

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d		0500		0507	0522	0530	0540		0558	0604	0608	0616	0626	0633	0637		0642	0648
Limehouse (LHS) DLR d		0504		0511	0526	0534	0544		0602	0608	0613	0621	0630	0638	0641			0652
West Ham (WEH) DLR d		0509		0516	0531	0539	0549		0608	0613	0618	0626	0635	0644	0647		0652	0658
London Liverpool Street (LST) 15 d																		
Stratford (SRA) DLR 7 d																		
Barking (BKG) 5 d	0452	0514	0519	0522	0537	0544	0554	0559	0614	0618	0624	0633	0641	0650	0653	←	0657	0703
Upminster (UPM) 5 d	0500	0522		0530		0553	0602			0626	0632		0649	0702e		0702e	0706	0712
Ockendon (OCK) d	0506			0535			0608				0640			→		0710		
Chafford Hundred Lakeside (CFH) d	0509			0539			0611				0643					0714		
Dagenham Dock (DDK) d			0523		0544			0603	0619			0638			0657			
Rainham (RNM) d			0527		0548			0607	0623			0642			0701			
Purfleet (PFL) d			0532		0553			0612	0628			0647			0706			
Grays (GRY) a	0514		0538	0543	0559		0615	0619	0634		0647	0654			0712	0721		
Grays (GRY) d	0514			0543			0616				0648				0714			
Tilbury Town (TIL) 3 d	0517			0546			0619				0651				0717			
East Tilbury (ETL) d	0523			0552			0625				0657				0723			
Stanford-le-Hope (SFO) d	0527			0556			0628				0700				0727			
West Horndon (WHR) d		0527				0558				0631		0654					0711	
Laindon (LAI) d		0532				0603				0636		0659					0716	0720
Basildon (BSO) d		0535				0606				0639		0702						0724
Pitsea (PSE) d	0535	0539		0604		0610	0638			0643	0708a	0706		0738a			0720	0727
Benfleet (BEF) d	0539	0542		0608		0613	0642			0646		0710					0724	0731
Leigh-on-Sea (LES) d	0543	0547		0613		0618	0646			0651		0714					0729	0736
Chalkwell (CHW) d	0546	0549		0615		0620	0649			0653		0717					0731	0739
Westcliff (WCF) d	0548	0551		0617		0622	0651			0655		0719					0733	0741
Southend Central (SOC) a	0551	0554		0620		0625	0654			0658		0721					0736	0743
Southend Central (SOC) d		0555				0625				0658		0722					0736	0744
Southend East (SOE) d		0557				0627				0700		0724					0738	0746
Thorpe Bay (TPB) d		0559				0629				0703		0726					0741	0748
Shoeburyness (SRY) a		0603				0633				0708		0730					0745	0752

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d	0656	0659	0702	0707	0712	0717	0720	0726	0729	0732	0735	0737	0740	0750	0753	0756	0759	0802
Limehouse (LHS) DLR d			0706	0712		0721	0725	0730	0733	0736	0739	0742	0744	0754	0757		0803	0806
West Ham (WEH) DLR d		0708	0711	0717		0727	0730	0735	0738	0741	0744	0747	0750	0759	0802	0805	0809	0811
London Liverpool Street (LST) 15 d																		
Stratford (SRA) DLR 7 d																		
Barking (BKG) 5 d	0709	0714	0718	0723	0727	0733	0736	0740	0743	0747	0749	0753		0804	0807	0811	0814	0818
Upminster (UPM) 5 d		0724		0733		0744					0757		0802	0812		0819	0822	
Ockendon (OCK) d				0740									0810					
Chafford Hundred Lakeside (CFH) d				0744									0813					
Dagenham Dock (DDK) d			0722			0737				0752								0822
Rainham (RNM) d			0726			0741				0756								0826
Purfleet (PFL) d			0731			0746				0801								0832
Grays (GRY) a			0738	0748		0753				0806		0810	0819					0838
Grays (GRY) d				0748						0807			0819					
Tilbury Town (TIL) 3 d				0751						0810			0822					
East Tilbury (ETL) d				0757						0816			0828					
Stanford-le-Hope (SFO) d				0801						0819			0831					
West Horndon (WHR) d		0729									0802							0827
Laindon (LAI) d	0724a	0735				0752	0755a	0800		0807			0820	0824a	0828		0832	
Basildon (BSO) d		0739			0745	0756		0803		0810			0823				0835	
Pitsea (PSE) d		0744		0809a		0759		0806	0827a	0814		0839a				0833	0839	
Benfleet (BEF) d		0747				0803		0810		0817			0830			0836	0842	
Leigh-on-Sea (LES) d		0752			0755a	0807		0814		0822			0835			0841	0847	
Chalkwell (CHW) d		0755				0810		0817		0824			0837			0844	0849	
Westcliff (WCF) d		0757				0812		0819		0826			0839			0846	0851	
Southend Central (SOC) a		0800				0814		0821		0829			0842			0848	0854	
Southend Central (SOC) d		0800				0815		0822		0829						0849	0854	
Southend East (SOE) d		0802				0817		0824		0831						0851	0856	
Thorpe Bay (TPB) d		0805				0819		0826		0834						0854	0859	
Shoeburyness (SRY) a		0809				0823		0830		0839						0858	0903	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- e Arrives 4 minutes earlier

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d	0805	0811	0814	0820	0826	0832	0835	0847	0850	0900		0908	0919		0922	0936	0941	0949
Limehouse (LHS) DLR d	0809		0824		0836	0840	0851	0854	0904			0913	0923		0927	0940	0945	0953
West Ham (WEH) DLR d	0814	0819	0824	0830	0835	0841	0845	0856	0859	0909		0918	0928		0932	0945	0950	0958
London Liverpool Street (LST) 15 d																		
Stratford (SRA) DLR 7 d																		
Barking (BKG) d	0820	0825	0829	0836	0841	0848	0852	0901	0908c	0914		0924	0933		0938	0950	0955	1003
Upminster (UPM) d	0828	0834	0838	0844	0849		0902	0909		0922		0932	0941			0958	1003	1011
Ockendon (OCK) d		0840					0910					0939					1009	
Chafford Hundred Lakeside (CFH) d		0844					0914					0943					1013	
Dagenham Dock (DDK) d						0852			0912							0942		
Rainham (RNM) d						0856			0916							0946		
Purfleet (PFL) d						0902			0922							0951		
Grays (GRY) a		0848				0908	0918		0928			0947			0958		1017	
Grays (GRY) d		0848					0918					0947					1017	
Tilbury Town (TIL) 8 d		0851					0921					0921	0950		0950		1020	
East Tilbury (ETL) d		0857										0927			0956			
Stanford-le-Hope (SFO) d		0900										0931			1000			
West Horndon (WHR) d				0849	0855			0914		0927							1003	
Laindon (LAI) d	0836		0846	0853	0900			0919		0932			0949				1008	1019
Basildon (BSO) d	0839		0850	0857				0922		0935			0953				1011	1023
Pitsea (PSE) d	0843	0908a		0900	0907			0926		0939	0943c			1008			1015	
Benfleet (BEF) d	0846		0856	0904	0911			0929		0942	0947		0958	1012			1018	1028
Leigh-on-Sea (LES) d	0851		0901	0908	0916			0934		0947	0951		1003	1017			1023	1033
Chalkwell (CHW) d	0853		0903	0911	0919			0936		0949	0954		1005	1019			1025	1035
Westcliff (WCF) d	0855		0905	0913	0921			0938		0951	0956		1007	1021			1027	1037
Southend Central (SOC) a	0858		0908	0915	0923			0941		0954	0959		1010	1024			1030	1040
Southend Central (SOC) d			0908	0916	0924			0941		0954			1010	1024			1030	1040
Southend East (SOE) d			0910	0918	0926			0943		0956			1012	1026			1032	1042
Thorpe Bay (TPB) d			0913	0920	0928			0946		0959			1015	1029			1035	1045
Shoeburyness (SRY) a			0917	0924	0934			0950		1003			1019	1033			1039	1049

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d		0953	1004	1011	1019		1024	1034	1041	1049		1053	1104	1112	1119		1124	1134
Limehouse (LHS) DLR d		0957	1008	1015	1023		1028	1038	1045	1053		1057	1108	1116	1123		1128	1138
West Ham (WEH) DLR d		1002	1013	1020	1028		1033	1043	1050	1058		1102	1113	1121	1128		1133	1143
London Liverpool Street (LST) 15 d																		
Stratford (SRA) DLR 7 d																		
Barking (BKG) d		1009	1018	1025	1033		1039	1048	1055	1103		1108	1118	1126	1133		1139	1148
Upminster (UPM) d			1026	1033	1041			1056	1103	1111			1126	1134	1141			1156
Ockendon (OCK) d				1039					1109					1140				
Chafford Hundred Lakeside (CFH) d				1043					1113					1144				
Dagenham Dock (DDK) d		1013					1044					1112					1143	
Rainham (RNM) d		1017					1047					1116					1147	
Purfleet (PFL) d		1022					1052					1121					1152	
Grays (GRY) a		1028		1047			1059		1117			1127		1148			1158	
Grays (GRY) d				1047					1117					1148				
Tilbury Town (TIL) 8 d	1020			1050		1050			1120		1120			1151		1151		
East Tilbury (ETL) d	1026					1056					1126					1157		
Stanford-le-Hope (SFO) d	1030					1100					1130					1201		
West Horndon (WHR) d			1031					1101					1131					1201
Laindon (LAI) d			1036		1049			1106		1119			1136		1149			1206
Basildon (BSO) d			1039		1053			1109		1123			1139		1153			1209
Pitsea (PSE) d	1038		1043			1108		1113			1138		1143			1209		1213
Benfleet (BEF) d	1042		1046		1058	1112		1116		1128	1142		1146		1158	1213		1216
Leigh-on-Sea (LES) d	1046		1051		1103	1117		1121		1133	1146		1151		1203	1217		1221
Chalkwell (CHW) d	1049		1053		1105	1119		1123		1135	1149		1153		1205	1220		1223
Westcliff (WCF) d	1051		1055		1107	1121		1125		1137	1151		1155		1207	1222		1225
Southend Central (SOC) a	1054		1058		1110	1124		1128		1140	1154		1158		1210	1225		1228
Southend Central (SOC) d			1058		1110	1124		1128		1140			1158		1210			1228
Southend East (SOE) d			1100		1112	1126		1130		1142			1200		1212			1230
Thorpe Bay (TPB) d			1103		1115	1129		1133		1145			1203		1215			1233
Shoeburyness (SRY) a			1107		1119	1133		1138		1149			1207		1219			1237

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
c Arrives 3 minutes earlier

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST)	7	1139	1149		1153	1204	1211	1219		1223	1234	1241	1249		1253	1304	1311	1319
Limehouse (LHS)	d	1143	1153		1157	1208	1215	1223		1227	1238	1245	1253		1257	1308	1315	1323
West Ham (WEH)	d	1148	1158		1202	1213	1220	1228		1232	1243	1250	1258		1302	1313	1320	1328
London Liverpool Street (LST)	15	d																
Stratford (SRA)	7	d																
Barking (BKG)	d	1153	1203		1208	1218	1225	1233		1238	1248	1255	1303		1308	1318	1325	1333
Upminster (UPM)	d	1202	1211		1226	1233	1241			1256	1303	1311			1326	1334	1341	
Ockendon (OCK)	d	1207				1239					1309					1339		
Chafford Hundred Lakeside (CFH)	d	1211				1243					1313					1343		
Dagenham Dock (DDK)	d				1212					1242					1314			
Rainham (RNM)	d				1216					1246					1317			
Purfleet (PFL)	d				1221					1251					1322			
Grays (GRY)	a	1215			1227		1247			1257		1317			1328		1347	
Grays (GRY)	d	1217				1247				1317					1347			
Tilbury Town (TIL)	3	d	1220		1220		1250		1250		1320		1320			1350		1350
East Tilbury (ETL)	d			1226				1256				1326					1356	
Stanford-le-Hope (SFO)	d			1230				1300				1330						1400
West Horndon (WHR)	d				1231					1301					1331			
Laindon (LAI)	d		1219		1236		1249			1306		1319			1336		1349	
Basildon (BSO)	d		1223		1239		1253			1309		1323			1339		1353	
Pitsea (PSE)	d			1238	1243			1308		1313			1338		1343			1408
Benfleet (BEF)	d		1228	1242	1246		1258	1312		1316		1328	1342		1346		1358	1412
Leigh-on-Sea (LES)	d		1233	1246	1251		1303	1316		1321		1333	1346		1351		1403	1416
Chalkwell (CHW)	d		1235	1249	1253		1305	1319		1323		1335	1349		1353		1405	1419
Westcliff (WCF)	d		1237	1251	1255		1307	1321		1325		1337	1351		1355		1407	1421
Southend Central (SOC)	a		1240	1254	1258		1310	1324		1328		1340	1354		1358		1410	1424
Southend Central (SOC)	d		1240		1258		1310			1328		1340			1358		1410	
Southend East (SOE)	d		1242		1300		1312			1330		1342			1400		1412	
Thorpe Bay (TPB)	d		1245		1303		1315			1333		1345			1403		1415	
Shoeburyness (SRY)	a		1249		1307		1319			1337		1349			1407		1419	

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7	1323	1334	1341	1349		1353	1404	1411	1419		1423	1434	1441	1449		1453	1504	1511
Limehouse (LHS)	d	1327	1338	1345	1353		1357	1408	1415	1423		1427	1438	1445	1453		1457	1508	1515
West Ham (WEH)	d	1332	1343	1350	1358		1402	1413	1420	1428		1432	1443	1450	1458		1502	1513	1520
London Liverpool Street (LST)	15	d																	
Stratford (SRA)	7	d																	
Barking (BKG)	d	1338	1348	1355	1403		1408	1418	1425	1433		1438	1448	1455	1503		1508	1518	1525
Upminster (UPM)	d		1356	1403	1411			1426	1433	1441			1456	1503	1511			1526	1533
Ockendon (OCK)	d			1409					1439					1509					1539
Chafford Hundred Lakeside (CFH)	d			1413					1443					1513					1543
Dagenham Dock (DDK)	d	1344					1412					1442					1512		
Rainham (RNM)	d	1347					1416					1446					1516		
Purfleet (PFL)	d	1352					1421					1451					1521		
Grays (GRY)	a	1359		1417			1428		1447			1457		1517			1527		1547
Grays (GRY)	d			1417					1447					1517					1547
Tilbury Town (TIL)	3	d		1420		1420			1450		1450		1520		1520				1550
East Tilbury (ETL)	d					1426					1456				1526				
Stanford-le-Hope (SFO)	d				1430						1500				1530				
West Horndon (WHR)	d		1401					1431					1501						1531
Laindon (LAI)	d		1406		1419			1436		1449			1506		1519				1536
Basildon (BSO)	d		1409		1423			1439		1453			1509		1523				1539
Pitsea (PSE)	d		1413			1438		1443			1508		1513			1538			1543
Benfleet (BEF)	d		1416		1428	1442		1446		1458	1512		1516		1528	1542			1546
Leigh-on-Sea (LES)	d		1421		1433	1446		1451		1503	1516		1521		1533	1546			1551
Chalkwell (CHW)	d		1423		1435	1449		1453		1505	1519		1523		1535	1549			1553
Westcliff (WCF)	d		1425		1437	1451		1455		1507	1521		1525		1537	1551			1555
Southend Central (SOC)	a		1428		1440	1454		1458		1510	1524		1528		1540	1554			1558
Southend Central (SOC)	d		1428		1440			1458		1510			1528		1540				1558
Southend East (SOE)	d		1430		1442			1500		1512			1530		1542				1600
Thorpe Bay (TPB)	d		1433		1445			1503		1515			1533		1545				1603
Shoeburyness (SRY)	a		1437		1449			1507		1519			1537		1549				1607

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	1519		1523	1534	1541	1548	1552	1600	1604	1607	1610	1616	1621	1625	1628	1631	1636	1644
Limehouse (LHS)	d	1523		1527	1538	1545	1552	1556	1605	1609	1612	1615	1621	1626	1630	1633	1636	1641	1649
West Ham (WEH)	d	1528		1532	1544	1550	1558	1602	1610	1614	1617	1621	1626	1631	1635	1638	1641	1646	1654
London Liverpool Street (LST)	d																		
Stratford (SRA)	d																		
Barking (BKG)	d	1533		1538	1549	1556	1603	1608	1616	1620	1623	1626	1632	1638	1641	1644		1652	1700
Upminster (UPM)	d	1541			1558	1604	1612		1624		1631	1635	1640		1649	1653	1656		1708
Ockendon (OCK)	d				1610							1640			1657				
Chafford Hundred Lakeside (CFH)	d				1614							1644			1701				
Dagenham Dock (DDK)	d			1543				1612		1625				1643					1657
Rainham (RNM)	d			1546				1616		1629				1647					1701
Purfleet (PFL)	d			1551				1621		1634				1652					1707
Grays (GRY)	a			1557		1619		1628		1640		1648		1658	1706				1712
Grays (GRY)	d					1619						1649		1659					1713
Tilbury Town (TIL)	d		1550			1622						1652		1702					1716
East Tilbury (ETL)	d		1556			1628						1658		1708					
Stanford-le-Hope (SFO)	d		1600			1632						1701		1712					
West Horndon (WHR)	d				1603						1636		1645				1701		1713
Laindon (LAI)	d	1549			1607		1620				1641		1650			1701	1706		1718
Basildon (BSO)	d	1553			1610		1623		1634		1645		1654			1705	1710		
Pitsea (PSE)	d		1608		1614	1640a					1648	1709a	1657	1720a			1713		1723
Benfleet (BEF)	d	1558	1612		1617		1629		1640		1652					1711	1717		1727
Leigh-on-Sea (LES)	d	1603	1616		1622		1634		1645		1657					1716	1721		1732
Chalkwell (CHW)	d	1605	1619		1624		1637		1647		1700		1705			1718	1724		1734
Westcliff (WCF)	d	1607	1621		1627		1639		1649		1702		1707			1720	1726		1736
Southend Central (SOC)	a	1610	1624		1629		1641		1652		1704		1710			1723	1728		1739
Southend Central (SOC)	d	1610			1630		1642		1652		1705		1710			1723	1729		1739
Southend East (SOE)	d	1612			1632		1644		1654		1707		1712			1725	1731		1741
Thorpe Bay (TPB)	d	1618c			1634		1646		1657		1709		1715			1728	1733		1744
Shoeburyness (SRY)	a	1622			1638		1652		1701		1713		1719			1732	1737		1748

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	1650	1654	1657	1704	1707	1710	1716	1719	1722	1725	1730	1734	1737	1740	1743	1747	1752	
Limehouse (LHS)	d	1655	1659	1702	1709	1712	1715	1721	1724	1727	1730	1735	1739	1742	1745	1748	1752	1757	
West Ham (WEH)	d	1700	1704	1707	1714	1717	1720	1726	1729	1732	1735	1740	1744	1747	1750	1753	1757	1802	
London Liverpool Street (LST)	d																		
Stratford (SRA)	d																		
Barking (BKG)	d		1706	1710		1720	1723	1726		1738	1741		1750	1753				1803	1808
Upminster (UPM)	d			1718	1722	1729		1734	1739	1744		1749	1754	1759		1804		1811	
Ockendon (OCK)	d			1726				1740				1757			1810				
Chafford Hundred Lakeside (CFH)	d			1730				1744				1801			1814				
Dagenham Dock (DDK)	d		1711				1728				1743				1758				1813
Rainham (RNM)	d		1715				1732				1747				1802				1817
Purfleet (PFL)	d		1721				1738				1753				1808				1823
Grays (GRY)	a		1726	1735			1743	1750			1758	1806			1813	1820			1828
Grays (GRY)	d		1727				1744				1759				1814				1829
Tilbury Town (TIL)	d	1716	1731				1748				1802				1817				1832
East Tilbury (ETL)	d	1722	1737				1754				1808				1823				1838
Stanford-le-Hope (SFO)	d	1726	1741				1758				1812				1827				1843
West Horndon (WHR)	d					1734				1749					1804				1816
Laindon (LAI)	d				1730	1739			1747	1754			1803	1809				1815	1821
Basildon (BSO)	d				1734	1743				1758				1812					1825
Pitsea (PSE)	d	1741f	1749a				1746	1806a		1752	1801	1821a		1808	1816	1835a			1851a
Benfleet (BEF)	d	1745			1740	1750				1756	1805			1812	1820				1824
Leigh-on-Sea (LES)	d	1750a			1745	1755				1801	1810			1817	1825				1829
Chalkwell (CHW)	d				1747	1758				1804	1813			1819	1827				1831
Westcliff (WCF)	d				1749	1800				1806	1815			1821	1829				1833
Southend Central (SOC)	a				1752	1802				1808	1817			1824	1832				1836
Southend Central (SOC)	d				1752	1803				1809	1818			1824	1832				1836
Southend East (SOE)	d				1754	1805				1811	1820			1826	1834				1838
Thorpe Bay (TPB)	d				1757	1807				1813	1822			1829	1837				1841
Shoeburyness (SRY)	a				1802	1811				1817	1826			1834	1841				1845

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 3 minutes earlier
- f Arrives 6 minutes earlier

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
London Fenchurch Street (FST)	7 d	1758	1803	1807	1810	1816	1819	1822	1830	1834		1840	1846	1851	1855		1907	1911	1918
Limehouse (LHS)	d	1803	1808	1812	1815	1821	1824	1827	1835	1839		1845	1851	1856	1900		1912	1915	1923
West Ham (WEH)	d	1808	1813	1817	1820	1826	1829	1832	1840	1844		1850	1856	1901	1905		1917	1921	1928
London Liverpool Street (LST)	15 d																		
Stratford (SRA)	7 d																		
Barking (BKG)	d		1819	1823	1826		1835	1838		1850		1856		1908	1911		1923	1926	1934
Upminster (UPM)	d	1821	1827		1834		1844		1853	1858		1904		1919			1931	1934	1942
Ockendon (OCK)	d				1840							1910							1940
Chafford Hundred Lakeside (CFH)	d				1844							1914							1944
Dagenham Dock (DDK)	d			1828						1843					1913				
Rainham (RNM)	d			1832						1847					1917				
Purfleet (PFL)	d			1838						1853					1922				
Grays (GRY)	a			1843	1849					1859			1918		1929				1948
Grays (GRY)	d			1844					1900				1918						1948
Tilbury Town (TIL)	3 d			1847					1903			1903	1921					1921	1951
East Tilbury (ETL)	d			1853								1909						1927	
Stanford-le-Hope (SFO)	d			1857								1913						1931	
West Horndon (WHR)	d		1832				1849			1903					1924				1936
Laindon (LAI)	d	1829	1837			1846	1854		1901	1908			1915		1929			1941	1951
Basildon (BSO)	d		1841				1858		1905	1911			1919		1933			1945	1954
Pitsea (PSE)	d	1834	1845	1905a			1901			1915	1925e				1937	1941	1949		1958
Benfleet (BEF)	d	1838	1849			1854	1905		1911	1918	1929		1925	1941	1946	1953			2002
Leigh-on-Sea (LES)	d	1843	1854			1859	1910		1916	1923	1933		1930	1945	1951	1958			2007
Chalkwell (CHW)	d	1846	1856			1902	1913		1918	1925	1936		1932	1948	1953	2000			2010
Westcliff (WCF)	d	1848	1858			1905	1915		1920	1927	1938		1934	1950	1955	2002			2013
Southend Central (SOC)	a	1850	1901			1907	1917		1923	1930	1941		1937	1952	1958	2005			2016
Southend Central (SOC)	d	1851	1901			1908	1918		1923	1930			1937		1953			2005	2016
Southend East (SOE)	d	1853	1903			1910	1920		1925	1933			1939	1955	2007				2018
Thorpe Bay (TPB)	d	1856	1906			1912	1922		1928	1937			1942	1957	2010				2020
Shoeburyness (SRY)	a	1900	1910			1917	1926		1934	1941			1946	2001	2014				2024

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
London Fenchurch Street (FST)	7 d	1923	1935	1941	1949		1953	2005	2011	2019			2023	2034	2040	2049		2053	2104
Limehouse (LHS)	d	1927	1939	1945	1953		1957	2009	2015	2023			2027	2038	2045	2053		2057	2108
West Ham (WEH)	d	1932	1944	1950	1958		2002	2014	2020	2028			2032	2043	2050	2058		2102	2113
London Liverpool Street (LST)	15 d																		
Stratford (SRA)	7 d																		
Barking (BKG)	d		1938	1950	1955	2004		2008	2019	2025	2033		2038	2048	2055	2103		2108	2118
Upminster (UPM)	d			1958	2003	2012			2027	2033	2041			2056	2103	2111			2126
Ockendon (OCK)	d				2009					2039					2109				
Chafford Hundred Lakeside (CFH)	d				2013					2043					2113				
Dagenham Dock (DDK)	d		1942				2014						2042						2112
Rainham (RNM)	d		1946				2017						2046						2116
Purfleet (PFL)	d		1951				2022						2051						2121
Grays (GRY)	a		1958		2017		2029			2048			2058		2117				2128
Grays (GRY)	d				2017					2048					2117				
Tilbury Town (TIL)	3 d	1951			2020		2020			2051		2051			2120			2120	
East Tilbury (ETL)	d	1957					2026					2057			2126				2126
Stanford-le-Hope (SFO)	d	2001					2030					2101			2130				
West Horndon (WHR)	d			2003					2032						2101				2131
Laindon (LAI)	d			2007		2020			2037		2049			2106		2119			2136
Basildon (BSO)	d			2011		2023			2040		2053			2109		2123			2139
Pitsea (PSE)	d	2009		2014			2038		2044			2109		2113				2138	2143
Benfleet (BEF)	d	2013		2018		2029	2042		2047		2058	2113		2116		2128	2142		2146
Leigh-on-Sea (LES)	d	2017		2022		2033	2046		2052		2103	2117		2121		2133	2146		2151
Chalkwell (CHW)	d	2020		2025		2036	2049		2054		2105	2120		2123		2135	2149		2153
Westcliff (WCF)	d	2022		2027		2038	2051		2056		2107	2122		2125		2137	2151		2155
Southend Central (SOC)	a	2024		2029		2040	2054		2059		2110	2124		2128		2140	2153		2158
Southend Central (SOC)	d	2025		2030		2041			2059		2110	2125		2128		2140	2153		2158
Southend East (SOE)	d	2027		2032		2043			2101		2112	2127		2130		2142	2155		2200
Thorpe Bay (TPB)	d	2029		2034		2045			2104		2115	2129		2133		2145	2158		2203
Shoeburyness (SRY)	a	2033		2039		2049			2108		2119	2133		2137		2149	2202		2207

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- e Arrives 4 minutes earlier

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
London Fenchurch Street (FST)	7	2111	2119		2123	2134	2141	2149		2153	2204	2211	2219		2222	2234	2241	2254	2258	
Limehouse (LHS)	DLR	d	2115	2123		2127	2138	2145	2153		2157	2208	2215	2223		2226	2238	2245	2258	2302
West Ham (WEH)	DLR	d	2120	2128		2132	2143	2150	2158		2202	2213	2220	2228		2231	2243	2250	2303	2307
London Liverpool Street (LST)	15	d																		
Stratford (SRA)	DLR	7	d																	
Barking (BKG)	DLR	d	2125	2133		2138	2149	2155	2203		2208	2218	2225	2233		2237	2248	2255	2309	2312
Upminster (UPM)	DLR	d	2133	2141			2157	2203	2211			2226	2233	2241			2256	2303		2320
Ockendon (OCK)	d	2139						2209					2239					2309		
Chafford Hundred Lakeside (CFH)	d	2143						2213					2243					2313		
Dagenham Dock (DDK)	d				2142						2212					2242			2313	
Rainham (RNM)	d				2146						2216					2246			2317	
Purfleet (PFL)	d				2151						2221					2251			2322	
Grays (GRY)	a	2147			2158			2217			2227		2247			2258		2317	2328	
Grays (GRY)	d	2147						2217					2247					2317		
Tilbury Town (TIL)	8	d	2150		2150			2220		2220			2250		2250			2320		
East Tilbury (ETL)	d				2156					2226					2256					
Stanford-le-Hope (SFO)	d				2200					2230					2300					
West Horndon (WHR)	d					2202						2231						2301		
Laindon (LAI)	d		2149			2207		2219				2236		2249				2306		2328
Basildon (BSO)	d		2153			2210		2223				2239		2253				2309		2332
Pitsea (PSE)	d			2208		2214			2238			2243			2308			2313		
Benfleet (BEF)	d		2158	2212		2218		2228	2242			2246		2258	2312			2316		2337
Leigh-on-Sea (LES)	d		2203	2216		2223		2233	2246			2251		2303	2316			2321		2342
Chalkwell (CHW)	d		2205	2219		2226		2235	2249			2253		2305	2319			2323		2344
Westcliff (WCF)	d		2207	2221		2228		2237	2251			2255		2307	2321			2325		2346
Southend Central (SOC)	a		2210	2224		2230		2240	2254			2258		2310	2323			2328		2349
Southend Central (SOC)	d		2210			2231		2240				2258		2310	2324			2328		2349
Southend East (SOE)	d		2212			2233		2242				2300		2312	2326			2330		2351
Thorpe Bay (TPB)	d		2215			2235		2245				2303		2315	2328			2333		2354
Shoeburyness (SRY)	a		2219			2239		2249				2307		2319	2332			2337		2358

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Days of operation/Notes											TSM	TSM	TSM	TSM			
London Fenchurch Street (FST)	7	d	2311	2315		2324	2334	2341	2354	0004	0011	0024	0034				
Limehouse (LHS)	DLR	d	2315	2319		2328	2338	2345	2358	0008	0015	0028	0038				
West Ham (WEH)	DLR	d	2320	2324		2333	2343	2350	0003	0013	0020	0033	0043				
London Liverpool Street (LST)	15	d															
Stratford (SRA)	DLR	7	d														
Barking (BKG)	DLR	d	2325	2329		2339	2348	2355	0009	0018	0025	0039	0049				
Upminster (UPM)	DLR	d	2333	2337			2356	0004		0026	0033		0057				
Ockendon (OCK)	d	2339						0009				0039					
Chafford Hundred Lakeside (CFH)	d	2343						0013				0042					
Dagenham Dock (DDK)	d				2343				0013				0043				
Rainham (RNM)	d				2347				0017				0047				
Purfleet (PFL)	d				2352				0022				0052				
Grays (GRY)	a		2347		2358			0017	0028			0046	0058				
Grays (GRY)	d		2347					0018				0046					
Tilbury Town (TIL)	8	d	2320	2350		2350		0021				0049					
East Tilbury (ETL)	d		2326			2356		0027				0055					
Stanford-le-Hope (SFO)	d		2330			2359		0030				0059					
West Horndon (WHR)	d			2342				0001				0031					0102
Laindon (LAI)	d			2347				0006				0036					0107
Basildon (BSO)	d			2350				0009				0039					0110
Pitsea (PSE)	d	2338		2354	0007		0013	0038				0043	0107				0114
Benfleet (BEF)	d	2342		2357	0011		0016	0042				0046	0111				0117
Leigh-on-Sea (LES)	d	2346		0002	0015		0021	0047				0051	0115				0122
Chalkwell (CHW)	d	2349		0004	0018		0023	0049				0053	0118				0124
Westcliff (WCF)	d	2351		0006	0020		0025	0051				0055	0120				0126
Southend Central (SOC)	a	2353		0009	0022		0028	0054				0058	0122				0129
Southend Central (SOC)	d	2354		0009	0023		0028	0054				0058	0122				0129
Southend East (SOE)	d	2356		0011	0025		0030	0056				0100	0124				0131
Thorpe Bay (TPB)	d	2358		0014	0027		0033	0058				0103	0127				0134
Shoeburyness (SRY)	a	0003		0018	0031		0037	0102				0107	0131				0138

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time

TSM Tuesday to Saturday mornings

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d		0500			0523	0530		0537	0553	0600		0607	0623	0630		0637	0653	0700
Limehouse (LHS) DLR d		0504			0527	0534		0541	0557	0604		0611	0627	0634		0641	0657	0704
West Ham (WEH) DLR d		0509			0533	0539		0547	0603	0609		0617	0633	0639		0647	0703	0709
London Liverpool Street (LST) 15 d																		
Stratford (SRA) DLR 7 d																		
Barking (BKG) 5 d	0508	0514		0523	0538	0544		0553	0608	0614		0623	0638	0644		0653	0708	0714
Upminster (UPM) 5 d	0517	0523			0547	0553			0617	0623			0647	0653			0717	0723
Ockendon (OCK) d	0522				0552				0622				0652					0722
Chafford Hundred Lakeside (CFH) d	0526				0556				0626				0656					0726
Dagenham Dock (DDK) d				0527				0557				0627					0657	
Rainham (RNM) d				0531				0601				0631					0701	
Purfleet (PFL) d				0536				0606				0636					0706	
Grays (GRY) a	0530			0542	0600			0612	0630			0642	0700				0712	0730
Grays (GRY) d	0530		←		0600		→		0630		←		0700			→		0730
Tilbury Town (TIL) 8 d	0533		0533		0603		0603		0633		0633		0703		0703			0733
East Tilbury (ETL) d	→		0539		→		0609		→		0639		→		0709			→
Stanford-le-Hope (SFO) d			0543				0613				0643				0713			
West Horndon (WHR) d		0528				0558				0628				0658				0728
Laindon (LAI) d		0532				0602				0632				0702				0732
Basildon (BSO) d		0536				0606				0636				0706				0736
Pitsea (PSE) d		0539	0552			0609	0622			0639	0652			0709	0722			0739
Benfleet (BEF) d		0543	0556			0613	0626			0643	0656			0713	0726			0743
Leigh-on-Sea (LES) d		0547	0600			0617	0630			0647	0700			0717	0730			0747
Chalkwell (CHW) d		0550	0603			0620	0633			0650	0703			0720	0733			0750
Westcliff (WCF) d		0552	0605			0622	0635			0652	0705			0722	0735			0752
Southend Central (SOC) a		0554	0607			0624	0637			0654	0707			0724	0737			0754
Southend Central (SOC) d		0555	0608			0625	0638			0655	0708			0725	0738			0755
Southend East (SOE) d		0557	0610			0627	0640			0657	0710			0727	0740			0757
Thorpe Bay (TPB) d		0559	0612			0629	0642			0659	0712			0729	0742			0759
Shoeburyness (SRY) a		0603	0617			0633	0647			0703	0717			0733	0747			0803

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d		0707	0723	0730		0737	0753	0800		0807	0823	0830		0837		0853	0900	
Limehouse (LHS) DLR d		0711	0727	0734		0741	0757	0804		0811	0827	0834		0841		0857	0904	
West Ham (WEH) DLR d		0717	0733	0739		0747	0803	0809		0817	0833	0839		0847		0903	0909	
London Liverpool Street (LST) 15 d																0845		
Stratford (SRA) DLR 7 d																0852		
Barking (BKG) 5 d		0723	0738	0744		0753	0808	0814		0823	0838	0844		0853	0903	0908	0914	
Upminster (UPM) 5 d			0747	0753			0817	0823			0847	0853			0913	0917	0923	
Ockendon (OCK) d			0752				0822				0852					0922		
Chafford Hundred Lakeside (CFH) d			0756				0826				0856					0926		
Dagenham Dock (DDK) d		0727				0757				0827				0857				
Rainham (RNM) d		0731				0801				0831				0901				
Purfleet (PFL) d		0736				0806				0836				0906				
Grays (GRY) a		0742	0800			0812	0830			0842	0900			0912		0930		
Grays (GRY) d	←		0800		←		0830		←		0900		←			0930		←
Tilbury Town (TIL) 8 d	0733		0803		0803		0833		0833		0903		0903		0933			0933
East Tilbury (ETL) d	0739		→		0809		→		0839		→		0909		→			0939
Stanford-le-Hope (SFO) d	0743				0813				0843				0913					0943
West Horndon (WHR) d				0758				0828				0858						0928
Laindon (LAI) d				0802				0832				0902			0921			0932
Basildon (BSO) d				0806				0836				0906			0924			0936
Pitsea (PSE) d	0752		0809	0822			0839	0852			0909	0922						0939
Benfleet (BEF) d	0756		0813	0826			0843	0856			0913	0926			0930			0943
Leigh-on-Sea (LES) d	0800		0817	0830			0847	0900			0917	0930			0934			0947
Chalkwell (CHW) d	0803		0820	0833			0850	0903			0920	0933			0937			0950
Westcliff (WCF) d	0805		0822	0835			0852	0905			0922	0935			0939			0952
Southend Central (SOC) a	0807		0824	0837			0854	0907			0924	0937			0941			0954
Southend Central (SOC) d	0808		0825	0838			0855	0908			0925	0938			0942			0955
Southend East (SOE) d	0810		0827	0840			0857	0910			0927	0940			0944			0957
Thorpe Bay (TPB) d	0812		0829	0842			0859	0912			0929	0942			0946			0959
Shoeburyness (SRY) a	0817		0833	0847			0903	0917			0933	0947			0950			1003

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
London Fenchurch Street (FST)	7 d	0907		0923	0930		0937		0953	1000		1007		1023	1030		1037	1053	
Limehouse (LHS)	DLR d	0911		0927	0934		0941		0957	1004		1011		1027	1034		1041	1057	
West Ham (WEH)	DLR d	0917		0933	0939		0947		1003	1009		1017		1033	1039		1047	1103	
London Liverpool Street (LST)	15 d		0915					0945					1015					1045	
Stratford (SRA)	DLR 7 d		0923					0952					1023					1052	
Barking (BKG)	DLR d	0923	0933	0938	0944		0953	1003	1008	1014		1023	1033	1038	1044		1053	1103	1108
Upminster (UPM)	DLR d		0943	0947	0953			1013	1017	1023			1043	1047	1053			1113	1117
Ockendon (OCK)	d			0952					1022					1052					1122
Chafford Hundred Lakeside (CFH)	d			0956					1026					1056					1126
Dagenham Dock (DDK)	d	0927					0959					1027					1057		
Rainham (RNM)	d	0931					1002					1031					1101		
Purfleet (PFL)	d	0936					1007					1036					1106		
Grays (GRY)	a	0942		1000			1014		1030			1042		1100			1112		1130
Grays (GRY)	d			1000					1030					1100					1130
Tilbury Town (TIL)	8 d			1003					1033					1103			1103		1133
East Tilbury (ETL)	d						1009										1109		
Stanford-le-Hope (SFO)	d						1013										1113		
West Horndon (WHR)	d				0958					1028					1058				
Laindon (LAI)	d		0951		1002			1021		1032			1051		1102				1121
Basildon (BSO)	d		0954		1006			1024		1036			1054		1106				1124
Pitsea (PSE)	d				1009	1022				1039	1052				1109	1122			
Benfleet (BEF)	d		1000		1013	1026		1030		1043	1056		1100		1113	1126			1130
Leigh-on-Sea (LES)	d		1004		1017	1030		1034		1047	1100		1104		1117	1130			1134
Chalkwell (CHW)	d		1007		1020	1033		1037		1050	1103		1107		1120	1133			1137
Westcliff (WCF)	d		1009		1022	1035		1039		1052	1105		1109		1122	1135			1139
Southend Central (SOC)	a		1011		1024	1037		1041		1054	1107		1111		1124	1137			1141
Southend Central (SOC)	d		1012		1025	1038		1042		1055	1108		1112		1125	1138			1142
Southend East (SOE)	d		1014		1027	1040		1044		1057	1110		1114		1127	1140			1144
Thorpe Bay (TPB)	d		1016		1029	1042		1046		1059	1112		1116		1129	1142			1146
Shoeburyness (SRY)	a		1020		1033	1047		1050		1103	1117		1120		1133	1147			1150

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	1100		1107		1123	1130		1137		1153	1200		1207		1223	1230	1237
Limehouse (LHS)	DLR d	1104		1111		1127	1134		1141		1157	1204		1211		1227	1234	1241
West Ham (WEH)	DLR d	1109		1117		1133	1139		1147		1203	1209		1217		1233	1239	1247
London Liverpool Street (LST)	15 d				1115					1145					1215			
Stratford (SRA)	DLR 7 d				1123					1152					1223			
Barking (BKG)	DLR d	1114		1123	1133	1138	1144		1153	1204	1208	1214		1223	1233	1238	1244	1253
Upminster (UPM)	DLR d	1123			1143	1147	1153			1214	1217	1223			1243	1247	1253	
Ockendon (OCK)	d					1152					1222					1252		
Chafford Hundred Lakeside (CFH)	d					1156					1226					1256		
Dagenham Dock (DDK)	d			1127					1157					1227				1257
Rainham (RNM)	d			1131					1201					1231				1301
Purfleet (PFL)	d			1136					1206					1236				1306
Grays (GRY)	a			1142		1200			1212		1230			1242		1300		1312
Grays (GRY)	d					1200					1230					1300		
Tilbury Town (TIL)	8 d			1133		1203		1203			1233		1233		1303		1303	
East Tilbury (ETL)	d			1139				1209					1239			1309		
Stanford-le-Hope (SFO)	d			1143				1213					1243				1313	
West Horndon (WHR)	d	1128					1158					1228					1258	
Laindon (LAI)	d	1132			1151		1202			1222	1232			1251		1302		
Basildon (BSO)	d	1136			1154		1206			1225	1236			1254		1306		
Pitsea (PSE)	d	1139	1152				1209	1222			1239	1252				1309	1322	
Benfleet (BEF)	d	1143	1156		1200		1213	1226		1231	1243	1256		1300		1313	1326	
Leigh-on-Sea (LES)	d	1147	1200		1204		1217	1230		1235	1247	1300		1304		1317	1330	
Chalkwell (CHW)	d	1150	1203		1207		1220	1233		1238	1250	1303		1307		1320	1333	
Westcliff (WCF)	d	1152	1205		1209		1222	1235		1240	1252	1305		1309		1322	1335	
Southend Central (SOC)	a	1154	1207		1211		1224	1237		1242	1254	1307		1311		1324	1337	
Southend Central (SOC)	d	1155	1208		1212		1225	1238		1243	1255	1308		1312		1325	1338	
Southend East (SOE)	d	1157	1210		1214		1227	1240		1245	1257	1310		1314		1327	1340	
Thorpe Bay (TPB)	d	1159	1212		1216		1229	1242		1247	1259	1312		1316		1329	1342	
Shoeburyness (SRY)	a	1203	1217		1220		1233	1247		1251	1303	1317		1320		1333	1347	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	1253	1300		1307		1323	1330		1337		1353	1400		1407		1423	1430
Limehouse (LHS)	DLR d	1257	1304		1311		1327	1334		1341		1357	1404		1411		1427	1434
West Ham (WEH)	DLR d	1303	1309		1317		1333	1339		1347		1403	1409		1417		1433	1439
London Liverpool Street (LST)	15 d	1245					1315					1345					1415	
Stratford (SRA)	DLR 7 d	1252					1323					1352					1422	
Barking (BKG)	d	1303	1308	1314		1323	1333	1338	1344		1353	1403	1414		1423	1433	1438	1444
Upminster (UPM)	d	1313	1317	1323			1343	1347	1353			1413	1417	1423		1443	1447	1453
Ockendon (OCK)	d		1322					1352					1422					1452
Chafford Hundred Lakeside (CFH)	d		1326					1356					1426					1456
Dagenham Dock (DDK)	d				1329						1357						1427	
Rainham (RNM)	d				1332						1401						1431	
Purfleet (PFL)	d				1337						1406						1436	
Grays (GRY)	a		1330		1344			1400			1412		1430			1442		1500
Grays (GRY)	d		1330					1400					1430					1500
Tilbury Town (TIL)	8 d		1333					1403			1403		1433					1503
East Tilbury (ETL)	d				1339						1409				1439			
Stanford-le-Hope (SFO)	d				1343						1413				1443			
West Horndon (WHR)	d			1328							1358			1428				1458
Laindon (LAI)	d	1321		1332			1351			1402			1421		1432		1451	1502
Basildon (BSO)	d	1324		1336			1354			1406			1424		1436		1454	1506
Pitsea (PSE)	d			1339	1352					1409	1422			1439	1452			1509
Benfleet (BEF)	d	1330		1343	1356		1400		1413	1426		1430		1443	1456		1500	1513
Leigh-on-Sea (LES)	d	1334		1347	1400		1404		1417	1430		1434		1447	1500		1504	1517
Chalkwell (CHW)	d	1337		1350	1403		1407		1420	1433		1437		1450	1503		1507	1520
Westcliff (WCF)	d	1339		1352	1405		1409		1422	1435		1439		1452	1505		1509	1522
Southend Central (SOC)	a	1341		1354	1407		1411		1424	1437		1441		1454	1507		1511	1524
Southend Central (SOC)	d	1342		1355	1408		1412		1425	1438		1442		1455	1508		1512	1525
Southend East (SOE)	d	1344		1357	1410		1414		1427	1440		1444		1457	1510		1514	1527
Thorpe Bay (TPB)	d	1346		1359	1412		1416		1429	1442		1446		1459	1512		1516	1529
Shoeburyness (SRY)	a	1350		1403	1417		1420		1433	1447		1450		1503	1517		1520	1533

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	1437		1453	1500		1507			1523	1530		1537		1553	1600	1607	
Limehouse (LHS)	DLR d	1441		1457	1504		1511			1527	1534		1541		1557	1604	1611	
West Ham (WEH)	DLR d	1447		1503	1509		1517			1533	1539		1547		1603	1609	1617	
London Liverpool Street (LST)	15 d			1445					1515					1545			1615	
Stratford (SRA)	DLR 7 d			1452					1523					1552			1623	
Barking (BKG)	d	1453	1503	1508	1514		1523	1533	1538	1544		1553	1603	1608	1614		1623	1633
Upminster (UPM)	d		1513	1517	1523			1543	1547	1553			1613	1617	1623			1643
Ockendon (OCK)	d			1522					1552					1622				
Chafford Hundred Lakeside (CFH)	d			1526					1556					1626				
Dagenham Dock (DDK)	d		1457				1527						1557				1627	
Rainham (RNM)	d		1501				1531						1601				1631	
Purfleet (PFL)	d		1506				1536						1606				1636	
Grays (GRY)	a		1512		1530		1542			1600			1612		1630			1642
Grays (GRY)	d				1530					1600					1630			
Tilbury Town (TIL)	8 d	1503			1533					1603		1603			1633		1633	
East Tilbury (ETL)	d	1509					1539					1609					1639	
Stanford-le-Hope (SFO)	d	1513					1543					1613					1643	
West Horndon (WHR)	d				1528						1558						1628	
Laindon (LAI)	d			1521	1532			1551		1602			1621		1632			1651
Basildon (BSO)	d			1524	1536			1554		1606			1624		1636			1654
Pitsea (PSE)	d	1522			1539	1552				1609	1622				1639	1652		
Benfleet (BEF)	d	1526		1530	1543	1556		1600		1613	1626		1630		1643	1656		1700
Leigh-on-Sea (LES)	d	1530		1534	1547	1600		1604		1617	1630		1634		1647	1700		1704
Chalkwell (CHW)	d	1533		1537	1550	1603		1607		1620	1633		1637		1650	1703		1707
Westcliff (WCF)	d	1535		1539	1552	1605		1609		1622	1635		1639		1652	1705		1709
Southend Central (SOC)	a	1537		1541	1554	1607		1611		1624	1637		1641		1654	1707		1711
Southend Central (SOC)	d	1538		1542	1555	1608		1612		1625	1638		1642		1655	1708		1712
Southend East (SOE)	d	1540		1544	1557	1610		1614		1627	1640		1644		1657	1710		1714
Thorpe Bay (TPB)	d	1542		1546	1559	1612		1616		1629	1642		1646		1659	1712		1716
Shoeburyness (SRY)	a	1547		1550	1603	1617		1620		1633	1647		1650		1703	1717		1720

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST)	7 d	1623	1630	1637	1641	1653	1700	1707	1711	1717	1723	1730	1737	1741	1753	1800		
Limehouse (LHS)	DLR d	1627	1634	1641	1647	1657	1704	1711	1717	1723	1730	1737	1741	1753	1800			
West Ham (WEH)	DLR d	1633	1639	1647	1703	1709	1717	1723	1730	1737	1744	1751	1757	1803	1809			
London Liverpool Street (LST)	15 d				1645					1715				1745				
Stratford (SRA)	DLR 7 d				1652					1723				1752				
Barking (BKG)	7 d	1638	1644	1653	1703	1708	1714	1723	1733	1738	1744	1753	1803	1808	1814			
Upminster (UPM)	7 d	1647	1653		1713	1717	1723		1743	1747	1753		1813	1817	1823			
Ockendon (OCK)	d	1652				1722				1752				1822				
Chafford Hundred Lakeside (CFH)	d	1656				1726				1756				1826				
Dagenham Dock (DDK)	d			1657					1727				1757					
Rainham (RNM)	d			1701					1731				1801					
Purfleet (PFL)	d			1706					1736				1806					
Grays (GRY)	a	1700		1712		1730		1742		1800		1812		1830				
Grays (GRY)	d	1700				1730				1800				1830				
Tilbury Town (TIL)	8 d	1703		1703		1733		1733		1803		1803		1833				1833
East Tilbury (ETL)	d			1709				1739				1809						1839
Stanford-le-Hope (SFO)	d			1713				1743				1813						1843
West Horndon (WHR)	d		1658				1728					1758						1828
Laindon (LAI)	d		1702		1721		1732		1751		1802			1821				1832
Basildon (BSO)	d		1706		1724		1736		1754		1806			1824				1836
Pitsea (PSE)	d		1709	1722			1739	1752			1809	1822						1839
Benfleet (BEF)	d		1713	1726		1730	1743	1756		1800	1813	1826		1830	1843	1856		
Leigh-on-Sea (LES)	d		1717	1730		1734	1747	1800		1804	1817	1830		1834	1847	1900		
Chalkwell (CHW)	d		1720	1733		1737	1750	1803		1807	1820	1833		1837	1850	1903		
Westcliff (WCF)	d		1722	1735		1739	1752	1805		1809	1822	1835		1839	1852	1905		
Southend Central (SOC)	a		1724	1737		1741	1754	1807		1811	1824	1837		1841	1854	1907		
Southend Central (SOC)	d		1725	1738		1742	1755	1808		1812	1825	1838		1842	1855	1908		
Southend East (SOE)	d		1727	1740		1744	1757	1810		1814	1827	1840		1844	1857	1910		
Thorpe Bay (TPB)	d		1729	1742		1746	1759	1812		1816	1829	1842		1846	1859	1912		
Shoeburyness (SRY)	a		1733	1747		1750	1803	1817		1820	1833	1847		1850	1903	1917		

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST)	7 d	1807		1823	1830		1837		1853	1900		1907		1923	1930		1937	1953
Limehouse (LHS)	DLR d	1811		1827	1834		1841		1857	1904		1911		1927	1934		1941	1957
West Ham (WEH)	DLR d	1817		1833	1839		1847		1903	1909		1917		1933	1939		1947	2003
London Liverpool Street (LST)	15 d		1815				1845					1915						1945
Stratford (SRA)	DLR 7 d		1823				1852					1923						1952
Barking (BKG)	7 d	1823	1833	1838	1844		1853	1903	1908	1914		1923	1933	1938	1944		1953	2003
Upminster (UPM)	7 d		1843	1847	1853			1913	1917	1923		1943	1947	1953			2013	2017
Ockendon (OCK)	d			1852					1922				1952					2022
Chafford Hundred Lakeside (CFH)	d			1856					1926				1956					2026
Dagenham Dock (DDK)	d	1827					1857					1927					1957	
Rainham (RNM)	d	1831					1901					1931					2001	
Purfleet (PFL)	d	1836					1906					1936					2006	
Grays (GRY)	a	1842		1900			1912		1930			1942		2000			2012	2030
Grays (GRY)	d			1900					1930					2000				2030
Tilbury Town (TIL)	8 d			1903		1903			1933		1933		2003		2003			2033
East Tilbury (ETL)	d					1909					1939				2009			
Stanford-le-Hope (SFO)	d					1913					1943				2013			
West Horndon (WHR)	d			1858						1928					1958			
Laindon (LAI)	d		1851	1902				1921		1932			1951	2002				2021
Basildon (BSO)	d		1854	1906				1924		1936			1954	2006				2024
Pitsea (PSE)	d			1909	1922					1939	1952			2009	2022			
Benfleet (BEF)	d		1900	1913	1926		1930		1943	1956		2000	2013	2026				2030
Leigh-on-Sea (LES)	d		1904	1917	1930		1934		1947	2000		2004	2017	2030				2034
Chalkwell (CHW)	d		1907	1920	1933		1937		1950	2003		2007	2020	2033				2037
Westcliff (WCF)	d		1909	1922	1935		1939		1952	2005		2009	2022	2035				2039
Southend Central (SOC)	a		1911	1924	1937		1941		1954	2007		2011	2024	2037				2041
Southend Central (SOC)	d		1912	1925	1938		1942		1955	2008		2012	2025	2038				2042
Southend East (SOE)	d		1914	1927	1940		1944		1957	2010		2014	2027	2040				2044
Thorpe Bay (TPB)	d		1916	1929	1942		1946		1959	2012		2016	2029	2042				2046
Shoeburyness (SRY)	a		1920	1933	1947		1950		2003	2017		2020	2033	2047				2050

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	2000		2007		2023	2030		2037		2053	2100		2107		2123	2130		2137
Limehouse (LHS)	DLR d	2004		2011		2027	2034		2041		2057	2104		2111		2127	2134		2141
West Ham (WEH)	DLR d	2009		2017		2033	2039		2047		2103	2109		2117		2133	2139		2147
London Liverpool Street (LST)	15 d			2015							2045				2115				
Stratford (SRA)	DLR 7 d			2023							2052				2123				
Barking (BKG)	7 d	2014		2023	2034	2038	2044		2053	2103	2108	2114		2123	2134	2138	2144		2153
Upminster (UPM)	7 d	2023			2043	2047	2053			2113	2117	2123			2143	2147	2153		
Ockendon (OCK)	d					2052										2152			
Chafford Hundred Lakeside (CFH)	d					2056										2156			
Dagenham Dock (DDK)	d			2027					2057						2129				2157
Rainham (RNM)	d			2031					2101						2132				2201
Purfleet (PFL)	d			2036					2106						2137				2206
Grays (GRY)	a			2042		2100			2112		2130			2144		2200			2212
Grays (GRY)	d		←			2100		←			2130		←		2200		←		
Tilbury Town (TIL)	8 d	2033				2103		2103			2133		2133		2203			2203	
East Tilbury (ETL)	d	2039			→			2109			→		2139		→			2209	
Stanford-le-Hope (SFO)	d	2043						2113					2143					2213	
West Horndon (WHR)	d	2028					2058						2128					2158	
Laindon (LAI)	d	2032		2051			2102			2121		2132			2151		2202		
Basildon (BSO)	d	2036		2054			2106			2124		2136			2155		2206		
Pitsea (PSE)	d	2039	2052				2109	2122				2139	2152				2209	2222	
Benfleet (BEF)	d	2043	2056		2100		2113	2126		2130		2143	2156		2200		2213	2226	
Leigh-on-Sea (LES)	d	2047	2100		2104		2117	2130		2134		2147	2200		2205		2217	2230	
Chalkwell (CHW)	d	2050	2103		2107		2120	2133		2137		2150	2203		2207		2220	2233	
Westcliff (WCF)	d	2052	2105		2109		2122	2135		2139		2152	2205		2209		2222	2235	
Southend Central (SOC)	a	2054	2107		2111		2124	2137		2141		2154	2207		2212		2224	2237	
Southend Central (SOC)	d	2055	2108		2112		2125	2138		2142		2155	2208		2212		2225	2238	
Southend East (SOE)	d	2057	2110		2114		2127	2140		2144		2157	2210		2214		2227	2240	
Thorpe Bay (TPB)	d	2059	2112		2116		2129	2142		2146		2159	2212		2217		2229	2242	
Shoeburyness (SRY)	a	2103	2117		2120		2133	2147		2150		2203	2217		2221		2233	2247	














Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	2153	2200		2207		2223	2230		2237		2253	2300		2307			2323	
Limehouse (LHS)	DLR d	2157	2204		2211		2227	2234		2241		2257	2304		2311			2327	
West Ham (WEH)	DLR d	2203	2209		2217		2233	2239		2247		2303	2309		2317			2333	
London Liverpool Street (LST)	15 d	2145				2211					2241						2311		
Stratford (SRA)	DLR 7 d	2152				2218					2248						2318		
Barking (BKG)	7 d	2203	2208	2214		2223	2232	2238	2244		2253	2302c	2308	2314		2323	2332		2338
Upminster (UPM)	7 d	2213	2217	2223		2242	2247	2253			2312	2317	2323			2341			2347
Ockendon (OCK)	d						2252						2322						2352
Chafford Hundred Lakeside (CFH)	d						2256						2326						2356
Dagenham Dock (DDK)	d				2227						2257						2327		
Rainham (RNM)	d				2231						2301						2331		
Purfleet (PFL)	d				2236						2306						2336		
Grays (GRY)	a	2230			2242		2300				2312		2330			2341			0001
Grays (GRY)	d	2230		←			2300		←			2330		←	2342		←		0002
Tilbury Town (TIL)	8 d	2233		2233			2303		2303		2333		2333	2345		2345		2345	0005
East Tilbury (ETL)	d	→		2239		→			2309		→		2339	→		2351		→	
Stanford-le-Hope (SFO)	d			2243					2313				2343			2354			
West Horndon (WHR)	d			2228					2258				2328			2346			
Laindon (LAI)	d	2221		2232			2250		2302			2320			2351				
Basildon (BSO)	d	2224		2236			2254		2306			2324			2354				
Pitsea (PSE)	d			2239	2252				2309	2321			2339	2351		2358		0003	
Benfleet (BEF)	d	2230		2243	2256		2300		2313	2325		2330		2343	2355		0001	0007	
Leigh-on-Sea (LES)	d	2234		2247	2300		2304		2317	2329		2334		2347	2359		0006	0011	
Chalkwell (CHW)	d	2237		2250	2303		2307		2320	2332		2337		2350	0002		0008	0014	
Westcliff (WCF)	d	2239		2252	2305		2309		2322	2334		2339		2352	0004		0010	0016	
Southend Central (SOC)	a	2241		2254	2307		2311		2324	2336		2341		2354	0006		0013	0018	
Southend Central (SOC)	d	2242		2255	2308		2312		2325	2337		2342		2355	0006		0013	0019	
Southend East (SOE)	d	2244		2257	2310		2314		2327	2339		2344		2357	0008		0015	0021	
Thorpe Bay (TPB)	d	2246		2259	2312		2316		2329	2341		2346		2359	0011		0018	0023	
Shoeburyness (SRY)	a	2250		2303	2316		2320		2333	2345		2350		0003	0015		0022	0027	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 3 minutes earlier

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator Days of operation/Notes	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST)  d	2330		2344				2359	0005			0015	0041
Limehouse (LHS)  d	2334		2348				0003	0009			0019	0045
West Ham (WEH)  d	2339		2353				0009	0014			0025	0050
London Liverpool Street (LST)  d					2348							
Stratford (SRA)  d					2355							
Barking (BKG)  d	2344		2358	0007			0015	0020			0030	0056
Upminster (UPM)  d	2353		0007	0016				0028			0039	0104
Ockendon (OCK) d			0012								0044	
Chafford Hundred Lakeside (CFH) d			0016								0048	
Dagenham Dock (DDK) d							0019					
Rainham (RNM) d							0023					
Purfleet (PFL) d							0028					
Grays (GRY) a			0020				0033				0052	
Grays (GRY) d			0020				0034				0052	
Tilbury Town (TIL)  d		0005	0023		0023	0037			0037		0055	
East Tilbury (ETL) d		0011			0029				0043		0101	
Stanford-le-Hope (SFO) d		0014			0033				0046		0105	
West Horndon (WHR) d	2358			0021			0033					0109
Laindon (LAI) d	0001			0026			0038					0114
Basildon (BSO) d	0006			0029			0041					0117
Pitsea (PSE) d	0009	0022		0033	0041		0045	0055	0113			0121
Benfleet (BEF) d	0013	0026		0036	0045		0048	0059	0117			0124
Leigh-on-Sea (LES) d	0017	0031		0041	0049		0053	0103	0121			0129
Chalkwell (CHW) d	0020	0033		0043	0052		0055	0106	0124			0131
Westcliff (WCF) d	0022	0035		0045	0054		0057	0108	0126			0133
Southend Central (SOC) a	0024	0038		0048	0056		0100	0110	0128			0136
Southend Central (SOC) d	0025	0038		0048	0056		0100	0111	0128			0136
Southend East (SOE) d	0027	0040		0050	0058		0102	0113	0130			0138
Thorpe Bay (TPB) d	0029	0042		0052	0101		0105	0115	0133			0141
Shoeburyness (SRY) a	0033	0046		0056	0105		0109	0119	0137			0145

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

SUM Sunday mornings

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Sundays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
London Fenchurch Street (FST)	7 d	0638		0718	0723	0735	0748	0753	0805	0818	0823	0835	0848	0853	0905	0918	0923	0935	
Limehouse (LHS)	DLR d	0642		0722	0727	0739	0752	0757	0809	0822	0827	0839	0852	0857	0909	0922	0927	0939	
West Ham (WEH)	DLR d	0647		0727	0732	0744	0757	0802	0814	0827	0832	0844	0857	0902	0914	0927	0932	0944	
London Liverpool Street (LST)	15 d																	0945	
Stratford (SRA)	DLR 7 d																	0952	
Barking (BKG)	7 d	0653	0658	0733	0738	0750	0803	0808	0820	0833	0838	0850	0903	0908	0920	0933	0938	0950	1003
Upminster (UPM)	7 d	0702	0707	0742	0746		0812	0816		0842	0846		0912	0916		0942	0946		1012
Ockendon (OCK)	d		0712		0752			0822			0852			0922			0952		
Chafford Hundred Lakeside (CFH)	d		0716		0756			0826			0856			0926			0956		
Dagenham Dock (DDK)	d				0755				0825			0855			0925			0955	
Rainham (RNM)	d				0758				0828			0858			0928			0958	
Purfleet (PFL)	d				0803				0833			0903			0933			1003	
Grays (GRY)	a		0720		0800	0810		0830	0840		0900	0910		0930	0940		1000	1010	
Grays (GRY)	d		0721		0800			0830			0900			0930			1000		
Tilbury Town (TIL)	8 d		0724		0803			0833			0903			0933			1003		
East Tilbury (ETL)	d		0730		0809			0839			0909			0939			1009		
Stanford-le-Hope (SFO)	d		0733		0813			0843			0913			0943			1013		
West Horndon (WHR)	d	0707		0747			0817			0847			0917			0947			1017
Laindon (LAI)	d	0712		0752			0822			0852			0922			0952			1022
Basildon (BSO)	d	0715		0755			0825			0855			0925			0955			1026
Pitsea (PSE)	d	0719	0741	0759	0821		0829	0851		0859	0921		0929	0951		0959	1021		1029
Benfleet (BEF)	d	0722	0745	0802	0825		0832	0855		0902	0925		0932	0955		1002	1025		1033
Leigh-on-Sea (LES)	d	0727	0750	0807	0830		0837	0900		0907	0930		0937	1000		1007	1030		1037
Chalkwell (CHW)	d	0729	0752	0809	0832		0839	0902		0909	0932		0939	1002		1009	1032		1040
Westcliff (WCF)	d	0731	0754	0811	0834		0841	0904		0911	0934		0941	1004		1011	1034		1042
Southend Central (SOC)	a	0734	0757	0814	0837		0844	0907		0914	0937		0944	1007		1014	1037		1044
Southend Central (SOC)	d	0734	0757	0814	0837		0844	0907		0914	0937		0944	1007		1014	1037		1045
Southend East (SOE)	d	0736	0759	0816	0839		0846	0909		0916	0939		0946	1009		1016	1039		1047
Thorpe Bay (TPB)	d	0739	0802	0819	0842		0849	0912		0919	0942		0949	1012		1019	1042		1049
Shoeburyness (SRY)	a	0743	0806	0823	0847		0853	0916		0923	0946		0953	1016		1023	1046		1053

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
London Fenchurch Street (FST)	7 d	0953	1005		1023	1035		1053	1105		1123	1135		1153	1205		1223	1235	
Limehouse (LHS)	DLR d	0957	1009		1027	1039		1057	1109		1127	1139		1157	1209		1227	1239	
West Ham (WEH)	DLR d	1002	1014		1032	1044		1102	1114		1132	1144		1202	1214		1232	1244	
London Liverpool Street (LST)	15 d			1015			1045			1115			1145			1215		1245	
Stratford (SRA)	DLR 7 d			1022			1052			1122			1152			1222		1252	
Barking (BKG)	7 d	1008	1020	1033	1038	1050	1103	1108	1120	1133	1138	1150	1203	1208	1220	1233	1238	1250	1303
Upminster (UPM)	7 d	1016		1042	1046		1112	1116		1142	1146		1212	1216		1242	1246		1312
Ockendon (OCK)	d				1052			1122			1152			1222			1252		
Chafford Hundred Lakeside (CFH)	d				1056			1126			1156			1226			1256		
Dagenham Dock (DDK)	d		1025			1055			1125			1155			1225			1255	
Rainham (RNM)	d		1028			1058			1128			1158			1228			1258	
Purfleet (PFL)	d		1033			1103			1133			1203			1233			1303	
Grays (GRY)	a	1030	1040		1100	1110		1130	1140		1200	1210		1230	1240		1300	1310	
Grays (GRY)	d				1100			1130			1200			1230			1300		
Tilbury Town (TIL)	8 d				1103			1133			1203			1233			1303		
East Tilbury (ETL)	d				1109			1139			1209			1239			1309		
Stanford-le-Hope (SFO)	d				1113			1143			1213			1243			1313		
West Horndon (WHR)	d			1047			1117			1147			1217			1247			1317
Laindon (LAI)	d			1052			1122			1152			1222			1252			1322
Basildon (BSO)	d			1056			1126			1156			1226			1256			1326
Pitsea (PSE)	d	1051		1059	1121		1129	1151		1159	1221		1229	1251		1259	1321		1329
Benfleet (BEF)	d	1055		1103	1125		1133	1155		1203	1225		1233	1255		1303	1325		1333
Leigh-on-Sea (LES)	d	1100		1107	1130		1137	1200		1207	1230		1237	1300		1307	1330		1337
Chalkwell (CHW)	d	1102		1110	1132		1140	1202		1210	1232		1240	1302		1310	1332		1340
Westcliff (WCF)	d	1104		1112	1134		1142	1204		1212	1234		1242	1304		1312	1334		1342
Southend Central (SOC)	a	1107		1114	1137		1144	1207		1214	1237		1244	1307		1314	1337		1344
Southend Central (SOC)	d	1107		1115	1137		1145	1207		1215	1237		1245	1307		1315	1337		1345
Southend East (SOE)	d	1109		1117	1139		1147	1209		1217	1239		1247	1309		1317	1339		1347
Thorpe Bay (TPB)	d	1112		1119	1142		1149	1212		1219	1242		1249	1312		1319	1342		1349
Shoeburyness (SRY)	a	1116		1123	1146		1153	1216		1223	1246		1253	1316		1323	1346		1353

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Sundays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
London Fenchurch Street (FST)	7 d	1253	1305		1323	1335		1353	1405		1423	1435		1453	1505		1523	1535	
Limehouse (LHS)	DLR d	1257	1309		1327	1339		1357	1409		1427	1439		1457	1509		1527	1539	
West Ham (WEH)	DLR d	1302	1314		1332	1344		1402	1414		1432	1444		1502	1514		1532	1544	
London Liverpool Street (LST)	15 d			1315			1345			1415			1445			1515		1545	
Stratford (SRA)	DLR 7 d			1322			1352			1422			1452			1522		1552	
Barking (BKG)	DLR d	1308	1320	1333	1338	1350	1403	1408	1420	1433	1438	1450	1503	1508	1520	1533	1538	1551	1603
Upminster (UPM)	DLR d	1316		1342	1346		1412	1416		1442	1446		1512	1516		1542	1546		1612
Ockendon (OCK)	d	1322			1352			1422			1452			1522			1552		
Chafford Hundred Lakeside (CFH)	d	1326			1356			1426			1456			1526			1556		
Dagenham Dock (DDK)	d		1325			1355			1425			1455			1525			1555	
Rainham (RNM)	d		1328			1358			1428			1458			1528			1558	
Purfleet (PFL)	d		1333			1403			1433			1503			1533			1603	
Grays (GRY)	a	1330	1340		1400	1410		1430	1440		1500	1510		1530	1540		1600	1611	
Grays (GRY)	d	1330			1400			1430			1500			1530			1600		
Tilbury Town (TIL)	8 d	1333			1403			1433			1503			1533			1603		
East Tilbury (ETL)	d	1339			1409			1439			1509			1539			1609		
Stanford-le-Hope (SFO)	d	1343			1413			1443			1513			1543			1613		
West Horndon (WHR)	d			1347			1417			1447			1517			1547		1617	
Laindon (LAI)	d			1352			1422			1452			1522			1552		1622	
Basildon (BSO)	d			1356			1426			1456			1526			1556		1626	
Pitsea (PSE)	d	1351		1359	1421		1429	1451		1459	1521		1529	1551		1559	1621	1629	
Benfleet (BEF)	d	1355		1403	1425		1433	1455		1503	1525		1533	1555		1603	1625	1633	
Leigh-on-Sea (LES)	d	1400		1407	1430		1437	1500		1507	1530		1537	1600		1607	1630	1637	
Chalkwell (CHW)	d	1402		1410	1432		1440	1502		1510	1532		1540	1602		1610	1632	1640	
Westcliff (WCF)	d	1404		1412	1434		1442	1504		1512	1534		1542	1604		1612	1634	1642	
Southend Central (SOC)	a	1407		1414	1437		1444	1507		1514	1537		1544	1607		1614	1637	1644	
Southend Central (SOC)	d	1407		1415	1437		1445	1507		1515	1537		1545	1607		1615	1637	1645	
Southend East (SOE)	d	1409		1417	1439		1447	1509		1517	1539		1547	1609		1617	1639	1647	
Thorpe Bay (TPB)	d	1412		1419	1442		1449	1512		1519	1542		1549	1612		1619	1642	1649	
Shoeburyness (SRY)	a	1416		1423	1446		1453	1516		1523	1546		1553	1616		1623	1646	1653	

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
London Fenchurch Street (FST)	7 d	1553	1605		1623	1635		1653	1705		1723	1735		1753	1805		1823	1835	
Limehouse (LHS)	DLR d	1557	1609		1627	1639		1657	1709		1727	1739		1757	1809		1827	1839	
West Ham (WEH)	DLR d	1602	1614		1632	1644		1702	1714		1732	1744		1802	1814		1832	1844	
London Liverpool Street (LST)	15 d			1615			1645			1715			1745			1815		1845	
Stratford (SRA)	DLR 7 d			1622			1652			1722			1752			1822		1852	
Barking (BKG)	DLR d	1608	1620	1633	1638	1650	1703	1708	1720	1733	1738	1750	1803	1808	1820	1833	1838	1850	1903
Upminster (UPM)	DLR d	1616		1642	1646		1712	1716		1742	1746		1812	1816		1842	1846		1912
Ockendon (OCK)	d	1622			1652			1722			1752			1822			1852		
Chafford Hundred Lakeside (CFH)	d	1626			1656			1726			1756			1826			1856		
Dagenham Dock (DDK)	d		1625			1655			1725			1755			1825			1855	
Rainham (RNM)	d		1628			1658			1728			1758			1828			1858	
Purfleet (PFL)	d		1633			1703			1733			1803			1833			1903	
Grays (GRY)	a	1630	1640		1700	1710		1730	1740		1800	1810		1830	1840		1900	1910	
Grays (GRY)	d	1630			1700			1730			1800			1830			1900		
Tilbury Town (TIL)	8 d	1633			1703			1733			1803			1833			1903		
East Tilbury (ETL)	d	1639			1709			1739			1809			1839			1909		
Stanford-le-Hope (SFO)	d	1643			1713			1743			1813			1843			1913		
West Horndon (WHR)	d			1647			1717			1747			1817			1847		1917	
Laindon (LAI)	d			1652			1722			1752			1822			1852		1922	
Basildon (BSO)	d			1656			1726			1756			1826			1856		1926	
Pitsea (PSE)	d	1651		1659	1721		1729	1751		1759	1821		1829	1851		1859	1921	1929	
Benfleet (BEF)	d	1655		1703	1725		1733	1755		1803	1825		1833	1855		1903	1925	1933	
Leigh-on-Sea (LES)	d	1700		1707	1730		1737	1800		1807	1830		1837	1900		1907	1930	1937	
Chalkwell (CHW)	d	1702		1710	1732		1740	1802		1810	1832		1840	1902		1910	1932	1940	
Westcliff (WCF)	d	1704		1712	1734		1742	1804		1812	1834		1842	1904		1912	1934	1942	
Southend Central (SOC)	a	1707		1714	1737		1744	1807		1814	1837		1844	1907		1914	1937	1944	
Southend Central (SOC)	d	1707		1715	1737		1745	1807		1815	1837		1845	1907		1915	1937	1945	
Southend East (SOE)	d	1709		1717	1739		1747	1809		1817	1839		1847	1909		1917	1939	1947	
Thorpe Bay (TPB)	d	1712		1719	1742		1749	1812		1819	1842		1849	1912		1919	1942	1949	
Shoeburyness (SRY)	a	1716		1723	1746		1753	1816		1823	1846		1853	1916		1923	1946	1953	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Sundays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	1853	1905	1923	1935	1953	2005	2023	2035	2053	2105	2123	2138						
Limehouse (LHS)	DLR d	1857	1909	1927	1939	1957	2009	2027	2039	2057	2109	2127	2142						
West Ham (WEH)	DLR d	1902	1914	1932	1944	2002	2014	2032	2044	2102	2114	2132	2147						
London Liverpool Street (LST)	15 d		1915		1945		2015		2045		2115		2145						
Stratford (SRA)	DLR 7 d		1922		1952		2022		2052		2122		2152						
Barking (BKG)	DLR d	1908	1920	1933	1938	1950	2003	2008	2020	2033	2038	2050	2103	2108	2120	2133	2138	2153	2203
Upminster (UPM)	DLR d	1916		1942	1946	2012	2016	2042	2046	2112	2116	2142	2146	2212					
Ockendon (OCK)	d	1922		1952		2022		2052		2122		2152							
Chafford Hundred Lakeside (CFH)	d	1926		1956		2026		2056		2126		2156							
Dagenham Dock (DDK)	d		1925		1955		2025		2055		2125		2155						2158
Rainham (RNM)	d		1928		1958		2028		2058		2128		2158						2201
Purfleet (PFL)	d		1933		2003		2033		2103		2133		2203						2206
Grays (GRY)	a	1930	1940	2000	2010	2030	2040	2100	2110	2130	2140	2200	2213						
Grays (GRY)	d	1930		2000		2030		2100		2130		2200							
Tilbury Town (TIL)	8 d	1933		2003		2033		2103		2133		2203							
East Tilbury (ETL)	d	1939		2009		2039		2109		2139		2209							
Stanford-le-Hope (SFO)	d	1943		2013		2043		2113		2143		2213							
West Horndon (WHR)	d		1947		2017		2047		2117		2147		2217						
Laindon (LAI)	d		1952		2022		2052		2122		2152		2222						
Basildon (BSO)	d		1956		2026		2056		2126		2156		2226						
Pitsea (PSE)	d	1951	1959	2021	2029	2051	2059	2121	2129	2151	2221	2229							
Benfleet (BEF)	d	1955	2003	2025	2033	2055	2103	2125	2133	2155	2203	2225	2233						
Leigh-on-Sea (LES)	d	2000	2007	2030	2037	2100	2107	2130	2137	2200	2207	2230	2237						
Chalkwell (CHW)	d	2002	2010	2032	2040	2102	2110	2132	2140	2202	2210	2232	2240						
Westcliff (WCF)	d	2004	2012	2034	2042	2104	2112	2134	2142	2204	2212	2234	2242						
Southend Central (SOC)	a	2007	2014	2037	2044	2107	2114	2137	2144	2207	2214	2237	2244						
Southend Central (SOC)	d	2007	2015	2037	2045	2107	2115	2137	2145	2207	2215	2237	2245						
Southend East (SOE)	d	2009	2017	2039	2047	2109	2117	2139	2147	2209	2217	2239	2247						
Thorpe Bay (TPB)	d	2012	2019	2042	2049	2112	2119	2142	2149	2212	2219	2242	2249						
Shoeburyness (SRY)	a	2016	2023	2046	2053	2116	2123	2146	2153	2216	2223	2246	2253						

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	MM
London Fenchurch Street (FST)	7 d	2153		2223		2311		2341	0011		
Limehouse (LHS)	DLR d	2157		2227		2315		2345	0015		
West Ham (WEH)	DLR d	2202		2232		2320		2350	0020		
London Liverpool Street (LST)	15 d		2215		2245		2315				
Stratford (SRA)	DLR 7 d		2222		2252		2322				
Barking (BKG)	DLR d	2208	2233	2238	2303	2326	2333	2356	0026		
Upminster (UPM)	DLR d	2216	2242	2246	2312	2334	2342	0005	0034		
Ockendon (OCK)	d	2222		2252		2340					
Chafford Hundred Lakeside (CFH)	d	2226		2256		2344					
Dagenham Dock (DDK)	d										
Rainham (RNM)	d										
Purfleet (PFL)	d										
Grays (GRY)	a	2230		2300		2348					
Grays (GRY)	d	2230		2300		2348		←			
Tilbury Town (TIL)	8 d	2233		2303		2351		2351			
East Tilbury (ETL)	d	2239		2309		←		2357			
Stanford-le-Hope (SFO)	d	2243		2313				0001			
West Horndon (WHR)	d		2247		2317		2347		0010	0039	
Laindon (LAI)	d		2252		2322		2352		0015	0044	
Basildon (BSO)	d		2256		2326		2356		0018	0047	
Pitsea (PSE)	d	2251	2259	2321	2329		2359	0009	0022	0051	
Benfleet (BEF)	d	2255	2303	2325	2333		0003	0013	0025	0054	
Leigh-on-Sea (LES)	d	2300	2307	2330	2337		0007	0017	0030	0059	
Chalkwell (CHW)	d	2302	2310	2332	2340		0010	0020	0032	0101	
Westcliff (WCF)	d	2304	2312	2334	2342		0012	0022	0034	0103	
Southend Central (SOC)	a	2307	2314	2337	2344		0014	0024	0037	0106	
Southend Central (SOC)	d	2307	2315	2337	2345		0015	0025	0037	0106	
Southend East (SOE)	d	2309	2317	2339	2347		0017	0027	0039	0108	
Thorpe Bay (TPB)	d	2312	2319	2342	2349		0019	0029	0042	0111	
Shoeburyness (SRY)	a	2316	2323	2346	2353		0023	0033	0046	0115	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- MM Monday mornings

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d		0415					0459	0513				0520	0528	0534			0544
Thorpe Bay (TPB)	d	0406	0419		0435		0503	0508	0517				0524	0532	0538	0542		0548
Southend East (SOE)	d	0408	0421		0437		0505	0510	0519				0526	0534	0540	0544		0550
Southend Central (SOC)	a	0411	0424		0440		0508	0513	0522				0529	0537	0543	0547		0553
Southend Central (SOC)	d	0411	0424		0440		0508	0513	0522				0529	0537	0543	0547		0553
Westcliff (WCF)	d	0414	0426		0442		0510	0515	0524				0531	0539	0545	0549		0555
Chalkwell (CHW)	d	0416	0429		0444		0513	0517	0527				0534	0542	0548	0552		0557
Leigh-on-Sea (LES)	d	0419	0432		0447		0515	0520	0530				0536	0544	0550	0554		0600
Benfleet (BEF)	d	0423	0437		0451		0520	0524	0535				0541	0549	0555	0559		0605
Pitsea (PSE)	d	0428	0440		0456		0523	0529	0538				0546	0552	0602f			0608
Basildon (BSO)	d		0444				0527		0542					0556				0612
Laindon (LAI)	d		0447				0531		0546					0600		0606		0616
West Horndon (WHR)	d		0451				0535		0550					0604				0620
Stanford-le-Hope (SFO)	d	0434			0502			0535					0552		0608			
East Tilbury (ETL)	d	0437			0506			0539					0556		↳			
Tilbury Town (TIL)	Ⓜ d	0443			0512			0545					0602		↳			
Grays (GRY)	a	0446		↳	0515			0548		↳			0605				↳	
Grays (GRY)	d	0446		0446	0454	0515	0524	0548		0548	0554	0606					0606	0615
Purfleet (PFL)	d	↳			0500		0530	↳				0600	↳				0612	
Rainham (RNM)	d				0505		0535					0605					0618	
Dagenham Dock (DDK)	d				0509		0539					0609					0621	
Chafford Hundred Lakeside (CFH)	d			0450		0519					0551							0619
Ockendon (OCK)	d			0454		0523					0555							0624
Upminster (UPM)	Ⓜ d		0457	0500	0530		0541		0556	0602			0610		0615		0626	0631
Barking (BKG)	Ⓜ d		0505	0508	0515	0538	0545	0549	0604	0610	0615		0618			0627	0639	0639
Stratford (SRA)	Ⓜ DLR 7 a																	
London Liverpool Street (LST)	Ⓜ DLR 15 a																	
West Ham (WEH)	Ⓜ DLR d		0510	0513	0520	0543	0550	0555	0610	0616	0620		0623		0627	0633	0639	0644
Limehouse (LHS)	Ⓜ DLR d		0515	0518	0525	0548	0555	0600	0615	0621	0625		0628		0633	0639	0644	0649
London Fenchurch Street (FST)	Ⓜ 7 a		0520	0523	0530	0553	0600	0604	0619	0625	0630		0633		0637	0644	0649	0654

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d			0557		0607			0611					0626				0640
Thorpe Bay (TPB)	d		0555	0601		0611			0615					0630				0644
Southend East (SOE)	d		0557	0603		0613			0617					0632				0646
Southend Central (SOC)	a		0600	0606					0620					0635				0649
Southend Central (SOC)	d		0600	0606	0611				0620					0635				0645
Westcliff (WCF)	d		0602	0608	0613				0622					0637				0648
Chalkwell (CHW)	d		0605	0611	0616				0625					0640				0650
Leigh-on-Sea (LES)	d		0607	0614	0618	0622			0628	0635				0643				0653
Benfleet (BEF)	d		0612	0619	0623	0627			0633	0640				0648				0657
Pitsea (PSE)	d		0618	0623	0628	0631			0637				0647	0652				0703
Basildon (BSO)	d			0627		0635			0641	0646				0656				0709
Laindon (LAI)	d			0630		0639			0644	0649				0659	0703			0713
West Horndon (WHR)	d	↳		0635					0654		↳				0708		↳	0717
Stanford-le-Hope (SFO)	d	0608	0624		0634						0634		0653				0653	0710
East Tilbury (ETL)	d	0612	0628		↳						0637		↳				0656	↳
Tilbury Town (TIL)	Ⓜ d	0618	0634								0643						0702	
Grays (GRY)	a	0621	0637					↳			0646						0705	
Grays (GRY)	d	0622	0638				0631	0638			0647	0651				0701	0706	
Purfleet (PFL)	d	0628	↳					0644				0657					0712	
Rainham (RNM)	d	0633						0649				0703					0717	
Dagenham Dock (DDK)	d	0637						0653				0707					0721	
Chafford Hundred Lakeside (CFH)	d					0635					0651						0706	
Ockendon (OCK)	d					0640					0656						0711	
Upminster (UPM)	Ⓜ d			0640		0649			0654	0659	0703			0709	0713	0718		
Barking (BKG)	Ⓜ d	0643				0654		0659	0703	0708	0711	0713			0722	0726	0728	0735e
Stratford (SRA)	Ⓜ DLR 7 a																	↳
London Liverpool Street (LST)	Ⓜ DLR 15 a																	
West Ham (WEH)	Ⓜ DLR d	0649		0653		0659	0702	0705	0709	0713	0717	0720		0723	0728	0732	0735	
Limehouse (LHS)	Ⓜ DLR d	0654		0659		0705	0708	0711	0714	0719	0722	0725		0728	0733	0737	0740	
London Fenchurch Street (FST)	Ⓜ 7 a	0659		0703		0709	0712	0715	0719	0723	0727	0730		0733	0738	0742	0745	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- e Arrives 4 minutes earlier
- f Arrives 3 minutes earlier

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	0648					0702							0718				
Thorpe Bay (TPB)	d	0652					0706						0712		0722			
Southend East (SOE)	d	0654					0708						0714		0724			
Southend Central (SOC)	a	0657					0711						0717		0727			
Southend Central (SOC)	d	0657				0703	0711						0717		0727			
Westcliff (WCF)	d	0659				0705	0713						0719		0729			
Chalkwell (CHW)	d	0702				0708	0716						0722		0732			
Leigh-on-Sea (LES)	d	0705		0708		0711						0721	0725				0737	
Benfleet (BEF)	d	0710		0713		0716				←	0726	0730					0742	
Pitsea (PSE)	d			0716		0720				←	0720	0730	0734					0735
Basildon (BSO)	d			0720		←						0734	0738		0742		←	0748
Laindon (LAI)	d	0717								0731		0746c					←	0746c
West Horndon (WHR)	d							←	0736			←				←	0752	
Stanford-le-Hope (SFO)	d						0710				0726				0726			0742
East Tilbury (ETL)	d						0714			←					0730			0745
Tilbury Town (TIL)	3 d						0720								0736			0752
Grays (GRY)	a						0723								0739			0755
Grays (GRY)	d				0717									0731				0747
Purfleet (PFL)	d						0730								0746			←
Rainham (RNM)	d						0736								0751			
Dagenham Dock (DDK)	d						0740								0755			
Chafford Hundred Lakeside (CFH)	d				0721									0735				0751
Ockendon (OCK)	d				0726									0741				0756
Upminster (UPM)	⊖ d		←		0733				0741					0748		0757		0803
Barking (BKG)	⊖ d		0735e		0741			0746	0750					0756		0802		0811
Stratford (SRA)	⊖ DLR 7 a																	
London Liverpool Street (LST)	⊖ 15 a																	
West Ham (WEH)	⊖ DLR d		0741	0744	0747		0750	0753	0756		0759		0802	0805	0808	0811	0814	0817
Limehouse (LHS)	DLR d		0746	0749	0752		0755	0758	0801		0804		0807		0813	0816	0819	0822
London Fenchurch Street (FST)	7 a	0747	0751	0754	0757		0800	0803	0806		0809		0812	0814	0818	0821	0824	0827

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d						0739		0745				0800				0815	0834
Thorpe Bay (TPB)	d		0731				0743		0749				0804				0819	0838
Southend East (SOE)	d		0733				0745		0751				0806				0821	0840
Southend Central (SOC)	a		0736				0748		0754				0809				0824	0843
Southend Central (SOC)	d		0736				0748		0754				0809				0824	0843
Westcliff (WCF)	d		0738				0750		0756				0811				0826	0845
Chalkwell (CHW)	d		0741				0753		0759				0814				0829	0848
Leigh-on-Sea (LES)	d		0744				0756			0804		0817					0832	0851
Benfleet (BEF)	d		0749				0801			0809		0822					0837	0856
Pitsea (PSE)	d	0751	0753				0804			0813				0818	0836		0840	
Basildon (BSO)	d		0757				0808		0812	0817		0828					0844	0902
Laindon (LAI)	d				0803		0812			0821			0834				0848	
West Horndon (WHR)	d				0808			←	0820	0825			0839					←
Stanford-le-Hope (SFO)	d	0757					0757							0824	0843			0843
East Tilbury (ETL)	d	←					0801							0828	←			0846
Tilbury Town (TIL)	3 d						0807							0834				0853
Grays (GRY)	a			←			0810							0837				0856
Grays (GRY)	d			0756		0801					0818			0837			0847	0856
Purfleet (PFL)	d			0802			0816							0843				0902
Rainham (RNM)	d			0807			0822							0849				0908
Dagenham Dock (DDK)	d			0811			0826							0853				0911
Chafford Hundred Lakeside (CFH)	d					0805						0822						0851
Ockendon (OCK)	d					0810						0826						0856
Upminster (UPM)	⊖ d		0807		0813	0817	0821		0826			0833		0844			0856	0914
Barking (BKG)	⊖ d			0817	0822	0826		0832		0838	0841	0846	0853	0859			0905	0917
Stratford (SRA)	⊖ DLR 7 a																	
London Liverpool Street (LST)	⊖ 15 a																	
West Ham (WEH)	⊖ DLR d		0820	0823	0828	0831	0834	0838	0841	0844	0847	0852	0858	0905		0910	0917	0923
Limehouse (LHS)	DLR d		0825	0829	0833	0837	0840	0843	0846	0849	0852	0858	0904	0910		0916	0922	0929
London Fenchurch Street (FST)	7 a		0830	0833	0838	0841	0844	0848	0851	0854	0857	0903	0908	0915		0920	0928	0933

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 5 minutes earlier
- e Arrives 4 minutes earlier

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC			
Shoeburyness (SRY)	d					0854		0907					0927		0941			0957	1011		
Thorpe Bay (TPB)	d					0858		0911					0931		0945			1001	1015		
Southend East (SOE)	d					0900		0913					0933		0947			1003	1017		
Southend Central (SOC)	a					0903		0916					0936		0950			1006	1020		
Southend Central (SOC)	d		0850			0903	0912	0916					0936	0942	0950			1006	1012	1020	
Westcliff (WCF)	d		0852			0905	0915	0918					0938	0945	0952			1008	1015	1022	
Chalkwell (CHW)	d		0855			0908	0917	0921					0941	0947	0955			1011	1017	1025	
Leigh-on-Sea (LES)	d		0858			0911	0920	0924					0943	0950	0957			1013	1020	1027	
Benfleet (BEF)	d		0903			0916	0924	0929					0948	0954	1002			1018	1024	1032	
Pitsea (PSE)	d	0847	0906		0916	0920	0929						0951	0959				1022	1029		
Basildon (BSO)	d		0910			0924		0935					0955		1008			1026		1038	
Laindon (LAI)	d		0914			0927		0938					0958		1011			1030		1041	
West Horndon (WHR)	d		0918			0932						←	1003				←	1034			
Stanford-le-Hope (SFO)	d	0854			0923		0935					0935		1005			1005		1035		
East Tilbury (ETL)	d	0857			0926		→					0938		→			1008		→		
Tilbury Town (TIL)	3 d	0904			0933							0944					1014				
Grays (GRY)	a	0907			0936						←	0947					1017				
Grays (GRY)	d	0908		0917	0936					0936	0948	0953				1010	1017				
Purfleet (PFL)	d	0914			→					0942		0959				1016					
Rainham (RNM)	d	0919								0948		1004				1021					
Dagenham Dock (DDK)	d	0923								0951		1007				1024					
Chafford Hundred Lakeside (CFH)	d			0921								0952					1021				
Ockendon (OCK)	d			0925								0956					1025				
Upminster (UPM)	⊖ d		0924	0932		0937		0946				1003		1008		1019		1031	1041	1049	
Barking (BKG)	⊖ d	0929	0932	0940		0946		0955	0958	1011	1013	1017			1027	1030	1040	1050	1057		
Stratford (SRA)	⊖ DLR 7 a																				
London Liverpool Street (LST)	⊖ 15 a																				
West Ham (WEH)	⊖ DLR d	0935	0938	0946		0951		1000	1004	1016	1019	1022			1032	1036	1046	1056		1102	
Limehouse (LHS)	DLR d	0940	0943	0951		0957		1005	1009	1021	1024	1028			1037	1041	1051	1101		1107	
London Fenchurch Street (FST)	7 a	0945	0948	0956		1001		1009	1013	1025	1028	1033			1042	1045	1056	1107		1112	

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC			
Shoeburyness (SRY)	d			1027		1041				1057		1111			1127		1141			1157		
Thorpe Bay (TPB)	d			1031		1045				1101		1115			1131		1145			1201		
Southend East (SOE)	d			1033		1047				1103		1117			1133		1147			1203		
Southend Central (SOC)	a			1036		1050				1106		1120			1136		1150			1206		
Southend Central (SOC)	d			1036	1042	1050				1106	1112	1120			1136	1139	1150			1206		
Westcliff (WCF)	d			1038	1045	1052				1108	1115	1122			1138	1142	1152			1208		
Chalkwell (CHW)	d			1041	1047	1055				1111	1117	1125			1141	1144	1155			1211		
Leigh-on-Sea (LES)	d			1043	1050	1057				1113	1120	1127			1143	1147	1157			1213		
Benfleet (BEF)	d			1048	1054	1102				1118	1124	1132			1148	1151	1202			1218		
Pitsea (PSE)	d			1051	1059					1121	1129				1151	1156				1221		
Basildon (BSO)	d			1055		1108				1125		1138			1155		1208			1225		
Laindon (LAI)	d			1058		1111				1128		1141			1158		1211			1228		
West Horndon (WHR)	d		←	1103						1133					1203				←	1233		
Stanford-le-Hope (SFO)	d		1035		1105					1105		1135			1135		1202			1202		
East Tilbury (ETL)	d		1038		→					1108		→			1138		→			1205		
Tilbury Town (TIL)	3 d		1044							1114					1144					1211		
Grays (GRY)	a		1047							1117					1147					1214		
Grays (GRY)	d	1040	1047				1110	1117					1140	1147					1210	1214		
Purfleet (PFL)	d	1046					1116						1146						1216			
Rainham (RNM)	d	1051					1121						1151						1221			
Dagenham Dock (DDK)	d	1054					1124						1154						1224			
Chafford Hundred Lakeside (CFH)	d		1051					1121							1151					1218		
Ockendon (OCK)	d		1055					1125							1155					1222		
Upminster (UPM)	⊖ d		1101	1108		1119		1131	1138			1149			1201	1208		1219		1229	1238	
Barking (BKG)	⊖ d	1100	1109	1117		1127	1130	1139	1147			1157	1200	1209	1216			1227	1230	1238	1247	
Stratford (SRA)	⊖ DLR 7 a																					
London Liverpool Street (LST)	⊖ 15 a																					
West Ham (WEH)	⊖ DLR d	1106	1114	1122		1132	1136	1144	1152				1202	1206	1214	1221			1232	1236	1243	1252
Limehouse (LHS)	DLR d	1111	1119	1127		1137	1141	1149	1157				1207	1211	1219	1226			1237	1241	1248	1257
London Fenchurch Street (FST)	7 a	1116	1124	1131		1142	1146	1154	1201				1212	1216	1224	1230			1242	1246	1253	1301

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d		1211			1227		1241			1257		1311			1327		1341	
Thorpe Bay (TPB)	d		1215			1231		1245			1301		1315			1331		1345	
Southend East (SOE)	d		1217			1233		1247			1303		1317			1333		1347	
Southend Central (SOC)	a		1220			1236		1250			1306		1320			1336		1350	
Southend Central (SOC)	d	1212	1220			1236	1242	1250			1306	1311	1320			1336	1342	1350	
Westcliff (WCF)	d	1215	1222			1238	1245	1252			1308	1314	1322			1338	1345	1352	
Chalkwell (CHW)	d	1217	1225			1241	1247	1255			1311	1316	1325			1341	1347	1355	
Leigh-on-Sea (LES)	d	1220	1227			1243	1250	1257			1313	1319	1327			1343	1350	1357	
Benfleet (BEF)	d	1224	1232			1248	1254	1302			1318	1323	1332			1348	1354	1402	
Pitsea (PSE)	d	1229				1251	1259				1321	1328				1351	1359		
Basildon (BSO)	d		1238			1255		1308			1325		1338			1355		1408	
Laindon (LAI)	d		1241			1258		1311			1328		1341			1358		1411	
West Horndon (WHR)	d				←	1303				←	1333				←	1403			
Stanford-le-Hope (SFO)	d	1235			1235		1305			1305		1334			1334		1405		
East Tilbury (ETL)	d	←			1238		←			1308		←			1337		←		
Tilbury Town (TIL)	8 d				1244					1314					1343				
Grays (GRY)	a				1247					1317					1346				
Grays (GRY)	d			1240	1247				1310	1317				1340	1346				1410
Purfleet (PFL)	d			1246					1316					1346					1416
Rainham (RNM)	d			1251					1321					1351					1421
Dagenham Dock (DDK)	d			1254					1324					1354					1424
Chafford Hundred Lakeside (CFH)	d				1251					1321					1350				
Ockendon (OCK)	d				1255					1325					1354				
Upminster (UPM)	⊖ d		1249		1301	1308		1319		1331	1338		1349		1401	1408		1419	
Barking (BKG)	⊖ d		1257	1300	1309	1316		1327	1330	1340	1346		1357	1401	1409	1416		1427	1430
Stratford (SRA)	⊖ DLR 7 a																		
London Liverpool Street (LST)	⊖ 15 a																		
West Ham (WEH)	⊖ DLR d		1302	1306	1314	1321		1332	1336	1345	1351		1402	1406	1414	1421		1432	1436
Limehouse (LHS)	DLR d		1307	1311	1319	1326		1337	1341	1351	1356		1407	1411	1419	1426		1437	1441
London Fenchurch Street (FST)	7 a		1312	1316	1324	1331		1342	1345	1356	1400		1412	1416	1424	1432		1442	1446

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
Shoeburyness (SRY)	d		1357			1411			1427		1441			1457		1511			1526	
Thorpe Bay (TPB)	d		1401			1415			1431	1437	1445			1501		1515			1530	1536
Southend East (SOE)	d		1403			1417			1433	1439	1447			1503		1517			1532	1538
Southend Central (SOC)	a		1406			1420			1436	1442	1450			1506		1520			1535	1541
Southend Central (SOC)	d		1406	1412	1420				1436	1443	1450			1506	1511	1520			1535	1541
Westcliff (WCF)	d		1408	1415	1422				1438	1445	1452			1508	1514	1522			1537	1543
Chalkwell (CHW)	d		1411	1417	1425				1441	1447	1455			1511	1516	1525			1540	1546
Leigh-on-Sea (LES)	d		1413	1420	1427				1443	1450	1457			1513	1519	1527			1542	1549
Benfleet (BEF)	d		1418	1424	1432				1448	1454	1502			1518	1523	1532			1547	1553
Pitsea (PSE)	d		1421	1429					1451	1459				1521	1528				1550	1559
Basildon (BSO)	d		1425		1438				1455		1508			1525		1538			1554	
Laindon (LAI)	d		1428		1441				1458		1511			1528		1541			1558	
West Horndon (WHR)	d	←	1433					←	1503				←	1533				←	1602	
Stanford-le-Hope (SFO)	d	1405		1435			1435		1505				1505		1534			1534		1605
East Tilbury (ETL)	d	1408		←			1438		←				1508		←			1537		←
Tilbury Town (TIL)	8 d		1414				1444						1514					1543		
Grays (GRY)	a		1417				1447						1517					1546		
Grays (GRY)	d	1417				1440	1447				1510	1517				1540	1546			
Purfleet (PFL)	d					1446					1516					1546				
Rainham (RNM)	d					1451					1521					1551				
Dagenham Dock (DDK)	d					1454					1524					1554				
Chafford Hundred Lakeside (CFH)	d	1421					1451						1521					1550		
Ockendon (OCK)	d	1425					1455						1525					1554		
Upminster (UPM)	⊖ d	1431	1438		1449		1501	1508		1519		1531	1538		1549			1601	1608	
Barking (BKG)	⊖ d	1439	1446		1457	1500	1509	1516		1527	1530	1539	1546		1557	1600		1611	1616	
Stratford (SRA)	⊖ DLR 7 a																			
London Liverpool Street (LST)	⊖ 15 a																			
West Ham (WEH)	⊖ DLR d	1444	1451		1502	1506	1514	1521		1532	1536	1544	1551		1602	1606	1616	1621		
Limehouse (LHS)	DLR d	1449	1456		1507	1511	1519	1526		1537	1541	1549	1556		1607	1611	1621	1626		
London Fenchurch Street (FST)	7 a	1455	1500		1512	1515	1525	1530		1542	1545	1555	1600		1612	1616	1628	1631		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d	1538			1554		1603		1613	1618						1640	1648		
Thorpe Bay (TPB)	d	1541			1558		1607		1617	1622						1644	1652		
Southend East (SOE)	d	1544			1600		1610		1619	1624						1646	1654		
Southend Central (SOC)	a	1546			1603		1613		1622	1627						1649	1657		
Southend Central (SOC)	d	1547			1603	1608	1614		1622	1627				1635		1649	1657		
Westcliff (WCF)	d	1549			1606	1611	1616		1624	1629				1637		1651	1659		
Chalkwell (CHW)	d	1551			1609	1613	1619		1627	1632				1640		1654	1702		
Leigh-on-Sea (LES)	d	1554			1612	1616	1621		1629	1634				1642		1657	1704		
Benfleet (BEF)	d	1558			1617	1620	1626		1634	1639				1647		1702	1709		
Pitsea (PSE)	d	1602				1625	1630			1643			1648		1651	1706	1714		1717
Basildon (BSO)	d	1605			1623		1634		1640	1647				1655		1710	1719		
Laindon (LAI)	d	1609			1626		1637		1643	1651				1658		1713	1722		
West Horndon (WHR)	d	1613			1631				1648				1703		1718				
Stanford-le-Hope (SFO)	d			1605		1632						1632	1654		1654				1723
East Tilbury (ETL)	d			1608								1635			1658				
Tilbury Town (TIL)	d			1615								1641			1704				
Grays (GRY)	a			1618								1644			1707				
Grays (GRY)	d		1609	1619				1637			1648	1647			1708			1717	
Purfleet (PFL)	d		1615					1643				1654			1713				
Rainham (RNM)	d		1620					1648				1701			1719				
Dagenham Dock (DDK)	d		1624					1652				1707			1722				
Chafford Hundred Lakeside (CFH)	d			1622								1652							1721
Ockendon (OCK)	d			1626								1657							1727
Upminster (UPM)	d	1619		1633		1646		1653	1659	1704				1708		1725		1734	
Barking (BKG)	d	1627	1630	1641		1655	1658	1701	1707		1713			1717	1728	1734	1739	1743	
Stratford (SRA)	a																		
London Liverpool Street (LST)	a																		
West Ham (WEH)	d	1632	1636	1646	1650		1701	1704	1707	1713	1716	1719		1722	1734	1740	1746	1749	
Limehouse (LHS)	d	1637	1642	1651			1709	1712		1721	1724			1727	1739			1754	
London Fenchurch Street (FST)	a	1642	1647	1657	1659		1710	1714	1717	1722	1725	1728		1731	1744	1750	1755	1758	

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	1657	1704		1715			1721			1727				1744				1759
Thorpe Bay (TPB)	d	1701	1708		1719			1725			1731				1748				1803
Southend East (SOE)	d	1703	1710		1721			1727			1733				1750				1805
Southend Central (SOC)	a	1706	1713		1724			1730			1736				1753				1808
Southend Central (SOC)	d	1706	1713		1724			1730			1736				1753				1808
Westcliff (WCF)	d	1708	1715		1726			1732			1738				1755				1810
Chalkwell (CHW)	d	1711	1718		1729			1735			1740				1758				1813
Leigh-on-Sea (LES)	d	1713	1720		1731			1737			1743	1757			1800				1815
Benfleet (BEF)	d	1718	1725		1736			1742			1747				1805				1820
Pitsea (PSE)	d	1721	1728				1732	1745			1751			1803	1808				1823
Basildon (BSO)	d	1725	1732		1743			1749			1755	1806			1812				1827
Laindon (LAI)	d	1728	1735		1746			1752			1758				1815				1831
West Horndon (WHR)	d	1733									1803				1820				1835
Stanford-le-Hope (SFO)	d			1723			1738			1738				1810					1810
East Tilbury (ETL)	d			1727						1742									1813
Tilbury Town (TIL)	d			1733						1748									1819
Grays (GRY)	a			1736						1751									1822
Grays (GRY)	d			1737		1747				1751				1803			1817	1823	1833
Purfleet (PFL)	d			1742						1757				1809			1829		1839
Rainham (RNM)	d			1748						1802				1816			1834		1845
Dagenham Dock (DDK)	d			1751						1806				1820			1838		1851
Chafford Hundred Lakeside (CFH)	d					1751											1821		
Ockendon (OCK)	d					1757				1757							1827		
Upminster (UPM)	d	1738	1744				1801				1805	1808	1816			1825	1834		1841
Barking (BKG)	d	1747	1752	1757					1812	1814	1817	1824	1827			1833	1842	1845	1849
Stratford (SRA)	a																		
London Liverpool Street (LST)	a																		
West Ham (WEH)	d	1752	1757	1803	1806			1813	1817	1820	1823	1829	1833		1838	1848	1851	1854	1903
Limehouse (LHS)	d	1757	1802	1808				1818	1825	1828	1838	1843	1853	1856	1859	1909			
London Fenchurch Street (FST)	a	1801	1807	1812	1815			1822	1826	1829	1832	1838	1842		1848	1858	1901	1904	1914

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d		1814			1829		1847			1857		1914			1927		1942
Thorpe Bay (TPB)	d		1818			1833		1851			1901		1918			1931		1946
Southend East (SOE)	d		1820			1835		1853			1903		1920			1933		1948
Southend Central (SOC)	a		1823			1838		1856			1906		1923			1936		1951
Southend Central (SOC)	d		1823			1838		1856			1906	1912	1923			1936	1942	1951
Westcliff (WCF)	d		1825			1840		1858			1908	1915	1925			1938	1945	1953
Chalkwell (CHW)	d		1828			1843		1901			1911	1917	1928			1941	1947	1956
Leigh-on-Sea (LES)	d		1830			1845		1903			1914	1920	1930			1943	1950	1958
Benfleet (BEF)	d		1835			1850		1908			1919	1924	1935			1948	1954	2003
Pitsea (PSE)	d	1828	1838		1847	1854		1859	1918		1923	1929				1951	1959	
Basildon (BSO)	d		1842			1858		1914			1927		1941			1955		2009
Laindon (LAI)	d		1845			1901		1917			1930		1944			1958		2012
West Horndon (WHR)	d		1850			1906					1935					2003		
Stanford-le-Hope (SFO)	d	1834		1834	1854		1854		1905	1926		1935			1935		2005	
East Tilbury (ETL)	d	↔		1838	↔		1857		1909	1930		↔			1938		↔	
Tilbury Town (TIL)	Ⓜ d		1844			1903		1915	1937						1944			
Grays (GRY)	a		1847			1906		1918	1940					↔	1947			
Grays (GRY)	d		1847			1907		1919	1941					1941	1947			2010
Purfleet (PFL)	d					1912			↔					1947				2016
Rainham (RNM)	d					1918								1952				2021
Dagenham Dock (DDK)	d					1921								1956				2024
Chafford Hundred Lakeside (CFH)	d			1851					1922						1951			
Ockendon (OCK)	d			1856					1926						1955			
Upminster (UPM)	Ⓜ d		1855	1903		1911		1925	1933		1940		1952		2001	2008		2020
Barking (BKG)	Ⓜ d		1905	1912		1921	1927	1933	1941		1948		2000	2003	2010	2016		2028 2030
Stratford (SRA)	Ⓜ DLR 7 a																	
London Liverpool Street (LST)	Ⓜ 15 a																	
West Ham (WEH)	Ⓜ DLR d		1910	1917		1926	1933	1938	1946		1953		2005	2009	2015	2022		2033 2036
Limehouse (LHS)	Ⓜ DLR d		1915	1922		1931	1938	1943	1951		1958		2010	2014	2020	2027		2038 2041
London Fenchurch Street (FST)	Ⓜ 7 a		1919	1927		1935	1942	1948	1956		2003		2014	2019	2024	2031		2043 2045

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d		1957			2011			2027			2041			2057		2111		2127
Thorpe Bay (TPB)	d		2001			2015			2031			2045			2101		2115		2131
Southend East (SOE)	d		2003			2017			2033			2047			2103		2117		2133
Southend Central (SOC)	a		2006			2020			2036			2050			2106		2120		2136
Southend Central (SOC)	d		2006	2012	2020				2036	2042	2050				2106	2112	2120		2136 2142
Westcliff (WCF)	d		2008	2015	2022				2038	2045	2052				2108	2115	2122		2138 2145
Chalkwell (CHW)	d		2011	2017	2025				2041	2047	2055				2111	2117	2125		2141 2147
Leigh-on-Sea (LES)	d		2013	2020	2027				2043	2050	2057				2113	2120	2127		2143 2150
Benfleet (BEF)	d		2018	2024	2032				2048	2054	2102				2118	2124	2132		2148 2154
Pitsea (PSE)	d		2021	2029					2051	2059					2121	2129			2151 2159
Basildon (BSO)	d		2025			2038			2055		2108				2125		2138		2155
Laindon (LAI)	d		2028			2041			2058		2111				2128		2141		2158
West Horndon (WHR)	d	↔	2033						2103				↔	2133				↔	2203
Stanford-le-Hope (SFO)	d	2005		2035					2035		2105			2105		2135			2135 2205
East Tilbury (ETL)	d	2008		↔					2038		↔			2108		↔			2138 ↔
Tilbury Town (TIL)	Ⓜ d	2014							2044					2114					2144
Grays (GRY)	a	2017							2047					2117					2147
Grays (GRY)	d	2017				2040	2047				2110	2117					2143	2147	
Purfleet (PFL)	d					2046					2116						2149		
Rainham (RNM)	d					2051					2121						2154		
Dagenham Dock (DDK)	d					2054					2124						2157		
Chafford Hundred Lakeside (CFH)	d	2021							2051					2121					2151
Ockendon (OCK)	d	2025							2055					2125					2155
Upminster (UPM)	Ⓜ d	2031	2038		2049			2101	2108		2119		2138		2149				2201 2208
Barking (BKG)	Ⓜ d	2039	2046		2057	2100		2109	2116		2127	2130	2139	2146		2157	2203	2209	2217
Stratford (SRA)	Ⓜ DLR 7 a																		
London Liverpool Street (LST)	Ⓜ 15 a																		
West Ham (WEH)	Ⓜ DLR d	2044	2051		2102	2106	2114	2121			2132	2136	2144	2151		2202	2209	2214	2222
Limehouse (LHS)	Ⓜ DLR d	2049	2056		2107	2111	2119	2126			2137	2141	2149	2156		2207	2214	2219	2227
London Fenchurch Street (FST)	Ⓜ 7 a	2054	2100		2112	2115	2124	2130			2142	2145	2154	2200		2212	2218	2225	2232

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	2141			2157			2227			2257			2327
Thorpe Bay (TPB)	d	2145			2201			2231			2301			2331
Southend East (SOE)	d	2147			2203			2233			2303			2333
Southend Central (SOC)	a	2150			2206			2236			2306			2336
Southend Central (SOC)	d	2150			2206		2212	2236		2242	2306		2312	2336
Westcliff (WCF)	d	2152			2208		2215	2238		2245	2308		2315	2338
Chalkwell (CHW)	d	2155			2211		2217	2241		2247	2311		2317	2341
Leigh-on-Sea (LES)	d	2157			2213		2220	2243		2250	2313		2320	2343
Benfleet (BEF)	d	2202			2218		2224	2248		2254	2318		2324	2348
Pitsea (PSE)	d				2221		2229	2251		2259	2321		2329	2351
Basildon (BSO)	d	2208			2225			2255			2325			2355
Laindon (LAI)	d	2211			2228			2258			2328			2358
West Horndon (WHR)	d			←	2233			2303			2333			0003
Stanford-le-Hope (SFO)	d			2205			2235			2305			2335	
East Tilbury (ETL)	d			2208			2238			2308			2338	
Tilbury Town (TIL)	8 d			2214			2244			2314			2344	
Grays (GRY)	a			2217			2247			2317			2347	
Grays (GRY)	d	2212	2217		2240		2247		2312	2317		2342	2347	
Purfleet (PFL)	d	2218			2246			2318			2348			
Rainham (RNM)	d	2223			2251			2323			2353			
Dagenham Dock (DDK)	d	2227			2254			2326			2356			
Chafford Hundred Lakeside (CFH)	d			2221			2251			2321			2351	
Ockendon (OCK)	d			2225			2255			2325			2355	
Upminster (UPM)	⊖ d	2219		2231	2238		2301	2308		2331	2338		0001	0008
Barking (BKG)	⊖ d	2227	2232	2239	2246	2300	2309	2316	2332	2339	2346	0002	0009	0016
Stratford (SRA)	⊖ DLR 7 a													
London Liverpool Street (LST)	⊖ 15 a													
West Ham (WEH)	⊖ DLR d	2232	2238	2244	2251	2306	2314	2321	2338	2344	2351	0008	0014	0021
Limehouse (LHS)	DLR d	2237	2243	2249	2256	2311	2319	2326	2343	2349	2356	0013	0019	0026
London Fenchurch Street (FST)	7 a	2242	2247	2254	2300	2315	2324	2330	2347	2354	0001	0017	0024	0031

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Saturdays

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d		0425	0443	0509		0513	0539		0543	0609		0613	0639		0643	0709	0713
Thorpe Bay (TPB)	d		0429	0447	0513		0517	0543		0547	0613		0617	0643		0647	0713	0717
Southend East (SOE)	d		0431	0449	0515		0519	0545		0549	0615		0619	0645		0649	0715	0719
Southend Central (SOC)	a		0434	0452	0518		0522	0548		0552	0618		0622	0648		0652	0718	0722
Southend Central (SOC)	d	0413	0434	0452	0518		0522	0548		0552	0618		0622	0648		0652	0718	0722
Westcliff (WCF)	d	0415	0436	0454	0520		0524	0550		0554	0620		0624	0650		0654	0720	0724
Chalkwell (CHW)	d	0417	0439	0457	0523		0527	0553		0557	0623		0627	0653		0657	0723	0727
Leigh-on-Sea (LES)	d	0420	0441	0500	0526		0530	0556		0600	0626		0630	0656		0700	0726	0730
Benfleet (BEF)	d	0424	0446	0505	0531		0535	0601		0605	0631		0635	0701		0705	0731	0735
Pitsea (PSE)	d	0429	0449	0510	0534		0540	0604		0610	0634		0640	0704		0710	0734	0740
Basildon (BSO)	d		0453		0538			0608			0638			0708			0738	
Laindon (LAI)	d		0456		0542			0612			0642			0712			0742	
West Horndon (WHR)	d		0501		0546			0616			0646			0716			0746	
Stanford-le-Hope (SFO)	d	0435		0516			0546			0616			0646			0716		0746
East Tilbury (ETL)	d	0438		0520			0550			0620			0650			0720		←
Tilbury Town (TIL)	d	0444		0526			0556			0626			0656			0726		
Grays (GRY)	a	0447		0529			0559			0629			0659			0729		
Grays (GRY)	d	0448		0530		0552	0600		0622	0630		0652	0700		0722	0730		0752
Purfleet (PFL)	d				0558			0628			0658			0728			0758	
Rainham (RNM)	d				0603			0633			0703			0733			0803	
Dagenham Dock (DDK)	d				0606			0636			0706			0736			0806	
Chafford Hundred Lakeside (CFH)	d	0451		0534			0604			0634			0704			0734		
Ockendon (OCK)	d	0455		0538			0608			0638			0708			0738		
Upminster (UPM)	d	0502	0506	0544	0552		0614	0622		0644	0652		0714	0722		0744	0752	
Barking (BKG)	d	0510	0514	0553	0600	0612	0623	0630	0642	0653	0700	0712	0723	0730	0742	0753	0800	0812
Stratford (SRA)	d	0515	0519	0558	0606	0618	0628	0636	0648	0658	0706	0718	0728	0736	0748	0758	0806	0818
London Liverpool Street (LST)	a	0515	0519	0558	0606	0618	0628	0636	0648	0658	0706	0718	0728	0736	0748	0758	0806	0818
West Ham (WEH)	d	0520	0524	0603	0611	0623	0633	0641	0653	0703	0711	0723	0733	0741	0753	0803	0811	0823
Limehouse (LHS)	d	0520	0524	0603	0611	0623	0633	0641	0653	0703	0711	0723	0733	0741	0753	0803	0811	0823
London Fenchurch Street (FST)	a	0525	0529	0607	0615	0627	0637	0645	0657	0707	0715	0727	0737	0745	0757	0807	0815	0827

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d	0726		0739		0743	0756		0809		0813	0826		0839		0843	0856	0909	
Thorpe Bay (TPB)	d	0730		0743		0747	0800		0813		0817	0830		0843		0847	0900	0913	
Southend East (SOE)	d	0732		0745		0749	0802		0815		0819	0832		0845		0849	0902	0915	
Southend Central (SOC)	a	0735		0748		0752	0805		0818		0822	0835		0848		0852	0905	0918	
Southend Central (SOC)	d	0735		0748		0752	0805		0818		0822	0835		0848		0852	0905	0918	
Westcliff (WCF)	d	0737		0750		0754	0807		0820		0824	0837		0850		0854	0907	0920	
Chalkwell (CHW)	d	0740		0753		0757	0810		0823		0827	0840		0853		0857	0910	0923	
Leigh-on-Sea (LES)	d	0742		0756		0800	0812		0826		0830	0842		0856		0900	0912	0926	
Benfleet (BEF)	d	0747		0801		0805	0817		0831		0835	0847		0901		0905	0917	0931	
Pitsea (PSE)	d			0804		0810			0834		0840			0904		0910		0934	
Basildon (BSO)	d	0753		0808			0823		0838			0853		0908			0923	0938	
Laindon (LAI)	d	0757		0812			0827		0842			0857		0912			0927	0942	
West Horndon (WHR)	d		←	0816				←	0846				←	0916				←	
Stanford-le-Hope (SFO)	d		0746			0816			0846			0846			0916			0916	
East Tilbury (ETL)	d		0750			←	0820			←		0850			←			0920	
Tilbury Town (TIL)	d		0756				0826					0856						0926	
Grays (GRY)	a		0759				0829					0859						0929	
Grays (GRY)	d		0800		0822			0830		0852			0900		0922			0930	
Purfleet (PFL)	d				0828					0858					0928				
Rainham (RNM)	d				0833					0903					0933				
Dagenham Dock (DDK)	d				0836					0906					0936				
Chafford Hundred Lakeside (CFH)	d		0804				0834						0904					0934	
Ockendon (OCK)	d		0808				0838						0908					0938	
Upminster (UPM)	d	0806	0814	0822			0836	0844	0852			0906	0914	0922			0936	0944	0952
Barking (BKG)	d	0816	0823	0830	0842		0846	0853	0900	0912		0916	0923	0930	0942		0946	0953	1000
Stratford (SRA)	d	0825					0855					0925						0955	
London Liverpool Street (LST)	a	0833					0903					0933						1003	
West Ham (WEH)	d		0828	0836	0848			0858	0906	0918			0928	0936	0948			0958	1006
Limehouse (LHS)	d		0833	0841	0853			0903	0911	0923			0933	0941	0953			1003	1011
London Fenchurch Street (FST)	a		0837	0845	0857			0907	0915	0927			0937	0945	0957			1007	1015

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d	0913	0926		0939		0943	0956		1009		1013	1026		1039		1043	1056
Thorpe Bay (TPB)	d	0917	0930		0943		0947	1000		1013		1017	1030		1043		1047	1100
Southend East (SOE)	d	0919	0932		0945		0949	1002		1015		1019	1032		1045		1049	1102
Southend Central (SOC)	a	0922	0935		0948		0952	1005		1018		1022	1035		1048		1052	1105
Southend Central (SOC)	d	0922	0935		0948		0952	1005		1018		1022	1035		1048		1052	1105
Westcliff (WCF)	d	0924	0937		0950		0954	1007		1020		1024	1037		1050		1054	1107
Chalkwell (CHW)	d	0927	0940		0953		0957	1010		1023		1027	1040		1053		1057	1110
Leigh-on-Sea (LES)	d	0930	0942		0956		1000	1012		1026		1030	1042		1056		1100	1112
Benfleet (BEF)	d	0935	0947		1001		1005	1017		1031		1035	1047		1101		1105	1117
Pitsea (PSE)	d	0940			1004		1010			1034		1040			1104		1110	
Basildon (BSO)	d		0953		1008			1023		1038			1053		1108			1123
Laindon (LAI)	d		0957		1012			1027		1042			1057		1112			1127
West Horndon (WHR)	d				1016					1046					1116			
Stanford-le-Hope (SFO)	d	0946		0946			1016		1016			1046		1046			1116	
East Tilbury (ETL)	d		0950						1020				1050					
Tilbury Town (TIL)	8 d		0956						1026				1056					
Grays (GRY)	a		0959						1029				1059					
Grays (GRY)	d	0952			1000			1022		1030			1052				1122	
Purfleet (PFL)	d	0958						1028					1058				1128	
Rainham (RNM)	d	1003						1033					1103				1133	
Dagenham Dock (DDK)	d	1006						1036					1106				1136	
Chafford Hundred Lakeside (CFH)	d				1004					1034					1104			
Ockendon (OCK)	d				1008					1038					1108			
Upminster (UPM)	⊖ d			1006	1014	1022			1036	1044	1052			1106	1114	1122		1136
Barking (BKG)	⊖ d	1012		1016	1023	1030	1042		1046	1053	1100	1112		1116	1123	1130	1142	1146
Stratford (SRA)	⊖ DLR 7 a			1025					1055					1125				1155
London Liverpool Street (LST)	⊖ 15 a			1033					1103					1133				1203
West Ham (WEH)	⊖ DLR d	1018			1028	1036	1048			1058	1106	1118			1128	1136	1148	
Limehouse (LHS)	DLR d	1023			1033	1041	1053			1103	1111	1123			1133	1141	1153	
London Fenchurch Street (FST)	7 a	1027			1037	1045	1057			1107	1115	1127			1137	1145	1157	

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
Shoeburyness (SRY)	d	1109		1113	1126		1139		1143	1156		1209		1213	1226		1239		
Thorpe Bay (TPB)	d	1113		1117	1130		1143		1147	1200		1213		1217	1230		1243		
Southend East (SOE)	d	1115		1119	1132		1145		1149	1202		1215		1219	1232		1245		
Southend Central (SOC)	a	1118		1122	1135		1148		1152	1205		1218		1222	1235		1248		
Southend Central (SOC)	d	1118		1122	1135		1148		1152	1205		1218		1222	1235		1248		
Westcliff (WCF)	d	1120		1124	1137		1150		1154	1207		1220		1224	1237		1250		
Chalkwell (CHW)	d	1123		1127	1140		1153		1157	1210		1223		1227	1240		1253		
Leigh-on-Sea (LES)	d	1126		1130	1142		1156		1200	1212		1226		1230	1242		1256		
Benfleet (BEF)	d	1131		1135	1147		1201		1205	1217		1231		1235	1247		1301		
Pitsea (PSE)	d	1134		1140			1204		1210			1234		1240			1304		
Basildon (BSO)	d	1138			1153		1208			1223		1238			1253		1308		
Laindon (LAI)	d	1142			1157		1212			1227		1242			1257		1312		
West Horndon (WHR)	d	1146					1216					1246					1316		
Stanford-le-Hope (SFO)	d	1116		1146			1146		1216			1216		1246			1246		
East Tilbury (ETL)	d	1120			1150					1220					1250				
Tilbury Town (TIL)	8 d	1126			1156					1226					1256				
Grays (GRY)	a	1129			1159					1229					1259				
Grays (GRY)	d	1130		1152			1200		1222			1230		1252			1300	1322	
Purfleet (PFL)	d			1158					1228					1258				1328	
Rainham (RNM)	d			1203					1233					1303				1333	
Dagenham Dock (DDK)	d			1206					1236					1306				1336	
Chafford Hundred Lakeside (CFH)	d	1134					1204					1234					1304		
Ockendon (OCK)	d	1138					1208					1238					1308		
Upminster (UPM)	⊖ d	1144	1152		1206	1214	1222			1236	1244	1252			1306	1314	1322		
Barking (BKG)	⊖ d	1153	1200	1212		1216	1223	1230	1242		1246	1253	1300	1312		1316	1323	1330	1342
Stratford (SRA)	⊖ DLR 7 a				1225					1255					1325				
London Liverpool Street (LST)	⊖ 15 a				1233					1303					1333				
West Ham (WEH)	⊖ DLR d	1158	1206	1218			1228	1236	1248			1258	1306	1318			1328	1336	1348
Limehouse (LHS)	DLR d	1203	1211	1223			1233	1241	1253			1303	1311	1323			1333	1341	1353
London Fenchurch Street (FST)	7 a	1207	1215	1227			1237	1245	1257			1307	1315	1327			1337	1345	1357

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC			
Shoeburyness (SRY)	d	1243	1256		1309		1313	1326		1339		1343	1356		1409		1413	1426		
Thorpe Bay (TPB)	d	1247	1300		1313		1317	1330		1343		1347	1400		1413		1417	1430		
Southend East (SOE)	d	1249	1302		1315		1319	1332		1345		1349	1402		1415		1419	1432		
Southend Central (SOC)	a	1252	1305		1318		1322	1335		1348		1352	1405		1418		1422	1435		
Southend Central (SOC)	d	1252	1305		1318		1322	1335		1348		1352	1405		1418		1422	1435		
Westcliff (WCF)	d	1254	1307		1320		1324	1337		1350		1354	1407		1420		1424	1437		
Chalkwell (CHW)	d	1257	1310		1323		1327	1340		1353		1357	1410		1423		1427	1440		
Leigh-on-Sea (LES)	d	1300	1312		1326		1330	1342		1356		1400	1412		1426		1430	1442		
Benfleet (BEF)	d	1305	1317		1331		1335	1347		1401		1405	1417		1431		1435	1447		
Pitsea (PSE)	d	1310			1334		1340			1404		1410			1434		1440			
Basildon (BSO)	d		1323		1338			1353		1408			1423		1438			1453		
Laindon (LAI)	d		1327		1342			1357		1412			1427		1442			1457		
West Horndon (WHR)	d			←	1346				←	1416				←	1446			←		
Stanford-le-Hope (SFO)	d	1316		1316			1346		1346			1416		1416			1446	1446		
East Tilbury (ETL)	d	←		1320			←		1350			←		1420			←	1450		
Tilbury Town (TIL)	8 d			1326					1356					1426				1456		
Grays (GRY)	a			1329					1359					1429				1459		
Grays (GRY)	d			1330				1352		1400			1422			1452		1500		
Purfleet (PFL)	d							1358					1428			1458				
Rainham (RNM)	d							1403					1433			1503				
Dagenham Dock (DDK)	d							1406					1436			1506				
Chafford Hundred Lakeside (CFH)	d			1334						1404					1434			1504		
Ockendon (OCK)	d			1338						1408					1438			1508		
Upminster (UPM)	⊖ d		1336	1344	1352			1406	1414	1422			1436	1444	1452			1506	1514	
Barking (BKG)	⊖ d		1346	1353	1400	1412		1416	1423	1430	1442		1446	1453	1500	1512			1516	1523
Stratford (SRA)	⊖ DLR 7 a			1355					1425					1455						1525
London Liverpool Street (LST)	⊖ 15 a			1403					1433					1503						1533
West Ham (WEH)	⊖ DLR d			1358	1406	1418				1428	1436	1448			1458	1506	1518			1528
Limehouse (LHS)	DLR d			1403	1411	1423				1433	1441	1453			1503	1511	1523			1533
London Fenchurch Street (FST)	7 a			1407	1415	1427				1437	1445	1457			1507	1515	1527			1537

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC			
Shoeburyness (SRY)	d	1439		1443	1456		1509		1513	1526		1539		1543	1556		1609	1613		
Thorpe Bay (TPB)	d	1443		1447	1500		1513		1517	1530		1543		1547	1600		1613	1617		
Southend East (SOE)	d	1445		1449	1502		1515		1519	1532		1545		1549	1602		1615	1619		
Southend Central (SOC)	a	1448		1452	1505		1518		1522	1535		1548		1552	1605		1618	1622		
Southend Central (SOC)	d	1448		1452	1505		1518		1522	1535		1548		1552	1605		1618	1622		
Westcliff (WCF)	d	1450		1454	1507		1520		1524	1537		1550		1554	1607		1620	1624		
Chalkwell (CHW)	d	1453		1457	1510		1523		1527	1540		1553		1557	1610		1623	1627		
Leigh-on-Sea (LES)	d	1456		1500	1512		1526		1530	1542		1556		1600	1612		1626	1630		
Benfleet (BEF)	d	1501		1505	1517		1531		1535	1547		1601		1605	1617		1631	1635		
Pitsea (PSE)	d	1504		1510			1534		1540			1604		1610			1634	1640		
Basildon (BSO)	d	1508			1523		1538			1553		1608			1623		1638			
Laindon (LAI)	d	1512			1527		1542			1557		1612			1627		1642			
West Horndon (WHR)	d	1516				←	1546				←	1616				←	1646			
Stanford-le-Hope (SFO)	d			1516			1516			1546				1616			1616	1646		
East Tilbury (ETL)	d			←			1520			←				←			1620	←		
Tilbury Town (TIL)	8 d						1526										1626			
Grays (GRY)	a						1529										1629			
Grays (GRY)	d			1522			1530			1552			1600			1630		1652		
Purfleet (PFL)	d			1528						1558					1628			1658		
Rainham (RNM)	d			1533						1603					1633			1703		
Dagenham Dock (DDK)	d			1536						1606					1636			1706		
Chafford Hundred Lakeside (CFH)	d						1534						1604				1634			
Ockendon (OCK)	d						1538						1608				1638			
Upminster (UPM)	⊖ d	1522			1536	1544	1552			1606	1614	1622			1636	1644	1652			
Barking (BKG)	⊖ d	1530	1542		1546	1553	1600	1612		1616	1623	1630	1642		1646	1653	1700	1712		
Stratford (SRA)	⊖ DLR 7 a				1555										1655					
London Liverpool Street (LST)	⊖ 15 a				1603										1703					
West Ham (WEH)	⊖ DLR d	1536	1548			1558	1606	1618				1628	1636	1648			1658	1706	1718	
Limehouse (LHS)	DLR d	1541	1553			1603	1611	1623				1633	1641	1653			1703	1711	1723	
London Fenchurch Street (FST)	7 a	1545	1557			1607	1615	1627				1637	1645	1657			1707	1715	1727	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
Shoeburyness (SRY)	d	1626		1639		1643	1656		1709		1713	1726		1739		1743	1756		1809	
Thorpe Bay (TPB)	d	1630		1643		1647	1700		1713		1717	1730		1743		1747	1800		1813	
Southend East (SOE)	d	1632		1645		1649	1702		1715		1719	1732		1745		1749	1802		1815	
Southend Central (SOC)	a	1635		1648		1652	1705		1718		1722	1735		1748		1752	1805		1818	
Southend Central (SOC)	d	1635		1648		1652	1705		1718		1722	1735		1748		1752	1805		1818	
Westcliff (WCF)	d	1637		1650		1654	1707		1720		1724	1737		1750		1754	1807		1820	
Chalkwell (CHW)	d	1640		1653		1657	1710		1723		1727	1740		1753		1757	1810		1823	
Leigh-on-Sea (LES)	d	1642		1656		1700	1712		1726		1730	1742		1756		1800	1812		1826	
Benfleet (BEF)	d	1647		1701		1705	1717		1731		1735	1747		1801		1805	1817		1831	
Pitsea (PSE)	d			1704		1710			1734		1740			1804		1810			1834	
Basildon (BSO)	d	1653		1708			1723		1738			1753		1808			1823		1838	
Laindon (LAI)	d	1657		1712			1727		1742			1757		1812			1827		1842	
West Horndon (WHR)	d		←	1716				←	1746				←	1816				←	1846	
Stanford-le-Hope (SFO)	d		1646			1716			1716			1746		1746			1816		1816	
East Tilbury (ETL)	d		1650			←			1720			←		1750			←		1820	
Tilbury Town (TIL)	8 d		1656						1726					1756					1826	
Grays (GRY)	a		1659						1729					1759					1829	
Grays (GRY)	d		1700			1722			1730			1752		1800			1822		1830	
Purfleet (PFL)	d					1728						1758					1828			
Rainham (RNM)	d					1733						1803					1833			
Dagenham Dock (DDK)	d					1736						1806					1836			
Chafford Hundred Lakeside (CFH)	d		1704						1734					1804					1834	
Ockendon (OCK)	d		1708						1738					1808					1838	
Upminster (UPM)	⇄ d	1706	1714	1722			1736	1744	1752			1806	1814	1822			1836	1844	1852	
Barking (BKG)	⇄ d	1716	1723	1730	1742			1746	1753	1800	1812		1816	1823	1830	1842		1846	1853	1900
Stratford (SRA)	⇄ DLR 7 a		1725						1755					1825					1855	
London Liverpool Street (LST)	⇄ 15 a		1733						1803					1833					1903	
West Ham (WEH)	⇄ DLR d		1728	1736	1748				1758	1806	1818			1828	1836	1848			1858	1906
Limehouse (LHS)	DLR d		1733	1741	1753				1803	1811	1823			1833	1841	1853			1903	1911
London Fenchurch Street (FST)	7 a		1737	1745	1757				1807	1815	1827			1837	1845	1857			1907	1915

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d		1813	1826		1839		1843	1856		1909		1913	1926		1939		1943	1956
Thorpe Bay (TPB)	d		1817	1830		1843		1847	1900		1913		1917	1930		1943		1947	2000
Southend East (SOE)	d		1819	1832		1845		1849	1902		1915		1919	1932		1945		1949	2002
Southend Central (SOC)	a		1822	1835		1848		1852	1905		1918		1922	1935		1948		1952	2005
Southend Central (SOC)	d		1822	1835		1848		1852	1905		1918		1922	1935		1948		1952	2005
Westcliff (WCF)	d		1824	1837		1850		1854	1907		1920		1924	1937		1950		1954	2007
Chalkwell (CHW)	d		1827	1840		1853		1857	1910		1923		1927	1940		1953		1957	2010
Leigh-on-Sea (LES)	d		1830	1842		1856		1900	1912		1926		1930	1942		1956		2000	2012
Benfleet (BEF)	d		1835	1847		1901		1905	1917		1931		1935	1947		2001		2005	2017
Pitsea (PSE)	d		1840			1904		1910			1934		1940			2004		2010	
Basildon (BSO)	d			1853		1908			1923		1938			1953		2008			2023
Laindon (LAI)	d			1857		1912			1927		1942			1957		2012			2027
West Horndon (WHR)	d				←	1916				←	1946				←	2016			
Stanford-le-Hope (SFO)	d		1846		1846			1916		1916			1946		1946			2016	
East Tilbury (ETL)	d		←		1850			←		1920			←		1950			←	
Tilbury Town (TIL)	8 d				1856					1926				1956					
Grays (GRY)	a				1859					1929				1959					
Grays (GRY)	d	1852			1900			1922		1930			1952		2000		2022		
Purfleet (PFL)	d	1858						1928					1958				2028		
Rainham (RNM)	d	1903						1933					2003				2033		
Dagenham Dock (DDK)	d	1906						1936					2006				2036		
Chafford Hundred Lakeside (CFH)	d				1904					1934					2004				
Ockendon (OCK)	d				1908					1938					2008				
Upminster (UPM)	⇄ d			1906	1914	1922			1936	1944	1952			2006	2014	2022			2036
Barking (BKG)	⇄ d	1912		1916	1923	1930	1942		1946	1953	2000	2012		2016	2023	2030	2042		2046
Stratford (SRA)	⇄ DLR 7 a			1925					1955					2025					2055
London Liverpool Street (LST)	⇄ 15 a			1933					2003					2033					2103
West Ham (WEH)	⇄ DLR d	1918			1928	1936	1948			1958	2006	2018			2028	2036	2048		
Limehouse (LHS)	DLR d	1923			1933	1941	1953			2003	2011	2023			2033	2041	2053		
London Fenchurch Street (FST)	7 a	1927			1937	1945	1957			2007	2015	2027			2037	2045	2057		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	2009		2013	2026		2039		2043	2056		2109		2113	2126		2139
Thorpe Bay (TPB)	d	2013		2017	2030		2043		2047	2100		2113		2117	2130		2143
Southend East (SOE)	d	2015		2019	2032		2045		2049	2102		2115		2119	2132		2145
Southend Central (SOC)	a	2018		2022	2035		2048		2052	2105		2118		2122	2135		2148
Southend Central (SOC)	d	2018		2022	2035		2048		2052	2105		2118		2122	2135		2148
Westcliff (WCF)	d	2020		2024	2037		2050		2054	2107		2120		2124	2137		2150
Chalkwell (CHW)	d	2023		2027	2040		2053		2057	2110		2123		2127	2140		2153
Leigh-on-Sea (LES)	d	2026		2030	2042		2056		2100	2112		2126		2130	2142		2156
Benfleet (BEF)	d	2031		2035	2047		2101		2105	2117		2131		2135	2147		2201
Pitsea (PSE)	d	2034		2040			2104		2110			2134		2140			2204
Basildon (BSO)	d	2038			2053		2108			2123		2138			2153		2208
Laindon (LAI)	d	2042			2057		2112			2127		2142			2157		2212
West Horndon (WHR)	d	←	2046				←	2116			←	2146				←	2216
Stanford-le-Hope (SFO)	d	2016			2046		2046			2116		2116			2146		2146
East Tilbury (ETL)	d	2020			←		2050			←		2120			←		2150
Tilbury Town (TIL)	Ⓜ d	2026					2056					2126					2156
Grays (GRY)	a	2029					2059					2129					2159
Grays (GRY)	d	2030			2052		2100			2122		2130			2152		2200
Purfleet (PFL)	d				2058					2128					2158		2228
Rainham (RNM)	d				2103					2133					2203		2233
Dagenham Dock (DDK)	d				2106					2136					2206		2236
Chafford Hundred Lakeside (CFH)	d	2034					2104					2134					2204
Ockendon (OCK)	d	2038					2108					2138					2208
Upminster (UPM)	Ⓜ d	2044	2052		2106	2114	2122			2136	2144	2152			2206	2214	2222
Barking (BKG)	Ⓜ d	2053	2100	2112	2116	2123	2130	2142		2146	2153	2200	2212		2216	2223	2230
Stratford (SRA)	Ⓜ DLR 7 a				2125							2155					2225
London Liverpool Street (LST)	Ⓜ DLR 15 a				2133							2203					2233
West Ham (WEH)	Ⓜ DLR d	2058	2106	2118			2128	2136	2148			2158	2206	2218			2228
Limehouse (LHS)	Ⓜ DLR d	2103	2111	2123			2133	2141	2153			2203	2211	2223			2233
London Fenchurch Street (FST)	Ⓜ 7 a	2107	2115	2127			2137	2145	2157			2207	2215	2227			2237

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d	2143	2156		2209		2213	2226		2239		2243	2309	2329	2333
Thorpe Bay (TPB)	d	2147	2200		2213		2217	2230		2243		2247	2313	2333	2337
Southend East (SOE)	d	2149	2202		2215		2219	2232		2245		2249	2315	2335	2339
Southend Central (SOC)	a	2152	2205		2218		2222	2235		2248		2252	2318	2338	2342
Southend Central (SOC)	d	2152	2205		2218		2222	2235		2248		2252	2318	2338	2342
Westcliff (WCF)	d	2154	2207		2220		2224	2237		2250		2254	2320	2340	2344
Chalkwell (CHW)	d	2157	2210		2223		2227	2240		2253		2257	2323	2343	2347
Leigh-on-Sea (LES)	d	2200	2212		2226		2230	2242		2256		2300	2326	2346	2350
Benfleet (BEF)	d	2205	2217		2231		2235	2247		2301		2305	2331	2351	2354
Pitsea (PSE)	d	2210			2234		2240			2304		2310	2334	2354	2359
Basildon (BSO)	d		2223		2238			2253		2308			2338	2358	
Laindon (LAI)	d		2227		2242			2257		2312			2342	0001	
West Horndon (WHR)	d			←	2246				←	2316			2346	0006	
Stanford-le-Hope (SFO)	d	2216			2216			2246		2246			2316		0005
East Tilbury (ETL)	d	←			2220			←		2250			2320		0009
Tilbury Town (TIL)	Ⓜ d				2226					2256			2326		0015
Grays (GRY)	a				2229					2259			2329		0018
Grays (GRY)	d				2230			2252		2300			2322	2330	0019
Purfleet (PFL)	d							2258					2328		
Rainham (RNM)	d							2303					2333		
Dagenham Dock (DDK)	d							2306					2336		
Chafford Hundred Lakeside (CFH)	d				2234					2304			2334		0024
Ockendon (OCK)	d				2238					2308			2338		0028
Upminster (UPM)	Ⓜ d		2236	2244	2252			2306	2314	2322			2344	2352	0011
Barking (BKG)	Ⓜ d		2246	2253	2300	2312		2316	2323	2330	2342		2353	2359	0020
Stratford (SRA)	Ⓜ DLR 7 a		2255					2325							
London Liverpool Street (LST)	Ⓜ DLR 15 a		2303					2333							
West Ham (WEH)	Ⓜ DLR d			2258	2306	2318			2328	2336	2348	2358	0006	0025	
Limehouse (LHS)	Ⓜ DLR d			2303	2311	2323			2333	2341	2353	0003	0011	0030	
London Fenchurch Street (FST)	Ⓜ 7 a			2307	2315	2327			2337	2345	2359	0008	0015	0035	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Sundays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	0540	0602	0610		0626	0643	0656			0713	0726			0743	0756		0813
Thorpe Bay (TPB)	d	0544	0606	0614		0630	0647	0700			0717	0730			0747	0800		0817
Southend East (SOE)	d	0546	0608	0616		0632	0649	0702			0719	0732			0749	0802		0819
Southend Central (SOC)	a	0549	0611	0619		0635	0652	0705			0722	0735			0752	0805		0822
Southend Central (SOC)	d	0549	0611	0619		0635	0652	0705			0722	0735			0752	0805		0822
Westcliff (WCF)	d	0551	0613	0621		0637	0654	0707			0724	0737			0754	0807		0824
Chalkwell (CHW)	d	0554	0616	0624		0640	0657	0710			0727	0740			0757	0810		0827
Leigh-on-Sea (LES)	d	0556	0619	0626		0642	0700	0712			0730	0742			0800	0812		0830
Benfleet (BEF)	d	0601	0624	0631		0647	0705	0717			0735	0747			0805	0817		0835
Pitsea (PSE)	d	0604	0629	0634		0650	0710	0720			0740	0750			0810	0820		0840
Basildon (BSO)	d	0608		0638		0654		0724			0754					0824		
Laindon (LAI)	d	0611		0641		0657		0727			0757					0827		
West Horndon (WHR)	d	0616		0646		0702		0732			0802					0832		
Stanford-le-Hope (SFO)	d		0635		0635		0716		0716		0746		0746		0816		0816	0846
East Tilbury (ETL)	d				0638			0719			0749			0749		0819		
Tilbury Town (TIL)	d				0644			0725			0755			0755		0825		
Grays (GRY)	a				0647			0728			0758			0758		0828		
Grays (GRY)	d				0648			0730		0742			0800	0822		0830		0852
Purfleet (PFL)	d								0748				0828	0828				0858
Rainham (RNM)	d								0753				0833	0833				0903
Dagenham Dock (DDK)	d								0756				0837	0837				0907
Chafford Hundred Lakeside (CFH)	d				0651			0733					0803			0833		
Ockendon (OCK)	d				0655			0737					0807			0837		
Upminster (UPM)	d	0621		0651	0702	0707		0737	0744			0807	0814		0837	0844		
Barking (BKG)	d	0629		0659	0711	0715		0745	0753	0802		0815	0823	0842	0846	0853	0912	
Stratford (SRA)	d																	
London Liverpool Street (LST)	a																	
West Ham (WEH)	d	0634		0704	0716	0720		0750	0758	0808		0820	0828	0848		0851	0858	0918
Limehouse (LHS)	d	0639		0709	0721	0725		0755	0803	0813		0825	0833	0853		0856	0903	0923
London Fenchurch Street (FST)	a	0644		0714	0726	0730		0800	0807	0817		0830	0837	0857		0900	0907	0927

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	0826			0843	0856			0913	0926			0943	0956			1013	1026
Thorpe Bay (TPB)	d	0830			0847	0900			0917	0930			0947	1000			1017	1030
Southend East (SOE)	d	0832			0849	0902			0919	0932			0949	1002			1019	1032
Southend Central (SOC)	a	0835			0852	0905			0922	0935			0952	1005			1022	1035
Southend Central (SOC)	d	0835			0852	0905			0922	0935			0952	1005			1022	1035
Westcliff (WCF)	d	0837			0854	0907			0924	0937			0954	1007			1024	1037
Chalkwell (CHW)	d	0840			0857	0910			0927	0940			0957	1010			1027	1040
Leigh-on-Sea (LES)	d	0842			0900	0912			0930	0942			1000	1012			1030	1042
Benfleet (BEF)	d	0847			0905	0917			0935	0947			1005	1017			1035	1047
Pitsea (PSE)	d	0850			0910	0920			0940	0950			1010	1020			1040	1050
Basildon (BSO)	d	0854				0924				0954				1024				1054
Laindon (LAI)	d	0857				0927				0957				1027				1057
West Horndon (WHR)	d	0902				0932				1002				1032				1102
Stanford-le-Hope (SFO)	d		0846		0916		0916		0946		0946		1016		1016		1046	1046
East Tilbury (ETL)	d		0849			0919			0949			1016		1019			1049	1049
Tilbury Town (TIL)	d		0855			0925			0955			1025		1025			1055	1055
Grays (GRY)	a		0858			0928			0958			1028		1028			1058	1058
Grays (GRY)	d		0900	0922			0930	0952			1000	1022			1030	1052		1100
Purfleet (PFL)	d			0928				0958				1028				1058		
Rainham (RNM)	d			0933				1003				1033				1103		
Dagenham Dock (DDK)	d			0937				1007				1037				1107		
Chafford Hundred Lakeside (CFH)	d		0903				0933				1003				1033			1103
Ockendon (OCK)	d		0907				0937				1007				1037			1107
Upminster (UPM)	d	0907	0914			0937	0944			1007	1014			1037	1044			1107
Barking (BKG)	d	0917	0923	0942		0947	0953	1012		1017	1023	1042		1047	1053	1112		1123
Stratford (SRA)	d	0925				0955				1025				1055				1125
London Liverpool Street (LST)	a	0933				1003				1033				1103				1133
West Ham (WEH)	d		0928	0948			0958	1018			1028	1048			1058	1118		1128
Limehouse (LHS)	d		0933	0953			1003	1023			1033	1053			1103	1123		1133
London Fenchurch Street (FST)	a		0937	0957			1007	1027			1037	1057			1107	1127		1137

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- a Arrival time
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Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d		1043	1056			1113	1126			1143	1156			1213	1226		1243
Thorpe Bay (TPB)	d		1047	1100			1117	1130			1147	1200			1217	1230		1247
Southend East (SOE)	d		1049	1102			1119	1132			1149	1202			1219	1232		1249
Southend Central (SOC)	a		1052	1105			1122	1135			1152	1205			1222	1235		1252
Southend Central (SOC)	d		1052	1105			1122	1135			1152	1205			1222	1235		1252
Westcliff (WCF)	d		1054	1107			1124	1137			1154	1207			1224	1237		1254
Chalkwell (CHW)	d		1057	1110			1127	1140			1157	1210			1227	1240		1257
Leigh-on-Sea (LES)	d		1100	1112			1130	1142			1200	1212			1230	1242		1300
Benfleet (BEF)	d		1105	1117			1135	1147			1205	1217			1235	1247		1305
Pitsea (PSE)	d		1110	1120			1140	1150			1210	1220			1240	1250		1310
Basildon (BSO)	d			1124				1154				1224				1254		
Laindon (LAI)	d			1127				1157				1227				1257		
West Horndon (WHR)	d			1132				1202				1232				1302		
Stanford-le-Hope (SFO)	d		1116				1146				1216				1246			1316
East Tilbury (ETL)	d			1119				1149				1219				1249		1316
Tilbury Town (TIL)	8 d			1125				1155				1225				1255		
Grays (GRY)	a			1128				1158				1228				1258		
Grays (GRY)	d	1122			1130	1152			1200	1222			1230	1252			1300	1322
Purfleet (PFL)	d	1128				1158				1228				1258				1328
Rainham (RNM)	d	1133				1203				1233				1303				1333
Dagenham Dock (DDK)	d	1137				1207				1237				1307				1337
Chafford Hundred Lakeside (CFH)	d				1133				1203				1233				1303	
Ockendon (OCK)	d				1137				1207				1237				1307	
Upminster (UPM)	⊖ d			1137	1144			1207	1214			1237	1244			1307	1314	
Barking (BKG)	⊖ d	1142		1147	1153	1212		1217	1223	1242		1247	1253	1312		1317	1323	1342
Stratford (SRA)	⊖ DLR 7 a			1155				1225				1255				1325		
London Liverpool Street (LST)	⊖ 15 a			1203				1233				1303				1333		
West Ham (WEH)	⊖ DLR d	1148			1158	1218			1228	1248			1258	1318			1328	1348
Limehouse (LHS)	DLR d	1153			1203	1223			1233	1253			1303	1323			1333	1353
London Fenchurch Street (FST)	7 a	1157			1207	1227			1237	1257			1307	1327			1337	1357

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d	1256			1313	1326			1343	1356			1413	1426			1443	1456
Thorpe Bay (TPB)	d	1300			1317	1330			1347	1400			1417	1430			1447	1500
Southend East (SOE)	d	1302			1319	1332			1349	1402			1419	1432			1449	1502
Southend Central (SOC)	a	1305			1322	1335			1352	1405			1422	1435			1452	1505
Southend Central (SOC)	d	1305			1322	1335			1352	1405			1422	1435			1452	1505
Westcliff (WCF)	d	1307			1324	1337			1354	1407			1424	1437			1454	1507
Chalkwell (CHW)	d	1310			1327	1340			1357	1410			1427	1440			1457	1510
Leigh-on-Sea (LES)	d	1312			1330	1342			1400	1412			1430	1442			1500	1512
Benfleet (BEF)	d	1317			1335	1347			1405	1417			1435	1447			1505	1517
Pitsea (PSE)	d	1320			1340	1350			1410	1420			1440	1450			1510	1520
Basildon (BSO)	d	1324				1354				1424				1454				1524
Laindon (LAI)	d	1327				1357				1427				1457				1527
West Horndon (WHR)	d	1332				1402				1432				1502				1532
Stanford-le-Hope (SFO)	d		1316		1346			1346		1416			1446			1446		1516
East Tilbury (ETL)	d		1319			1349				1419				1449				1519
Tilbury Town (TIL)	8 d		1325			1355				1425				1455				1525
Grays (GRY)	a		1328			1358				1428				1458				1528
Grays (GRY)	d		1330	1352			1400	1422			1430	1452			1500	1522		1530
Purfleet (PFL)	d			1358				1428				1458				1528		
Rainham (RNM)	d			1403				1433				1503				1533		
Dagenham Dock (DDK)	d			1407				1437				1507				1537		
Chafford Hundred Lakeside (CFH)	d		1333				1403				1433				1503			1533
Ockendon (OCK)	d		1337				1407				1437				1507			1537
Upminster (UPM)	⊖ d	1337	1344			1407	1414			1437	1444			1507	1514			1537
Barking (BKG)	⊖ d	1347	1353	1412		1417	1423	1442		1447	1453	1512		1517	1523	1542		1553
Stratford (SRA)	⊖ DLR 7 a	1355				1425				1455				1525				1555
London Liverpool Street (LST)	⊖ 15 a	1403				1433				1503				1533				1603
West Ham (WEH)	⊖ DLR d		1358	1418			1428	1448			1458	1518			1528	1548		1558
Limehouse (LHS)	DLR d		1403	1423			1433	1453			1503	1523			1533	1553		1603
London Fenchurch Street (FST)	7 a		1407	1427			1437	1457			1507	1527			1537	1557		1607

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Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d		1513	1526			1543	1556			1613	1626			1643	1656		1713
Thorpe Bay (TPB)	d		1517	1530			1547	1600			1617	1630			1647	1700		1717
Southend East (SOE)	d		1519	1532			1549	1602			1619	1632			1649	1702		1719
Southend Central (SOC)	a		1522	1535			1552	1605			1622	1635			1652	1705		1722
Southend Central (SOC)	d		1522	1535			1552	1605			1622	1635			1652	1705		1722
Westcliff (WCF)	d		1524	1537			1554	1607			1624	1637			1654	1707		1724
Chalkwell (CHW)	d		1527	1540			1557	1610			1627	1640			1657	1710		1727
Leigh-on-Sea (LES)	d		1530	1542			1600	1612			1630	1642			1700	1712		1730
Benfleet (BEF)	d		1535	1547			1605	1617			1635	1647			1705	1717		1735
Pitsea (PSE)	d		1540	1550			1610	1620			1640	1650			1710	1720		1740
Basildon (BSO)	d			1554				1624				1654				1724		
Laindon (LAI)	d			1557				1627				1657				1727		
West Horndon (WHR)	d			1602				1632				1702				1732		
Stanford-le-Hope (SFO)	d		1546			1546		1616			1646			1646		1716		1746
East Tilbury (ETL)	d			1549				1619				1649				1719		1749
Tilbury Town (TIL)	d			1555				1625				1655				1725		1755
Grays (GRY)	a			1558				1628				1658				1728		1758
Grays (GRY)	d	1552				1600	1622			1630	1652			1700	1722		1730	1752
Purfleet (PFL)	d	1558					1628				1658				1728			1758
Rainham (RNM)	d	1603					1633				1703				1733			1803
Dagenham Dock (DDK)	d	1607					1637				1707				1737			1807
Chafford Hundred Lakeside (CFH)	d					1603				1633				1703				1733
Ockendon (OCK)	d					1607				1637				1707				1737
Upminster (UPM)	d			1607	1614			1637	1644			1707	1714			1737	1744	
Barking (BKG)	d	1612		1617	1623	1642		1647	1653	1712		1717	1723	1742		1747	1753	1812
Stratford (SRA)	a			1625				1655				1725				1755		
London Liverpool Street (LST)	a			1633				1703				1733				1803		
West Ham (WEH)	d	1618			1628	1648			1658	1718			1728	1748			1758	1818
Limehouse (LHS)	d	1623			1633	1653			1703	1723			1733	1753			1803	1823
London Fenchurch Street (FST)	a	1627			1637	1657			1707	1727			1737	1757			1807	1827

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d	1726			1743	1756			1813	1826			1843	1856			1913	1926
Thorpe Bay (TPB)	d	1730			1747	1800			1817	1830			1847	1900			1917	1930
Southend East (SOE)	d	1732			1749	1802			1819	1832			1849	1902			1919	1932
Southend Central (SOC)	a	1735			1752	1805			1822	1835			1852	1905			1922	1935
Southend Central (SOC)	d	1735			1752	1805			1822	1835			1852	1905			1922	1935
Westcliff (WCF)	d	1737			1754	1807			1824	1837			1854	1907			1924	1937
Chalkwell (CHW)	d	1740			1757	1810			1827	1840			1857	1910			1927	1940
Leigh-on-Sea (LES)	d	1742			1800	1812			1830	1842			1900	1912			1930	1942
Benfleet (BEF)	d	1747			1805	1817			1835	1847			1905	1917			1935	1947
Pitsea (PSE)	d	1750			1810	1820			1840	1850			1910	1920			1940	1950
Basildon (BSO)	d	1754				1824				1854				1924				1954
Laindon (LAI)	d	1757				1827				1857				1927				1957
West Horndon (WHR)	d	1802				1832				1902				1932				2002
Stanford-le-Hope (SFO)	d		1746		1816			1816		1846			1846		1916		1916	1946
East Tilbury (ETL)	d		1749			1819				1849				1919			1919	1949
Tilbury Town (TIL)	d		1755			1825				1855				1925			1925	1955
Grays (GRY)	a		1758			1828				1858				1928			1928	1958
Grays (GRY)	d		1800	1822			1830	1852			1900	1922			1930	1952		2000
Purfleet (PFL)	d			1828				1858				1928				1958		
Rainham (RNM)	d			1833				1903				1933				2003		
Dagenham Dock (DDK)	d			1837				1907				1937				2007		
Chafford Hundred Lakeside (CFH)	d		1803				1833				1903				1933			2003
Ockendon (OCK)	d		1807				1837				1907				1937			2007
Upminster (UPM)	d	1807	1814			1837	1844			1907	1914			1937	1944			2007
Barking (BKG)	d	1817	1823	1842		1847	1853	1912		1917	1923	1942		1947	1953	2012		2023
Stratford (SRA)	a	1825				1855				1925				1955				2025
London Liverpool Street (LST)	a	1833				1903				1933				2003				2033
West Ham (WEH)	d		1828	1848			1858	1918			1928	1948			1958	2018		2028
Limehouse (LHS)	d		1833	1853			1903	1923			1933	1953			2003	2023		2033
London Fenchurch Street (FST)	a		1837	1857			1907	1927			1937	1957			2007	2027		2037

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Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d		1943	1956			2013	2026			2043	2056			2113	2126		2143	2156
Thorpe Bay (TPB)	d		1947	2000			2017	2030			2047	2100			2117	2130		2147	2200
Southend East (SOE)	d		1949	2002			2019	2032			2049	2102			2119	2132		2149	2202
Southend Central (SOC)	a		1952	2005			2022	2035			2052	2105			2122	2135		2152	2205
Southend Central (SOC)	d		1952	2005			2022	2035			2052	2105			2122	2135		2152	2205
Westcliff (WCF)	d		1954	2007			2024	2037			2054	2107			2124	2137		2154	2207
Chalkwell (CHW)	d		1957	2010			2027	2040			2057	2110			2127	2140		2157	2210
Leigh-on-Sea (LES)	d		2000	2012			2030	2042			2100	2112			2130	2142		2200	2212
Benfleet (BEF)	d		2005	2017			2035	2047			2105	2117			2135	2147		2205	2217
Pitsea (PSE)	d		2010	2020			2040	2050			2110	2120			2140	2150		2210	2220
Basildon (BSO)	d			2024				2054				2124				2154			2224
Laindon (LAI)	d			2027				2057				2127				2157			2227
West Horndon (WHR)	d			2032	←			2102	←			2132	←			2202	←		2232
Stanford-le-Hope (SFO)	d		2016			2016		2046			2116			2116		2146		2146	2216
East Tilbury (ETL)	d		←			2019	←			2049	←			2119	←			2149	←
Tilbury Town (TIL)	8 d					2025				2055				2125				2155	
Grays (GRY)	a					2028				2058				2128				2158	
Grays (GRY)	d	2022				2030				2100		2122			2130		2152		
Purfleet (PFL)	d	2028						2058				2128					2158		
Rainham (RNM)	d	2033						2103				2133					2203		
Dagenham Dock (DDK)	d	2037						2107				2137					2207		
Chafford Hundred Lakeside (CFH)	d					2033				2103				2133				2203	
Ockendon (OCK)	d					2037				2107				2137				2207	
Upminster (UPM)	⊖ d					2037	2044			2107	2114			2137	2144			2207	2214
Barking (BKG)	⊖ d	2042				2047	2053	2112		2117	2123	2142		2147	2153	2212		2217	2223
Stratford (SRA)	⊖ DLR 7 a					2055				2125				2155				2225	
London Liverpool Street (LST)	⊖ 15 a					2103				2133				2203				2233	
West Ham (WEH)	⊖ DLR d	2048				2058	2118			2128	2148			2158	2218			2228	
Limehouse (LHS)	DLR d	2053				2103	2123			2133	2153			2203	2223			2233	
London Fenchurch Street (FST)	7 a	2057				2107	2127			2137	2158			2207	2228			2237	

Operator	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d			2210	2226	2240
Thorpe Bay (TPB)	d			2214	2230	2244
Southend East (SOE)	d			2216	2232	2246
Southend Central (SOC)	a			2219	2235	2249
Southend Central (SOC)	d			2219	2235	2249
Westcliff (WCF)	d			2221	2237	2251
Chalkwell (CHW)	d			2224	2240	2254
Leigh-on-Sea (LES)	d			2226	2243	2256
Benfleet (BEF)	d			2231	2248	2301
Pitsea (PSE)	d			2234	2253	2304
Basildon (BSO)	d			2238		2308
Laindon (LAI)	d			2241		2311
West Horndon (WHR)	d	←		2246		2316
Stanford-le-Hope (SFO)	d	2216			2259	2259
East Tilbury (ETL)	d	2219			←	2302
Tilbury Town (TIL)	8 d	2225				2308
Grays (GRY)	a	2228				2311
Grays (GRY)	d	2230	2235			2312
Purfleet (PFL)	d		2241			
Rainham (RNM)	d		2246			
Dagenham Dock (DDK)	d		2250			
Chafford Hundred Lakeside (CFH)	d	2233				2315
Ockendon (OCK)	d	2237				2319
Upminster (UPM)	⊖ d	2244			2251	2321
Barking (BKG)	⊖ d	2253	2256	2300		2330
Stratford (SRA)	⊖ DLR 7 a					
London Liverpool Street (LST)	⊖ 15 a					
West Ham (WEH)	⊖ DLR d	2258	2302	2305		2335
Limehouse (LHS)	DLR d	2303	2307	2310		2340
London Fenchurch Street (FST)	7 a	2307	2312	2314		2345

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time