1846										1900
Heathrow Terminal 5 (HWV)	7	d														1850				
Heathrow Terminal 4 (HAF)	7	d				1830							1845							1900
Heathrow Terminals 2 & 3 (HXX)	7	d				1836							1851	1855						1906
Hayes & Harlington (HAY)	3	d				1842		1851					1857	1902	1905					1912
Southall (STL)		d				1845		1855					1900		1908					1915
Hanwell (HAN)		d				1848							1903							1918
West Ealing (WEA)	3	d				1850							1905	1909						1920
Ealing Broadway (EAL)	3	d				1852		1900					1908	1911	1915					1922
Acton Main Line (AML)		d				1855							1910							1925
London Paddington EL (PAD)	15	d	1900			1903	1906	1909	1912	1915	1918			1921	1924	1927	1930		1934	1937
Bond Street (BDS)	15	d	1903			1906	1909	1912	1915	1918	1921			1924	1927	1930	1933		1937	1940
Tottenham Court Road (TCR)	15	d	1905			1908	1911	1914	1917	1920	1923			1926	1929	1932	1935		1939	1942
Farringdon (ZFD)	3	d	1908			1911	1914	1917	1920	1923	1926			1929	1932	1935	1938		1942	1945
London Liverpool Street EL (LST)	4	d	1911			1914	1917	1920	1923	1926	1929			1932	1935	1938	1941		1945	1948
London Liverpool Street (LST)	15	d		1913	1918							1933	1936				1948			
Whitechapel (ZLW)	15	d	1913			1916	1919	1922	1925	1928	1931			1934	1937	1940	1943		1947	1950
Canary Wharf (CWX)	DLR	d				1920		1926		1932				1938		1944			1951	
Custom House (CUS)		d				1924		1930		1936				1942		1948			1955	
Woolwich (WWC)		d				1928		1934		1940				1946		1952			2000	
Abbey Wood (ABW)		a				1934		1940		1946				1952		1958			2005	
Stratford (SRA)	DLR 7	d	1919	1920	1925		1925		1931		1937	1940	1943		1943		1949	1955		1956
Maryland (MYL)		d	1921				1927		1933		1939				1945		1951			1958
Forest Gate (FOG)		d	1923				1929		1935		1941				1947		1953			2000
Manor Park (MNP)		d	1926				1932		1938		1944				1950		1956			2003
Ilford (IFD)	2	d	1928				1934		1940		1946				1952		1958			2005
Seven Kings (SVK)		d	1931				1937		1943		1949				1955		2001			2008
Goodmayes (GMY)		d	1933				1939		1945		1951				1957		2003			2010
Chadwell Heath (CTH)		d	1935				1941		1947		1953				1959		2005			2012
Romford (RMF)		d	1939				1945		1951		1957				2003		2009			2016
Gidea Park (GDP)	2	d	1942				1948		1954		2000				2006		2012			2019
Harold Wood (HRO)		d	1945				1951		1957		2003				2009		2015			2022
Brentwood (BRE)		d	1949				1955		2001		2007				2013		2019			2026
Shenfield (SNF)	3	a	1955	1935	1941		2001		2008		2013	1955	1958		2019		2025	2011		2032

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Clacton-on-Sea
- B To Southend Victoria
- C To Braintree
- L To Harwich International

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE B	XR	XR	LE F	XR	XR	XR	XR	XR	LE B	LE A	XR	XR	XR	XR	XR	XR	LE B	XR	XR	LE L		
Reading (RDG)	7	d	1845						1859														
Twyford (TWY)	3	d	1850						1904														
Maidenhead (MAI)	3	d	1858						1912						1930								
Taplow (TAP)		d	1901						1915														
Burnham (BNM)		d	1904						1918						1934								
Slough (SLO)	3	d	1908						1922						1938								
Langley (LNY)		d	1911						1925						1942								
Iver (IVR)		d	1914						1928						1944								
West Drayton (WDT)		d	1916						1930						1947								
Heathrow Terminal 5 (HWV)	←	d						1920														1950	
Heathrow Terminal 4 (HAF)	←	d					1915					1930									1945		
Heathrow Terminals 2 & 3 (HXX)	←	d					1921	1925				1936									1951	1955	
Hayes & Harlington (HAY)	3	d	1921				1927	1932	1935			1942			1951						1957	2002	
Southall (STL)		d	1925				1930		1940			1945			1954						2000		
Hanwell (HAN)		d					1933					1948									2003		
West Ealing (WEA)	3	d					1935	1939				1950									2005	2009	
Ealing Broadway (EAL)	←	3	d	1930			1937	1941	1946			1952			1959						2007	2011	
Acton Main Line (AML)		d					1940					1955									2010		
London Paddington EL (PAD)	←	15	d	1941	1945		1949	1952	1956	2000		2004	2007	2011	2015						2019	2022	
Bond Street (BDS)	←	d	1944	1948			1952	1955	1959	2003		2007	2010	2014	2018						2022	2025	
Tottenham Court Road (TCR)	←	d	1946	1950			1954	1957	2001	2005		2009	2012	2016	2020						2024	2027	
Farringdon (ZFD)	←	3	d	1949	1953		1957	2000	2004	2008		2012	2015	2019	2023						2027	2030	
London Liverpool Street EL (LST)	←	4	d	1952	1956		2000	2003	2007	2011		2015	2018	2022	2026						2030	2033	
London Liverpool Street (LST)	←	15	d	1950			2002					2013	2018								2033		
Whitechapel (ZLW)	←	d	1954	1958			2002	2005	2009	2013		2017	2020	2024	2028						2032	2035	
Canary Wharf (CWX)	DLR	d	1958				2006		2013			2021	2020	2028							2036		
Custom House (CUS)		d	2002				2010		2017			2025		2032							2040		
Woolwich (WWC)		d	2007				2015		2022			2030		2037							2045		
Abbey Wood (ABW)		a	2012				2020		2027			2035		2042							2050		
Stratford (SRA)	←	DLR	7	d	1958		2004	2009		2011		2019	2020	2025		2026					2034	2040	
Maryland (MYL)		d				2006			2013			2021				2028					2036		
Forest Gate (FOG)		d				2008			2015			2023				2030					2038		
Manor Park (MNP)		d				2011			2018			2026				2033					2041		
Ilford (IFD)	2	d				2013			2020			2028				2036					2043		
Seven Kings (SVK)		d				2016			2023			2031				2039					2046		
Goodmayes (GMY)		d				2018			2025			2033				2041					2048		
Chadwell Heath (CTH)		d				2020			2027			2035				2043					2050		
Romford (RMF)		d				2024			2031			2039	2028			2047					2054		
Gidea Park (GDP)	2	d				2027			2034			2042				2049					2057		
Harold Wood (HRO)		d				2030			2037			2045				2052					2100		
Brentwood (BRE)		d				2034			2041			2049				2056					2104		
Shenfield (SNF)	3	a	2015		2040	2024			2047			2055	2039	2041		2102					2110	2055	
																						2117	2058

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Clacton-on-Sea
- B To Southend Victoria
- F To Ipswich
- L To Harwich International

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE C	XR	XR	LE B	XR	XR	LE G	XR	XR	XR	XR	LE B	LE A	XR	XR	XR
Reading (RDG)	7	d	1930											2000				
Twyford (TWY)	3	d	1935											2005				
Maidenhead (MAI)	3	d	1942				2000							2012				2030
Taplow (TAP)		d	1945											2015				
Burnham (BNM)		d	1948				2004							2018				2034
Slough (SLO)	3	d	1952				2008							2022				2038
Langley (LNY)		d	1956				2012							2026				2042
Iver (IVR)		d					2014											2044
West Drayton (WDT)		d	2000				2017							2030				2047
Heathrow Terminal 5 (HWV)	←	d											2020					
Heathrow Terminal 4 (HAF)	←	d			2000					2015						2030		
Heathrow Terminals 2 & 3 (HXX)	←	d			2006					2021	2025					2036		
Hayes & Harlington (HAY)	3	d	2005		2012		2022			2027	2032	2035				2042		2052
Southall (STL)		d	2008		2015		2025			2030		2039				2045		2055
Hanwell (HAN)		d			2018					2033						2048		
West Ealing (WEA)	3	d			2020					2035	2039					2050		
Ealing Broadway (EAL)	3	d	2016		2022		2030			2037	2041	2045				2052		2101
Acton Main Line (AML)		d			2025					2040						2055		
London Paddington EL (PAD)	15	d	2026	2030	2034	2037	2041	2045		2049	2052	2056	2100			2104	2107	2111
Bond Street (BDS)	15	d	2029	2033	2037	2040	2044	2048		2052	2055	2059	2103			2107	2110	2114
Tottenham Court Road (TCR)	15	d	2031	2035	2039	2042	2046	2050		2054	2057	2101	2105			2109	2112	2116
Farringdon (ZFD)	3	d	2034	2038	2042	2045	2049	2053		2057	2100	2104	2108			2112	2115	2119
London Liverpool Street EL (LST)	4	d	2037	2041	2045	2048	2052	2056		2100	2103	2107	2111			2115	2118	2122
London Liverpool Street (LST)	15	d		2047		2050			2102					2113	2118			
Whitechapel (ZLW)	15	d	2039	2043	2047	2050	2054	2058		2102	2105	2109	2113			2117	2120	2124
Canary Wharf (CWX)	DLR	d	2043		2051		2058			2106		2113				2121		2128
Custom House (CUS)		d	2047		2055		2102			2110		2117				2125		2132
Woolwich (WWC)		d	2052		2100		2107			2115		2122				2130		2137
Abbey Wood (ABW)		a	2057		2105		2112			2120		2127				2135		2142
Stratford (SRA)	DLR 7	d		2049	2055		2056	2058		2104	2109		2111		2119	2120	2125	2126
Maryland (MYL)		d		2051			2058			2106			2113		2121			2128
Forest Gate (FOG)		d		2053			2100			2108			2115		2123			2130
Manor Park (MNP)		d		2056			2103			2111			2118		2126			2133
Ilford (IFD)	2	d		2058			2105			2113			2120		2128			2135
Seven Kings (SVK)		d		2101			2108			2116			2123		2131			2138
Goodmayes (GMY)		d		2103			2110			2118			2125		2133			2140
Chadwell Heath (CTH)		d		2105			2112			2120			2127		2135			2142
Romford (RMF)		d		2109			2116	2107		2124			2131		2139	2128		2146
Gidea Park (GDP)	2	d		2112			2119			2127			2134		2142			2149
Harold Wood (HRO)		d		2115			2122			2130			2137		2145			2152
Brentwood (BRE)		d		2119			2126			2134			2141		2149			2156
Shenfield (SNF)	3	a		2125	2111		2132	2116		2140	2124		2147		2155	2139	2141	2202

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Clacton-on-Sea
B To Southend Victoria
C To Braintree
G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	LE B	XR	XR	LE G	XR	XR	LE E	XR	XR	LE B	XR	XR	LE M	XR	XR	XR	XR		
Reading (RDG)	7	d				2030												2100		
Twyford (TWY)	3	d				2035												2105		
Maidenhead (MAI)	3	d				2042						2059						2112		
Taplow (TAP)		d				2045												2115		
Burnham (BNM)		d				2048						2103						2118		
Slough (SLO)	3	d				2052						2107						2122		
Langley (LNY)		d				2056						2111						2126		
Iver (IVR)		d										2113								
West Drayton (WDT)		d				2100						2116						2130		
Heathrow Terminal 5 (HWV)	←	d			2050												2120			
Heathrow Terminal 4 (HAF)	←	d		2045					2100							2115				
Heathrow Terminals 2 & 3 (HXX)	←	d		2051	2055				2106						2121	2125				
Hayes & Harlington (HAY)	3	d		2057	2103		2106		2112			2120			2127	2134	2137			
Southall (STL)		d		2100			2110		2115			2123			2130		2141			
Hanwell (HAN)		d		2103					2118						2133					
West Ealing (WEA)	3	d		2105	2110				2120						2135	2139				
Ealing Broadway (EAL)	←	d		2108	2113		2116		2122			2128			2138	2142	2146			
Acton Main Line (AML)		d		2110					2125						2140					
London Paddington EL (PAD)	←	d	2115		2119	2122		2126	2130		2134	2137		2141	2145		2149	2152	2156	2200
Bond Street (BDS)	←	d	2118		2122	2125		2129	2133		2137	2140		2144	2148		2152	2155	2159	2203
Tottenham Court Road (TCR)	←	d	2120		2124	2127		2131	2135		2139	2142		2146	2150		2154	2157	2201	2205
Farringdon (ZFD)	←	d	2123		2127	2130		2134	2138		2142	2145		2149	2153		2157	2200	2204	2208
London Liverpool Street EL (LST)	←	d	2126		2130	2133		2137	2141		2145	2148		2152	2156		2200	2203	2207	2211
London Liverpool Street (LST)	←	d		2133		2136		2148			2150			2202						
Whitechapel (ZLW)	←	d	2128		2132	2135		2139	2143		2147	2150		2154	2158		2202	2205	2209	2213
Canary Wharf (CWX)	DLR	d		2136			2143		2151					2158			2206		2213	
Custom House (CUS)		d		2140			2148		2155					2202			2210		2217	
Woolwich (WWC)		d		2145			2154		2200					2207			2215		2222	
Abbey Wood (ABW)	a			2150			2158		2205					2212			2220		2227	
Stratford (SRA)	←	d	2134	2140		2141	2143		2149	2155		2156	2158		2204	2209		2211		2219
Maryland (MYL)		d	2136			2143			2151			2158			2206			2213		2221
Forest Gate (FOG)		d	2138			2145			2153			2200			2208			2215		2223
Manor Park (MNP)		d	2141			2148			2156			2203			2211			2218		2226
Ilford (IFD)	2	d	2143			2150			2158			2206			2213			2221		2230
Seven Kings (SVK)		d	2146			2153			2201			2209			2216			2224		2232
Goodmayes (GMY)		d	2148			2155			2203			2211			2218			2226		2234
Chadwell Heath (CTH)		d	2150			2157			2205			2213			2220			2228		2236
Romford (RMF)		d	2154			2201	2151		2209			2217			2224			2232		2240
Gidea Park (GDP)	2	d	2157			2204			2212			2219			2227			2234		2243
Harold Wood (HRO)		d	2200			2207			2215			2222			2230			2237		2246
Brentwood (BRE)		d	2204			2211			2219			2226			2234			2241		2250
Shenfield (SNF)	3	a	2210	2155		2217	2200		2225	2211		2232	2214		2241	2224		2247		2256

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

B To Southend Victoria
E To Witham
G To Colchester Town
M To Colchester

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE B	LE A	XR	XR	XR	XR	XR	XR	XR	LE M	XR	XR	LE B	XR	XR	XR	XR	LE F	XR		
Reading (RDG)	7	d									2130										
Twyford (TWY)	3	d									2135										
Maidenhead (MAI)	3	d					2130				2142					2159					
Taplow (TAP)		d									2145										
Burnham (BNM)		d					2134				2148					2204					
Slough (SLO)	3	d					2138				2152					2208					
Langley (LNY)		d					2142				2156					2211					
Iver (IVR)		d					2144									2214					
West Drayton (WDT)		d					2147				2200					2216					
Heathrow Terminal 5 (HWV)	7	d								2150											
Heathrow Terminal 4 (HAF)	7	d		2130						2145				2200					2215		
Heathrow Terminals 2 & 3 (HXX)	7	d		2136						2151	2155			2206					2221		
Hayes & Harlington (HAY)	3	d		2142			2152			2157	2202			2205		2212		2220	2227		
Southall (STL)		d		2145			2155			2200				2208		2215		2224	2230		
Hanwell (HAN)		d		2148						2203						2218			2233		
West Ealing (WEA)	3	d		2150						2205	2209					2220			2235		
Ealing Broadway (EAL)	3	d		2152			2200			2208	2211			2215		2222		2230	2238		
Acton Main Line (AML)		d		2155						2210						2225			2240		
London Paddington EL (PAD)	15	d		2204	2207	2211	2215	2219	2222					2226	2230		2234	2237	2241	2245	2249
Bond Street (BDS)	15	d		2207	2210	2214	2218	2222	2225					2229	2233		2237	2240	2244	2248	2252
Tottenham Court Road (TCR)	15	d		2209	2212	2216	2220	2224	2227					2231	2235		2239	2242	2246	2250	2254
Farringdon (ZFD)	3	d		2212	2215	2219	2223	2227	2230					2234	2238		2242	2245	2249	2253	2257
London Liverpool Street EL (LST)	4	d		2215	2218	2222	2226	2230	2233					2237	2241		2245	2248	2252	2256	2300
London Liverpool Street (LST)	15	d	2213	2218						2236				2245							2302
Whitechapel (ZLW)	15	d		2217	2220	2224	2228	2232	2235					2239	2243		2247	2250	2254	2258	2302
Canary Wharf (CWX)	DLR	d		2221			2228		2236					2243			2251		2258		2306
Custom House (CUS)		d		2225			2232		2240					2247			2255		2302		2310
Woolwich (WWC)		d		2230			2237		2245					2252			2259		2307		2314
Abbey Wood (ABW)		a		2235			2242		2250					2257			2305		2312		2320
Stratford (SRA)	DLR 7	d	2220	2225			2226		2234		2241	2243		2249	2252		2256		2304	2309	
Maryland (MYL)		d					2228		2236		2243			2251			2258		2306		
Forest Gate (FOG)		d					2230		2238		2245			2253			2300		2308		
Manor Park (MNP)		d					2233		2241		2248			2256			2303		2312		
Ilford (IFD)	2	d					2235		2243		2251			2258			2305		2314		
Seven Kings (SVK)		d					2238		2246		2254			2301			2308		2317		
Goodmayes (GMY)		d					2240		2248		2256			2303			2310		2319		
Chadwell Heath (CTH)		d					2242		2250		2258			2305			2312		2321		
Romford (RMF)		d	2228				2246		2254		2302			2309			2316		2325		
Gidea Park (GDP)	2	d					2249		2257		2304			2312			2319		2328		
Harold Wood (HRO)		d					2252		2300		2307			2315			2322		2331		
Brentwood (BRE)		d					2256		2304		2311			2319			2326		2335		
Shenfield (SNF)	3	a	2239	2241			2302		2310		2317	2258		2325	2307		2332		2341	2324	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Clacton-on-Sea
- B To Southend Victoria
- F To Ipswich
- M To Colchester

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator	XR	XR	XR	LE B	LE A	XR	XR	XR	XR	XR	XR	LE B	LE M	XR	XR	XR	XR
Days of operation/Notes																	
Reading (RDG)	7 d	2159									2228						2258
Twyford (TWY)	3 d	2204									2233						2303
Maidenhead (MAI)	3 d	2212									2241						2310
Taplow (TAP)	d	2215									2244						2313
Burnham (BNM)	d	2218									2247						2316
Slough (SLO)	3 d	2222									2251						2321
Langley (LNY)	d	2225									2254						2324
Iver (IVR)	d										2257						2327
West Drayton (WDT)	d	2229									2300						2329
Heathrow Terminal 5 (HWV)	7 d													2300			
Heathrow Terminal 4 (HAF)	7 d					2230				2245							2315
Heathrow Terminals 2 & 3 (HXX)	7 d					2236				2251				2306			2321
Hayes & Harlington (HAY)	3 d	2235				2242				2257	2305			2312			2327
Southall (STL)	d	2238				2245				2300	2309			2315			2330
Hanwell (HAN)	d					2250				2303				2318			2333
West Ealing (WEA)	3 d					2252				2305				2320			2335
Ealing Broadway (EAL)	3 d	2245				2254				2307	2315			2322			2338
Acton Main Line (AML)	d					2257				2310				2325			2340
London Paddington EL (PAD)	15 d	2252	2257	2302		2307	2312	2317	2322	2327	2332			2337	2342	2347	2351
Bond Street (BDS)	d	2255	2300	2305		2310	2315	2320	2325	2330	2335			2340	2345	2350	2354
Tottenham Court Road (TCR)	d	2257	2302	2307		2312	2317	2322	2327	2332	2337			2342	2347	2352	2356
Farringdon (ZFD)	3 d	2300	2305	2310		2315	2320	2325	2330	2335	2340			2345	2350	2355	2359
London Liverpool Street EL (LST)	4 d	2303	2308	2313		2318	2323	2328	2333	2338	2343			2348	2353	2358	0002
London Liverpool Street (LST)	15 d				2315	2318						2345	2348				
Whitechapel (ZLW)	d	2305	2310	2315		2320	2325	2330	2335	2340	2345			2350	2355	0001	0004
Canary Wharf (CWX)	d		2314			2324		2334		2344				2354		0005	0016
Custom House (CUS)	d		2318			2328		2339		2348				2358		0008	0020
Woolwich (WWC)	d		2322			2332		2344		2352				0002		0012	0024
Abbey Wood (ABW)	a		2328			2338		2348		2358				0008		0018	0030
Stratford (SRA)	7 d	2311		2321	2322	2325		2331		2341		2351	2352	2355			0010
Maryland (MYL)	d	2313		2323				2333		2343		2353					0012
Forest Gate (FOG)	d	2315		2325				2335		2345		2355					0014
Manor Park (MNP)	d	2318		2328				2338		2348		2358					0016
Ilford (IFD)	2 d	2320		2330				2340		2350		0001					0019
Seven Kings (SVK)	d	2323		2333				2343		2353		0003					0022
Goodmayes (GMY)	d	2325		2335				2345		2355		0005					0024
Chadwell Heath (CTH)	d	2327		2337				2347		2357		0007					0026
Romford (RMF)	d	2331		2341				2351		0001		0011					0030
Gidea Park (GDP)	2 d	2335		2344				2354		0004		0014					0032
Harold Wood (HRO)	d	2338		2347				2357		0007		0017					0035
Brentwood (BRE)	d	2343		2351				0001		0011		0021					0039
Shenfield (SNF)	3 a	2348		2357	2337	2340		0007		0017		0027	0007	0010			0045

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Clacton-on-Sea
- B To Southend Victoria
- M To Colchester

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE	LE	XR	XR	XR	LE	LE	XR
	TSM B	TSM M		TSM	TSM	TSM M	TSM B	TSM
Reading (RDG)	7	d						
Twyford (TWY)	3	d						
Maidenhead (MAI)	3	d						
Taplow (TAP)		d						
Burnham (BNM)		d						
Slough (SLO)	3	d						
Langley (LNY)		d						
Iver (IVR)		d						
West Drayton (WDT)		d						
Heathrow Terminal 5 (HWV)	⊖ ←	d	2330					
Heathrow Terminal 4 (HAF)	⊖ ←	d						
Heathrow Terminals 2 & 3 (HXX)	⊖ ←	d	2336					
Hayes & Harlington (HAY)	3	d	2343					
Southall (STL)		d	2346					
Hanwell (HAN)		d	2349					
West Ealing (WEA)	3	d	2351					
Ealing Broadway (EAL)	⊖ 3	d	2353					
Acton Main Line (AML)		d	2356					
London Paddington EL (PAD)	⊖ 15	d	0007	0014	0022			
Bond Street (BDS)	⊖	d	0010	0017	0025			
Tottenham Court Road (TCR)	⊖	d	0012	0019	0027			
Farringdon (ZFD)	⊖ 3	d	0015	0022	0030			
London Liverpool Street EL (LST)	⊖ 4	d	0018	0025	0033			
London Liverpool Street (LST)	⊖ 15	d	0015	0018		0046	0050	0055
Whitechapel (ZLW)	⊖	d	0020	0027a	0035			
Canary Wharf (CWX)	DLR	d						
Custom House (CUS)		d						
Woolwich (WWC)		d						
Abbey Wood (ABW)		a						
Stratford (SRA)	⊖ DLR 7	d	0022	0025	0026	0041	0053	0057
Maryland (MYL)		d			0028	0043		0104
Forest Gate (FOG)		d			0030	0045		0106
Manor Park (MNP)		d			0033	0047		0109
Ilford (IFD)	2	d			0035	0050		0112
Seven Kings (SVK)		d			0038	0052		0114
Goodmayes (GMY)		d			0040	0054		0116
Chadwell Heath (CTH)		d			0042	0056		0118
Romford (RMF)		d	0033		0046	0100	0108	0122
Gidea Park (GDP)	2	d			0049	0102		0125
Harold Wood (HRO)		d			0052	0105		0128
Brentwood (BRE)		d			0056	0109		0132
Shenfield (SNF)	3 a	0045	0048	0102		0115	0115	0120
								0138

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

B To Southend Victoria
M To Colchester

TSM Tuesday to Saturday mornings

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	LE A	LE B	XR	XR	XR	XR	LE A	XR	LE B	XR	XR	LE C	XR	XR	XR	XR	LE B		
Reading (RDG)	7	d																		
Twyford (TWY)	3	d																		
Maidenhead (MAI)	3	d									0512									
Taplow (TAP)		d									0515									
Burnham (BNM)		d									0518									
Slough (SLO)	3	d									0522									
Langley (LNY)		d									0525									
Iver (IVR)		d									0528									
West Drayton (WDT)		d									0530									
Heathrow Terminal 5 (HWV)	7	d						0515												
Heathrow Terminal 4 (HAF)	7	d											0530							
Heathrow Terminals 2 & 3 (HXX)	7	d						0521					0536							
Hayes & Harlington (HAY)	3	d						0527			0535		0542							
Southall (STL)		d						0530			0538		0545							
Hanwell (HAN)		d						0533					0548							
West Ealing (WEA)	3	d						0535					0550							
Ealing Broadway (EAL)	3	d						0537			0545		0552							
Acton Main Line (AML)		d						0540					0555							
London Paddington EL (PAD)	15	d					0545	0549		0552		0556	0600		0604	0607	0611	0615		
Bond Street (BDS)		d					0548	0552		0555		0559	0603		0607	0610	0614	0618		
Tottenham Court Road (TCR)		d					0550	0554		0557		0601	0605		0609	0612	0616	0620		
Farringdon (ZFD)	3	d					0553	0557		0600		0604	0608		0612	0615	0619	0623		
London Liverpool Street EL (LST)	4	d					0556	0600		0603		0607	0611		0615	0618	0622	0626		
London Liverpool Street (LST)	15	d	0524	0534	0537	0539	0554		0602		0605		0618					0633		
Whitechapel (ZLW)		d					0558	0602				0609	0613		0617	0620	0624	0628		
Canary Wharf (CWX)	DLR	d					0602	0606				0613			0621		0628			
Custom House (CUS)		d					0606	0610				0617			0625		0632			
Woolwich (WWC)		d					0610	0615				0622			0630		0637			
Abbey Wood (ABW)		a					0614	0619				0626			0634		0641			
Stratford (SRA)	7	d	0531	0541	0544	0546	0601			0609	0611	0612		0619	0625		0626	0634	0640	
Maryland (MYL)		d	0533			0548	0603				0613			0621			0628		0636	
Forest Gate (FOG)		d	0535			0550	0605				0615			0623			0630		0638	
Manor Park (MNP)		d	0538			0553	0608				0618			0626			0633		0641	
Ilford (IFD)	2	d	0540			0555	0610				0620			0628			0635		0643	
Seven Kings (SVK)		d	0543			0558	0613				0623			0631			0638		0646	
Goodmayes (GMY)		d	0545			0600	0615				0625			0633			0640		0648	
Chadwell Heath (CTH)		d	0547			0602	0617				0627			0635			0642		0650	
Romford (RMF)		d	0551	0549		0606	0621				0631	0620		0639			0646		0654	
Gidea Park (GDP)	2	d	0554			0609	0624				0634			0642			0649		0657	
Harold Wood (HRO)		d	0557			0612	0627				0637			0645			0652		0700	
Brentwood (BRE)		d	0601			0616	0631				0641			0649			0656		0704	
Shenfield (SNF)	3	a	0608	0558	0600	0623	0638			0624	0647	0629		0655	0640		0702		0710	0655

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Ipswich
- B To Southend Victoria
- C To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	LE D	XR	XR	LE E	XR	XR	XR	XR	LE A	XR	XR	LE B	XR	XR	LE C	XR		
Reading (RDG)	7	d																	0559	
Twyford (TWY)	3	d																	0604	
Maidenhead (MAI)	3	d																	0611	
Taplow (TAP)		d																	0614	
Burnham (BNM)		d																	0617	
Slough (SLO)	3	d																	0621	
Langley (LNY)		d																	0625	
Iver (IVR)		d																	0627	
West Drayton (WDT)		d																	0630	
Heathrow Terminal 5 (HWV)	7	d	0545											0615						
Heathrow Terminal 4 (HAF)	7	d							0600										0630	
Heathrow Terminals 2 & 3 (HXX)	7	d	0551						0606					0621					0636	
Hayes & Harlington (HAY)	3	d	0557						0612					0627			0634		0642	
Southall (STL)		d	0600						0615					0630			0638		0645	
Hanwell (HAN)		d	0603						0618					0633					0648	
West Ealing (WEA)	3	d	0605						0620					0635					0650	
Ealing Broadway (EAL)	3	d	0607						0622					0637			0645		0652	
Acton Main Line (AML)		d	0610						0625					0640					0655	
London Paddington EL (PAD)	15	d	0619	0622			0626	0630		0634	0637	0641	0645		0649	0652		0656	0700	
Bond Street (BDS)		d	0622	0625			0629	0633		0637	0640	0644	0648		0652	0655		0659	0703	
Tottenham Court Road (TCR)		d	0624	0627			0631	0635		0639	0642	0646	0650		0654	0657		0701	0705	
Farringdon (ZFD)	3	d	0627	0630			0634	0638		0642	0645	0649	0653		0657	0700		0704	0708	
London Liverpool Street EL (LST)	4	d	0630	0633			0637	0641		0645	0648	0652	0656		0700	0703		0707	0711	
London Liverpool Street (LST)	15	d			0636				0648				0702			0705			0718	
Whitechapel (ZLW)		d	0632	0635			0639	0643		0647	0650	0654	0658		0702	0705		0709	0713	
Canary Wharf (CWX)	DLR	d	0636				0643		0651			0658			0706			0713	0721	
Custom House (CUS)		d	0640				0647		0655			0702			0710			0717	0725	
Woolwich (WWC)		d	0645				0652		0700			0707			0715			0722	0730	
Abbey Wood (ABW)		a	0649				0656		0704			0711			0719			0726	0734	
Stratford (SRA)	DLR 7	d		0641	0643			0649	0655			0656		0704	0709			0711	0712	
Maryland (MYL)		d		0643				0651				0658		0706				0713	0721	
Forest Gate (FOG)		d		0645				0653				0700		0708				0715	0723	
Manor Park (MNP)		d		0648				0656				0703		0711				0718	0726	
Ilford (IFD)	2	d		0650				0658				0705		0713				0720	0728	
Seven Kings (SVK)		d		0653				0701				0708		0716				0723	0731	
Goodmayes (GMY)		d		0655				0703				0710		0718				0725	0733	
Chadwell Heath (CTH)		d		0657				0705				0712		0720				0727	0735	
Romford (RMF)		d		0701	0651			0709				0716		0724			0731	0720	0739	
Gidea Park (GDP)	2	d		0704				0712				0719		0727				0734	0742	
Harold Wood (HRO)		d		0707				0715				0722		0730				0737	0745	
Brentwood (BRE)		d		0711				0719				0726		0734				0741	0749	
Shenfield (SNF)	3	a		0717	0700			0725	0711			0732		0740	0724			0747	0729	
																			0755	0741

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Ipswich
- B To Southend Victoria
- C To Clacton-on-Sea
- D To Harwich International
- E To Braintree

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B	XR	XR	LE A	XR	XR		
Reading (RDG)	7	d						0629												
Twyford (TWY)	3	d						0634												
Maidenhead (MAI)	3	d						0641												
Taplow (TAP)		d						0644												
Burnham (BNM)		d						0647												
Slough (SLO)	3	d						0651												
Langley (LNY)		d						0655												
Iver (IVR)		d						0657												
West Drayton (WDT)		d						0700												
Heathrow Terminal 5 (HWV)	7	d				0645													0715	
Heathrow Terminal 4 (HAF)	7	d								0700										
Heathrow Terminals 2 & 3 (HXX)	7	d				0651				0706									0721	
Hayes & Harlington (HAY)	3	d				0657		0705		0712									0728	
Southall (STL)		d				0700		0708		0715									0731	
Hanwell (HAN)		d				0703				0718									0734	
West Ealing (WEA)	3	d				0706				0720									0736	
Ealing Broadway (EAL)	3	d				0708		0715		0722									0738	
Acton Main Line (AML)		d				0711				0725									0741	
London Paddington EL (PAD)	15	d	0707	0711	0715		0719	0722		0726	0730		0734	0737		0741	0745		0749	0752
Bond Street (BDS)	15	d	0710	0714	0718		0722	0725		0729	0733		0737	0740		0744	0748		0752	0755
Tottenham Court Road (TCR)	15	d	0712	0716	0720		0724	0727		0731	0735		0739	0742		0746	0750		0754	0757
Farringdon (ZFD)	3	d	0715	0719	0723		0727	0730		0734	0738		0742	0745		0749	0753		0757	0800
London Liverpool Street EL (LST)	4	d	0718	0722	0726		0730	0733		0737	0741		0745	0748		0752	0756		0800	0803
London Liverpool Street (LST)	15	d				0733		0736		0748			0750			0802				
Whitechapel (ZLW)	15	d	0720	0724	0728		0732	0735		0739	0743		0747	0750		0754	0758		0802	0805
Canary Wharf (CWX)	DLR	d		0728			0736			0743			0751			0758			0806	
Custom House (CUS)		d		0732			0740			0747			0755			0802			0810	
Woolwich (WWC)		d		0737			0745			0752			0800			0807			0815	
Abbey Wood (ABW)		a		0741			0749			0756			0804			0811			0819	
Stratford (SRA)	DLR 7	d	0726		0734	0740		0741	0743		0749	0755		0756	0758		0804	0809		0811
Maryland (MYL)		d	0728		0736			0743			0751			0758			0806			0813
Forest Gate (FOG)		d	0730		0738			0745			0753			0800			0808			0815
Manor Park (MNP)		d	0733		0741			0748			0756			0803			0811			0818
Ilford (IFD)	2	d	0735		0743			0750			0758			0805			0813			0820
Seven Kings (SVK)		d	0738		0746			0753			0801			0808			0816			0823
Goodmayes (GMY)		d	0740		0748			0755			0803			0810			0818			0825
Chadwell Heath (CTH)		d	0742		0750			0757			0805			0812			0820			0827
Romford (RMF)		d	0746		0754			0801	0751		0809			0816			0824			0831
Gidea Park (GDP)	2	d	0749		0757			0804			0812			0819			0827			0834
Harold Wood (HRO)		d	0752		0800			0807			0815			0822			0830			0837
Brentwood (BRE)		d	0756		0804			0811			0819			0826			0834			0841
Shenfield (SNF)	3	a	0802		0810	0755		0817	0800		0825	0811		0832	0814		0840	0824		0847

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Ipswich
- B To Southend Victoria
- E To Braintree
- F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B						
Reading (RDG)	7	d	0659										0729											
Twyford (TWY)	3	d	0704										0734											
Maidenhead (MAI)	3	d	0711										0741											
Taplow (TAP)		d	0714										0744											
Burnham (BNM)		d	0717										0747											
Slough (SLO)	3	d	0721										0751											
Langley (LNY)		d	0725										0755											
Iver (IVR)		d	0727										0757											
West Drayton (WDT)		d	0730										0800											
Heathrow Terminal 5 (HWV)	←	d							0745															
Heathrow Terminal 4 (HAF)	←	d			0730											0800								
Heathrow Terminals 2 & 3 (HXX)	←	d			0736				0751							0806								
Hayes & Harlington (HAY)	3	d	0735		0742				0757				0805			0812								
Southall (STL)		d	0738		0745				0800				0808			0815								
Hanwell (HAN)		d			0748				0803							0818								
West Ealing (WEA)	3	d			0750				0805							0820								
Ealing Broadway (EAL)	←	3	d	0745		0752			0807				0815			0822								
Acton Main Line (AML)		d			0755				0810							0825								
London Paddington EL (PAD)	←	15	d	0756	0800		0804	0807	0811	0815		0819	0822		0826	0830		0834	0837					
Bond Street (BDS)	←	d	0759	0803		0807	0810	0814	0818		0822	0825		0829	0833		0837	0840						
Tottenham Court Road (TCR)	←	d	0801	0805		0809	0812	0816	0820		0824	0827		0831	0835		0839	0842						
Farringdon (ZFD)	←	3	d	0804	0808		0812	0815	0819	0823		0827	0830		0834	0838		0842	0845					
London Liverpool Street EL (LST)	←	4	d	0807	0811		0815	0818	0822	0826		0830	0833		0837	0841		0845	0848					
London Liverpool Street (LST)	←	15	d		0813	0818			0833			0836		0848				0850						
Whitechapel (ZLW)	←	d	0809	0813		0817	0820	0824	0828		0832	0835		0839	0843		0847	0850						
Canary Wharf (CWX)	DLR	d	0813			0821		0828			0836			0843			0851							
Custom House (CUS)		d	0817			0825		0832			0840			0847			0855							
Woolwich (WWC)		d	0822			0830		0837			0845			0852			0900							
Abbey Wood (ABW)		a	0826			0834		0841			0849			0856			0904							
Stratford (SRA)	←	DLR	7	d		0819	0820	0825		0826		0834	0840		0841	0843		0849	0855		0856	0858		
Maryland (MYL)		d				0821				0828					0836			0843			0851	0858		
Forest Gate (FOG)		d				0823				0830					0838			0845			0853	0900		
Manor Park (MNP)		d				0826				0833					0841			0848			0856	0903		
Ilford (IFD)	2	d				0828				0835					0843			0850			0858	0905		
Seven Kings (SVK)		d				0831				0838					0846			0853			0901	0908		
Goodmayes (GMY)		d				0833				0840					0848			0855			0903	0910		
Chadwell Heath (CTH)		d				0835				0842					0850			0857			0905	0912		
Romford (RMF)		d				0839	0828			0846					0854		0901	0851			0909	0916		
Gidea Park (GDP)	2	d				0842				0849					0857			0904			0912	0919		
Harold Wood (HRO)		d				0845				0852					0900			0907			0915	0922		
Brentwood (BRE)		d				0849				0856					0904			0911			0919	0926		
Shenfield (SNF)	3	a				0855	0839	0841		0902					0910			0917	0900		0925	0911	0932	0914

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
C To Clacton-on-Sea
E To Braintree
F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	LE F	XR
Days of operation/Notes																		
Reading (RDG)	7 d					0759												0829
Twyford (TWY)	3 d					0804												0834
Maidenhead (MAI)	3 d	0800				0811					0830							0841
Taplow (TAP)	d					0814												0844
Burnham (BNM)	d	0804				0817					0834							0847
Slough (SLO)	3 d	0808				0821					0838							0851
Langley (LNY)	d	0812				0825					0842							0855
Iver (IVR)	d	0814									0844							
West Drayton (WDT)	d	0817				0830					0847							0900
Heathrow Terminal 5 (HWV)	← d				0820												0850	
Heathrow Terminal 4 (HAF)	← d			0815						0830					0845			
Heathrow Terminals 2 & 3 (HXX)	← d			0821	0825					0836					0851	0855		
Hayes & Harlington (HAY)	3 d	0822		0827	0832	0835				0842		0852			0857	0902		0905
Southall (STL)	d	0825		0830		0838				0845		0855			0900			0908
Hanwell (HAN)	d			0833						0848					0903			
West Ealing (WEA)	3 d			0835	0839					0850					0905	0909		
Ealing Broadway (EAL)	3 d	0829		0837	0841	0845				0852		0859			0907	0911		0915
Acton Main Line (AML)	d			0840						0855					0910			
London Paddington EL (PAD)	15 d	0841	0845	0849	0852	0856	0900			0904	0907	0911	0915		0919	0922		0926
Bond Street (BDS)	d	0844	0848	0852	0855	0859	0903			0907	0910	0914	0918		0922	0925		0929
Tottenham Court Road (TCR)	d	0846	0850	0854	0857	0901	0905			0909	0912	0916	0920		0924	0927		0931
Farringdon (ZFD)	3 d	0849	0853	0857	0900	0904	0908			0912	0915	0919	0923		0927	0930		0934
London Liverpool Street EL (LST)	4 d	0852	0856	0900	0903	0907	0911			0915	0918	0922	0926		0930	0933		0937
London Liverpool Street (LST)	15 d		0902					0913	0918					0933			0936	
Whitechapel (ZLW)	d	0854	0858	0902	0905	0909	0913			0917	0920	0924	0928		0932	0935		0939
Canary Wharf (CWX)	DLR d	0858		0906		0913				0921		0928			0936			0943
Custom House (CUS)	d	0902		0910		0917				0925		0932			0940			0947
Woolwich (WWC)	d	0907		0915		0922				0930		0937			0945			0952
Abbey Wood (ABW)	a	0911		0919		0926				0934		0941			0949			0956
Stratford (SRA)	DLR 7 d	0904	0909		0911		0919	0920	0925		0926		0934	0940		0941	0943	
Maryland (MYL)	d	0906			0913		0921				0928		0936			0943		
Forest Gate (FOG)	d	0908			0915		0923				0930		0938			0945		
Manor Park (MNP)	d	0911			0918		0926				0933		0941			0948		
Ilford (IFD)	2 d	0913			0920		0928				0935		0943			0950		
Seven Kings (SVK)	d	0916			0923		0931				0938		0946			0953		
Goodmayes (GMY)	d	0918			0925		0933				0940		0948			0955		
Chadwell Heath (CTH)	d	0920			0927		0935				0942		0950			0957		
Romford (RMF)	d	0924			0931		0939	0928			0946		0954			1001	0951	
Gidea Park (GDP)	2 d	0927			0934		0942				0949		0957			1004		
Harold Wood (HRO)	d	0930			0937		0945				0952		1000			1007		
Brentwood (BRE)	d	0934			0941		0949				0956		1004			1011		
Shenfield (SNF)	3 a	0940	0924		0947		0955	0939	0941		1002		1010	0955		1017	1000	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Ipswich
- B To Southend Victoria
- C To Clacton-on-Sea
- F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	LE E	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	
Reading (RDG)	7	d																0859	
Twyford (TWY)	3	d																0904	
Maidenhead (MAI)	3	d					0900											0911	0930
Taplow (TAP)		d																0914	
Burnham (BNM)		d					0904											0917	0934
Slough (SLO)	3	d					0908											0921	0938
Langley (LNY)		d					0912											0925	0942
Iver (IVR)		d					0914												0944
West Drayton (WDT)		d					0917											0930	0947
Heathrow Terminal 5 (HWV)	7	d										0920							
Heathrow Terminal 4 (HAF)	7	d			0900						0915							0930	
Heathrow Terminals 2 & 3 (HXX)	7	d			0906						0921	0925						0936	
Hayes & Harlington (HAY)	3	d			0912			0922			0927	0932						0942	0952
Southall (STL)		d			0915			0925			0930							0938	0955
Hanwell (HAN)		d			0918						0933								0948
West Ealing (WEA)	3	d			0920						0935	0938							0950
Ealing Broadway (EAL)	3	d			0922			0929			0937	0940							0953
Acton Main Line (AML)		d			0925						0940								0955
London Paddington EL (PAD)	15	d	0930		0934	0937		0941	0945		0949	0952	0956	1000				1004	1007
Bond Street (BDS)	15	d	0933		0937	0940		0944	0948		0952	0955	0959	1003				1007	1010
Tottenham Court Road (TCR)	15	d	0935		0939	0942		0946	0950		0954	0957	1001	1005				1009	1012
Farringdon (ZFD)	15	d	0938		0942	0945		0949	0953		0957	1000	1004	1008				1012	1015
London Liverpool Street EL (LST)	15	d	0941		0945	0948		0952	0956		1000	1003	1007	1011				1015	1018
London Liverpool Street (LST)	15	d		0948		0950			1002					1013	1018				
Whitechapel (ZLW)	15	d	0943		0947	0950		0954	0958		1002	1005	1009	1013				1017	1020
Canary Wharf (CWX)	DLR	d			0951			0958			1006		1013					1021	1028
Custom House (CUS)		d			0955			1002			1010		1017					1025	1032
Woolwich (WWC)		d			1000			1007			1015		1022					1030	1037
Abbey Wood (ABW)		a			1004			1011			1019		1026					1034	1041
Stratford (SRA)	DLR 7	d	0949	0955		0956	0958		1004	1009		1011		1019	1020	1025		1026	1034
Maryland (MYL)		d	0951			0958			1006			1013		1021				1028	1036
Forest Gate (FOG)		d	0953			1000			1008			1015		1023				1030	1038
Manor Park (MNP)		d	0956			1003			1011			1018		1026				1033	1041
Ilford (IFD)	2	d	0958			1005			1013			1020		1028				1035	1043
Seven Kings (SVK)		d	1001			1008			1016			1023		1031				1038	1046
Goodmayes (GMY)		d	1003			1010			1018			1025		1033				1040	1048
Chadwell Heath (CTH)		d	1005			1012			1020			1027		1035				1042	1050
Romford (RMF)		d	1009			1016			1024			1031		1039	1028			1046	1054
Gidea Park (GDP)	2	d	1012			1019			1027			1034		1042				1049	1057
Harold Wood (HRO)		d	1015			1022			1030			1037		1045				1052	1100
Brentwood (BRE)		d	1019			1026			1034			1041		1049				1056	1104
Shenfield (SNF)	3	a	1025	1011		1032	1014		1040	1024		1047		1055	1039	1041		1102	1110

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Ipswich
- B To Southend Victoria
- C To Clacton-on-Sea
- E To Braintree

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B			
Reading (RDG)	7	d			0929												0959				
Twyford (TWY)	3	d			0934												1004				
Maidenhead (MAI)	3	d			0941						1000						1011				
Taplow (TAP)		d			0944												1014				
Burnham (BNM)		d			0947						1004						1017				
Slough (SLO)	3	d			0951						1008						1021				
Langley (LNY)		d			0955						1012						1025				
Iver (IVR)		d									1014										
West Drayton (WDT)		d			1000						1017						1030				
Heathrow Terminal 5 (HWV)	7	d		0950												1020					
Heathrow Terminal 4 (HAF)	7	d	0945						1000					1015							
Heathrow Terminals 2 & 3 (HXX)	7	d	0951	0955					1006					1021	1025						
Hayes & Harlington (HAY)	3	d	0957	1002		1005			1012		1022			1027	1032	1035					
Southall (STL)		d	1000			1008			1015		1025			1030		1038					
Hanwell (HAN)		d	1003						1018					1033							
West Ealing (WEA)	3	d	1005	1009					1020					1035	1039						
Ealing Broadway (EAL)	3	d	1008	1011		1015			1022		1029			1037	1041	1045					
Acton Main Line (AML)		d	1010						1025					1040							
London Paddington EL (PAD)	15	d	1019	1022		1026	1030		1034	1037		1041	1045	1049	1052	1056	1100				
Bond Street (BDS)		d	1022	1025		1029	1033		1037	1040		1044	1048	1052	1055	1059	1103				
Tottenham Court Road (TCR)		d	1024	1027		1031	1035		1039	1042		1046	1050	1054	1057	1101	1105				
Farringdon (ZFD)	3	d	1027	1030		1034	1038		1042	1045		1049	1053	1057	1100	1104	1108				
London Liverpool Street EL (LST)	4	d	1030	1033		1037	1041		1045	1048		1052	1056	1100	1103	1107	1111				
London Liverpool Street (LST)	15	d	1033		1036		1048		1050		1050		1102					1113			
Whitechapel (ZLW)		d	1032	1035		1039	1043		1047	1050		1054	1058	1102	1105	1109	1113				
Canary Wharf (CWX)	DLR	d	1036			1043			1051			1058		1106		1113					
Custom House (CUS)		d	1040			1047			1055			1102		1110		1117					
Woolwich (WWC)		d	1045			1052			1100			1107		1115		1122					
Abbey Wood (ABW)		a	1049			1056			1104			1111		1119		1126					
Stratford (SRA)	DLR 7	d	1040		1041	1043		1049	1055		1056	1058		1104	1109		1111		1119	1120	
Maryland (MYL)		d			1043			1051			1058			1106			1113			1121	
Forest Gate (FOG)		d			1045			1053			1100			1108			1115			1123	
Manor Park (MNP)		d			1048			1056			1103			1111			1118			1126	
Ilford (IFD)	2	d			1050			1058			1105			1113			1120			1128	
Seven Kings (SVK)		d			1053			1101			1108			1116			1123			1131	
Goodmayes (GMY)		d			1055			1103			1110			1118			1125			1133	
Chadwell Heath (CTH)		d			1057			1105			1112			1120			1127			1135	
Romford (RMF)		d			1101	1051		1109			1116			1124			1131			1139	1128
Gidea Park (GDP)	2	d			1104			1112			1119			1127			1134			1142	
Harold Wood (HRO)		d			1107			1115			1122			1130			1137			1145	
Brentwood (BRE)		d			1111			1119			1126			1134			1141			1149	
Shenfield (SNF)	3	a	1055		1117	1100		1125	1111		1132	1114		1140	1124		1147			1155	1139

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Ipswich
B To Southend Victoria
E To Braintree
F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE C	XR	XR	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B	XR	XR	LE A	
Reading (RDG)	7	d																	
Twyford (TWY)	3	d																	
Maidenhead (MAI)	3	d																	
Taplow (TAP)		d																	
Burnham (BNM)		d																	
Slough (SLO)	3	d																	
Langley (LNY)		d																	
Iver (IVR)		d																	
West Drayton (WDT)		d																	
Heathrow Terminal 5 (HWV)	7	d																	
Heathrow Terminal 4 (HAF)	3	d																	
Heathrow Terminals 2 & 3 (HXX)	3	d																	
Hayes & Harlington (HAY)	3	d																	
Southall (STL)		d																	
Hanwell (HAN)		d																	
West Ealing (WEA)	3	d																	
Ealing Broadway (EAL)	3	d																	
Acton Main Line (AML)		d																	
London Paddington EL (PAD)	15	d																	
Bond Street (BDS)		d																	
Tottenham Court Road (TCR)		d																	
Farringdon (ZFD)	3	d																	
London Liverpool Street EL (LST)	4	d																	
London Liverpool Street (LST)	15	d																	
Whitechapel (ZLW)		d																	
Canary Wharf (CWX)	DLR	d																	
Custom House (CUS)		d																	
Woolwich (WWC)		d																	
Abbey Wood (ABW)		a																	
Stratford (SRA)	DLR 7	d																	
Maryland (MYL)		d																	
Forest Gate (FOG)		d																	
Manor Park (MNP)		d																	
Ilford (IFD)	2	d																	
Seven Kings (SVK)		d																	
Goodmayes (GMY)		d																	
Chadwell Heath (CTH)		d																	
Romford (RMF)		d																	
Gidea Park (GDP)	2	d																	
Harold Wood (HRO)		d																	
Brentwood (BRE)		d																	
Shenfield (SNF)	3	a																	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Ipswich
- B To Southend Victoria
- C To Clacton-on-Sea
- E To Braintree
- F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR	
Days of operation/Notes																			
Reading (RDG)	7	d		1059														1129	
Twyford (TWY)	3	d		1104														1134	
Maidenhead (MAI)	3	d		1111						1130								1141	
Taplow (TAP)		d		1114														1144	
Burnham (BNM)		d		1117						1134								1147	
Slough (SLO)	3	d		1121						1138								1151	
Langley (LNY)		d		1125						1142								1155	
Iver (IVR)		d								1144									
West Drayton (WDT)		d		1130						1147								1200	
Heathrow Terminal 5 (HWV)	7	d		1120										1150					
Heathrow Terminal 4 (HAF)	7	d	1115					1130						1145				1200	
Heathrow Terminals 2 & 3 (HXX)	7	d	1121	1125				1136						1151	1155			1206	
Hayes & Harlington (HAY)	3	d	1127	1132	1135			1142		1152				1157	1202			1205	
Southall (STL)		d	1130		1138			1145		1155				1200				1208	
Hanwell (HAN)		d	1133					1148						1203				1218	
West Ealing (WEA)	3	d	1135	1139				1150						1205	1209			1220	
Ealing Broadway (EAL)	3	d	1137	1141	1145			1152		1159				1207	1211			1215	
Acton Main Line (AML)		d	1140					1155						1210				1225	
London Paddington EL (PAD)	15	d	1149	1152	1156	1200		1204	1207	1211	1215		1219	1222		1226	1230	1234	
Bond Street (BDS)	15	d	1152	1155	1159	1203		1207	1210	1214	1218		1222	1225		1229	1233	1237	
Tottenham Court Road (TCR)	15	d	1154	1157	1201	1205		1209	1212	1216	1220		1224	1227		1231	1235	1239	
Farringdon (ZFD)	3	d	1157	1200	1204	1208		1212	1215	1219	1223		1227	1230		1234	1238	1242	
London Liverpool Street EL (LST)	4	d	1200	1203	1207	1211		1215	1218	1222	1226		1230	1233		1237	1241	1245	
London Liverpool Street (LST)	15	d				1213	1218				1233			1236			1248		
Whitechapel (ZLW)	15	d	1202	1205	1209	1213		1217	1220	1224	1228		1232	1235		1239	1243	1247	
Canary Wharf (CWX)	DLR	d	1206		1213			1221		1228			1236			1243		1251	
Custom House (CUS)		d	1210		1217			1225		1232			1240			1247		1255	
Woolwich (WWC)		d	1215		1222			1230		1237			1245			1252		1300	
Abbey Wood (ABW)		a	1219		1226			1234		1241			1249			1256		1304	
Stratford (SRA)	DLR 7	d		1211		1219	1220	1225		1226		1234	1240		1241	1243		1249	1255
Maryland (MYL)		d		1213		1221				1228		1236			1243			1251	
Forest Gate (FOG)		d		1215		1223				1230		1238			1245			1253	
Manor Park (MNP)		d		1218		1226				1233		1241			1248			1256	
Ilford (IFD)	2	d		1220		1228				1235		1243			1250			1258	
Seven Kings (SVK)		d		1223		1231				1238		1246			1253			1301	
Goodmayes (GMY)		d		1225		1233				1240		1248			1255			1303	
Chadwell Heath (CTH)		d		1227		1235				1242		1250			1257			1305	
Romford (RMF)		d		1231		1239	1228			1246		1254			1301	1251		1309	
Gidea Park (GDP)	2	d		1234		1242				1249		1257			1304			1312	
Harold Wood (HRO)		d		1237		1245				1252		1300			1307			1315	
Brentwood (BRE)		d		1241		1249				1256		1304			1311			1319	
Shenfield (SNF)	3	a		1247		1255	1239	1241		1302		1310	1255		1317	1300		1325	1311

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

B To Southend Victoria
C To Clacton-on-Sea
E To Braintree
F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	
Reading (RDG)	7	d							1159										
Twyford (TWY)	3	d							1204										
Maidenhead (MAI)	3	d		1200					1211					1230					
Taplow (TAP)		d							1214										
Burnham (BNM)		d		1204					1217					1234					
Slough (SLO)	3	d		1208					1221					1238					
Langley (LNY)		d		1212					1225					1242					
Iver (IVR)		d		1214										1244					
West Drayton (WDT)		d		1217					1230					1247					
Heathrow Terminal 5 (HWV)	7	d						1220											1250
Heathrow Terminal 4 (HAF)	7	d					1215					1230						1245	
Heathrow Terminals 2 & 3 (HXX)	7	d					1221	1225				1236						1251	1255
Hayes & Harlington (HAY)	3	d		1222			1227	1232	1235			1242		1252				1257	1302
Southall (STL)		d		1225			1230		1238			1245		1255				1300	
Hanwell (HAN)		d					1233					1248						1303	
West Ealing (WEA)	3	d					1235	1239				1250						1305	1309
Ealing Broadway (EAL)	3	d		1229			1237	1241	1245			1252		1259				1307	1311
Acton Main Line (AML)		d					1240					1255						1310	
London Paddington EL (PAD)	15	d	1237		1241	1245	1249	1252	1256	1300		1304	1307	1311	1315		1319	1322	1325
Bond Street (BDS)	15	d	1240		1244	1248	1252	1255	1259	1303		1307	1310	1314	1318		1322	1325	
Tottenham Court Road (TCR)	15	d	1242		1246	1250	1254	1257	1301	1305		1309	1312	1316	1320		1324	1327	
Farringdon (ZFD)	3	d	1245		1249	1253	1257	1300	1304	1308		1312	1315	1319	1323		1327	1330	
London Liverpool Street EL (LST)	4	d	1248		1252	1256	1300	1303	1307	1311		1315	1318	1322	1326		1330	1333	
London Liverpool Street (LST)	15	d		1250		1302					1313	1318				1333			
Whitechapel (ZLW)	15	d	1250		1254	1258	1302	1305	1309	1313		1317	1320	1324	1328		1332	1335	
Canary Wharf (CWX)	DLR	d			1258		1306		1313			1321		1328			1336		
Custom House (CUS)		d			1302		1310		1317			1325		1332			1340		
Woolwich (WWC)		d			1307		1315		1322			1330		1337			1345		
Abbey Wood (ABW)		a			1311		1319		1326			1334		1341			1349		
Stratford (SRA)	DLR 7	d	1256	1258		1304	1309		1311		1319	1320	1325		1326		1334	1340	1341
Maryland (MYL)		d	1258			1306			1313			1321		1328			1336		1343
Forest Gate (FOG)		d	1300			1308			1315			1323		1330			1338		1345
Manor Park (MNP)		d	1303			1311			1318			1326		1333			1341		1348
Ilford (IFD)	2	d	1305			1313			1320			1328		1335			1343		1350
Seven Kings (SVK)		d	1308			1316			1323			1331		1338			1346		1353
Goodmayes (GMY)		d	1310			1318			1325			1333		1340			1348		1355
Chadwell Heath (CTH)		d	1312			1320			1327			1335		1342			1350		1357
Romford (RMF)		d	1316			1324			1331		1328	1339		1346			1354		1401
Gidea Park (GDP)	2	d	1319			1327			1334			1342		1349			1357		1404
Harold Wood (HRO)		d	1322			1330			1337			1345		1352			1400		1407
Brentwood (BRE)		d	1326			1334			1341			1349		1356			1404		1411
Shenfield (SNF)	3	a	1332	1314		1340	1324		1347			1355	1339	1341		1402	1410	1355	1417

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Ipswich
- B To Southend Victoria
- C To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE F	XR	XR	LE E	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR
Reading (RDG)	7	d	1229											1259				
Twyford (TWY)	3	d	1234											1304				
Maidenhead (MAI)	3	d	1241						1300					1311				
Taplow (TAP)		d	1244											1314				
Burnham (BNM)		d	1247						1304					1317				
Slough (SLO)	3	d	1251						1308					1321				
Langley (LNY)		d	1255						1312					1325				
Iver (IVR)		d							1314									
West Drayton (WDT)		d	1300						1317					1330				
Heathrow Terminal 5 (HWV)	7	d											1320					
Heathrow Terminal 4 (HAF)	7	d				1300					1315						1330	
Heathrow Terminals 2 & 3 (HXX)	7	d				1306					1321	1325					1336	
Hayes & Harlington (HAY)	3	d	1305			1312			1323		1327	1332	1335				1342	
Southall (STL)		d	1308			1315			1326		1330		1338				1345	
Hanwell (HAN)		d				1318					1333						1348	
West Ealing (WEA)	3	d				1320					1335	1339					1350	
Ealing Broadway (EAL)	3	d	1315			1322			1330		1337	1341	1345				1352	
Acton Main Line (AML)		d				1325					1340						1355	
London Paddington EL (PAD)	15	d	1326	1330		1334	1337		1341	1345	1349	1352	1356	1400			1404	1407
Bond Street (BDS)		d	1329	1333		1337	1340		1344	1348	1352	1355	1359	1403			1407	1410
Tottenham Court Road (TCR)		d	1331	1335		1339	1342		1346	1350	1354	1357	1401	1405			1409	1412
Farringdon (ZFD)	3	d	1334	1338		1342	1345		1349	1353	1357	1400	1404	1408			1412	1415
London Liverpool Street EL (LST)	4	d	1337	1341		1345	1348		1352	1356	1400	1403	1407	1411			1415	1418
London Liverpool Street (LST)	15	d	1336		1348		1350			1402					1413	1418		
Whitechapel (ZLW)		d	1339	1343		1347	1350		1354	1358		1402	1405	1409	1413		1417	1420
Canary Wharf (CWX)	DLR	d	1343			1351			1358		1406	1409	1413				1421	
Custom House (CUS)		d	1347			1355			1402		1410	1413					1425	
Woolwich (WWC)		d	1352			1400			1407		1415	1418	1422				1430	
Abbey Wood (ABW)		a	1356			1404			1411		1419	1422	1426				1434	
Stratford (SRA)	DLR 7	d	1343		1349	1355		1356	1358		1404	1409		1411		1419	1420	1425
Maryland (MYL)		d			1351			1358			1406			1413		1421		1428
Forest Gate (FOG)		d			1353			1400			1408			1415		1423		1430
Manor Park (MNP)		d			1356			1403			1411			1418		1426		1433
Ilford (IFD)	2	d			1358			1405			1413			1420		1428		1435
Seven Kings (SVK)		d			1401			1408			1416			1423		1431		1438
Goodmayes (GMY)		d			1403			1410			1418			1425		1433		1440
Chadwell Heath (CTH)		d			1405			1412			1420			1427		1435		1442
Romford (RMF)		d	1351		1409			1416			1424			1431	1439	1428		1446
Gidea Park (GDP)	2	d			1412			1419			1427			1434		1442		1449
Harold Wood (HRO)		d			1415			1422			1430			1437		1445		1452
Brentwood (BRE)		d			1419			1426			1434			1441		1449		1456
Shenfield (SNF)	3	a	1400		1425	1412		1432	1414		1440	1424		1447		1455	1439	1441

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Ipswich
B To Southend Victoria
C To Clacton-on-Sea
E To Braintree
F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B	XR	XR	LE A	XR	XR
Days of operation/Notes																	
Reading (RDG) 7 d							1329										1359
Twyford (TWY) 3 d							1334										1404
Maidenhead (MAI) 3 d	1330						1341					1400					1411
Taplow (TAP) d							1344										1414
Burnham (BNM) d	1334						1347					1404					1417
Slough (SLO) 3 d	1338						1351					1408					1421
Langley (LNY) d	1342						1355					1412					1425
Iver (IVR) d	1344											1414					
West Drayton (WDT) d	1347						1400					1417					1430
Heathrow Terminal 5 (HWV) 7 d					1350												1420
Heathrow Terminal 4 (HAF) 7 d				1345					1400							1415	
Heathrow Terminals 2 & 3 (HXX) 7 d				1351	1355				1406							1421	1425
Hayes & Harlington (HAY) 3 d	1351			1358	1402		1405		1412			1422				1427	1432
Southall (STL) d	1354			1401			1408		1415			1425				1430	1438
Hanwell (HAN) d				1404					1418							1433	
West Ealing (WEA) 3 d				1406	1409				1420							1435	1439
Ealing Broadway (EAL) 3 d	1359			1408	1411		1415		1422			1429				1437	1441
Acton Main Line (AML) d				1411					1425							1440	
London Paddington EL (PAD) 15 d	1411	1415		1419	1422		1426	1430	1434	1437		1441	1445		1449	1452	1456
Bond Street (BDS) 15 d	1414	1418		1422	1425		1429	1433	1437	1440		1444	1448		1452	1455	1459
Tottenham Court Road (TCR) 15 d	1416	1420		1424	1427		1431	1435	1439	1442		1446	1450		1454	1457	1501
Farringdon (ZFD) 15 d	1419	1423		1427	1430		1434	1438	1442	1445		1449	1453		1457	1500	1504
London Liverpool Street EL (LST) 15 d	1422	1426		1430	1433		1437	1441	1445	1448		1452	1456		1500	1503	1507
London Liverpool Street (LST) 15 d			1433			1436			1448		1450			1502			
Whitechapel (ZLW) 15 d	1424	1428		1432	1435		1439	1443	1447	1450		1454	1458		1502	1505	1509
Canary Wharf (CWX) 15 d	1428			1436			1443		1451			1458			1506		1513
Custom House (CUS) d	1432			1440			1447		1455			1502			1510		1517
Woolwich (WWC) d	1437			1445			1452		1500			1507			1515		1522
Abbey Wood (ABW) a	1441			1449			1456		1504			1511			1519		1526
Stratford (SRA) 7 d		1434	1440		1441	1443		1449	1455		1456	1458		1504	1509		1511
Maryland (MYL) d		1436			1443			1451			1458			1506			1513
Forest Gate (FOG) d		1438			1445			1453			1500			1508			1515
Manor Park (MNP) d		1441			1448			1456			1503			1511			1518
Ilford (IFD) 2 d		1443			1450			1458			1505			1513			1520
Seven Kings (SVK) d		1446			1453			1501			1508			1516			1523
Goodmayes (GMY) d		1448			1455			1503			1510			1518			1525
Chadwell Heath (CTH) d		1450			1457			1505			1512			1520			1527
Romford (RMF) d		1454			1501	1451		1509			1516			1524			1531
Gidea Park (GDP) 2 d		1457			1504			1512			1519			1527			1534
Harold Wood (HRO) d		1500			1507			1515			1522			1530			1537
Brentwood (BRE) d		1504			1511			1519			1526			1534			1541
Shenfield (SNF) 3 a		1510	1455		1517	1500		1525	1511		1532	1514		1540	1524		1547

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Ipswich
B To Southend Victoria
E To Braintree
F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B	XR	
Reading (RDG)	7	d																1429	
Twyford (TWY)	3	d																1434	
Maidenhead (MAI)	3	d					1430											1441	1500
Taplow (TAP)		d																1444	
Burnham (BNM)		d					1434											1447	1504
Slough (SLO)	3	d					1438											1451	1508
Langley (LNY)		d					1442											1455	1512
Iver (IVR)		d					1444											1444	1514
West Drayton (WDT)		d					1447											1500	1517
Heathrow Terminal 5 (HWV)	7	d									1450								
Heathrow Terminal 4 (HAF)	7	d			1430					1445						1500			
Heathrow Terminals 2 & 3 (HXX)	7	d			1436					1451	1455					1506			
Hayes & Harlington (HAY)	3	d			1442		1452			1457	1502				1505			1512	1522
Southall (STL)		d			1445		1455			1500					1508			1515	1525
Hanwell (HAN)		d			1448					1503								1518	
West Ealing (WEA)	3	d			1450					1505	1509							1520	
Ealing Broadway (EAL)	3	d			1452		1459			1507	1511				1515			1522	1529
Acton Main Line (AML)		d			1455					1510								1525	
London Paddington EL (PAD)	15	d	1500		1504	1507	1511	1515		1519	1522			1526	1530		1534	1537	1541
Bond Street (BDS)	15	d	1503		1507	1510	1514	1518		1522	1525			1529	1533		1537	1540	1544
Tottenham Court Road (TCR)	15	d	1505		1509	1512	1516	1520		1524	1527			1531	1535		1539	1542	1546
Farringdon (ZFD)	15	d	1508		1512	1515	1519	1523		1527	1530			1534	1538		1542	1545	1549
London Liverpool Street EL (LST)	15	d	1511		1515	1518	1522	1526		1530	1533			1537	1541		1545	1548	1552
London Liverpool Street (LST)	15	d		1513	1518				1533		1536			1548				1550	
Whitechapel (ZLW)	15	d	1513		1517	1520	1524	1528		1532	1535			1539	1543		1547	1550	1554
Canary Wharf (CWX)	DLR	d			1521		1528			1536				1543			1551		1558
Custom House (CUS)		d			1525		1532			1540				1547			1555		1602
Woolwich (WWC)		d			1530		1537			1545				1552			1600		1607
Abbey Wood (ABW)		a			1534		1541			1549				1556			1604		1611
Stratford (SRA)	DLR 7	d	1519	1520	1525		1526		1534	1540		1541	1543		1549	1555		1556	1558
Maryland (MYL)		d	1521				1528		1536			1543			1551			1558	
Forest Gate (FOG)		d	1523				1530		1538			1545			1553			1600	
Manor Park (MNP)		d	1526				1533		1541			1548			1556			1603	
Ilford (IFD)	2	d	1528				1535		1543			1550			1558			1605	
Seven Kings (SVK)		d	1531				1538		1546			1553			1601			1608	
Goodmayes (GMY)		d	1533				1540		1548			1555			1603			1610	
Chadwell Heath (CTH)		d	1535				1542		1550			1557			1605			1612	
Romford (RMF)		d	1539	1528			1546		1554			1601	1551		1609			1616	
Gidea Park (GDP)	2	d	1542				1549		1557			1604			1612			1619	
Harold Wood (HRO)		d	1545				1552		1600			1607			1615			1622	
Brentwood (BRE)		d	1549				1556		1604			1611			1619			1626	
Shenfield (SNF)	3	a	1555	1539	1541		1602		1610	1555		1617	1600		1625	1611		1632	1614

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Clacton-on-Sea
- E To Braintree
- F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	LE F	XR	XR	
Reading (RDG)	7	d				1459												1529	
Twyford (TWY)	3	d				1504												1534	
Maidenhead (MAI)	3	d				1511						1530						1541	
Taplow (TAP)		d				1514												1544	
Burnham (BNM)		d				1517								1534				1547	
Slough (SLO)	3	d				1521								1538				1551	
Langley (LNY)		d				1525								1542				1555	
Iver (IVR)		d												1544					
West Drayton (WDT)		d				1530								1547				1600	
Heathrow Terminal 5 (HWV)	←	d			1520											1550			
Heathrow Terminal 4 (HAF)	←	d		1515						1530				1545					
Heathrow Terminals 2 & 3 (HXX)	←	d		1521	1525					1536				1551	1555				
Hayes & Harlington (HAY)	3	d		1527	1532	1535				1542		1552		1557	1602			1605	
Southall (STL)		d		1530		1538				1545		1555		1600				1608	
Hanwell (HAN)		d		1533						1548				1603					
West Ealing (WEA)	3	d		1535	1539					1550				1605	1609				
Ealing Broadway (EAL)	←	d		1537	1541	1545				1552		1559		1607	1611			1615	
Acton Main Line (AML)		d		1540						1555				1610					
London Paddington EL (PAD)	←	d	1545		1549	1552	1556	1600		1604	1607	1611	1615		1619	1622		1626	1630
Bond Street (BDS)	←	d	1548		1552	1555	1559	1603		1607	1610	1614	1618		1622	1625		1629	1633
Tottenham Court Road (TCR)	←	d	1550		1554	1557	1601	1605		1609	1612	1616	1620		1624	1627		1631	1635
Farringdon (ZFD)	←	d	1553		1557	1600	1604	1608		1612	1615	1619	1623		1627	1630		1634	1638
London Liverpool Street EL (LST)	←	d	1556		1600	1603	1607	1611		1615	1618	1622	1626		1630	1633		1637	1641
London Liverpool Street (LST)	←	d		1602				1613	1618				1633			1636			
Whitechapel (ZLW)	←	d	1558		1602	1605	1609	1613		1617	1620	1624	1628		1632	1635		1639	1643
Canary Wharf (CWX)	DLR	d			1606		1613			1621		1628			1636			1643	
Custom House (CUS)		d			1610		1617			1625		1632			1640			1647	
Woolwich (WWC)		d			1615		1622			1630		1637			1645			1652	
Abbey Wood (ABW)		a			1619		1626			1634		1641			1649			1656	
Stratford (SRA)	←	d	1604	1609		1611		1619	1620	1625		1626		1634	1640		1641	1643	1649
Maryland (MYL)		d	1606			1613		1621				1628		1636			1643		1651
Forest Gate (FOG)		d	1608			1615		1623				1630		1638			1645		1653
Manor Park (MNP)		d	1611			1618		1626				1633		1641			1648		1656
Ilford (IFD)	2	d	1613			1620		1628				1635		1643			1650		1658
Seven Kings (SVK)		d	1616			1623		1631				1638		1646			1653		1701
Goodmayes (GMY)		d	1618			1625		1633				1640		1648			1655		1703
Chadwell Heath (CTH)		d	1620			1627		1635				1642		1650			1657		1705
Romford (RMF)		d	1624			1631		1639	1628			1646		1654			1701	1651	1709
Gidea Park (GDP)	2	d	1627			1634		1642				1649		1657			1704		1712
Harold Wood (HRO)		d	1630			1637		1645				1652		1700			1707		1715
Brentwood (BRE)		d	1634			1641		1649				1656		1704			1711		1719
Shenfield (SNF)	3	a	1640	1624		1647		1655	1639	1641		1702		1710	1655		1717	1700	1725

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Ipswich
B To Southend Victoria
C To Clacton-on-Sea
F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE E	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B		
Reading (RDG)	7	d									1559									
Twyford (TWY)	3	d									1604									
Maidenhead (MAI)	3	d				1600					1611						1630			
Taplow (TAP)		d									1614									
Burnham (BNM)		d				1604					1617						1634			
Slough (SLO)	3	d				1608					1621						1638			
Langley (LNY)		d				1612					1625						1642			
Iver (IVR)		d				1614											1644			
West Drayton (WDT)		d				1617					1630						1647			
Heathrow Terminal 5 (HWV)	←	d									1620									
Heathrow Terminal 4 (HAF)	←	d		1600					1615						1630					
Heathrow Terminals 2 & 3 (HXX)	←	d		1606					1621	1625					1636					
Hayes & Harlington (HAY)	3	d		1612			1622		1627	1632	1635				1642			1652		
Southall (STL)		d		1615			1625		1630		1638				1645			1655		
Hanwell (HAN)		d		1618					1633						1648					
West Ealing (WEA)	3	d		1620					1635	1639					1650					
Ealing Broadway (EAL)	←	d		1622			1629		1637	1641	1645				1652			1659		
Acton Main Line (AML)		d		1625					1640						1655					
London Paddington EL (PAD)	←	d		1634	1637		1641	1645	1649	1652	1656	1700			1704	1707	1711	1715		
Bond Street (BDS)	←	d		1637	1640		1644	1648	1652	1655	1659	1703			1707	1710	1714	1718		
Tottenham Court Road (TCR)	←	d		1639	1642		1646	1650	1654	1657	1701	1705			1709	1712	1716	1720		
Farringdon (ZFD)	←	d		1642	1645		1649	1653	1657	1700	1704	1708			1712	1715	1719	1723		
London Liverpool Street EL (LST)	←	d		1645	1648		1652	1656	1700	1703	1707	1711			1715	1718	1722	1726		
London Liverpool Street (LST)	←	d	1648		1650			1702					1713	1718					1733	
Whitechapel (ZLW)	←	d		1647	1650		1654	1658							1717	1720	1724	1728		
Canary Wharf (CWX)	DLR	d		1651			1658		1706		1713				1721		1728			
Custom House (CUS)		d		1655			1702		1710		1717				1725		1732			
Woolwich (WWC)		d		1700			1707		1715		1722				1730		1737			
Abbey Wood (ABW)		a		1704			1711		1719		1726				1734		1741			
Stratford (SRA)	←	d	1655		1656	1658		1704	1709		1711		1719	1720	1725		1726		1734	1740
Maryland (MYL)		d			1658			1706			1713						1728		1736	
Forest Gate (FOG)		d			1700			1708			1715						1730		1738	
Manor Park (MNP)		d			1703			1711			1718						1733		1741	
Ilford (IFD)	2	d			1705			1713			1720						1735		1743	
Seven Kings (SVK)		d			1708			1716			1723						1738		1746	
Goodmayes (GMY)		d			1710			1718			1725						1740		1748	
Chadwell Heath (CTH)		d			1712			1720			1727						1742		1750	
Romford (RMF)		d			1716			1724			1731		1728				1746		1754	
Gidea Park (GDP)	2	d			1719			1727			1734						1749		1757	
Harold Wood (HRO)		d			1722			1730			1737						1752		1800	
Brentwood (BRE)		d			1726			1734			1741						1756		1804	
Shenfield (SNF)	3	a	1711		1732	1714		1740	1724		1747						1802		1810	1755

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Ipswich
B To Southend Victoria
C To Clacton-on-Sea
E To Braintree

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C		
Days of operation/Notes																				
Reading (RDG)	7	d		1629												1659				
Twyford (TWY)	3	d		1634												1704				
Maidenhead (MAI)	3	d		1641						1700						1711				
Taplow (TAP)		d		1644												1714				
Burnham (BNM)		d		1647						1704						1717				
Slough (SLO)	3	d		1651						1708						1721				
Langley (LNY)		d		1655						1712						1725				
Iver (IVR)		d								1714										
West Drayton (WDT)		d		1700						1717						1730				
Heathrow Terminal 5 (HWV)	7	d	1650												1720					
Heathrow Terminal 4 (HAF)	7	d	1645				1700						1715							
Heathrow Terminals 2 & 3 (HXX)	7	d	1651	1655			1706						1721	1725						
Hayes & Harlington (HAY)	3	d	1657	1702			1712			1721			1727	1732		1735				
Southall (STL)		d	1700				1715			1724			1730			1738				
Hanwell (HAN)		d	1703				1718						1733							
West Ealing (WEA)	3	d	1705	1709			1720						1735	1739						
Ealing Broadway (EAL)	3	d	1707	1711			1722			1729			1737	1741		1745				
Acton Main Line (AML)		d	1710				1725						1740							
London Paddington EL (PAD)	15	d	1719	1722			1726	1730		1734	1737		1741	1745		1749	1752	1756	1800	
Bond Street (BDS)	15	d	1722	1725			1729	1733		1737	1740		1744	1748		1752	1755	1759	1803	
Tottenham Court Road (TCR)	15	d	1724	1727			1731	1735		1739	1742		1746	1750		1754	1757	1801	1805	
Farringdon (ZFD)	3	d	1727	1730			1734	1738		1742	1745		1749	1753		1757	1800	1804	1808	
London Liverpool Street EL (LST)	4	d	1730	1733			1737	1741		1745	1748		1752	1756		1800	1803	1807	1811	
London Liverpool Street (LST)	15	d		1736			1748			1750			1802					1813	1818	
Whitechapel (ZLW)	15	d	1732	1735			1739	1743		1747	1750		1754	1758		1802	1805	1809	1813	
Canary Wharf (CWX)	DLR	d	1736				1743			1751			1758			1806		1813		
Custom House (CUS)		d	1740				1747			1755			1802			1810		1817		
Woolwich (WWC)		d	1745				1752			1800			1807			1815		1822		
Abbey Wood (ABW)		a	1749				1756			1804			1811			1819		1826		
Stratford (SRA)	DLR 7	d		1741	1743		1749	1755		1756	1758		1804	1809		1811		1819	1820	1825
Maryland (MYL)		d		1743			1751			1758			1806			1813		1821		
Forest Gate (FOG)		d		1745			1753			1800			1808			1815		1823		
Manor Park (MNP)		d		1748			1756			1803			1811			1818		1826		
Ilford (IFD)	2	d		1750			1758			1805			1813			1820		1828		
Seven Kings (SVK)		d		1753			1801			1808			1816			1823		1831		
Goodmayes (GMY)		d		1755			1803			1810			1818			1825		1833		
Chadwell Heath (CTH)		d		1757			1805			1812			1820			1827		1835		
Romford (RMF)		d		1801	1751		1809			1816			1824			1831		1839	1828	
Gidea Park (GDP)	2	d		1804			1812			1819			1827			1834		1842		
Harold Wood (HRO)		d		1807			1815			1822			1830			1837		1845		
Brentwood (BRE)		d		1811			1819			1826			1834			1841		1849		
Shenfield (SNF)	3	a		1817	1800		1825	1811		1832	1814		1840	1824		1847		1855	1839	1841

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Ipswich
B To Southend Victoria
C To Clacton-on-Sea
E To Braintree
F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B	XR	XR	LE D	XR	
Reading (RDG)	7	d							1729										
Twyford (TWY)	3	d							1734										
Maidenhead (MAI)	3	d		1730					1741					1800					
Taplow (TAP)		d							1744										
Burnham (BNM)		d		1734					1747					1804					
Slough (SLO)	3	d		1738					1751					1808					
Langley (LNY)		d		1742					1755					1812					
Iver (IVR)		d		1744										1814					
West Drayton (WDT)		d		1747					1800					1817					
Heathrow Terminal 5 (HWV)	7	d						1750											
Heathrow Terminal 4 (HAF)	7	d	1730			1745						1800							1815
Heathrow Terminals 2 & 3 (HXX)	7	d	1736			1751	1755					1806							1821
Hayes & Harlington (HAY)	3	d	1742	1752		1757	1802		1805			1812			1822				1827
Southall (STL)		d	1745	1755		1800			1808			1815			1825				1830
Hanwell (HAN)		d	1748			1803						1818							1833
West Ealing (WEA)	3	d	1750			1805	1809					1820							1835
Ealing Broadway (EAL)	3	d	1752	1759		1807	1811		1815			1822			1829				1837
Acton Main Line (AML)		d	1755			1810						1825							1840
London Paddington EL (PAD)	15	d	1804	1807	1811	1815	1819	1822	1826	1830	1834	1837	1841	1845	1849				1849
Bond Street (BDS)	15	d	1807	1810	1814	1818	1822	1825	1829	1833	1837	1840	1844	1848	1852				1852
Tottenham Court Road (TCR)	15	d	1809	1812	1816	1820	1824	1827	1831	1835	1839	1842	1846	1850	1854				1854
Farringdon (ZFD)	15	d	1812	1815	1819	1823	1827	1830	1834	1838	1842	1845	1849	1853	1857				1857
London Liverpool Street EL (LST)	15	d	1815	1818	1822	1826	1830	1833	1837	1841	1845	1848	1852	1856	1900				1900
London Liverpool Street (LST)	15	d			1833			1836			1846		1850		1904				
Whitechapel (ZLW)	15	d	1817	1820	1824	1828	1832	1835	1839	1843	1847	1850	1854	1858	1902				1902
Canary Wharf (CWX)	DLR	d	1821	1828		1836			1843		1851		1858		1906				1906
Custom House (CUS)		d	1825	1832		1840			1847		1855		1902		1910				1910
Woolwich (WWC)		d	1830	1837		1845			1852		1900		1907		1915				1915
Abbey Wood (ABW)		a	1834	1841		1849			1856		1904		1911		1919				1919
Stratford (SRA)	DLR 7	d	1826	1834	1840	1841	1843	1849	1853	1856	1858	1904	1911						
Maryland (MYL)		d	1828	1836		1843		1851		1858		1906							
Forest Gate (FOG)		d	1830	1838		1845		1853		1900		1908							
Manor Park (MNP)		d	1833	1841		1848		1856		1903		1911							
Ilford (IFD)	2	d	1835	1843		1850		1858		1905		1913							
Seven Kings (SVK)		d	1838	1846		1853		1901		1908		1916							
Goodmayes (GMY)		d	1840	1848		1855		1903		1910		1918							
Chadwell Heath (CTH)		d	1842	1850		1857		1905		1912		1920							
Romford (RMF)		d	1846	1854		1901	1851	1909		1916		1924							
Gidea Park (GDP)	2	d	1849	1857		1904		1912		1919		1927							
Harold Wood (HRO)		d	1852	1900		1907		1915		1922		1930							
Brentwood (BRE)		d	1856	1904		1911		1919		1926		1934							
Shenfield (SNF)	3	a	1902	1910	1855	1917	1900	1925	1908	1932	1914	1940	1926						

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- D To Harwich International
- E To Braintree
- F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR			
Reading (RDG)	7	d	1759											1829						
Twyford (TWY)	3	d	1804											1834						
Maidenhead (MAI)	3	d	1811					1830						1841						
Taplow (TAP)		d	1814											1844						
Burnham (BNM)		d	1817					1834						1847						
Slough (SLO)	3	d	1821					1838						1851						
Langley (LNY)		d	1825					1842						1855						
Iver (IVR)		d						1844												
West Drayton (WDT)		d	1830					1847						1900						
Heathrow Terminal 5 (HWV)	7	d	1820										1850							
Heathrow Terminal 4 (HAF)	7	d				1830						1845				1900				
Heathrow Terminals 2 & 3 (HXX)	7	d	1825			1836						1851	1855			1906				
Hayes & Harlington (HAY)	3	d	1832	1835		1842		1852				1857	1902		1905		1912			
Southall (STL)		d		1838		1845		1855				1900			1908		1915			
Hanwell (HAN)		d				1848						1903					1918			
West Ealing (WEA)	3	d	1839			1850						1905	1909				1920			
Ealing Broadway (EAL)	3	d	1841	1845		1852		1859				1907	1911		1915		1922			
Acton Main Line (AML)		d				1855						1910					1925			
London Paddington EL (PAD)	15	d	1852	1856	1900			1904	1907	1911	1915		1919	1922		1926	1930	1934	1937	
Bond Street (BDS)	15	d	1855	1859	1903			1907	1910	1914	1918		1922	1925		1929	1933	1937	1940	
Tottenham Court Road (TCR)	15	d	1857	1901	1905			1909	1912	1916	1920		1924	1927		1931	1935	1939	1942	
Farringdon (ZFD)	3	d	1900	1904	1908			1912	1915	1919	1923		1927	1930		1934	1938	1942	1945	
London Liverpool Street EL (LST)	4	d	1903	1907	1911			1915	1918	1922	1926		1930	1933		1937	1941	1945	1948	
London Liverpool Street (LST)	15	d				1913	1918					1933			1936			1948		
Whitechapel (ZLW)	15	d	1905	1909	1913			1917	1920	1924	1928		1932	1935		1939	1943		1947	1950
Canary Wharf (CWX)	DLR	d		1913				1921		1928			1936			1943			1951	
Custom House (CUS)		d		1917				1925		1932			1940			1947			1955	
Woolwich (WWC)		d		1922				1930		1937			1945			1952			2000	
Abbey Wood (ABW)		a		1926				1934		1941			1949			1956			2004	
Stratford (SRA)	DLR 7	d	1911		1919	1920	1925			1926		1934	1940		1941	1943		1949	1955	1956
Maryland (MYL)		d	1913		1921					1928		1936			1943			1951		1958
Forest Gate (FOG)		d	1915		1923					1930		1938			1945			1953		2000
Manor Park (MNP)		d	1918		1926					1933		1941			1948			1956		2003
Ilford (IFD)	2	d	1920		1928					1935		1943			1950			1958		2005
Seven Kings (SVK)		d	1923		1931					1938		1946			1953			2001		2008
Goodmayes (GMY)		d	1925		1933					1940		1948			1955			2003		2010
Chadwell Heath (CTH)		d	1927		1935					1942		1950			1957			2005		2012
Romford (RMF)		d	1931		1939	1928				1946		1954			2001	1951		2009		2016
Gidea Park (GDP)	2	d	1934		1942					1949		1957			2004			2012		2019
Harold Wood (HRO)		d	1937		1945					1952		2000			2007			2015		2022
Brentwood (BRE)		d	1941		1949					1956		2004			2011			2019		2026
Shenfield (SNF)	3	a	1947		1955	1939	1941			2002		2010	1955		2017	2000		2025	2011	2032

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Clacton-on-Sea
- E To Braintree
- F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	LE D			
Reading (RDG)	7	d						1859													
Twyford (TWY)	3	d						1904													
Maidenhead (MAI)	3	d	1900					1911					1930								
Taplow (TAP)		d						1914													
Burnham (BNM)		d	1904					1917					1934								
Slough (SLO)	3	d	1908					1921					1938								
Langley (LNY)		d	1912					1925					1942								
Iver (IVR)		d	1914										1944								
West Drayton (WDT)		d	1917					1930					1947								
Heathrow Terminal 5 (HWV)	←	d					1920											1950			
Heathrow Terminal 4 (HAF)	←	d				1915					1930					1945					
Heathrow Terminals 2 & 3 (HXX)	←	d				1921	1925				1936					1951	1955				
Hayes & Harlington (HAY)	3	d	1922			1927	1932	1935			1942		1952			1957	2002				
Southall (STL)		d	1925			1930		1938			1945		1955			2000					
Hanwell (HAN)		d				1933					1948					2003					
West Ealing (WEA)	3	d				1935	1939				1950					2005	2009				
Ealing Broadway (EAL)	←	3	d	1929		1937	1941	1945			1952		1959			2007	2011				
Acton Main Line (AML)		d				1940					1955					2010					
London Paddington EL (PAD)	←	15	d	1941	1945	1949	1952	1956	2000		2004	2007	2011	2015		2019	2022				
Bond Street (BDS)	←	d	1944	1948	1952	1955	1959	2003			2007	2010	2014	2018		2022	2025				
Tottenham Court Road (TCR)	←	d	1946	1950	1954	1957	2001	2005			2009	2012	2016	2020		2024	2027				
Farringdon (ZFD)	←	3	d	1949	1953	1957	2000	2004	2008		2012	2015	2019	2023		2027	2030				
London Liverpool Street EL (LST)	←	4	d	1952	1956	2000	2003	2007	2011		2015	2018	2022	2026		2030	2033				
London Liverpool Street (LST)	←	15	d	1950		2002				2013	2018				2033			2036			
Whitechapel (ZLW)	←	d	1954	1958		2002	2005	2009	2013		2017	2020	2024	2028		2032	2035				
Canary Wharf (CWX)	DLR	d	1958			2006		2013			2021		2028			2036					
Custom House (CUS)		d	2002			2010		2017			2025		2032			2040					
Woolwich (WWC)		d	2007			2015		2022			2030		2037			2045					
Abbey Wood (ABW)		a	2011			2019		2026			2034		2041			2049					
Stratford (SRA)	←	DLR	7	d	1958		2004	2009		2011		2019	2020	2025		2026		2034	2040	2041	2043
Maryland (MYL)		d				2006		2013		2021		2028				2036				2043	
Forest Gate (FOG)		d				2008		2015		2023		2030				2038				2045	
Manor Park (MNP)		d				2011		2018		2026		2033				2041				2048	
Ilford (IFD)	2	d				2013		2020		2028		2035				2043				2050	
Seven Kings (SVK)		d				2016		2023		2031		2038				2046				2053	
Goodmayes (GMY)		d				2018		2025		2033		2040				2048				2055	
Chadwell Heath (CTH)		d				2020		2027		2035		2042				2050				2057	
Romford (RMF)		d				2024		2031		2039	2028	2046				2054				2101	2051
Gidea Park (GDP)	2	d				2027		2034		2042		2049				2057				2104	
Harold Wood (HRO)		d				2030		2037		2045		2052				2100				2107	
Brentwood (BRE)		d				2034		2041		2049		2056				2104				2111	
Shenfield (SNF)	3	a	2014		2040	2024		2047		2055	2039	2041			2102	2110	2055			2117	2100

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Ipswich
B To Southend Victoria
C To Clacton-on-Sea
D To Harwich International

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	LE E	XR	XR	LE B	XR	XR	LE F	XR	XR	XR	XR	LE B	LE C	XR	XR	XR		
Reading (RDG)	7	d	1929													1959				
Twyford (TWY)	3	d	1934													2004				
Maidenhead (MAI)	3	d	1941					2000								2011			2030	
Taplow (TAP)		d	1944													2014				
Burnham (BNM)		d	1947					2004								2017			2034	
Slough (SLO)	3	d	1951					2008								2021			2038	
Langley (LNY)		d	1955					2012								2025			2042	
Iver (IVR)		d						2014											2044	
West Drayton (WDT)		d	2000					2017								2030			2047	
Heathrow Terminal 5 (HWV)	←	d										2020								
Heathrow Terminal 4 (HAF)	←	d			2000					2015								2030		
Heathrow Terminals 2 & 3 (HXX)	←	d			2006					2021	2025							2036		
Hayes & Harlington (HAY)	3	d	2005		2012			2022		2027	2032	2035				2042			2052	
Southall (STL)		d	2008		2015			2025		2030		2038				2045			2055	
Hanwell (HAN)		d			2018					2033						2048				
West Ealing (WEA)	3	d			2020					2035	2039					2050				
Ealing Broadway (EAL)	3	d	2015		2022			2029		2037	2041	2045				2052			2059	
Acton Main Line (AML)		d			2025					2040						2055				
London Paddington EL (PAD)	15	d	2026	2030		2034	2037		2041	2045		2049	2052	2056	2100			2104	2107	2111
Bond Street (BDS)	←	d	2029	2033		2037	2040		2044	2048		2052	2055	2059	2103			2107	2110	2114
Tottenham Court Road (TCR)	←	d	2031	2035		2039	2042		2046	2050		2054	2057	2101	2105			2109	2112	2116
Farringdon (ZFD)	3	d	2034	2038		2042	2045		2049	2053		2057	2100	2104	2108			2112	2115	2119
London Liverpool Street EL (LST)	4	d	2037	2041		2045	2048		2052	2056		2100	2103	2107	2111			2115	2118	2122
London Liverpool Street (LST)	15	d			2048			2050		2102					2113	2118				
Whitechapel (ZLW)	←	d	2039	2043		2047	2050		2054	2058		2102	2105	2109	2113			2117	2120	2124
Canary Wharf (CWX)	DLR	d	2043			2051			2058			2106		2113				2121	2128	
Custom House (CUS)		d	2047			2055			2102			2110		2117				2125	2132	
Woolwich (WWC)		d	2052			2100			2107			2115		2122				2130	2137	
Abbey Wood (ABW)		a	2056			2104			2111			2119		2126				2134	2141	
Stratford (SRA)	DLR 7	d		2049	2055		2056	2058		2104	2109		2111		2119	2120	2125		2126	
Maryland (MYL)		d		2051			2058			2106			2113		2121				2128	
Forest Gate (FOG)		d		2053			2100			2108			2115		2123				2130	
Manor Park (MNP)		d		2056			2103			2111			2118		2126				2133	
Ilford (IFD)	2	d		2058			2105			2113			2120		2128				2135	
Seven Kings (SVK)		d		2101			2108			2116			2123		2131				2138	
Goodmayes (GMY)		d		2103			2110			2118			2125		2133				2140	
Chadwell Heath (CTH)		d		2105			2112			2120			2127		2135				2142	
Romford (RMF)		d		2109			2116			2124			2131		2139	2128			2146	
Gidea Park (GDP)	2	d		2112			2119			2127			2134		2142				2149	
Harold Wood (HRO)		d		2115			2122			2130			2137		2145				2152	
Brentwood (BRE)		d		2119			2126			2134			2141		2149				2156	
Shenfield (SNF)	3	a		2125	2111		2132	2114		2140	2124		2147		2155	2139	2141		2202	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

B To Southend Victoria
C To Clacton-on-Sea
E To Braintree
F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	LE B	XR	XR	LE F	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE B	XR	XR		
Reading (RDG)	7	d				2029												2059		
Twyford (TWY)	3	d				2034												2104		
Maidenhead (MAI)	3	d				2041					2100							2111		
Taplow (TAP)		d				2044												2114		
Burnham (BNM)		d				2047					2104							2117		
Slough (SLO)	3	d				2051					2108							2121		
Langley (LNY)		d				2055					2112							2125		
Iver (IVR)		d									2114									
West Drayton (WDT)		d				2100					2117							2130		
Heathrow Terminal 5 (HWV)	7	d			2050												2120			
Heathrow Terminal 4 (HAF)	7	d			2045				2100					2115						
Heathrow Terminals 2 & 3 (HXX)	7	d			2051	2055			2106					2121	2125					
Hayes & Harlington (HAY)	3	d			2057	2102		2105	2112		2122			2127	2132			2135		
Southall (STL)		d			2100		2108		2115		2125			2130				2138		
Hanwell (HAN)		d			2103				2118					2133						
West Ealing (WEA)	3	d			2105	2109			2120					2135	2139					
Ealing Broadway (EAL)	3	d			2107	2111	2115		2122		2129			2137	2141			2145		
Acton Main Line (AML)		d			2110				2125					2140						
London Paddington EL (PAD)	15	d	2115		2119	2122		2126	2130	2134	2137		2141	2145		2149	2152		2156	2202
Bond Street (BDS)	15	d	2118		2122	2125		2129	2133	2137	2140		2144	2148		2152	2155		2159	2205
Tottenham Court Road (TCR)	15	d	2120		2124	2127		2131	2135	2139	2142		2146	2150		2154	2157		2201	2207
Farringdon (ZFD)	15	d	2123		2127	2130		2134	2138	2142	2145		2149	2153		2157	2200		2204	2210
London Liverpool Street EL (LST)	15	d	2126		2130	2133		2137	2141	2145	2148		2152	2156		2200	2203		2207	2213
London Liverpool Street (LST)	15	d		2133		2136				2150			2202				2213			
Whitechapel (ZLW)	15	d	2128		2132	2135		2139	2143	2147	2150		2154	2158		2202	2205		2209	2215
Canary Wharf (CWX)	DLR	d			2136			2143		2151			2158			2206			2213	
Custom House (CUS)		d			2140			2147		2155			2202			2210			2218	
Woolwich (WWC)		d			2145			2152		2200			2207			2215			2224	
Abbey Wood (ABW)		a			2149			2156		2204			2211			2219			2228	
Stratford (SRA)	DLR 7	d	2134	2140		2141	2143		2149		2156	2158		2204	2209			2211	2220	2221
Maryland (MYL)		d	2136			2143			2151		2158			2206				2213		2223
Forest Gate (FOG)		d	2138			2145			2153		2200			2208				2215		2225
Manor Park (MNP)		d	2141			2148			2156		2203			2211				2218		2228
Ilford (IFD)	2	d	2143			2150			2158		2205			2213				2220		2231
Seven Kings (SVK)		d	2146			2153			2201		2208			2216				2223		2234
Goodmayes (GMY)		d	2148			2155			2203		2210			2218				2225		2236
Chadwell Heath (CTH)		d	2150			2157			2205		2212			2220				2227		2238
Romford (RMF)		d	2154			2201			2209		2216			2224				2231	2228	2242
Gidea Park (GDP)	2	d	2157			2204			2212		2219			2227				2234		2244
Harold Wood (HRO)		d	2200			2207			2215		2222			2230				2237		2247
Brentwood (BRE)		d	2204			2211			2219		2226			2234				2241		2251
Shenfield (SNF)	3	a	2211	2155		2217	2158		2225		2232	2214		2241	2224			2247	2239	2257

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

B To Southend Victoria
F To Colchester Town
G To Colchester

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE C	XR	XR	XR	XR	LE G	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	
Reading (RDG)	7 d						2129									2159			
Twyford (TWY)	3 d						2134									2204			
Maidenhead (MAI)	3 d						2141									2211			
Taplow (TAP)	d						2144									2214			
Burnham (BNM)	d						2147									2217			
Slough (SLO)	3 d						2151									2221			
Langley (LNY)	d						2155									2225			
Iver (IVR)	d						2157									2227			
West Drayton (WDT)	d						2200									2230			
Heathrow Terminal 5 (HWV)	7 d					2150													
Heathrow Terminal 4 (HAF)	7 d		2130		2145					2200					2215				
Heathrow Terminals 2 & 3 (HXX)	7 d		2136		2151	2155				2206					2221				
Hayes & Harlington (HAY)	3 d		2142		2157	2202		2205		2212					2227	2235			
Southall (STL)	d		2145		2200		2208			2215					2230	2238			
Hanwell (HAN)	d		2148		2203					2218					2233				
West Ealing (WEA)	3 d		2150		2205	2209				2220					2235				
Ealing Broadway (EAL)	3 d		2152		2207	2211	2215			2222					2237	2245			
Acton Main Line (AML)	d		2155		2210					2225					2240				
London Paddington EL (PAD)	15 d		2207	2212	2218	2222		2227	2232		2237	2242		2247	2252	2257	2302		
Bond Street (BDS)	d		2210	2215	2221	2225		2230	2235		2240	2245		2250	2255	2300	2305		
Tottenham Court Road (TCR)	d		2212	2217	2223	2227		2232	2237		2242	2247		2252	2257	2302	2307		
Farringdon (ZFD)	3 d		2215	2220	2226	2230		2235	2240		2245	2250		2255	2300	2305	2310		
London Liverpool Street EL (LST)	4 d		2218	2223	2229	2233		2238	2243		2248	2253		2258	2303	2308	2313		
London Liverpool Street (LST)	15 d	2218				2236			2245			2302					2315	2318	
Whitechapel (ZLW)	d		2220	2225	2231	2235		2240	2245		2250	2255		2300	2305	2310	2315		
Canary Wharf (CWX)	DLR d		2224		2235		2244			2254			2304		2314				
Custom House (CUS)	d		2228		2239		2248			2259			2308		2318				
Woolwich (WWC)	d		2232		2244		2252			2304			2312		2322				
Abbey Wood (ABW)	a		2236		2248		2256			2308			2316		2326				
Stratford (SRA)	DLR 7 d	2225		2231		2241	2243		2251	2252		2301	2309		2311		2321	2322	2325
Maryland (MYL)	d			2233		2243			2253			2303			2313		2323		
Forest Gate (FOG)	d			2235		2245			2255			2305			2315		2325		
Manor Park (MNP)	d			2238		2248			2258			2308			2318		2328		
Ilford (IFD)	2 d			2240		2250			2300			2310			2320		2330		
Seven Kings (SVK)	d			2243		2253			2303			2313			2323		2333		
Goodmayes (GMY)	d			2245		2255			2305			2315			2325		2335		
Chadwell Heath (CTH)	d			2247		2257			2307			2317			2327		2337		
Romford (RMF)	d			2251		2301			2311			2321			2331		2341		
Gidea Park (GDP)	2 d			2254		2304			2314			2324			2334		2344		
Harold Wood (HRO)	d			2257		2307			2317			2327			2337		2347		
Brentwood (BRE)	d			2301		2311			2321			2331			2341		2351		
Shenfield (SNF)	3 a	2241		2307		2317	2258		2327	2307		2337	2324		2347		2357	2337	2340

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Ipswich
- B To Southend Victoria
- C To Clacton-on-Sea
- G To Colchester

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	XR	XR	XR	XR	LE B	LE G	XR	XR	XR	XR	XR	LE SUM B	LE SUM G	XR	XR SUM	XR SUM	
Reading (RDG) 7 d					2229														2257
Twyford (TWY) 3 d					2234														2302
Maidenhead (MAI) 3 d					2241														2309
Taplow (TAP) d					2244														2312
Burnham (BNM) d					2247														2315
Slough (SLO) 3 d					2251														2319
Langley (LNY) d					2255														2325
Iver (IVR) d					2257														2327
West Drayton (WDT) d					2300														2330
Heathrow Terminal 5 (HWV) 7 d									2300										2330
Heathrow Terminal 4 (HAF) 7 d	2230			2245									2315						
Heathrow Terminals 2 & 3 (HXX) 7 d	2236			2251					2306				2321				2336		
Hayes & Harlington (HAY) 3 d	2242			2257	2305				2312				2327	2335					2342
Southall (STL) d	2245			2300	2308				2315				2330	2338					2345
Hanwell (HAN) d	2248			2303					2318				2333						2348
West Ealing (WEA) 3 d	2250			2305					2320				2335						2350
Ealing Broadway (EAL) 3 d	2252			2307	2315				2322				2337	2345					2352
Acton Main Line (AML) d	2255			2310					2325				2340						2355
London Paddington EL (PAD) 15 d	2307	2312	2317	2322	2327	2332			2337	2342	2347	2352	2359				0007	0014	0022
Bond Street (BDS) 7 d	2310	2315	2320	2325	2330	2335			2340	2345	2350	2355	0002				0010	0017	0025
Tottenham Court Road (TCR) 7 d	2312	2317	2322	2327	2332	2337			2342	2347	2352	2357	0004				0012	0019	0027
Farringdon (ZFD) 3 d	2315	2320	2325	2330	2335	2340			2345	2350	2355	0001	0007				0015	0022	0030
London Liverpool Street EL (LST) 4 d	2318	2323	2328	2333	2338	2343			2348	2353	2358	0003	0010				0018	0025	0033
London Liverpool Street (LST) 15 d							2345	2348						0015	0018				
Whitechapel (ZLW) 7 d	2320	2325	2330	2335	2340	2345			2350	2355	0001	0005	0012				0020	0027a	0035
Canary Wharf (CWX) DLR d	2324		2334	2344					2354			0005	0016						
Custom House (CUS) d	2328		2339	2348					2358			0008	0020						
Woolwich (WWC) d	2332		2344	2352					0002			0012	0024						
Abbey Wood (ABW) a	2336		2348	2356					0006			0016	0028						
Stratford (SRA) 7 d		2331		2341		2351	2352	2355		0001		0011		0022	0025	0028			0041
Maryland (MYL) d		2333		2343		2353				0003		0013				0030			0043
Forest Gate (FOG) d		2335		2345		2355				0005		0015				0032			0045
Manor Park (MNP) d		2338		2348		2358				0008		0017				0035			0048
Ilford (IFD) 2 d		2340		2350		0001				0010		0020				0037			0050
Seven Kings (SVK) d		2343		2353		0003				0013		0023				0040			0053
Goodmayes (GMY) d		2345		2355		0005				0015		0025				0042			0055
Chadwell Heath (CTH) d		2347		2357		0007				0017		0027				0044			0057
Romford (RMF) d		2351		0001		0011				0021		0031		0033		0048			0101
Gidea Park (GDP) 2 d		2354		0004		0014				0024		0033				0050			0104
Harold Wood (HRO) d		2357		0007		0017				0027		0036				0053			0107
Brentwood (BRE) d		0001		0011		0021				0031		0040				0057			0111
Shenfield (SNF) 3 a		0007		0017		0027	0007	0010		0037		0046		0046	0048	0103			0117

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- G To Colchester
- SUM Sunday mornings

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE SUM B	XR SUM
Reading (RDG)	7 d	
Twyford (TWY)	3 d	
Maidenhead (MAI)	3 d	
Taplow (TAP)	d	
Burnham (BNM)	d	
Slough (SLO)	3 d	
Langley (LNY)	d	
Iver (IVR)	d	
West Drayton (WDT)	d	
Heathrow Terminal 5 (HWV)	← d	
Heathrow Terminal 4 (HAF)	← d	
Heathrow Terminals 2 & 3 (HXX)	← d	
Hayes & Harlington (HAY)	3 d	
Southall (STL)	d	
Hanwell (HAN)	d	
West Ealing (WEA)	3 d	
Ealing Broadway (EAL)	← 3 d	
Acton Main Line (AML)	d	
London Paddington EL (PAD)	← 15 d	
Bond Street (BDS)	← d	
Tottenham Court Road (TCR)	← d	
Farringdon (ZFD)	← 3 d	
London Liverpool Street EL (LST)	← 4 d	
London Liverpool Street (LST)	← 15 d	0050 0055
Whitechapel (ZLW)	← d	
Canary Wharf (CWX)	DLR d	
Custom House (CUS)	d	
Woolwich (WWC)	d	
Abbey Wood (ABW)	a	
Stratford (SRA)	← DLR 7 d	0057 0102
Maryland (MYL)	d	0104
Forest Gate (FOG)	d	0106
Manor Park (MNP)	d	0109
Ilford (IFD)	2 d	0112
Seven Kings (SVK)	d	0114
Goodmayes (GMY)	d	0116
Chadwell Heath (CTH)	d	0118
Romford (RMF)	d	0108 0122
Gidea Park (GDP)	2 d	0125
Harold Wood (HRO)	d	0128
Brentwood (BRE)	d	0132
Shenfield (SNF)	3 a	0120 0138

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- SUM Sunday mornings

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	LE A	XR	XR	LE B	XR	XR	LE B	XR	XR	LE C	XR	LE B	XR	XR	XR	LE D	XR	
Reading (RDG)	7	d																	
Twyford (TWY)	3	d																	
Maidenhead (MAI)	3	d																	
Taplow (TAP)		d																	
Burnham (BNM)		d																	
Slough (SLO)	3	d																	
Langley (LNY)		d																	
Iver (IVR)		d																	
West Drayton (WDT)		d																	
Heathrow Terminal 5 (HWV)	7	d																	
Heathrow Terminal 4 (HAF)	7	d														0733			
Heathrow Terminals 2 & 3 (HXX)	7	d														0739			
Hayes & Harlington (HAY)	3	d														0746			
Southall (STL)		d														0749			
Hanwell (HAN)		d																	
West Ealing (WEA)	3	d																	
Ealing Broadway (EAL)	3	d														0753			
Acton Main Line (AML)		d																	
London Paddington EL (PAD)	15	d								0744		0752		0759	0807	0814		0822	
Bond Street (BDS)		d								0747		0755		0802	0810	0817		0825	
Tottenham Court Road (TCR)		d								0749		0757		0804	0812	0819		0827	
Farringdon (ZFD)	3	d								0752		0800		0807	0815	0822		0830	
London Liverpool Street EL (LST)	4	d								0755		0803		0810	0818	0825		0833	
London Liverpool Street (LST)	15	d	0632	0645	0649	0702	0715	0719	0732	0745	0748	0800	0810				0830		
Whitechapel (ZLW)		d										0757		0805		0812	0820	0827	
Canary Wharf (CWX)	DLR	d										0801			0816		0831		
Custom House (CUS)		d										0805			0820		0835		
Woolwich (WWC)		d										0809			0824		0839		
Abbey Wood (ABW)		a										0813			0828		0843		
Stratford (SRA)	DLR 7	d	0639	0652	0656	0709	0722	0726	0739	0752	0755		0807	0811	0817		0826	0837	0841
Maryland (MYL)		d	0641		0658	0711		0728	0741		0757			0813			0828		0843
Forest Gate (FOG)		d	0643		0700	0713		0730	0743		0759			0815			0830		0845
Manor Park (MNP)		d	0646		0703	0716		0733	0746		0802			0818			0833		0848
Ilford (IFD)	2	d	0648		0705	0718		0735	0748		0804			0820			0835		0850
Seven Kings (SVK)		d	0651		0708	0721		0738	0751		0807			0823			0838		0853
Goodmayes (GMY)		d	0653		0710	0723		0740	0753		0809			0825			0840		0855
Chadwell Heath (CTH)		d	0655		0712	0725		0742	0755		0811			0827			0842		0857
Romford (RMF)		d	0659	0703	0716	0729	0733	0746	0759	0803	0815		0818	0831	0834		0846		0901
Gidea Park (GDP)	2	d	0702		0719	0732		0749	0802		0818			0834			0849		0904
Harold Wood (HRO)		d	0705		0722	0735		0752	0805		0821			0837			0852		0907
Brentwood (BRE)		d	0709		0726	0739		0756	0809		0825			0841			0856		0911
Shenfield (SNF)	3	a	0715	0715	0732	0745	0745	0802	0815	0815	0831		0831	0847	0847		0902		0917

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Harwich International
- B To Southend Victoria
- C To Ipswich
- D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator	XR	LE B	XR	XR	XR	LE C	XR	XR	LE B	XR	XR	LE D	XR	XR	XR	LE B	XR	XR
Days of operation/Notes																		
Reading (RDG)	7	d																0853
Twyford (TWY)	3	d																0858
Maidenhead (MAI)	3	d																0906
Taplow (TAP)		d																0909
Burnham (BNM)		d																0912
Slough (SLO)	3	d																0916
Langley (LNY)		d																0919
Iver (IVR)		d																0922
West Drayton (WDT)		d																0925
Heathrow Terminal 5 (HWV)	7	d	0749				0819					0849						
Heathrow Terminal 4 (HAF)	7	d		0803				0834						0904				
Heathrow Terminals 2 & 3 (HXX)	7	d	0754	0809			0824	0839				0854		0909				
Hayes & Harlington (HAY)	3	d	0804	0816			0833	0846				0903		0916				0930
Southall (STL)		d	0807	0819			0836	0849				0906		0919				0933
Hanwell (HAN)		d	0810	0822			0839	0852				0909		0922				
West Ealing (WEA)	3	d	0812	0824			0841	0854				0911		0924				
Ealing Broadway (EAL)	3	d	0814	0826			0844	0856				0914		0926				0937
Acton Main Line (AML)		d	0817	0829			0846	0859				0916		0929				
London Paddington EL (PAD)	15	d	0829	0837	0844	0852	0859	0907		0914	0922	0927	0932	0937			0942	0947
Bond Street (BDS)		d	0832	0840	0847	0855	0902	0910		0917	0925	0930	0935	0940			0945	0950
Tottenham Court Road (TCR)		d	0834	0842	0849	0857	0904	0912		0919	0927	0932	0937	0942			0947	0952
Farringdon (ZFD)	3	d	0837	0845	0852	0900	0907	0915		0922	0930	0935	0940	0945			0950	0955
London Liverpool Street EL (LST)	4	d	0840	0848	0855	0903	0910	0918		0925	0933	0938	0943	0948			0953	0958
London Liverpool Street (LST)	15	d		0846			0908		0923			0938				0953		
Whitechapel (ZLW)		d	0842	0850	0857	0905		0912	0920		0927	0935		0940	0945	0950		0955
Canary Wharf (CWX)	DLR	d	0846		0901			0916			0931			0944	0949			0959
Custom House (CUS)		d	0850		0905			0920			0935			0948	0953			1003
Woolwich (WWC)		d	0854		0909			0924			0939			0952	0958			1008
Abbey Wood (ABW)		a	0858		0913			0928			0943			0956	1002			1019
Stratford (SRA)	DLR 7	d		0853	0856		0911	0915		0926	0930		0941	0945			0956	1000
Maryland (MYL)		d			0858		0913			0928			0943				0958	
Forest Gate (FOG)		d			0900		0915			0930			0945				1000	
Manor Park (MNP)		d			0903		0918			0933			0948				1003	
Ilford (IFD)	2	d			0905		0920			0935			0950				1005	
Seven Kings (SVK)		d			0908		0923			0938			0953				1008	
Goodmayes (GMY)		d			0910		0925			0940			0955				1010	
Chadwell Heath (CTH)		d			0912		0927			0942			0957				1012	
Romford (RMF)		d		0904	0916		0931		0946	0938		1001		1016	1008			
Gidea Park (GDP)	2	d			0919		0934		0949			1004		1019				
Harold Wood (HRO)		d			0922		0937		0952			1007		1022				
Brentwood (BRE)		d			0926		0941		0956			1011		1026				
Shenfield (SNF)	3	a		0917	0932		0947	0930		1002	0947	1017	1000		1032	1017		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

B To Southend Victoria
C To Ipswich
D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	LE C	XR	XR	XR	LE B	XR	XR	XR	LE D	XR	XR	XR	XR	LE B	XR	XR	XR		
Reading (RDG)	7	d									0923									
Twyford (TWY)	3	d									0928									
Maidenhead (MAI)	3	d									0936					1000				
Taplow (TAP)		d									0939									
Burnham (BNM)		d									0942					1004				
Slough (SLO)	3	d									0946					1008				
Langley (LNY)		d									0949					1012				
Iver (IVR)		d									0952					1014				
West Drayton (WDT)		d									0956					1017				
Heathrow Terminal 5 (HWV)	7	d		0919							0949									
Heathrow Terminal 4 (HAF)	7	d				0934							1000					1015		
Heathrow Terminals 2 & 3 (HXX)	7	d		0924		0939					0954		1006					1021		
Hayes & Harlington (HAY)	3	d		0933		0946			1000		1003		1012			1022		1027		
Southall (STL)		d		0936		0949			1003		1006		1015			1025		1030		
Hanwell (HAN)		d		0939		0952					1009		1018					1033		
West Ealing (WEA)	3	d		0941		0954					1011		1020					1035		
Ealing Broadway (EAL)	3	d		0944		0956			1007		1014		1022			1029		1037		
Acton Main Line (AML)		d		0946		0959					1016		1025					1040		
London Paddington EL (PAD)	15	d	0952		0957	1002	1007		1012	1017	1022		1026	1030	1034	1037		1041	1045	1049
Bond Street (BDS)	15	d	0955		1000	1005	1010		1015	1020	1025		1029	1033	1037	1040		1044	1048	1052
Tottenham Court Road (TCR)	15	d	0957		1002	1007	1012		1017	1022	1027		1031	1035	1039	1042		1046	1050	1054
Farringdon (ZFD)	3	d	1000		1005	1010	1015		1020	1025	1030		1034	1038	1042	1045		1049	1053	1057
London Liverpool Street EL (LST)	4	d	1003		1008	1013	1018		1023	1028	1033		1037	1041	1045	1048		1052	1056	1100
London Liverpool Street (LST)	15	d		1008			1023				1038					1053				
Whitechapel (ZLW)	15	d	1005		1010	1015	1020		1025	1030	1035		1039	1043	1047	1050		1054	1058	1102
Canary Wharf (CWX)	DLR	d			1014	1021			1029	1036			1043		1051			1058		1106
Custom House (CUS)		d			1018	1025			1033	1040			1047		1055			1102		1110
Woolwich (WWC)		d			1022	1030			1037	1045			1052		1100			1107		1115
Abbey Wood (ABW)		a			1026	1034			1041	1049			1056		1104			1111		1119
Stratford (SRA)	DLR 7	d	1011	1015			1026	1030			1041	1045		1049		1056	1100			1104
Maryland (MYL)		d	1013				1028				1043			1051		1058				1106
Forest Gate (FOG)		d	1015				1030				1045			1053		1100				1108
Manor Park (MNP)		d	1018				1033				1048			1056		1103				1111
Ilford (IFD)	2	d	1020				1035				1050			1058		1105				1113
Seven Kings (SVK)		d	1023				1038				1053			1101		1108				1116
Goodmayes (GMY)		d	1025				1040				1055			1103		1110				1118
Chadwell Heath (CTH)		d	1027				1042				1057			1105		1112				1120
Romford (RMF)		d	1031				1046	1038			1101			1109		1116	1108			1124
Gidea Park (GDP)	2	d	1034				1049				1104			1114a		1119				1129a
Harold Wood (HRO)		d	1037				1052				1107					1122				
Brentwood (BRE)		d	1041				1056				1111					1126				
Shenfield (SNF)	3	a	1047	1030			1102	1047			1117	1100				1132	1117			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
C To Ipswich
D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	LE C	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE B	XR	
Reading (RDG)	7	d			0959													1029	
Twyford (TWY)	3	d			1004													1034	
Maidenhead (MAI)	3	d			1011					1030								1041	1100
Taplow (TAP)		d			1014													1044	
Burnham (BNM)		d			1017					1034								1047	1104
Slough (SLO)	3	d			1021					1038								1051	1108
Langley (LNY)		d			1025					1042								1055	1112
Iver (IVR)		d								1044									1114
West Drayton (WDT)		d			1030					1047								1100	1117
Heathrow Terminal 5 (HWV)	7	d	1020									1050							
Heathrow Terminal 4 (HAF)	7	d				1030					1045					1100			
Heathrow Terminals 2 & 3 (HXX)	7	d	1025			1036					1051	1055				1106			
Hayes & Harlington (HAY)	3	d	1032		1035	1042				1052	1057	1102			1105	1112			1122
Southall (STL)		d			1038	1045				1055	1100				1108	1115			1125
Hanwell (HAN)		d				1048					1103					1118			
West Ealing (WEA)	3	d	1039			1050					1105	1109				1120			
Ealing Broadway (EAL)	3	d	1041		1045	1052				1059	1107	1111			1115	1122			1129
Acton Main Line (AML)		d				1055					1110					1125			
London Paddington EL (PAD)	15	d	1052		1056	1100	1104	1107		1111	1115	1119	1122		1126	1130	1134	1137	1141
Bond Street (BDS)	15	d	1055		1059	1103	1107	1110		1114	1118	1122	1125		1129	1133	1137	1140	1144
Tottenham Court Road (TCR)	15	d	1057		1101	1105	1109	1112		1116	1120	1124	1127		1131	1135	1139	1142	1146
Farringdon (ZFD)	3	d	1100		1104	1108	1112	1115		1119	1123	1127	1130		1134	1138	1142	1145	1149
London Liverpool Street EL (LST)	4	d	1103		1107	1111	1115	1118		1122	1126	1130	1133		1137	1141	1145	1148	1152
London Liverpool Street (LST)	15	d		1108				1123					1138						1153
Whitechapel (ZLW)	15	d	1105		1109	1113	1117	1120		1124	1128	1132	1135		1139	1143	1147	1150	1154
Canary Wharf (CWX)	DLR	d			1113	1121				1128	1136				1143	1151			1158
Custom House (CUS)		d			1117	1125				1132	1140				1147	1155			1202
Woolwich (WWC)		d			1122	1130				1137	1145				1152	1200			1207
Abbey Wood (ABW)		a			1126	1134				1141	1149				1156	1204			1211
Stratford (SRA)	DLR 7	d	1111	1115		1119		1126	1130		1134		1141	1145		1149		1156	1200
Maryland (MYL)		d	1113			1121		1128			1136		1143			1151		1158	
Forest Gate (FOG)		d	1115			1123		1130			1138		1145			1153		1200	
Manor Park (MNP)		d	1118			1126		1133			1141		1148			1156		1203	
Ilford (IFD)	2	d	1120			1128		1135			1143		1150			1158		1205	
Seven Kings (SVK)		d	1123			1131		1138			1146		1153			1201		1208	
Goodmayes (GMY)		d	1125			1133		1140			1148		1155			1203		1210	
Chadwell Heath (CTH)		d	1127			1135		1142			1150		1157			1205		1212	
Romford (RMF)		d	1131			1139		1146	1138		1154		1201			1209		1216	1208
Gidea Park (GDP)	2	d	1134			1144a		1149			1159a		1204			1214a		1219	
Harold Wood (HRO)		d	1137					1152					1207					1222	
Brentwood (BRE)		d	1141					1156					1211					1226	
Shenfield (SNF)	3	a	1147	1130				1202	1147				1217	1200				1232	1217

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Ipswich
- D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	XR	XR	LE C	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR	XR	XR		
Reading (RDG)	7	d			1059										1129					
Twyford (TWY)	3	d			1104										1134					
Maidenhead (MAI)	3	d			1111					1130					1141					
Taplow (TAP)		d			1114										1144					
Burnham (BNM)		d			1117					1134					1147					
Slough (SLO)	3	d			1121					1138					1151					
Langley (LNY)		d			1125					1142					1155					
Iver (IVR)		d								1144										
West Drayton (WDT)		d			1130					1147					1200					
Heathrow Terminal 5 (HWV)	7	d		1120										1150						
Heathrow Terminal 4 (HAF)	7	d		1115				1130					1145					1200		
Heathrow Terminals 2 & 3 (HXX)	7	d		1121	1125			1136				1151	1155					1206		
Hayes & Harlington (HAY)	3	d		1127	1132			1142			1152	1157	1202		1205			1212		
Southall (STL)		d		1130				1145			1155	1200			1208			1215		
Hanwell (HAN)		d		1133				1148				1203						1218		
West Ealing (WEA)	3	d		1135	1139			1150				1205	1209					1220		
Ealing Broadway (EAL)	3	d		1137	1141			1145			1159	1207	1211		1215			1222		
Acton Main Line (AML)		d		1140				1155				1210						1225		
London Paddington EL (PAD)	15	d	1145	1149	1152		1156	1200	1204	1207		1211	1215	1219	1222		1226	1230	1234	1237
Bond Street (BDS)	15	d	1148	1152	1155		1159	1203	1207	1210		1214	1218	1222	1225		1229	1233	1237	1240
Tottenham Court Road (TCR)	15	d	1150	1154	1157		1201	1205	1209	1212		1216	1220	1224	1227		1231	1235	1239	1242
Farringdon (ZFD)	15	d	1153	1157	1200		1204	1208	1212	1215		1219	1223	1227	1230		1234	1238	1242	1245
London Liverpool Street EL (LST)	15	d	1156	1200	1203		1207	1211	1215	1218		1222	1226	1230	1233		1237	1241	1245	1248
London Liverpool Street (LST)	15	d			1208					1223					1238					
Whitechapel (ZLW)	15	d	1158	1202	1205		1209	1213	1217	1220		1224	1228	1232	1235		1239	1243	1247	1250
Canary Wharf (CWX)	DLR	d		1206			1213	1221				1228	1236				1243	1251		
Custom House (CUS)		d		1210			1217	1225				1232	1240				1247	1255		
Woolwich (WWC)		d		1215			1222	1230				1237	1245				1252	1300		
Abbey Wood (ABW)		a		1219			1226	1234				1241	1249				1256	1304		
Stratford (SRA)	DLR 7	d	1204		1211	1215		1219		1226	1230		1234		1241	1245		1249		1256
Maryland (MYL)		d	1206		1213			1221		1228			1236		1243			1251		1258
Forest Gate (FOG)		d	1208		1215			1223		1230			1238		1245			1253		1300
Manor Park (MNP)		d	1211		1218			1226		1233			1241		1248			1256		1303
Ilford (IFD)	2	d	1213		1220			1228		1235			1243		1250			1258		1305
Seven Kings (SVK)		d	1216		1223			1231		1238			1246		1253			1301		1308
Goodmayes (GMY)		d	1218		1225			1233		1240			1248		1255			1303		1310
Chadwell Heath (CTH)		d	1220		1227			1235		1242			1250		1257			1305		1312
Romford (RMF)		d	1224		1231			1239		1246	1238		1254		1301			1309		1316
Gidea Park (GDP)	2	d	1229a		1234			1244a		1249			1259a		1304			1314a		1319
Harold Wood (HRO)		d			1237					1252					1307					1322
Brentwood (BRE)		d			1241					1256					1311					1326
Shenfield (SNF)	3	a			1247	1230				1302	1247				1317	1300				1332

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Ipswich
- D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	LE B	XR	XR	XR	XR	LE C	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR	
Reading (RDG)	7	d					1159											1229	
Twyford (TWY)	3	d					1204											1234	
Maidenhead (MAI)	3	d	1200				1211				1230							1241	
Taplow (TAP)		d					1214											1244	
Burnham (BNM)		d	1204				1217				1234							1247	
Slough (SLO)	3	d	1208				1221				1238							1251	
Langley (LNY)		d	1212				1225				1242							1255	
Iver (IVR)		d	1214								1244								
West Drayton (WDT)		d	1217				1230				1247							1300	
Heathrow Terminal 5 (HWV)	7	d				1220										1250			
Heathrow Terminal 4 (HAF)	7	d			1215					1230					1245				
Heathrow Terminals 2 & 3 (HXX)	7	d			1221	1225				1236					1251	1255			
Hayes & Harlington (HAY)	3	d	1222	1227	1232		1235			1242			1252		1257	1302		1305	
Southall (STL)		d	1225	1230			1238			1245			1255		1300			1308	
Hanwell (HAN)		d		1233						1248					1303				
West Ealing (WEA)	3	d		1235	1239					1250					1305	1309			
Ealing Broadway (EAL)	3	d	1229	1237	1241		1245			1252			1259		1307	1311		1315	
Acton Main Line (AML)		d		1240						1255					1310				
London Paddington EL (PAD)	15	d	1241	1245	1249	1252		1256	1300	1304	1307		1311	1315	1319	1322		1326	1330
Bond Street (BDS)	15	d	1244	1248	1252	1255		1259	1303	1307	1310		1314	1318	1322	1325		1329	1333
Tottenham Court Road (TCR)	15	d	1246	1250	1254	1257		1301	1305	1309	1312		1316	1320	1324	1327		1331	1335
Farringdon (ZFD)	3	d	1249	1253	1257	1300		1304	1308	1312	1315		1319	1323	1327	1330		1334	1338
London Liverpool Street EL (LST)	4	d	1252	1256	1300	1303		1307	1311	1315	1318		1322	1326	1330	1333		1337	1341
London Liverpool Street (LST)	15	d	1253				1308					1323					1338		
Whitechapel (ZLW)	15	d	1254	1258	1302	1305		1309	1313	1317	1320		1324	1328	1332	1335		1339	1343
Canary Wharf (CWX)	DLR	d	1258		1306			1313		1321			1328		1336			1343	
Custom House (CUS)		d	1302		1310			1317		1325			1332		1340			1347	
Woolwich (WWC)		d	1307		1315			1322		1330			1337		1345			1352	
Abbey Wood (ABW)		a	1311		1319			1326		1334			1341		1349			1356	
Stratford (SRA)	DLR 7	d	1300		1304		1311	1315		1319		1326	1330		1334		1341	1345	1349
Maryland (MYL)		d			1306		1313			1321		1328			1336		1343		1351
Forest Gate (FOG)		d			1308		1315			1323		1330			1338		1345		1353
Manor Park (MNP)		d			1311		1318			1326		1333			1341		1348		1356
Ilford (IFD)	2	d			1313		1320			1328		1335			1343		1350		1358
Seven Kings (SVK)		d			1316		1323			1331		1338			1346		1353		1401
Goodmayes (GMY)		d			1318		1325			1333		1340			1348		1355		1403
Chadwell Heath (CTH)		d			1320		1327			1335		1342			1350		1357		1405
Romford (RMF)		d	1308		1324		1331			1339		1346	1338		1354		1401		1409
Gidea Park (GDP)	2	d			1329a		1334			1344a		1349			1359a		1404		1414a
Harold Wood (HRO)		d					1337					1352					1407		
Brentwood (BRE)		d					1341					1356					1411		
Shenfield (SNF)	3	a	1317				1347	1330				1402	1347				1417	1400	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Ipswich
- D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	XR	LE B	XR	XR	XR	XR	LE C	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE D
Reading (RDG) 7 d									1259									
Twyford (TWY) 3 d									1304									
Maidenhead (MAI) 3 d				1300					1311				1330					
Taplow (TAP) d									1314									
Burnham (BNM) d				1304					1317				1334					
Slough (SLO) 3 d				1308					1321				1338					
Langley (LNY) d				1312					1325				1342					
Iver (IVR) d				1314									1344					
West Drayton (WDT) d				1317					1330				1347					
Heathrow Terminal 5 (HWV) 7 d							1320											1350
Heathrow Terminal 4 (HAF) 7 d	1300						1315					1330					1345	
Heathrow Terminals 2 & 3 (HXX) 7 d	1306						1321	1325				1336					1351	1355
Hayes & Harlington (HAY) 3 d	1312			1322			1327	1332			1335	1342		1352			1357	1402
Southall (STL) d	1315			1325			1330			1338		1345		1355			1400	
Hanwell (HAN) d	1318						1333					1348					1403	
West Ealing (WEA) 3 d	1320						1335	1339				1350					1405	1409
Ealing Broadway (EAL) 3 d	1322			1329			1337	1341		1345		1352		1359			1407	1411
Acton Main Line (AML) d	1325						1340					1355					1410	
London Paddington EL (PAD) 15 d	1334	1337		1341	1345	1349	1352		1356	1400	1404	1407		1411	1415	1419	1422	
Bond Street (BDS) d	1337	1340		1344	1348	1352	1355		1359	1403	1407	1410		1414	1418	1422	1425	
Tottenham Court Road (TCR) d	1339	1342		1346	1350	1354	1357		1401	1405	1409	1412		1416	1420	1424	1427	
Farringdon (ZFD) 3 d	1342	1345		1349	1353	1357	1400		1404	1408	1412	1415		1419	1423	1427	1430	
London Liverpool Street EL (LST) 4 d	1345	1348		1352	1356	1400	1403		1407	1411	1415	1418		1422	1426	1430	1433	
London Liverpool Street (LST) 15 d			1353					1408					1423					1438
Whitechapel (ZLW) d	1347	1350		1354	1358	1402	1405		1409	1413	1417	1420		1424	1428	1432	1435	
Canary Wharf (CWX) DLR d	1351			1358		1406			1413		1421			1428		1436		
Custom House (CUS) d	1355			1402		1410			1417		1425			1432		1440		
Woolwich (WWC) d	1400			1407		1415			1422		1430			1437		1445		
Abbey Wood (ABW) a	1404			1411		1419			1426		1434			1441		1449		
Stratford (SRA) 7 d		1356	1400		1404		1411	1415		1419		1426	1430		1434		1441	1445
Maryland (MYL) d		1358			1406		1413			1421		1428			1436		1443	
Forest Gate (FOG) d		1400			1408		1415			1423		1430			1438		1445	
Manor Park (MNP) d		1403			1411		1418			1426		1433			1441		1448	
Ilford (IFD) 2 d		1405			1413		1420			1428		1435			1443		1450	
Seven Kings (SVK) d		1408			1416		1423			1431		1438			1446		1453	
Goodmayes (GMY) d		1410			1418		1425			1433		1440			1448		1455	
Chadwell Heath (CTH) d		1412			1420		1427			1435		1442			1450		1457	
Romford (RMF) d		1416	1408		1424		1431			1439		1446	1438		1454		1501	
Gidea Park (GDP) 2 d		1419			1429a		1434			1444a		1449			1459a		1504	
Harold Wood (HRO) d		1422					1437					1452					1507	
Brentwood (BRE) d		1426					1441					1456					1511	
Shenfield (SNF) 3 a		1432	1417				1447	1430				1502	1447				1517	1500

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Ipswich
- D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE C	XR	XR	XR	XR	LE B	XR	XR	XR	
Reading (RDG)	7 d	1329									1359								
Twyford (TWY)	3 d	1334									1404								
Maidenhead (MAI)	3 d	1341				1400					1411				1430				
Taplow (TAP)	d	1344									1414								
Burnham (BNM)	d	1347				1404					1417				1434				
Slough (SLO)	3 d	1351				1408					1421				1438				
Langley (LNY)	d	1355				1412					1425				1442				
Iver (IVR)	d					1414									1444				
West Drayton (WDT)	d	1400				1417					1430				1447				
Heathrow Terminal 5 (HWV)	← d								1420										
Heathrow Terminal 4 (HAF)	← d			1400				1415					1430					1445	
Heathrow Terminals 2 & 3 (HXX)	← d			1406				1421	1425				1436					1451	
Hayes & Harlington (HAY)	3 d	1405		1412		1422		1427	1432		1435		1442		1452			1457	
Southall (STL)	d	1408		1415		1425		1430			1438		1445		1455			1500	
Hanwell (HAN)	d			1418				1433					1448					1503	
West Ealing (WEA)	3 d			1420				1435	1439				1450					1505	
Ealing Broadway (EAL)	3 d	1415		1422		1429		1437	1441		1445		1452		1459			1507	
Acton Main Line (AML)	d			1425				1440					1455					1510	
London Paddington EL (PAD)	15 d	1426	1430	1434	1437		1441	1445	1449	1452		1456	1500	1504	1507		1511	1515	1519
Bond Street (BDS)	d	1429	1433	1437	1440		1444	1448	1452	1455		1459	1503	1507	1510		1514	1518	1522
Tottenham Court Road (TCR)	d	1431	1435	1439	1442		1446	1450	1454	1457		1501	1505	1509	1512		1516	1520	1524
Farringdon (ZFD)	3 d	1434	1438	1442	1445		1449	1453	1457	1500		1504	1508	1512	1515		1519	1523	1527
London Liverpool Street EL (LST)	4 d	1437	1441	1445	1448		1452	1456	1500	1503		1507	1511	1515	1518		1522	1526	1530
London Liverpool Street (LST)	15 d				1453					1508					1523				
Whitechapel (ZLW)	d	1439	1443	1447	1450		1454	1458	1502	1505		1509	1513	1517	1520		1524	1528	1532
Canary Wharf (CWX)	DLR d	1443		1451			1458	1506				1513	1521				1528	1536	
Custom House (CUS)	d	1447		1455			1502	1510				1517	1525				1532	1540	
Woolwich (WWC)	d	1452		1500			1507	1515				1522	1530				1537	1545	
Abbey Wood (ABW)	a	1456		1504			1511	1519				1526	1534				1541	1549	
Stratford (SRA)	DLR 7 d		1449		1456	1500		1504		1511	1515		1519		1526	1530		1534	
Maryland (MYL)	d		1451		1458			1506		1513			1521		1528			1536	
Forest Gate (FOG)	d		1453		1500			1508		1515			1523		1530			1538	
Manor Park (MNP)	d		1456		1503			1511		1518			1526		1533			1541	
Ilford (IFD)	2 d		1458		1505			1513		1520			1528		1535			1543	
Seven Kings (SVK)	d		1501		1508			1516		1523			1531		1538			1546	
Goodmayes (GMY)	d		1503		1510			1518		1525			1533		1540			1548	
Chadwell Heath (CTH)	d		1505		1512			1520		1527			1535		1542			1550	
Romford (RMF)	d		1509		1516	1508		1524		1531			1539		1546	1538		1554	
Gidea Park (GDP)	2 d		1514a		1519			1529a		1534			1544a		1549			1559a	
Harold Wood (HRO)	d				1522					1537					1552				
Brentwood (BRE)	d				1526					1541					1556				
Shenfield (SNF)	3 a				1532	1517				1547	1530				1602	1547			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Ipswich

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	LE D	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE C	XR	XR	XR	XR	LE B	XR	
Reading (RDG)	7	d			1429													1459	
Twyford (TWY)	3	d			1434													1504	
Maidenhead (MAI)	3	d			1441					1500								1511	
Taplow (TAP)		d			1444													1514	
Burnham (BNM)		d			1447					1504								1517	
Slough (SLO)	3	d			1451					1508								1521	
Langley (LNY)		d			1455					1512								1525	
Iver (IVR)		d								1514									1544
West Drayton (WDT)		d			1500					1517								1530	
Heathrow Terminal 5 (HWV)	7	d	1450									1520							
Heathrow Terminal 4 (HAF)	7	d				1500					1515					1530			
Heathrow Terminals 2 & 3 (HXX)	7	d	1455			1506					1521	1525				1536			
Hayes & Harlington (HAY)	3	d	1502		1505	1512				1522	1527	1532				1535	1542		1552
Southall (STL)		d			1508	1515				1525	1530					1538	1545		1555
Hanwell (HAN)		d				1518					1533						1548		
West Ealing (WEA)	3	d	1509			1520					1535	1539					1550		
Ealing Broadway (EAL)	3	d	1511		1515	1522				1529	1537	1541				1545	1552		1559
Acton Main Line (AML)		d				1525					1540						1555		
London Paddington EL (PAD)	15	d	1522		1526	1530	1534	1537		1541	1545	1549	1552			1556	1600	1604	1607
Bond Street (BDS)	15	d	1525		1529	1533	1537	1540		1544	1548	1552	1555			1559	1603	1607	1610
Tottenham Court Road (TCR)	15	d	1527		1531	1535	1539	1542		1546	1550	1554	1557			1601	1605	1609	1612
Farringdon (ZFD)	3	d	1530		1534	1538	1542	1545		1549	1553	1557	1600			1604	1608	1612	1615
London Liverpool Street EL (LST)	4	d	1533		1537	1541	1545	1548		1552	1556	1600	1603			1607	1611	1615	1618
London Liverpool Street (LST)	15	d		1538				1553						1608					1623
Whitechapel (ZLW)	15	d	1535		1539	1543	1547	1550		1554	1558	1602	1605			1609	1613	1617	1620
Canary Wharf (CWX)	DLR	d			1543	1551				1558		1606				1613	1621		1628
Custom House (CUS)		d			1547	1555				1602		1610				1617	1625		1632
Woolwich (WWC)		d			1552	1600				1607		1615				1622	1630		1637
Abbey Wood (ABW)		a			1556	1604				1611		1619				1626	1634		1641
Stratford (SRA)	DLR 7	d	1541	1545		1549		1556	1600		1604		1611	1615		1619		1626	1630
Maryland (MYL)		d	1543			1551		1558			1606		1613			1621		1628	
Forest Gate (FOG)		d	1545			1553		1600			1608		1615			1623		1630	
Manor Park (MNP)		d	1548			1556		1603			1611		1618			1626		1633	
Ilford (IFD)	2	d	1550			1558		1605			1613		1620			1628		1635	
Seven Kings (SVK)		d	1553			1601		1608			1616		1623			1631		1638	
Goodmayes (GMY)		d	1555			1603		1610			1618		1625			1633		1640	
Chadwell Heath (CTH)		d	1557			1605		1612			1620		1627			1635		1642	
Romford (RMF)		d	1601			1609		1616	1608		1624		1631			1639		1646	1638
Gidea Park (GDP)	2	d	1604			1614a		1619			1629a		1634			1644a		1649	
Harold Wood (HRO)		d	1607					1622					1637					1652	
Brentwood (BRE)		d	1611					1626					1641					1656	
Shenfield (SNF)	3	a	1617	1600				1632	1617				1647	1630				1702	1647

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Ipswich
- D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	XR	XR	LE D	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE C	XR	XR	XR	XR		
Reading (RDG)	7	d			1529										1559					
Twyford (TWY)	3	d			1534										1604					
Maidenhead (MAI)	3	d			1541					1600					1611					
Taplow (TAP)		d			1544										1614					
Burnham (BNM)		d			1547					1604					1617					
Slough (SLO)	3	d			1551					1608					1621					
Langley (LNY)		d			1555					1612					1625					
Iver (IVR)		d								1614										
West Drayton (WDT)		d			1600					1617					1630					
Heathrow Terminal 5 (HWV)	7	d		1550									1620							
Heathrow Terminal 4 (HAF)	7	d	1545					1600					1615					1630		
Heathrow Terminals 2 & 3 (HXX)	7	d	1551	1555				1606					1621	1625				1636		
Hayes & Harlington (HAY)	3	d	1557	1602		1605	1612			1622	1627	1632			1635			1642		
Southall (STL)		d	1600			1608	1615			1625	1630				1638			1645		
Hanwell (HAN)		d	1603				1618				1633							1648		
West Ealing (WEA)	3	d	1605	1609			1620					1635	1639					1650		
Ealing Broadway (EAL)	3	d	1607	1611		1615	1622			1629	1637	1641			1645			1652		
Acton Main Line (AML)		d	1610				1625					1640						1655		
London Paddington EL (PAD)	15	d	1615	1619	1622		1626	1630	1634	1637		1641	1645	1649	1652		1656	1700	1704	1707
Bond Street (BDS)	15	d	1618	1622	1625		1629	1633	1637	1640		1644	1648	1652	1655		1659	1703	1707	1710
Tottenham Court Road (TCR)	15	d	1620	1624	1627		1631	1635	1639	1642		1646	1650	1654	1657		1701	1705	1709	1712
Farringdon (ZFD)	3	d	1623	1627	1630		1634	1638	1642	1645		1649	1653	1657	1700		1704	1708	1712	1715
London Liverpool Street EL (LST)	4	d	1626	1630	1633		1637	1641	1645	1648		1652	1656	1700	1703		1707	1711	1715	1718
London Liverpool Street (LST)	15	d			1638					1653					1708					
Whitechapel (ZLW)	15	d	1628	1632	1635		1639	1643	1647	1650		1654	1658	1702	1705		1709	1713	1717	1720
Canary Wharf (CWX)	DLR	d		1636			1643	1651				1658	1706				1713	1721		
Custom House (CUS)		d		1640			1647	1655				1702	1710				1717	1725		
Woolwich (WWC)		d		1645			1652	1700				1707	1715				1722	1730		
Abbey Wood (ABW)		a		1649			1656	1704				1711	1719				1726	1734		
Stratford (SRA)	DLR 7	d	1634		1641	1645		1649		1656	1700		1704		1711	1715		1719		1726
Maryland (MYL)		d	1636		1643			1651		1658			1706		1713			1721		1728
Forest Gate (FOG)		d	1638		1645			1653		1700			1708		1715			1723		1730
Manor Park (MNP)		d	1641		1648			1656		1703			1711		1718			1726		1733
Ilford (IFD)	2	d	1643		1650			1658		1705			1713		1720			1728		1735
Seven Kings (SVK)		d	1646		1653			1701		1708			1716		1723			1731		1738
Goodmayes (GMY)		d	1648		1655			1703		1710			1718		1725			1733		1740
Chadwell Heath (CTH)		d	1650		1657			1705		1712			1720		1727			1735		1742
Romford (RMF)		d	1654		1701			1709		1716	1708		1724		1731			1739		1746
Gidea Park (GDP)	2	d	1659a		1704			1714a		1719			1729a		1734			1744a		1749
Harold Wood (HRO)		d			1707			1722		1727			1737							1752
Brentwood (BRE)		d			1711			1726		1731			1741							1756
Shenfield (SNF)	3	a			1717	1700				1732	1717				1747	1730				1802

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Ipswich
- D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	LE B	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE C	XR	XR		
Reading (RDG)	7	d					1629											1659		
Twyford (TWY)	3	d					1634											1704		
Maidenhead (MAI)	3	d	1630				1641				1700							1711		
Taplow (TAP)		d					1644											1714		
Burnham (BNM)		d	1634				1647				1704							1717		
Slough (SLO)	3	d	1638				1651				1708							1721		
Langley (LNY)		d	1642				1655				1712							1725		
Iver (IVR)		d	1644								1714									
West Drayton (WDT)		d	1647				1700				1717							1730		
Heathrow Terminal 5 (HWV)	7	d				1650										1720				
Heathrow Terminal 4 (HAF)	7	d			1645					1700					1715					
Heathrow Terminals 2 & 3 (HXX)	7	d			1651	1655				1706					1721	1725				
Hayes & Harlington (HAY)	3	d	1652		1657	1702			1705					1722		1727	1732		1735	
Southall (STL)		d	1655		1700				1708					1725		1730			1738	
Hanwell (HAN)		d			1703					1718					1733					
West Ealing (WEA)	3	d			1705	1709				1720					1735	1739				
Ealing Broadway (EAL)	3	d	1659		1707	1711			1715					1729		1737	1741		1745	
Acton Main Line (AML)		d			1710					1725					1740					
London Paddington EL (PAD)	15	d		1711	1715	1719	1722		1726	1730	1734	1737		1741	1745	1749	1752		1756	1800
Bond Street (BDS)		d		1714	1718	1722	1725		1729	1733	1737	1740		1744	1748	1752	1755		1759	1803
Tottenham Court Road (TCR)		d		1716	1720	1724	1727		1731	1735	1739	1742		1746	1750	1754	1757		1801	1805
Farringdon (ZFD)	3	d		1719	1723	1727	1730		1734	1738	1742	1745		1749	1753	1757	1800		1804	1808
London Liverpool Street EL (LST)	4	d		1722	1726	1730	1733		1737	1741	1745	1748		1752	1756	1800	1803		1807	1811
London Liverpool Street (LST)	15	d	1723				1738					1753				1808				
Whitechapel (ZLW)		d		1724	1728	1732	1735		1739	1743	1747	1750		1754	1758	1802	1805		1809	1813
Canary Wharf (CWX)	DLR	d		1728		1736			1743		1751			1758		1806			1813	
Custom House (CUS)		d		1732		1740			1747		1755			1802		1810			1817	
Woolwich (WWC)		d		1737		1745			1752		1800			1807		1815			1822	
Abbey Wood (ABW)		a		1741		1749			1756		1804			1811		1819			1826	
Stratford (SRA)	DLR 7	d	1730		1734		1741	1745		1749		1756	1800		1804		1811	1815		1819
Maryland (MYL)		d		1736		1743			1751		1758			1806		1813				1821
Forest Gate (FOG)		d		1738		1745			1753		1800			1808		1815				1823
Manor Park (MNP)		d		1741		1748			1756		1803			1811		1818				1826
Ilford (IFD)	2	d		1743		1750			1758		1805			1813		1820				1828
Seven Kings (SVK)		d		1746		1753			1801		1808			1816		1823				1831
Goodmayes (GMY)		d		1748		1755			1803		1810			1818		1825				1833
Chadwell Heath (CTH)		d		1750		1757			1805		1812			1820		1827				1835
Romford (RMF)		d	1738		1754		1801		1809		1816	1808		1824		1831				1839
Gidea Park (GDP)	2	d		1759a		1804			1814a		1819			1829a		1834				1844a
Harold Wood (HRO)		d				1807					1822					1837				
Brentwood (BRE)		d				1811					1826					1841				
Shenfield (SNF)	3	a	1747			1817	1800				1832	1817				1847	1830			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Ipswich
- D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE C		
Reading (RDG)	7	d							1729											
Twyford (TWY)	3	d							1734											
Maidenhead (MAI)	3	d			1730				1741					1800						
Taplow (TAP)		d							1744											
Burnham (BNM)		d			1734				1747					1804						
Slough (SLO)	3	d			1738				1751					1808						
Langley (LNY)		d			1742				1755					1812						
Iver (IVR)		d			1744									1814						
West Drayton (WDT)		d			1747				1800					1817						
Heathrow Terminal 5 (HWV)	7	d						1750										1820		
Heathrow Terminal 4 (HAF)	7	d	1730				1745					1800					1815			
Heathrow Terminals 2 & 3 (HXX)	7	d	1736				1751	1755				1806					1821	1825		
Hayes & Harlington (HAY)	3	d	1742		1752		1757	1802		1805		1812		1822			1827	1832		
Southall (STL)		d	1745		1755		1800			1808		1815		1825			1830			
Hanwell (HAN)		d	1748				1803					1818					1833			
West Ealing (WEA)	3	d	1750				1805	1809				1820					1835	1839		
Ealing Broadway (EAL)	3	d	1752		1759		1807	1811		1815		1822		1829			1837	1841		
Acton Main Line (AML)		d	1755				1810					1825					1840			
London Paddington EL (PAD)	15	d	1804	1807		1811	1815	1819	1822		1826	1830	1834	1837		1841	1845	1849	1852	
Bond Street (BDS)	15	d	1807	1810		1814	1818	1822	1825		1829	1833	1837	1840		1844	1848	1852	1855	
Tottenham Court Road (TCR)	15	d	1809	1812		1816	1820	1824	1827		1831	1835	1839	1842		1846	1850	1854	1857	
Farringdon (ZFD)	3	d	1812	1815		1819	1823	1827	1830		1834	1838	1842	1845		1849	1853	1857	1900	
London Liverpool Street EL (LST)	4	d	1815	1818		1822	1826	1830	1833		1837	1841	1845	1848		1852	1856	1900	1903	
London Liverpool Street (LST)	15	d			1823				1838					1853					1908	
Whitechapel (ZLW)	15	d	1817	1820		1824	1828	1832	1835		1839	1843	1847	1850		1854	1858	1902	1905	
Canary Wharf (CWX)	DLR	d	1821			1828		1836			1843		1851			1858		1906		
Custom House (CUS)		d	1825			1832		1840			1847		1855			1902		1910		
Woolwich (WWC)		d	1830			1837		1845			1852		1900			1907		1915		
Abbey Wood (ABW)		a	1834			1841		1849			1856		1904			1911		1919		
Stratford (SRA)	DLR 7	d		1826	1830		1834		1841	1845		1849		1856	1900		1904		1911	1915
Maryland (MYL)		d		1828			1836		1843			1851		1858			1906		1913	
Forest Gate (FOG)		d		1830			1838		1845			1853		1900			1908		1915	
Manor Park (MNP)		d		1833			1841		1848			1856		1903			1911		1918	
Ilford (IFD)	2	d		1835			1843		1850			1858		1905			1913		1920	
Seven Kings (SVK)		d		1838			1846		1853			1901		1908			1916		1923	
Goodmayes (GMY)		d		1840			1848		1855			1903		1910			1918		1925	
Chadwell Heath (CTH)		d		1842			1850		1857			1905		1912			1920		1927	
Romford (RMF)		d		1846	1838		1854		1901			1909		1916	1908		1924		1931	
Gidea Park (GDP)	2	d		1849			1859a		1904			1914a		1919			1929a		1934	
Harold Wood (HRO)		d		1852					1907					1922					1937	
Brentwood (BRE)		d		1856					1911					1926					1941	
Shenfield (SNF)	3	a		1902	1847				1917	1900				1932	1917				1947	1930

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
C To Ipswich
D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE B	XR	XR	LE A	
Reading (RDG)	7 d	1759									1829								
Twyford (TWY)	3 d	1804									1834								
Maidenhead (MAI)	3 d	1811				1830					1841					1900			
Taplow (TAP)	d	1814									1844								
Burnham (BNM)	d	1817				1834					1847					1904			
Slough (SLO)	3 d	1821				1838					1851					1908			
Langley (LNY)	d	1825				1842					1855					1912			
Iver (IVR)	d					1844										1914			
West Drayton (WDT)	d	1830				1847					1900					1917			
Heathrow Terminal 5 (HWV)	← d									1850									
Heathrow Terminal 4 (HAF)	← d			1830					1845				1900						
Heathrow Terminals 2 & 3 (HXX)	← d			1836					1851	1855			1906						
Hayes & Harlington (HAY)	3 d	1835	1842			1852			1857	1902			1905			1912		1922	
Southall (STL)	d	1838	1845			1855			1900				1908			1915		1925	
Hanwell (HAN)	d			1848					1903				1918						
West Ealing (WEA)	3 d			1850					1905	1909						1920			
Ealing Broadway (EAL)	3 d	1845		1852		1859			1907	1911			1915			1922		1929	
Acton Main Line (AML)	d			1855					1910				1925						
London Paddington EL (PAD)	15 d	1856	1900	1904	1907		1911	1915	1919	1922		1926	1930	1934	1937		1941	1945	
Bond Street (BDS)	d	1859	1903	1907	1910		1914	1918	1922	1925		1929	1933	1937	1940		1944	1948	
Tottenham Court Road (TCR)	d	1901	1905	1909	1912		1916	1920	1924	1927		1931	1935	1939	1942		1946	1950	
Farringdon (ZFD)	3 d	1904	1908	1912	1915		1919	1923	1927	1930		1934	1938	1942	1945		1949	1953	
London Liverpool Street EL (LST)	4 d	1907	1911	1915	1918		1922	1926	1930	1933		1937	1941	1945	1948		1952	1956	
London Liverpool Street (LST)	15 d				1923					1938					1953			2000	
Whitechapel (ZLW)	d	1909	1913	1917	1920		1924	1928	1932	1935		1939	1943	1947	1950		1954	1958	
Canary Wharf (CWX)	DLR d	1913		1921			1928		1936			1943		1951			1958		
Custom House (CUS)	d	1917		1925			1932		1940			1947		1955			2002		
Woolwich (WWC)	d	1922		1930			1937		1945			1952		2000			2007		
Abbey Wood (ABW)	a	1926		1934			1941		1949			1956		2004			2011		
Stratford (SRA)	DLR 7 d		1919		1926	1930		1934		1941	1945		1949		1956	2000		2004	2007
Maryland (MYL)	d		1921		1928			1936		1943			1951		1958			2006	
Forest Gate (FOG)	d		1923		1930			1938		1945			1953		2000			2008	
Manor Park (MNP)	d		1926		1933			1941		1948			1956		2003			2011	
Ilford (IFD)	2 d		1928		1935			1943		1950			1958		2005			2013	
Seven Kings (SVK)	d		1931		1938			1946		1953			2001		2008			2016	
Goodmayes (GMY)	d		1933		1940			1948		1955			2003		2010			2018	
Chadwell Heath (CTH)	d		1935		1942			1950		1957			2005		2012			2020	
Romford (RMF)	d		1939		1946	1938		1954		2001			2009		2016	2008		2024	
Gidea Park (GDP)	2 d		1944a		1949			1959a		2004			2014a		2019			2029a	
Harold Wood (HRO)	d				1952					2007					2022				
Brentwood (BRE)	d				1956					2011					2026				
Shenfield (SNF)	3 a				2002	1947				2017	2000				2032	2017			2022

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Harwich International
B To Southend Victoria
D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	XR	LE C	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE B		
Reading (RDG)	7	d		1859										1929						
Twyford (TWY)	3	d		1904										1934						
Maidenhead (MAI)	3	d		1911					1930					1941						
Taplow (TAP)		d		1914										1944						
Burnham (BNM)		d		1917					1934					1947						
Slough (SLO)	3	d		1921					1938					1951						
Langley (LNY)		d		1925					1942					1955						
Iver (IVR)		d							1944											
West Drayton (WDT)		d		1930					1947					2000						
Heathrow Terminal 5 (HWV)	7	d		1920									1950							
Heathrow Terminal 4 (HAF)	7	d	1915				1930					1945				2000				
Heathrow Terminals 2 & 3 (HXX)	7	d	1921	1925			1936					1951	1955			2006				
Hayes & Harlington (HAY)	3	d	1927	1932		1935	1942		1952	1957	2002			2005		2012				
Southall (STL)		d	1930			1938	1945		1955			2000		2008		2015				
Hanwell (HAN)		d	1933				1948					2003				2018				
West Ealing (WEA)	3	d	1935	1939			1950					2005	2009			2020				
Ealing Broadway (EAL)	3	d	1937	1941		1945	1952		1959			2007	2011		2015			2022		
Acton Main Line (AML)		d	1940				1955					2010				2025				
London Paddington EL (PAD)	15	d	1949	1952		1956	2000	2004	2007		2011	2015	2019	2022		2026	2030	2034	2037	
Bond Street (BDS)	15	d	1952	1955		1959	2003	2007	2010		2014	2018	2022	2025		2029	2033	2037	2040	
Tottenham Court Road (TCR)	15	d	1954	1957		2001	2005	2009	2012		2016	2020	2024	2027		2031	2035	2039	2042	
Farringdon (ZFD)	15	d	1957	2000		2004	2008	2012	2015		2019	2023	2027	2030		2034	2038	2042	2045	
London Liverpool Street EL (LST)	15	d	2000	2003		2007	2011	2015	2018		2022	2026	2030	2033		2037	2041	2045	2048	
London Liverpool Street (LST)	15	d			2008					2023				2038					2053	
Whitechapel (ZLW)	15	d	2002	2005		2009	2013	2017	2020		2024	2028	2032	2035		2039	2043	2047	2050	
Canary Wharf (CWX)	DLR	d	2006			2013		2021			2028		2036			2043		2051		
Custom House (CUS)		d	2010			2017		2025			2032		2040			2047		2055		
Woolwich (WWC)		d	2015			2022		2030			2037		2045			2052		2100		
Abbey Wood (ABW)		a	2019			2026		2034			2041		2049			2056		2104		
Stratford (SRA)	DLR 7	d		2011	2015		2019		2026	2030		2034		2041	2045		2049		2056	2100
Maryland (MYL)		d		2013			2021		2028			2036		2043			2051		2058	
Forest Gate (FOG)		d		2015			2023		2030			2038		2045			2053		2100	
Manor Park (MNP)		d		2018			2026		2033			2041		2048			2056		2103	
Ilford (IFD)	2	d		2020			2028		2035			2043		2050			2058		2105	
Seven Kings (SVK)		d		2023			2031		2038			2046		2053			2101		2108	
Goodmayes (GMY)		d		2025			2033		2040			2048		2055			2103		2110	
Chadwell Heath (CTH)		d		2027			2035		2042			2050		2057			2105		2112	
Romford (RMF)		d		2031			2039		2046	2038		2054		2101			2109		2116	2108
Gidea Park (GDP)	2	d		2034			2044a		2049			2059a		2104			2114a		2119	
Harold Wood (HRO)		d		2037					2052					2107					2122	
Brentwood (BRE)		d		2041					2056					2111					2126	
Shenfield (SNF)	3	a		2047	2030				2102	2047				2117	2100				2132	2117

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
C To Ipswich
D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator	XR	XR	XR	XR	LE C	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR	XR
Days of operation/Notes																		
Reading (RDG) 7 d						1959												2029
Twyford (TWY) 3 d						2004												2034
Maidenhead (MAI) 3 d	2000					2011				2030								2041
Taplow (TAP) d						2014												2044
Burnham (BNM) d	2004					2017					2034							2047
Slough (SLO) 3 d	2008					2021					2038							2051
Langley (LNY) d	2012					2025					2042							2055
Iver (IVR) d	2014										2044							
West Drayton (WDT) d	2017					2030					2047							2100
Heathrow Terminal 5 (HWV) 7 d				2020											2050			
Heathrow Terminal 4 (HAF) 7 d			2015					2030					2045					2100
Heathrow Terminals 2 & 3 (HXX) 7 d			2021	2025				2036				2051	2055					2106
Hayes & Harlington (HAY) 3 d	2022		2027	2032		2035		2042			2052	2057	2102			2105		2112
Southall (STL) d	2025		2030			2038		2045			2055	2100				2108		2115
Hanwell (HAN) d			2033					2048				2103						2118
West Ealing (WEA) 3 d			2035	2039				2050				2105	2109					2120
Ealing Broadway (EAL) 3 d	2029		2037	2041		2045		2052			2059	2107	2111			2115		2122
Acton Main Line (AML) d			2040					2055				2110						2125
London Paddington EL (PAD) 15 d	2041	2045	2049	2052		2056	2100	2104	2107		2111	2115	2119	2122		2126	2130	2134
Bond Street (BDS) 15 d	2044	2048	2052	2055		2059	2103	2107	2110		2114	2118	2122	2125		2129	2133	2137
Tottenham Court Road (TCR) 15 d	2046	2050	2054	2057		2101	2105	2109	2112		2116	2120	2124	2127		2131	2135	2139
Farringdon (ZFD) 15 d	2049	2053	2057	2100		2104	2108	2112	2115		2119	2123	2127	2130		2134	2138	2142
London Liverpool Street EL (LST) 15 d	2052	2056	2100	2103		2107	2111	2115	2118		2122	2126	2130	2133		2137	2141	2145
London Liverpool Street (LST) 15 d					2108					2123					2138			
Whitechapel (ZLW) 15 d	2054	2058	2102	2105		2109	2113	2117	2120		2124	2128	2132	2135		2139	2143	2147
Canary Wharf (CWX) 15 d	2058		2106			2113		2121			2128	2136				2143		2151
Custom House (CUS) 15 d	2102		2110			2117		2125			2132	2140				2147		2155
Woolwich (WWC) 15 d	2107		2115			2122		2130			2137	2145				2152		2200
Abbey Wood (ABW) 15 a	2111		2119			2126		2134			2141	2149				2156		2204
Stratford (SRA) 7 d		2104		2111	2115		2119		2126	2130		2134		2141	2145			2149
Maryland (MYL) d		2106		2113			2121		2128			2136		2143				2151
Forest Gate (FOG) d		2108		2115			2123		2130			2138		2145				2153
Manor Park (MNP) d		2111		2118			2126		2133			2141		2148				2156
Ilford (IFD) 2 d		2113		2120			2128		2135			2143		2150				2158
Seven Kings (SVK) d		2116		2123			2131		2138			2146		2153				2201
Goodmayes (GMY) d		2118		2125			2133		2140			2148		2155				2203
Chadwell Heath (CTH) d		2120		2127			2135		2142			2150		2157				2205
Romford (RMF) d		2124		2131			2139		2146	2138		2154		2201				2209
Gidea Park (GDP) 2 d		2129a		2134			2144a		2149			2159a		2204				2214a
Harold Wood (HRO) d				2137					2152					2207				
Brentwood (BRE) d				2141					2156					2211				
Shenfield (SNF) 3 a				2147	2130				2202	2147				2217	2200			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Ipswich
- D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	LE B	XR	XR	XR	XR	LE C	XR	XR	LE B	XR	XR	LE D	XR	XR	LE B	XR		
Reading (RDG)	7	d						2059						2129					
Twyford (TWY)	3	d						2104						2134					
Maidenhead (MAI)	3	d		2100				2111						2141					
Taplow (TAP)		d						2114						2144					
Burnham (BNM)		d		2104				2117						2147					
Slough (SLO)	3	d		2108				2121						2151					
Langley (LNY)		d		2112				2125						2155					
Iver (IVR)		d		2114										2157					
West Drayton (WDT)		d		2117				2131						2201					
Heathrow Terminal 5 (HWV)	7	d				2120						2150							
Heathrow Terminal 4 (HAF)	7	d			2115			2130						2200					
Heathrow Terminals 2 & 3 (HXX)	7	d			2121	2125		2136			2155			2206					
Hayes & Harlington (HAY)	3	d		2122	2127	2132		2136	2142		2202			2206	2212				
Southall (STL)		d		2125	2130			2139	2145					2209	2215				
Hanwell (HAN)		d			2133				2148						2218				
West Ealing (WEA)	3	d			2135	2139			2150			2209			2220				
Ealing Broadway (EAL)	3	d		2129	2137	2141		2145	2152			2211		2215	2222				
Acton Main Line (AML)		d			2140				2155						2225				
London Paddington EL (PAD)	15	d	2137		2141	2145	2149	2152	2159	2207		2214	2222		2229	2237	2244		
Bond Street (BDS)	15	d	2140		2144	2148	2152	2155	2202	2210		2217	2225		2232	2240	2247		
Tottenham Court Road (TCR)	15	d	2142		2146	2150	2154	2157	2204	2212		2219	2227		2234	2242	2249		
Farringdon (ZFD)	15	d	2145		2149	2153	2157	2200	2207	2215		2222	2230		2237	2245	2252		
London Liverpool Street EL (LST)	15	d	2148		2152	2156	2200	2203	2210	2218		2225	2233		2240	2248	2255		
London Liverpool Street (LST)	15	d		2153			2208			2223			2238			2253	2304		
Whitechapel (ZLW)	15	d	2150		2154	2158	2202	2205	2212	2220		2227	2235		2242	2250	2257		
Canary Wharf (CWX)	DLR	d			2158		2206		2216			2231			2246		2301		
Custom House (CUS)		d			2202		2210		2220			2235			2250		2305		
Woolwich (WWC)		d			2207		2215		2224			2239			2254		2309		
Abbey Wood (ABW)		a			2211		2219		2228			2243			2258		2313		
Stratford (SRA)	DLR 7	d	2156	2200		2204		2211	2215		2226	2230		2241	2245		2256	2300	2311
Maryland (MYL)		d	2158			2206		2213			2228			2243			2258		2313
Forest Gate (FOG)		d	2200			2208		2215			2230			2245			2300		2315
Manor Park (MNP)		d	2203			2211		2218			2233			2248			2303		2318
Ilford (IFD)	2	d	2205			2213		2220			2235			2250			2305		2320
Seven Kings (SVK)		d	2208			2216		2223			2238			2253			2309		2323
Goodmayes (GMY)		d	2210			2218		2225			2240			2255			2311		2325
Chadwell Heath (CTH)		d	2212			2220		2227			2242			2257			2313		2327
Romford (RMF)		d	2216	2208		2224		2231			2246	2238		2301			2317	2308	2331
Gidea Park (GDP)	2	d	2219			2229a		2234			2249			2304			2319		2334
Harold Wood (HRO)		d	2222					2237			2252			2307			2322		2337
Brentwood (BRE)		d	2226					2241			2256			2311			2326		2341
Shenfield (SNF)	3	a	2232	2217				2247	2230		2302	2247		2317	2300		2332	2317	2347

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
C To Ipswich
D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	LE C	XR	LE B	LE E	XR	LE B	XR	LE MM E	XR MM	LE MM B	XR MM	XR MM	LE MM B	XR MM		
Reading (RDG)	7	d														
Twyford (TWY)	3	d														
Maidenhead (MAI)	3	d														
Taplow (TAP)		d														
Burnham (BNM)		d														
Slough (SLO)	3	d														
Langley (LNY)		d														
Iver (IVR)		d														
West Drayton (WDT)		d														
Heathrow Terminal 5 (HWV)	←	d														
Heathrow Terminal 4 (HAF)	←	d														
Heathrow Terminals 2 & 3 (HXX)	←	d														
Hayes & Harlington (HAY)	3	d														
Southall (STL)		d														
Hanwell (HAN)		d														
West Ealing (WEA)	3	d														
Ealing Broadway (EAL)	← 3	d														
Acton Main Line (AML)		d														
London Paddington EL (PAD)	← 15	d														
Bond Street (BDS)	←	d														
Tottenham Court Road (TCR)	←	d														
Farringdon (ZFD)	← 3	d														
London Liverpool Street EL (LST)	← 4	d														
London Liverpool Street (LST)	← 15	d	2308	2319	2323	2334	2334	2345	2349	0002	0005	0015	0019	0034	0050	0055
Whitechapel (ZLW)	←	d														
Canary Wharf (CWX)	DLR	d														
Custom House (CUS)		d														
Woolwich (WWC)		d														
Abbey Wood (ABW)		a														
Stratford (SRA)	← DLR 7	d	2315	2326	2330	2341	2341	2352	2356	0009	0012	0022	0026	0041	0057	0102
Maryland (MYL)		d		2328		2343		2358			0014		0028	0043		0104
Forest Gate (FOG)		d		2330		2345		0001			0016		0030	0045		0106
Manor Park (MNP)		d		2333		2348		0003			0019		0033	0048		0109
Ilford (IFD)	2	d		2335		2350		0005			0021		0035	0050		0112
Seven Kings (SVK)		d		2338		2353		0008			0024		0038	0053		0114
Goodmayes (GMY)		d		2340		2355		0010			0026		0040	0055		0116
Chadwell Heath (CTH)		d		2342		2357		0012			0028		0042	0057		0118
Romford (RMF)		d		2346	2338	0001	0004	0016			0032	0035	0046	0101	0108	0122
Gidea Park (GDP)	2	d		2349		0004		0019			0035		0049	0104		0125
Harold Wood (HRO)		d		2352		0007		0022			0038		0052	0107		0128
Brentwood (BRE)		d		2356		0011		0026			0042		0056	0111		0132
Shenfield (SNF)	3	a	2330	0003	2347	2356	0017	0017	0032	0032	0048	0048	0102	0117	0120	0138

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
C To Ipswich
E To Colchester
- MM Monday mornings

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE A	XR	XR	XR	XR	LE A	XR	XR	LE B	XR	XR	XR	XR	XR	XR	LE A	XR	XR	
Shenfield (SNF)	3 d	0437	0444			0504	0509			0524			0524		0533		0541		0548
Brentwood (BRE)	d		0448			0508							0528		0537		0545		0552
Harold Wood (HRO)	d		0452			0512							0532		0541		0549		0556
Gidea Park (GDP)	2 d		0455	0503		0515			0525				0535		0544		0552		0559
Romford (RMF)	d		0458	0506		0518			0528	0532			0538		0547		0555		0602
Chadwell Heath (CTH)	d		0501	0509		0521			0531				0541		0550		0558		0605
Goodmayes (GMY)	d		0503	0511		0523			0533				0543		0552		0600		0607
Seven Kings (SVK)	d		0505	0513		0525			0535	0537s			0545		0554		0602		0609
Ilford (IFD)	2 d		0509	0517		0529			0539				0549		0558		0606		0613
Manor Park (MNP)	d		0511	0519		0531			0541				0551		0600		0608		0615
Forest Gate (FOG)	d		0515	0522		0534			0544				0554		0603		0611		0618
Maryland (MYL)	d		0517	0524		0536			0546				0556		0605		0613		0620
Stratford (SRA)	DLR 7 d	0459	0519	0527	0534	0539	0526		0549	0544			0559		0608		0616	0559	0623
Abbey Wood (ABW)	d							0534				0544		0554		0602			0609
Woolwich (WWC)	d							0537				0547		0557		0605			0612
Custom House (CUS)	d							0541				0551		0601		0609			0616
Canary Wharf (CWX)	DLR d							0545				0555		0605		0613			0620
Whitechapel (ZLW)	DLR d				0539	0544		0549	0554			0559	0604	0609	0613	0617	0621		0624 0628
London Liverpool Street (LST)	DLR 15 a	0507	0527	0535			0534			0552							0610		
London Liverpool Street EL (LST)	DLR 4 a				0542	0547		0552	0557			0602	0607	0612	0616	0620	0624		0627 0631
Farringdon (ZFD)	DLR 3 a				0544	0549		0554	0559			0604	0609	0614	0618	0622	0626		0629 0633
Tottenham Court Road (TCR)	DLR a				0547	0552		0557	0602			0607	0612	0617	0621	0625	0629		0632 0636
Bond Street (BDS)	DLR a				0550	0555		0600	0605			0610	0615	0620	0624	0628	0632		0635 0639
London Paddington EL (PAD)	DLR 15 a				0553	0600		0603	0608			0615	0620	0623	0629	0631	0635		0638 0644
Acton Main Line (AML)	a				0600				0615					0630					0645
Ealing Broadway (EAL)	DLR 3 a				0603			0613	0618					0633		0640	0643		0648
West Ealing (WEA)	DLR 3 a				0606			0616	0621					0636			0646		0651
Hanwell (HAN)	a				0608				0623					0638					0653
Southall (STL)	a				0611				0626					0641		0645			0656
Hayes & Harlington (HAY)	DLR 3 a				0614			0622	0629					0644		0648	0651		0659
Heathrow Terminals 2 & 3 (HXX)	DLR a ←				0621			0629	0636					0651			0659		0706
Heathrow Terminal 4 (HAF)	DLR a ←				0627				0642					0657					0712
Heathrow Terminal 5 (HWV)	DLR a ←							0635									0705		
West Drayton (WDT)	a															0652			
Iver (IVR)	a															0655			
Langley (LNY)	a															0657			
Slough (SLO)	DLR 3 a															0701			
Burnham (BNM)	a															0705			
Taplow (TAP)	a															0707			
Maidenhead (MAI)	DLR 3 a															0710			
Twyford (TWY)	DLR 3 a															0717			
Reading (RDG)	DLR 7 a															0725			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time
s Stops to set down only

A From Southend Victoria
B From Colchester

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE B	XR	XR	XR	XR	LE C	XR	XR	LE A	XR	XR	XR	XR	LE D	XR	XR	LE A	XR
Shenfield (SNF)	3 d	0553		0556		0602	0607		0608	0614		0614		0620		0625	0630	
Brentwood (BRE)	d			0600		0606			0612			0618		0624		0629		
Harold Wood (HRO)	d			0604		0610			0616			0622		0628		0633		
Gidea Park (GDP)	2 d			0607		0613			0619			0625		0631		0636		
Romford (RMF)	d	0601		0610		0616			0622			0628	0629s	0634		0639		
Chadwell Heath (CTH)	d			0613		0619			0625			0631		0637		0642		
Goodmayes (GMY)	d			0615		0621			0627			0633		0639		0644		
Seven Kings (SVK)	d			0617		0623			0629			0635		0641		0646		
Ilford (IFD)	2 d			0621		0627			0633			0639		0645		0650		
Manor Park (MNP)	d			0623		0629			0635			0641		0647		0652		
Forest Gate (FOG)	d			0626		0632			0638			0644		0650		0655		
Maryland (MYL)	d			0628		0634			0640			0646		0652		0657		
Stratford (SRA)	DLR 7 d	0611		0631		0637	0622s		0643	0630		0649		0655	0639	0700	0645	
Abbey Wood (ABW)	d			0617		0624			0630			0636		0642		0648		0654
Woolwich (WWC)	d			0620		0627			0633			0639		0645		0651		0657
Custom House (CUS)	d			0624		0631			0637			0643		0649		0655		0701
Canary Wharf (CWX)	DLR d			0628		0635			0641			0647		0653		0659		0705
Whitechapel (ZLW)	DLR d			0632	0636	0639	0642		0645	0648		0651	0654	0657	0700	0703	0706	0709
London Liverpool Street (LST)	DLR 15 a	0619					0630			0638					0647		0653	
London Liverpool Street EL (LST)	DLR 4 a			0635	0639	0642	0645		0648	0651		0654	0657	0700	0703	0706	0709	0712
Farringdon (ZFD)	DLR 3 a			0637	0641	0644	0647		0650	0653		0656	0659	0702	0705	0708	0711	0714
Tottenham Court Road (TCR)	DLR a			0640	0644	0647	0650		0653	0656		0659	0702	0705	0708	0711	0714	0717
Bond Street (BDS)	DLR a			0643	0647	0650	0653		0656	0659		0702	0705	0708	0711	0714	0717	0720
London Paddington EL (PAD)	DLR 15 a			0646	0652	0653	0658		0659	0702		0705	0710	0713	0716	0717	0722	0723
Acton Main Line (AML)	a					0700						0713						0730
Ealing Broadway (EAL)	DLR 3 a			0656		0703			0709	0713		0716				0725		0733
West Ealing (WEA)	DLR 3 a					0706				0716		0719						0736
Hanwell (HAN)	a					0708						0721						0738
Southall (STL)	a			0703		0711			0715			0724				0732		0741
Hayes & Harlington (HAY)	DLR 3 a			0706		0714			0718	0722		0727				0735		0744
Heathrow Terminals 2 & 3 (HXX)	DLR a					0721				0729		0734						0751
Heathrow Terminal 4 (HAF)	DLR a					0727						0742						0757
Heathrow Terminal 5 (HWV)	DLR a								0735									
West Drayton (WDT)	a			0710					0722							0739		
Iver (IVR)	a			0712					0725							0742		
Langley (LNY)	a			0715					0727							0744		
Slough (SLO)	DLR 3 a			0718					0731							0748		
Burnham (BNM)	a			0722					0735							0752		
Taplow (TAP)	a			0725					0737							0754		
Maidenhead (MAI)	DLR 3 a			0728					0740							0757		
Twyford (TWY)	DLR 3 a			0735					0747							0805		
Reading (RDG)	DLR 7 a			0744					0755							0812		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only

- A From Southend Victoria
- B From Colchester
- C From Ipswich
- D From Clacton-on-Sea

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator	XR	LE	XR	XR	XR	LE	XR	XR	LE	XR	XR	LE	XR	XR	XR	XR	LE	XR
Days of operation/Notes	E	A	D	F	A	S	D	F	S	D	F	S	D	F	S	D	F	S
Shenfield (SNF)	3 d	0630	0638			0638	0644		0644	0648		0650	0651		0654		0658	0659
Brentwood (BRE)	d	0634				0642			0648			0654			0658		0702	
Harold Wood (HRO)	d	0638				0646			0652			0658			0702		0706	
Gidea Park (GDP)	2 d	0641		0645		0649			0655			0701			0705		0709	
Romford (RMF)	d	0644		0648		0652			0658			0704			0708		0712	
Chadwell Heath (CTH)	d	0647		0651		0655			0701			0707			0711		0715	
Goodmayes (GMY)	d	0649		0653		0657			0703			0709			0713		0717	
Seven Kings (SVK)	d	0651		0655		0659			0705			0711			0715		0719	
Ilford (IFD)	2 d	0655		0659		0703			0709			0715			0719		0723	
Manor Park (MNP)	d	0657		0701		0705			0711			0717			0721		0725	
Forest Gate (FOG)	d	0700		0704		0708			0714			0720			0724		0728	
Maryland (MYL)	d	0702		0706		0710			0716			0722			0726		0730	
Stratford (SRA)	DLR 7 d	0705	0655s	0709		0713	0701s		0719	0705s		0725	0708s		0729		0733	0716s
Abbey Wood (ABW)	d				0700			0706			0712			0718		0724		0729
Woolwich (WWC)	d				0703			0709			0715			0721		0727		0732
Custom House (CUS)	d				0707			0713			0719			0725		0731		0736
Canary Wharf (CWX)	DLR d				0713			0718			0723			0729		0735		0740
Whitechapel (ZLW)	DLR d	0712		0714	0717	0719		0722	0724		0727	0730		0733	0736	0739	0741	0744
London Liverpool Street (LST)	DLR 15 a		0706				0711			0716			0720					0727
London Liverpool Street EL (LST)	DLR 4 a	0714		0717	0719	0722		0724	0727		0730	0733		0736	0739	0741	0744	0746
Farringdon (ZFD)	DLR 3 a	0717		0719	0722	0724		0727	0729		0732	0735		0738	0741	0744	0746	0749
Tottenham Court Road (TCR)	DLR a	0720		0722	0725	0727		0730	0732		0735	0738		0741	0744	0747	0749	0752
Bond Street (BDS)	DLR a	0722		0725	0727	0730		0732	0735		0738	0741		0744	0747	0749	0752	0754
London Paddington EL (PAD)	DLR 15 a	0727		0730	0730	0733		0735	0740		0743	0746		0747	0752	0752	0756	0757
Acton Main Line (AML)	a							0743									0800	
Ealing Broadway (EAL)	DLR 3 a			0740	0743	0747								0755		0803		0810
West Ealing (WEA)	DLR 3 a				0746	0750										0806		
Hanwell (HAN)	a					0752										0808		
Southall (STL)	a			0746		0755								0801		0811		0816
Hayes & Harlington (HAY)	DLR 3 a			0749	0752	0758								0804		0814		0819
Heathrow Terminals 2 & 3 (HXX)	DLR a				0759	0805										0821		
Heathrow Terminal 4 (HAF)	DLR a					0812										0827		
Heathrow Terminal 5 (HWV)	DLR a				0805													
West Drayton (WDT)	a			0753										0808				0823
Iver (IVR)	a			0756										0811				0826
Langley (LNY)	a			0758										0813				0828
Slough (SLO)	DLR 3 a			0802										0817				0832
Burnham (BNM)	a			0806										0821				0836
Taplow (TAP)	a			0808										0823				0839
M Maidenhead (MAI)	DLR 3 a			0811										0826				0842
Twyford (TWY)	DLR 3 a			0818										0833				0849
Reading (RDG)	DLR 7 a			0826										0842				0858

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only

- A From Southend Victoria
- D From Clacton-on-Sea
- E From Witham
- F From Southminster

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator	XR	XR	LE G	LE D	XR	XR	LE A	XR	XR	XR	XR	LE H	XR	XR	LE A	XR	XR	LE F	
Days of operation/Notes																			
Shenfield (SNF)	3 d	0704	0706	0710		0710	0716		0716		0720	0723		0724	0728		0728	0732	
Brentwood (BRE)	d	0708				0714			0720		0724			0728				0732	
Harold Wood (HRO)	d	0712				0718			0724		0728			0732				0736	
Gidea Park (GDP)	2 d	0713	0717			0722			0727		0731			0735				0739	
Romford (RMF)	d	0716	0720			0725			0730		0734			0738				0742	
Chadwell Heath (CTH)	d	0719	0723			0728			0733		0737			0741				0745	
Goodmayes (GMY)	d	0721	0725			0730			0735		0739			0743				0747	
Seven Kings (SVK)	d	0723	0727			0732			0737		0741			0745				0749	
Ilford (IFD)	2 d	0727	0731			0736			0741		0745			0749				0753	
Manor Park (MNP)	d	0729	0733			0738			0743		0747			0751				0755	
Forest Gate (FOG)	d	0732	0736			0741			0746		0750			0754				0758	
Maryland (MYL)	d	0734	0738			0743			0748		0752			0756				0800	
Stratford (SRA)	DLR 7 d	0737	0741	0723s	0727s		0746	0733s		0751		0755	0740s		0759	0745s		0803	0749s
Abbey Wood (ABW)	d					0734			0739		0744			0749				0754	
Woolwich (WWC)	d					0737			0742		0747			0752				0757	
Custom House (CUS)	d					0741			0746		0751			0756				0801	
Canary Wharf (CWX)	DLR d					0745			0750		0755			0800				0805	
Whitechapel (ZLW)	DLR d		0746			0749	0751		0754	0756	0759	0801		0804	0806			0809	0811
London Liverpool Street (LST)	DLR 15 a	0745		0733	0739			0744					0751			0756			0759
London Liverpool Street EL (LST)	DLR 4 a		0749			0751	0754		0756	0759	0801	0804		0806	0809			0811	0814
Farringdon (ZFD)	DLR 3 a		0751			0754	0756		0759	0801	0804	0806		0809	0811			0814	0816
Tottenham Court Road (TCR)	DLR a		0754			0757	0759		0802	0804	0807	0809		0812	0814			0817	0819
Bond Street (BDS)	DLR a		0757			0759	0802		0804	0807	0809	0812		0814	0817			0819	0822
London Paddington EL (PAD)	DLR 15 a		0802			0804	0805		0807	0812	0817	0817		0819	0822			0822	0826
Acton Main Line (AML)	a								0815										0830
Ealing Broadway (EAL)	DLR 3 a						0813		0818		0825								0833
West Ealing (WEA)	DLR 3 a						0816		0821										0836
Hanwell (HAN)	a								0823										0838
Southall (STL)	a								0826		0832								0841
Hayes & Harlington (HAY)	DLR 3 a						0822		0829		0835								0844
Heathrow Terminals 2 & 3 (HXX)	DLR a						0829		0836										0851
Heathrow Terminal 4 (HAF)	DLR a								0842										0857
Heathrow Terminal 5 (HWV)	DLR a						0835												
West Drayton (WDT)	a										0839								
Iver (IVR)	a										0841								
Langley (LNY)	a										0844								
Slough (SLO)	DLR 3 a										0847								
Burnham (BNM)	a										0851								
Taplow (TAP)	a										0854								
Maidenhead (MAI)	DLR 3 a										0857								
Twyford (TWY)	DLR 3 a										0904								
Reading (RDG)	DLR 7 a										0911								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only

- A From Southend Victoria
- D From Clacton-on-Sea
- F From Southminster
- G From Colchester Town
- H From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE G	XR	XR	XR	LE A	XR	XR	LE D	XR	XR	LE A	XR	XR	LE D	XR	XR	LE A	XR
Shenfield (SNF)	3 d	0734			0734	0740		0740	0742		0746	0750		0750	0753		0754	0758
Brentwood (BRE)	d				0738			0744			0750			0754			0758	
Harold Wood (HRO)	d				0742			0748			0754			0758			0802	
Gidea Park (GDP)	2 d			0743	0747			0752			0757			0801			0805	
Romford (RMF)	d			0746	0750			0755			0800			0804			0808	
Chadwell Heath (CTH)	d			0749	0753			0758			0803			0807			0811	
Goodmayes (GMY)	d			0751	0755			0800			0805			0809			0813	
Seven Kings (SVK)	d			0753	0757			0802			0807			0811			0815	
Ilford (IFD)	2 d			0757	0801			0806			0811			0815			0819	
Manor Park (MNP)	d			0759	0803			0808			0813			0817			0821	
Forest Gate (FOG)	d			0802	0806			0811			0816			0820			0824	
Maryland (MYL)	d			0804	0808			0813			0818			0822			0826	
Stratford (SRA)	DLR 7 d	0751s		0807	0811	0757s		0816	0800s		0821	0807s		0825	0810s		0829	0815s
Abbey Wood (ABW)	d		0759			0804			0809			0814			0819			0824
Woolwich (WWC)	d		0802			0807			0812			0817			0822			0827
Custom House (CUS)	d		0806			0811			0816			0821			0826			0831
Canary Wharf (CWX)	DLR d		0810			0815			0820			0825			0830			0835
Whitechapel (ZLW)	DLR d		0814		0816	0819	0821		0824	0826		0829	0831		0834	0836		0839
London Liverpool Street (LST)	DLR 15 a	0802		0815		0808		0811			0818			0821			0826	
London Liverpool Street EL (LST)	DLR 4 a		0816		0819		0821	0824		0826	0829		0831	0834		0836	0839	0841
Farringdon (ZFD)	DLR 3 a		0819		0821		0824	0826		0829	0831		0834	0836		0839	0841	0844
Tottenham Court Road (TCR)	DLR a		0822		0824		0827	0829		0832	0834		0837	0839		0842	0844	0847
Bond Street (BDS)	DLR a		0824		0827		0829	0832		0834	0837		0839	0842		0844	0847	0849
London Paddington EL (PAD)	DLR 15 a		0827		0832		0834	0835		0837	0842		0842	0847		0849	0852	0852
Acton Main Line (AML)	a								0845									0900
Ealing Broadway (EAL)	DLR 3 a		0840				0843		0848			0851						0903
West Ealing (WEA)	DLR a						0846		0851									0906
Hanwell (HAN)	a								0853									0908
Southall (STL)	a		0845						0856			0859						0911
Hayes & Harlington (HAY)	DLR 3 a		0848					0852	0859			0902						0914
Heathrow Terminals 2 & 3 (HXX)	DLR DLR a							0859	0906									0921
Heathrow Terminal 4 (HAF)	DLR a								0912									0927
Heathrow Terminal 5 (HWV)	DLR a						0905											
West Drayton (WDT)	a		0854										0906					
Iver (IVR)	a		0856										0908					
Langley (LNY)	a		0859										0911					
Slough (SLO)	DLR 3 a		0902										0914					
Burnham (BNM)	a		0906										0918					
Taplow (TAP)	a		0909										0921					
Maidenhead (MAI)	DLR 3 a		0912										0924					
Twyford (TWY)	DLR 3 a		0919										0931					
Reading (RDG)	DLR 7 a		0926										0938					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time
s Stops to set down only

A From Southend Victoria
D From Clacton-on-Sea
G From Colchester Town

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator	XR	LE H	XR	XR	XR	LE A	LE E	XR	XR	XR	XR	LE A	XR	XR	LE F	XR	XR	LE J	
Days of operation/Notes																			
Shenfield (SNF)	3 d	0758	0804			0804	0806	0809		0810		0816	0817		0821	0822		0826	0827
Brentwood (BRE)	d	0802				0808				0814		0820			0825			0830	
Harold Wood (HRO)	d	0806				0812				0818		0824			0829			0834	
Gidea Park (GDP)	2 d	0809			0813	0817				0822		0827			0832			0837	
Romford (RMF)	d	0812			0816	0820				0825		0830			0835			0840	
Chadwell Heath (CTH)	d	0815			0819	0823				0828		0833			0838			0843	
Goodmayes (GMY)	d	0817			0821	0825				0830		0835			0840			0845	
Seven Kings (SVK)	d	0819			0823	0827				0832		0837			0842			0847	
Ilford (IFD)	2 d	0823			0827	0831				0836		0841			0846			0851	
Manor Park (MNP)	d	0825			0829	0833				0838		0843			0848			0853	
Forest Gate (FOG)	d	0828			0832	0836				0841		0846			0851			0856	
Maryland (MYL)	d	0830			0834	0838				0843		0848			0853			0858	
Stratford (SRA)	DLR 7 d	0833	0821s		0837	0841	0823s	0826s		0846		0851	0834s		0856	0839s		0901	0844s
Abbey Wood (ABW)	d			0829					0834		0839			0844			0849		
Woolwich (WWC)	d			0832					0837		0842			0847			0852		
Custom House (CUS)	d			0836					0841		0846			0851			0856		
Canary Wharf (CWX)	DLR d			0840					0845		0850			0855			0900		
Whitechapel (ZLW)	DLR d	0841		0844		0846			0849	0851	0854	0856		0859	0901		0904	0906	
London Liverpool Street (LST)	DLR 15 a		0831		0845		0834	0836					0845		0850			0854	
London Liverpool Street EL (LST)	DLR 4 a	0844		0846		0849			0851	0854	0856	0859		0901	0904		0906	0909	
Farringdon (ZFD)	DLR 3 a	0846		0849		0851			0854	0856	0859	0901		0904	0906		0909	0911	
Tottenham Court Road (TCR)	DLR a	0849		0852		0854			0857	0859	0902	0904		0907	0909		0912	0914	
Bond Street (BDS)	DLR a	0852		0854		0857			0859	0902	0904	0907		0909	0912		0914	0917	
London Paddington EL (PAD)	DLR 15 a	0856		0857		0902			0904	0905	0907	0912		0912	0917		0919	0922	
Acton Main Line (AML)	a										0915								
Ealing Broadway (EAL)	DLR 3 a			0910					0913	0918			0925						
West Ealing (WEA)	DLR 3 a								0916	0921									
Hanwell (HAN)	a									0923									
Southall (STL)	a			0915						0926			0932						
Hayes & Harlington (HAY)	DLR 3 a			0918					0922	0929			0935						
Heathrow Terminals 2 & 3 (HXX)	DLR a								0929	0936									
Heathrow Terminal 4 (HAF)	DLR a									0942									
Heathrow Terminal 5 (HWV)	DLR a								0935										
West Drayton (WDT)	a			0924									0939						
Iver (IVR)	a			0926															
Langley (LNY)	a			0929									0943						
Slough (SLO)	DLR 3 a			0932									0946						
Burnham (BNM)	a			0936									0950						
Taplow (TAP)	a												0953						
Maidenhead (MAI)	DLR 3 a			0944									0956						
Twyford (TWY)	DLR 3 a												1003						
Reading (RDG)	DLR 7 a												1010						

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time
s Stops to set down only

A From Southend Victoria
E From Witham
F From Southminster
H From Braintree
J From Harwich Town/Colchester Town

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE A	LE E	XR	XR	LE D	XR	XR	XR	LE A	XR	XR	LE H	XR	XR	XR	XR	
Shenfield (SNF)	3	d	0831	0832	0834		0836	0844			0844	0847		0850	0856		0856		0901
Brentwood (BRE)		d	0835				0840				0848			0854			0900		0905
Harold Wood (HRO)		d	0839				0844				0852			0858			0904		0909
Gidea Park (GDP)	2	d	0842				0847			0851	0855			0901			0907		0912
Romford (RMF)		d	0845				0850			0854	0858	0855		0904			0910		0915
Chadwell Heath (CTH)		d	0848				0853			0857	0901			0907			0913		0918
Goodmayes (GMY)		d	0850				0855			0859	0903			0909			0915		0920
Seven Kings (SVK)		d	0852				0857			0901	0905			0911			0917		0922
Ilford (IFD)	2	d	0856				0901			0905	0909			0915			0921		0926
Manor Park (MNP)		d	0858				0903			0907	0911			0917			0923		0928
Forest Gate (FOG)		d	0901				0906			0910	0914			0920			0926		0931
Maryland (MYL)		d	0903				0908			0912	0916			0922			0928		0933
Stratford (SRA)	DLR 7	d	0906	0849s	0851s		0911	0901s		0915	0919	0906s		0925	0912s		0931		0936
Abbey Wood (ABW)		d	0854				0900			0906				0911			0918		0924
Woolwich (WWC)		d	0857				0903			0909				0915			0921		0927
Custom House (CUS)		d	0901				0907			0913				0919			0925		0931
Canary Wharf (CWX)	DLR	d	0905				0911			0917				0923			0929		0935
Whitechapel (ZLW)	DLR	d	0909	0912			0915	0918		0921	0924			0927	0930		0933	0936	0942
London Liverpool Street (LST)	15	a		0859	0902			0912		0923		0916			0922				
London Liverpool Street EL (LST)	4	a	0912	0915			0918	0921		0924		0927		0930	0933		0936	0939	0945
Farringdon (ZFD)	3	a	0914	0917			0920	0923		0926		0929		0932	0935		0938	0941	0947
Tottenham Court Road (TCR)	DLR	a	0917	0920			0923	0926		0929		0932		0935	0938		0941	0944	0950
Bond Street (BDS)	DLR	a	0920	0923			0926	0929		0932		0935		0938	0941		0944	0947	0953
London Paddington EL (PAD)	15	a	0923	0928			0929	0932		0935		0940		0942	0946		0947	0952	0958
Acton Main Line (AML)		a	0930							0943									1000
Ealing Broadway (EAL)	3	a	0933				0940	0943		0948							0956		1003
West Ealing (WEA)	3	a	0936					0946		0951									1006
Hanwell (HAN)		a	0938							0953									1008
Southall (STL)		a	0941				0946			0956							1002		1011
Hayes & Harlington (HAY)	3	a	0944				0949	0952		0959							1005		1014
Heathrow Terminals 2 & 3 (HXX)	DLR	a	0951					0959		1006									1021
Heathrow Terminal 4 (HAF)	DLR	a	0957							1012									1027
Heathrow Terminal 5 (HWV)	DLR	a					1005												
West Drayton (WDT)		a					0953										1009		
Iver (IVR)		a					0956												
Langley (LNY)		a					0958										1013		
Slough (SLO)	3	a					1002										1016		
Burnham (BNM)		a					1006										1020		
Taplow (TAP)		a															1023		
Maidenhead (MAI)	3	a					1013										1026		
Twyford (TWY)	3	a															1033		
Reading (RDG)	7	a															1040		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only

- A From Southend Victoria
- D From Clacton-on-Sea
- E From Witham
- H From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE A	XR	XR	XR	XR	XR	LE K	XR	XR	LE A	XR	XR	XR	XR	LE C	LE H	XR	XR
Shenfield (SNF)	3 d	0904	0906			0914	0917		0920	0924		0926		0933	0934	0939		0941
Brentwood (BRE)	d		0910			0918			0924			0930		0937				0945
Harold Wood (HRO)	d		0914			0922			0928			0934		0941				0949
Gidea Park (GDP)	2 d		0917		0921	0925			0931			0937		0944				0952
Romford (RMF)	d		0920		0924	0928			0934			0940		0947				0955
Chadwell Heath (CTH)	d		0923		0927	0931			0937			0943		0950				0958
Goodmayes (GMY)	d		0925		0929	0933			0939			0945		0952				1000
Seven Kings (SVK)	d		0927		0931	0935			0941			0947		0954				1002
Ilford (IFD)	2 d		0931		0935	0939			0945			0951		0958				1006
Manor Park (MNP)	d		0933		0937	0941			0947			0953		1000				1008
Forest Gate (FOG)	d		0936		0940	0944			0950			0956		1003				1011
Maryland (MYL)	d		0938		0942	0946			0952			0958		1005				1013
Stratford (SRA)	DLR 7 d	0921s	0941		0945	0949	0933s		0955	0941s		1001		1008	0950s	0955		1016
Abbey Wood (ABW)	d		0930		0936				0942			0948		0954			1002	
Woolwich (WWC)	d		0933		0939				0945			0951		0957			1005	
Custom House (CUS)	d		0937		0943				0949			0955		1001			1009	
Canary Wharf (CWX)	DLR d		0941		0947				0953			0959		1005			1013	
Whitechapel (ZLW)	DLR d		0945	0948	0951		0954		0957	1000		1003	1006	1009	1013		1017	1021
London Liverpool Street (LST)	DLR 15 a	0931			0953		0943			0951					1000	1003		
London Liverpool Street EL (LST)	DLR 4 a		0948	0951	0954		0957		1000	1003		1006	1009	1012	1016		1020	1024
Farringdon (ZFD)	DLR 3 a		0950	0953	0956		0959		1002	1005		1008	1011	1014	1018		1022	1026
Tottenham Court Road (TCR)	DLR a		0953	0956	0959		1002		1005	1008		1011	1014	1017	1021		1025	1029
Bond Street (BDS)	DLR a		0956	0959	1002		1005		1008	1011		1014	1017	1020	1024		1028	1032
London Paddington EL (PAD)	DLR 15 a		0959	1002	1005		1010		1013	1016		1017	1022	1023	1029		1031	1035
Acton Main Line (AML)	a				1013									1030				
Ealing Broadway (EAL)	DLR 3 a		1010	1013	1018							1025		1033			1040	1043
West Ealing (WEA)	DLR 3 a			1016	1021									1036				1046
Hanwell (HAN)	a				1023									1038				
Southall (STL)	a		1015		1026							1032		1041			1045	
Hayes & Harlington (HAY)	DLR 3 a		1018	1022	1029							1035		1044			1048	1052
Heathrow Terminals 2 & 3 (HXX)	DLR a			1029	1036									1051				1059
Heathrow Terminal 4 (HAF)	DLR a				1042									1057				
Heathrow Terminal 5 (HWV)	DLR a			1035														1105
West Drayton (WDT)	a		1022									1039					1052	
Iver (IVR)	a		1025														1055	
Langley (LNY)	a		1027									1043					1057	
Slough (SLO)	DLR 3 a		1031									1046					1101	
Burnham (BNM)	a		1035									1050					1105	
Taplow (TAP)	a											1053						
Maidenhead (MAI)	DLR 3 a		1042									1056					1112	
Twyford (TWY)	DLR 3 a											1103						
Reading (RDG)	DLR 7 a											1110						

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only

- A From Southend Victoria
- C From Ipswich
- H From Braintree
- K From Walton-on-the-Naze

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE A	XR	XR	LE L	XR	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	LE G	XR	XR	LE A
Shenfield (SNF)	3 d	0946		0948	0953		0956		1003	1005	1008		1011		1018	1019		1026	1027
Brentwood (BRE)	d			0952			1000		1007				1015		1022			1030	
Harold Wood (HRO)	d			0956			1004		1011				1019		1026			1034	
Gidea Park (GDP)	2 d			0959			1007		1014				1022		1029			1037	
Romford (RMF)	d	0953		1002			1010		1017				1025		1032			1040	
Chadwell Heath (CTH)	d			1005			1013		1020				1028		1035			1043	
Goodmayes (GMY)	d			1007			1015		1022				1030		1037			1045	
Seven Kings (SVK)	d			1009			1017		1024				1032		1039			1047	
Ilford (IFD)	2 d			1013			1021		1028				1036		1043			1051	
Manor Park (MNP)	d			1015			1023		1030				1038		1045			1053	
Forest Gate (FOG)	d			1018			1026		1033				1041		1048			1056	
Maryland (MYL)	d			1020			1028		1035				1043		1050			1058	
Stratford (SRA)	DLR 7 d	1003		1023	1008		1031		1038	1020	1023		1046		1053	1035		1101	1042
Abbey Wood (ABW)	d		1009			1017		1024				1032		1039			1047		
Woolwich (WWC)	d		1012			1020		1027				1035		1042			1050		
Custom House (CUS)	d		1016			1024		1031				1039		1046			1054		
Canary Wharf (CWX)	DLR d		1020			1028		1035				1043		1050			1058		
Whitechapel (ZLW)	DLR d		1024	1028		1032	1036	1039	1043			1047	1051	1054	1058		1102	1106	
London Liverpool Street (LST)	DLR 15 a	1011			1017					1028	1033					1043			1054
London Liverpool Street EL (LST)	DLR 4 a		1027	1031		1035	1039	1042	1046			1050	1054	1057	1101		1105	1109	
Farringdon (ZFD)	DLR 3 a		1029	1033		1037	1041	1044	1048			1052	1056	1059	1103		1107	1111	
Tottenham Court Road (TCR)	DLR a		1032	1036		1040	1044	1047	1051			1055	1059	1102	1106		1110	1114	
Bond Street (BDS)	DLR a		1035	1039		1043	1047	1050	1054			1058	1102	1105	1109		1113	1117	
London Paddington EL (PAD)	DLR 15 a		1038	1044		1046	1052	1053	1059			1101	1105	1108	1114		1116	1122	
Acton Main Line (AML)	a		1045					1100							1115				
Ealing Broadway (EAL)	DLR 3 a		1048			1055		1103				1110	1113	1118			1125		
West Ealing (WEA)	DLR 3 a		1051					1106					1116	1121					
Hanwell (HAN)	a		1054					1108						1123					
Southall (STL)	a		1057			1102		1111				1116		1126			1132		
Hayes & Harlington (HAY)	DLR 3 a		1100			1105		1114				1119	1122	1129			1135		
Heathrow Terminals 2 & 3 (HXX)	DLR a		1107					1121					1129	1136					
Heathrow Terminal 4 (HAF)	DLR a		1112					1127						1142					
Heathrow Terminal 5 (HWV)	DLR a												1135						
West Drayton (WDT)	a					1109						1126					1139		
Iver (IVR)	a											1128							
Langley (LNY)	a					1113						1131					1143		
Slough (SLO)	DLR 3 a					1116						1134					1146		
Burnham (BNM)	a					1120						1138					1150		
Taplow (TAP)	a					1123											1153		
Maidenhead (MAI)	DLR 3 a					1126						1146					1156		
Twyford (TWY)	DLR 3 a					1133											1203		
Reading (RDG)	DLR 7 a					1140											1210		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea
- G From Colchester Town
- L From Harwich Town

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator	XR	XR	LE H	XR	XR	LE A	XR	XR	LE C	XR	XR	XR	XR	LE A	LE D	XR	XR	XR
Days of operation/Notes																		
Shenfield (SNF)	3 d	1033	1038		1041	1046		1048	1051		1056		1103	1105	1108			1111
Brentwood (BRE)	d	1037			1045			1052			1100		1107					1115
Harold Wood (HRO)	d	1041			1049			1056			1104		1111					1119
Gidea Park (GDP)	2 d	1044			1052			1059			1107		1114					1122
Romford (RMF)	d	1047			1055	1053		1102			1110		1117					1125
Chadwell Heath (CTH)	d	1050			1058			1105			1113		1120					1128
Goodmayes (GMY)	d	1052			1100			1107			1115		1122					1130
Seven Kings (SVK)	d	1054			1102			1109			1117		1124					1132
Ilford (IFD)	2 d	1058			1106			1113			1121		1128					1136
Manor Park (MNP)	d	1100			1108			1115			1123		1130					1138
Forest Gate (FOG)	d	1103			1111			1118			1126		1133					1141
Maryland (MYL)	d	1105			1113			1120			1128		1135					1143
Stratford (SRA)	DLR 7 d	1108	1053		1116	1103		1123	1106		1131		1138	1120	1123			1146
Abbey Wood (ABW)	d	1054			1102			1109			1117		1124					1132
Woolwich (WWC)	d	1057			1105			1112			1120		1127					1135
Custom House (CUS)	d	1101			1109			1116			1124		1131					1139
Canary Wharf (CWX)	DLR d	1105			1113			1120			1128		1135					1143
Whitechapel (ZLW)	d	1109	1113		1117	1121		1124	1128		1132	1136	1139	1143				1147
London Liverpool Street (LST)	DLR 15 a			1101			1111			1114					1128	1131		1154
London Liverpool Street EL (LST)	DLR 4 a	1112	1116		1120	1124		1127	1131		1135	1139	1142	1146				1150
Farringdon (ZFD)	DLR 3 a	1114	1118		1122	1126		1129	1133		1137	1141	1144	1148				1152
Tottenham Court Road (TCR)	DLR a	1117	1121		1125	1129		1132	1136		1140	1144	1147	1151				1155
Bond Street (BDS)	DLR a	1120	1124		1128	1132		1135	1139		1143	1147	1150	1154				1158
London Paddington EL (PAD)	DLR 15 a	1123	1129		1131	1135		1138	1144		1146	1152	1153	1159				1201
Acton Main Line (AML)	a	1130						1145					1200					1215
Ealing Broadway (EAL)	DLR 3 a	1133			1140	1143		1148			1154		1203					1210
West Ealing (WEA)	DLR 3 a	1136			1146			1151					1206					1216
Hanwell (HAN)	a	1138						1153					1208					1223
Southall (STL)	a	1141			1145			1156			1202		1211					1226
Hayes & Harlington (HAY)	DLR 3 a	1144			1148	1152		1159			1205		1214					1219
Heathrow Terminals 2 & 3 (HXX)	DLR a	1151				1159		1206					1221					1229
Heathrow Terminal 4 (HAF)	DLR a	1157						1212					1227					1236
Heathrow Terminal 5 (HWV)	DLR a				1205													1242
West Drayton (WDT)	a				1152						1209							1223
Iver (IVR)	a				1155													1226
Langley (LNY)	a				1157						1213							1228
Slough (SLO)	DLR 3 a				1201						1216							1232
Burnham (BNM)	a				1205						1220							1236
Taplow (TAP)	a										1223							
Maidenhead (MAI)	DLR 3 a				1212						1226							1243
Twyford (TWY)	DLR 3 a										1233							
Reading (RDG)	DLR 7 a										1240							

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Ipswich
- D From Clacton-on-Sea
- H From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	LE G	XR	XR	LE A	XR	XR	LE H	XR	XR	LE A	XR	XR	LE C	XR	XR	XR	XR	
Shenfield (SNF)	3 d	1118	1119		1126	1127		1133	1138		1141	1146		1148	1151		1156		1203
Brentwood (BRE)	d	1122			1130			1137			1145			1152			1200		1207
Harold Wood (HRO)	d	1126			1134			1141			1149			1156			1204		1211
Gidea Park (GDP)	2 d	1129			1137			1144			1152			1159			1207		1214
Romford (RMF)	d	1132	1126		1140			1147			1155	1153		1202			1210		1217
Chadwell Heath (CTH)	d	1135			1143			1150			1158			1205			1213		1220
Goodmayes (GMY)	d	1137			1145			1152			1200			1207			1215		1222
Seven Kings (SVK)	d	1139			1147			1154			1202			1209			1217		1224
Ilford (IFD)	2 d	1143			1151			1158			1206			1213			1221		1228
Manor Park (MNP)	d	1145			1153			1200			1208			1215			1223		1230
Forest Gate (FOG)	d	1148			1156			1203			1211			1218			1226		1233
Maryland (MYL)	d	1150			1158			1205			1213			1220			1228		1235
Stratford (SRA)	DLR 7 d	1153	1136		1201	1142		1208	1153		1216	1203		1223	1206		1231		1238
Abbey Wood (ABW)	d				1147			1154			1202			1209			1217		1224
Woolwich (WWC)	d				1150			1157			1205			1212			1220		1227
Custom House (CUS)	d				1154			1201			1209			1216			1224		1231
Canary Wharf (CWX)	DLR d				1158			1205			1213			1220			1228		1235
Whitechapel (ZLW)	DLR d	1158			1202	1206		1209	1213		1217	1221		1224	1228		1232	1236	1243
London Liverpool Street (LST)	DLR 15 a		1144			1150			1201			1211			1214				
London Liverpool Street EL (LST)	4 a	1201			1205	1209		1212	1216		1220	1224		1227	1231		1235	1239	1246
Farringdon (ZFD)	3 a	1203			1207	1211		1214	1218		1222	1226		1229	1233		1237	1241	1248
Tottenham Court Road (TCR)	a	1206			1210	1214		1217	1221		1225	1229		1232	1236		1240	1244	1251
Bond Street (BDS)	a	1209			1213	1217		1220	1224		1228	1232		1235	1239		1243	1247	1254
London Paddington EL (PAD)	15 a	1214			1216	1222		1223	1229		1231	1235		1238	1244		1246	1252	1259
Acton Main Line (AML)	a							1230						1245					1300
Ealing Broadway (EAL)	3 a				1226			1233			1240	1243		1248			1255		1303
West Ealing (WEA)	3 a							1236				1246		1251					1306
Hanwell (HAN)	a							1238						1253					1308
Southall (STL)	a				1233			1241			1246			1256			1301		1311
Hayes & Harlington (HAY)	3 a				1236			1244			1249	1252		1259			1304		1314
Heathrow Terminals 2 & 3 (HXX)	a							1251				1259		1306					1321
Heathrow Terminal 4 (HAF)	a							1257						1312					1327
Heathrow Terminal 5 (HWV)	a											1305							
West Drayton (WDT)	a				1240						1253						1308		
Iver (IVR)	a										1256								
Langley (LNY)	a				1244						1258						1312		
Slough (SLO)	3 a				1248						1302						1316		
Burnham (BNM)	a				1252						1306						1320		
Taplow (TAP)	a				1254												1322		
Maidenhead (MAI)	3 a				1257						1313						1325		
Twyford (TWY)	3 a				1304												1332		
Reading (RDG)	7 a				1312												1341		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Ipswich
- G From Colchester Town
- H From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE A	LE D	XR	XR	XR	XR	LE G	XR	XR	LE A	XR	XR	LE H	XR	XR	LE A	XR	XR	
Shenfield (SNF)	3 d	1205	1208		1211		1218	1219		1226	1227		1233	1238		1241	1246		1248
Brentwood (BRE)	d				1215		1222			1230			1237			1245			1252
Harold Wood (HRO)	d				1219		1226			1234			1241			1249			1256
Gidea Park (GDP)	2 d				1222		1229			1237			1244			1252			1259
Romford (RMF)	d				1225		1232	1226		1240			1247			1255	1253		1302
Chadwell Heath (CTH)	d				1228		1235			1243			1250			1258			1305
Goodmayes (GMY)	d				1230		1237			1245			1252			1300			1307
Seven Kings (SVK)	d				1232		1239			1247			1254			1302			1309
Ilford (IFD)	2 d				1236		1243			1251			1258			1306			1313
Manor Park (MNP)	d				1238		1245			1253			1300			1308			1315
Forest Gate (FOG)	d				1241		1248			1256			1303			1311			1318
Maryland (MYL)	d				1243		1250			1258			1305			1313			1320
Stratford (SRA)	DLR 7 d	1220	1223		1246		1253	1236		1301	1242		1308	1253		1316	1303		1323
Abbey Wood (ABW)	d				1232		1239			1247			1254			1302			1309
Woolwich (WWC)	d				1235		1242			1250			1257			1305			1312
Custom House (CUS)	d				1239		1246			1254			1301			1309			1316
Canary Wharf (CWX)	DLR d				1243		1250			1258			1305			1313			1320
Whitechapel (ZLW)	d				1247	1251	1254	1258		1302	1306		1309	1313		1317	1321		1324
London Liverpool Street (LST)	15 a	1228	1231					1244			1253			1301			1311		1328
London Liverpool Street EL (LST)	4 a				1250	1254	1257	1301		1305	1309		1312	1316		1320	1324		1327
Farringdon (ZFD)	3 a				1252	1256	1259	1303		1307	1311		1314	1318		1322	1326		1331
Tottenham Court Road (TCR)	a				1255	1259	1302	1306		1310	1314		1317	1321		1325	1329		1336
Bond Street (BDS)	a				1258	1302	1305	1309		1313	1317		1320	1324		1328	1332		1339
London Paddington EL (PAD)	15 a				1301	1305	1308	1314		1316	1322		1323	1329		1331	1335		1344
Acton Main Line (AML)	a						1315						1330						1345
Ealing Broadway (EAL)	3 a				1310	1313	1318			1326			1333			1340	1343		1348
West Ealing (WEA)	3 a						1316	1321					1336				1346		1351
Hanwell (HAN)	a							1323					1338						1353
Southall (STL)	a				1315			1326			1333		1341			1347			1356
Hayes & Harlington (HAY)	3 a				1318	1322	1329			1337			1344			1350	1353		1359
Heathrow Terminals 2 & 3 (HXX)	a ←						1329	1336					1351				1400		1406
Heathrow Terminal 4 (HAF)	a ←							1342					1357						1412
Heathrow Terminal 5 (HWV)	a ←						1335										1405		
West Drayton (WDT)	a				1322					1341						1355			
Iver (IVR)	a				1325											1358			
Langley (LNY)	a				1327					1345						1400			
Slough (SLO)	3 a				1332					1348						1404			
Burnham (BNM)	a				1336					1352						1408			
Taplow (TAP)	a									1355									
Maidenhead (MAI)	3 a				1344					1358						1415			
Twyford (TWY)	3 a									1405									
Reading (RDG)	7 a									1412									

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea
- G From Colchester Town
- H From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE C	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	LE G	XR	XR	LE A	XR	XR	LE H	
Shenfield (SNF)	3 d	1251		1255		1303	1305	1308		1311		1318	1319		1326	1327		1333	1338
Brentwood (BRE)	d			1259		1307				1315		1322			1330			1337	
Harold Wood (HRO)	d			1303		1311				1319		1326			1334			1341	
Gidea Park (GDP)	2 d			1306		1314				1322		1329			1337			1344	
Romford (RMF)	d			1309		1317				1325		1332	1326		1340			1347	
Chadwell Heath (CTH)	d			1312		1320				1328		1335			1343			1350	
Goodmayes (GMY)	d			1314		1322				1330		1337			1345			1352	
Seven Kings (SVK)	d			1316		1324				1332		1339			1347			1354	
Ilford (IFD)	2 d			1320		1328				1336		1343			1351			1358	
Manor Park (MNP)	d			1322		1330				1338		1345			1353			1400	
Forest Gate (FOG)	d			1325		1333				1341		1348			1356			1403	
Maryland (MYL)	d			1327		1335				1343		1350			1358			1405	
Stratford (SRA)	DLR 7 d	1306		1331		1338	1320	1323		1346		1353	1336		1401	1342		1408	1353
Abbey Wood (ABW)	d			1317		1324				1332		1339			1347			1354	
Woolwich (WWC)	d			1320		1327				1335		1342			1350			1357	
Custom House (CUS)	d			1324		1331				1339		1346			1354			1401	
Canary Wharf (CWX)	DLR d			1328		1335				1343		1350			1358			1405	
Whitechapel (ZLW)	DLR d			1332	1336	1339	1343			1347	1351	1354	1358		1402	1406		1409	1413
London Liverpool Street (LST)	DLR 15 a	1314					1328	1331					1344			1350			1401
London Liverpool Street EL (LST)	DLR 4 a			1335	1339	1342	1346			1350	1354	1357	1401		1405	1409		1412	1416
Farringdon (ZFD)	DLR 3 a			1337	1341	1344	1348			1352	1356	1359	1403		1407	1411		1414	1418
Tottenham Court Road (TCR)	DLR a			1340	1344	1347	1351			1355	1359	1402	1406		1410	1414		1417	1421
Bond Street (BDS)	DLR a			1343	1347	1350	1354			1358	1402	1405	1409		1413	1417		1420	1424
London Paddington EL (PAD)	DLR 15 a			1346	1352	1353	1359			1401	1405	1408	1414		1416	1422		1423	1429
Acton Main Line (AML)	a					1400						1415						1430	
Ealing Broadway (EAL)	DLR 3 a			1354		1403				1412	1415	1419			1425			1433	
West Ealing (WEA)	DLR 3 a					1406					1418	1422						1436	
Hanwell (HAN)	a					1408						1424						1438	
Southall (STL)	a			1402		1411				1417		1427			1432			1441	
Hayes & Harlington (HAY)	DLR 3 a			1405		1414				1420	1423	1430			1435			1444	
Heathrow Terminals 2 & 3 (HXX)	DLR a					1421					1430	1437						1451	
Heathrow Terminal 4 (HAF)	DLR a					1427						1442						1457	
Heathrow Terminal 5 (HWV)	DLR a										1435								
West Drayton (WDT)	a			1409						1424					1439				
Iver (IVR)	a									1427									
Langley (LNY)	a			1413						1429					1443				
Slough (SLO)	DLR 3 a			1416						1433					1447				
Burnham (BNM)	a			1420						1437					1451				
Taplow (TAP)	a			1423											1453				
Maidenhead (MAI)	DLR 3 a			1426						1444					1456				
Twyford (TWY)	DLR 3 a			1433											1503				
Reading (RDG)	DLR 7 a			1440											1511				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Ipswich
- D From Clacton-on-Sea
- G From Colchester Town
- H From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator	XR	XR	LE A	XR	XR	LE C	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	LE G	XR	
Days of operation/Notes																			
Shenfield (SNF)	3 d	1341	1346		1348	1351		1356		1403	1405	1408		1411		1418	1419		
Brentwood (BRE)	d	1345			1352			1400		1407				1415		1422			
Harold Wood (HRO)	d	1349			1356			1404		1411				1419		1426			
Gidea Park (GDP)	2 d	1352			1359			1407		1414				1422		1429			
Romford (RMF)	d	1355	1353		1402			1410		1417				1425		1432	1426		
Chadwell Heath (CTH)	d	1358			1405			1413		1420				1428		1435			
Goodmayes (GMY)	d	1400			1407			1415		1422				1430		1437			
Seven Kings (SVK)	d	1402			1409			1417		1424				1432		1439			
Ilford (IFD)	2 d	1406			1413			1421		1428				1436		1443			
Manor Park (MNP)	d	1408			1415			1423		1430				1438		1445			
Forest Gate (FOG)	d	1411			1418			1426		1433				1441		1448			
Maryland (MYL)	d	1413			1420			1428		1435				1443		1450			
Stratford (SRA)	DLR 7 d	1416	1403		1423	1406		1431		1438	1420	1423		1446		1453	1436		
Abbey Wood (ABW)	d	1402			1409			1417		1424			1432		1439				1447
Woolwich (WWC)	d	1405			1412			1420		1427			1435		1442				1450
Custom House (CUS)	d	1409			1416			1424		1431			1439		1446				1454
Canary Wharf (CWX)	DLR d	1413			1420			1428		1435			1443		1450				1458
Whitechapel (ZLW)	DLR d	1417	1421		1424	1428		1432	1436	1439	1443		1447	1451	1454	1458			1502
London Liverpool Street (LST)	DLR 15 a			1411		1415						1428	1431					1444	
London Liverpool Street EL (LST)	4 a	1420	1424		1427	1431		1435	1439	1442	1446			1450	1454	1457	1501		1505
Farringdon (ZFD)	3 a	1422	1426		1429	1433		1437	1441	1444	1448			1452	1456	1459	1503		1507
Tottenham Court Road (TCR)	DLR a	1425	1429		1432	1436		1440	1444	1447	1451			1455	1459	1502	1506		1510
Bond Street (BDS)	DLR a	1428	1432		1435	1439		1443	1447	1450	1454			1458	1502	1505	1509		1513
London Paddington EL (PAD)	DLR 15 a	1431	1435		1438	1444		1446	1452	1453	1459			1501	1505	1508	1514		1516
Acton Main Line (AML)	a				1445					1500						1515			
Ealing Broadway (EAL)	3 a	1440	1443		1448			1456		1503			1510	1513	1518				1525
West Ealing (WEA)	3 a		1446		1451					1506				1516	1521				
Hanwell (HAN)	a				1453					1508					1523				
Southall (STL)	a	1445			1456			1501		1511			1515		1526				1531
Hayes & Harlington (HAY)	3 a	1448	1452		1459			1505		1514			1518	1522	1529	1536			1534
Heathrow Terminals 2 & 3 (HXX)	DLR 15 a		1459		1506					1521				1529	1536				
Heathrow Terminal 4 (HAF)	DLR 15 a				1512					1527					1542				
Heathrow Terminal 5 (HWV)	DLR 15 a		1505											1535					
West Drayton (WDT)	a	1452						1511					1522						1538
Iver (IVR)	a	1455											1525						
Langley (LNY)	a	1457						1515					1527						1542
Slough (SLO)	3 a	1501						1518					1531						1546
Burnham (BNM)	a	1505						1522					1535						1550
Taplow (TAP)	a							1525											1552
Maidenhead (MAI)	3 a	1512						1528					1543						1555
Twyford (TWY)	3 a							1535											1602
Reading (RDG)	7 a							1542											1610

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Ipswich
- D From Clacton-on-Sea
- G From Colchester Town

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator	XR	LE A	XR	XR	LE H	XR	XR	LE A	XR	XR	LE C	XR	XR	XR	XR	LE A	LE D	XR	
Days of operation/Notes																			
Shenfield (SNF)	3 d	1426	1427		1433	1438		1441	1446		1448	1451		1456		1503	1505	1508	
Brentwood (BRE)	d	1430			1437			1445			1452			1500		1507			
Harold Wood (HRO)	d	1434			1441			1449			1456			1504		1511			
Gidea Park (GDP)	2 d	1437			1444			1452			1459			1507		1514			
Romford (RMF)	d	1440			1447			1455	1453		1502			1510		1517			
Chadwell Heath (CTH)	d	1443			1450			1458			1505			1513		1520			
Goodmayes (GMY)	d	1445			1452			1500			1507			1515		1522			
Seven Kings (SVK)	d	1447			1454			1502			1509			1517		1524			
Ilford (IFD)	2 d	1451			1458			1506			1513			1521		1528			
Manor Park (MNP)	d	1453			1500			1508			1515			1523		1530			
Forest Gate (FOG)	d	1456			1503			1511			1518			1526		1533			
Maryland (MYL)	d	1458			1505			1513			1520			1528		1535			
Stratford (SRA)	DLR 7 d	1501	1442		1508	1453		1516	1503		1523	1506		1531		1538	1520	1523	
Abbey Wood (ABW)	d			1454			1502			1509			1517	1524					1532
Woolwich (WWC)	d			1457			1505			1512			1520	1527					1535
Custom House (CUS)	d			1501			1509			1516			1524	1531					1539
Canary Wharf (CWX)	DLR d			1505			1513			1520			1528	1535					1543
Whitechapel (ZLW)	DLR d	1506		1509	1513		1517	1521		1524	1528		1532	1536	1539	1543			1547
London Liverpool Street (LST)	DLR 15 a		1450			1501			1511			1514				1528	1531		
London Liverpool Street EL (LST)	4 a	1509		1512	1516		1520	1524		1527	1531		1535	1539	1542	1546			1550
Farringdon (ZFD)	3 a	1511		1514	1518		1522	1526		1529	1533		1537	1541	1544	1548			1552
Tottenham Court Road (TCR)	a	1514		1517	1521		1525	1529		1532	1536		1540	1544	1547	1551			1555
Bond Street (BDS)	a	1517		1520	1524		1528	1532		1535	1539		1543	1547	1550	1554			1558
London Paddington EL (PAD)	15 a	1522		1523	1529		1531	1535		1538	1544		1546	1552	1553	1559			1601
Acton Main Line (AML)	a			1530						1545					1600				
Ealing Broadway (EAL)	3 a			1533			1540	1543		1548			1556		1603				1610
West Ealing (WEA)	3 a			1536				1546		1551					1606				
Hanwell (HAN)	a			1538						1553					1608				
Southall (STL)	a			1541			1545			1556			1602		1611				1616
Hayes & Harlington (HAY)	3 a			1544			1548	1552		1559			1605		1614				1619
Heathrow Terminals 2 & 3 (HXX)	a			1551				1559		1606					1621				
Heathrow Terminal 4 (HAF)	a			1557						1612					1627				
Heathrow Terminal 5 (HWV)	a							1605											
West Drayton (WDT)	a						1552						1609						1625
Iver (IVR)	a						1555						1612						1627
Langley (LNY)	a						1557						1614						1630
Slough (SLO)	3 a						1601						1618						1633
Burnham (BNM)	a						1605						1622						1637
Taplow (TAP)	a						1607						1624						1640
Maidenhead (MAI)	3 a						1610						1627						1643
Twyford (TWY)	3 a						1617						1634						1650
Reading (RDG)	7 a						1625						1642						1657

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Ipswich
- D From Clacton-on-Sea
- H From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	LE G	XR	XR	LE A	XR	XR	LE H	XR	XR	XR	XR	LE A	XR	XR	LE C	
Shenfield (SNF)	3 d	1511		1518	1519		1526	1527		1532	1538		1538		1544	1546		1550	1551
Brentwood (BRE)	d	1515		1522			1530			1536			1542		1548			1554	
Harold Wood (HRO)	d	1519		1526			1534			1540			1546		1552			1558	
Gidea Park (GDP)	2 d	1522		1529			1537			1543			1549		1555			1601	
Romford (RMF)	d	1525		1532	1526		1540			1546			1552		1558	1553		1604	
Chadwell Heath (CTH)	d	1528		1535			1543			1549			1555		1601			1607	
Goodmayes (GMY)	d	1530		1537			1545			1551			1557		1603			1609	
Seven Kings (SVK)	d	1532		1539			1547			1553			1559		1605			1611	
Ilford (IFD)	2 d	1536		1543			1551			1557			1603		1609			1615	
Manor Park (MNP)	d	1538		1545			1553			1559			1605		1611			1617	
Forest Gate (FOG)	d	1541		1548			1556			1602			1608		1614			1620	
Maryland (MYL)	d	1543		1550			1558			1604			1610		1616			1622	
Stratford (SRA)	DLR 7 d	1546		1553	1536		1601	1542		1607	1553		1613		1619	1603		1625	1606
Abbey Wood (ABW)	d		1539			1547			1554			1600		1606			1612		
Woolwich (WWC)	d		1542			1550			1557			1603		1609			1615		
Custom House (CUS)	d		1546			1554			1601			1607		1613			1619		
Canary Wharf (CWX)	DLR d		1550			1558			1605			1611		1617			1623		
Whitechapel (ZLW)	DLR d	1551	1554	1558		1602	1606		1609	1612		1615	1618	1621	1624		1627	1630	
London Liverpool Street (LST)	DLR 15 a				1544			1550			1601					1612			1614
London Liverpool Street EL (LST)	DLR 4 a	1554	1557	1601		1605	1609		1612	1615		1618	1621	1624	1627		1630	1633	
Farringdon (ZFD)	DLR 3 a	1556	1559	1603		1607	1611		1614	1617		1620	1623	1626	1629		1632	1635	
Tottenham Court Road (TCR)	DLR a	1559	1602	1606		1610	1614		1617	1620		1623	1626	1629	1632		1635	1638	
Bond Street (BDS)	DLR a	1602	1605	1609		1613	1617		1620	1623		1626	1629	1632	1635		1638	1641	
London Paddington EL (PAD)	DLR 15 a	1605	1608	1614		1616	1622		1623	1628		1629	1632	1635	1640		1641	1646	
Acton Main Line (AML)	a		1615						1630					1643					
Ealing Broadway (EAL)	DLR 3 a	1613	1618			1625			1633			1640	1643	1648			1651		
West Ealing (WEA)	DLR 3 a	1616	1621						1636				1646	1651					
Hanwell (HAN)	a		1623						1638					1653					
Southall (STL)	a		1626			1631			1641			1646		1656					
Hayes & Harlington (HAY)	DLR 3 a	1622	1629			1634			1644			1649	1652	1659					
Heathrow Terminals 2 & 3 (HXX)	DLR a ←	1629	1636						1651				1659	1706					
Heathrow Terminal 4 (HAF)	DLR a ←		1642						1657					1712					
Heathrow Terminal 5 (HWV)	DLR a ←	1635											1705						
West Drayton (WDT)	a					1638							1653				1705		
Iver (IVR)	a					1641							1656						
Langley (LNY)	a					1643							1658						
Slough (SLO)	DLR 3 a					1647							1702				1711		
Burnham (BNM)	a					1651							1706				1715		
Taplow (TAP)	a					1653							1709						
Maidenhead (MAI)	DLR 3 a					1656							1714				1719		
Twyford (TWY)	DLR 3 a					1703											1726		
Reading (RDG)	DLR 7 a					1711											1734		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Ipswich
- G From Colchester Town
- H From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	LE G	XR	XR	LE A	XR	XR	
Shenfield (SNF)	3	d	1556		1602	1605	1608		1608		1613		1618	1621		1623	1625		1628
Brentwood (BRE)		d	1600		1606				1612		1617		1622			1627			1632
Harold Wood (HRO)		d	1604		1610				1616		1621		1626			1631			1636
Gidea Park (GDP)	2	d	1607		1613				1619		1624		1629			1634			1639
Romford (RMF)		d	1610		1616		1615		1622		1627		1632			1637			1642
Chadwell Heath (CTH)		d	1613		1619				1625		1630		1635			1640			1645
Goodmayes (GMY)		d	1615		1621				1627		1632		1637			1642			1647
Seven Kings (SVK)		d	1617		1623				1629		1634		1639			1644			1649
Ilford (IFD)	2	d	1621		1627				1633		1638		1643			1648			1653
Manor Park (MNP)		d	1623		1629				1635		1640		1645			1650			1655
Forest Gate (FOG)		d	1626		1632				1638		1643		1648			1653			1658
Maryland (MYL)		d	1628		1634				1640		1645		1650			1655			1700
Stratford (SRA)	DLR 7	d	1631		1637	1620	1625		1643		1648		1653	1636		1658	1640		1703
Abbey Wood (ABW)		d	1618		1624			1630		1636		1641		1646		1651			1656
Woolwich (WWC)		d	1621		1627			1633		1639		1644		1649		1654			1659
Custom House (CUS)		d	1625		1631			1637		1643		1648		1653		1658			1663
Canary Wharf (CWX)	DLR	d	1629		1635			1641		1647		1652		1657		1702			1707
Whitechapel (ZLW)	DLR	d	1633	1636	1639	1642		1645	1648	1651	1653	1656	1658	1701	1703			1706	1708
London Liverpool Street (LST)	DLR 15	a				1628	1633						1646			1648			
London Liverpool Street EL (LST)	4	a	1636	1639	1642	1645		1648	1651	1653	1656	1658	1701		1703	1706		1708	1711
Farringdon (ZFD)	3	a	1638	1641	1644	1647		1650	1653	1656	1658	1701	1703		1706	1708		1711	1713
Tottenham Court Road (TCR)	DLR	a	1641	1644	1647	1650		1653	1656	1659	1701	1704	1706		1709	1711		1714	1716
Bond Street (BDS)	DLR	a	1644	1647	1650	1653		1656	1659	1701	1704	1706	1709		1711	1714		1716	1719
London Paddington EL (PAD)	DLR 15	a	1647	1652	1653	1658		1659	1702	1704	1709	1711	1714		1714	1719		1719	1724
Acton Main Line (AML)		a			1700						1712								
Ealing Broadway (EAL)	3	a	1656		1703			1707	1711	1718				1723				1728	
West Ealing (WEA)	3	a			1706				1716	1721									
Hanwell (HAN)		a			1708					1723									
Southall (STL)		a	1701		1711			1714		1726								1733	
Hayes & Harlington (HAY)	3	a	1704		1714			1717	1722	1729								1736	
Heathrow Terminals 2 & 3 (HXX)	DLR	a			1721				1729	1736									
Heathrow Terminal 4 (HAF)	DLR	a			1727					1742									
Heathrow Terminal 5 (HWV)	DLR	a						1735											
West Drayton (WDT)		a	1709					1721						1735				1740	
Iver (IVR)		a	1711					1724										1742	
Langley (LNY)		a	1714					1726										1745	
Slough (SLO)	3	a	1717					1730						1741				1748	
Burnham (BNM)		a	1721					1734						1745				1752	
Taplow (TAP)		a	1724					1736										1755	
Maidenhead (MAI)	3	a	1727					1742							1749			1758	
Twyford (TWY)	3	a	1734												1756			1805	
Reading (RDG)	7	a	1741											1804				1812	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea
- G From Colchester Town

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator	XR	XR	XR	XR	LE H	XR	XR	LE A	XR	XR	LE C	XR	XR	XR	XR	XR	LE A	
Days of operation/Notes																		
Shenfield (SNF)	3 d	1633		1638	1639		1643	1646		1648	1652		1653		1658		1703	1705
Brentwood (BRE)	d	1637		1642			1647			1652			1657		1702		1707	
Harold Wood (HRO)	d	1641		1646			1651			1656			1701		1706		1711	
Gidea Park (GDP)	2 d	1644		1649			1654			1659			1704		1709		1714	
Romford (RMF)	d	1647		1652			1657	1653		1702			1707		1712		1717	
Chadwell Heath (CTH)	d	1650		1655			1700			1705			1710		1715		1720	
Goodmayes (GMY)	d	1652		1657			1702			1707			1712		1717		1722	
Seven Kings (SVK)	d	1654		1659			1704			1709			1714		1719		1724	
Ilford (IFD)	2 d	1658		1703			1708			1713			1718		1723		1728	
Manor Park (MNP)	d	1700		1705			1710			1715			1720		1725		1730	
Forest Gate (FOG)	d	1703		1708			1713			1718			1723		1728		1733	
Maryland (MYL)	d	1705		1710			1715			1720			1725		1730		1735	
Stratford (SRA)	DLR 7 d	1708		1713	1654		1718	1703		1723	1707		1728		1733		1738	1720
Abbey Wood (ABW)	d	1656		1701			1706			1711			1716		1721		1726	
Woolwich (WWC)	d	1659		1704			1709			1714			1719		1724		1729	
Custom House (CUS)	d	1703		1708			1713			1718			1723		1728		1733	
Canary Wharf (CWX)	DLR d	1707		1712			1717			1722			1727		1732		1737	
Whitechapel (ZLW)	DLR d	1711	1713	1716	1718		1721	1723		1726	1728		1731	1733	1736	1738	1741	1743
London Liverpool Street (LST)	DLR 15 a				1702			1712			1715							1729
London Liverpool Street EL (LST)	DLR 4 a	1713	1716	1718	1721		1723	1726		1728	1731		1733	1736	1738	1741	1743	1746
Farringdon (ZFD)	DLR 3 a	1716	1718	1721	1723		1726	1728		1731	1733		1736	1738	1741	1743	1746	1748
Tottenham Court Road (TCR)	DLR a	1719	1721	1724	1726		1729	1731		1734	1736		1739	1741	1744	1746	1749	1751
Bond Street (BDS)	DLR a	1721	1724	1726	1729		1731	1734		1736	1739		1741	1744	1746	1749	1751	1754
London Paddington EL (PAD)	DLR 15 a	1724	1729	1729	1732		1734	1739		1741	1744		1744	1749	1749	1754	1754	1759
Acton Main Line (AML)	a	1732					1742										1802	
Ealing Broadway (EAL)	DLR 3 a	1734		1738	1741		1748						1753		1758		1804	
West Ealing (WEA)	DLR 3 a	1737			1746		1751										1807	
Hanwell (HAN)	a	1739					1753										1809	
Southall (STL)	a	1742		1745			1756								1803		1812	
Hayes & Harlington (HAY)	DLR 3 a	1745		1748	1752		1759								1806		1815	
Heathrow Terminals 2 & 3 (HXX)	DLR a	1752			1800		1806										1822	
Heathrow Terminal 4 (HAF)	DLR a	1758					1812										1829	
Heathrow Terminal 5 (HWV)	DLR a				1805													
West Drayton (WDT)	a			1752									1805		1810			
Iver (IVR)	a			1755											1812			
Langley (LNY)	a			1757											1815			
Slough (SLO)	DLR 3 a			1801									1811		1818			
Burnham (BNM)	a			1805									1815		1822			
Taplow (TAP)	a			1807											1825			
Maidenhead (MAI)	DLR 3 a			1813									1819		1828			
Twyford (TWY)	DLR 3 a												1826		1835			
Reading (RDG)	DLR 7 a												1834		1842			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Ipswich
- H From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE D	XR	XR	XR	XR	XR	XR	XR	LE G	XR	XR	LE B	LE A	XR	XR	XR	XR	LE H	XR
Shenfield (SNF)	3 d	1708		1708		1713		1718	1721		1723	1725	1727		1728		1733	1738	
Brentwood (BRE)	d			1712		1717		1722			1727				1732		1737		
Harold Wood (HRO)	d			1716		1721		1726			1731				1736		1741		
Gidea Park (GDP)	2 d			1719		1724		1729			1734				1739		1744		
Romford (RMF)	d			1722		1727		1732			1737				1742		1747		
Chadwell Heath (CTH)	d			1725		1730		1735			1740				1745		1750		
Goodmayes (GMY)	d			1727		1732		1737			1742				1747		1752		
Seven Kings (SVK)	d			1729		1734		1739			1744				1749		1754		
Ilford (IFD)	2 d			1733		1738		1743			1748				1753		1758		
Manor Park (MNP)	d			1735		1740		1745			1750				1755		1800		
Forest Gate (FOG)	d			1738		1743		1748			1753				1758		1803		
Maryland (MYL)	d			1740		1745		1750			1755				1800		1805		
Stratford (SRA)	DLR 7 d	1723		1743		1748		1753	1737		1758	1740	1743		1803		1808	1753	
Abbey Wood (ABW)	d		1731		1736		1741			1746				1751		1756			1801
Woolwich (WWC)	d		1734		1739		1744			1749				1754		1759			1804
Custom House (CUS)	d		1738		1743		1748			1753				1758		1803			1808
Canary Wharf (CWX)	DLR d		1742		1747		1752			1757				1802	1807				1812
Whitechapel (ZLW)	d		1746	1748	1751	1753	1756	1758		1801	1803			1806	1808	1811	1813		1816
London Liverpool Street (LST)	15 a	1731							1746			1749	1751					1801	
London Liverpool Street EL (LST)	4 a		1748	1751	1753	1756	1758	1801		1803	1806			1808	1811	1813	1816		1818
Farringdon (ZFD)	3 a		1751	1753	1756	1758	1801	1803		1806	1808			1811	1813	1816	1818		1821
Tottenham Court Road (TCR)	a		1754	1756	1759	1801	1804	1806		1809	1811			1814	1816	1819	1821		1824
Bond Street (BDS)	a		1756	1759	1801	1804	1806	1809		1811	1814			1816	1819	1821	1824		1826
London Paddington EL (PAD)	15 a		1759	1802	1804	1809	1811	1814		1814	1819			1819	1824	1824	1829		1829
Acton Main Line (AML)	a				1812												1832		
Ealing Broadway (EAL)	3 a		1808	1811	1818					1823				1828		1834			1838
West Ealing (WEA)	3 a			1816	1821											1837			
Hanwell (HAN)	a				1823											1839			
Southall (STL)	a		1815		1826									1833		1842			1845
Hayes & Harlington (HAY)	3 a		1818	1822	1829									1836		1845			1849
Heathrow Terminals 2 & 3 (HXX)	a ←			1830	1836											1852			
Heathrow Terminal 4 (HAF)	a ←				1842											1859			
Heathrow Terminal 5 (HWV)	a ←			1835															
West Drayton (WDT)	a		1824							1835				1840					1853
Iver (IVR)	a		1826											1842					1855
Langley (LNY)	a		1829											1845					1858
Slough (SLO)	3 a		1832							1841				1848					1902
Burnham (BNM)	a		1836							1845				1852					1906
Taplow (TAP)	a		1839											1855					1909
Maidenhead (MAI)	3 a		1844							1849				1858					1914
Twyford (TWY)	3 a									1856				1905					
Reading (RDG)	7 a									1904				1914					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- B From Colchester
- D From Clacton-on-Sea
- G From Colchester Town
- H From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	LE A	XR	XR	XR	XR	LE C	LE A	XR	XR	XR	XR	XR	XR	LE D	LE A	XR	XR	
Shenfield (SNF)	3 d	1738	1741		1744		1750	1751	1754		1756		1802		1806	1807	1810		1814
Brentwood (BRE)	d	1742			1748		1754				1800		1806		1810				1818
Harold Wood (HRO)	d	1746			1752		1758				1804		1810		1814				1822
Gidea Park (GDP)	2 d	1749			1755		1801				1807		1813		1819				1825
Romford (RMF)	d	1752			1758		1804				1810		1816		1822				1828
Chadwell Heath (CTH)	d	1755			1801		1807				1813		1819		1825				1831
Goodmayes (GMY)	d	1757			1803		1809				1815		1821		1827				1833
Seven Kings (SVK)	d	1759			1805		1811				1817		1823		1829				1835
Ilford (IFD)	2 d	1803			1809		1815				1821		1827		1833				1839
Manor Park (MNP)	d	1805			1811		1817				1823		1829		1835				1841
Forest Gate (FOG)	d	1808			1814		1820				1826		1832		1838				1844
Maryland (MYL)	d	1810			1816		1822				1828		1834		1840				1846
Stratford (SRA)	DLR 7 d	1813	1756		1819		1825	1806	1809		1831		1837		1843	1822	1825		1849
Abbey Wood (ABW)	d				1806		1812				1817		1822		1827				1836
Woolwich (WWC)	d				1809		1815				1820		1825		1831				1839
Custom House (CUS)	d				1813		1819				1824		1829		1835				1843
Canary Wharf (CWX)	DLR d				1817		1823				1829		1835		1841				1847
Whitechapel (ZLW)	DLR d	1818			1821	1824	1827	1830			1833	1836	1839	1842	1845	1848			1851
London Liverpool Street (LST)	DLR 15 a		1804						1814	1817							1830	1833	
London Liverpool Street EL (LST)	DLR 4 a	1821			1824	1827	1830	1833			1836	1839	1842	1845	1848	1851			1854
Farringdon (ZFD)	DLR 3 a	1823			1826	1829	1832	1835			1838	1841	1844	1847	1850	1853			1856
Tottenham Court Road (TCR)	DLR a	1826			1829	1832	1835	1838			1841	1844	1847	1850	1853	1856			1859
Bond Street (BDS)	DLR a	1829			1832	1835	1838	1841			1844	1847	1850	1853	1856	1859			1902
London Paddington EL (PAD)	DLR 15 a	1832			1835	1840	1841	1846			1847	1852	1853	1858	1859	1902			1905
Acton Main Line (AML)	a				1843								1900						1912
Ealing Broadway (EAL)	DLR 3 a	1841			1848		1851				1856		1903		1910	1913			1918
West Ealing (WEA)	DLR 3 a	1846			1851								1906		1916				1921
Hanwell (HAN)	a				1853								1908						1923
Southall (STL)	a				1856						1901		1911		1917				1926
Hayes & Harlington (HAY)	DLR 3 a	1852			1859						1904		1914		1920	1923			1929
Heathrow Terminals 2 & 3 (HXX)	DLR a	1900			1906								1921		1930				1936
Heathrow Terminal 4 (HAF)	DLR a				1912								1927						1942
Heathrow Terminal 5 (HWV)	DLR a	1905													1935				
West Drayton (WDT)	a					1905					1909				1924				
Iver (IVR)	a										1911				1926				
Langley (LNY)	a										1914				1929				
Slough (SLO)	DLR 3 a					1911					1917				1932				
Burnham (BNM)	a					1915					1921				1936				
Taplow (TAP)	a										1924				1939				
Maidenhead (MAI)	DLR 3 a					1919					1927				1944				
Twyford (TWY)	DLR 3 a					1926					1934								
Reading (RDG)	DLR 7 a					1934					1941								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Ipswich
- D From Clacton-on-Sea

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE G	XR	XR	XR	XR	LE A	XR	XR	XR	XR	LE E	XR	XR	LE A	XR	XR	LE C	XR	
Shenfield (SNF)	3 d	1819		1820		1826	1830		1832		1836	1838		1844	1846		1850	1851	
Brentwood (BRE)	d			1824		1830			1836		1840			1848			1854		
Harold Wood (HRO)	d			1828		1834			1840		1844			1852			1858		
Gidea Park (GDP)	2 d			1831		1837			1843		1849			1855			1901		
Romford (RMF)	d	1826		1834		1840			1846		1852			1858	1853		1904		
Chadwell Heath (CTH)	d			1837		1843			1849		1855			1901			1907		
Goodmayes (GMY)	d			1839		1845			1851		1857			1903			1909		
Seven Kings (SVK)	d			1841		1847			1853		1859			1905			1911		
Ilford (IFD)	2 d			1845		1851			1857		1903			1909			1915		
Manor Park (MNP)	d			1847		1853			1859		1905			1911			1917		
Forest Gate (FOG)	d			1850		1856			1902		1908			1914			1920		
Maryland (MYL)	d			1852		1858			1904		1910			1916			1922		
Stratford (SRA)	DLR 7 d	1836		1855		1901	1845		1907		1913	1853		1919	1903		1925	1906	
Abbey Wood (ABW)	d			1841		1848			1854	1900			1906			1912			1918
Woolwich (WWC)	d			1845		1851			1857		1903			1909			1915		1921
Custom House (CUS)	d			1849		1855			1901	1907			1913			1919			1925
Canary Wharf (CWX)	DLR d			1853		1859			1905	1911			1917			1923			1929
Whitechapel (ZLW)	d			1857	1900	1903	1906		1909	1912	1915	1918		1921	1924		1927	1930	1933
London Liverpool Street (LST)	15 a	1844					1853					1902			1912			1915	
London Liverpool Street EL (LST)	4 a			1900	1903	1906	1909		1912	1915	1918	1921		1924	1927		1930	1933	1936
Farringdon (ZFD)	3 a			1902	1905	1908	1911		1914	1917	1920	1923		1926	1929		1932	1935	1938
Tottenham Court Road (TCR)	d			1905	1908	1911	1914		1917	1920	1923	1926		1929	1932		1935	1938	1941
Bond Street (BDS)	d			1908	1911	1914	1917		1920	1923	1926	1929		1932	1935		1938	1941	1944
London Paddington EL (PAD)	15 a			1912	1916	1917	1922		1923	1928	1929	1932		1935	1940		1943	1946	1947
Acton Main Line (AML)	a								1930					1943					
Ealing Broadway (EAL)	3 a					1925			1933		1938	1943		1948					1955
West Ealing (WEA)	3 a								1936			1946		1951					
Hanwell (HAN)	a								1938					1953					
Southall (STL)	a					1930			1941		1945			1956					2001
Hayes & Harlington (HAY)	3 a					1933			1944		1948	1952		1959					2004
Heathrow Terminals 2 & 3 (HXX)	3 a								1951			1959		2006					
Heathrow Terminal 4 (HAF)	3 a								1957					2012					
Heathrow Terminal 5 (HWV)	3 a											2005							
West Drayton (WDT)	a					1937					1952								2008
Iver (IVR)	a					1940					1955								
Langley (LNY)	a					1942					1957								2012
Slough (SLO)	3 a					1946					2001								2016
Burnham (BNM)	a					1950					2005								2020
Taplow (TAP)	a					1952													2022
Maidenhead (MAI)	3 a					1955					2012								2025
Twyford (TWY)	3 a					2002													2032
Reading (RDG)	7 a					2010													2040

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Ipswich
- E From Witham
- G From Colchester Town

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	LE A	LE D	XR	XR	LE H	XR	XR	LE G	LE A	XR	XR	XR	XR	LE E	XR
Shenfield (SNF)	3 d	1856		1903	1905	1908		1909	1911		1918	1920	1925		1926		1933	1938
Brentwood (BRE)	d	1900		1907				1913			1922				1930		1937	
Harold Wood (HRO)	d	1904		1911				1917			1926				1934		1941	
Gidea Park (GDP)	2 d	1907		1914				1922			1929				1937		1944	
Romford (RMF)	d	1910		1917				1925			1932	1927			1940		1947	
Chadwell Heath (CTH)	d	1913		1920				1928			1935				1943		1950	
Goodmayes (GMY)	d	1915		1922				1930			1937				1945		1952	
Seven Kings (SVK)	d	1917		1924				1932			1939				1947		1954	
Ilford (IFD)	2 d	1921		1928				1936			1943				1951		1958	
Manor Park (MNP)	d	1923		1930				1938			1945				1953		2000	
Forest Gate (FOG)	d	1926		1933				1941			1948				1956		2003	
Maryland (MYL)	d	1928		1935				1943			1950				1958		2005	
Stratford (SRA)	DLR 7 d	1931		1938	1920	1923		1946	1926		1953	1937	1940		2001		2008	1953
Abbey Wood (ABW)	d		1924				1930			1939				1947		1954		2002
Woolwich (WWC)	d		1927				1933			1942				1950		1957		2005
Custom House (CUS)	d		1931				1937			1946				1954		2001		2009
Canary Wharf (CWX)	DLR d		1935				1943			1950				1958		2005		2013
Whitechapel (ZLW)	DLR d	1936	1939	1943			1947	1951		1954	1958			2002	2006	2009	2013	2017
London Liverpool Street (LST)	DLR 15 a				1928	1931			1934			1945	1948				2001	
London Liverpool Street EL (LST)	DLR 4 a	1939	1942	1946			1950	1954		1957	2001			2005	2009	2012	2016	2020
Farringdon (ZFD)	DLR 3 a	1941	1944	1948			1952	1956		1959	2003			2007	2011	2014	2018	2022
Tottenham Court Road (TCR)	DLR a	1944	1947	1951			1955	1959		2002	2006			2010	2014	2017	2021	2025
Bond Street (BDS)	DLR a	1947	1950	1954			1958	2002		2005	2009			2013	2017	2020	2024	2028
London Paddington EL (PAD)	DLR 15 a	1952	1953	1959			2001	2005		2008	2014			2016	2022	2023	2029	2031
Acton Main Line (AML)	a		2000							2015						2030		
Ealing Broadway (EAL)	DLR 3 a		2003				2010	2013		2018				2025		2033		2040
West Ealing (WEA)	DLR 3 a		2006					2016		2021						2036		
Hanwell (HAN)	a		2008							2023						2038		
Southall (STL)	a		2011				2016			2026				2031		2041		2045
Hayes & Harlington (HAY)	DLR 3 a		2014				2019	2022		2029				2034		2044		2048
Heathrow Terminals 2 & 3 (HXX)	DLR a		2021					2029		2036						2051		
Heathrow Terminal 4 (HAF)	DLR a		2027							2042						2057		
Heathrow Terminal 5 (HWV)	DLR a							2035										
West Drayton (WDT)	a						2023							2038				2052
Iver (IVR)	a						2026											2055
Langley (LNY)	a						2028							2042				2057
Slough (SLO)	DLR 3 a						2032							2046				2101
Burnham (BNM)	a						2036							2050				2105
Taplow (TAP)	a													2052				
Maidenhead (MAI)	DLR 3 a						2043							2055				2112
Twyford (TWY)	DLR 3 a													2102				
Reading (RDG)	DLR 7 a													2111				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea
- E From Witham
- G From Colchester Town
- H From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	LE A	XR	XR	LE C	XR	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	LE G	XR	XR	
Shenfield (SNF)	3 d	1941	1946		1948	1951		1956		2003	2005	2008		2011		2018	2019		2026	
Brentwood (BRE)	d	1945			1952			2000		2007				2015		2022			2030	
Harold Wood (HRO)	d	1949			1956			2004		2011				2019		2026			2034	
Gidea Park (GDP)	2 d	1952			1959			2007		2014				2022		2029			2037	
Romford (RMF)	d	1955	1953		2002			2010		2017				2025		2032	2026		2040	
Chadwell Heath (CTH)	d	1958			2005			2013		2020				2028		2035			2043	
Goodmayes (GMY)	d	2000			2007			2015		2022				2030		2037			2045	
Seven Kings (SVK)	d	2002			2009			2017		2024				2032		2039			2047	
Ilford (IFD)	2 d	2006			2013			2021		2028				2036		2043			2051	
Manor Park (MNP)	d	2008			2015			2023		2030				2038		2045			2053	
Forest Gate (FOG)	d	2011			2018			2026		2033				2041		2048			2056	
Maryland (MYL)	d	2013			2020			2028		2035				2043		2050			2058	
Stratford (SRA)	DLR 7 d	2016	2003		2023	2006		2031		2038	2020	2023		2046		2053	2036		2101	
Abbey Wood (ABW)	d			2009				2017		2024				2032		2039			2047	
Woolwich (WWC)	d			2012				2020		2027				2035		2042			2050	
Custom House (CUS)	d			2016				2024		2031				2039		2046			2054	
Canary Wharf (CWX)	DLR d			2020				2028		2035				2043		2050			2058	
Whitechapel (ZLW)	DLR d	2021		2024	2028			2032	2036	2039	2043			2047	2051	2054	2058		2102	2106
London Liverpool Street (LST)	DLR 15 a		2011			2014						2028	2031					2044		
London Liverpool Street EL (LST)	DLR 4 a	2024		2027	2031			2035	2039	2042	2046			2050	2054	2057	2101		2105	2109
Farringdon (ZFD)	DLR 3 a	2026		2029	2033			2037	2041	2044	2048			2052	2056	2059	2103		2107	2111
Tottenham Court Road (TCR)	DLR a	2029		2032	2036			2040	2044	2047	2051			2055	2059	2102	2106		2110	2114
Bond Street (BDS)	DLR a	2032		2035	2039			2043	2047	2050	2054			2058	2102	2105	2109		2113	2117
London Paddington EL (PAD)	DLR 15 a	2035		2038	2044			2046	2052	2053	2059			2101	2105	2108	2114		2116	2122
Acton Main Line (AML)	a			2045						2100						2115				
Ealing Broadway (EAL)	DLR 3 a	2043		2048				2054		2103				2110	2113	2118			2125	
West Ealing (WEA)	DLR 3 a	2046		2051						2106					2116	2121				
Hanwell (HAN)	a			2053						2108						2123				
Southall (STL)	a			2056				2101		2111				2116		2126			2132	
Hayes & Harlington (HAY)	DLR 3 a	2052		2059				2104		2114				2119	2122	2129			2135	
Heathrow Terminals 2 & 3 (HXX)	DLR a	2059		2106						2121					2129	2136				
Heathrow Terminal 4 (HAF)	DLR a			2112						2127						2142				
Heathrow Terminal 5 (HWV)	DLR a	2105													2135					
West Drayton (WDT)	a							2110						2123					2139	
Iver (IVR)	a													2126						
Langley (LNY)	a							2114						2128					2143	
Slough (SLO)	DLR 3 a							2117						2133					2146	
Burnham (BNM)	a							2121						2137					2150	
Taplow (TAP)	a							2124											2153	
Maidenhead (MAI)	DLR 3 a							2127						2144					2156	
Twyford (TWY)	DLR 3 a							2134											2203	
Reading (RDG)	DLR 7 a							2141											2210	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Ipswich
- D From Clacton-on-Sea
- G From Colchester Town

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE A	XR	XR	XR	XR	LE A	LE H	XR	XR	LE G	XR	XR	XR	XR	LE A	LE D	XR	XR	
Shenfield (SNF)	3 d	2027		2033		2041		2045	2048		2051		2056		2103	2105	2108		2111
Brentwood (BRE)	d			2037		2045							2100		2107				2115
Harold Wood (HRO)	d			2041		2049							2056		2104				2119
Gidea Park (GDP)	2 d			2044		2052							2059		2107				2122
Romford (RMF)	d			2047		2055	2052						2102		2110				2125
Chadwell Heath (CTH)	d			2050		2058							2105		2113				2128
Goodmayes (GMY)	d			2052		2100							2107		2115				2130
Seven Kings (SVK)	d			2054		2102							2109		2117				2132
Ilford (IFD)	2 d			2058		2106							2113		2121				2136
Manor Park (MNP)	d			2100		2108							2115		2123				2138
Forest Gate (FOG)	d			2103		2111							2118		2126				2141
Maryland (MYL)	d			2105		2113							2120		2128				2143
Stratford (SRA)	DLR 7 d	2042		2108		2116	2102						2123	2107	2131				2146
Abbey Wood (ABW)	d		2054		2102								2109		2117				2132
Woolwich (WWC)	d		2057		2105								2112		2120				2135
Custom House (CUS)	d		2101		2109								2116		2124				2139
Canary Wharf (CWX)	DLR d		2105		2113								2120		2128				2143
Whitechapel (ZLW)	d		2109	2113	2117	2121							2124	2128	2132	2136	2139	2143	2147
London Liverpool Street (LST)	DLR 15 a	2050					2110	2112			2115						2128	2131	2151
London Liverpool Street EL (LST)	DLR 4 a		2112	2116	2120	2124							2127	2131	2135	2139	2142	2146	2150
Farringdon (ZFD)	DLR 3 a		2114	2118	2122	2126							2129	2133	2137	2141	2144	2148	2152
Tottenham Court Road (TCR)	d		2117	2121	2125	2129							2132	2136	2140	2144	2147	2151	2155
Bond Street (BDS)	d		2120	2124	2128	2132							2135	2139	2143	2147	2150	2154	2158
London Paddington EL (PAD)	DLR 15 a		2123	2129	2131	2135							2138	2144	2146	2152	2153	2159	2201
Acton Main Line (AML)	a		2130										2145				2200		
Ealing Broadway (EAL)	DLR 3 a		2133		2140	2143							2148		2155		2203		2210
West Ealing (WEA)	DLR 3 a		2136		2146								2151				2206		2216
Hanwell (HAN)	a		2138										2153				2208		
Southall (STL)	a		2141		2145								2156		2202		2211		2215
Hayes & Harlington (HAY)	DLR 3 a		2144		2148	2152							2159		2205		2214		2218
Heathrow Terminals 2 & 3 (HXX)	DLR 3 a		2151			2159							2206				2221		2222
Heathrow Terminal 4 (HAF)	DLR 3 a		2157										2212				2227		2229
Heathrow Terminal 5 (HWV)	DLR 3 a					2205													2235
West Drayton (WDT)	a				2152										2209				2222
Iver (IVR)	a				2155														2225
Langley (LNY)	a				2157										2213				2227
Slough (SLO)	DLR 3 a				2201										2216				2231
Burnham (BNM)	a				2205										2220				2235
Taplow (TAP)	a														2223				
Maidenhead (MAI)	DLR 3 a				2212										2226			2246	
Twyford (TWY)	DLR 3 a														2233				
Reading (RDG)	DLR 7 a														2240				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea
- G From Colchester Town
- H From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE G	XR	XR	XR	XR	LE A	LE H	XR	XR	XR	XR	LE M	XR	XR	XR	XR				
Shenfield (SNF)	3	d		2122		2126		2133		2135	2138		2141		2148		2151		2156		2203	
Brentwood (BRE)		d				2122		2130					2145		2152				2200		2207	
Harold Wood (HRO)		d				2126		2134					2149		2156				2204		2211	
Gidea Park (GDP)	2	d				2129		2137					2152		2159				2207		2214	
Romford (RMF)		d				2132		2140					2155		2202				2210		2217	
Chadwell Heath (CTH)		d				2135		2143					2158		2205				2213		2220	
Goodmayes (GMY)		d				2137		2145					2200		2207				2215		2222	
Seven Kings (SVK)		d				2139		2147					2202		2209				2217		2224	
Ilford (IFD)	2	d				2143		2151					2206		2213				2221		2228	
Manor Park (MNP)		d				2145		2153					2208		2215				2223		2230	
Forest Gate (FOG)		d				2148		2156					2211		2218				2226		2233	
Maryland (MYL)		d				2150		2158					2213		2220				2228		2235	
Stratford (SRA)	DLR 7	d		2138		2201		2208		2150	2153		2216		2223		2206		2231		2238	
Abbey Wood (ABW)		d				2139		2147					2202		2209				2217		2224	
Woolwich (WWC)		d				2142		2150					2205		2212				2220		2227	
Custom House (CUS)		d				2146		2154					2209		2216				2224		2231	
Canary Wharf (CWX)	DLR	d				2150		2158					2213		2220				2228		2235	
Whitechapel (ZLW)	DLR	d		2158		2202	2206	2209	2213				2217	2221	2224	2228			2232	2236	2243	
London Liverpool Street (LST)	DLR 15	a		2146						2158	2201						2214					
London Liverpool Street EL (LST)	DLR 4	a		2157	2201		2205	2209	2212	2216			2220	2224	2227	2231			2235	2239	2242	2246
Farringdon (ZFD)	DLR 3	a		2159	2203		2207	2211	2214	2218			2222	2226	2229	2233			2237	2241	2244	2248
Tottenham Court Road (TCR)	DLR	a		2202	2206		2210	2214	2217	2221			2225	2229	2232	2236			2240	2244	2247	2251
Bond Street (BDS)	DLR	a		2205	2209		2213	2217	2220	2224			2228	2232	2235	2239			2243	2247	2250	2254
London Paddington EL (PAD)	DLR 15	a		2208	2214		2216	2222	2223	2229			2231	2237	2238	2244			2246	2252	2253	2259
Acton Main Line (AML)		a		2215				2230							2245							2300
Ealing Broadway (EAL)	DLR 3	a		2218			2225	2233				2240			2248			2255				2303
West Ealing (WEA)	DLR 3	a		2221				2236							2251							2306
Hanwell (HAN)		a		2223				2238							2253							2308
Southall (STL)		a		2226			2232	2241				2245			2256			2301				2311
Hayes & Harlington (HAY)	DLR 3	a		2229			2235	2244				2248			2259			2304				2314
Heathrow Terminals 2 & 3 (HXX)	DLR	a		2236				2251							2306							2321
Heathrow Terminal 4 (HAF)	DLR	a		2242				2257														2327
Heathrow Terminal 5 (HWV)	DLR	a													2312							
West Drayton (WDT)		a					2239						2252									2308
Iver (IVR)		a											2255									2310
Langley (LNY)		a				2243							2257									2313
Slough (SLO)	DLR 3	a				2246							2301									2316
Burnham (BNM)		a				2250							2305									2320
Taplow (TAP)		a				2253																2323
Maidenhead (MAI)	DLR 3	a				2256							2312									2326
Twyford (TWY)	DLR 3	a				2303																2333
Reading (RDG)	DLR 7	a				2310																2340

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- G From Colchester Town
- H From Braintree
- M From Harwich International

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes Catering facilities	LE A	LE D	XR	XR	XR	XR	LE G	XR	XR	LE N P	LE A	XR	XR	XR	XR	XR	LE C	XR	
Shenfield (SNF)	3	d	2205	2208		2211		2218	2219		2226	2232	2235			2236		2246	2251
Brentwood (BRE)		d				2215		2222			2230					2240		2250	
Harold Wood (HRO)		d				2219		2226			2234					2244		2254	
Gidea Park (GDP)	2	d				2222		2229			2237					2247		2257	
Romford (RMF)		d				2225		2232	2226		2240					2250		2300	
Chadwell Heath (CTH)		d				2228		2235			2243					2253		2303	
Goodmayes (GMY)		d				2230		2237			2245					2255		2305	
Seven Kings (SVK)		d				2232		2239			2247					2257		2307	
Ilford (IFD)	2	d				2236		2243			2251					2301		2311	
Manor Park (MNP)		d				2238		2245			2253					2303		2313	
Forest Gate (FOG)		d				2241		2248			2256					2306		2316	
Maryland (MYL)		d				2243		2250			2258					2308		2318	
Stratford (SRA)	DLR 7	d	2220	2223		2246		2253	2236		2301	2247s	2250			2311		2321	2306
Abbey Wood (ABW)		d				2232		2239			2247				2254	2258		2306	
Woolwich (WWC)		d				2235		2242			2250				2257	2301		2309	
Custom House (CUS)		d				2239		2246			2254				2301	2305		2313	
Canary Wharf (CWX)	DLR	d				2243		2250			2258				2305	2309		2317	
Whitechapel (ZLW)	DLR	d				2247	2251	2254	2258		2302	2306			2309	2313	2316	2321	2326
London Liverpool Street (LST)	DLR 15	a	2228	2231					2244			2255	2258					2314	
London Liverpool Street EL (LST)	DLR 4	a				2250	2254	2257	2301		2305	2309			2312	2316	2319	2324	2329
Farringdon (ZFD)	DLR 8	a				2252	2256	2259	2303		2307	2311			2314	2318	2321	2326	2331
Tottenham Court Road (TCR)	DLR	a				2255	2259	2302	2306		2310	2314			2317	2321	2324	2329	2334
Bond Street (BDS)	DLR	a				2258	2302	2305	2309		2313	2317			2320	2324	2327	2332	2337
London Paddington EL (PAD)	DLR 15	a				2303	2307	2308	2314		2316	2322			2323	2329	2332	2335	2342
Acton Main Line (AML)		a						2315							2330			2342	
Ealing Broadway (EAL)	DLR 8	a						2318			2325				2333			2345	
West Ealing (WEA)	DLR 8	a						2321							2336			2348	
Hanwell (HAN)		a						2323							2338			2350	
Southall (STL)		a						2326			2330				2341			2353	0003
Hayes & Harlington (HAY)	DLR 8	a						2329			2333				2344			2356	0006
Heathrow Terminals 2 & 3 (HXX)	DLR ←	a						2336							2351				
Heathrow Terminal 4 (HAF)	DLR ←	a													2357				
Heathrow Terminal 5 (HWV)	DLR ←	a						2342											
West Drayton (WDT)		a									2337								0010
Iver (IVR)		a									2340								0013
Langley (LNY)		a									2342								0015
Slough (SLO)	DLR 3	a									2346								0019
Burnham (BNM)		a									2353								
Taplow (TAP)		a									2355								
Maidenhead (MAI)	DLR 3	a									0001								0030
Twyford (TWY)	DLR 3	a																	
Reading (RDG)	DLR 7	a																	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time
s Stops to set down only

A From Southend Victoria
C From Ipswich
D From Clacton-on-Sea
G From Colchester Town
N From Norwich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	LE A	LE D	XR	XR	LE C	XR	XR	LE N	LE A	LE F	XR	XR	XR	
Shenfield (SNF)	3 d	2256	2305	2308		2311	2319		2326	2333	2335	2339		2341	2356
Brentwood (BRE)	d	2300				2315			2330					2345	2359
Harold Wood (HRO)	d	2304				2319			2334					2349	0004
Gidea Park (GDP)	2 d	2307				2322			2337					2352	0007
Romford (RMF)	d	2310				2325	2326		2340			2346		2355	0010
Chadwell Heath (CTH)	d	2313				2328			2343					2358	0013
Goodmayes (GMY)	d	2315				2330			2345					0001	0015
Seven Kings (SVK)	d	2317				2332			2347					0002	0017
Ilford (IFD)	2 d	2321				2336			2351					0006	0021
Manor Park (MNP)	d	2323				2338			2353					0008	0023
Forest Gate (FOG)	d	2326				2341			2356					0011	0026
Maryland (MYL)	d	2328				2343			2358					0013	0028
Stratford (SRA)	DLR 7 d	2331	2320	2323		2346	2336		0001	2348s	2351	2356		0016	0031
Abbey Wood (ABW)	d				2328			2343					2358		
Woolwich (WWC)	d				2331			2346					0001		
Custom House (CUS)	d				2335			2350					0005		
Canary Wharf (CWX)	DLR d				2339			2354					0009		
Whitechapel (ZLW)	DLR d	2336			2343	2351		2358	0006				0013	0021	
London Liverpool Street (LST)	DLR 15 a		2328	2331			2344			2357	0001	0004			0039
London Liverpool Street EL (LST)	DLR 4 a	2339			2346	2354		0001	0009				0016	0024	
Farringdon (ZFD)	DLR 3 a	2341			2348	2356		0003	0011				0018	0026	
Tottenham Court Road (TCR)	DLR a	2344			2351	2359		0006	0014				0021	0029	
Bond Street (BDS)	DLR a	2347			2354	0002		0009	0017				0024	0032	
London Paddington EL (PAD)	DLR 15 a	2352			2359	0007		0014	0022				0029	0037	
Acton Main Line (AML)	a														
Ealing Broadway (EAL)	DLR 3 a														
West Ealing (WEA)	DLR 3 a														
Hanwell (HAN)	a														
Southall (STL)	a														
Hayes & Harlington (HAY)	DLR 3 a														
Heathrow Terminals 2 & 3 (HXX)	DLR a														
Heathrow Terminal 4 (HAF)	DLR a														
Heathrow Terminal 5 (HWV)	DLR a														
West Drayton (WDT)	a														
Iver (IVR)	a														
Langley (LNY)	a														
Slough (SLO)	DLR 3 a														
Burnham (BNM)	a														
Taplow (TAP)	a														
Maidenhead (MAI)	DLR 3 a														
Twyford (TWY)	DLR 3 a														
Reading (RDG)	DLR 7 a														

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only

- A From Southend Victoria
- C From Ipswich
- D From Clacton-on-Sea
- F From Southminster
- N From Norwich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator	LE	XR	XR	XR	XR	LE	XR	XR	LE	XR	XR	XR	XR	LE	XR	XR	XR	XR	
Days of operation/Notes	A					A			B					A					
Shenfield (SNF)	3 d	0439	0444			0504	0509			0524			0524		0533	0535		0541	0548
Brentwood (BRE)	d		0448			0508							0528		0537			0545	0552
Harold Wood (HRO)	d		0452			0512							0532		0541			0549	0556
Gidea Park (GDP)	2 d		0455	0505		0515			0525				0535		0544			0552	0559
Romford (RMF)	d		0458	0508		0518			0528	0531			0538		0547	0542		0555	0602
Chadwell Heath (CTH)	d		0502	0511		0522			0531				0542		0550			0558	0605
Goodmayes (GMY)	d		0504	0513		0524			0533				0544		0552			0600	0607
Seven Kings (SVK)	d		0506	0515		0526			0535	0536			0546		0554			0602	0609
Ilford (IFD)	2 d		0509	0518		0529			0539				0549		0558			0606	0613
Manor Park (MNP)	d		0512	0521		0532			0541				0552		0600			0608	0615
Forest Gate (FOG)	d		0514	0524		0534			0544				0554		0603			0611	0618
Maryland (MYL)	d		0516	0526		0536			0546				0556		0605			0613	0620
Stratford (SRA)	7 d	0456	0519	0528	0534	0539	0524		0549	0543			0559			0552		0616	0623
Abbey Wood (ABW)	d							0534					0544		0554			0602	0609
Woolwich (WWC)	d							0537					0547		0557			0605	0612
Custom House (CUS)	d							0541					0551		0601			0609	0616
Canary Wharf (CWX)	DLR d							0545					0555		0605			0613	0620
Whitechapel (ZLW)	DLR d				0539	0544	0549	0554					0559	0604	0609	0613		0617	0621
London Liverpool Street (LST)	15 a	0504	0527	0537			0534						0551			0600		0617	0624
London Liverpool Street EL (LST)	4 a				0542	0547		0552	0557				0602	0607	0612	0616		0620	0624
Farringdon (ZFD)	3 a				0544	0549		0554	0559				0604	0609	0614	0618		0622	0626
Tottenham Court Road (TCR)	3 a				0547	0552		0557	0602				0607	0612	0617	0621		0625	0629
Bond Street (BDS)	3 a				0550	0555		0600	0605				0610	0615	0620	0624		0628	0632
London Paddington EL (PAD)	15 a				0553	0600		0603	0608				0613	0620	0623	0629		0631	0637
Acton Main Line (AML)	a				0600				0615						0630				0645
Ealing Broadway (EAL)	3 a				0603				0618						0633				0648
West Ealing (WEA)	3 a				0606				0621						0636				0651
Hanwell (HAN)	a				0608				0623						0638				0653
Southall (STL)	a				0611				0626						0641				0656
Hayes & Harlington (HAY)	3 a				0614				0629						0644				0659
Heathrow Terminals 2 & 3 (HXX)	3 a				0621				0636						0651				0706
Heathrow Terminal 4 (HAF)	3 a								0642										0712
Heathrow Terminal 5 (HWV)	3 a				0627										0657				
West Drayton (WDT)	a																		
Iver (IVR)	a																		
Langley (LNY)	a																		
Slough (SLO)	3 a																		
Burnham (BNM)	a																		
Taplow (TAP)	a																		
Maidenhead (MAI)	3 a																		
Twyford (TWY)	3 a																		
Reading (RDG)	7 a																		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- B From Colchester

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE B	XR	XR	XR	XR	LE A	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE A	XR	XR		
Shenfield (SNF)	3 d	0554		0556		0603	0605		0611		0618		0626		0633	0635		0641		
Brentwood (BRE)	d			0600		0607			0615		0622		0630		0637			0645		
Harold Wood (HRO)	d			0604		0611			0619		0626		0634		0641			0649		
Gidea Park (GDP)	2 d			0607		0614			0622		0629		0637		0644			0652		
Romford (RMF)	d	0601		0610		0617			0625		0632		0640		0647	0642		0655		
Chadwell Heath (CTH)	d			0613		0620			0628		0635		0643		0650			0658		
Goodmayes (GMY)	d			0615		0622			0630		0637		0645		0652			0700		
Seven Kings (SVK)	d			0617		0624			0632		0639		0647		0654			0702		
Ilford (IFD)	2 d			0621		0628			0636		0643		0651		0658			0706		
Manor Park (MNP)	d			0623		0630			0638		0645		0653		0700			0708		
Forest Gate (FOG)	d			0626		0633			0641		0648		0656		0703			0711		
Maryland (MYL)	d			0628		0635			0643		0650		0658		0705			0713		
Stratford (SRA)	DLR 7 d	0611		0631		0638	0620		0646		0653	0636		0701		0708	0652	0716		
Abbey Wood (ABW)	d			0617		0624			0632		0639		0647		0654			0702		
Woolwich (WWC)	d			0620		0627			0635		0642		0650		0657			0705		
Custom House (CUS)	d			0624		0631			0639		0646		0654		0701			0709		
Canary Wharf (CWX)	DLR d			0628		0635			0643		0650		0658		0705			0713		
Whitechapel (ZLW)	DLR d			0632	0636	0639	0643		0647	0651	0654	0658	0702	0706	0709	0713		0717	0721	
London Liverpool Street (LST)	DLR 15 a	0619					0628					0644				0700				
London Liverpool Street EL (LST)	DLR 4 a			0635	0639	0642	0646		0650	0654	0657	0701		0705	0709	0712	0716		0720	0724
Farringdon (ZFD)	DLR 3 a			0637	0641	0644	0648		0652	0656	0659	0703		0707	0711	0714	0718		0722	0726
Tottenham Court Road (TCR)	DLR a			0640	0644	0647	0651		0655	0659	0702	0706		0710	0714	0717	0721		0725	0729
Bond Street (BDS)	DLR a			0643	0647	0650	0654		0658	0702	0705	0709		0713	0717	0720	0724		0728	0732
London Paddington EL (PAD)	DLR 15 a			0646	0652	0653	0659		0701	0707	0708	0714		0716	0722	0723	0729		0731	0737
Acton Main Line (AML)	a					0700						0715					0730			
Ealing Broadway (EAL)	DLR 3 a			0656		0703					0718		0726		0733					
West Ealing (WEA)	DLR 3 a					0706					0721				0736					
Hanwell (HAN)	a					0708					0723				0738					
Southall (STL)	a			0701		0711					0726		0731		0741					
Hayes & Harlington (HAY)	DLR 3 a			0704		0714					0729		0734		0744					
Heathrow Terminals 2 & 3 (HXX)	DLR a					0721					0736				0751					
Heathrow Terminal 4 (HAF)	DLR a										0742									
Heathrow Terminal 5 (HWV)	DLR a					0727									0757					
West Drayton (WDT)	a			0708									0738							
Iver (IVR)	a			0710									0740							
Langley (LNY)	a			0713									0743							
Slough (SLO)	DLR 3 a			0716									0746							
Burnham (BNM)	a			0720									0750							
Taplow (TAP)	a			0723									0753							
Maidenhead (MAI)	DLR 3 a			0726									0756							
Twyford (TWY)	DLR 3 a			0733									0803							
Reading (RDG)	DLR 7 a			0740									0811							

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- B From Colchester

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE C	XR	XR	XR	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE D	XR	XR	LE A	XR	
Shenfield (SNF)	3 d	0644		0648		0656		0703		0705	0708		0711		0718	0719		0726	0727	
Brentwood (BRE)	d			0652		0700		0707					0715		0722				0730	
Harold Wood (HRO)	d			0656		0704		0711					0719		0726				0734	
Gidea Park (GDP)	2 d			0659		0707		0714					0722		0729				0737	
Romford (RMF)	d	0651		0702		0710		0717					0725		0732	0726			0740	
Chadwell Heath (CTH)	d			0705		0713		0720					0728		0735				0743	
Goodmayes (GMY)	d			0707		0715		0722					0730		0737				0745	
Seven Kings (SVK)	d			0709		0717		0724					0732		0739				0747	
Ilford (IFD)	2 d			0713		0721		0728					0736		0743				0751	
Manor Park (MNP)	d			0715		0723		0730					0738		0745				0753	
Forest Gate (FOG)	d			0718		0726		0733					0741		0748				0756	
Maryland (MYL)	d			0720		0728		0735					0743		0750				0758	
Stratford (SRA)	DLR 7 d	0701		0723		0731		0738		0720	0723		0746		0753	0736			0801	0742
Abbey Wood (ABW)	d			0709		0717		0724					0732		0739				0747	0754
Woolwich (WWC)	d			0712		0720		0727					0735		0742				0750	0757
Custom House (CUS)	d			0716		0724		0731					0739		0746				0754	0801
Canary Wharf (CWX)	DLR d			0720		0728		0735					0743		0750				0758	0805
Whitechapel (ZLW)	DLR d			0724	0728	0732	0736	0739	0743				0747	0751	0754	0758			0802	0806
London Liverpool Street (LST)	DLR 15 a	0709								0728	0731					0744			0750	
London Liverpool Street EL (LST)	DLR 4 a			0727	0731	0735	0739	0742	0746				0750	0754	0757	0801			0805	0809
Farringdon (ZFD)	DLR 3 a			0729	0733	0737	0741	0744	0748				0752	0756	0759	0803			0807	0811
Tottenham Court Road (TCR)	DLR a			0732	0736	0740	0744	0747	0751				0755	0759	0802	0806			0810	0814
Bond Street (BDS)	DLR a			0735	0739	0743	0747	0750	0754				0758	0802	0805	0809			0813	0817
London Paddington EL (PAD)	DLR 15 a			0738	0744	0746	0752	0753	0759				0801	0805	0808	0814			0816	0822
Acton Main Line (AML)	a			0745				0800							0815					0830
Ealing Broadway (EAL)	DLR 3 a			0748		0755		0803					0813	0818					0825	0833
West Ealing (WEA)	DLR 3 a			0751				0806					0816	0821						0836
Hanwell (HAN)	a			0753				0808						0823						0838
Southall (STL)	a			0756		0801		0811						0826					0831	0841
Hayes & Harlington (HAY)	DLR 3 a			0759		0804		0814					0822	0829					0834	0844
Heathrow Terminals 2 & 3 (HXX)	DLR a			0806				0821					0829	0836						0851
Heathrow Terminal 4 (HAF)	DLR a			0812				0827					0835	0842						0857
Heathrow Terminal 5 (HWV)	DLR a												0835							
West Drayton (WDT)	a					0808													0838	
Iver (IVR)	a					0810													0840	
Langley (LNY)	a					0813													0843	
Slough (SLO)	DLR 3 a					0816													0846	
Burnham (BNM)	a					0820													0850	
Taplow (TAP)	a					0823													0853	
Maidenhead (MAI)	DLR 3 a					0826													0856	
Twyford (TWY)	DLR 3 a					0833													0903	
Reading (RDG)	DLR 7 a					0840													0910	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Clacton-on-Sea
- D From Colchester Town

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	
Shenfield (SNF)	3 d	0733	0738		0741	0746		0748	0751		0756		0803	0805	0808		0811		0818
Brentwood (BRE)	d	0737			0745			0752			0800		0807				0815		0822
Harold Wood (HRO)	d	0741			0749			0756			0804		0811				0819		0826
Gidea Park (GDP)	2 d	0744			0752			0759			0807		0814				0822		0829
Romford (RMF)	d	0747			0755	0753		0802			0810		0817				0825		0832
Chadwell Heath (CTH)	d	0750			0758			0805			0813		0820				0828		0835
Goodmayes (GMY)	d	0752			0800			0807			0815		0822				0830		0837
Seven Kings (SVK)	d	0754			0802			0809			0817		0824				0832		0839
Ilford (IFD)	2 d	0758			0806			0813			0821		0828				0836		0843
Manor Park (MNP)	d	0800			0808			0815			0823		0830				0838		0845
Forest Gate (FOG)	d	0803			0811			0818			0826		0833				0841		0848
Maryland (MYL)	d	0805			0813			0820			0828		0835				0843		0850
Stratford (SRA)	DLR 7 d	0808	0753		0816	0803		0823	0806		0831		0838	0820	0823		0846		0853
Abbey Wood (ABW)	d			0802			0809			0817		0824			0832		0839		
Woolwich (WWC)	d			0805			0812			0820		0827			0835		0842		
Custom House (CUS)	d			0809			0816			0824		0831			0839		0846		
Canary Wharf (CWX)	DLR d			0813			0820			0828		0835			0843		0850		
Whitechapel (ZLW)	DLR d	0813		0817	0821		0824	0828		0832	0836	0839	0843		0847	0851	0854	0858	
London Liverpool Street (LST)	DLR 15 a		0801			0811			0814					0828	0831				
London Liverpool Street EL (LST)	DLR 4 a	0816		0820	0824		0827	0831		0835	0839	0842	0846			0850	0854	0857	0901
Farringdon (ZFD)	DLR 3 a	0818		0822	0826		0829	0833		0837	0841	0844	0848			0852	0856	0859	0903
Tottenham Court Road (TCR)	DLR a	0821		0825	0829		0832	0836		0840	0844	0847	0851			0855	0859	0902	0906
Bond Street (BDS)	DLR a	0824		0828	0832		0835	0839		0843	0847	0850	0854			0858	0902	0905	0909
London Paddington EL (PAD)	DLR 15 a	0829		0831	0835		0838	0844		0846	0852	0853	0859			0901	0905	0908	0914
Acton Main Line (AML)	a						0845					0900							0915
Ealing Broadway (EAL)	DLR 3 a			0843			0848			0855		0903			0910	0913	0918		
West Ealing (WEA)	DLR 3 a			0846			0851					0906				0916	0921		
Hanwell (HAN)	a						0853					0908					0923		
Southall (STL)	a						0856			0901		0911			0915		0926		
Hayes & Harlington (HAY)	DLR 3 a				0852		0859			0904		0914			0918	0922	0929		
Heathrow Terminals 2 & 3 (HXX)	DLR a				0859		0906					0921				0929	0936		
Heathrow Terminal 4 (HAF)	DLR a						0912					0927					0942		
Heathrow Terminal 5 (HWV)	DLR a				0905											0935			
West Drayton (WDT)	a									0908						0922			
Iver (IVR)	a									0910						0925			
Langley (LNY)	a									0913						0927			
Slough (SLO)	DLR 3 a									0916						0931			
Burnham (BNM)	a									0920						0935			
Taplow (TAP)	a									0923									
Maidenhead (MAI)	DLR 3 a									0926					0942				
Twyford (TWY)	DLR 3 a									0933									
Reading (RDG)	DLR 7 a									0940									

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Clacton-on-Sea
- E From Braintree
- F From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE G	XR	XR	LE A	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR	XR	LE A	
Shenfield (SNF)	3 d	0819		0826	0827		0833	0838		0841	0846		0848	0851		0856		0903	0905
Brentwood (BRE)	d			0830			0837			0845			0852			0900		0907	
Harold Wood (HRO)	d			0834			0841			0849			0856			0904		0911	
Gidea Park (GDP)	2 d			0837			0844			0852			0859			0907		0914	
Romford (RMF)	d	0826		0840			0847			0855	0853		0902			0910		0917	
Chadwell Heath (CTH)	d			0843			0850			0858			0905			0913		0920	
Goodmayes (GMY)	d			0845			0852			0900			0907			0915		0922	
Seven Kings (SVK)	d			0847			0854			0902			0909			0917		0924	
Ilford (IFD)	2 d			0851			0858			0906			0913			0921		0928	
Manor Park (MNP)	d			0853			0900			0908			0915			0923		0930	
Forest Gate (FOG)	d			0856			0903			0911			0918			0926		0933	
Maryland (MYL)	d			0858			0905			0913			0920			0928		0935	
Stratford (SRA)	DLR 7 d	0836		0901	0842		0908	0853		0916	0903		0923	0906		0931		0938	0920
Abbey Wood (ABW)	d			0847			0854			0902			0909			0917		0924	
Woolwich (WWC)	d			0850			0857			0905			0912			0920		0927	
Custom House (CUS)	d			0854			0901			0909			0916			0924		0931	
Canary Wharf (CWX)	DLR d			0858			0905			0913			0920			0928		0935	
Whitechapel (ZLW)	DLR d			0902	0906		0909	0913		0917	0921		0924	0928		0932	0936	0939	0943
London Liverpool Street (LST)	DLR 15 a	0844		0850			0901			0911			0914			0928		0935	0928
London Liverpool Street EL (LST)	4 a		0905	0909			0912	0916		0920	0924		0927	0931		0935	0939	0942	0946
Farringdon (ZFD)	3 a		0907	0911			0914	0918		0922	0926		0929	0933		0937	0941	0944	0948
Tottenham Court Road (TCR)	DLR a		0910	0914			0917	0921		0925	0929		0932	0936		0940	0944	0947	0951
Bond Street (BDS)	DLR a		0913	0917			0920	0924		0928	0932		0935	0939		0943	0947	0950	0954
London Paddington EL (PAD)	DLR 15 a		0916	0922			0923	0929		0931	0935		0938	0944		0946	0952	0953	0959
Acton Main Line (AML)	a						0930						0945					1000	
Ealing Broadway (EAL)	3 a		0925				0933			0940	0943		0948			0955		1003	
West Ealing (WEA)	3 a						0936			0946			0951					1006	
Hanwell (HAN)	a						0938						0953					1008	
Southall (STL)	a		0932				0941			0945			0956			1002		1011	
Hayes & Harlington (HAY)	3 a		0935				0944			0948	0952		0959			1005		1014	
Heathrow Terminals 2 & 3 (HXX)	DLR a						0951				0959		1006					1021	
Heathrow Terminal 4 (HAF)	DLR a						0957						1012					1027	
Heathrow Terminal 5 (HWV)	DLR a									1005									
West Drayton (WDT)	a		0941							0952						1009			
Iver (IVR)	a									0955									
Langley (LNY)	a		0945							0957						1013			
Slough (SLO)	3 a		0948							1001						1016			
Burnham (BNM)	a		0952							1005						1020			
Taplow (TAP)	a		0955													1023			
Maidenhead (MAI)	3 a		0958							1012						1026			
Twyford (TWY)	3 a		1005													1033			
Reading (RDG)	7 a		1012													1040			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- E From Braintree
- F From Ipswich
- G From Harwich International

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE C	XR	XR	XR	XR	LE D	XR	XR	LE A	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	
Shenfield (SNF)	3 d	0908		0911		0918	0919		0926	0927		0933	0938		0941	0946		0948	0951
Brentwood (BRE)	d			0915		0922			0930			0937			0945			0952	
Harold Wood (HRO)	d			0919		0926			0934			0941			0949			0956	
Gidea Park (GDP)	2 d			0922		0929			0937			0944			0952			0959	
Romford (RMF)	d			0925		0932	0926		0940			0947			0955	0953		1002	
Chadwell Heath (CTH)	d			0928		0935			0943			0950			0958			1005	
Goodmayes (GMY)	d			0930		0937			0945			0952			1000			1007	
Seven Kings (SVK)	d			0932		0939			0947			0954			1002			1009	
Ilford (IFD)	2 d			0936		0943			0951			0958			1006			1013	
Manor Park (MNP)	d			0938		0945			0953			1000			1008			1015	
Forest Gate (FOG)	d			0941		0948			0956			1003			1011			1018	
Maryland (MYL)	d			0943		0950			0958			1005			1013			1020	
Stratford (SRA)	7 d	0923		0946		0953	0936		1001	0942		1008	0953		1016	1003		1023	1006
Abbey Wood (ABW)	d			0932		0939			0947			0954			1002			1009	
Woolwich (WWC)	d			0935		0942			0950			0957			1005			1012	
Custom House (CUS)	d			0939		0946			0954			1001			1009			1016	
Canary Wharf (CWX)	DLR d			0943		0950			0958			1005			1013			1020	
Whitechapel (ZLW)	DLR d			0947	0951	0954	0958		1002	1006		1009	1013		1017	1021		1024	1028
London Liverpool Street (LST)	15 a	0931					0944			0950			1001			1011			1014
London Liverpool Street EL (LST)	4 a			0950	0954	0957	1001		1005	1009		1012	1016		1020	1024		1027	1031
Farringdon (ZFD)	3 a			0952	0956	0959	1003		1007	1011		1014	1018		1022	1026		1029	1033
Tottenham Court Road (TCR)	3 a			0955	0959	1002	1006		1010	1014		1017	1021		1025	1029		1032	1036
Bond Street (BDS)	3 a			0958	1002	1005	1009		1013	1017		1020	1024		1028	1032		1035	1039
London Paddington EL (PAD)	15 a			1001	1005	1008	1014		1016	1022		1023	1029		1031	1035		1038	1044
Acton Main Line (AML)	a					1015						1030						1045	
Ealing Broadway (EAL)	3 a			1010	1013	1018			1024			1033			1040	1043		1048	
West Ealing (WEA)	3 a				1016	1021						1036			1046			1051	
Hanwell (HAN)	a					1023						1038						1053	
Southall (STL)	a			1015		1026			1032			1041			1045			1056	
Hayes & Harlington (HAY)	3 a			1018	1022	1029			1035			1044			1048	1052		1059	
Heathrow Terminals 2 & 3 (HXX)	3 a				1029	1036						1051				1059		1106	
Heathrow Terminal 4 (HAF)	3 a					1042						1057						1112	
Heathrow Terminal 5 (HWV)	3 a				1035											1105			
West Drayton (WDT)	a			1022					1039						1052				
Iver (IVR)	a			1025											1055				
Langley (LNY)	a			1027					1043						1057				
Slough (SLO)	3 a			1031					1046						1101				
Burnham (BNM)	a			1035					1050						1105				
Taplow (TAP)	a								1053										
Maidenhead (MAI)	3 a			1042					1056						1112				
Twyford (TWY)	3 a								1103										
Reading (RDG)	7 a								1110										

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Clacton-on-Sea
- D From Colchester Town
- E From Braintree
- F From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE A	XR	XR	LE D	XR	XR	LE E	XR
Days of operation/Notes																		
Shenfield (SNF)	3 d	0956		1003	1005	1008		1011		1018	1025		1026	1028		1033	1038	
Brentwood (BRE)	d	1000		1007				1015		1022			1030			1037		
Harold Wood (HRO)	d	1004		1011				1019		1026			1034			1041		
Gidea Park (GDP)	2 d	1007		1014				1022		1029			1037			1044		
Romford (RMF)	d	1010		1017				1025		1032	1032		1040			1047		
Chadwell Heath (CTH)	d	1013		1020				1028		1035			1043			1050		
Goodmayes (GMY)	d	1015		1022				1030		1037			1045			1052		
Seven Kings (SVK)	d	1017		1024				1032		1039			1047			1054		
Ilford (IFD)	2 d	1021		1028				1036		1043			1051			1058		
Manor Park (MNP)	d	1023		1030				1038		1045			1053			1100		
Forest Gate (FOG)	d	1026		1033				1041		1048			1056			1103		
Maryland (MYL)	d	1028		1035				1043		1050			1058			1105		
Stratford (SRA)	DLR 7 d	1031		1038	1020	1027		1046		1053	1042		1101	1048		1108	1053	
Abbey Wood (ABW)	d	1017		1024				1032		1039			1047			1054		1102
Woolwich (WWC)	d	1020		1027				1035		1042			1050			1057		1105
Custom House (CUS)	d	1024		1031				1039		1046			1054			1101		1109
Canary Wharf (CWX)	DLR	1028		1035				1043		1050			1058			1105		1113
Whitechapel (ZLW)	DLR d	1032	1036	1039	1043			1047	1051	1054	1058		1102	1106		1109	1113	1117
London Liverpool Street (LST)	DLR 15 a				1028	1035						1050			1056		1101	
London Liverpool Street EL (LST)	4 a	1035	1039	1042	1046			1050	1054	1057	1101		1105	1109		1112	1116	1120
Farringdon (ZFD)	3 a	1037	1041	1044	1048			1052	1056	1059	1103		1107	1111		1114	1118	1122
Tottenham Court Road (TCR)	a	1040	1044	1047	1051			1055	1059	1102	1106		1110	1114		1117	1121	1125
Bond Street (BDS)	a	1043	1047	1050	1054			1058	1102	1105	1109		1113	1117		1120	1124	1128
London Paddington EL (PAD)	15 a	1046	1052	1053	1059			1101	1105	1108	1114		1116	1122		1123	1129	1131
Acton Main Line (AML)	a			1100						1115						1130		
Ealing Broadway (EAL)	3 a	1055		1103				1110	1113	1118			1125			1133		1140
West Ealing (WEA)	3 a			1106					1116	1121						1136		
Hanwell (HAN)	a			1108						1123						1138		
Southall (STL)	a	1102		1111				1115		1126			1132			1141		1145
Hayes & Harlington (HAY)	3 a	1105		1114				1118	1122	1129	1135		1135			1144		1148
Heathrow Terminals 2 & 3 (HXX)	a			1121					1129	1136						1151		
Heathrow Terminal 4 (HAF)	a			1127						1142						1157		
Heathrow Terminal 5 (HWV)	a							1135										
West Drayton (WDT)	a	1109						1122					1139					1152
Iver (IVR)	a							1125										1155
Langley (LNY)	a	1113						1127					1143					1157
Slough (SLO)	3 a	1116						1131					1146					1201
Burnham (BNM)	a	1120						1135					1150					1205
Taplow (TAP)	a	1123											1153					
Maidenhead (MAI)	3 a	1126						1142					1156					1212
Twyford (TWY)	3 a	1133											1203					
Reading (RDG)	7 a	1140											1210					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Clacton-on-Sea
- D From Colchester Town
- E From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	LE A	XR	XR	LE B	XR	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE D	XR	XR	
Shenfield (SNF)	3 d	1041	1046		1048	1051		1056		1103	1105	1108		1111		1118	1119		1126	
Brentwood (BRE)	d	1045			1052			1100		1107				1115		1122			1130	
Harold Wood (HRO)	d	1049			1056			1104		1111				1119		1126			1134	
Gidea Park (GDP)	2 d	1052			1059			1107		1114				1122		1129			1137	
Romford (RMF)	d	1055	1053		1102			1110		1117				1125		1132	1126		1140	
Chadwell Heath (CTH)	d	1058			1105			1113		1120				1128		1135			1143	
Goodmayes (GMY)	d	1100			1107			1115		1122				1130		1137			1145	
Seven Kings (SVK)	d	1102			1109			1117		1124				1132		1139			1147	
Ilford (IFD)	2 d	1106			1113			1121		1128				1136		1143			1151	
Manor Park (MNP)	d	1108			1115			1123		1130				1138		1145			1153	
Forest Gate (FOG)	d	1111			1118			1126		1133				1141		1148			1156	
Maryland (MYL)	d	1113			1120			1128		1135				1143		1150			1158	
Stratford (SRA)	DLR 7 d	1116	1103		1123	1106		1131			1120	1123		1146		1153	1136		1201	
Abbey Wood (ABW)	d			1109				1117		1124				1132		1139			1147	
Woolwich (WWC)	d			1112				1120		1127				1135		1142			1150	
Custom House (CUS)	d			1116				1124		1131				1139		1146			1154	
Canary Wharf (CWX)	DLR d			1120				1128		1135				1143		1150			1158	
Whitechapel (ZLW)	DLR d	1121		1124	1128			1132	1136	1139	1143			1147	1151	1154	1158		1202	1206
London Liverpool Street (LST)	DLR 15 a		1111			1114						1128	1131					1144		
London Liverpool Street EL (LST)	4 a	1124		1127	1131			1135	1139	1142	1146			1150	1154	1157	1201		1205	1209
Farringdon (ZFD)	3 a	1126		1129	1133			1137	1141	1144	1148			1152	1156	1159	1203		1207	1211
Tottenham Court Road (TCR)	a	1129		1132	1136			1140	1144	1147	1151			1155	1159	1202	1206		1210	1214
Bond Street (BDS)	a	1132		1135	1139			1143	1147	1150	1154			1158	1202	1205	1209		1213	1217
London Paddington EL (PAD)	15 a	1135		1138	1144			1146	1152	1153	1159			1201	1205	1208	1214		1216	1222
Acton Main Line (AML)	a			1145						1200							1215			
Ealing Broadway (EAL)	3 a	1143		1148				1155		1203				1210	1213	1218			1225	
West Ealing (WEA)	3 a	1146		1151						1206					1216	1221				
Hanwell (HAN)	a			1153						1208						1223				
Southall (STL)	a			1156				1202		1211				1215		1226			1232	
Hayes & Harlington (HAY)	3 a	1152		1159				1205		1214				1218	1222	1229			1235	
Heathrow Terminals 2 & 3 (HXX)	a ←	1159		1206						1221					1229	1236				
Heathrow Terminal 4 (HAF)	a ←			1212						1227						1242				
Heathrow Terminal 5 (HWV)	a ←	1205													1235					
West Drayton (WDT)	a							1209						1222					1239	
Iver (IVR)	a													1225						
Langley (LNY)	a							1213						1227					1243	
Slough (SLO)	3 a							1216						1231					1246	
Burnham (BNM)	a							1220						1235					1250	
Taplow (TAP)	a							1223											1253	
Maidenhead (MAI)	3 a							1226						1242					1256	
Twyford (TWY)	3 a							1233											1303	
Reading (RDG)	7 a							1240											1310	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- B From Colchester
- C From Clacton-on-Sea
- D From Colchester Town

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE A	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR	XR	LE A	LE C	XR	XR			
Shenfield (SNF)	3 d	1127		1133	1138		1141	1146		1148	1151		1156		1203	1205	1208		1211		
Brentwood (BRE)	d			1137			1145			1152			1200		1207				1215		
Harold Wood (HRO)	d			1141			1149			1156			1204		1211				1219		
Gidea Park (GDP)	2 d			1144			1152			1159			1207		1214				1222		
Romford (RMF)	d			1147			1155	1153		1202			1210		1217				1225		
Chadwell Heath (CTH)	d			1150			1158			1205			1213		1220				1228		
Goodmayes (GMY)	d			1152			1200			1207			1215		1222				1230		
Seven Kings (SVK)	d			1154			1202			1209			1217		1224				1232		
Ilford (IFD)	2 d			1158			1206			1213			1221		1228				1236		
Manor Park (MNP)	d			1200			1208			1215			1223		1230				1238		
Forest Gate (FOG)	d			1203			1211			1218			1226		1233				1241		
Maryland (MYL)	d			1205			1213			1220			1228		1235				1243		
Stratford (SRA)	DLR 7 d	1142		1208	1153		1216	1203		1223	1206		1231		1238	1220	1223		1246		
Abbey Wood (ABW)	d			1154			1202			1209			1217		1224				1232		
Woolwich (WWC)	d			1157			1205			1212			1220		1227				1235		
Custom House (CUS)	d			1201			1209			1216			1224		1231				1239		
Canary Wharf (CWX)	DLR d			1205			1213			1220			1228		1235				1243		
Whitechapel (ZLW)	DLR d			1209	1213		1217	1221		1224	1228		1232	1236	1239	1243			1247	1251	
London Liverpool Street (LST)	15 a	1150			1201			1211			1214					1228	1231				
London Liverpool Street EL (LST)	4 a			1212	1216		1220	1224		1227	1231		1235	1239	1242	1246				1250	1254
Farringdon (ZFD)	3 a			1214	1218		1222	1226		1229	1233		1237	1241	1244	1248				1252	1256
Tottenham Court Road (TCR)	a			1217	1221		1225	1229		1232	1236		1240	1244	1247	1251				1255	1259
Bond Street (BDS)	a			1220	1224		1228	1232		1235	1239		1243	1247	1250	1254				1258	1302
London Paddington EL (PAD)	15 a			1223	1229		1231	1235		1238	1244		1246	1252	1253	1259				1301	1305
Acton Main Line (AML)	a			1230						1245					1300						
Ealing Broadway (EAL)	3 a			1233			1240	1243		1248			1255		1303					1310	1313
West Ealing (WEA)	3 a			1236				1246		1251					1306						1316
Hanwell (HAN)	a			1238						1253					1308						
Southall (STL)	a			1241			1245			1256			1302		1311					1315	
Hayes & Harlington (HAY)	3 a			1244			1248	1252		1259			1305		1314					1318	1322
Heathrow Terminals 2 & 3 (HXX)	a ←			1251				1259		1306					1321						1329
Heathrow Terminal 4 (HAF)	a ←			1257						1312					1327						
Heathrow Terminal 5 (HWV)	a ←						1305														1335
West Drayton (WDT)	a						1252						1309								1322
Iver (IVR)	a						1255														1325
Langley (LNY)	a						1257						1313								1327
Slough (SLO)	3 a						1301						1316								1331
Burnham (BNM)	a						1305						1320								1335
Taplow (TAP)	a												1323								
Maidenhead (MAI)	3 a						1312						1326							1342	
Twyford (TWY)	3 a												1333								
Reading (RDG)	7 a												1340								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

- A From Southend Victoria
- C From Clacton-on-Sea
- E From Braintree
- F From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	XR	LE D	XR	XR	LE A	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR
Shenfield (SNF)	3	d	1218	1219		1226	1227		1233	1238		1241	1246		1248	1251		1256
Brentwood (BRE)		d	1222			1230			1237			1245			1252			1300
Harold Wood (HRO)		d	1226			1234			1241			1249			1256			1304
Gidea Park (GDP)	2	d	1229			1237			1244			1252			1259			1307
Romford (RMF)		d	1232	1226		1240			1247			1255	1253		1302			1310
Chadwell Heath (CTH)		d	1235			1243			1250			1258			1305			1313
Goodmayes (GMY)		d	1237			1245			1252			1300			1307			1315
Seven Kings (SVK)		d	1239			1247			1254			1302			1309			1317
Ilford (IFD)	2	d	1243			1251			1258			1306			1313			1321
Manor Park (MNP)		d	1245			1253			1300			1308			1315			1323
Forest Gate (FOG)		d	1248			1256			1303			1311			1318			1326
Maryland (MYL)		d	1250			1258			1305			1313			1320			1328
Stratford (SRA)	DLR 7	d	1253	1236		1301	1242		1308	1253		1316	1303		1323	1306		1331
Abbey Wood (ABW)		d	1239			1247			1254			1302			1309			1317
Woolwich (WWC)		d	1242			1250			1257			1305			1312			1320
Custom House (CUS)		d	1246			1254			1301			1309			1316			1324
Canary Wharf (CWX)	DLR	d	1250			1258			1305			1313			1320			1328
Whitechapel (ZLW)	DLR	d	1254	1258		1302	1306		1309	1313		1317	1321		1324	1328		1332
London Liverpool Street (LST)	DLR 15	a		1244			1250			1301			1311			1314		1336
London Liverpool Street EL (LST)	4	a	1257	1301		1305	1309		1312	1316		1320	1324		1327	1331		1335
Farringdon (ZFD)	3	a	1259	1303		1307	1311		1314	1318		1322	1326		1329	1333		1337
Tottenham Court Road (TCR)	DLR	a	1302	1306		1310	1314		1317	1321		1325	1329		1332	1336		1340
Bond Street (BDS)	DLR	a	1305	1309		1313	1317		1320	1324		1328	1332		1335	1339		1343
London Paddington EL (PAD)	DLR 15	a	1308	1314		1316	1322		1323	1329		1331	1335		1338	1344		1346
Acton Main Line (AML)		a	1315						1330						1345			1400
Ealing Broadway (EAL)	DLR 3	a	1318			1325			1333			1340	1343		1348			1355
West Ealing (WEA)	DLR 3	a	1321						1336				1346		1351			1406
Hanwell (HAN)		a	1323						1338						1353			1408
Southall (STL)		a	1326			1332			1341			1345			1356			1411
Hayes & Harlington (HAY)	DLR 3	a	1329			1335			1344			1348	1352		1359			1414
Heathrow Terminals 2 & 3 (HXX)	DLR 3	a	1336						1351				1359		1406			1421
Heathrow Terminal 4 (HAF)	DLR 3	a	1342						1357						1412			1427
Heathrow Terminal 5 (HWV)	DLR 3	a											1405					
West Drayton (WDT)		a				1339							1352					1409
Iver (IVR)		a											1355					
Langley (LNY)		a				1343							1357					1413
Slough (SLO)	3	a				1346							1401					1416
Burnham (BNM)		a				1350							1405					1420
Taplow (TAP)		a				1353												1423
Maidenhead (MAI)	3	a				1356						1412						1426
Twyford (TWY)	3	a				1403												1433
Reading (RDG)	7	a				1410												1440

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Colchester Town
- E From Braintree
- F From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	LE A	LE C	XR	XR	XR	XR	LE D	XR	XR	LE A	XR	XR	LE E	XR	XR	LE A	XR
Shenfield (SNF)	3 d	1303	1305	1308		1311		1318	1319		1326	1327		1333	1338		1341	1346
Brentwood (BRE)	d	1307				1315		1322			1330			1337			1345	
Harold Wood (HRO)	d	1311				1319		1326			1334			1341			1349	
Gidea Park (GDP)	2 d	1314				1322		1329			1337			1344			1352	
Romford (RMF)	d	1317				1325		1332	1326		1340			1347			1355	1353
Chadwell Heath (CTH)	d	1320				1328		1335			1343			1350			1358	
Goodmayes (GMY)	d	1322				1330		1337			1345			1352			1400	
Seven Kings (SVK)	d	1324				1332		1339			1347			1354			1402	
Ilford (IFD)	2 d	1328				1336		1343			1351			1358			1406	
Manor Park (MNP)	d	1330				1338		1345			1353			1400			1408	
Forest Gate (FOG)	d	1333				1341		1348			1356			1403			1411	
Maryland (MYL)	d	1335				1343		1350			1358			1405			1413	
Stratford (SRA)	DLR 7 d	1338	1320	1323		1346		1353	1336		1401	1342		1408	1353		1416	1403
Abbey Wood (ABW)	d				1332		1339			1347			1354			1402		1409
Woolwich (WWC)	d				1335		1342			1350			1357			1405		1412
Custom House (CUS)	d				1339		1346			1354			1401			1409		1416
Canary Wharf (CWX)	DLR d				1343		1350			1358			1405			1413		1420
Whitechapel (ZLW)	DLR d	1343			1347	1351	1354	1358		1402	1406		1409	1413		1417	1421	1424
London Liverpool Street (LST)	15 a		1328	1331				1344				1350		1401			1411	
London Liverpool Street EL (LST)	4 a	1346			1350	1354	1357	1401		1405	1409		1412	1416		1420	1424	1427
Farringdon (ZFD)	3 a	1348			1352	1356	1359	1403		1407	1411		1414	1418		1422	1426	1429
Tottenham Court Road (TCR)	a	1351			1355	1359	1402	1406		1410	1414		1417	1421		1425	1429	1432
Bond Street (BDS)	a	1354			1358	1402	1405	1409		1413	1417		1420	1424		1428	1432	1435
London Paddington EL (PAD)	15 a	1359			1401	1405	1408	1414		1416	1422		1423	1429		1431	1435	1438
Acton Main Line (AML)	a						1415						1430					1445
Ealing Broadway (EAL)	3 a				1410	1413	1418			1425			1433			1440	1443	1448
West Ealing (WEA)	3 a					1416	1421						1436			1446		1451
Hanwell (HAN)	a						1423						1438					1453
Southall (STL)	a				1415		1426			1432			1441			1445		1456
Hayes & Harlington (HAY)	3 a				1418	1422	1429			1435			1444			1448	1452	1459
Heathrow Terminals 2 & 3 (HXX)	a ←					1429	1436						1451				1459	1506
Heathrow Terminal 4 (HAF)	a ←						1442						1457					1512
Heathrow Terminal 5 (HWV)	a ←					1435											1505	
West Drayton (WDT)	a				1422					1439						1452		
Iver (IVR)	a				1425											1455		
Langley (LNY)	a				1427					1443						1457		
Slough (SLO)	3 a				1431					1446						1501		
Burnham (BNM)	a				1435					1450						1505		
Taplow (TAP)	a									1453								
Maidenhead (MAI)	3 a				1442					1456						1512		
Twyford (TWY)	3 a									1503								
Reading (RDG)	7 a									1510								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Clacton-on-Sea
- D From Colchester Town
- E From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	LE F	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE D	XR	XR	LE A	XR	XR		
Shenfield (SNF)	3 d	1348	1351		1356		1403	1405	1408		1411		1418	1419		1426	1427		1433	
Brentwood (BRE)	d	1352			1400		1407				1415		1422			1430			1437	
Harold Wood (HRO)	d	1356			1404		1411				1419		1426			1434			1441	
Gidea Park (GDP)	2 d	1359			1407		1414				1422		1429			1437			1444	
Romford (RMF)	d	1402			1410		1417				1425		1432	1426		1440			1447	
Chadwell Heath (CTH)	d	1405			1413		1420				1428		1435			1443			1450	
Goodmayes (GMY)	d	1407			1415		1422				1430		1437			1445			1452	
Seven Kings (SVK)	d	1409			1417		1424				1432		1439			1447			1454	
Ilford (IFD)	2 d	1413			1421		1428				1436		1443			1451			1458	
Manor Park (MNP)	d	1415			1423		1430				1438		1445			1453			1500	
Forest Gate (FOG)	d	1418			1426		1433				1441		1448			1456			1503	
Maryland (MYL)	d	1420			1428		1435				1443		1450			1458			1505	
Stratford (SRA)	DLR 7 d	1423	1406		1431		1438	1420	1423		1446		1453	1436		1501	1442		1508	
Abbey Wood (ABW)	d				1417		1424				1432		1439			1447			1454	
Woolwich (WWC)	d				1420		1427				1435		1442			1450			1457	
Custom House (CUS)	d				1424		1431				1439		1446			1454			1501	
Canary Wharf (CWX)	DLR d				1428		1435				1443		1450			1458			1505	
Whitechapel (ZLW)	DLR d	1428			1432	1436	1439	1443			1447	1451	1454	1458		1502	1506		1509	1513
London Liverpool Street (LST)	15 a		1414					1428	1431					1444		1450				
London Liverpool Street EL (LST)	4 a	1431			1435	1439	1442	1446			1450	1454	1457	1501		1505	1509		1512	1516
Farringdon (ZFD)	3 a	1433			1437	1441	1444	1448			1452	1456	1459	1503		1507	1511		1514	1518
Tottenham Court Road (TCR)	a	1436			1440	1444	1447	1451			1455	1459	1502	1506		1510	1514		1517	1521
Bond Street (BDS)	a	1439			1443	1447	1450	1454			1458	1502	1505	1509		1513	1517		1520	1524
London Paddington EL (PAD)	15 a	1444			1446	1452	1453	1459			1501	1505	1508	1514		1516	1522		1523	1529
Acton Main Line (AML)	a						1500						1515							1530
Ealing Broadway (EAL)	3 a				1455		1503				1510	1513	1518			1525				1533
West Ealing (WEA)	3 a						1506					1516	1521							1536
Hanwell (HAN)	a						1508						1523							1538
Southall (STL)	a				1502		1511				1515		1526			1532				1541
Hayes & Harlington (HAY)	3 a				1505		1514				1518	1522	1529			1535				1544
Heathrow Terminals 2 & 3 (HXX)	a ←						1521					1529	1536							1551
Heathrow Terminal 4 (HAF)	a ←						1527						1542							1557
Heathrow Terminal 5 (HWV)	a ←											1535								
West Drayton (WDT)	a				1509						1522					1539				
Iver (IVR)	a										1525									
Langley (LNY)	a				1513						1527					1543				
Slough (SLO)	3 a				1516						1531					1546				
Burnham (BNM)	a				1520						1535					1550				
Taplow (TAP)	a				1523											1553				
Maidenhead (MAI)	3 a				1526						1542					1556				
Twyford (TWY)	3 a				1533											1603				
Reading (RDG)	7 a				1540											1610				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Clacton-on-Sea
- D From Colchester Town
- F From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE D		
Shenfield (SNF)	3 d	1438		1441	1446		1448	1451		1456		1503	1505	1508			1511		1518	1519
Brentwood (BRE)	d			1445			1452			1500		1507					1515		1522	
Harold Wood (HRO)	d			1449			1456			1504		1511					1519		1526	
Gidea Park (GDP)	2 d			1452			1459			1507		1514					1522		1529	
Romford (RMF)	d			1455	1453		1502			1510		1517					1525		1532	1526
Chadwell Heath (CTH)	d			1458			1505			1513		1520					1528		1535	
Goodmayes (GMY)	d			1500			1507			1515		1522					1530		1537	
Seven Kings (SVK)	d			1502			1509			1517		1524					1532		1539	
Ilford (IFD)	2 d			1506			1513			1521		1528					1536		1543	
Manor Park (MNP)	d			1508			1515			1523		1530					1538		1545	
Forest Gate (FOG)	d			1511			1518			1526		1533					1541		1548	
Maryland (MYL)	d			1513			1520			1528		1535					1543		1550	
Stratford (SRA)	DLR 7 d	1453		1516	1503		1523	1506		1531		1538	1520	1523			1546		1553	1536
Abbey Wood (ABW)	d			1502			1509			1517		1524					1532		1539	
Woolwich (WWC)	d			1505			1512			1520		1527					1535		1542	
Custom House (CUS)	d			1509			1516			1524		1531					1539		1546	
Canary Wharf (CWX)	DLR d			1513			1520			1528		1535					1543		1550	
Whitechapel (ZLW)	DLR d			1517	1521		1524	1528		1532	1536	1539	1543				1547	1551	1554	1558
London Liverpool Street (LST)	DLR 15 a	1501			1511			1514					1528	1531						1544
London Liverpool Street EL (LST)	DLR 4 a			1520	1524		1527	1531		1535	1539	1542	1546				1550	1554	1557	1601
Farringdon (ZFD)	DLR 3 a			1522	1526		1529	1533		1537	1541	1544	1548				1552	1556	1559	1603
Tottenham Court Road (TCR)	DLR a			1525	1529		1532	1536		1540	1544	1547	1551				1555	1559	1602	1606
Bond Street (BDS)	DLR a			1528	1532		1535	1539		1543	1547	1550	1554				1558	1602	1605	1609
London Paddington EL (PAD)	DLR 15 a			1531	1535		1538	1544		1546	1552	1553	1559				1601	1605	1608	1614
Acton Main Line (AML)	a						1545					1600								1615
Ealing Broadway (EAL)	DLR 3 a			1540	1543		1548			1555		1603					1610	1613	1618	
West Ealing (WEA)	DLR 3 a				1546		1551					1606						1616	1621	
Hanwell (HAN)	a						1553					1608							1623	
Southall (STL)	a			1545			1556			1602		1611					1615		1626	
Hayes & Harlington (HAY)	DLR 3 a			1548	1552		1559			1605		1614					1618	1622	1629	
Heathrow Terminals 2 & 3 (HXX)	DLR a				1559		1606					1621						1629	1636	
Heathrow Terminal 4 (HAF)	DLR a						1612					1627							1642	
Heathrow Terminal 5 (HWV)	DLR a				1605													1635		
West Drayton (WDT)	a			1552						1609							1622			
Iver (IVR)	a			1555													1625			
Langley (LNY)	a			1557						1613							1627			
Slough (SLO)	DLR 3 a			1601						1616							1631			
Burnham (BNM)	a			1605						1620							1635			
Taplow (TAP)	a									1623										
Maidenhead (MAI)	DLR 3 a			1612						1626							1642			
Twyford (TWY)	DLR 3 a									1633										
Reading (RDG)	DLR 7 a									1640										

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Clacton-on-Sea
- D From Colchester Town
- E From Braintree
- F From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	XR	LE A	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR	XR	LE A	LE C
Shenfield (SNF)	3 d	1526	1527		1533	1538		1541	1546		1548	1551		1556		1603	1605	1608
Brentwood (BRE)	d	1530			1537			1545			1552			1600		1607		
Harold Wood (HRO)	d	1534			1541			1549			1556			1604		1611		
Gidea Park (GDP)	2 d	1537			1544			1552			1559			1607		1614		
Romford (RMF)	d	1540			1547			1555	1553		1602			1610		1617		
Chadwell Heath (CTH)	d	1543			1550			1558			1605			1613		1620		
Goodmayes (GMY)	d	1545			1552			1600			1607			1615		1622		
Seven Kings (SVK)	d	1547			1554			1602			1609			1617		1624		
Ilford (IFD)	2 d	1551			1558			1606			1613			1621		1628		
Manor Park (MNP)	d	1553			1600			1608			1615			1623		1630		
Forest Gate (FOG)	d	1556			1603			1611			1618			1626		1633		
Maryland (MYL)	d	1558			1605			1613			1620			1628		1635		
Stratford (SRA)	DLR 7 d	1601	1542		1608	1553		1616	1603		1623	1606		1631		1638	1620	1623
Abbey Wood (ABW)	d	1547			1554			1602			1609			1617		1624		
Woolwich (WWC)	d	1550			1557			1605			1612			1620		1627		
Custom House (CUS)	d	1554			1601			1609			1616			1624		1631		
Canary Wharf (CWX)	DLR d	1558			1605			1613			1620			1628		1635		
Whitechapel (ZLW)	DLR d	1602	1606		1609	1613		1617	1621		1624	1628		1632	1636	1639	1643	
London Liverpool Street (LST)	DLR 15 a			1550			1601			1611			1614				1628	1631
London Liverpool Street EL (LST)	4 a	1605	1609		1612	1616		1620	1624		1627	1631		1635	1639	1642	1646	
Farringdon (ZFD)	3 a	1607	1611		1614	1618		1622	1626		1629	1633		1637	1641	1644	1648	
Tottenham Court Road (TCR)	DLR a	1610	1614		1617	1621		1625	1629		1632	1636		1640	1644	1647	1651	
Bond Street (BDS)	DLR a	1613	1617		1620	1624		1628	1632		1635	1639		1643	1647	1650	1654	
London Paddington EL (PAD)	15 a	1616	1622		1623	1629		1631	1635		1638	1644		1646	1652	1653	1659	
Acton Main Line (AML)	a				1630						1645					1700		
Ealing Broadway (EAL)	3 a	1625			1633			1640	1643		1648			1655		1703		
West Ealing (WEA)	3 a				1636				1646		1651					1706		
Hanwell (HAN)	a				1638						1653					1708		
Southall (STL)	a	1632			1641			1645			1656			1702		1711		
Hayes & Harlington (HAY)	3 a	1635			1644			1648	1652		1659			1705		1714		
Heathrow Terminals 2 & 3 (HXX)	DLR a				1651				1659		1706					1721		
Heathrow Terminal 4 (HAF)	DLR a				1657						1712					1727		
Heathrow Terminal 5 (HWV)	DLR a							1705										
West Drayton (WDT)	a	1639						1652						1709				
Iver (IVR)	a							1655										
Langley (LNY)	a	1643						1657						1713				
Slough (SLO)	3 a	1646						1701						1716				
Burnham (BNM)	a	1650						1705						1720				
Taplow (TAP)	a	1653												1723				
Maidenhead (MAI)	3 a	1656						1712						1726				
Twyford (TWY)	3 a	1703												1733				
Reading (RDG)	7 a	1710												1740				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Clacton-on-Sea
- E From Braintree
- F From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	XR	XR	XR	LE D	XR	XR	LE A	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	
Shenfield (SNF)	3	d	1611		1618	1619		1626	1627		1633	1638		1641	1646		1648	1651	
Brentwood (BRE)		d	1615		1622			1630			1637			1645			1652		
Harold Wood (HRO)		d	1619		1626			1634			1641			1649			1656		
Gidea Park (GDP)	2	d	1622		1629			1637			1644			1652			1659		
Romford (RMF)		d	1625		1632	1626		1640			1647			1655	1653		1702		
Chadwell Heath (CTH)		d	1628		1635			1643			1650			1658			1705		
Goodmayes (GMY)		d	1630		1637			1645			1652			1700			1707		
Seven Kings (SVK)		d	1632		1639			1647			1654			1702			1709		
Ilford (IFD)	2	d	1636		1643			1651			1658			1706			1713		
Manor Park (MNP)		d	1638		1645			1653			1700			1708			1715		
Forest Gate (FOG)		d	1641		1648			1656			1703			1711			1718		
Maryland (MYL)		d	1643		1650			1658			1705			1713			1720		
Stratford (SRA)	DLR 7	d	1646		1653	1636		1701	1642		1708	1653		1716	1703		1723	1706	
Abbey Wood (ABW)		d	1632		1639			1647			1654			1702			1709		1717
Woolwich (WWC)		d	1635		1642			1650			1657			1705			1712		1720
Custom House (CUS)		d	1639		1646			1654			1701			1709			1716		1724
Canary Wharf (CWX)	DLR	d	1643		1650			1658			1705			1713			1720		1728
Whitechapel (ZLW)	DLR	d	1647	1651	1654	1658		1702	1706		1709	1713		1717	1721		1724	1728	1732
London Liverpool Street (LST)	DLR 15	a				1644			1650			1701			1711			1714	
London Liverpool Street EL (LST)	DLR 4	a	1650	1654	1657	1701		1705	1709		1712	1716		1720	1724		1727	1731	1735
Farringdon (ZFD)	DLR 3	a	1652	1656	1659	1703		1707	1711		1714	1718		1722	1726		1729	1733	1737
Tottenham Court Road (TCR)	DLR	a	1655	1659	1702	1706		1710	1714		1717	1721		1725	1729		1732	1736	1740
Bond Street (BDS)	DLR	a	1658	1702	1705	1709		1713	1717		1720	1724		1728	1732		1735	1739	1743
London Paddington EL (PAD)	DLR 15	a	1701	1705	1708	1714		1716	1722		1723	1729		1731	1735		1738	1744	1746
Acton Main Line (AML)		a			1715						1730						1745		
Ealing Broadway (EAL)	DLR 3	a	1710	1713	1718			1725			1733			1740	1743		1748		1755
West Ealing (WEA)	DLR 3	a		1716	1721						1736			1746			1751		
Hanwell (HAN)		a			1723						1738						1753		
Southall (STL)		a	1715		1726			1732			1741			1745			1756		1802
Hayes & Harlington (HAY)	DLR 3	a	1718	1722	1729			1735			1744			1748	1752		1759		1805
Heathrow Terminals 2 & 3 (HXX)	DLR	a		1729	1736						1751				1759		1806		
Heathrow Terminal 4 (HAF)	DLR	a			1742						1757						1812		
Heathrow Terminal 5 (HWV)	DLR	a		1735											1805				
West Drayton (WDT)		a	1722					1739						1752					1809
Iver (IVR)		a	1725											1755					
Langley (LNY)		a	1727					1743						1757					1813
Slough (SLO)	DLR 3	a	1731					1746						1801					1816
Burnham (BNM)		a	1735					1750						1805					1820
Taplow (TAP)		a						1753											1823
Maidenhead (MAI)	DLR 3	a	1742					1756						1812					1826
Twyford (TWY)	DLR 3	a						1803											1833
Reading (RDG)	DLR 7	a						1810											1840

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

- A From Southend Victoria
- D From Colchester Town
- E From Braintree
- F From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE D	XR	XR	LE A	XR	XR	LE E	XR	XR	
Shenfield (SNF)	3 d	1656		1703	1705	1708		1711		1718	1719		1726	1727		1733	1738		1741
Brentwood (BRE)	d	1700		1707				1715		1722			1730			1737			1745
Harold Wood (HRO)	d	1704		1711				1719		1726			1734			1741			1749
Gidea Park (GDP)	2 d	1707		1714				1722		1729			1737			1744			1752
Romford (RMF)	d	1710		1717				1725		1732	1726		1740			1747			1755
Chadwell Heath (CTH)	d	1713		1720				1728		1735			1743			1750			1758
Goodmayes (GMY)	d	1715		1722				1730		1737			1745			1752			1800
Seven Kings (SVK)	d	1717		1724				1732		1739			1747			1754			1802
Ilford (IFD)	2 d	1721		1728				1736		1743			1751			1758			1806
Manor Park (MNP)	d	1723		1730				1738		1745			1753			1800			1808
Forest Gate (FOG)	d	1726		1733				1741		1748			1756			1803			1811
Maryland (MYL)	d	1728		1735				1743		1750			1758			1805			1813
Stratford (SRA)	DLR 7 d	1731		1738	1720	1723		1746		1753	1736		1742		1808	1753			1816
Abbey Wood (ABW)	d		1724					1732		1739			1747			1802			
Woolwich (WWC)	d		1727					1735		1742			1750			1805			
Custom House (CUS)	d		1731					1739		1746			1754			1809			
Canary Wharf (CWX)	DLR d		1735					1743		1750			1758			1813			
Whitechapel (ZLW)	DLR d	1736	1739	1743				1747	1751	1754	1758		1802	1806		1809	1813		1817
London Liverpool Street (LST)	DLR 15 a				1728	1731					1744			1750		1801			1821
London Liverpool Street EL (LST)	4 a	1739	1742	1746				1750	1754	1757	1801		1805	1809		1812	1816		1820
Farringdon (ZFD)	3 a	1741	1744	1748				1752	1756	1759	1803		1807	1811		1814	1818		1822
Tottenham Court Road (TCR)	a	1744	1747	1751				1755	1759	1802	1806		1810	1814		1817	1821		1825
Bond Street (BDS)	a	1747	1750	1754				1758	1802	1805	1809		1813	1817		1820	1824		1828
London Paddington EL (PAD)	15 a	1752	1753	1759				1801	1805	1808	1814		1816	1822		1823	1829		1835
Acton Main Line (AML)	a		1800							1815						1830			
Ealing Broadway (EAL)	3 a		1803					1810	1813	1818			1825			1833			1840
West Ealing (WEA)	3 a		1806						1816	1821						1836			1846
Hanwell (HAN)	a		1808							1823						1838			
Southall (STL)	a		1811					1815		1826			1832			1841			1845
Hayes & Harlington (HAY)	3 a		1814					1818	1822	1829			1835			1844			1848
Heathrow Terminals 2 & 3 (HXX)	a ←		1821						1829	1836						1851			1852
Heathrow Terminal 4 (HAF)	a ←		1827							1842						1857			1859
Heathrow Terminal 5 (HWV)	a ←								1835										1905
West Drayton (WDT)	a							1822					1839						1852
Iver (IVR)	a							1825											1855
Langley (LNY)	a							1827					1843						1857
Slough (SLO)	3 a							1831					1846						1901
Burnham (BNM)	a							1835					1850						1905
Taplow (TAP)	a												1853						
Maidenhead (MAI)	3 a							1842					1856						1912
Twyford (TWY)	3 a												1903						
Reading (RDG)	7 a												1910						

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Clacton-on-Sea
- D From Colchester Town
- E From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE A	XR	XR	LE F	XR	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE D	XR	XR	LE A
Shenfield (SNF)	3 d	1746		1748	1751		1756		1803	1805	1808		1811		1818	1819		1826	1827
Brentwood (BRE)	d			1752			1800		1807				1815		1822			1830	
Harold Wood (HRO)	d			1756			1804		1811				1819		1826			1834	
Gidea Park (GDP)	2 d			1759			1807		1814				1822		1829			1837	
Romford (RMF)	d	1753		1802			1810		1817				1825		1832	1826		1840	
Chadwell Heath (CTH)	d			1805			1813		1820				1828		1835			1843	
Goodmayes (GMY)	d			1807			1815		1822				1830		1837			1845	
Seven Kings (SVK)	d			1809			1817		1824				1832		1839			1847	
Ilford (IFD)	2 d			1813			1821		1828				1836		1843			1851	
Manor Park (MNP)	d			1815			1823		1830				1838		1845			1853	
Forest Gate (FOG)	d			1818			1826		1833				1841		1848			1856	
Maryland (MYL)	d			1820			1828		1835				1843		1850			1858	
Stratford (SRA)	DLR 7 d	1803		1823	1806		1831		1838	1820	1823		1846		1853	1836		1901	1842
Abbey Wood (ABW)	d		1809			1817		1824				1832	1839				1847		
Woolwich (WWC)	d		1812			1820		1827				1835	1842				1850		
Custom House (CUS)	d		1816			1824		1831				1839	1846				1854		
Canary Wharf (CWX)	DLR d		1820			1828		1835				1843	1850				1858		
Whitechapel (ZLW)	DLR d		1824	1828		1832	1836	1839	1843			1847	1851	1854	1858		1902	1906	
London Liverpool Street (LST)	DLR 15 a	1811			1814					1828	1831					1844			1850
London Liverpool Street EL (LST)	DLR 4 a		1827	1831		1835	1839	1842	1846			1850	1854	1857	1901		1905	1909	
Farringdon (ZFD)	DLR 3 a		1829	1833		1837	1841	1844	1848			1852	1856	1859	1903		1907	1911	
Tottenham Court Road (TCR)	DLR a		1832	1836		1840	1844	1847	1851			1855	1859	1902	1906		1910	1914	
Bond Street (BDS)	DLR a		1835	1839		1843	1847	1850	1854			1858	1902	1905	1909		1913	1917	
London Paddington EL (PAD)	DLR 15 a		1838	1844		1846	1852	1853	1859			1901	1905	1908	1914		1916	1922	
Acton Main Line (AML)	a		1845					1900							1915				
Ealing Broadway (EAL)	DLR 3 a		1848			1855		1903				1910	1913	1918			1925		
West Ealing (WEA)	DLR 3 a		1851					1906					1916	1921					
Hanwell (HAN)	a		1853					1908						1923					
Southall (STL)	a		1856			1902		1911				1915		1926			1932		
Hayes & Harlington (HAY)	DLR 3 a		1859			1905		1914				1918	1922	1929	1935				
Heathrow Terminals 2 & 3 (HXX)	DLR a		1906					1921					1929	1936					
Heathrow Terminal 4 (HAF)	DLR a		1912					1927						1942					
Heathrow Terminal 5 (HWV)	DLR a												1935						
West Drayton (WDT)	a					1909						1922					1939		
Iver (IVR)	a											1925							
Langley (LNY)	a					1913						1927					1943		
Slough (SLO)	DLR 3 a					1916						1931					1946		
Burnham (BNM)	a					1920						1935					1950		
Taplow (TAP)	a					1923											1953		
Maidenhead (MAI)	DLR 3 a					1926						1942					1956		
Twyford (TWY)	DLR 3 a					1933											2003		
Reading (RDG)	DLR 7 a					1940											2010		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Clacton-on-Sea
- D From Colchester Town
- F From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR	XR	LE A	LE C	XR	XR	XR			
Shenfield (SNF)	3	d	1833	1838			1841	1846		1848	1851		1856			1903		1911			
Brentwood (BRE)		d	1837				1845			1852			1900			1907		1915			
Harold Wood (HRO)		d	1841				1849			1856			1904			1911		1919			
Gidea Park (GDP)	2	d	1844				1852			1859			1907			1914		1922			
Romford (RMF)		d	1847				1855	1853		1902			1910			1917		1925			
Chadwell Heath (CTH)		d	1850				1858			1905			1913			1920		1928			
Goodmayes (GMY)		d	1852				1900			1907			1915			1922		1930			
Seven Kings (SVK)		d	1854				1902			1909			1917			1924		1932			
Ilford (IFD)	2	d	1858				1906			1913			1921			1928		1936			
Manor Park (MNP)		d	1900				1908			1915			1923			1930		1938			
Forest Gate (FOG)		d	1903				1911			1918			1926			1933		1941			
Maryland (MYL)		d	1905				1913			1920			1928			1935		1943			
Stratford (SRA)	DLR 7	d	1908	1853			1916	1903		1923	1906		1931			1938	1920	1923	1946		
Abbey Wood (ABW)		d	1854				1902			1909			1917			1924		1932	1939		
Woolwich (WWC)		d	1857				1905			1912			1920			1927		1935	1942		
Custom House (CUS)		d	1901				1909			1916			1924			1931		1939	1946		
Canary Wharf (CWX)	DLR	d	1905				1913			1920			1928			1935		1943	1950		
Whitechapel (ZLW)	DLR	d	1909	1913			1917	1921		1924	1928		1932	1936	1939	1943		1947	1951	1954	
London Liverpool Street (LST)	DLR 15	a			1901				1911			1914				1928	1931				
London Liverpool Street EL (LST)	4	a	1912	1916			1920	1924		1927	1931		1935	1939	1942	1946			1950	1954	1957
Farringdon (ZFD)	3	a	1914	1918			1922	1926		1929	1933		1937	1941	1944	1948			1952	1956	1959
Tottenham Court Road (TCR)	DLR	a	1917	1921			1925	1929		1932	1936		1940	1944	1947	1951			1955	1959	2002
Bond Street (BDS)	DLR	a	1920	1924			1928	1932		1935	1939		1943	1947	1950	1954			1958	2002	2005
London Paddington EL (PAD)	DLR 15	a	1923	1929			1931	1935		1938	1944		1946	1952	1953	1959			2001	2005	2008
Acton Main Line (AML)		a	1930							1945						2000					2015
Ealing Broadway (EAL)	DLR 3	a	1933				1940	1943		1948			1955			2003			2010	2013	2018
West Ealing (WEA)	DLR 3	a	1936				1946			1951						2006			2016		2021
Hanwell (HAN)		a	1938							1953						2008					2023
Southall (STL)		a	1941				1945			1956			2002			2011			2015		2026
Hayes & Harlington (HAY)	DLR 3	a	1944				1948	1952		1959			2005			2014			2018	2022	2029
Heathrow Terminals 2 & 3 (HXX)	DLR 3	a	1951					1959		2006						2021				2029	2036
Heathrow Terminal 4 (HAF)	DLR 3	a	1957							2012						2027					2042
Heathrow Terminal 5 (HWV)	DLR 3	a					2005													2035	
West Drayton (WDT)		a					1952						2009							2022	
Iver (IVR)		a					1955													2025	
Langley (LNY)		a					1957						2013							2027	
Slough (SLO)	3	a					2001						2016							2031	
Burnham (BNM)		a					2005						2020							2035	
Taplow (TAP)		a											2023								
Maidenhead (MAI)	3	a					2012						2026						2042		
Twyford (TWY)	3	a											2033								
Reading (RDG)	7	a											2040								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Clacton-on-Sea
- E From Braintree
- F From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	LE D	XR	XR	LE A	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR	XR	
Shenfield (SNF)	3 d	1918	1919		1926	1927		1933	1938		1941	1946		1948	1951		1956		2003
Brentwood (BRE)	d	1922			1930			1937			1945			1952			2000		2007
Harold Wood (HRO)	d	1926			1934			1941			1949			1956			2004		2011
Gidea Park (GDP)	2 d	1929			1937			1944			1952			1959			2007		2014
Romford (RMF)	d	1932	1926		1940			1947			1955	1953		2002			2010		2017
Chadwell Heath (CTH)	d	1935			1943			1950			1958			2005			2013		2020
Goodmayes (GMY)	d	1937			1945			1952			2000			2007			2015		2022
Seven Kings (SVK)	d	1939			1947			1954			2002			2009			2017		2024
Ilford (IFD)	2 d	1943			1951			1958			2006			2013			2021		2028
Manor Park (MNP)	d	1945			1953			2000			2008			2015			2023		2030
Forest Gate (FOG)	d	1948			1956			2003			2011			2018			2026		2033
Maryland (MYL)	d	1950			1958			2005			2013			2020			2028		2035
Stratford (SRA)	DLR 7 d	1953	1936		2001	1942		2008	1953		2016	2003		2023	2006		2031		2038
Abbey Wood (ABW)	d			1947			1954			2002			2009			2017		2024	
Woolwich (WWC)	d			1950			1957			2005			2012			2020		2027	
Custom House (CUS)	d			1954			2001			2009			2016			2024		2031	
Canary Wharf (CWX)	DLR d			1958			2005			2013			2020			2028		2035	
Whitechapel (ZLW)	DLR d	1958		2002	2006		2009	2013		2017	2021		2024	2028		2032	2036	2039	2043
London Liverpool Street (LST)	DLR 15 a		1944		1950			2001				2011		2014					
London Liverpool Street EL (LST)	DLR 4 a	2001		2005	2009		2012	2016		2020	2024		2027	2031		2035	2039	2042	2046
Farringdon (ZFD)	DLR 3 a	2003		2007	2011		2014	2018		2022	2026		2029	2033		2037	2041	2044	2048
Tottenham Court Road (TCR)	DLR a	2006		2010	2014		2017	2021		2025	2029		2032	2036		2040	2044	2047	2051
Bond Street (BDS)	DLR a	2009		2013	2017		2020	2024		2028	2032		2035	2039		2043	2047	2050	2054
London Paddington EL (PAD)	DLR 15 a	2014		2016	2022		2023	2029		2031	2035		2038	2044		2046	2052	2053	2059
Acton Main Line (AML)	a						2030						2045						2100
Ealing Broadway (EAL)	DLR 3 a			2025			2033			2040	2043		2048			2055		2103	
West Ealing (WEA)	DLR 3 a						2036				2046		2051					2106	
Hanwell (HAN)	a						2038						2053					2108	
Southall (STL)	a			2032			2041			2045			2056			2102		2111	
Hayes & Harlington (HAY)	DLR 3 a			2035			2044			2048	2052		2059			2105		2114	
Heathrow Terminals 2 & 3 (HXX)	DLR a						2051				2059		2106					2121	
Heathrow Terminal 4 (HAF)	DLR a						2057						2112					2127	
Heathrow Terminal 5 (HWV)	DLR a										2105								
West Drayton (WDT)	a			2039						2052						2109			
Iver (IVR)	a									2055									
Langley (LNY)	a			2043						2057						2113			
Slough (SLO)	DLR 3 a			2046						2101						2116			
Burnham (BNM)	a			2050						2105						2120			
Taplow (TAP)	a			2053												2123			
Maidenhead (MAI)	DLR 3 a			2056						2112						2126			
Twyford (TWY)	DLR 3 a			2103												2133			
Reading (RDG)	DLR 7 a			2110												2140			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Colchester Town
- E From Braintree
- F From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE A	LE C	XR	XR	XR	XR	LE D	XR	XR	LE A	XR	XR	LE E	XR	XR	LE A	XR	XR	
Shenfield (SNF)	3 d	2005	2008		2011		2018	2019		2026	2027		2033	2038		2041	2046		2048
Brentwood (BRE)	d				2015		2022			2030			2037			2045			2052
Harold Wood (HRO)	d				2019		2026			2034			2041			2049			2056
Gidea Park (GDP)	2 d				2022		2029			2037			2044			2052			2059
Romford (RMF)	d				2025		2032	2026		2040			2047			2055	2053		2102
Chadwell Heath (CTH)	d				2028		2035			2043			2050			2058			2105
Goodmayes (GMY)	d				2030		2037			2045			2052			2100			2107
Seven Kings (SVK)	d				2032		2039			2047			2054			2102			2109
Ilford (IFD)	2 d				2036		2043			2051			2058			2106			2113
Manor Park (MNP)	d				2038		2045			2053			2100			2108			2115
Forest Gate (FOG)	d				2041		2048			2056			2103			2111			2118
Maryland (MYL)	d				2043		2050			2058			2105			2113			2120
Stratford (SRA)	DLR 7 d	2020	2023		2046		2053	2036		2101	2042		2108	2053		2116	2103		2123
Abbey Wood (ABW)	d				2032		2039			2047			2054			2102			2109
Woolwich (WWC)	d				2035		2042			2050			2057			2105			2112
Custom House (CUS)	d				2039		2046			2054			2101			2109			2116
Canary Wharf (CWX)	DLR d				2043		2050			2058			2105			2113			2120
Whitechapel (ZLW)	DLR d				2047	2051	2054	2058		2102	2106		2109	2113		2117	2121		2128
London Liverpool Street (LST)	15 a	2028	2031					2044			2050			2101			2111		
London Liverpool Street EL (LST)	4 a				2050	2054	2057	2101		2105	2109		2112	2116		2120	2124		2131
Farringdon (ZFD)	3 a				2052	2056	2059	2103		2107	2111		2114	2118		2122	2126		2133
Tottenham Court Road (TCR)	a				2055	2059	2102	2106		2110	2114		2117	2121		2125	2129		2136
Bond Street (BDS)	a				2058	2102	2105	2109		2113	2117		2120	2124		2128	2132		2139
London Paddington EL (PAD)	15 a				2101	2105	2108	2114		2116	2122		2123	2129		2131	2135		2144
Acton Main Line (AML)	a						2115						2130						2145
Ealing Broadway (EAL)	3 a				2110	2113	2118			2125			2133			2140	2143		2148
West Ealing (WEA)	3 a					2116	2121						2136			2146			2151
Hanwell (HAN)	a						2123						2138						2153
Southall (STL)	a				2115		2126			2132			2141			2145			2156
Hayes & Harlington (HAY)	3 a				2118	2122	2129			2135			2144			2148	2152		2159
Heathrow Terminals 2 & 3 (HXX)	a ←					2129	2136						2151				2159		2206
Heathrow Terminal 4 (HAF)	a ←						2142						2157						2212
Heathrow Terminal 5 (HWV)	a ←					2135											2205		
West Drayton (WDT)	a				2122					2139						2152			
Iver (IVR)	a				2125											2155			
Langley (LNY)	a				2127					2143						2157			
Slough (SLO)	3 a				2131					2146						2201			
Burnham (BNM)	a				2135					2150						2205			
Taplow (TAP)	a									2153									
Maidenhead (MAI)	3 a				2142					2156						2212			
Twyford (TWY)	3 a									2203									
Reading (RDG)	7 a									2210									

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Clacton-on-Sea
- D From Colchester Town
- E From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE F	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE D	XR	XR	LE A	XR	XR	XR	
Shenfield (SNF)	3 d	2051		2056		2103	2105	2108		2111		2118	2119		2126	2135			2136
Brentwood (BRE)	d			2100		2107				2115		2122			2130				2140
Harold Wood (HRO)	d			2104		2111				2119		2126			2134				2144
Gidea Park (GDP)	2 d			2107		2114				2122		2129			2137				2147
Romford (RMF)	d			2110		2117				2125		2132	2126		2140				2150
Chadwell Heath (CTH)	d			2113		2120				2128		2135			2143				2153
Goodmayes (GMY)	d			2115		2122				2130		2137			2145				2155
Seven Kings (SVK)	d			2117		2124				2132		2139			2147				2157
Ilford (IFD)	2 d			2121		2128				2136		2143			2151				2201
Manor Park (MNP)	d			2123		2130				2138		2145			2153				2203
Forest Gate (FOG)	d			2126		2133				2141		2148			2156				2206
Maryland (MYL)	d			2128		2135				2143		2150			2158				2208
Stratford (SRA)	DLR 7 d	2106		2131		2138	2120	2123		2146		2153	2136		2150				2211
Abbey Wood (ABW)	d			2117		2124				2132		2139			2147			2154	2158
Woolwich (WWC)	d			2120		2127				2135		2142			2150			2157	2201
Custom House (CUS)	d			2124		2131				2139		2146			2154			2201	2205
Canary Wharf (CWX)	DLR d			2128		2135				2143		2150			2158			2205	2209
Whitechapel (ZLW)	DLR d			2132	2136	2139	2143			2147	2151	2154	2158		2202	2206		2209	2213
London Liverpool Street (LST)	DLR 15 a	2114					2128	2131					2144		2158				2217
London Liverpool Street EL (LST)	DLR 4 a			2135	2139	2142	2146			2150	2154	2157	2201		2205	2209		2212	2216
Farringdon (ZFD)	DLR 3 a			2137	2141	2144	2148			2152	2156	2159	2203		2207	2211		2214	2218
Tottenham Court Road (TCR)	DLR a			2140	2144	2147	2151			2155	2159	2202	2206		2210	2214		2217	2221
Bond Street (BDS)	DLR a			2143	2147	2150	2154			2158	2202	2205	2209		2213	2217		2220	2224
London Paddington EL (PAD)	DLR 15 a			2146	2152	2153	2159			2201	2205	2208	2214		2216	2220		2223	2227
Acton Main Line (AML)	a					2200						2215							2228
Ealing Broadway (EAL)	DLR 3 a			2155		2203				2210	2213	2218			2225	2233			
West Ealing (WEA)	DLR 3 a					2206					2216	2221				2236			
Hanwell (HAN)	a					2208						2223				2238			
Southall (STL)	a			2202		2211				2215		2226			2232	2241			
Hayes & Harlington (HAY)	DLR 3 a			2205		2214				2218	2222	2229			2235	2244			
Heathrow Terminals 2 & 3 (HXX)	DLR a					2221					2229	2236				2251			
Heathrow Terminal 4 (HAF)	DLR a					2227						2242				2257			
Heathrow Terminal 5 (HWV)	DLR a										2235								
West Drayton (WDT)	a			2209						2222					2239				
Iver (IVR)	a									2225					2241				
Langley (LNY)	a			2213						2227					2244				
Slough (SLO)	DLR 3 a			2216						2231					2247				
Burnham (BNM)	a			2220						2235					2251				
Taplow (TAP)	a			2223											2254				
Maidenhead (MAI)	DLR 3 a			2226						2242					2257				
Twyford (TWY)	DLR 3 a			2233											2304				
Reading (RDG)	DLR 7 a			2240											2311				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Clacton-on-Sea
- D From Colchester Town
- F From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes Catering facilities	LE E	XR	XR	LE G	XR	XR	LE A	XR	XR	LE C	XR	XR	LE D	XR	XR	LE H CP	LE A	XR	
Shenfield (SNF)	3	d	2138		2146	2151		2156	2205		2206	2208		2216	2219		2226	2232	2235
Brentwood (BRE)		d			2150			2200			2210			2220			2230		
Harold Wood (HRO)		d			2154			2204			2214			2224			2234		
Gidea Park (GDP)	2	d			2157			2207			2217			2227			2237		
Romford (RMF)		d			2200			2210			2220			2230	2226		2240		
Chadwell Heath (CTH)		d			2203			2213			2223			2233			2243		
Goodmayes (GMY)		d			2205			2215			2225			2235			2245		
Seven Kings (SVK)		d			2207			2217			2227			2237			2247		
Ilford (IFD)	2	d			2211			2221			2231			2241			2251		
Manor Park (MNP)		d			2213			2223			2233			2243			2253		
Forest Gate (FOG)		d			2216			2226			2237			2246			2256		
Maryland (MYL)		d			2218			2228			2239			2248			2258		
Stratford (SRA)	DLR 7	d	2153		2221	2206		2231	2220		2241	2223		2251	2236		2301	2247s	2250
Abbey Wood (ABW)		d			2206			2216			2226			2236			2246		2256
Woolwich (WWC)		d			2209			2219			2229			2239			2249		2259
Custom House (CUS)		d			2213			2223			2233			2243			2253		2303
Canary Wharf (CWX)	DLR	d			2217			2227			2237			2247			2257		2307
Whitechapel (ZLW)	DLR	d			2221	2226		2231	2236		2241	2246		2251	2256		2301	2306	2311
London Liverpool Street (LST)	DLR 15	a	2201		2214			2228			2231			2244			2255	2258	
London Liverpool Street EL (LST)	DLR 4	a			2224	2229		2234	2239		2244	2249		2254	2259		2304	2309	2314
Farringdon (ZFD)	DLR 8	a			2226	2231		2236	2241		2246	2251		2256	2301		2306	2311	2316
Tottenham Court Road (TCR)	DLR	a			2229	2234		2239	2244		2249	2254		2259	2304		2309	2314	2319
Bond Street (BDS)	DLR	a			2232	2237		2242	2247		2252	2257		2302	2307		2312	2317	2322
London Paddington EL (PAD)	DLR 15	a			2235	2242		2245	2250		2255	2302		2305	2312		2315	2320	2325
Acton Main Line (AML)		a			2245			2300						2315			2330		
Ealing Broadway (EAL)	DLR 8	a			2248			2303						2318			2333		
West Ealing (WEA)	DLR 8	a			2251			2306						2321			2336		
Hanwell (HAN)		a			2253			2308						2323			2338		
Southall (STL)		a			2256			2302	2311					2326			2332	2341	
Hayes & Harlington (HAY)	DLR 8	a			2259			2305	2314					2329			2335	2344	
Heathrow Terminals 2 & 3 (HXX)	DLR 4	a			2306				2321					2336				2351	
Heathrow Terminal 4 (HAF)	DLR 4	a							2327									2357	
Heathrow Terminal 5 (HWV)	DLR 4	a			2312									2342					
West Drayton (WDT)		a						2309									2339		
Iver (IVR)		a						2311									2341		
Langley (LNY)		a						2314									2344		
Slough (SLO)	DLR 3	a						2317									2352		
Burnham (BNM)		a						2321									2356		
Taplow (TAP)		a						2324									2359		
Maidenhead (MAI)	DLR 3	a						2327									0003		
Twyford (TWY)	DLR 3	a						2334											
Reading (RDG)	DLR 7	a						2341											

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only

- A From Southend Victoria
- C From Clacton-on-Sea
- D From Colchester Town
- E From Braintree
- G From Harwich International
- H From Norwich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE F	XR	XR	LE A	LE C	XR	XR	LE F	XR	XR	LE H	LE A	XR	XR	XR	
Shenfield (SNF)	3 d	2236		2246	2251		2256	2305	2308		2311	2319		2326	2332	2335		2341	2356
Brentwood (BRE)	d	2240		2250			2300				2315			2330				2345	2359
Harold Wood (HRO)	d	2244		2254			2304				2319			2334				2349	0004
Gidea Park (GDP)	2 d	2247		2257			2307				2322			2337				2352	0007
Romford (RMF)	d	2250		2300			2310				2325	2326		2340				2355	0010
Chadwell Heath (CTH)	d	2253		2303			2313				2328			2343				2358	0013
Goodmayes (GMY)	d	2255		2305			2315				2330			2345				0001	0015
Seven Kings (SVK)	d	2257		2307			2317				2332			2347				0002	0017
Ilford (IFD)	2 d	2301		2311			2321				2336			2351				0006	0021
Manor Park (MNP)	d	2303		2313			2323				2338			2353				0008	0023
Forest Gate (FOG)	d	2306		2316			2326				2341			2356				0011	0026
Maryland (MYL)	d	2308		2318			2328				2343			2358				0013	0028
Stratford (SRA)	DLR 7 d	2311		2321	2306		2331	2320	2323		2346	2336		0001	2347s	2350		0016	0031
Abbey Wood (ABW)	d		2306			2316				2328				2343				2358	
Woolwich (WWC)	d		2309			2319				2331				2346				0001	
Custom House (CUS)	d		2313			2323				2335				2350				0005	
Canary Wharf (CWX)	DLR d		2317			2327				2339				2354				0009	
Whitechapel (ZLW)	DLR d	2316	2321	2326		2331	2336			2343	2351			2358	0006			0013	0021
London Liverpool Street (LST)	DLR 15 a				2314			2328	2331			2344			2355	2358			0039
London Liverpool Street EL (LST)	DLR 4 a	2319	2324	2329		2334	2339			2346	2354			0001	0009			0016	0024
Farringdon (ZFD)	DLR 3 a	2321	2326	2331		2336	2341			2348	2356			0003	0011			0018	0026
Tottenham Court Road (TCR)	DLR a	2324	2329	2334		2339	2344			2351	2359			0006	0014			0021	0029
Bond Street (BDS)	DLR a	2327	2332	2337		2342	2347			2354	0002			0009	0017			0024	0032
London Paddington EL (PAD)	DLR 15 a	2332	2335	2342		2345	2352			2357	0007			0012	0022			0027	0037
Acton Main Line (AML)	a		2342																
Ealing Broadway (EAL)	DLR 3 a		2345							0007				0027					
West Ealing (WEA)	DLR 3 a		2348																
Hanwell (HAN)	a		2350																
Southall (STL)	a		2353							0012				0032					
Hayes & Harlington (HAY)	DLR 3 a		2356							0015				0035					
Heathrow Terminals 2 & 3 (HXX)	DLR a																		
Heathrow Terminal 4 (HAF)	DLR a																		
Heathrow Terminal 5 (HWV)	DLR a																		
West Drayton (WDT)	a									0019				0039					
Iver (IVR)	a									0022				0042					
Langley (LNY)	a									0024				0044					
Slough (SLO)	DLR 3 a									0028				0048					
Burnham (BNM)	a																		
Taplow (TAP)	a																		
Maidenhead (MAI)	DLR 3 a									0038				0058					
Twyford (TWY)	DLR 3 a																		
Reading (RDG)	DLR 7 a																		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time
s Stops to set down only

A From Southend Victoria
C From Clacton-on-Sea
F From Ipswich
H From Norwich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator	XR	XR	XR	XR	XR	XR	LE A	XR	XR	LE B	XR	XR	LE A	XR	XR	LE C	XR	XR
Days of operation/Notes																		
Shenfield (SNF) 3 d						0641	0652		0656	0708		0711	0722		0726	0737		0741
Brentwood (BRE) d						0645			0700			0715			0730			0745
Harold Wood (HRO) d						0649			0704			0719			0734			0749
Gidea Park (GDP) 2 d	0552	0607	0622	0637		0652			0707			0722			0737			0752
Romford (RMF) d	0555	0610	0625	0640		0655	0704		0710	0720		0725	0734		0740	0749		0755
Chadwell Heath (CTH) d	0558	0613	0628	0643		0658			0713			0728			0743			0758
Goodmayes (GMY) d	0600	0615	0630	0645		0700			0715			0730			0745			0800
Seven Kings (SVK) d	0602	0617	0632	0647		0702			0717			0732			0747			0802
Ilford (IFD) 2 d	0606	0621	0636	0651		0706			0721			0736			0751			0806
Manor Park (MNP) d	0608	0623	0638	0653		0708			0723			0738			0753			0808
Forest Gate (FOG) d	0611	0626	0641	0656		0711			0726			0741			0756			0811
Maryland (MYL) d	0613	0628	0643	0658		0713			0728			0743			0758			0813
Stratford (SRA) DLR 7 d	0616	0631	0646	0701		0716	0719		0731	0734		0746	0749		0801	0804		0816
Abbey Wood (ABW) d					0658			0713			0729			0744			0759	
Woolwich (WWC) d					0701			0716			0732			0747			0802	
Custom House (CUS) d					0705			0720			0736			0751			0806	
Canary Wharf (CWX) DLR d					0709			0724			0740			0755			0810	
Whitechapel (ZLW) DLR d					0713			0728			0744	0751		0759	0806		0814	0821
London Liverpool Street (LST) DLR 15 a	0624	0639	0654	0709		0724	0727		0739	0742			0757			0812		
London Liverpool Street EL (LST) DLR 4 a					0716			0731			0747	0754		0802	0809		0817	0824
Farringdon (ZFD) DLR 3 a					0718			0733			0749	0756		0804	0811		0819	0826
Tottenham Court Road (TCR) DLR a					0721			0736			0752	0759		0807	0814		0822	0829
Bond Street (BDS) DLR a					0724			0739			0755	0802		0810	0817		0825	0832
London Paddington EL (PAD) DLR 15 a					0727			0742			0758	0807		0813	0820		0828	0837
Acton Main Line (AML) a											0809				0829		0839	
Ealing Broadway (EAL) DLR 3 a											0812				0832		0842	
West Ealing (WEA) DLR a											0815				0835		0845	
Hanwell (HAN) a											0817				0837		0847	
Southall (STL) a											0820				0840		0850	
Hayes & Harlington (HAY) DLR a											0823				0843		0853	
Heathrow Terminals 2 & 3 (HXX) DLR a											0831				0850		0901	
Heathrow Terminal 4 (HAF) DLR a															0856			
Heathrow Terminal 5 (HWV) DLR a											0836						0906	
West Drayton (WDT) a																		
Iver (IVR) a																		
Langley (LNY) a																		
Slough (SLO) DLR a																		
Burnham (BNM) a																		
Taplow (TAP) a																		
Maidenhead (MAI) DLR a																		
Twyford (TWY) DLR a																		
Reading (RDG) DLR a																		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- B From Chelmsford
- C From Colchester

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	LE A	XR	XR	LE C	XR	XR	LE A	XR	XR	LE D	XR	XR	XR	XR	LE A	LE E	XR	XR	
Shenfield (SNF)	3 d	0752		0756	0807		0811	0823		0826	0837		0841		0856	0900	0910		0911
Brentwood (BRE)	d			0800			0815			0830			0845		0900				0915
Harold Wood (HRO)	d			0804			0819			0834			0849		0904				0919
Gidea Park (GDP)	2 d			0807			0822			0837			0852		0907				0922
Romford (RMF)	d	0804		0810			0825	0834		0840			0855		0910	0907			0925
Chadwell Heath (CTH)	d			0813			0828			0843			0858		0913				0928
Goodmayes (GMY)	d			0815			0830			0845			0900		0915				0930
Seven Kings (SVK)	d			0817			0832			0847			0902		0917				0932
Ilford (IFD)	2 d			0821			0836			0851			0906		0921				0936
Manor Park (MNP)	d			0823			0838			0853			0908		0923				0938
Forest Gate (FOG)	d			0826			0841			0856			0911		0926				0941
Maryland (MYL)	d			0828			0843			0858			0913		0928				0943
Stratford (SRA)	DLR 7 d	0819		0831	0834		0846	0852		0901	0904		0916		0931	0917	0925		0946
Abbey Wood (ABW)	d		0814			0829			0844			0859		0914				0929	
Woolwich (WWC)	d		0817			0832			0847			0902		0917				0932	
Custom House (CUS)	d		0821			0836			0851			0906		0921				0936	
Canary Wharf (CWX)	DLR d		0825			0840			0855			0910		0925				0940	
Whitechapel (ZLW)	DLR d		0829	0836		0844	0851		0859	0906		0914	0921	0929	0936			0944	0951
London Liverpool Street (LST)	DLR 15 a	0827			0842			0900			0912					0925	0933		
London Liverpool Street EL (LST)	DLR 4 a		0832	0839		0847	0854		0902	0909		0917	0924	0932	0939			0947	0954
Farringdon (ZFD)	DLR 3 a		0834	0841		0849	0856		0904	0911		0919	0926	0934	0941			0949	0956
Tottenham Court Road (TCR)	DLR a		0837	0844		0852	0859		0907	0914		0922	0929	0937	0944			0952	0959
Bond Street (BDS)	DLR a		0840	0847		0855	0902		0910	0917		0925	0932	0940	0947			0955	1002
London Paddington EL (PAD)	DLR 15 a		0843	0850		0858	0907		0913	0920		0928	0937	0943	0950			0958	1007
Acton Main Line (AML)	a			0859		0909				0930					1000				
Ealing Broadway (EAL)	DLR 3 a			0902		0912				0933		0943			1003			1013	
West Ealing (WEA)	DLR 3 a			0905		0915				0936		0946			1006			1016	
Hanwell (HAN)	a			0907		0917				0938					1008				
Southall (STL)	a			0910		0920				0941					1011				
Hayes & Harlington (HAY)	DLR 3 a			0913		0923				0944		0952			1014			1022	
Heathrow Terminals 2 & 3 (HXX)	DLR a			0920		0931				0951		0959			1021			1029	
Heathrow Terminal 4 (HAF)	DLR a			0926						0957					1027				
Heathrow Terminal 5 (HWV)	DLR a					0936						1005						1035	
West Drayton (WDT)	a																		
Iver (IVR)	a																		
Langley (LNY)	a																		
Slough (SLO)	DLR 3 a																		
Burnham (BNM)	a																		
Taplow (TAP)	a																		
Maidenhead (MAI)	DLR 3 a																		
Twyford (TWY)	DLR 3 a																		
Reading (RDG)	DLR 7 a																		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Colchester
- D From Clacton-on-Sea
- E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	XR	XR	XR	XR	XR	XR	XR			
Shenfield (SNF)	3	d	0926	0927	0939		0941					0956	0957	1010			1011			
Brentwood (BRE)		d	0930				0945					1000					1015			
Harold Wood (HRO)		d	0934				0949					1004					1019			
Gidea Park (GDP)	2	d	0937				0952	0959				1007			1014		1022	1029		
Romford (RMF)		d	0940	0934			0955	1002				1010	1004		1017		1025	1032		
Chadwell Heath (CTH)		d	0943				0958	1005				1013			1020		1028	1035		
Goodmayes (GMY)		d	0945				1000	1007				1015			1022		1030	1037		
Seven Kings (SVK)		d	0947				1002	1009				1017			1024		1032	1039		
Ilford (IFD)	2	d	0951				1006	1013				1021			1028		1036	1043		
Manor Park (MNP)		d	0953				1008	1015				1023			1030		1038	1045		
Forest Gate (FOG)		d	0956				1011	1018				1026			1033		1041	1048		
Maryland (MYL)		d	0958				1013	1020				1028			1035		1043	1050		
Stratford (SRA)	DLR 7	d	1001	0944	0955		1016	1023				1031	1014	1025		1038	1046	1053		
Abbey Wood (ABW)		d	0944				0959	1009				1017			1024		1032	1039		
Woolwich (WWC)		d	0947				1002	1012				1020			1027		1035	1042		
Custom House (CUS)		d	0951				1006	1016				1024			1031		1039	1046		
Canary Wharf (CWX)	DLR	d	0955				1010	1020				1028			1035		1043	1050		
Whitechapel (ZLW)		d	0959	1006			1014	1021	1024	1028	1032	1036			1039	1043	1047	1051	1054	1058
London Liverpool Street (LST)		a			0952	1003							1022	1033						
London Liverpool Street EL (LST)	4	a	1002	1009			1017	1024	1027	1031	1035	1039			1042	1046	1050	1054	1057	1101
Farringdon (ZFD)	3	a	1004	1011			1019	1026	1029	1033	1037	1041			1044	1048	1052	1056	1059	1103
Tottenham Court Road (TCR)		a	1007	1014			1022	1029	1032	1036	1040	1044			1047	1051	1055	1059	1102	1106
Bond Street (BDS)		a	1010	1017			1025	1032	1035	1039	1043	1047			1050	1054	1058	1102	1105	1109
London Paddington EL (PAD)	15	a	1013	1020			1028	1035	1038	1044	1046	1052			1053	1059	1101	1105	1108	1114
Acton Main Line (AML)		a		1030											1100					1115
Ealing Broadway (EAL)	3	a		1033			1040	1043	1048			1055			1103		1110	1113	1118	
West Ealing (WEA)	3	a		1036				1046	1051						1106			1116	1121	
Hanwell (HAN)		a		1038					1053						1108				1123	
Southall (STL)		a		1041					1056			1102			1111		1115		1126	
Hayes & Harlington (HAY)	3	a		1044				1048	1052	1059		1105			1114		1118	1122	1129	
Heathrow Terminals 2 & 3 (HXX)		a		1051					1059	1106					1121			1129	1136	
Heathrow Terminal 4 (HAF)		a		1057						1112					1127				1142	
Heathrow Terminal 5 (HWV)		a							1105										1135	
West Drayton (WDT)		a					1052					1109							1122	
Iver (IVR)		a					1055												1125	
Langley (LNY)		a					1057					1113							1127	
Slough (SLO)	3	a					1101					1116							1131	
Burnham (BNM)		a					1105					1120							1135	
Taplow (TAP)		a										1123								
Maidenhead (MAI)	3	a					1112					1126							1142	
Twyford (TWY)	3	a										1133								
Reading (RDG)	7	a										1140								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea
- E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE E	XR	XR	XR	XR		
Shenfield (SNF)	3	d	1026	1027	1039					1041				1056	1057	1110				1111	
Brentwood (BRE)		d	1030							1045				1100						1115	
Harold Wood (HRO)		d	1034							1049				1104						1119	
Gidea Park (GDP)	2	d	1037					1044		1052		1059		1107				1114		1122	
Romford (RMF)		d	1040	1034				1047		1055		1102		1110	1104				1117	1125	
Chadwell Heath (CTH)		d	1043					1050		1058				1113					1120	1128	
Goodmayes (GMY)		d	1045					1052		1100		1107		1115					1122	1130	
Seven Kings (SVK)		d	1047					1054		1102		1109		1117					1124	1132	
Ilford (IFD)	2	d	1051					1058		1106		1113		1121					1128	1136	
Manor Park (MNP)		d	1053					1100		1108		1115		1123					1130	1138	
Forest Gate (FOG)		d	1056					1103		1111		1118		1126					1133	1141	
Maryland (MYL)		d	1058					1105		1113		1120		1128					1135	1143	
Stratford (SRA)	DLR 7	d	1101	1044	1055			1108		1116		1123		1131	1114	1125			1138	1146	
Abbey Wood (ABW)		d	1047					1054		1102		1109		1117				1124		1132	
Woolwich (WWC)		d	1050					1057		1105		1112		1120				1127		1135	
Custom House (CUS)		d	1054					1101		1109		1116		1124				1131		1139	
Canary Wharf (CWX)	DLR	d	1058					1105		1113		1120		1128				1135		1143	
Whitechapel (ZLW)	DLR	d	1102	1106				1109	1113	1117	1121	1124	1128	1132	1136			1139	1143	1147	1151
London Liverpool Street (LST)	DLR 15	a		1052	1103										1122	1133					
London Liverpool Street EL (LST)	DLR 4	a	1105	1109				1112	1116	1120	1124	1127	1131	1135	1139			1142	1146	1150	1154
Farringdon (ZFD)	DLR 3	a	1107	1111				1114	1118	1122	1126	1129	1133	1137	1141			1144	1148	1152	1156
Tottenham Court Road (TCR)	DLR	a	1110	1114				1117	1121	1125	1129	1132	1136	1140	1144			1147	1151	1155	1159
Bond Street (BDS)	DLR	a	1113	1117				1120	1124	1128	1132	1135	1139	1143	1147			1150	1154	1158	1202
London Paddington EL (PAD)	DLR 15	a	1116	1122				1123	1129	1131	1135	1138	1144	1146	1152			1153	1159	1201	1205
Acton Main Line (AML)		a						1130				1145						1200			
Ealing Broadway (EAL)	DLR 3	a	1125					1133		1140	1143	1148		1155				1203		1210	1213
West Ealing (WEA)	DLR 3	a						1136			1146	1151						1206			1216
Hanwell (HAN)		a						1138				1153						1208			
Southall (STL)		a	1132					1141		1145		1156		1202				1211		1215	
Hayes & Harlington (HAY)	DLR 3	a	1135					1144		1148	1152	1159		1205				1214		1218	1222
Heathrow Terminals 2 & 3 (HXX)	DLR	a						1151			1159	1206						1221			1229
Heathrow Terminal 4 (HAF)	DLR	a						1157				1212						1227			
Heathrow Terminal 5 (HWV)	DLR	a									1205										1235
West Drayton (WDT)		a	1139							1152				1209							1222
Iver (IVR)		a								1155											1225
Langley (LNY)		a	1143							1157				1213							1227
Slough (SLO)	DLR 3	a	1146							1201				1216							1231
Burnham (BNM)		a	1150							1205				1220							1235
Taplow (TAP)		a	1153											1223							
Maidenhead (MAI)	DLR 3	a	1156							1212				1226							1242
Twyford (TWY)	DLR 3	a	1203											1233							
Reading (RDG)	DLR 7	a	1210											1240							

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea
- E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE E	XR	XR	
Shenfield (SNF)	3	d			1126	1127	1139							1141					
Brentwood (BRE)		d			1130									1145					
Harold Wood (HRO)		d			1134									1149					
Gidea Park (GDP)	2	d		1129	1137					1144				1152		1159			1214
Romford (RMF)		d		1132	1140	1134				1147				1155		1202		1204	1217
Chadwell Heath (CTH)		d		1135	1143					1150				1158		1205			1220
Goodmayes (GMY)		d		1137	1145					1152				1200		1207			1222
Seven Kings (SVK)		d		1139	1147					1154				1202		1209			1224
Ilford (IFD)	2	d		1143	1151					1158				1206		1213			1228
Manor Park (MNP)		d		1145	1153					1200				1208		1215			1230
Forest Gate (FOG)		d		1148	1156					1203				1211		1218			1233
Maryland (MYL)		d		1150	1158					1205				1213		1220			1235
Stratford (SRA)	DLR 7	d		1153	1201	1144	1155			1208				1216		1223		1231	1238
Abbey Wood (ABW)		d	1139		1147					1154				1202		1209			1224
Woolwich (WWC)		d	1142		1150					1157				1205		1212			1227
Custom House (CUS)		d	1146		1154					1201				1209		1216			1231
Canary Wharf (CWX)	DLR	d	1150		1158					1205				1213		1220			1235
Whitechapel (ZLW)	DLR	d	1154	1158	1202	1206				1209	1213	1217	1221	1224	1228	1232	1236		1239
London Liverpool Street (LST)	DLR 15	a				1152	1203										1222	1233	
London Liverpool Street EL (LST)	DLR 4	a	1157	1201	1205	1209				1212	1216	1220	1224	1227	1231	1235	1239		1242
Farringdon (ZFD)	DLR 3	a	1159	1203	1207	1211				1214	1218	1222	1226	1229	1233	1237	1241		1244
Tottenham Court Road (TCR)	DLR	a	1202	1206	1210	1214				1217	1221	1225	1229	1232	1236	1240	1244		1247
Bond Street (BDS)	DLR	a	1205	1209	1213	1217				1220	1224	1228	1232	1235	1239	1243	1247		1250
London Paddington EL (PAD)	DLR 15	a	1208	1214	1216	1222				1223	1229	1231	1235	1238	1244	1246	1252		1253
Acton Main Line (AML)		a	1215							1230				1245					1300
Ealing Broadway (EAL)	DLR 3	a	1218		1225					1233			1240	1243	1248		1255		1303
West Ealing (WEA)	DLR 3	a	1221							1236			1246	1251					1306
Hanwell (HAN)		a	1223							1238				1253					1308
Southall (STL)		a	1226		1232					1241			1245	1256		1302			1311
Hayes & Harlington (HAY)	DLR 3	a	1229		1235					1244			1248	1252	1259	1305			1314
Heathrow Terminals 2 & 3 (HXX)	DLR	a	1236							1251				1259	1306				1321
Heathrow Terminal 4 (HAF)	DLR	a	1242							1257				1312					1327
Heathrow Terminal 5 (HWV)	DLR	a												1305					
West Drayton (WDT)		a			1239									1252			1309		
Iver (IVR)		a												1255					
Langley (LNY)		a			1243									1257			1313		
Slough (SLO)	DLR 3	a			1246									1301			1316		
Burnham (BNM)		a			1250									1305			1320		
Taplow (TAP)		a			1253												1323		
Maidenhead (MAI)	DLR 3	a			1256								1312				1326		
Twyford (TWY)	DLR 3	a			1303												1333		
Reading (RDG)	DLR 7	a			1310												1340		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

- A From Southend Victoria
- D From Clacton-on-Sea
- E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE E	
Shenfield (SNF)	3 d	1211					1226	1227	1239					1241			1256	1257	1310
Brentwood (BRE)	d	1215					1230							1245			1300		
Harold Wood (HRO)	d	1219					1234							1249			1304		
Gidea Park (GDP)	2 d	1222			1229		1237				1244			1252		1259	1307		
Romford (RMF)	d	1225			1232		1240	1234			1247			1255		1302	1310	1304	
Chadwell Heath (CTH)	d	1228			1235		1243				1250			1258		1305	1313		
Goodmayes (GMY)	d	1230			1237		1245				1252			1300		1307	1315		
Seven Kings (SVK)	d	1232			1239		1247				1254			1302		1309	1317		
Ilford (IFD)	2 d	1236			1243		1251				1258			1306		1313	1321		
Manor Park (MNP)	d	1238			1245		1253				1300			1308		1315	1323		
Forest Gate (FOG)	d	1241			1248		1256				1303			1311		1318	1326		
Maryland (MYL)	d	1243			1250		1258				1305			1313		1320	1328		
Stratford (SRA)	DLR 7 d	1246			1253		1301	1244	1255		1308			1316		1323	1331	1314	1325
Abbey Wood (ABW)	d	1232			1239		1247				1254			1302		1309	1317		
Woolwich (WWC)	d	1235			1242		1250				1257			1305		1312	1320		
Custom House (CUS)	d	1239			1246		1254				1301			1309		1316	1324		
Canary Wharf (CWX)	DLR d	1243			1250		1258				1305			1313		1320	1328		
Whitechapel (ZLW)	d	1247	1251	1254	1258	1302	1306				1309	1313	1317	1321	1324	1328	1332	1336	
London Liverpool Street (LST)	15 a							1252	1303									1322	1333
London Liverpool Street EL (LST)	4 a	1250	1254	1257	1301	1305	1309				1312	1316	1320	1324	1327	1331	1335	1339	
Farringdon (ZFD)	3 a	1252	1256	1259	1303	1307	1311				1314	1318	1322	1326	1329	1333	1337	1341	
Tottenham Court Road (TCR)	a	1255	1259	1302	1306	1310	1314				1317	1321	1325	1329	1332	1336	1340	1344	
Bond Street (BDS)	a	1258	1302	1305	1309	1313	1317				1320	1324	1328	1332	1335	1339	1343	1347	
London Paddington EL (PAD)	15 a	1301	1305	1308	1314	1316	1322				1323	1329	1331	1335	1338	1344	1346	1352	
Acton Main Line (AML)	a				1315						1330					1345			
Ealing Broadway (EAL)	3 a	1310	1313	1318			1325				1333			1340	1343	1348		1355	
West Ealing (WEA)	3 a		1316	1321							1336			1346	1351				
Hanwell (HAN)	a				1323						1338				1353				
Southall (STL)	a	1315			1326		1332				1341			1345		1356		1402	
Hayes & Harlington (HAY)	3 a	1318	1322	1329			1335				1344			1348	1352	1359		1405	
Heathrow Terminals 2 & 3 (HXX)	a ←		1329	1336							1351				1359	1406			
Heathrow Terminal 4 (HAF)	a ←			1342							1357					1412			
Heathrow Terminal 5 (HWV)	a ←		1335												1405				
West Drayton (WDT)	a	1322					1339							1352				1409	
Iver (IVR)	a	1325												1355					
Langley (LNY)	a	1327					1343							1357				1413	
Slough (SLO)	3 a	1331					1346							1401				1416	
Burnham (BNM)	a	1335					1350							1405				1420	
Taplow (TAP)	a						1353											1423	
Maidenhead (MAI)	3 a	1342					1356							1412				1426	
Twyford (TWY)	3 a						1403											1433	
Reading (RDG)	7 a						1410											1440	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea
- E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	XR		
Shenfield (SNF)	3	d			1311					1326	1327	1339				1341			1356	
Brentwood (BRE)		d			1315					1330						1345			1400	
Harold Wood (HRO)		d			1319					1334						1349			1404	
Gidea Park (GDP)	2	d		1314	1322		1329			1337			1344		1352		1359		1407	
Romford (RMF)		d		1317	1325		1332			1340	1334		1347		1355		1402		1410	
Chadwell Heath (CTH)		d		1320	1328		1335			1343			1350		1358		1405		1413	
Goodmayes (GMY)		d		1322	1330		1337			1345			1352		1400		1407		1415	
Seven Kings (SVK)		d		1324	1332		1339			1347			1354		1402		1409		1417	
Ilford (IFD)	2	d		1328	1336		1343			1351			1358		1406		1413		1421	
Manor Park (MNP)		d		1330	1338		1345			1353			1400		1408		1415		1423	
Forest Gate (FOG)		d		1333	1341		1348			1356			1403		1411		1418		1426	
Maryland (MYL)		d		1335	1343		1350			1358			1405		1413		1420		1428	
Stratford (SRA)	DLR 7	d		1338	1346		1353			1401	1344	1355	1408		1416		1423		1431	
Abbey Wood (ABW)		d	1324		1332		1339		1347				1354		1402		1409		1417	
Woolwich (WWC)		d	1327		1335		1342		1350				1357		1405		1412		1420	
Custom House (CUS)		d	1331		1339		1346		1354				1401		1409		1416		1424	
Canary Wharf (CWX)	DLR	d	1335		1343		1350		1358				1405		1413		1420		1428	
Whitechapel (ZLW)	DLR	d	1339	1343	1347	1351	1354	1358	1402	1406			1409	1413	1417	1421	1424	1428	1432	1436
London Liverpool Street (LST)	DLR 15	a									1352	1403								
London Liverpool Street EL (LST)	DLR 4	a	1342	1346	1350	1354	1357	1401	1405	1409			1412	1416	1420	1424	1427	1431	1435	1439
Farringdon (ZFD)	DLR 3	a	1344	1348	1352	1356	1359	1403	1407	1411			1414	1418	1422	1426	1429	1433	1437	1441
Tottenham Court Road (TCR)	DLR	a	1347	1351	1355	1359	1402	1406	1410	1414			1417	1421	1425	1429	1432	1436	1440	1444
Bond Street (BDS)	DLR	a	1350	1354	1358	1402	1405	1409	1413	1417			1420	1424	1428	1432	1435	1439	1443	1447
London Paddington EL (PAD)	DLR 15	a	1353	1359	1401	1405	1408	1414	1416	1422			1423	1429	1431	1435	1438	1444	1446	1452
Acton Main Line (AML)		a	1400			1415							1430				1445			
Ealing Broadway (EAL)	DLR 3	a	1403		1410	1413	1418		1425				1433		1440	1443	1448		1455	
West Ealing (WEA)	DLR 3	a	1406			1416	1421						1436			1446	1451			
Hanwell (HAN)		a	1408				1423						1438				1453			
Southall (STL)		a	1411		1415		1426		1432				1441		1445		1456		1502	
Hayes & Harlington (HAY)	DLR 3	a	1414		1418	1422	1429		1435				1444		1448	1452	1459		1505	
Heathrow Terminals 2 & 3 (HXX)	DLR	a	1421			1429	1436						1451			1459	1506			
Heathrow Terminal 4 (HAF)	DLR	a	1427				1442						1457				1512			
Heathrow Terminal 5 (HWV)	DLR	a				1435										1505				
West Drayton (WDT)		a			1422				1439						1452				1509	
Iver (IVR)		a			1425										1455					
Langley (LNY)		a			1427				1443						1457				1513	
Slough (SLO)	DLR 3	a			1431				1446						1501				1516	
Burnham (BNM)		a			1435				1450						1505				1520	
Taplow (TAP)		a							1453										1523	
Maidenhead (MAI)	DLR 3	a			1442				1456						1512				1526	
Twyford (TWY)	DLR 3	a							1503										1533	
Reading (RDG)	DLR 7	a							1510										1540	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	LE A	LE E	XR	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	
Shenfield (SNF)	3	d	1357	1410								1411								
Brentwood (BRE)		d										1415								
Harold Wood (HRO)		d										1419								
Gidea Park (GDP)	2	d				1414						1422								
Romford (RMF)		d	1404			1417						1425								
Chadwell Heath (CTH)		d				1420						1428								
Goodmayes (GMY)		d				1422						1430								
Seven Kings (SVK)		d				1424						1432								
Ilford (IFD)	2	d				1428						1436								
Manor Park (MNP)		d				1430						1438								
Forest Gate (FOG)		d				1433						1441								
Maryland (MYL)		d				1435						1443								
Stratford (SRA)	DLR 7	d	1414	1425		1438						1450								
Abbey Wood (ABW)		d				1424						1432								
Woolwich (WWC)		d				1427						1435								
Custom House (CUS)		d				1431						1439								
Canary Wharf (CWX)	DLR	d				1435						1443								
Whitechapel (ZLW)		d				1439	1443	1447	1451	1454	1458	1502	1506							
London Liverpool Street (LST)	15	a	1422	1433								1452	1503							
London Liverpool Street EL (LST)	4	a				1442	1446	1450	1454	1457	1501	1505	1509							
Farringdon (ZFD)	3	a				1444	1448	1452	1456	1459	1503	1507	1511							
Tottenham Court Road (TCR)		a				1447	1451	1455	1459	1502	1506	1510	1514							
Bond Street (BDS)		a				1450	1454	1458	1502	1505	1509	1513	1517							
London Paddington EL (PAD)	15	a				1453	1459	1501	1505	1508	1514	1516	1522							
Acton Main Line (AML)		a				1500						1515								
Ealing Broadway (EAL)	3	a				1503						1518								
West Ealing (WEA)	3	a				1506						1516								
Hanwell (HAN)		a				1508						1523								
Southall (STL)		a				1511						1526								
Hayes & Harlington (HAY)	3	a				1514						1532								
Heathrow Terminals 2 & 3 (HXX)		a				1521						1529								
Heathrow Terminal 4 (HAF)		a				1527						1536								
Heathrow Terminal 5 (HWV)		a										1542								
West Drayton (WDT)		a										1535								
Iver (IVR)		a										1522								
Langley (LNY)		a										1525								
Slough (SLO)	3	a										1539								
Burnham (BNM)		a										1543								
Taplow (TAP)		a										1546								
Maidenhead (MAI)	3	a										1550								
Twyford (TWY)	3	a										1553								
Reading (RDG)	7	a										1556								
												1603								
												1610								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea
- E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	LE A	LE E	XR	XR	XR	XR	XR	XR	XR	XR	XR	XR	XR	XR	XR	XR	
Shenfield (SNF)	3	d	1456	1457	1510							1511				1526	1527	1539	1541
Brentwood (BRE)		d	1500									1515				1530			1545
Harold Wood (HRO)		d	1504									1519				1534			1549
Gidea Park (GDP)	2	d	1507				1514					1522	1529			1537		1544	1552
Romford (RMF)		d	1510	1504			1517					1525	1532			1540	1534		1547
Chadwell Heath (CTH)		d	1513				1520					1528	1535			1543			1550
Goodmayes (GMY)		d	1515				1522					1530	1537			1545			1552
Seven Kings (SVK)		d	1517				1524					1532	1539			1547			1554
Ilford (IFD)	2	d	1521				1528					1536	1543			1551			1558
Manor Park (MNP)		d	1523				1530					1538	1545			1553			1600
Forest Gate (FOG)		d	1526				1533					1541	1548			1556			1603
Maryland (MYL)		d	1528				1535					1543	1550			1558			1605
Stratford (SRA)	DLR 7	d	1531	1514	1525		1538					1546	1553			1601	1544	1555	1608
Abbey Wood (ABW)		d	1517				1524					1532	1539			1547			1554
Woolwich (WWC)		d	1520				1527					1535	1542			1550			1557
Custom House (CUS)		d	1524				1531					1539	1546			1554			1601
Canary Wharf (CWX)	DLR	d	1528				1535					1543	1550			1558			1605
Whitechapel (ZLW)		d	1532	1536			1539	1543	1547	1551	1554	1558	1602	1606				1609	1613
London Liverpool Street (LST)		a		1522	1533											1552	1603		
London Liverpool Street EL (LST)	4	a	1535	1539			1542	1546	1550	1554	1557	1601	1605	1609				1612	1616
Farringdon (ZFD)	3	a	1537	1541			1544	1548	1552	1556	1559	1603	1607	1611				1614	1618
Tottenham Court Road (TCR)		a	1540	1544			1547	1551	1555	1559	1602	1606	1610	1614				1617	1621
Bond Street (BDS)		a	1543	1547			1550	1554	1558	1602	1605	1609	1613	1617				1620	1624
London Paddington EL (PAD)	15	a	1546	1552			1553	1559	1601	1605	1608	1614	1616	1622				1623	1629
Acton Main Line (AML)		a					1600					1615						1630	
Ealing Broadway (EAL)	3	a	1555				1603		1610	1613	1618		1625					1633	1640
West Ealing (WEA)	3	a					1606			1616	1621							1636	1646
Hanwell (HAN)		a					1608				1623							1638	
Southall (STL)		a	1602				1611		1615		1626		1632					1641	1645
Hayes & Harlington (HAY)	3	a	1605				1614		1618	1622	1629	1635						1644	1648
Heathrow Terminals 2 & 3 (HXX)		a					1621			1629	1636							1651	1659
Heathrow Terminal 4 (HAF)		a					1627				1642							1657	
Heathrow Terminal 5 (HWV)		a								1635									1705
West Drayton (WDT)		a	1609						1622				1639						1652
Iver (IVR)		a							1625										1655
Langley (LNY)		a	1613						1627				1643						1657
Slough (SLO)	3	a	1616						1631				1646						1701
Burnham (BNM)		a	1620						1635				1650						1705
Taplow (TAP)		a	1623										1653						
Maidenhead (MAI)	3	a	1626						1642				1656						1712
Twyford (TWY)	3	a	1633										1703						
Reading (RDG)	7	a	1640										1710						

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea
- E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	LE A	LE E	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE D	XR	XR	
Shenfield (SNF) 3 d				1556	1557	1610							1611						
Brentwood (BRE) d				1600									1615						
Harold Wood (HRO) d				1604									1619						
Gidea Park (GDP) 2 d		1559		1607				1614					1622		1629				1644
Romford (RMF) d		1602		1610	1604			1617					1625		1632		1634		1647
Chadwell Heath (CTH) d		1605		1613				1620					1628		1635				1650
Goodmayes (GMY) d		1607		1615				1622					1630		1637				1652
Seven Kings (SVK) d		1609		1617				1624					1632		1639				1654
Ilford (IFD) 2 d		1613		1621				1628					1636		1643				1658
Manor Park (MNP) d		1615		1623				1630					1638		1645				1700
Forest Gate (FOG) d		1618		1626				1633					1641		1648				1703
Maryland (MYL) d		1620		1628				1635					1643		1650				1705
Stratford (SRA) 7 d		1623		1631	1614	1625		1638					1646		1653		1644	1655	1708
Abbey Wood (ABW) d	1609		1617				1624		1632			1639		1647					1654
Woolwich (WWC) d	1612		1620				1627		1635			1642		1650					1657
Custom House (CUS) d	1616		1624				1631		1639			1646		1654					1701
Canary Wharf (CWX) DLR d	1620		1628				1635		1643			1650		1658					1705
Whitechapel (ZLW) 7 d	1624	1628	1632	1636			1639	1643	1647	1651	1654	1658	1702	1706					1709
London Liverpool Street (LST) 15 a					1622	1633										1652	1703		1713
London Liverpool Street EL (LST) 4 a	1627	1631	1635	1639			1642	1646	1650	1654	1657	1701	1705	1709					1712
Farringdon (ZFD) 3 a	1629	1633	1637	1641			1644	1648	1652	1656	1659	1703	1707	1711					1714
Tottenham Court Road (TCR) 3 a	1632	1636	1640	1644			1647	1651	1655	1659	1702	1706	1710	1714					1717
Bond Street (BDS) 3 a	1635	1639	1643	1647			1650	1654	1658	1702	1705	1709	1713	1717					1720
London Paddington EL (PAD) 15 a	1638	1644	1646	1652			1653	1659	1701	1705	1708	1714	1716	1722					1723
Acton Main Line (AML) a	1645						1700						1715						1730
Ealing Broadway (EAL) 3 a	1648		1655				1703		1710	1713	1718		1725						1733
West Ealing (WEA) 3 a	1651						1706			1716	1721								1736
Hanwell (HAN) a	1653						1708				1723								1738
Southall (STL) a	1656		1702				1711		1715		1726		1732						1741
Hayes & Harlington (HAY) 3 a	1659		1705				1714		1718	1722	1729		1735						1744
Heathrow Terminals 2 & 3 (HXX) 3 a	1706						1721			1729	1736								1751
Heathrow Terminal 4 (HAF) 3 a	1712						1727				1742								1757
Heathrow Terminal 5 (HWV) 3 a										1735									
West Drayton (WDT) a			1709							1722			1739						
Iver (IVR) a										1725									
Langley (LNY) a			1713							1727			1743						
Slough (SLO) 3 a			1716							1731			1746						
Burnham (BNM) a			1720							1735			1750						
Taplow (TAP) a			1723										1753						
Maidenhead (MAI) 3 a			1726						1742				1756						
Twyford (TWY) 3 a			1733										1803						
Reading (RDG) 7 a			1740										1810						

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea
- E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	XR	XR	LE A	LE E	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE D	
Shenfield (SNF) 3 d		1641					1656	1657	1710					1711			1726	1727	1739
Brentwood (BRE) d		1645					1700							1715			1730		
Harold Wood (HRO) d		1649					1704							1719			1734		
Gidea Park (GDP) 2 d		1652		1659			1707					1714		1722		1729	1737		
Romford (RMF) d		1655		1702			1710	1704				1717		1725		1732	1740	1734	
Chadwell Heath (CTH) d		1658		1705			1713					1720		1728		1735	1743		
Goodmayes (GMY) d		1700		1707			1715					1722		1730		1737	1745		
Seven Kings (SVK) d		1702		1709			1717					1724		1732		1739	1747		
Ilford (IFD) 2 d		1706		1713			1721					1728		1736		1743	1751		
Manor Park (MNP) d		1708		1715			1723					1730		1738		1745	1753		
Forest Gate (FOG) d		1711		1718			1726					1733		1741		1748	1756		
Maryland (MYL) d		1713		1720			1728					1735		1743		1750	1758		
Stratford (SRA) DLR 7 d		1716		1723			1731	1714	1725			1738		1746		1753	1801	1744	1755
Abbey Wood (ABW) d	1702		1709		1717					1724		1732		1739		1747			
Woolwich (WWC) d	1705		1712		1720					1727		1735		1742		1750			
Custom House (CUS) d	1709		1716		1724					1731		1739		1746		1754			
Canary Wharf (CWX) DLR d	1713		1720		1728					1735		1743		1750		1758			
Whitechapel (ZLW) DLR d	1717	1721	1724	1728	1732	1736				1739	1743	1747	1751	1754	1758	1802	1806		
London Liverpool Street (LST) DLR 15 a							1722	1733										1752	1803
London Liverpool Street EL (LST) DLR 4 a	1720	1724	1727	1731	1735	1739				1742	1746	1750	1754	1757	1801	1805	1809		
Farringdon (ZFD) DLR 3 a	1722	1726	1729	1733	1737	1741				1744	1748	1752	1756	1759	1803	1807	1811		
Tottenham Court Road (TCR) DLR a	1725	1729	1732	1736	1740	1744				1747	1751	1755	1759	1802	1806	1810	1814		
Bond Street (BDS) DLR a	1728	1732	1735	1739	1743	1747				1750	1754	1758	1802	1805	1809	1813	1817		
London Paddington EL (PAD) DLR 15 a	1731	1735	1738	1744	1746	1752				1753	1759	1801	1805	1808	1814	1816	1822		
Acton Main Line (AML) a			1745							1800				1815					
Ealing Broadway (EAL) DLR 3 a	1740	1743	1748		1755					1803		1810	1813	1818		1825			
West Ealing (WEA) DLR 3 a		1746	1751							1806		1816	1821						
Hanwell (HAN) a			1753							1808		1818	1823						
Southall (STL) a	1745		1756		1802					1811		1815	1826		1832				
Hayes & Harlington (HAY) DLR 3 a	1748	1752	1759		1805					1814	1818	1822	1829		1835				
Heathrow Terminals 2 & 3 (HXX) DLR a		1759	1806							1821		1829	1836						
Heathrow Terminal 4 (HAF) DLR a			1812							1827			1842						
Heathrow Terminal 5 (HWV) DLR a		1805											1835						
West Drayton (WDT) a	1752				1809							1822				1839			
Iver (IVR) a	1755											1825							
Langley (LNY) a	1757				1813							1827				1843			
Slough (SLO) DLR 3 a	1801				1816							1831				1846			
Burnham (BNM) a	1805				1820							1835				1850			
Taplow (TAP) a					1823											1853			
Maidenhead (MAI) DLR 3 a	1812				1826							1842				1856			
Twyford (TWY) DLR 3 a					1833											1903			
Reading (RDG) DLR 7 a					1840											1910			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea
- E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE E	XR	XR	XR	XR	XR	XR	XR		
Shenfield (SNF)	3	d			1741					1756	1757	1810					1811			1826
Brentwood (BRE)		d			1745					1800							1815			1830
Harold Wood (HRO)		d			1749					1804							1819			1834
Gidea Park (GDP)	2	d		1744	1752		1759			1807			1814			1822		1829		1837
Romford (RMF)		d		1747	1755		1802			1810	1804		1817			1825		1832		1840
Chadwell Heath (CTH)		d		1750	1758		1805			1813			1820			1828		1835		1843
Goodmayes (GMY)		d		1752	1800		1807			1815			1822			1830		1837		1845
Seven Kings (SVK)		d		1754	1802		1809			1817			1824			1832		1839		1847
Ilford (IFD)	2	d		1758	1806		1813			1821			1828			1836		1843		1851
Manor Park (MNP)		d		1800	1808		1815			1823			1830			1838		1845		1853
Forest Gate (FOG)		d		1803	1811		1818			1826			1833			1841		1848		1856
Maryland (MYL)		d		1805	1813		1820			1828			1835			1843		1850		1858
Stratford (SRA)	DLR 7	d		1808	1816		1823			1831	1814	1825			1838		1846		1853	1901
Abbey Wood (ABW)		d	1754		1802		1809		1817				1824		1832		1839		1847	
Woolwich (WWC)		d	1757		1805		1812		1820				1827		1835		1842		1850	
Custom House (CUS)		d	1801		1809		1816		1824				1831		1839		1846		1854	
Canary Wharf (CWX)	DLR	d	1805		1813		1820		1828				1835		1843		1850		1858	
Whitechapel (ZLW)	DLR	d	1809	1813	1817	1821	1824	1828	1832	1836			1839	1843	1847	1851	1854	1858	1902	1906
London Liverpool Street (LST)	DLR 15	a									1822	1833								
London Liverpool Street EL (LST)	DLR 4	a	1812	1816	1820	1824	1827	1831	1835	1839			1842	1846	1850	1854	1857	1901	1905	1909
Farringdon (ZFD)	DLR 3	a	1814	1818	1822	1826	1829	1833	1837	1841			1844	1848	1852	1856	1859	1903	1907	1911
Tottenham Court Road (TCR)	DLR	a	1817	1821	1825	1829	1832	1836	1840	1844			1847	1851	1855	1859	1902	1906	1910	1914
Bond Street (BDS)	DLR	a	1820	1824	1828	1832	1835	1839	1843	1847			1850	1854	1858	1902	1905	1909	1913	1917
London Paddington EL (PAD)	DLR 15	a	1823	1829	1831	1835	1838	1844	1846	1852			1853	1859	1901	1905	1908	1914	1916	1922
Acton Main Line (AML)		a	1830			1845							1900				1915			
Ealing Broadway (EAL)	DLR 3	a	1833		1840	1843	1848		1855				1903		1910	1913	1918		1925	
West Ealing (WEA)	DLR 3	a	1836			1846	1851						1906			1916	1921			
Hanwell (HAN)		a	1838				1853						1908				1923			
Southall (STL)		a	1841		1845		1856		1902				1911		1915		1926		1932	
Hayes & Harlington (HAY)	DLR 3	a	1844		1848	1852	1859		1905				1914		1918	1922	1929		1935	
Heathrow Terminals 2 & 3 (HXX)	DLR	a	1851			1859	1906						1921			1929	1936			
Heathrow Terminal 4 (HAF)	DLR	a	1857				1912						1927				1942			
Heathrow Terminal 5 (HWV)	DLR	a				1905										1935				
West Drayton (WDT)		a			1852				1909						1922				1939	
Iver (IVR)		a			1855										1925					
Langley (LNY)		a			1857				1913						1927				1943	
Slough (SLO)	DLR 3	a			1901				1916						1931				1946	
Burnham (BNM)		a			1905				1920						1935				1950	
Taplow (TAP)		a							1923										1953	
Maidenhead (MAI)	DLR 3	a			1912				1926						1942				1956	
Twyford (TWY)	DLR 3	a							1933										2003	
Reading (RDG)	DLR 7	a							1940										2010	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	LE A	LE D	XR	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE E	XR	XR	XR	XR	XR	XR	
Shenfield (SNF)	3 d	1827	1839				1841					1856	1857	1910				1911		
Brentwood (BRE)	d						1845					1900						1915		
Harold Wood (HRO)	d						1849					1904						1919		
Gidea Park (GDP)	2 d				1844		1852		1859			1907				1914		1922		1929
Romford (RMF)	d	1834			1847		1855		1902			1910	1904			1917		1925		1932
Chadwell Heath (CTH)	d				1850		1858		1905			1913				1920		1928		1935
Goodmayes (GMY)	d				1852		1900		1907			1915				1922		1930		1937
Seven Kings (SVK)	d				1854		1902		1909			1917				1924		1932		1939
Ilford (IFD)	2 d				1858		1906		1913			1921				1928		1936		1943
Manor Park (MNP)	d				1900		1908		1915			1923				1930		1938		1945
Forest Gate (FOG)	d				1903		1911		1918			1926				1933		1941		1948
Maryland (MYL)	d				1905		1913		1920			1928				1935		1943		1950
Stratford (SRA)	DLR 7 d	1844	1855		1908		1916		1923			1931	1914	1925		1938		1946		1953
Abbey Wood (ABW)	d			1854		1902		1909		1917					1924		1932		1939	
Woolwich (WWC)	d			1857		1905		1912		1920					1927		1935		1942	
Custom House (CUS)	d			1901		1909		1916		1924					1931		1939		1946	
Canary Wharf (CWX)	DLR d			1905		1913		1920		1928					1935		1943		1950	
Whitechapel (ZLW)	DLR d			1909	1913	1917	1921	1924	1928	1932	1936				1939	1943	1947	1951	1954	1958
London Liverpool Street (LST)	DLR 15 a	1852	1903									1922	1933							
London Liverpool Street EL (LST)	DLR 4 a			1912	1916	1920	1924	1927	1931	1935	1939				1942	1946	1950	1954	1957	2001
Farringdon (ZFD)	DLR 3 a			1914	1918	1922	1926	1929	1933	1937	1941				1944	1948	1952	1956	1959	2003
Tottenham Court Road (TCR)	DLR a			1917	1921	1925	1929	1932	1936	1940	1944				1947	1951	1955	1959	2002	2006
Bond Street (BDS)	DLR a			1920	1924	1928	1932	1935	1939	1943	1947				1950	1954	1958	2002	2005	2009
London Paddington EL (PAD)	DLR 15 a			1923	1929	1931	1935	1938	1944	1946	1952				1953	1959	2001	2005	2008	2014
Acton Main Line (AML)	a			1930				1945							2000					2015
Ealing Broadway (EAL)	DLR 3 a			1933		1940	1943	1948		1955					2003		2010	2013	2018	
West Ealing (WEA)	DLR 3 a			1936			1946	1951							2006			2016	2021	
Hanwell (HAN)	a			1938				1953							2008				2023	
Southall (STL)	a			1941		1945		1956		2002					2011		2015		2026	
Hayes & Harlington (HAY)	DLR 3 a			1944		1948	1952	1959		2005					2014		2018	2022	2029	
Heathrow Terminals 2 & 3 (HXX)	DLR a			1951			1959	2006							2021			2029	2036	
Heathrow Terminal 4 (HAF)	DLR a			1957				2012							2027				2042	
Heathrow Terminal 5 (HWV)	DLR a						2005											2035		
West Drayton (WDT)	a					1952				2009								2022		
Iver (IVR)	a					1955												2025		
Langley (LNY)	a					1957				2013								2027		
Slough (SLO)	DLR 3 a					2001				2016								2031		
Burnham (BNM)	a					2005				2020								2035		
Taplow (TAP)	a									2023										
Maidenhead (MAI)	DLR 3 a					2012				2026								2042		
Twyford (TWY)	DLR 3 a									2033										
Reading (RDG)	DLR 7 a									2040										

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea
- E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE E	XR	XR	XR	XR	
Shenfield (SNF)	3	d	1926	1927	1939					1941				1956	1957	2010				2011
Brentwood (BRE)		d	1930							1945				2000						2015
Harold Wood (HRO)		d	1934							1949				2004						2019
Gidea Park (GDP)	2	d	1937				1944			1952		1959		2007				2014		2022
Romford (RMF)		d	1940	1934			1947			1955		2002		2010	2004			2017		2025
Chadwell Heath (CTH)		d	1943				1950			1958		2005		2013				2020		2028
Goodmayes (GMY)		d	1945				1952			2000		2007		2015				2022		2030
Seven Kings (SVK)		d	1947				1954			2002		2009		2017				2024		2032
Ilford (IFD)	2	d	1951				1958			2006		2013		2021				2028		2036
Manor Park (MNP)		d	1953				2000			2008		2015		2023				2030		2038
Forest Gate (FOG)		d	1956				2003			2011		2018		2026				2033		2041
Maryland (MYL)		d	1958				2005			2013		2020		2028				2035		2043
Stratford (SRA)	DLR 7	d	2001	1944	1955		2008			2016		2023		2031	2014	2025		2038		2046
Abbey Wood (ABW)		d	1947				1954		2002		2009		2017				2024		2032	
Woolwich (WWC)		d	1950				1957		2005		2012		2020				2027		2035	
Custom House (CUS)		d	1954				2001		2009		2016		2024				2031		2039	
Canary Wharf (CWX)	DLR	d	1958				2005		2013		2020		2028				2035		2043	
Whitechapel (ZLW)	DLR	d	2002	2006			2009	2013	2017	2021	2024	2028	2032	2036			2039	2043	2047	2051
London Liverpool Street (LST)	DLR 15	a		1952	2003										2022	2033				
London Liverpool Street EL (LST)	DLR 4	a	2005	2009			2012	2016	2020	2024	2027	2031	2035	2039			2042	2046	2050	2054
Farringdon (ZFD)	DLR 3	a	2007	2011			2014	2018	2022	2026	2029	2033	2037	2041			2044	2048	2052	2056
Tottenham Court Road (TCR)	DLR	a	2010	2014			2017	2021	2025	2029	2032	2036	2040	2044			2047	2051	2055	2059
Bond Street (BDS)	DLR	a	2013	2017			2020	2024	2028	2032	2035	2039	2043	2047			2050	2054	2058	2102
London Paddington EL (PAD)	DLR 15	a	2016	2022			2023	2029	2031	2035	2038	2044	2046	2052			2053	2059	2101	2105
Acton Main Line (AML)		a					2030				2045						2100			
Ealing Broadway (EAL)	DLR 3	a	2025				2033		2040	2043	2048		2055				2103		2110	2113
West Ealing (WEA)	DLR 3	a					2036			2046	2051						2106			2116
Hanwell (HAN)		a					2038				2053						2108			
Southall (STL)		a	2032				2041		2045		2056		2102				2111		2115	
Hayes & Harlington (HAY)	DLR 3	a	2035				2044		2048	2052	2059		2105				2114		2118	2122
Heathrow Terminals 2 & 3 (HXX)	DLR	a					2051			2059	2106						2121			2129
Heathrow Terminal 4 (HAF)	DLR	a					2057				2112						2127			
Heathrow Terminal 5 (HWV)	DLR	a								2105										2135
West Drayton (WDT)		a	2039						2052				2109							2122
Iver (IVR)		a							2055											2125
Langley (LNY)		a	2043						2057				2113							2127
Slough (SLO)	DLR 3	a	2046						2101				2116							2131
Burnham (BNM)		a	2050						2105				2120							2135
Taplow (TAP)		a	2053										2123							
Maidenhead (MAI)	DLR 3	a	2056						2112				2126						2142	
Twyford (TWY)	DLR 3	a	2103										2133							
Reading (RDG)	DLR 7	a	2110										2140							

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea
- E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE E	XR	XR	
Shenfield (SNF) 3 d				2026	2027	2039							2041						
Brentwood (BRE) d				2030									2045						
Harold Wood (HRO) d				2034									2049						
Gidea Park (GDP) 2 d		2029		2037				2044					2052		2059				2114
Romford (RMF) d		2032		2040	2034			2047					2055		2102		2104		2117
Chadwell Heath (CTH) d		2035		2043				2050					2058		2105				2120
Goodmayes (GMY) d		2037		2045				2052					2100		2107				2122
Seven Kings (SVK) d		2039		2047				2054					2102		2109				2124
Ilford (IFD) 2 d		2043		2051				2058					2106		2113				2128
Manor Park (MNP) d		2045		2053				2100					2108		2115				2130
Forest Gate (FOG) d		2048		2056				2103					2111		2118				2133
Maryland (MYL) d		2050		2058				2105					2113		2120				2135
Stratford (SRA) DLR 7 d		2053		2101	2044	2055		2108					2116		2123		2114	2125	2138
Abbey Wood (ABW) d	2039		2047				2054		2102				2109		2117				2124
Woolwich (WWC) d	2042		2050				2057		2105				2112		2120				2127
Custom House (CUS) d	2046		2054				2101		2109				2116		2124				2131
Canary Wharf (CWX) DLR d	2050		2058				2105		2113				2120		2128				2135
Whitechapel (ZLW) DLR d	2054	2058	2102	2106			2109	2113	2117	2121	2124	2128	2132	2136					2139
London Liverpool Street (LST) DLR 15 a					2052	2103										2122	2133		
London Liverpool Street EL (LST) DLR 4 a	2057	2101	2105	2109			2112	2116	2120	2124	2127	2131	2135	2139					2142
Farringdon (ZFD) DLR 3 a	2059	2103	2107	2111			2114	2118	2122	2126	2129	2133	2137	2141					2144
Tottenham Court Road (TCR) DLR a	2102	2106	2110	2114			2117	2121	2125	2129	2132	2136	2140	2144					2147
Bond Street (BDS) DLR a	2105	2109	2113	2117			2120	2124	2128	2132	2135	2139	2143	2147					2150
London Paddington EL (PAD) DLR 15 a	2108	2114	2116	2122			2123	2129	2131	2135	2138	2144	2146	2152					2153
Acton Main Line (AML) a	2115						2130						2142		2155				
Ealing Broadway (EAL) DLR 3 a	2118		2125				2133		2140				2145	2150					2158
West Ealing (WEA) DLR 3 a	2121						2136						2148		2201				
Hanwell (HAN) a	2123						2138						2150		2203				
Southall (STL) a	2126		2132				2141		2145				2153	2155	2206				
Hayes & Harlington (HAY) DLR 3 a	2129		2135				2144		2148				2156	2159	2209				
Heathrow Terminals 2 & 3 (HXX) DLR a	2136						2151						2203		2216				
Heathrow Terminal 4 (HAF) DLR a	2142						2157						2212						
Heathrow Terminal 5 (HWV) DLR a															2224				
West Drayton (WDT) a			2139										2152		2203				
Iver (IVR) a													2155						
Langley (LNY) a			2143										2157		2207				
Slough (SLO) DLR 3 a			2146										2201		2210				
Burnham (BNM) a			2150										2205		2214				
Taplow (TAP) a			2153												2217				
Maidenhead (MAI) DLR 3 a			2156										2212		2220				
Twyford (TWY) DLR 3 a			2203												2227				
Reading (RDG) DLR 7 a			2210												2234				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea
- E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	LE F	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	LE A	LE E	XR	XR	XR		
Shenfield (SNF)	3	d	2111	2119			2126	2127	2139			2141		2156	2157	2210		2211	2226	
Brentwood (BRE)		d	2115				2130					2145		2200				2215	2230	
Harold Wood (HRO)		d	2119				2134					2149		2204				2219	2234	
Gidea Park (GDP)	2	d	2122				2137					2152		2207				2222	2237	
Romford (RMF)		d	2125				2140	2134				2155		2210	2204			2225	2240	
Chadwell Heath (CTH)		d	2128				2143					2158		2213				2228	2243	
Goodmayes (GMY)		d	2130				2145					2200		2215				2230	2245	
Seven Kings (SVK)		d	2132				2147					2202		2217				2232	2247	
Ilford (IFD)	2	d	2136				2151					2206		2221				2236	2251	
Manor Park (MNP)		d	2138				2153					2208		2223				2238	2253	
Forest Gate (FOG)		d	2141				2156					2211		2226				2241	2256	
Maryland (MYL)		d	2143				2158					2213		2228				2243	2258	
Stratford (SRA)	DLR 7	d	2146	2134s			2201	2144	2155			2216		2231	2214	2225		2246	2301	
Abbey Wood (ABW)		d	2132			2139	2146				2154	2201		2213				2228		
Woolwich (WWC)		d	2135			2142	2149				2157	2204		2216				2231		
Custom House (CUS)		d	2139			2146	2153				2201	2208		2220				2235		
Canary Wharf (CWX)	DLR	d	2143			2152	2157				2207	2212		2224				2239		
Whitechapel (ZLW)	DLR	d	2147	2151		2156	2201	2206			2211	2216	2221	2228	2236			2243		
London Liverpool Street (LST)	DLR 15	a			2143				2152	2203						2222	2233		2254	2309
London Liverpool Street EL (LST)	DLR 4	a	2150	2154		2159	2204	2209			2214	2219	2224	2231	2239			2246		
Farringdon (ZFD)	DLR 3	a	2152	2156		2201	2206	2211			2216	2221	2226	2233	2241			2248		
Tottenham Court Road (TCR)	DLR	a	2155	2159		2204	2209	2214			2219	2224	2229	2236	2244			2251		
Bond Street (BDS)	DLR	a	2158	2202		2207	2212	2217			2222	2227	2232	2239	2247			2254		
London Paddington EL (PAD)	DLR 15	a	2201	2207		2210	2215	2222			2225	2230	2237	2242	2252			2257		
Acton Main Line (AML)		a	2210				2225					2240								
Ealing Broadway (EAL)	DLR 3	a	2213			2220	2228					2243		2255				2310		
West Ealing (WEA)	DLR 3	a	2216				2231					2246								
Hanwell (HAN)		a	2218				2233					2248								
Southall (STL)		a	2221			2225	2236					2251		2300				2315		
Hayes & Harlington (HAY)	DLR 3	a	2224			2228	2239					2254		2303				2319		
Heathrow Terminals 2 & 3 (HXX)	DLR	a	2231				2246					2301		2310				2326		
Heathrow Terminal 4 (HAF)	DLR	a	2237									2307						2332		
Heathrow Terminal 5 (HWV)	DLR	a				2252								2316						
West Drayton (WDT)		a				2232														
Iver (IVR)		a				2235														
Langley (LNY)		a				2237														
Slough (SLO)	DLR 3	a				2241														
Burnham (BNM)		a				2245														
Taplow (TAP)		a				2247														
Maidenhead (MAI)	DLR 3	a				2250														
Twyford (TWY)	DLR 3	a				2257														
Reading (RDG)	DLR 7	a				2305														

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only

- A From Southend Victoria
- D From Clacton-on-Sea
- E From Ipswich
- F From Harwich International

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	LE	LE	XR	XR	LE	LE	XR	XR	LE	LE	XR	XR	
	A	D			A	E			G	A			
Shenfield (SNF)	3 d	2227	2239	2241	2256	2257	2310	2311	2326	2334	2336	2341	2356
Brentwood (BRE)	d			2245	2300			2315	2330			2345	2359
Harold Wood (HRO)	d			2249	2304			2319	2334			2349	0004
Gidea Park (GDP)	2 d			2252	2307			2322	2337			2352	0007
Romford (RMF)	d	2234		2255	2310	2304		2325	2340		2344	2355	0010
Chadwell Heath (CTH)	d			2258	2313			2328	2343			2358	0013
Goodmayes (GMY)	d			2300	2315			2330	2345			0001	0015
Seven Kings (SVK)	d			2302	2317			2332	2347			0002	0017
Ilford (IFD)	2 d			2306	2321			2336	2351			0006	0021
Manor Park (MNP)	d			2308	2323			2338	2353			0008	0023
Forest Gate (FOG)	d			2311	2326			2341	2356			0011	0026
Maryland (MYL)	d			2313	2328			2343	2358			0013	0028
Stratford (SRA)	7 d	2244	2255	2316	2331	2314	2326	2346	0001	2349s	2354	0016	0031
Abbey Wood (ABW)	d												
Woolwich (WWC)	d												
Custom House (CUS)	d												
Canary Wharf (CWX)	DLR d												
Whitechapel (ZLW)	DLR d												
London Liverpool Street (LST)	15 a	2252	2303	2324	2339	2322	2334	2354	0009	2359	0003	0024	0039
London Liverpool Street EL (LST)	4 a												
Farringdon (ZFD)	3 a												
Tottenham Court Road (TCR)	DLR a												
Bond Street (BDS)	DLR a												
London Paddington EL (PAD)	15 a												
Acton Main Line (AML)	a												
Ealing Broadway (EAL)	3 a												
West Ealing (WEA)	3 a												
Hanwell (HAN)	a												
Southall (STL)	a												
Hayes & Harlington (HAY)	3 a												
Heathrow Terminals 2 & 3 (HXX)	DLR a												
Heathrow Terminal 4 (HAF)	DLR a												
Heathrow Terminal 5 (HWV)	DLR a												
West Drayton (WDT)	a												
Iver (IVR)	a												
Langley (LNY)	a												
Slough (SLO)	3 a												
Burnham (BNM)	a												
Taplow (TAP)	a												
Maidenhead (MAI)	3 a												
Twyford (TWY)	3 a												
Reading (RDG)	7 a												

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time
s Stops to set down only

A From Southend Victoria
D From Clacton-on-Sea
E From Ipswich
G From Norwich