










Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Mondays to Fridays until 28 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW MO	AW MO A	AW MO	AW MX	AW MX B	AW MX A	AW MX	AW MX	AW C	AW	AW	AW	AW	AW	AW	AW	AW	AW	GW D
London Paddington (PAD)  d																			
Reading (RDG)  d																			
Manchester Piccadilly (MAN)  d																			
Cheltenham Spa (CNM) d																			
Gloucester (GCR)  d																			
Newport (South Wales) (NWP) d																			0625
Cardiff Central (CDF)  a																			0637
Cardiff Central (CDF)  d																		0535	0613
Pontyclun (PYC) d																		0554	0624
Llanharan (LLR) d																		0558	0629
Pencoed (PCD) d																		0603	0633
Bridgend (BGN) a																		0608	0638
Bridgend (BGN) d																		0608	0638
Wildmill (WMI) d																			0641
Sarn (SRR) d																			0644
Tondu (TDU) d																			0647
Garth (Mid Glamorgan) (GMG) d																			0656
Maesteg (Ewenny Road) (MEW) d																			0659
Maesteg (MST) a																			0704
Pyle (PYL) d																			0616
Port Talbot Parkway (PTA) d																			0623
Baglan (BAJ) d																			0625
Briton Ferry (BNF) d																			0629
Neath (NTH) d																			0633
Skewen (SKE) d																			0637
Llansamlet (LAS) d																			0641
Swansea (SWA) a																			0651
Swansea (SWA) d			0516			0450	0516							0601					0657
Gowerton (GWN) d			0528				0528							0611					0707
Llanelli (LLE)  d			0537a			0508a	0537a							0618					0714
Pembrey & Burry Port (PBY) d														0623					0719
Kidwelly (KWL) d														0629					0725
Ferryside (FYS) d														0635					0731
Carmarthen (CMN) a														0648					0744
Carmarthen (CMN) d	0454		0535		0409		0521			0550	0600	0654		0746					
Whitland (WTL) a	0510		0551		0429		0541			0606	0616	0710		0802					
Whitland (WTL) d	0510		0551		0429		0551			0606	0616	0711		0802					
Narberth (NAR) d			0559x				0559x							0719x					
Kilgetty (KGT) d			0609x				0609x							0728x					
Saundersfoot (SDF) d			0611x				0611x							0730x					
Tenby (TEN) d			0623e				0623e							0740					
Penally (PNA) d			0626x				0626x							0743x					
Manorbier (MRB) d			0632				0632							0749					
Lamphey (LAM) d			0639x				0639x							0756x					
Pembroke (PMB) d			0643				0643							0759					
Pembroke Dock (PMD) a			0655				0655							0811					
Clunderwen (CUW) d	0517x				0444					0613x	0623x			0809x					
Clarbeston Road (CLR) d	0524x				0504					0622x	0630x		0718	0816x					
Haverfordwest (HVF) d	0533				0524						0639			0825					
Johnston (JOH) d	0540x				0539						0647x			0832x					
Milford Haven (MFH) a	0551				0549						0658			0843					
Fishguard & Goodwick (FGW) d										0640				0736					
Fishguard Harbour (FGH) a										0646				0742					
Fishguard Harbour (FGH)  d																			
Rosslare Harbour (RSB)  a																			

Ferry times are subject to alteration at any time and should be always be double checked with the ferry company www.stenaline.co.uk

For the complete service between London and Cardiff see table 125, and between Manchester and Cardiff table 131
 For the complete service between Cheltenham Spa, Gloucester and Cardiff see table 132

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- e Arrives 3 minutes earlier
- A To Llandoverly
- B To Shrewsbury
- C Also calls at Ninian Park 0541
- D From Bristol Parkway
- MO Mondays only
- MX Not Mondays

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Mondays to Fridays until 28 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW	AW E	AW	AW	AW B	AW	GW 113 13	AW E	GW 113 13	AW F	GW 113 13	AW	AW E	GW 113 13	AW	AW E	AW E
London Paddington (PAD) d							0523		0648					0748			
Reading (RDG) d							0549		0713					0813			
Manchester Piccadilly (MAN) d																	
Cheltenham Spa (CNM) d																	
Gloucester (GCR) d																	
Newport (South Wales) (NWP) d							0753		0827	0824				0924			
Cardiff Central (CDF) a							0805		0838	0844				0935			
Cardiff Central (CDF) d	0643	0713		0740		0747	0808	0813	0841	0847		0851	0913	0938	1006		1013
Pontyclun (PYC) d	0656	0724				0800		0824				0904	0924				1024
Llanharan (LLR) d	0700	0729				0804		0829				0908	0929				1029
Pencoed (PCD) d	0705	0733				0809		0833				0913	0933				1033
Bridgend (BGN) a	0710	0738		0758		0814	0827	0838	0900	0905		0918	0938	0957	1026		1038
Bridgend (BGN) d	0710	0738		0759		0814	0828	0838	0901	0907		0918	0938	0958	1026		1038
Wildmill (WMI) d		0741						0841					0941				1041
Sarn (SRR) d		0744						0844					0944				1044
Tondu (TDU) d		0747						0847					0947				1047
Garth (Mid Glamorgan) (GMG) d		0756						0856					0956				1056
Maesteg (Ewenny Road) (MEW) d		0759						0859					0959				1059
Maesteg (MST) a		0804						0904					1004				1104
Pyle (PYL) d	0718					0822							0926				
Port Talbot Parkway (PTA) d	0726			0812		0829	0840		0913	0919			0933		1010	1039	
Baglan (BAJ) d	0728					0831							0936				
Briton Ferry (BNF) d	0732					0835							0940				
Neath (NTH) d	0736			0820		0839	0847		0920	0926			0944		1018	1047	
Skewen (SKE) d	0740					0843							0949				
Llansamlet (LAS) d	0744					0847							0953				
Swansea (SWA) a	0754			0834		0857	0902		0931	0940	←	1005		1029	1103		
Swansea (SWA) d	0800		0817	0849	0856				0956	0945	0956	1009					1107
Gowerton (GWN) d	0810			0859	0908				→	0955							1118
Llanelli (LLE) d	0817		0833	0906	0917a					1002	1013	1025					1124
Pembrey & Burry Port (PBY) d	0822			0911						1007	1020	1032					1130
Kidwelly (KWL) d	0828			0917						1013							
Ferryside (FYS) d	0834			0923						1019							
Carmarthen (CMN) a	0847		0858	0936						1032	1040	1053					1149
Carmarthen (CMN) d	0853		0902	0955						1033		1054					1154
Whitland (WTL) a	0909		0918	1010						1049		1110					1210
Whitland (WTL) d	0910		0918	1010						1050		1111					1211
Narberth (NAR) d	0917x											1119x					
Kilgetty (KGT) d	0927x											1128x					
Saundersfoot (SDF) d	0929x											1130x					
Tenby (TEN) d	0938											1138					
Penally (PNA) d	0941x											1141x					
Manorbier (MRB) d	0947											1147					
Lamphey (LAM) d	0954x											1155x					
Pembroke (PMB) d	0958											1158					
Pembroke Dock (PMD) a	1010											1211					
Clunderwen (CUW) d			0925x	1017x								1057x					1218x
Clarbeston Road (CLR) d			0932x	1024x								1105x					1227x
Haverfordwest (HVF) d				1034								1116e					
Johnston (JOH) d				1041x								1124x					
Milford Haven (MFH) a				1052								1135					
Fishguard & Goodwick (FGW) d			0951														1246
Fishguard Harbour (FGH) a			0957														1252
Fishguard Harbour (FGH) d																	1400
Rosslare Harbour (RSB) a																	1730

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- e Arrives 3 minutes earlier
- B To Shrewsbury
- E From Ebbw Vale Town
- F From Crewe

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Mondays to Fridays until 28 March















Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	GW	AW	AW	AW E	GW	AW B	AW	AW E	GW	AW	AW	AW E	GW	AW	AW E	GW	AW
	0848	0913	0730		0948				1048				1148			1248	
	0913	1037	1049		1013				1113				1213			1313	1130
London Paddington (PAD) d	0848				0948				1048				1148			1248	
Reading (RDG) d	0913				1013				1113				1213			1313	
Manchester Piccadilly (MAN) d		0730								0930							1130
Cheltenham Spa (CNM) d																	
Gloucester (GCR) d																	
Newport (South Wales) (NWP) d	1025	1035			1128				1225	1231			1323			1425	1430
Cardiff Central (CDF) a	1037	1049			1140				1236	1245			1335			1436	1444
Cardiff Central (CDF) d	1039	1050	1054	1113	1142			1213	1239	1247	1251	1313	1337		1413	1439	1447
Pontyclun (PYC) d			1107	1124				1224			1304	1324			1424		
Llanharan (LLR) d			1111	1129				1229			1308	1329			1429		
Pencoed (PCD) d			1116	1133				1233			1313	1333			1433		
Bridgend (BGN) a	1058	1108	1121	1138	1201			1238	1258	1305	1318	1338	1356		1438	1458	1505
Bridgend (BGN) d	1059	1109	1121	1138	1202			1238	1259	1306	1318	1338	1357		1438	1459	1506
Wildmill (WMI) d				1141				1241			1341				1441		
Sarn (SRR) d				1144				1244			1344				1444		
Tondu (TDU) d				1147				1247			1347				1447		
Garth (Mid Glamorgan) (GMG) d				1156				1256			1356				1456		
Maesteg (Ewenny Road) (MEW) d				1159				1259			1359				1459		
Maesteg (MST) a				1204				1304			1404				1504		
Pyle (PYL) d			1129								1326						
Port Talbot Parkway (PTA) d	1111	1120	1136		1214				1311	1318	1333		1409			1511	1518
Baglan (BAJ) d			1138								1335						
Briton Ferry (BNF) d			1142								1339						
Neath (NTH) d	1119	1127	1146		1221				1318	1325	1343		1417			1518	1525
Skewen (SKE) d			1150								1347						
Llansamlet (LAS) d			1154								1351						
Swansea (SWA) a	1130	1142	1205		1232				1330	1340	1402		1427			1530	1540
Swansea (SWA) d		1146	1206		1244	1251				1345	1407		1444				1545
Gowerton (GWN) d		1156	1217			1303				1355							1555
Llanelli (LLE) d		1203	1224		1301	1312a				1402	1422		1501				1602
Pembrey & Burry Port (PBY) d		1208	1229		1308					1407	1428		1508				1607
Kidwelly (KWV) d		1214								1413							1613
Ferryside (FYS) d		1220								1419							1619
Carmarthen (CMN) a		1233	1250		1328					1432	1448		1528				1632
Carmarthen (CMN) d		1236	1255				1355			1435	1453			1545			1633
Whitland (WTL) a		1251	1311				1410			1450	1509			1600			1649
Whitland (WTL) d		1251	1311				1410			1450	1509			1600			1649
Narberth (NAR) d			1319x								1517x						
Kilgetty (KGT) d			1329x								1527x						
Saundersfoot (SDF) d			1331x								1529x						
Tenby (TEN) d			1340e								1538e						
Penally (PNA) d			1343x								1541x						
Manorbier (MRB) d			1349								1547						
Lamphey (LAM) d			1356x								1555x						
Pembroke (PMB) d			1400								1558						
Pembroke Dock (PMD) a			1413								1611						
Clunderwen (CUW) d		1258x					1417x			1457x				1607x			1656x
Clarbeston Road (CLR) d		1306x					1425x			1505x				1614x			1703x
Haverfordwest (HVF) d		1315					1434							1623			1712
Johnston (JOH) d		1323x					1441x							1630x			1719x
Milford Haven (MFH) a		1332					1452							1640			1730
Fishguard & Goodwick (FGW) d										1524							
Fishguard Harbour (FGH) a										1530							
Fishguard Harbour (FGH) d																	
Rosslare Harbour (RSB) a																	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- e Arrives 3 minutes earlier
- B To Shrewsbury
- E From Ebbw Vale Town

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Mondays to Fridays until 28 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW	AW E	GW 	AW	AW	AW E	GW 	AW	AW	AW B	AW	AW E	AW	GW 	AW	AW
London Paddington (PAD)  d			1348				1448							1548		
Reading (RDG)  d			1413				1513							1613		
Manchester Piccadilly (MAN)  d									1330							
Cheltenham Spa (CNM) d																
Gloucester (GCR)  d																
Newport (South Wales) (NWP) d			1523				1624							1724		
Cardiff Central (CDF)  a			1534				1636							1735		
Cardiff Central (CDF)  d	1451	1513	1537	1543	1609	1613	1639					1651	1713	1739	1745	1751
Pontyclun (PYC) d	1504	1524		1555		1624						1704	1724			1804
Llanharan (LLR) d	1508	1529		1600		1629						1708	1729			1808
Pencoed (PCD) d	1513	1533		1604		1633						1713	1733			1813
Bridgend (BGN) a	1518	1538	1556	1611	1628	1638	1658		1705			1718	1738	1758	1806	1818
Bridgend (BGN) d	1518	1538	1557	1611	1628	1638	1659		1706			1718	1738	1800	1806	1818
Wildmill (WMI) d			1541			1641						1741				
Sarn (SRR) d			1544			1644						1744				
Tondu (TDU) d			1547			1647						1747				
Garth (Mid Glamorgan) (GMG) d			1556			1656						1756				
Maesteg (Ewenny Road) (MEW) d			1559			1659						1759				
Maesteg (MST) a			1604			1704						1804				
Pyle (PYL) d	1526			1620								1726				1826
Port Talbot Parkway (PTA) d	1533		1609	1629	1641		1711		1719			1733		1812	1820	1833
Baglan (BAJ) d	1535			1632								1735				1835
Briton Ferry (BNF) d	1539			1636								1739				1839
Neath (NTH) d	1543		1616	1641	1649		1719		1727			1743		1820	1828	1843
Skewen (SKE) d	1547			1646								1747				1847
Llansamlet (LAS) d	1551			1650								1751				1851
Swansea (SWA) a	1602		1627	1658	1705		1730		1742			1801		1834	1842	1901
Swansea (SWA) d	1604		1637		1709			1736	1801	1748	1801			1833		1844
Gowerton (GWN) d	1615			1720				1748		1800	1812			1845		1854
Llanelli (LLE)  d	1621		1654	1726				1756		1809a	1818			1854a		1904
Pembrey & Burry Port (PBY) d	1626		1701	1731				1802			1824					1909
Kidwelly (KWL) d	1633			1738				1809			1830					1915
Ferryside (FYS) d	1638			1743				1815			1836					1921
Carmarthen (CMN) a	1651		1721	1757				1829			1849					1934
Carmarthen (CMN) d	1654			1759				1830			1854					1935
Whitland (WTL) a	1710			1814				1845			1910					1950
Whitland (WTL) d	1710			1814				1846			1910					1951
Narberth (NAR) d	1718x										1918x					
Kilgetty (KGT) d	1728x										1928x					
Saundersfoot (SDF) d	1730x										1930x					
Tenby (TEN) d	1739e										1940					
Penally (PNA) d	1742x										1943x					
Manorbier (MRB) d	1748										1949					
Lamphey (LAM) d	1755x										1956x					
Pembroke (PMB) d	1759										2000					
Pembroke Dock (PMD) a	1812										2012					
Clunderwen (CUW) d				1821x				1853x								1957x
Clarbeston Road (CLR) d				1828x				1900x								2005x
Haverfordwest (HVF) d				1837												2013
Johnston (JOH) d				1845x												2021x
Milford Haven (MFH) a				1854												2032
Fishguard & Goodwick (FGW) d								1919								
Fishguard Harbour (FGH) a								1925								
Fishguard Harbour (FGH)  d																
Rosslare Harbour (RSB)  a																

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- e Arrives 3 minutes earlier
- B To Shrewsbury
- E From Ebbw Vale Town

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Mondays to Fridays until 28 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	GW 111 ⚡	AW E	GW 111 ⚡	AW FX ⚡	AW FX ⚡	AW TFM ⚡	AW FX ⚡	AW FX ⚡	AW FX ⚡	AW FX ⚡	GW FX ⚡	AW FX ⚡	AW FX ⚡	GW FX ⚡	AW FX ⚡	AW FX ⚡	AW FX ⚡
London Paddington (PAD) 15 d	1618		1648								1718			1748			
Reading (RDG) 7 d			1713								1743			1813			
Manchester Piccadilly (MAN) 10 d					1530										1630		
Cheltenham Spa (CNM) d																	
Gloucester (GCR) 7 d																	
Newport (South Wales) (NWP) d	1752		1825		1831						1858			1923	1931		1958
Cardiff Central (CDF) 7 a	1805		1837		1845						1910			1935	1944		2012
Cardiff Central (CDF) 7 d	1809	1813	1839		1847		1851		1913	1918				1937	1947	1951	2013
Pontyclun (PYC) d		1824					1904		1924							2004	2024
Llanharan (LLR) d		1829					1908		1929							2009	2029
Pencoed (PCD) d		1833					1913		1933							2013	2033
Bridgend (BGN) a	1828	1838	1858		1905		1918		1938	1942				1956	2007	2018	2038
Bridgend (BGN) d	1829	1838	1859		1905		1918		1938	1943				1957	2007	2019	2039
Wildmill (WMI) d		1841							1941								2041
Sarn (SRR) d		1844							1944								2045
Tondu (TDU) d		1847							1947								2047
Garth (Mid Glamorgan) (GMG) d		1856							1956								2056
Maesteg (Ewenny Road) (MEW) d		1859							1959								2100
Maesteg (MST) a		1904							2004								2104
Pyle (PYL) d							1926									2015	2026
Port Talbot Parkway (PTA) d	1844		1911		1917		1933			1955				2012	2023	2033	
Baglan (BAJ) d							1935									2036	
Briton Ferry (BNF) d							1939									2040	
Neath (NTH) d	1853		1919		1925		1943			2003				2020	2030	2043	
Skewen (SKE) d							1947									2047	
Llansamlet (LAS) d							1951									2051	
Swansea (SWA) a	1903		1930		1940		2002			2014				2034	2044	2103	
Swansea (SWA) d	1910				1949		2004					2020					
Gowerton (GWN) d					2000		2014					2031					
Llanelli (LLE) 7 d	1927				2006		2021					2037					
Pembrey & Burry Port (PBY) d	1934				2012		2026					2043					
Kidwelly (KWV) d							2032					2049					
Ferryside (FYS) d							2038					2055					
Carmarthen (CMN) a	1954				2032		2051					2107					
Carmarthen (CMN) d						2042		2101					2140				
Whitland (WTL) a						2102		2121					2200				
Whitland (WTL) d						2102		2121					2200				
Narberth (NAR) d								2136x									
Kilgetty (KGT) d								2151x									
Saundersfoot (SDF) d								2156x									
Tenby (TEN) d								2211									
Penally (PNA) d								2219x									
Manorbier (MRB) d								2229									
Lamphey (LAM) d								2239x									
Pembroke (PMB) d								2244									
Pembroke Dock (PMD) a								2254									
Clunderwen (CUW) d							2117							2215x			
Clarbeston Road (CLR) d							2137							2235x			
Haverfordwest (HVF) d														2255			
Johnston (JOH) d														2310x			
Milford Haven (MFH) a														2320			
Fishguard & Goodwick (FGW) d							2202										
Fishguard Harbour (FGH) a							2207										
Fishguard Harbour (FGH) d								0130									
Rosslare Harbour (RSB) a								0530									

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- E From Ebbw Vale Town
- FX Not Fridays
- TFM Tuesday to Friday mornings

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Mondays to Fridays until 28 March

Operator	GW	GW	AW	AW	GW	AW	GW	AW	AW	AW	AW	GW	AW	AW	AW	AW	GW
Days of operation/Notes	FX	FX	FX	FX	FX	FX	FX	FX	FX	FX	FX	FX	FX	FX	FX	FX	FX
1st Class/Reservations/Bus/Ferry	113	113	113	113	113	113	113	113	113	113	113	113	113	113	113	113	113
Catering facilities	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
London Paddington (PAD)	d	1818	1848			1918		1948				2048					2148
Reading (RDG)	d	1843	1913					2013				2113					2213
Manchester Piccadilly (MAN)	d			1730													
Cheltenham Spa (CNM)	d																
Gloucester (GCR)	d																
Newport (South Wales) (NWP)	d	2002	2026	2039		2050	2100	2122				2229					2330
Cardiff Central (CDF)	a	2014	2038	2054		2101	2115	2138				2246					2345
Cardiff Central (CDF)	d	2019	2040	2058		2104	2115	2144		2210	2230	2249		2318		2324	2351
Pontyclun (PYC)	d						2126			2221				2331		2335	
Llanharan (LLR)	d						2131			2226				2335		2340	
Pencoed (PCD)	d						2135			2230				2340		2344	
Bridgend (BGN)	a	2044	2100	2117		2123	2140	2203		2235	2249	2308		2345		2349	0012
Bridgend (BGN)	d	2045	2101	2117		2124	2141	2204		2237	2249	2309		2345		2352	0013
Wildmill (WMI)	d						2143			2239						2354	
Sarn (SRR)	d						2147			2243						2358	
Tondu (TDU)	d						2149			2245						2359	
Garth (Mid Glamorgan) (GMG)	d						2158			2254						0009	
Maesteg (Ewenny Road) (MEW)	d						2202			2258						0013	
Maesteg (MST)	a						2206			2303						0017	
Pyle (PYL)	d			2125								2257		2353			
Port Talbot Parkway (PTA)	d	2057	2113	2132		2140		2216				2304		2321		0001	0025
Baglan (BAJ)	d			2135												0003	
Briton Ferry (BNF)	d			2139												0007	
Neath (NTH)	d	2104	2120	2143		2151		2224				2328		0011			0032
Skewen (SKE)	d			2147										0015			
Llansamlet (LAS)	d			2151										0019			
Swansea (SWA)	a	2116	2132	2159		2204		2235				2322		2340		0029	0044
Swansea (SWA)	d				2206				2242			2328		2350		0037	
Gowerton (GWN)	d				2221				2257			2343		0005		0052	
Llanelli (LLE)	d				2236				2312			2358		0020		0107	
Pembrey & Burry Port (PBY)	d				2251				2327			0013		0035		0122	
Kidwelly (KWL)	d				2306				2342			0028		0050		0137	
Ferryside (FYS)	d				2321				2357			0043		0105		0152	
Carmarthen (CMN)	a				2346				0022			0108		0130		0217	
Carmarthen (CMN)	d																
Whitland (WTL)	a																
Whitland (WTL)	d																
Narberth (NAR)	d																
Kilgetty (KGT)	d																
Saundersfoot (SDF)	d																
Tenby (TEN)	d																
Penally (PNA)	d																
Manorbier (MRB)	d																
Lamphey (LAM)	d																
Pembroke (PMB)	d																
Pembroke Dock (PMD)	a																
Clunderwen (CUW)	d																
Clarbeston Road (CLR)	d																
Haverfordwest (HVF)	d																
Johnston (JOH)	d																
Milford Haven (MFH)	a																
Fishguard & Goodwick (FGW)	d																
Fishguard Harbour (FGH)	a																
Fishguard Harbour (FGH)	d																
Rosslare Harbour (RSB)	a																

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- E From Ebbw Vale Town
- FX Not Fridays
- TFM Tuesday to Friday mornings

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Mondays to Fridays until 28 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	GW FX 11R ⚓	AW FO ⚓	AW SM ⚓	AW FO ⚓	AW FO E ⚓	GW FO 11R ⚓	GW FO 11R X ⚓	AW FO 11R ⚓	GW FO 11R X ⚓	AW FO ⚓	AW FO ⚓	AW FO E ⚓	GW FO 11R ⚓	GW FO 11R ⚓	AW FO ⚓	GW FO 11R ⚓
London Paddington (PAD) 15 d	2249					1718	1748						1818	1848		1918
Reading (RDG) 7 d	2327					1743	1813						1843	1913		
Manchester Piccadilly (MAN) 10 d			1530					1630							1730	
Cheltenham Spa (CNM) d																
Gloucester (GCR) 7 d																
Newport (South Wales) (NWP) d	0052	1831				1858	1923	1931				1958	2002	2026	2039	2050
Cardiff Central (CDF) 7 a	0107	1845				1910	1935	1944				2012	2014	2038	2054	2101
Cardiff Central (CDF) 7 d	0111	1847		1851	1913	1918	1937	1947			1951	2013	2019	2040	2058	2104
Pontyclun (PYC) d				1904	1924						2004	2024				
Llanharan (LLR) d				1908	1929						2009	2029				
Pencoed (PCD) d				1913	1933						2013	2033				
Bridgend (BGN) a	0130	1905		1918	1938	1942	1956	2007			2018	2038	2044	2100	2117	2123
Bridgend (BGN) d	0131	1905		1918	1938	1943	1957	2007			2019	2039	2045	2101	2117	2124
Wildmill (WMI) d					1941							2041				
Sarn (SRR) d					1944							2045				
Tondu (TDU) d					1947							2047				
Garth (Mid Glamorgan) (GMG) d					1956							2056				
Maesteg (Ewenny Road) (MEW) d					1959							2100				
Maesteg (MST) a					2004							2104				
Pyle (PYL) d				1926				2015			2026				2125	
Port Talbot Parkway (PTA) d	0150	1917		1933		1955	2012	2023			2033		2057	2113	2132	2140
Baglan (BAJ) d				1935							2036				2135	
Briton Ferry (BNF) d				1939							2040				2139	
Neath (NTH) d	0157	1925		1943		2003	2020	2030			2043		2104	2120	2143	2151
Skewen (SKE) d				1947							2047				2147	
Llansamlet (LAS) d				1951							2051				2151	
Swansea (SWA) a	0209	1940		2002		2014	2034	2044			2103		2116	2132	2159	2204
Swansea (SWA) d		1949		2004			2049		2049	2055					2203	
Gowerton (GWN) d		2000		2014						2106					2213	
Llanelli (LLE) 7 d		2006		2021						2106	2117f				2220	
Pembrey & Burry Port (PBY) d		2012		2026						2113	2123				2225	
Kidwelly (KWL) d				2032						2121	2130				2231	
Ferryside (FYS) d				2038						2128	2140				2237	
Carmarthen (CMN) a		2032		2051						2140	2152				2248	
Carmarthen (CMN) d		2035		2053							2154				2255	
Whitland (WTL) a		2050		2109							2209				2311	
Whitland (WTL) d		2050		2109							2210				2311	
Narberth (NAR) d				2117x												
Kilgetty (KGT) d				2127x												
Saundersfoot (SDF) d				2129x												
Tenby (TEN) d				2142g												
Penally (PNA) d				2145x												
Manorbier (MRB) d				2151												
Lamphey (LAM) d				2159x												
Pembroke (PMB) d				2202												
Pembroke Dock (PMD) a				2215												
Clunderwen (CUW) d		2057x									2216x				2318x	
Clarbeston Road (CLR) d		2104x									2224x				2325x	
Haverfordwest (HVF) d											2233				2338f	
Johnston (JOH) d											2240x				2345x	
Milford Haven (MFH) a											2251				2356	
Fishguard & Goodwick (FGW) d		2123														
Fishguard Harbour (FGH) a		2127														
Fishguard Harbour (FGH) d				0130												
Rosslare Harbour (RSB) a				0530												

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- f Arrives 5 minutes earlier
- g Arrives 7 minutes earlier
- E From Ebbw Vale Town
- FO Fridays only
- FX Not Fridays
- SM Saturday mornings

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Mondays to Fridays until 28 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW FO	GW FO ⚓	AW FO	AW FO	AW FO	GW FO ⚓	AW FO	AW FO	AW FO	GW FO ⚓	AW FO	GW FO ⚓
London Paddington (PAD) d		1948				2048				2148		2249
Reading (RDG) d		2013				2113				2213		2327
Manchester Piccadilly (MAN) d												
Cheltenham Spa (CNM) d												
Gloucester (GCR) d												
Newport (South Wales) (NWP) d	2100	2122				2224				2323		0043
Cardiff Central (CDF) a	2115	2138				2237				2335		0054
Cardiff Central (CDF) d	2115	2144		2210	2230	2249		2318	2324	2351		0058
Pontyclun (PYC) d	2126			2221				2331	2335			
Llanharan (LLR) d	2131			2226				2335	2340			
Pencoed (PCD) d	2135			2230				2340	2344			
Bridgend (BGN) a	2140	2203		2235	2249	2308		2345	2349	0012		0117
Bridgend (BGN) d	2141	2204		2237	2249	2309		2345	2352	0013		0118
Wildmill (WMI) d	2143			2239					2354			
Sarn (SRR) d	2147			2243					2358			
Tondu (TDU) d	2149			2245					2359			
Garth (Mid Glamorgan) (GMG) d	2158			2254					0009			
Maesteg (Ewenny Road) (MEW) d	2202			2258					0013			
Maesteg (MST) a	2206			2303					0017			
Pyle (PYL) d					2257			2353				
Port Talbot Parkway (PTA) d		2216			2304	2321		0001		0025		0140
Baglan (BAJ) d								0003				
Briton Ferry (BNF) d								0007				
Neath (NTH) d		2224				2328		0011		0032		0147
Skewen (SKE) d								0015				
Llansamlet (LAS) d								0019				
Swansea (SWA) a		2235				2340		0029		0044		0159
Swansea (SWA) d			2240				2345	0051			0051	
Gowerton (GWN) d			2252				2357				0102	
Llanelli (LLE) d			2259		2339c		0004				0108	
Pembrey & Burry Port (PBY) d			2305		2345		0010				0113	
Kidwelly (KWL) d			2313		2351		0018				0120	
Ferryside (FYS) d			2319		2357		0024				0125	
Carmarthen (CMN) a			2333		0010		0038				0138	
Carmarthen (CMN) d												
Whitland (WTL) a												
Whitland (WTL) d												
Narberth (NAR) d												
Kilgetty (KGT) d												
Saundersfoot (SDF) d												
Tenby (TEN) d												
Penally (PNA) d												
Manorbier (MRB) d												
Lamphey (LAM) d												
Pembroke (PMB) d												
Pembroke Dock (PMD) a												
Clunderwen (CUW) d												
Clarbeston Road (CLR) d												
Haverfordwest (HVF) d												
Johnston (JOH) d												
Milford Haven (MFH) a												
Fishguard & Goodwick (FGW) d												
Fishguard Harbour (FGH) a												
Fishguard Harbour (FGH) d												
Rosslare Harbour (RSB) a												

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 6 minutes earlier
- E From Ebbw Vale Town
- FO Fridays only

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Mondays to Fridays from 31 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW	AW A	AW	AW	AW	AW	AW	AW B	AW	GW C 113 12	AW	AW D	AW	AW	AW E	AW	GW 113 12
London Paddington (PAD) 13 d																	0523
Reading (RDG) 7 d																	0549
Manchester Piccadilly (MAN) 10 d																	
Cheltenham Spa (CNM) d																	
Gloucester (GCR) 7 d																	
Newport (South Wales) (NWP) d										0625							0753
Cardiff Central (CDF) 7 a										0637							0805
Cardiff Central (CDF) 7 d								0535	0613	0639	0643	0713			0740		0747
Pontyclun (PYC) d								0554	0624		0656	0724					0800
Llanharan (LLR) d								0558	0629		0700	0729					0804
Pencoed (PCD) d								0603	0633		0705	0733					0809
Bridgend (BGN) a								0608	0638	0658	0710	0738		0758		0814	0827
Bridgend (BGN) d								0608	0638	0659	0710	0738		0759		0814	0828
Wildmill (WMI) d									0641			0741					
Sarn (SRR) d									0644			0744					
Tondu (TDU) d									0647			0747					
Garth (Mid Glamorgan) (GMG) d									0656			0756					
Maesteg (Ewenny Road) (MEW) d									0659			0759					
Maesteg (MST) a									0704			0804					
Pyle (PYL) d								0616				0718					0822
Port Talbot Parkway (PTA) d								0623		0711	0726			0812		0829	0840
Baglan (BAJ) d								0625			0728					0831	
Briton Ferry (BNF) d								0629			0732					0835	
Neath (NTH) d								0633		0718	0736		0820		0839	0847	
Skewen (SKE) d								0637			0740				0843		
Llansamlet (LAS) d								0641			0744				0847		
Swansea (SWA) a								0651		0729	0754			0834		0857	0902
Swansea (SWA) d		0516						0601		0657	0740	0800		0817	0849	0856	
Gowerton (GWN) d		0528						0611		0707		0810		0859	0908		
Llanelli (LLE) 7 d		0537a						0618		0714	0757	0817		0833	0906	0917a	
Pembrey & Burry Port (PBY) d								0623		0719	0804	0822			0911		
Kidwelly (KWL) d								0629		0725		0828			0917		
Ferryside (FYS) d								0635		0731		0834			0923		
Carmarthen (CMN) a								0648		0744	0824	0847		0858	0936		
Carmarthen (CMN) d	0454		0535	0550	0600	0654		0746				0853		0902	0955		
Whitland (WTL) a	0510		0551	0606	0616	0710		0802				0909		0918	1010		
Whitland (WTL) d	0510		0551	0606	0616	0711		0802				0910		0918	1010		
Narberth (NAR) d			0559x			0719x						0917x					
Kilgetty (KGT) d			0609x			0728x						0927x					
Saundersfoot (SDF) d			0611x			0730x						0929x					
Tenby (TEN) d			0623e			0740						0938					
Penally (PNA) d			0626x			0743x						0941x					
Manorbier (MRB) d			0632			0749						0947					
Lamphey (LAM) d			0639x			0756x						0954x					
Pembroke (PMB) d			0643			0759						0958					
Pembroke Dock (PMD) a			0655			0811						1010					
Clunderwen (CUW) d	0517x			0613x	0623x		0718	0809x						0925x	1017x		
Clarboston Road (CLR) d	0524x			0622x	0630x			0816x						0932x	1024x		
Haverfordwest (HVF) d	0533				0639			0825							1034		
Johnston (JOH) d	0540x				0647x			0832x							1041x		
Milford Haven (MFH) a	0551				0658			0843							1052		
Fishguard & Goodwick (FGW) d				0640			0736						0951				
Fishguard Harbour (FGH) d				0646			0742						0957				
Rosslare Harbour (RSB) a																	

Ferry times are subject to alteration at any time and should be always be double checked with the ferry company www.stenaline.co.uk

For the complete service between London and Cardiff see table 125, and between Manchester and Cardiff table 131
 For the complete service between Cheltenham Spa, Gloucester and Cardiff see table 132

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- e Arrives 3 minutes earlier
- A To Llandoverly
- B Also calls at Ninian Park 0541
- C From Bristol Parkway
- D From Ebbw Vale Town
- E To Shrewsbury

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Mondays to Fridays from 31 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW D	GW D 113 13	AW F 113 13	GW D 113 13	AW	AW D	GW D 113 13	AW	AW D	GW D 113 13	AW	AW D	GW D 113 13	AW E	AW	AW
London Paddington (PAD) d		0648					0748			0848			0948			
Reading (RDG) d		0713					0813			0913			1013			
Manchester Piccadilly (MAN) d											0730					
Cheltenham Spa (CNM) d																
Gloucester (GCR) d																
Newport (South Wales) (NWP) d		0827	0824				0924			1025	1035		1128			
Cardiff Central (CDF) a		0838	0844				0935			1037	1049		1140			
Cardiff Central (CDF) d	0813	0841	0847		0851	0913	0938	1006	1013	1039	1050	1054	1113	1142		
Pontyclun (PYC) d	0824				0904	0924			1024			1107	1124			
Llanharan (LLR) d	0829				0908	0929			1029			1111	1129			
Pencoed (PCD) d	0833				0913	0933			1033			1116	1133			
Bridgend (BGN) a	0838	0900	0905		0918	0938	0957	1026	1038	1058	1108	1121	1138	1201		
Bridgend (BGN) d	0838	0901	0907		0918	0938	0958	1026	1038	1059	1109	1121	1138	1202		
Wildmill (WMI) d	0841				0941				1041				1141			
Sarn (SRR) d	0844				0944				1044				1144			
Tondu (TDU) d	0847				0947				1047				1147			
Garth (Mid Glamorgan) (GMG) d	0856				0956				1056				1156			
Maesteg (Ewenny Road) (MEW) d	0859				0959				1059				1159			
Maesteg (MST) a	0904				1004				1104				1204			
Pyle (PYL) d					0926							1129				
Port Talbot Parkway (PTA) d		0913	0919		0933		1010	1039		1111	1120	1136		1214		
Baglan (BAJ) d					0936							1138				
Briton Ferry (BNF) d					0940							1142				
Neath (NTH) d		0920	0926		0944		1018	1047		1119	1127	1146		1221		
Skewen (SKE) d					0949							1150				
Llansamlet (LAS) d					0953							1154				
Swansea (SWA) a		0931	0940		1005		1029	1103		1130	1142	1205		1232		
Swansea (SWA) d		0956	0945	0956	1009			1107			1146	1206		1244	1251	
Gowerton (GWN) d			0955					1118			1156	1217			1303	
Llanelli (LLE) d			1002	1013	1025			1124			1203	1224		1301	1312a	
Pembrey & Burry Port (PBY) d			1007	1020	1032			1130			1208	1229		1308		
Kidwelly (KWL) d			1013								1214					
Ferryside (FYS) d			1019								1220					
Carmarthen (CMN) a			1032	1040	1053			1149			1233	1250		1328		
Carmarthen (CMN) d			1033		1054			1154			1236	1255			1355	
Whitland (WTL) a			1049		1110			1210			1251	1311			1410	
Whitland (WTL) d			1050		1111			1211			1251	1311			1410	
Narberth (NAR) d					1119x							1319x				
Kilgetty (KGT) d					1128x							1329x				
Saundersfoot (SDF) d					1130x							1331x				
Tenby (TEN) d					1138							1340e				
Penally (PNA) d					1141x							1343x				
Manorbier (MRB) d					1147							1349				
Lamphey (LAM) d					1155x							1356x				
Pembroke (PMB) d					1158							1400				
Pembroke Dock (PMD) a					1211							1413				
Clunderwen (CUW) d			1057x					1218x			1258x				1417x	
Clarbeston Road (CLR) d			1105x					1227x			1306x				1425x	
Haverfordwest (HVF) d			1116e								1315				1434	
Johnston (JOH) d			1124x								1323x				1441x	
Milford Haven (MFH) a			1135								1332				1452	
Fishguard & Goodwick (FGW) d								1246								
Fishguard Harbour (FGH) a								1252								
Fishguard Harbour (FGH) d																1400
Rosslare Harbour (RSB) a																1730

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- e Arrives 3 minutes earlier
- D From Ebbw Vale Town
- E To Shrewsbury
- F From Crewe

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Mondays to Fridays from 31 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW D	GW D	AW D	AW D	AW D	GW D	AW D	AW D	GW D	AW D	AW D	AW D	GW D	AW D	AW D	AW D	GW D
London Paddington (PAD) d		1048				1148			1248				1348				1448
Reading (RDG) d		1113				1213			1313				1413				1513
Manchester Piccadilly (MAN) d			0930							1130							
Cheltenham Spa (CNM) d																	
Gloucester (GCR) d																	
Newport (South Wales) (NWP) d		1225	1231			1323			1425	1430			1523				1624
Cardiff Central (CDF) a		1236	1245			1335			1436	1444			1534				1636
Cardiff Central (CDF) d	1213	1239	1247	1251	1313	1337		1413	1439	1447	1451	1513	1537	1543	1609	1613	1639
Pontyclun (PYC) d	1224			1304	1324			1424			1504	1524		1555		1624	
Llanharan (LLR) d	1229			1308	1329			1429			1508	1529		1600		1629	
Pencoed (PCD) d	1233			1313	1333			1433			1513	1533		1604		1633	
Bridgend (BGN) a	1238	1258	1305	1318	1338	1356		1438	1458	1505	1518	1538	1556	1611	1628	1638	1658
Bridgend (BGN) d	1238	1259	1306	1318	1338	1357		1438	1459	1506	1518	1538	1557	1611	1628	1638	1659
Wildmill (WMI) d	1241				1341			1441				1541				1641	
Sarn (SRR) d	1244				1344			1444				1544				1644	
Tondu (TDU) d	1247				1347			1447				1547				1647	
Garth (Mid Glamorgan) (GMG) d	1256				1356			1456				1556				1656	
Maesteg (Ewenny Road) (MEW) d	1259				1359			1459				1559				1659	
Maesteg (MST) a	1304				1404			1504				1604				1704	
Pyle (PYL) d				1326							1526			1620			
Port Talbot Parkway (PTA) d		1311	1318	1333		1409			1511	1518	1533		1609	1629	1641		1711
Baglan (BAJ) d				1335							1535			1632			
Briton Ferry (BNF) d				1339							1539			1636			
Neath (NTH) d		1318	1325	1343		1417			1518	1525	1543		1616	1641	1649		1719
Skewen (SKE) d				1347							1547			1646			
Llansamlet (LAS) d				1351							1551			1650			
Swansea (SWA) a		1330	1340	1402		1427			1530	1540	1602		1627	1658	1705		1730
Swansea (SWA) d			1345	1407		1444				1545	1604		1637		1709		
Gowerton (GWN) d			1355							1555	1615			1720			
Llanelli (LLE) d			1402	1422		1501				1602	1621		1654	1726			
Pembrey & Burry Port (PBY) d			1407	1428		1508				1607	1626		1701	1731			
Kidwelly (KWL) d			1413							1613	1633			1738			
Ferryside (FYS) d			1419							1619	1638			1743			
Carmarthen (CMN) a			1432	1448		1528				1632	1651		1721	1757			
Carmarthen (CMN) d			1435	1453			1545			1633	1654			1759			
Whitland (WTL) a			1450	1509			1600			1649	1710			1814			
Whitland (WTL) d			1450	1509			1600			1649	1710			1814			
Narberth (NAR) d				1517x										1718x			
Kilgetty (KGT) d				1527x										1728x			
Saundersfoot (SDF) d				1529x										1730x			
Tenby (TEN) d				1538e										1739e			
Penally (PNA) d				1541x										1742x			
Manorbier (MRB) d				1547										1748			
Lamphey (LAM) d				1555x										1755x			
Pembroke (PMB) d				1558										1759			
Pembroke Dock (PMD) a				1611										1812			
Clunderwen (CUW) d			1457x				1607x			1656x					1821x		
Clarbeston Road (CLR) d			1505x				1614x			1703x					1828x		
Haverfordwest (HVF) d							1623			1712					1837		
Johnston (JOH) d							1630x			1719x					1845x		
Milford Haven (MFH) a							1640			1730					1854		
Fishguard & Goodwick (FGW) d			1524														
Fishguard Harbour (FGH) a			1530														
Fishguard Harbour (FGH) d																	
Rosslare Harbour (RSB) a																	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- e Arrives 3 minutes earlier
- D From Ebbw Vale Town

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Mondays to Fridays from 31 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW	AW E	AW D	AW D	AW D	AW D	GW D	AW D	AW D	GW D	AW D	GW D	AW D	AW TSM	AW D	AW D	GW D
London Paddington (PAD) d							1548			1618		1648					1718
Reading (RDG) d							1613					1713					1743
Manchester Piccadilly (MAN) d			1330										1530				
Cheltenham Spa (CNM) d																	
Gloucester (GCR) d																	
Newport (South Wales) (NWP) d			1632				1724			1752		1825	1831				1858
Cardiff Central (CDF) a			1646				1735			1805		1837	1845				1910
Cardiff Central (CDF) d			1647	1651	1713		1739	1745	1751	1809	1813	1839	1847		1851	1913	1918
Pontyclun (PYC) d				1704	1724				1804			1824			1904	1924	
Llanharan (LLR) d				1708	1729				1808			1829			1908	1929	
Pencoed (PCD) d				1713	1733				1813			1833			1913	1933	
Bridgend (BGN) a			1705	1718	1738		1758	1806	1818	1828	1838	1858	1905		1918	1938	1942
Bridgend (BGN) d			1706	1718	1738		1800	1806	1818	1829	1838	1859	1905		1918	1938	1943
Wildmill (WMI) d					1741						1841					1941	
Sarn (SRR) d					1744						1844					1944	
Tondu (TDU) d					1747						1847					1947	
Garth (Mid Glamorgan) (GMG) d					1756						1856					1956	
Maesteg (Ewenny Road) (MEW) d					1759						1859					1959	
Maesteg (MST) a					1804						1904					2004	
Pyle (PYL) d				1726					1826						1926		
Port Talbot Parkway (PTA) d			1719	1733			1812	1820	1833	1844		1911	1917		1933		1955
Baglan (BAJ) d				1735					1835						1935		
Briton Ferry (BNF) d				1739					1839						1939		
Neath (NTH) d			1727	1743			1820	1828	1843	1853		1919	1925		1943		2003
Skewen (SKE) d				1747					1847						1947		
Llansamlet (LAS) d				1751					1851						1951		
Swansea (SWA) a			1742	1801			1834	1842	1901	1903		1930	1940		2002		2014
Swansea (SWA) d	1736	1748	1801			1833		1844		1910			1949		2004		
Gowerton (GWN) d	1748	1800	1812			1845		1854					2000		2014		
Llanelli (LLE) d	1756	1809a	1818			1854a		1904		1927			2006		2021		
Pembrey & Burry Port (PBY) d	1802		1824					1909		1934			2012		2026		
Kidwelly (KWL) d	1809		1830					1915							2032		
Ferryside (FYS) d	1815		1836					1921							2038		
Carmarthen (CMN) a	1829		1849					1934		1954			2032		2051		
Carmarthen (CMN) d	1830		1854					1935					2035		2053		
Whitland (WTL) a	1845		1910					1950					2050		2109		
Whitland (WTL) d	1846		1910					1951					2050		2109		
Narberth (NAR) d			1918x												2117x		
Kilgetty (KGT) d			1928x												2127x		
Saundersfoot (SDF) d			1930x												2129x		
Tenby (TEN) d			1940												2142g		
Penally (PNA) d			1943x												2145x		
Manorbier (MRB) d			1949												2151		
Lamphey (LAM) d			1956x												2159x		
Pembroke (PMB) d			2000												2202		
Pembroke Dock (PMD) a			2012												2215		
Clunderwen (CUW) d	1853x							1957x					2057x				
Clarbeston Road (CLR) d	1900x							2005x					2104x				
Haverfordwest (HVF) d								2013									
Johnston (JOH) d								2021x									
Milford Haven (MFH) a								2032									
Fishguard & Goodwick (FGW) d	1919												2123				
Fishguard Harbour (FGH) a	1925												2127				
Fishguard Harbour (FGH) d														0130			
Rosslare Harbour (RSB) a														0530			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- g Arrives 7 minutes earlier
- D From Ebbw Vale Town
- E To Shrewsbury
- TSM Tuesday to Saturday mornings

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Mondays to Fridays from 31 March





Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	GW 113 X	AW 11 A	AW	AW	AW D	GW 113 A	GW 113 A	AW FO A	AW FX A	GW 113 A	AW FX A	AW D	GW 113 A	AW	AW	AW	GW FO 113 A
London Paddington (PAD) d	1748					1818	1848			1918			1948				2048
Reading (RDG) d	1813					1843	1913						2013				2113
Manchester Piccadilly (MAN) d		1630						1730	1730								
Cheltenham Spa (CNM) d																	
Gloucester (GCR) d																	
Newport (South Wales) (NWP) d	1923	1931			1958	2002	2026	2039	2039	2050		2100	2122				2224
Cardiff Central (CDF) a	1935	1944			2012	2014	2038	2054	2054	2101		2115	2138				2237
Cardiff Central (CDF) d	1937	1947		1951	2013	2019	2040	2058	2058	2104		2115	2144		2210	2230	2249
Pontyclun (PYC) d				2004	2024							2126			2221		
Llanharan (LLR) d				2009	2029							2131			2226		
Pencoed (PCD) d				2013	2033							2135			2230		
Bridgend (BGN) a	1956	2007		2018	2038	2044	2100	2117	2117	2123		2140	2203		2235	2249	2308
Bridgend (BGN) d	1957	2007		2019	2039	2045	2101	2117	2117	2124		2141	2204		2237	2249	2309
Wildmill (WMI) d				2041								2143			2239		
Sarn (SRR) d				2045								2147			2243		
Tondu (TDU) d				2047								2149			2245		
Garth (Mid Glamorgan) (GMG) d				2056								2158			2254		
Maesteg (Ewenny Road) (MEW) d				2100								2202			2258		
Maesteg (MST) a				2104								2206			2303		
Pyle (PYL) d		2015		2026				2125	2125							2257	
Port Talbot Parkway (PTA) d	2012	2023		2033		2057	2113	2132	2132	2140			2216			2304	2321
Baglan (BAJ) d				2036				2135	2135								
Briton Ferry (BNF) d				2040				2139	2139								
Neath (NTH) d	2020	2030		2043		2104	2120	2143	2143	2151			2224				2328
Skewen (SKE) d				2047				2147	2147								
Llansamlet (LAS) d				2051				2151	2151								
Swansea (SWA) a	2034	2044		2103		2116	2132	2159	2159	2204			2235				2340
Swansea (SWA) d	2049		2055					2203	2210			2210		2240			
Gowerton (GWN) d			2106					2213				2220		2252			
Llanelli (LLE) d	2106		2117f					2220				2227		2259		2339c	
Pembrey & Burry Port (PBY) d	2113		2123					2225				2233		2305		2345	
Kidwelly (KWL) d	2121		2130					2231				2241		2313		2351	
Ferryside (FYS) d	2128		2140					2237				2248		2319		2357	
Carmarthen (CMN) a	2140		2152					2248				2259		2333		0010	
Carmarthen (CMN) d			2154					2255									
Whitland (WTL) a			2209					2311									
Whitland (WTL) d			2210					2311									
Narberth (NAR) d																	
Kilgetty (KGT) d																	
Saundersfoot (SDF) d																	
Tenby (TEN) d																	
Penally (PNA) d																	
Manorbier (MRB) d																	
Lamphey (LAM) d																	
Pembroke (PMB) d																	
Pembroke Dock (PMD) a																	
Clunderwen (CUW) d			2216x					2318x									
Clarbeston Road (CLR) d			2224x					2325x									
Haverfordwest (HVF) d			2233					2338f									
Johnston (JOH) d			2240x					2345x									
Milford Haven (MFH) a			2251					2356									
Fishguard & Goodwick (FGW) d																	
Fishguard Harbour (FGH) a																	
Fishguard Harbour (FGH) d																	
Rosslare Harbour (RSB) a																	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 6 minutes earlier
- f Arrives 5 minutes earlier
- D From Ebbw Vale Town
- FO Fridays only
- FX Not Fridays

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Mondays to Fridays from 31 March










Operator	GW	AW	AW	AW	GW	GW	AW	GW	GW
Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	FX 113 ♣				FO 113 ♣	FX 113 ♣		FO 113 ♣	FX 113 ♣
London Paddington (PAD)  d	2048				2148	2148		2249	2249
Reading (RDG) d	2113				2213	2213		2327	2327
Manchester Piccadilly (MAN)  d									
Cheltenham Spa (CNM) d									
Gloucester (GCR) d									
Newport (South Wales) (NWP) d	2229				2323	2330		0043	0052
Cardiff Central (CDF) a	2246				2335	2345		0054	0107
Cardiff Central (CDF) d	2249		2318	2324	2351	2351		0058	0111
Pontyclun (PYC) d			2331	2335					
Llanharan (LLR) d			2335	2340					
Pencoed (PCD) d			2340	2344					
Bridgend (BGN) a	2308		2345	2349	0012	0012		0117	0130
Bridgend (BGN) d	2309		2345	2352	0013	0013		0118	0131
Wildmill (WMI) d				2354					
Sarn (SRR) d				2358					
Tondu (TDU) d				2359					
Garth (Mid Glamorgan) (GMG) d				0009					
Maesteg (Ewenny Road) (MEW) d				0013					
Maesteg (MST) a				0017					
Pyle (PYL) d			2353						
Port Talbot Parkway (PTA) d	2321		0001		0025	0025		0140	0150
Baglan (BAJ) d			0003						
Briton Ferry (BNF) d			0007						
Neath (NTH) d	2328		0011		0032	0032		0147	0157
Skewen (SKE) d			0015						
Llansamlet (LAS) d			0019						
Swansea (SWA) a	2340		0029		0044	0044	←	0159	0209
Swansea (SWA) d		2345	0051				0051		
Gowerton (GWN) d		2357	←				0102		
Llanelli (LLE) d		0004					0108		
Pembrey & Burry Port (PBY) d		0010					0113		
Kidwelly (KWL) d		0018					0120		
Ferryside (FYS) d		0024					0125		
Carmarthen (CMN) a		0038					0138		
Carmarthen (CMN) d									
Whitland (WTL) a									
Whitland (WTL) d									
Narberth (NAR) d									
Kilgetty (KGT) d									
Saundersfoot (SDF) d									
Tenby (TEN) d									
Penally (PNA) d									
Manorbier (MRB) d									
Lamphey (LAM) d									
Pembroke (PMB) d									
Pembroke Dock (PMD) a									
Clunderwen (CUW) d									
Clarbeston Road (CLR) d									
Haverfordwest (HVF) d									
Johnston (JOH) d									
Milford Haven (MFH) a									
Fishguard & Goodwick (FGW) d									
Fishguard Harbour (FGH) a									
Fishguard Harbour (FGH)  d									
Rosslare Harbour (RSB)  a									

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- FO Fridays only
- FX Not Fridays

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Saturdays

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW	AW A	AW	AW	AW	AW	AW	AW	AW	AW	AW B	AW C	AW	GW D	AW	AW	GW D D	AW A	AW C
London Paddington (PAD)  d																			
Reading (RDG)  d																			
Manchester Piccadilly (MAN)  d																			
Cheltenham Spa (CNM) d																			
Gloucester (GCR)  d																			
Newport (South Wales) (NWP) d																			
Cardiff Central (CDF)  a																	0747 0800		
Cardiff Central (CDF)  d										0542	0613	0636	0713			0741	0744	0803	0813
Pontyclun (PYC) d										0555	0624	0653	0724				0757		0824
Llanharan (LLR) d										0559	0629	0658	0729				0801		0829
Pencoed (PCD) d										0604	0633	0703	0733				0806		0833
Bridgend (BGN) a										0609	0638	0708	0738			0759	0811	0822	0838
Bridgend (BGN) d										0609	0638	0709	0738			0800	0811	0824	0838
Wildmill (WMI) d													0641						0841
Sarn (SRR) d													0644						0844
Tondu (TDU) d													0647						0847
Garth (Mid Glamorgan) (GMG) d													0656						0856
Maesteg (Ewenny Road) (MEW) d													0659						0859
Maesteg (MST) a													0704						0904
Pyle (PYL) d										0617		0717					0819		
Port Talbot Parkway (PTA) d										0624		0725			0813	0826	0837		
Baglan (BAJ) d										0626		0728				0828			
Briton Ferry (BNF) d										0630		0732				0832			
Neath (NTH) d										0634		0736			0821	0836	0845		
Skewen (SKE) d										0638		0740				0840			
Llansamlet (LAS) d										0642		0745				0844			
Swansea (SWA) a										0652		0756			0835	0854	0858		
Swansea (SWA) d		0451				0602		0657		0800		0818	0834	0843				0859	
Gowerton (GWN) d		0503				0612		0707		0810				0853				0911	
Llanelli (LLE)  d		0510a				0619		0715		0817		0833	0851	0901				0920a	
Pembrey & Burry Port (PBY) d						0624		0720		0822			0858	0906					
Kidwelly (KWV) d						0630		0726		0828				0913					
Ferryside (FYS) d						0636		0732		0834				0918					
Carmarthen (CMN) a						0649		0745		0847		0858	0918	0931					
Carmarthen (CMN) d	0454		0535	0550	0600	0654		0746		0853		0900		0933					
Whitland (WTL) a	0510		0551	0606	0616	0710		0802		0909		0917		0948					
Whitland (WTL) d	0510		0551	0606	0616	0711		0802		0910		0918		0949					
Narberth (NAR) d			0559x			0719x				0917x									
Kilgetty (KGT) d			0609x			0728x				0927x									
Saundersfoot (SDF) d			0611x			0730x				0929x									
Tenby (TEN) d			0623g			0740				0939									
Penally (PNA) d			0626x			0743x				0942x									
Manorbier (MRB) d			0632			0749				0948									
Lamphey (LAM) d			0639x			0757x				0955x									
Pembroke (PMB) d			0643			0800				0959									
Pembroke Dock (PMD) a			0655			0812				1011									
Clunderwen (CUW) d	0517x			0613x	0623x			0809x					0924x		0955x				
Clarbeston Road (CLR) d	0524x			0622x	0630x		0718	0816x					0932x		1003x				
Haverfordwest (HVF) d	0533				0639			0825							1016e				
Johnston (JOH) d	0540x				0647x			0832x							1023x				
Milford Haven (MFH) a	0551				0658			0843							1034				
Fishguard & Goodwick (FGW) d				0640			0736						0951						
Fishguard Harbour (FGH) a				0646			0742						0957						
Fishguard Harbour (FGH)  d																			
Rosslare Harbour (RSB)  a																			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- e Arrives 5 minutes earlier
- g Arrives 3 minutes earlier
- A To Shrewsbury
- B Also calls at Ninian Park 0641
- C From Ebbw Vale Town
- D From Bristol Temple Meads

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Saturdays

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	GW 113 ↕	AW E ↕	AW ↕	AW E ↕	AW C ↕	GW 113 ↕	AW ↕	AW ↕	AW C ↕	GW 113 ↕	AW ↕	AW ↕	AW C ↕	GW 113 ↕	AW A ↕	AW ↕	AW C ↕	GW 113 ↕
London Paddington (PAD) d	0648					0748				0848				0948				1048
Reading (RDG) d	0713					0813				0913				1013				1113
Manchester Piccadilly (MAN) d												0730						
Cheltenham Spa (CNM) d																		
Gloucester (GCR) d																		
Newport (South Wales) (NWP) d	0824	0822				0924				1024	1032			1126				1225
Cardiff Central (CDF) a	0836	0842				0936				1037	1046			1139				1237
Cardiff Central (CDF) d	0840	0847	0851		0913	0938	1006		1013	1039	1048	1051	1113	1141		1209	1213	1240
Pontyclun (PYC) d			0905		0924				1024			1104	1124					1224
Llanharan (LLR) d			0909		0929				1029			1109	1129					1229
Pencoed (PCD) d			0914		0933				1033			1113	1133					1233
Bridgend (BGN) a	0859	0905	0919		0938	0957	1026		1038	1058	1106	1118	1138	1200		1229	1238	1259
Bridgend (BGN) d	0900	0906	0919		0938	0959	1026		1038	1059	1106	1119	1138	1201		1229	1238	1300
Wildmill (WMI) d					0941				1041				1141					1241
Sarn (SRR) d					0944				1044				1144					1244
Tondu (TDU) d					0947				1047				1147					1247
Garth (Mid Glamorgan) (GMG) d					0956				1056				1156					1256
Maesteg (Ewenny Road) (MEW) d					0959				1059				1159					1259
Maesteg (MST) a					1004				1104				1204					1304
Pyle (PYL) d			0927										1126					
Port Talbot Parkway (PTA) d	0912	0917	0934			1011	1039			1111	1119	1133		1213		1242		1312
Baglan (BAJ) d			0937									1136						
Briton Ferry (BNF) d			0941									1140						
Neath (NTH) d	0919	0924	0945			1018	1047			1118	1126	1144		1220		1250		1319
Skewen (SKE) d			0949									1147						
Llansamlet (LAS) d			0953									1152						
Swansea (SWA) a	0931	0939	1004			1030	1103			1130	1140	1203		1232		1305		1331
Swansea (SWA) d	0940	0949	1008				1107			1140	1149	1209			1253	1308		1340
Gowerton (GWN) d		1000					1118			1159	1220			1305	1319			
Llanelli (LLE) d	0957	1008	1024				1124			1157	1206	1226		1314a	1325			1357
Pembrey & Burry Port (PBY) d	1004	1014	1031				1130			1204	1212	1232			1331			1404
Kidwelly (KWL) d		1020										1218						
Ferryside (FYS) d		1026										1224						
Carmarthen (CMN) a	1024	1040	1051	←			1149			1224	1237	1253				1350		1424
Carmarthen (CMN) d		1102	1054	1102			1153				1239	1256				1356		
Whitland (WTL) a		←	1110	1118			1208				1254	1312				1412		
Whitland (WTL) d			1110	1119			1208				1254	1313				1413		
Narberth (NAR) d			1118x									1321x						
Kilgetty (KGT) d			1128x									1330x						
Saundersfoot (SDF) d			1130x									1332x						
Tenby (TEN) d			1140c									1342g						
Penally (PNA) d			1143x									1345x						
Manorbier (MRB) d			1149									1351						
Lamphey (LAM) d			1156x									1358x						
Pembroke (PMB) d			1200									1402						
Pembroke Dock (PMD) a			1213									1415						
Clunderwen (CUW) d				1126x			1215x					1301x					1419x	
Clarbeston Road (CLR) d				1135			1223x					1308x					1427x	
Haverfordwest (HVF) d				1143								1317					1436	
Johnston (JOH) d				1151x								1324x					1443x	
Milford Haven (MFH) a				1200								1335					1454	
Fishguard & Goodwick (FGW) d							1242											
Fishguard Harbour (FGH) a							1246											
Fishguard Harbour (FGH) d									1400									
Rosslare Harbour (RSB) a									1730									

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 4 minutes earlier
- g Arrives 3 minutes earlier
- A To Shrewsbury
- C From Ebbw Vale Town
- E From Crewe

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Saturdays

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW	AW	AW C	GW 1111 11	AW	AW C	GW 1111 11	AW	AW	AW C	GW 1111 11	AW	AW	AW	AW C	GW 1111 11	AW	AW	AW A
London Paddington (PAD) d				1148			1248				1348					1448			
Reading (RDG) d				1213			1313				1413					1513			
Manchester Piccadilly (MAN) d	0930							1130										1330	
Cheltenham Spa (CNM) d																			
Gloucester (GCR) d																			
Newport (South Wales) (NWP) d	1231			1324			1424	1430			1523					1625	1630		
Cardiff Central (CDF) a	1245			1336			1436	1444			1535					1637	1644		
Cardiff Central (CDF) d	1247	1251	1313	1339	1406	1413	1440	1447	1451	1513	1537	1543	1606		1613	1640	1649		
Pontyclun (PYC) d		1304	1324			1424			1504	1524		1555			1624				
Llanharan (LLR) d		1308	1329			1429			1508	1529		1600			1629				
Pencoed (PCD) d		1313	1333			1433			1513	1533		1605			1633				
Bridgend (BGN) a	1305	1318	1338	1358	1426	1438	1459	1505	1518	1538	1556	1611	1625		1638	1659	1707		
Bridgend (BGN) d	1306	1318	1338	1359	1426	1438	1500	1506	1518	1538	1557	1612	1625		1638	1700	1708		
Wildmill (WMI) d			1341			1441				1541					1641				
Sarn (SRR) d			1344			1444				1544					1644				
Tondu (TDU) d			1347			1447				1547					1647				
Garth (Mid Glamorgan) (GMG) d			1356			1456				1556					1656				
Maesteg (Ewenny Road) (MEW) d			1359			1459				1559					1659				
Maesteg (MST) a			1404			1504				1604					1704				
Pyle (PYL) d		1326							1526			1620							
Port Talbot Parkway (PTA) d	1318	1333		1411	1439		1512	1518	1533		1609	1628	1639			1712	1720		
Baglan (BAJ) d		1335							1535			1632							
Briton Ferry (BNF) d		1339							1539			1636							
Neath (NTH) d	1325	1343		1418	1447		1520	1525	1543		1617	1640	1648			1719	1727		
Skewen (SKE) d		1347							1547			1644							
Llansamlet (LAS) d		1351							1551			1648							
Swansea (SWA) a	1340	1402		1430	1503		1531	1540	1602		1628	1658	1703			1732	1742		
Swansea (SWA) d	1348	1407			1507		1540	1549	1604				1705	1726		1740	1803	1748	
Gowerton (GWN) d	1358				1518		1600	1615					1716	1739				1800	
Llanelli (LLE) d	1408	1422			1524		1557	1607	1621				1722	1747		1800c		1809a	
Pembrey & Burry Port (PBY) d	1413	1428			1530		1604	1612	1626				1727	1754		1808			
Kidwelly (KWV) d	1420							1619	1633				1734	1801					
Ferryside (FYS) d	1425							1624	1638				1739	1808					
Carmarthen (CMN) a	1438	1448			1549		1624	1637	1651				1752	1822		1830			
Carmarthen (CMN) d	1440	1453			1556			1638	1653				1756	1823					
Whitland (WTL) a	1455	1509			1611			1654	1709				1811	1839					
Whitland (WTL) d	1455	1509			1611			1654	1709				1811	1840					
Narberth (NAR) d		1517x							1717x										
Kilgetty (KGT) d		1527x							1727x										
Saundersfoot (SDF) d		1529x							1729x										
Tenby (TEN) d		1538g							1738g										
Penally (PNA) d		1541x							1741x										
Manorbier (MRB) d		1547							1747										
Lamphey (LAM) d		1555x							1755x										
Pembroke (PMB) d		1558							1758										
Pembroke Dock (PMD) a		1611							1811										
Clunderwen (CUW) d	1502x				1618x			1701x					1818x	1847x					
Clarbeston Road (CLR) d	1510x				1625x			1708x					1825x	1855x					
Haverfordwest (HVF) d					1634			1717					1834						
Johnston (JOH) d					1642x			1724x					1841x						
Milford Haven (MFH) a					1651			1735					1850						
Fishguard & Goodwick (FGW) d	1529													1914					
Fishguard Harbour (FGH) d	1535													1920					
Fishguard Harbour (FGH) a																			
Rosslare Harbour (RSB) a																			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 4 minutes earlier
- g Arrives 3 minutes earlier
- A To Shrewsbury
- C From Ebbw Vale Town

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Saturdays

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW	AW	AW C	AW	GW	AW	AW	AW C	GW	AW	AW SUM	AW	AW C	GW	GW	AW	AW	AW
	↔				⏏ ↔	↔			⏏ ↔	↔	⏏ ↔			⏏ ↔	⏏ ↔	⏏ ↔		
London Paddington (PAD)	d				1548				1648					1718	1748			
Reading (RDG)	d				1613				1713					1743	1813			
Manchester Piccadilly (MAN)	d									1530						1630		
Cheltenham Spa (CNM)	d																	
Gloucester (GCR)	d																	
Newport (South Wales) (NWP)	d				1724				1824	1831				1858	1926	1931		
Cardiff Central (CDF)	a				1736				1836	1845				1910	1938	1944		
Cardiff Central (CDF)	d	1653	1713		1739	1745	1751	1813	1839	1847		1851	1906	1918	1940	1947		1951
Pontyclun (PYC)	d	1706	1724				1805	1824				1904	1917					2004
Llanharan (LLR)	d	1710	1729				1809	1829				1908	1922					2009
Pencoed (PCD)	d	1715	1733				1814	1833				1913	1926					2013
Bridgend (BGN)	a	1720	1738		1758	1806	1819	1838	1858	1905		1918	1931	1937	1959	2007		2018
Bridgend (BGN)	d	1720	1738		1759	1806	1819	1838	1859	1906		1918	1933	1938	2000	2007		2019
Wildmill (WMI)	d				1741			1841					1935					
Sarn (SRR)	d				1744			1844					1939					
Tondu (TDU)	d				1747			1847					1941					
Garth (Mid Glamorgan) (GMG)	d				1756			1856					1950					
Maesteg (Ewenny Road) (MEW)	d				1759			1859					1954					
Maesteg (MST)	a				1804			1904					1958					
Pyle (PYL)	d	1728					1827					1926				2015		2026
Port Talbot Parkway (PTA)	d	1735			1811	1820	1834		1911	1918		1933		1950	2012	2023		2033
Baglan (BAJ)	d	1738					1836					1935						2036
Briton Ferry (BNF)	d	1742					1840					1939						2040
Neath (NTH)	d	1746			1818	1828	1844		1919	1926		1943		1958	2019	2030		2043
Skewen (SKE)	d	1750					1848					1947						2047
Llansamlet (LAS)	d	1754					1853					1951						2051
Swansea (SWA)	a		1804		1830	1842	1903		1933	1941		2002		2009	2031	2044		2101
Swansea (SWA)	d	1803			1828		1845			1945		2004		2018				2052
Gowerton (GWN)	d	1814			1840		1855			1956		2014						2102
Llanelli (LLE)	d	1820			1849a		1902			2002		2021		2035				2109
Pembrey & Burry Port (PBY)	d	1826					1907			2008		2026		2042				2114
Kidwelly (KWL)	d	1832					1913					2032						2120
Ferryside (FYS)	d	1838					1919					2038						2126
Carmarthen (CMN)	a	1851					1932			2028		2051		2102				2138
Carmarthen (CMN)	d	1854					1933			2034		2053						2140
Whitland (WTL)	a	1910					1948			2049		2109						2155
Whitland (WTL)	d	1910					1949			2050		2109						2155
Narberth (NAR)	d	1918x										2117x						
Kilgetty (KGT)	d	1928x										2127x						
Saundersfoot (SDF)	d	1930x										2129x						
Tenby (TEN)	d	1940										2142h						
Penally (PNA)	d	1943x										2145x						
Manorbier (MRB)	d	1949										2151						
Lamphey (LAM)	d	1957x										2159x						
Pembroke (PMB)	d	2000										2202						
Pembroke Dock (PMD)	a	2012										2215						
Clunderwen (CUW)	d						1955x			2056x								2202x
Clarbston Road (CLR)	d						2003x			2104x								2209x
Haverfordwest (HVF)	d						2011											2218
Johnston (JOH)	d						2019x											2226x
Milford Haven (MFH)	a						2030											2237
Fishguard & Goodwick (FGW)	d									2123								
Fishguard Harbour (FGH)	a									2127								
Fishguard Harbour (FGH)	d											0130						
Rosslare Harbour (RSB)	a											0530						

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- h Arrives 7 minutes earlier
- C From Ebbw Vale Town
- SUM Sunday mornings

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Saturdays

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	GW 111 ☞	AW C	GW 111 ☞	AW ☞	GW 111 ☞	AW C	GW 111 ☞	AW ☞	AW ☞	AW ☞	AW ☞	GW 111 ☞	AW SUM ☞	AW SUM ☞	AW
London Paddington (PAD) d	1818		1848		1918		1948					2048			
Reading (RDG) d	1843		1913		1943		2013					2113			
Manchester Piccadilly (MAN) d				1730											
Cheltenham Spa (CNM)															
Gloucester (GCR) d															
Newport (South Wales) (NWP)	d	1957	2000	2024	2042	2058	2101	2125					2227		
Cardiff Central (CDF) a	2010	2015	2036	2057	2110	2117	2138					2244			
Cardiff Central (CDF) d	2012	2017	2039	2059	2114	2119	2140		2156	2214	2227	2250			2315
Pontyclun (PYC)	d		2028			2130			2209	2225	2240				2326
Llanharan (LLR)	d		2033			2135			2214	2230	2245				2331
Pencoed (PCD)	d		2037			2139			2218	2235	2249				2336
Bridgend (BGN) a	2031	2042	2058	2118	2133	2144	2159		2223	2240	2254	2309			2342
Bridgend (BGN) d	2032	2042	2059	2119	2134	2144	2200		2224	2240	2255	2310			2343
Wildmill (WMI) d			2045			2147				2243					2346
Sarn (SRR) d			2048			2150				2247					2349
Tondu (TDU) d			2051			2153				2250					2352
Garth (Mid Glamorgan) (GMG) d			2100			2202				2259					0001
Maesteg (Ewenny Road) (MEW) d			2103			2205				2302					0005
Maesteg (MST) a			2108			2210				2307					0009
Pyle (PYL) d					2126					2231		2302			
Port Talbot Parkway (PTA) d	2044		2111	2134	2146		2212		2238		2310	2323			
Baglan (BAJ) d				2136							2313				
Briton Ferry (BNF) d				2140							2317				
Neath (NTH) d	2051		2118	2144	2153		2220		2245		2321	2331			
Skewen (SKE) d				2148							2325				
Llansamlet (LAS) d				2152							2330				
Swansea (SWA) a	2104		2130	2200	2205		2231		2258		2340	2343			
Swansea (SWA) d				2207				2242	2302		2344		0012	0012	
Gowerton (GWN) d				2218				2254	2313		2355			0027	
Llanelli (LLE) d				2224				2301	2320		0002	0042s		0042	
Pembrey & Burry Port (PBY) d				2229				2307	2326		0007			0057	
Kidwelly (KWL) d				2236				2315	2332		0013			0112	
Ferryside (FYS) d				2241				2321	2338		0019			0127	
Carmarthen (CMN) a				2253				2335	2349		0032		0122	0152	
Carmarthen (CMN) d															
Whitland (WTL) a															
Whitland (WTL) d															
Narberth (NAR) d															
Kilgetty (KGT) d															
Saundersfoot (SDF) d															
Tenby (TEN) d															
Penally (PNA) d															
Manorbier (MRB) d															
Lamphey (LAM) d															
Pembroke (PMB) d															
Pembroke Dock (PMD) a															
Clunderwen (CUW) d															
Clarbeston Road (CLR) d															
Haverfordwest (HVF) d															
Johnston (JOH) d															
Milford Haven (MFH) a															
Fishguard & Goodwick (FGW) d															
Fishguard Harbour (FGH) a															
Fishguard Harbour (FGH) d															
Rosslare Harbour (RSB) a															

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- C From Ebbw Vale Town
- SUM Sunday mornings

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Sundays

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW	AW	AW	AW	AW	GW	GW A	AW	AW	AW	AW B	AW	GW	AW C	AW	GW	AW
London Paddington (PAD)	d												0833			0931	
Reading (RDG)	d												0859			0956	
Manchester Piccadilly (MAN)	d																
Cheltenham Spa (CNM)	d																
Gloucester (GCR)	d																
Newport (South Wales) (NWP)	d						0925			0930			1015	1056		1115	
Cardiff Central (CDF)	a						0942			0950			1029	1111		1127	
Cardiff Central (CDF)	d	0804	0845				0944			0953		1013	1031	1113	1118	1130	1206
Pontyclun (PYC)	d		0858							1006		1025			1131		1219
Llanharan (LLR)	d		0903							1011		1030			1136		1224
Pencoed (PCD)	d		0907							1015		1035			1140		1228
Bridgend (BGN)	a	0827	0917				1003			1023		1040	1050	1133	1146	1149	1236
Bridgend (BGN)	d	0827	0917				1004			1023		1040	1051	1133	1146	1150	1236
Wildmill (WMI)	d		0920									1043			1149		
Sarn (SRR)	d		0924									1046			1152		
Tondu (TDU)	d		0927									1051			1155		
Garth (Mid Glamorgan) (GMG)	d		0938									1058			1204		
Maesteg (Ewenny Road) (MEW)	d		0941									1102			1207		
Maesteg (MST)	a		0946									1105			1211		
Pyle (PYL)	d									1031							1243
Port Talbot Parkway (PTA)	d	0840					1016			1038			1103	1145		1202	1251
Baglan (BAJ)	d																
Briton Ferry (BNF)	d																
Neath (NTH)	d	0847					1024			1046			1110	1153		1210	
Skewen (SKE)	d																
Llansamlet (LAS)	d																
Swansea (SWA)	a	0902					1035			1101			1122	1207		1221	
Swansea (SWA)	d					1027		1043		1103	1110			1215		1232	
Gowerton (GWN)	d									1114	1122			1227			
Llanelli (LLE)	d					1043		1100		1123	1130a			1235		1249	1321
Pembrey & Burry Port (PBY)	d					1050		1106		1130				1241		1256	1327
Kidwelly (KWL)	d									1136				1248			
Ferryside (FYS)	d									1142				1254			
Carmarthen (CMN)	a					1111		1126		1157				1308		1317	1348
Carmarthen (CMN)	d		0915	1010				1131		1202				1310			1357
Whitland (WTL)	a		0935	1030				1146		1217				1324			1413
Whitland (WTL)	d		0935		1040			1146		1218				1325			1413
Narberth (NAR)	d				1048x												
Kilgetty (KGT)	d				1057x												
Saundersfoot (SDF)	d				1100x												
Tenby (TEN)	d				1108												
Penally (PNA)	d				1111x												
Manorbier (MRB)	d				1117												
Lamphey (LAM)	d				1125x												
Pembroke (PMB)	d				1128												
Pembroke Dock (PMD)	a				1141												
Clunderwen (CUW)	d		0950							1225x							1420x
Clarbeston Road (CLR)	d		1010					1159x		1233x				1338x			1428x
Haverfordwest (HVF)	d		1030							1241							1436
Johnston (JOH)	d		1045							1250x							1444x
Milford Haven (MFH)	a		1055							1300							1459
Fishguard & Goodwick (FGW)	d							1218						1357			
Fishguard Harbour (FGH)	a							1225						1402			
Fishguard Harbour (FGH)	d								1400								
Rosslare Harbour (RSB)	a								1730								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- A From Bristol Parkway
- B To Shrewsbury
- C From Hereford

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Sundays

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW	GW	AW	AW	GW	AW	AW	AW	B	GW	AW	GW	AW	AW	AW	GW	AW	GW
		11		1	11					11		11				11		11
London Paddington (PAD) d		1045			1145					1245		1345				1445		1545
Reading (RDG) d		1110			1210					1310		1410				1510		1610
Manchester Piccadilly (MAN) d				0930		1030					1129			1231			1330	
Cheltenham Spa (CNM) d																		
Gloucester (GCR) d																		
Newport (South Wales) (NWP) d		1221		1259	1321	1334				1421	1434	1525		1539		1621	1641	1722
Cardiff Central (CDF) a		1233		1312	1334	1348				1434	1449	1539		1555		1634	1656	1736
Cardiff Central (CDF) d	1210	1235		1320	1335	1412	1415			1435	1452	1540		1605	1610	1635	1710	1736
Pontyclun (PYC) d	1224						1427								1622			
Llanharan (LLR) d	1229						1432								1627			
Pencoed (PCD) d	1234						1437								1632			
Bridgend (BGN) a	1241	1255		1340	1354	1432	1442			1454	1512	1600		1625	1638	1655	1730	1755
Bridgend (BGN) d	1241	1256		1340	1355	1432	1442			1455	1512	1601		1625	1638	1659	1730	1756
Wildmill (WMI) d	1244						1445								1641			
Sarn (SRR) d	1247						1449								1644			
Tondu (TDU) d	1251						1452								1648			
Garth (Mid Glamorgan) (GMG) d	1259						1501								1657			
Maesteg (Ewenny Road) (MEW) d	1303						1505								1700			
Maesteg (MST) a	1307						1508								1705			
Pyle (PYL) d				1348		1441					1519			1633			1738	
Port Talbot Parkway (PTA) d		1308		1356	1412	1449				1507	1527	1613		1640		1713	1746	1808
Baglan (BAJ) d																		
Briton Ferry (BNF) d																		
Neath (NTH) d		1316		1403	1419	1457				1515	1534	1621		1648		1721	1753	1816
Skewen (SKE) d																		
Llansamlet (LAS) d																		
Swansea (SWA) a		1329		1420	1431	1514				1529	1549	1632		1701		1734	1806	1831
Swansea (SWA) d			1403		1438	1518		1526				1640	1647	1705				
Gowerton (GWN) d			1414			1530		1538					1658	1717				
Llanelli (LLE) d			1422		1455	1538		1546a				1657	1706	1725				
Pembrey & Burry Port (PBY) d			1428		1502	1544						1704	1712	1731				
Kidwelly (KWL) d			1435										1718					
Ferryside (FYS) d			1441										1724					
Carmarthen (CMN) a			1453		1522	1604						1724	1737	1752				
Carmarthen (CMN) d			1456			1615							1744	1809				
Whitland (WTL) a			1511			1631							1759	1825				
Whitland (WTL) d			1512			1631								1800	1825			
Narberth (NAR) d			1520x											1808x				
Kilgetty (KGT) d			1530x											1818x				
Saundersfoot (SDF) d			1532x											1820x				
Tenby (TEN) d			1542											1829				
Penally (PNA) d			1545x											1833x				
Manorbier (MRB) d			1551											1839				
Lamphey (LAM) d			1559x											1847x				
Pembroke (PMB) d			1603											1850				
Pembroke Dock (PMD) a			1616											1903				
Clunderwen (CUW) d						1638x									1832x			
Clarbeston Road (CLR) d						1646x									1840x			
Haverfordwest (HVF) d						1654									1850			
Johnston (JOH) d						1702x									1858x			
Milford Haven (MFH) a						1711									1910			
Fishguard & Goodwick (FGW) d																		
Fishguard Harbour (FGH) a																		
Fishguard Harbour (FGH) d																		
Rosslare Harbour (RSB) a																		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- B To Shrewsbury

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Sundays

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW	AW	AW	AW	GW	AW	GW	AW	AW	AW	AW	AW	GW	AW	GW	AW	AW
London Paddington (PAD)	d				1645		1745								1845		1945
Reading (RDG)	d				1710		1810								1910		2010
Manchester Piccadilly (MAN)	d		1430			1530				1630						1730	1830
Cheltenham Spa (CNM)	d																
Gloucester (GCR)	d																
Newport (South Wales) (NWP)	d		1740		1822	1838	1921			1934					2020	2029	2122
Cardiff Central (CDF)	a		1755		1835	1853	1935			1948					2034	2045	2134
Cardiff Central (CDF)	d		1811	1818	1835	1855	1935	1943	1954				2017	2034	2049	2135	2150
Pontyclun (PYC)	d			1830				1955									
Llanharan (LLR)	d			1835				2000									
Pencoed (PCD)	d			1840				2004									
Bridgend (BGN)	a		1831	1848	1854	1916	1954	2010	2015				2037	2053	2110	2155	2210
Bridgend (BGN)	d		1831	1848	1855	1916	1955	2010	2015				2037	2054	2110	2156	2210
Wildmill (WMI)	d			1851				2013									
Sarn (SRR)	d			1854				2016									
Tondu (TDU)	d			1858				2020									
Garth (Mid Glamorgan) (GMG)	d			1907				2030									
Maesteg (Ewenny Road) (MEW)	d			1910				2033									
Maesteg (MST)	a			1915				2037									
Pyle (PYL)	d		1839			1923			2022						2045	2117	2217
Port Talbot Parkway (PTA)	d		1847		1907	1931	2007		2030						2053	2106	2125
Baglan (BAJ)	d																
Briton Ferry (BNF)	d																
Neath (NTH)	d		1855		1915	1939	2015		2037					2101	2114	2133	2215
Skewen (SKE)	d																
Llansamlet (LAS)	d																
Swansea (SWA)	a		1910		1929	1954	2028		2052					2117	2125	2148	2227
Swansea (SWA)	d	1845	1913						2057			2130					2252
Gowerton (GWN)	d	1856	1924						2110			2142					2304
Llanelli (LLE)	d	1904	1932						2118			2150					2312
Pembrey & Burry Port (PBY)	d	1910	1938						2124			2156					2318
Kidwelly (KWL)	d	1917							2131								2324
Ferryside (FYS)	d	1923							2137								2330
Carmarthen (CMN)	a	1936	1959						2152			2217					2344
Carmarthen (CMN)	d	1938	2006						2154			2221					
Whitland (WTL)	a	1953	2022						2209			2235					
Whitland (WTL)	d	1954	2025	2030							2209			2236			
Narberth (NAR)	d		2033x														
Kilgetty (KGT)	d		2043x														
Saundersfoot (SDF)	d		2045x														
Tenby (TEN)	d		2055														
Penally (PNA)	d		2058x														
Manorbier (MRB)	d		2104														
Lamphey (LAM)	d		2112x														
Pembroke (PMB)	d		2116														
Pembroke Dock (PMD)	a		2127														
Clunderwen (CUW)	d	2001x		2037x										2243x			
Clarbeston Road (CLR)	d	2009x		2045x							2223x			2251x			
Haverfordwest (HVF)	d	2018a		2053										2259			
Johnston (JOH)	d			2102x										2307x			
Milford Haven (MFH)	a			2116										2318			
Fishguard & Goodwick (FGW)	d										2242						
Fishguard Harbour (FGH)	a										2249						
Fishguard Harbour (FGH)	d											0130					
Rosslare Harbour (RSB)	a											0530					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- MM Monday mornings

Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven, Fishguard and Rosslare

Sundays

1st Class/Reservations/Bus/Ferry Catering facilities	Operator Operator logo	GW GW logo	AW	AW	GW GW logo
London Paddington (PAD)	15 d	2045			2145
Reading (RDG)	7 d	2110			2209
Manchester Piccadilly (MAN)	10 d			1930	
Cheltenham Spa (CNM)	d				
Gloucester (GCR)	7 d				
Newport (South Wales) (NWP)	d	2223		2241	2323
Cardiff Central (CDF)	7 a	2236		2257	2336
Cardiff Central (CDF)	7 d	2237		2300	2336
Pontyclun (PYC)	d				
Llanharan (LLR)	d				
Pencoed (PCD)	d				
Bridgend (BGN)	a	2257		2320	2355
Bridgend (BGN)	d	2258		2320	2356
Wildmill (WMI)	d				
Sarn (SRR)	d				
Tondu (TDU)	d				
Garth (Mid Glamorgan) (GMG)	d				
Maesteg (Ewenny Road) (MEW)	d				
Maesteg (MST)	a				
Pyle (PYL)	d			2328	
Port Talbot Parkway (PTA)	d	2310		2336	0009
Baglan (BAJ)	d				
Briton Ferry (BNF)	d				
Neath (NTH)	d	2318		2344	0018
Skewen (SKE)	d				
Llansamlet (LAS)	d				
Swansea (SWA)	a	2329		2359	0030
Swansea (SWA)	d		2334		
Gowerton (GWN)	d		2345		
Llanelli (LLE)	7 d		2353		
Pembrey & Burry Port (PBY)	d		2359		
Kidwelly (KWL)	d		0006		
Ferryside (FYS)	d		0012		
Carmarthen (CMN)	a		0026		
Carmarthen (CMN)	d				
Whitland (WTL)	a				
Whitland (WTL)	d				
Narberth (NAR)	d				
Kilgetty (KGT)	d				
Saundersfoot (SDF)	d				
Tenby (TEN)	d				
Penally (PNA)	d				
Manorbier (MRB)	d				
Lamphey (LAM)	d				
Pembroke (PMB)	d				
Pembroke Dock (PMD)	a				
Clunderwen (CUW)	d				
Clarbeston Road (CLR)	d				
Haverfordwest (HVF)	d				
Johnston (JOH)	d				
Milford Haven (MFH)	a				
Fishguard & Goodwick (FGW)	d				
Fishguard Harbour (FGH)	a				
Fishguard Harbour (FGH)	d				
Rosslare Harbour (RSB)	a				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Mondays to Fridays until 28 March

Operator	GW	GW	AW	GW	AW	GW	AW	AW	AW	GW	AW	AW		GW	GW	AW	GW
Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	MO	MO	MO	MO	MO	MO	MO A	MO B	MO	MO	MO	MO		MX	MX	MX	MX
	⌚	⌚	⌚	⌚	⌚	⌚				⌚	⌚	⌚		⌚	⌚	⌚	⌚
Rosslare Harbour (RSB)	d																
Fishguard Harbour (FGH)	a																
Fishguard Harbour (FGH)	d																
Fishguard & Goodwick (FGW)	d																
Milford Haven (MFH)	d																
Johnston (JOH)	d																
Haverfordwest (HVF)	d																
Clarbeston Road (CLR)	d																
Clunderwen (CUW)	d																
Pembroke Dock (PMD)	d																
Pembroke (PMB)	d																
Lamphey (LAM)	d																
Manorbier (MRB)	d																
Penally (PNA)	d																
Tenby (TEN)	d																
Saundersfoot (SDF)	d																
Kilgetty (KGT)	d																
Narberth (NAR)	d																
Whitland (WTL)	a																
Whitland (WTL)	d																
Carmarthen (CMN)	a																
Carmarthen (CMN)	d			0439				0448		0536				0603			0335
Ferryside (FYS)	d									0546				0613			0400
Kidwelly (KWL)	d									0552				0619			0415
Pembrey & Burry Port (PBY)	d			0456				0507		0558				0625			0430
Llanelli (LLE)	d			0502				0513a		0603				0633f			0445
Gowerton (GWN)	d			0510						0610							0500
Swansea (SWA)	a			0524						0621							0515
Swansea (SWA)	d	0346	0459		0529	0543	0557			0631	0626	0631			0346	0459	0529
Llansamlet (LAS)	d											0637					
Skewen (SKE)	d											0642					
Neath (NTH)	d	0358	0511		0541	0555	0609					0638	0645		0358	0511	0541
Briton Ferry (BNF)	d												0649				
Baglan (BAJ)	d												0653				
Port Talbot Parkway (PTA)	d	0405	0518		0548	0602	0616					0645	0657	0706	0405	0518	0548
Pyle (PYL)	d					0611							0704				
Maesteg (MST)	d							0611									
Maesteg (Ewenny Road) (MEW)	d							0613									
Garth (Mid Glamorgan) (GMG)	d							0616									
Tondu (TDU)	d							0626									
Sarn (SRR)	d							0629									
Wildmill (WMI)	d							0632									
Bridgend (BGN)	a	0424	0530		0600	0619	0628			0635	0657	0711	0720		0424	0530	0600
Bridgend (BGN)	d	0425	0531		0601	0619	0629			0636	0658	0711	0720		0425	0531	0601
Pencoed (PCD)	d									0641			0718				
Llanharan (LLR)	d									0645			0721				
Pontyclun (PYC)	d									0650			0726				
Cardiff Central (CDF)	a	0455	0551		0621	0641	0649			0704	0718	0741	0744		0455	0551	0621
Cardiff Central (CDF)	d	0507	0554		0624	0646	0651				0723		0753		0507	0554	0624
Newport (South Wales) (NWP)	a	0524	0605		0635	0659	0703				0736		0806		0524	0605	0635
Gloucester (GCR)	a																
Cheltenham Spa (CNM)	a																
Manchester Piccadilly (MAN)	a					1013							1113				
Reading (RDG)	a	0648	0718		0748		0818								0648	0718	0748
London Paddington (PAD)	a	0716	0744		0816		0846				0912				0716	0744	0816

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- f Arrives 3 minutes earlier
- A To Shrewsbury
- B To Ebbw Vale Town
- MO Mondays only
- MX Not Mondays

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Mondays to Fridays until 28 March










Operator	AW	AW	GW	AW	AW	GW	AW	AW	AW		GW	AW	AW	GW	AW	AW	AW
Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	MX	MX	MX	B	MX	MX	MX	MX	MX			B			MO	MX	
Rosslare Harbour (RSB)	d																
Fishguard Harbour (FGH)	a																
Fishguard Harbour (FGH)	d																
Fishguard & Goodwick (FGW)	d																
Milford Haven (MFH)	d															0554	
Johnston (JOH)	d															0602x	
Haverfordwest (HVF)	d															0609	
Clarbeston Road (CLR)	d															0617x	
Clunderwen (CUW)	d															0624x	
Pembroke Dock (PMD)	d																
Pembroke (PMB)	d																
Lamphey (LAM)	d																
Manorbier (MRB)	d																
Penally (PNA)	d																
Tenby (TEN)	d																
Saundersfoot (SDF)	d																
Kilgetty (KGT)	d																
Narberth (NAR)	d																
Whitland (WTL)	a															0631	
Whitland (WTL)	d															0631	
Carmarthen (CMN)	a															0648	
Carmarthen (CMN)	d	0418				0441			0501							0651	0652
Ferryside (FYS)	d					0506			0526							0701	0702
Kidwelly (KWL)	d					0521			0541							0707	0708
Pembrey & Burry Port (PBY)	d	0448				0536			0556							0713	0714
Llanelli (LLE)	d	0503a				0551			0611				0655			0720	0721
Gowerton (GWN)	d					0606							0702			0727	0728
Swansea (SWA)	a					0621			0639				0713			0738	0739
Swansea (SWA)	d		0543	0557			0626	0631		0649		0654		0723	0718	0723	0752
Llansamlet (LAS)	d							0637								0729	
Skewen (SKE)	d							0642								0734	
Neath (NTH)	d		0555	0609			0638	0645				0706			0730	0738	
Briton Ferry (BNF)	d							0649								0741	
Baglan (BAJ)	d							0653								0745	
Port Talbot Parkway (PTA)	d		0602	0616			0645	0657		0706		0713			0737	0749	
Pyle (PYL)	d		0611					0704								0756	
Maesteg (MST)	d					0611								0707			
Maesteg (Ewenny Road) (MEW)	d					0613								0709			
Garth (Mid Glamorgan) (GMG)	d					0616								0712			
Tondu (TDU)	d					0626								0722			
Sarn (SRR)	d					0629								0725			
Wildmill (WMI)	d					0632								0728			
Bridgend (BGN)	a		0619	0628	0635		0657	0711		0719		0725	0731		0749	0803	
Bridgend (BGN)	d		0619	0629	0636		0658	0711		0720		0726	0732		0750	0804	
Pencoed (PCD)	d				0641			0718					0737			0810	
Llanharan (LLR)	d				0645			0721					0741			0814	
Pontyclun (PYC)	d				0650			0726					0746			0819	
Cardiff Central (CDF)	d		0641	0649	0704		0718	0741		0745		0746	0800		0810	0832	
Cardiff Central (CDF)	d		0646	0651			0723			0753		0749			0818		
Newport (South Wales) (NWP)	a		0659	0703			0736			0806		0802			0829		
Gloucester (GCR)	d																
Cheltenham Spa (CNM)	a																
Manchester Piccadilly (MAN)	a		1013							1113							
Reading (RDG)	a			0818								0919			0945		
London Paddington (PAD)	a			0846			0912					0944			1014		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- B To Ebbw Vale Town
- MO Mondays only
- MX Not Mondays

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Mondays to Fridays until 28 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	GW 113 ⚓	AW	AW B	AW C	GW 113 ⚓	AW	AW	AW	AW B	AW	GW 113 ⚓	AW	AW	AW B	AW D	GW 113 ⚓	AW
Rosslare Harbour (RSB) 	d																
Fishguard Harbour (FGH) 	a																
Fishguard Harbour (FGH)	d						0650						0745				
Fishguard & Goodwick (FGW)	d						0653						0748				
Milford Haven (MFH)	d							0701									0900
Johnston (JOH)	d							0709x									0908x
Haverfordwest (HVF)	d							0716									0915
Clarbeston Road (CLR)	d						0714a	0724					0807x				0923x
Clunderwen (CUW)	d							0731x					0814x				0931x
Pembroke Dock (PMD)	d									0707							
Pembroke (PMB)	d									0715							
Lamphey (LAM)	d									0718x							
Manorbier (MRB)	d									0726							
Penally (PNA)	d									0732x							
Tenby (TEN)	d									0742c							
Saundersfoot (SDF)	d									0750x							
Kilgetty (KGT)	d									0752x							
Narberth (NAR)	d									0801x							
Whitland (WTL)	a							0738		0809			0820				0938
Whitland (WTL)	d							0738		0810			0821				0939
Carmarthen (CMN)	a							0755		0827			0839				0956
Carmarthen (CMN)	d					0723		0759		0831						0921	0957
Ferryside (FYS)	d					0735		0809		0841							1007
Kidwelly (KWL)	d					0741		0815		0847							1013
Pembrey & Burry Port (PBY)	d					0749		0821		0853						0941	1019
Llanelli (LLE) 	d				0746	0756		0827		0859					0931	0949	1025
Gowerton (GWN)	d				0754			0834		0906					0939		1032
Swansea (SWA)	a		←		0809	0813		0847		0917		←			0954	1007	1046
Swansea (SWA)	d	0743	0752			0821	0827		0852	0927	0922	0927	0922			1022	1054
Llansamlet (LAS)	d						0834			←		0933					
Skewen (SKE)	d						0838					0938					
Neath (NTH)	d	0755	0804			0834	0842		0904		0934	0942				1035	1106
Briton Ferry (BNF)	d						0846					0945					
Baglan (BAJ)	d						0850					0949					
Port Talbot Parkway (PTA)	d	0802	0811			0841	0854		0912		0941	0953				1042	1114
Pyle (PYL)	d		0818				0902					1000					
Maesteg (MST)	d			0807						0907					1007		
Maesteg (Ewenny Road) (MEW)	d			0809						0909					1009		
Garth (Mid Glamorgan) (GMG)	d			0812						0912					1012		
Tondu (TDU)	d			0822						0922					1022		
Sarn (SRR)	d			0825						0925					1025		
Wildmill (WMI)	d			0828						0928					1028		
Bridgend (BGN)	a	0814	0826	0831		0853	0909		0925	0931		0953	1007		1031	1054	1127
Bridgend (BGN)	d	0815	0826	0834		0854	0910		0926	0932		0954	1008		1032	1055	1127
Pencoed (PCD)	d			0839			0916			0937			1014		1037		
Llanharan (LLR)	d			0843			0920			0941			1018		1041		
Pontyclun (PYC)	d			0848			0925			0946			1023		1046		
Cardiff Central (CDF) 	a	0835	0846	0902		0915	0938		0951	1000		1014	1037		1100		1115 1150
Cardiff Central (CDF) 	d	0837				0919			0953			1018					1118 1153
Newport (South Wales) (NWP)	a	0849				0930			1006			1030					1129 1206
Gloucester (GCR) 	a																
Cheltenham Spa (CNM)	a																
Manchester Piccadilly (MAN) 	a								1313								1513
Reading (RDG) 	a	1006				1047						1145				1244	
London Paddington (PAD) 	a	1034				1112						1211				1310	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 4 minutes earlier
- B To Ebbw Vale Town
- C From Llandovery
- D From Shrewsbury

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Mondays to Fridays until 28 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW B	AW	GW 111	AW	AW	AW B	GW 111 X	AW	AW B	AW	GW 111	AW	AW	AW D	AW B	GW 111	AW 111	
Rosslare Harbour (RSB)	d																	0815
Fishguard Harbour (FGH)	a																	1145
Fishguard Harbour (FGH)	d					1000												
Fishguard & Goodwick (FGW)	d					1003												
Milford Haven (MFH)	d							1100									1200	
Johnston (JOH)	d							1108x									1209x	
Haverfordwest (HVF)	d							1115									1216	
Clarbeston Road (CLR)	d					1022x		1123x									1224x	
Clunderwen (CUW)	d					1029x		1130x									1232x	
Pembroke Dock (PMD)	d		0902									1102						
Pembroke (PMB)	d		0910									1110						
Lamphey (LAM)	d		0913x									1113x						
Manorbier (MRB)	d		0921									1121						
Penally (PNA)	d		0927x									1127x						
Tenby (TEN)	d		0937c									1138e						
Saundersfoot (SDF)	d		0945x									1146x						
Kilgetty (KGT)	d		0947x									1148x						
Narberth (NAR)	d		0956x									1157x						
Whitland (WTL)	a		1004			1035		1137				1205				1238		
Whitland (WTL)	d		1005			1036		1137				1206				1239		
Carmarthen (CMN)	a		1021			1053		1154				1222				1256		
Carmarthen (CMN)	d		1031					1127	1156			1234				1258		
Ferryside (FYS)	d								1206									
Kidwelly (KWL)	d								1212									
Pembrey & Burry Port (PBY)	d		1048					1147	1218			1251				1316		
Llanelli (LLE)	d		1054					1155	1223			1257				1322	1338	
Gowerton (GWN)	d		1101						1230							1329	1346	
Swansea (SWA)	a		1116					1213	1244			1316			1343	1401		
Swansea (SWA)	d		1128	1122	1128			1222	1254			1327	1322	1327	1352			1422
Llansamlet (LAS)	d				1134									1333				
Skewen (SKE)	d				1139									1338				
Neath (NTH)	d				1134	1143		1234	1306			1334	1342	1403				1434
Briton Ferry (BNF)	d				1146									1345				
Baglan (BAJ)	d				1150									1349				
Port Talbot Parkway (PTA)	d				1143f	1154		1241	1314			1341	1353	1410				1441
Pyle (PYL)	d				1201									1400				
Maesteg (MST)	d	1107							1207			1307						1407
Maesteg (Ewenny Road) (MEW)	d	1109							1209			1309						1409
Garth (Mid Glamorgan) (GMG)	d	1112							1212			1312						1412
Tondu (TDU)	d	1122							1222			1322						1422
Sarn (SRR)	d	1125							1225			1325						1425
Wildmill (WMI)	d	1128							1228			1328						1428
Bridgend (BGN)	a	1131		1155	1208			1233	1253	1327	1331		1353	1407	1422		1431	1453
Bridgend (BGN)	d	1132		1156	1209			1234	1254	1327	1332		1354	1408	1422		1433	1454
Pencoed (PCD)	d	1137			1215			1239			1337			1414				1438
Llanharan (LLR)	d	1141			1219			1243			1341			1418				1443
Pontyclun (PYC)	d	1146			1224			1248			1346			1423				1448
Cardiff Central (CDF)	a	1200		1217	1238			1302	1314	1350	1400		1414	1438	1443		1502	1514
Cardiff Central (CDF)	d			1219					1318	1353			1418					1518
Newport (South Wales) (NWP)	a			1231					1329	1406			1429					1529
Gloucester (GCR)	a																	
Cheltenham Spa (CNM)	a																	
Manchester Piccadilly (MAN)	a									1713								
Reading (RDG)	a			1346					1445				1545					1645
London Paddington (PAD)	a			1414					1512				1609					1710

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 4 minutes earlier
- e Arrives 5 minutes earlier
- f Arrives 3 minutes earlier
- B To Ebbw Vale Town
- D From Shrewsbury

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Mondays to Fridays until 28 March














Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW ↔	AW B	GW ↔	AW ↔	GW ↔	AW ↔	AW ↔	AW B	GW ↔	AW ↔	AW ↔	AW B	GW ↔	AW ↔	GW ↔	AW ↔	AW ↔		
Rosslare Harbour (RSB)	d																		
Fishguard Harbour (FGH)	a																		
Fishguard Harbour (FGH)	d	1300															1600		
Fishguard & Goodwick (FGW)	d	1304															1604		
Milford Haven (MFH)	d							1359						1500					
Johnston (JOH)	d							1407x						1508x					
Haverfordwest (HVF)	d							1415						1515					
Clarbeston Road (CLR)	d	1323x						1423x						1523x			1623x		
Clunderwen (CUW)	d	1330x						1430x						1530x			1630x		
Pembroke Dock (PMD)	d			1302											1502				
Pembroke (PMB)	d			1310											1510				
Lamphey (LAM)	d			1313x											1513x				
Manorbier (MRB)	d			1321											1521				
Penally (PNA)	d			1327x											1527x				
Tenby (TEN)	d			1338e											1537c				
Saundersfoot (SDF)	d			1345x											1545x				
Kilgetty (KGT)	d			1347x											1547x				
Narberth (NAR)	d			1357x											1556x				
Whitland (WTL)	a	1337		1405				1436						1537	1605		1637		
Whitland (WTL)	d	1337		1405				1437						1537	1605		1637		
Carmarthen (CMN)	a	1354		1421				1454						1555	1621		1654		
Carmarthen (CMN)	d	1356		1420	1432			1456						1557	1619	1632	1656		
Ferryside (FYS)	d	1406												1607			1706		
Kidwelly (KWL)	d	1412												1613			1712		
Pembrey & Burry Port (PBY)	d	1418		1440	1450			1514						1619	1639	1649	1718		
Llanelli (LLE)	d	1423		1448	1457			1520						1624	1647	1655	1723		
Gowerton (GWN)	d	1430						1527						1631	1702		1730		
Swansea (SWA)	a	1444		1505	1517	←	←	1541						1646	1708	1717	←	←	1746
Swansea (SWA)	d	1454		1522	1527	→	→	1552		1622	1629	1652		1722	1727	1722	1727	1752	
Llansamlet (LAS)	d			→	→			1533						1635	→	→		1733	
Skewen (SKE)	d							1538						1640				1738	
Neath (NTH)	d	1506				1534	1542	1604		1634	1644	1705				1734	1742	1803	
Briton Ferry (BNF)	d							1545						1647				1745	
Baglan (BAJ)	d							1549						1651				1749	
Port Talbot Parkway (PTA)	d	1513				1541	1553	1611		1641	1655	1714f				1741	1753	1810	
Pyle (PYL)	d							1600						1702				1800	
Maesteg (MST)	d		1507							1607								1707	
Maesteg (Ewenny Road) (MEW)	d		1509							1609								1709	
Garth (Mid Glamorgan) (GMG)	d		1512							1612								1712	
Tondu (TDU)	d		1522							1622								1722	
Sarn (SRR)	d		1525							1625								1725	
Wildmill (WMI)	d		1528							1628								1728	
Bridgend (BGN)	a	1526	1531			1553	1607	1623	1631	1653	1709	1726	1731				1753	1807	1822
Bridgend (BGN)	d	1527	1534			1554	1608	1624	1633	1654	1710	1727	1732				1754	1808	1822
Pencoed (PCD)	d		1539				1614			1638				1716				1814	
Llanharan (LLR)	d		1543				1618			1643				1720				1818	
Pontyclun (PYC)	d		1548				1623			1648				1725				1823	
Cardiff Central (CDF)	a	1549	1603			1614	1638	1646	1702	1714	1738	1750	1800				1814	1838	1843
Cardiff Central (CDF)	d	1551				1621				1718				1753				1818	
Newport (South Wales) (NWP)	a	1604				1633				1729				1806				1829	
Gloucester (GCR)	a																		
Cheltenham Spa (CNM)	a																		
Manchester Piccadilly (MAN)	a	1915												2113					
Reading (RDG)	a					1748				1845							1947		
London Paddington (PAD)	a					1813				1914							2016		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 4 minutes earlier
- e Arrives 5 minutes earlier
- f Arrives 3 minutes earlier
- B To Ebbw Vale Town

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Mondays to Fridays until 28 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW D	AW B	GW 113 13	AW	AW B	GW 113 13	AW B	GW 113 13	AW	GW 113 13	AW	AW B	GW 113 13		AW FX	AW FX B	GW 113 13 E
Rosslare Harbour (RSB) 	d																
Fishguard Harbour (FGH) 	a																
Fishguard Harbour (FGH)	d																
Fishguard & Goodwick (FGW)	d																
Milford Haven (MFH)	d				1655							1800			1904		
Johnston (JOH)	d				1703x							1808x			1912x		
Haverfordwest (HVF)	d				1714c							1815			1919		
Clarbeston Road (CLR)	d				1722x							1823x			1927x		
Clunderwen (CUW)	d				1730x							1830x			1934x		
Pembroke Dock (PMD)	d							1702									
Pembroke (PMB)	d							1710									
Lamphey (LAM)	d							1713x									
Manorbier (MRB)	d							1721									
Penally (PNA)	d							1727x									
Tenby (TEN)	d							1739g									
Saundersfoot (SDF)	d							1746x									
Kilgetty (KGT)	d							1748x									
Narberth (NAR)	d							1758x									
Whitland (WTL)	a			1736				1806				1837			1941		
Whitland (WTL)	d			1737				1806				1837			1941		
Carmarthen (CMN)	a			1753				1822				1854			1957		
Carmarthen (CMN)	d			1758		1818	1832					1856			2002		2020
Ferryside (FYS)	d			1808								1906			2012		
Kidwelly (KWL)	d			1814								1912			2018		
Pembrey & Burry Port (PBY)	d			1820		1838	1849					1918			2024		2040
Llanelli (LLE) 	d	1737		1825		1846	1855					1928e			2029		2048
Gowerton (GWN)	d	1745		1832			1903					1935			2036		
Swansea (SWA)	a	1801		1845		1909	1916					1948			2049		2107
Swansea (SWA)	d		1823	1828	1847		1921	1926	1921	1926	1952		2023		2052		2123
Llansamlet (LAS)	d			1834								1932			2058		
Skewen (SKE)	d			1839								1937			2103		
Neath (NTH)	d		1835	1844	1858				1933	1941	2003		2035		2107		2135
Briton Ferry (BNF)	d			1847						1944					2110		
Baglan (BAJ)	d			1851						1948					2114		
Port Talbot Parkway (PTA)	d		1842	1856	1905			1940	1952	2010		2042			2118		2142
Pyle (PYL)	d			1904					1959						2125		
Maesteg (MST)	d		1807				1907						2007			2111	
Maesteg (Ewenny Road) (MEW)	d		1809				1909						2009			2113	
Garth (Mid Glamorgan) (GMG)	d		1812				1912						2012			2116	
Tondu (TDU)	d		1822				1922						2022			2126	
Sarn (SRR)	d		1825				1925						2025			2129	
Wildmill (WMI)	d		1828				1928						2028			2133	
Bridgend (BGN)	a		1831	1854	1911	1918	1931			1952	2006	2022	2032	2054	2132	2136	2154
Bridgend (BGN)	d		1833	1855	1912	1920	1935			1953	2007	2024	2032	2055	2133	2137	2155
Pencoed (PCD)	d		1838		1918		1940				2013		2037			2142	
Llanharan (LLR)	d		1843		1922		1944				2017		2042			2146	
Pontyclun (PYC)	d		1848		1927		1949				2022		2046			2151	
Cardiff Central (CDF) 	a		1902	1915	1940	1947	2005			2014	2035	2049	2101	2116	2155	2205	2215
Cardiff Central (CDF) 	d			1918			2006			2018			2106	2120		2206	2217
Newport (South Wales) (NWP)	a			1929			2019			2030			2119	2131		2219	2231
Gloucester (GCR) 	a																
Cheltenham Spa (CNM)	a																
Manchester Piccadilly (MAN) 	a																
Reading (RDG) 	a			2044					2144				2243				
London Paddington (PAD) 	a			2110					2209				2311				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 4 minutes earlier
- e Arrives 5 minutes earlier
- g Arrives 6 minutes earlier
- B To Ebbw Vale Town
- D From Shrewsbury
- E To Bristol Parkway
- FX Not Fridays

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Mondays to Fridays until 28 March










Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW FX	AW FX	AW FX B	AW FX	AW FX D	AW FX Ⓜ	AW FX	AW FX Ⓜ	AW FX	AW FX Ⓜ	AW FX Ⓜ	AW FX Ⓜ	AW FX Ⓜ	AW FO	AW FO	AW FO B	GW FO E Ⓜ
Rosslare Harbour (RSB) Ⓜ d								1930									
Fishguard Harbour (FGH) Ⓜ a								2300									
Fishguard Harbour (FGH) d	1929																
Fishguard & Goodwick (FGW) d	1932																
Milford Haven (MFH) d				2035									2320			1901	
Johnston (JOH) d				2043x									2330			1909x	
Haverfordwest (HVF) d				2050									2345			1916	
Clarbeston Road (CLR) d	1950x			2058x		2045							0005			1924x	
Clunderwen (CUW) d	1958x			2105x		2105							0025			1931x	
Pembroke Dock (PMD) d		1907						2109		2226							
Pembroke (PMB) d		1915						2117		2236							
Lamphey (LAM) d		1918x						2120x		2241							
Manorbier (MRB) d		1926x						2128		2251							
Penally (PNA) d		1931x						2134x		2301							
Tenby (TEN) d		1945h						2146h		2309							
Saundersfoot (SDF) d		1953x						2154x		2324							
Kilgetty (KGT) d		1955x						2156x		2329							
Narberth (NAR) d		2004x						2205x		2344							
Whitland (WTL) a	2004	2012		2111		2120				2359		0040		1938			
Whitland (WTL) d	2005	2014		2112		2120				2219	2359	0040		1938			
Carmarthen (CMN) a	2023	2030		2129		2140				2239	0019	0100		1954			
Carmarthen (CMN) d		2032		2132		2140									2002		2020
Ferryside (FYS) d		2042		2142		2205									2012		
Kidwelly (KWL) d		2048		2148		2220									2018		
Pembrey & Burry Port (PBY) d		2054		2154		2235									2024		2040
Llanelli (LLE) Ⓜ d		2059		2159	2235	2250									2029		2048
Gowerton (GWN) d		2106		2206	2243	2305									2036		
Swansea (SWA) a		2120		2219	2258	2320									2049		2107
Swansea (SWA) d		2128		2227			2329								2052		2123
Llansamlet (LAS) d		2135		2234			2337								2058		
Skewen (SKE) d		2139		2239			2341								2103		
Neath (NTH) d		2143		2243			2345								2107		2135
Briton Ferry (BNF) d		2147		2247			2349								2110		
Baglan (BAJ) d		2151		2251			2353								2114		
Port Talbot Parkway (PTA) d		2155		2255			2357								2118		2142
Pyle (PYL) d		2202		2302			0005								2125		
Maesteg (MST) d			2207													2111	
Maesteg (Ewenny Road) (MEW) d			2209													2113	
Garth (Mid Glamorgan) (GMG) d			2212													2116	
Tondu (TDU) d			2222													2126	
Sarn (SRR) d			2225													2129	
Wildmill (WMI) d			2228													2133	
Bridgend (BGN) a		2209	2231	2309			0013							2132	2136	2154	
Bridgend (BGN) d		2210	2232	2309			0017							2133	2137	2155	
Pencoed (PCD) d			2237												2142		
Llanharan (LLR) d			2241												2146		
Pontyclun (PYC) d			2246												2151		
Cardiff Central (CDF) Ⓜ a		2236	2300	2332			0038							2155	2205	2215	
Cardiff Central (CDF) Ⓜ d															2206	2217	
Newport (South Wales) (NWP) a															2219	2230	
Gloucester (GCR) Ⓜ a																	
Cheltenham Spa (CNM) a																	
Manchester Piccadilly (MAN) Ⓜ a																	
Reading (RDG) Ⓜ a																	
London Paddington (PAD) Ⓜ a																	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- h Arrives 8 minutes earlier
- B To Ebbw Vale Town
- D From Shrewsbury
- E To Bristol Parkway
- FO Fridays only
- FX Not Fridays

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Mondays to Fridays until 28 March

Operator	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Days of operation/Notes 1st Class/Reservations/Bus/Ferry	FO	FO	FO B	FO	FO D	FO	FO	FO	FO	FO	FO	SM
Rosslare Harbour (RSB)  d										1930		
Fishguard Harbour (FGH)  a										2300		
Fishguard Harbour (FGH) d	1929							2146				
Fishguard & Goodwick (FGW) d	1932							2149				
Milford Haven (MFH) d				2038							2320	0021
Johnston (JOH) d				2046x							2328x	0029x
Haverfordwest (HVF) d				2053							2335	0036
Clarbeston Road (CLR) d	1950x			2101x				2208x			2343x	0044x
Clunderwen (CUW) d	1958x			2108x				2215x			2350x	0051x
Pembroke Dock (PMD) d		1907					2109			2226		
Pembroke (PMB) d		1915					2117			2234		
Lamphey (LAM) d		1918x					2120x			2237x		
Manorbier (MRB) d		1926x					2128			2245		
Penally (PNA) d		1931x					2134x			2251x		
Tenby (TEN) d		1945h					2146h			2255		
Saundersfoot (SDF) d		1953x					2154x			2303x		
Kilgetty (KGT) d		1955x					2156x			2305x		
Narberth (NAR) d		2004x					2205x			2314x		
Whitland (WTL) a	2004	2012		2115			2213	2221		2322	2357	0057
Whitland (WTL) d	2005	2014		2115			2214	2222		2323	2357	0058
Carmarthen (CMN) a	2023	2030		2132			2231	2239		2340	0014	0116
Carmarthen (CMN) d		2032		2143				2241				
Ferryside (FYS) d		2042		2153				2251				
Kidwelly (KWL) d		2048		2159				2257				
Pembrey & Burry Port (PBY) d		2054		2205				2303				
Llanelli (LLE)  d		2059		2210	2235			2309				
Gowerton (GWN) d		2106		2217	2243			2316				
Swansea (SWA) a		2120		2230	2258			2329				
Swansea (SWA) d		2128		2232				2331				
Llansamlet (LAS) d		2135		2239				2338				
Skewen (SKE) d		2139		2243				2343				
Neath (NTH) d		2143		2247				2347				
Briton Ferry (BNF) d		2147		2251				2351				
Baglan (BAJ) d		2151		2255				2355				
Port Talbot Parkway (PTA) d		2155		2259				2359				
Pyle (PYL) d		2202		2306				0006				
Maesteg (MST) d			2207									
Maesteg (Ewenny Road) (MEW) d			2209									
Garth (Mid Glamorgan) (GMG) d			2212									
Tondu (TDU) d			2222									
Sarn (SRR) d			2225									
Wildmill (WMI) d			2228									
Bridgend (BGN) a		2209	2231	2313				0014				
Bridgend (BGN) d		2210	2232	2314				0017				
Pencoed (PCD) d			2237									
Llanharan (LLR) d			2241									
Pontyclun (PYC) d			2246									
Cardiff Central (CDF)  a		2236	2300	2336				0038				
Cardiff Central (CDF)  d												
Newport (South Wales) (NWP) a												
Gloucester (GCR)  a												
Cheltenham Spa (CNM) a												
Manchester Piccadilly (MAN)  10 a												
Reading (RDG)  7 a												
London Paddington (PAD)  15 a												

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- h Arrives 8 minutes earlier
- B To Ebbw Vale Town
- D From Shrewsbury
- FO Fridays only
- SM Saturday mornings

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Mondays to Fridays from 31 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	GW	GW	AW	GW	AW	AW	GW	AW	AW	GW	AW	AW	GW	AW	AW	GW	AW	AW	
	113	113		113	A		113		B				113			113	B		
	↔	↔		↔			↔						↔			↔			
Rosslare Harbour (RSB)	d																		
Fishguard Harbour (FGH)	a																		
Fishguard Harbour (FGH)	d																		
Fishguard & Goodwick (FGW)	d																		
Milford Haven (MFH)	d																	0554	
Johnston (JOH)	d																	0602x	
Haverfordwest (HVF)	d																	0609	
Clarbeston Road (CLR)	d																	0617x	
Clunderwen (CUW)	d																	0624x	
Pembroke Dock (PMD)	d																		
Pembroke (PMB)	d																		
Lamphey (LAM)	d																		
Manorbier (MRB)	d																		
Penally (PNA)	d																		
Tenby (TEN)	d																		
Saundersfoot (SDF)	d																		
Kilgetty (KGT)	d																		
Narberth (NAR)	d																		
Whitland (WTL)	a																	0631	
Whitland (WTL)	d																	0631	
Carmarthen (CMN)	a																	0648	
Carmarthen (CMN)	d			0439		0448				0536			0603					0651	
Ferryside (FYS)	d									0546			0613					0701	
Kidwelly (KWL)	d									0552			0619					0707	
Pembrey & Burry Port (PBY)	d			0456		0507				0558			0625					0713	
Llanelli (LLE)	d			0502		0513a				0603			0633f			0655		0720	
Gowerton (GWN)	d			0510						0610						0702		0727	
Swansea (SWA)	a			0524						0621		←				0713	←	0738	
Swansea (SWA)	d	0346	0459		0529		0543	0557		0631	0626	0631		0654		0723	0718	0723	0752
Llansamlet (LAS)	d									→		0637			→			0729	→
Skewen (SKE)	d											0642						0734	
Neath (NTH)	d	0358	0511		0541		0555	0609			0638	0645		0706			0730	0738	
Briton Ferry (BNF)	d											0649						0741	
Baglan (BAJ)	d											0653						0745	
Port Talbot Parkway (PTA)	d	0405	0518		0548		0602	0616			0645	0657	0706	0713			0737	0749	
Pyle (PYL)	d						0611					0704						0756	
Maesteg (MST)	d								0611							0707			
Maesteg (Ewenny Road) (MEW)	d								0613							0709			
Garth (Mid Glamorgan) (GMG)	d								0616							0712			
Tondu (TDU)	d								0626							0722			
Sarn (SRR)	d								0629							0725			
Wildmill (WMI)	d								0632							0728			
Bridgend (BGN)	a	0424	0530		0600		0619	0628		0635		0657	0711	0720	0725	0731		0749	0803
Bridgend (BGN)	d	0425	0531		0601		0619	0629		0636		0658	0711	0720	0726	0732		0750	0804
Pencoed (PCD)	d								0641				0718			0737			0810
Llanharan (LLR)	d								0645				0721			0741			0814
Pontyclun (PYC)	d								0650				0726			0746			0819
Cardiff Central (CDF)	a	0455	0551		0621		0641	0649		0704		0718	0741	0744	0746	0800		0810	0832
Cardiff Central (CDF)	d	0507	0554		0624		0646	0651				0723		0753	0749			0818	
Newport (South Wales) (NWP)	a	0524	0605		0635		0659	0703				0736		0806	0802			0829	
Gloucester (GCR)	a																		
Cheltenham Spa (CNM)	a																		
Manchester Piccadilly (MAN)	a						1013							1113					
Reading (RDG)	a	0648	0718		0748			0818							0919			0945	
London Paddington (PAD)	a	0716	0744		0816			0846					0912		0944			1014	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- f Arrives 3 minutes earlier
- A To Shrewsbury
- B To Ebbw Vale Town

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Mondays to Fridays from 31 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	GW	AW	AW	AW C	AW B	GW	AW	AW	AW B	AW	GW	AW	AW	AW B	AW D	GW	AW	AW B	
	113 ↔					113 ↔					113 ↔					113 ↔			
Rosslare Harbour (RSB)	d																		
Fishguard Harbour (FGH)	a																		
Fishguard Harbour (FGH)	d			0650											0745				
Fishguard & Goodwick (FGW)	d			0653											0748				
Milford Haven (MFH)	d								0701										0900
Johnston (JOH)	d								0709x										0908x
Haverfordwest (HVF)	d								0716										0915
Clarbeston Road (CLR)	d			0714a					0724						0807x				0923x
Clunderwen (CUW)	d								0731x						0814x				0931x
Pembroke Dock (PMD)	d												0707						
Pembroke (PMB)	d												0715						
Lamphey (LAM)	d												0718x						
Manorbier (MRB)	d												0726						
Penally (PNA)	d												0732x						
Tenby (TEN)	d												0742c						
Saundersfoot (SDF)	d												0750x						
Kilgetty (KGT)	d												0752x						
Narberth (NAR)	d												0801x						
Whitland (WTL)	a								0738				0809		0820				0938
Whitland (WTL)	d								0738				0810		0821				0939
Carmarthen (CMN)	a								0755				0827		0839				0956
Carmarthen (CMN)	d					0723			0759				0831				0921		0957
Ferryside (FYS)	d					0735			0809				0841						1007
Kidwelly (KWL)	d					0741			0815				0847						1013
Pembrey & Burry Port (PBY)	d					0749			0821				0853				0941		1019
Llanelli (LLE)	d			0746		0756			0827				0859			0931	0949		1025
Gowerton (GWN)	d			0754					0834				0906			0939			1032
Swansea (SWA)	a		←	0809		0813			0847				0917		←	0954	1007		1046
Swansea (SWA)	d	0743	0752			0821	0827	0852		0927	0922	0927	0927				1022		1054
Llansamlet (LAS)	d						0834					←	0933						
Skewen (SKE)	d						0838						0938						
Neath (NTH)	d	0755	0804			0834	0842	0904				0934	0942				1035		1106
Briton Ferry (BNF)	d						0846						0945						
Baglan (BAJ)	d						0850						0949						
Port Talbot Parkway (PTA)	d	0802	0811			0841	0854	0912				0941	0953				1042		1114
Pyle (PYL)	d		0818				0902						1000						
Maesteg (MST)	d				0807					0907						1007			1107
Maesteg (Ewenny Road) (MEW)	d				0809					0909						1009			1109
Garth (Mid Glamorgan) (GMG)	d				0812					0912						1012			1112
Tondu (TDU)	d				0822					0922						1022			1122
Sarn (SRR)	d				0825					0925						1025			1125
Wildmill (WMI)	d				0828					0928						1028			1128
Bridgend (BGN)	a	0814	0826		0831	0853	0909	0925	0931		0953	1007			1031		1054	1127	1131
Bridgend (BGN)	d	0815	0826		0834	0854	0910	0926	0932		0954	1008			1032		1055	1127	1132
Pencoed (PCD)	d				0839		0916		0937			1014			1037				1137
Llanharan (LLR)	d				0843		0920		0941			1018			1041				1141
Pontyclun (PYC)	d				0848		0925		0946			1023			1046				1146
Cardiff Central (CDF)	a	0835	0846		0902	0915	0938	0951	1000			1014	1037		1100		1115	1150	1200
Cardiff Central (CDF)	d	0837				0919		0953				1018					1118	1153	
Newport (South Wales) (NWP)	a	0849				0930		1006				1030					1129	1206	
Gloucester (GCR)	a																		
Cheltenham Spa (CNM)	a																		
Manchester Piccadilly (MAN)	a								1313										1513
Reading (RDG)	a	1006				1047						1145					1244		
London Paddington (PAD)	a	1034				1112						1211					1310		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 4 minutes earlier
- B To Ebbw Vale Town
- C From Llandovery
- D From Shrewsbury

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Mondays to Fridays from 31 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW	GW	AW	AW B	AW	GW	AW	AW B	AW	GW	AW	AW	AW B	AW D	GW	AW	AW B
	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚
Rosslare Harbour (RSB)	d																0815
Fishguard Harbour (FGH)	a																1145
Fishguard Harbour (FGH)	d				1000												1300
Fishguard & Goodwick (FGW)	d				1003												1304
Milford Haven (MFH)	d						1100						1200				
Johnston (JOH)	d						1108x						1209x				
Haverfordwest (HVF)	d						1115						1216				
Clarbeston Road (CLR)	d				1022x		1123x						1224x				1323x
Clunderwen (CUW)	d				1029x		1130x						1232x				1330x
Pembroke Dock (PMD)	d	0902											1102				
Pembroke (PMB)	d	0910											1110				
Lamphey (LAM)	d	0913x											1113x				
Manorbier (MRB)	d	0921											1121				
Penally (PNA)	d	0927x											1127x				
Tenby (TEN)	d	0937c											1138e				
Saundersfoot (SDF)	d	0945x											1146x				
Kilgetty (KGT)	d	0947x											1148x				
Narberth (NAR)	d	0956x											1157x				
Whitland (WTL)	a	1004				1035		1137					1205				1238
Whitland (WTL)	d	1005				1036		1137					1206				1239
Carmarthen (CMN)	a	1021				1053		1154					1222				1256
Carmarthen (CMN)	d	1031					1127	1156					1234				1258
Ferryside (FYS)	d							1206									1356
Kidwelly (KWL)	d							1212									1406
Pembrey & Burry Port (PBY)	d	1048					1147	1218					1251				1316
Llanelli (LLE)	d	1054					1155	1223					1257				1322
Gowerton (GWN)	d	1101						1230									1338
Swansea (SWA)	a	1116					1213	1244					1316				1346
Swansea (SWA)	d	1128	1122	1128			1222	1254					1327	1322	1327	1352	1401
Llansamlet (LAS)	d			1134											1333		1422
Skewen (SKE)	d			1139											1338		1454
Neath (NTH)	d		1134	1143			1234	1306					1334	1342	1403		1434
Briton Ferry (BNF)	d			1146										1345			1506
Baglan (BAJ)	d			1150										1349			
Port Talbot Parkway (PTA)	d		1143f	1154			1241	1314					1341	1353	1410		1441
Pyle (PYL)	d			1201										1400			1513
Maesteg (MST)	d			1207										1407			1507
Maesteg (Ewenny Road) (MEW)	d			1209										1409			1509
Garth (Mid Glamorgan) (GMG)	d			1212										1412			1512
Tondu (TDU)	d			1222										1422			1522
Sarn (SRR)	d			1225										1425			1525
Wildmill (WMI)	d			1228										1428			1528
Bridgend (BGN)	a		1155	1208	1233		1253	1327	1331		1353	1407	1422	1431		1453	1526
Bridgend (BGN)	d		1156	1209	1234		1254	1327	1332		1354	1408	1422	1433		1454	1527
Pencoed (PCD)	d			1215	1239				1337				1414				1539
Llanharan (LLR)	d			1219	1243				1341				1418				1543
Pontyclun (PYC)	d			1224	1248				1346				1423				1548
Cardiff Central (CDF)	a		1217	1238	1302		1314	1350	1400		1414	1438	1443	1502		1514	1549
Cardiff Central (CDF)	d		1219				1318	1353			1418					1518	1551
Newport (South Wales) (NWP)	a		1231				1329	1406			1429					1529	1604
Gloucester (GCR)	a																
Cheltenham Spa (CNM)	a																
Manchester Piccadilly (MAN)	a							1713									1915
Reading (RDG)	a		1346				1445				1545				1645		
London Paddington (PAD)	a		1414				1512				1609				1710		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 4 minutes earlier
- e Arrives 5 minutes earlier
- f Arrives 3 minutes earlier
- B To Ebbw Vale Town
- D From Shrewsbury

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Mondays to Fridays from 31 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	GW 113 ⚓	AW 113 ⚓	GW 113 ⚓	AW 113 ⚓	AW 113 ⚓	AW B 113 ⚓	GW 113 ⚓	AW 113 ⚓	AW 113 ⚓	AW B 113 ⚓	GW 113 ⚓	AW 113 ⚓	GW 113 ⚓	AW 113 ⚓	AW D 113 ⚓	AW B 113 ⚓	GW 113 ⚓	
Rosslare Harbour (RSB)	d																	
Fishguard Harbour (FGH)	a																	
Fishguard Harbour (FGH)	d														1600			
Fishguard & Goodwick (FGW)	d														1604			
Milford Haven (MFH)	d					1359				1500								
Johnston (JOH)	d					1407x				1508x								
Haverfordwest (HVF)	d					1415				1515								
Clarbeston Road (CLR)	d					1423x				1523x					1623x			
Clunderwen (CUW)	d					1430x				1530x					1630x			
Pembroke Dock (PMD)	d		1302									1502						
Pembroke (PMB)	d		1310									1510						
Lamphey (LAM)	d		1313x									1513x						
Manorbier (MRB)	d		1321									1521						
Penally (PNA)	d		1327x									1527x						
Tenby (TEN)	d		1338e									1537c						
Saundersfoot (SDF)	d		1345x									1545x						
Kilgetty (KGT)	d		1347x									1547x						
Narberth (NAR)	d		1357x									1556x						
Whitland (WTL)	a		1405			1436				1537		1605			1637			
Whitland (WTL)	d		1405			1437				1537		1605			1637			
Carmarthen (CMN)	a		1421			1454				1555		1621			1654			
Carmarthen (CMN)	d	1420	1432			1456				1557		1619	1632		1656			
Ferryside (FYS)	d									1607					1706			
Kidwelly (KWL)	d									1613					1712			
Pembrey & Burry Port (PBY)	d	1440	1450			1514				1619		1639	1649		1718			
Llanelli (LLE)	d	1448	1457			1520				1624		1647	1655		1723	1737		
Gowerton (GWN)	d					1527				1631			1702		1730	1745		
Swansea (SWA)	a	1505	1517	←	←	1541				1646		1708	1717	←	←	1746	1801	
Swansea (SWA)	d	1522	1527	1522	1527	1552		1622	1629	1652		1722	1727	1722	1727	1752		1823
Llansamlet (LAS)	d	→	→		1533				1635			→	→		1733			
Skewen (SKE)	d				1538				1640						1738			
Neath (NTH)	d			1534	1542	1604		1634	1644	1705			1734	1742	1803			1835
Briton Ferry (BNF)	d				1545				1647					1745				
Baglan (BAJ)	d				1549				1651					1749				
Port Talbot Parkway (PTA)	d			1541	1553	1611		1641	1655	1714f			1741	1753	1810			1842
Pyle (PYL)	d				1600				1702					1800				
Maesteg (MST)	d					1607						1707						1807
Maesteg (Ewenny Road) (MEW)	d					1609						1709						1809
Garth (Mid Glamorgan) (GMG)	d					1612						1712						1812
Tondu (TDU)	d					1622						1722						1822
Sarn (SRR)	d					1625						1725						1825
Wildmill (WMI)	d					1628						1728						1828
Bridgend (BGN)	a			1553	1607	1623	1631	1653	1709	1726	1731			1753	1807	1822		1831 1854
Bridgend (BGN)	d			1554	1608	1624	1633	1654	1710	1727	1732			1754	1808	1822		1833 1855
Pencoed (PCD)	d				1614		1638			1716	1737				1814			1838
Llanharan (LLR)	d				1618		1643			1720	1741				1818			1843
Pontyclun (PYC)	d				1623		1648			1725	1746				1823			1848
Cardiff Central (CDF)	a			1614	1638	1646	1702	1714	1738	1750	1800			1814	1838	1843		1902 1915
Cardiff Central (CDF)	d			1621				1718		1753				1818				1918
Newport (South Wales) (NWP)	a			1633				1729		1806				1829				1929
Gloucester (GCR)	a																	
Cheltenham Spa (CNM)	a																	
Manchester Piccadilly (MAN)	a									2113								
Reading (RDG)	a			1748				1845						1947				2044
London Paddington (PAD)	a			1813				1914						2016				2110

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 4 minutes earlier
- e Arrives 5 minutes earlier
- f Arrives 3 minutes earlier
- B To Ebbw Vale Town
- D From Shrewsbury

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Mondays to Fridays from 31 March











Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW	AW	AW B	GW 111 111	AW	GW 111 111	AW	AW	AW B	GW 111 111	AW	AW	AW B	GW E 111 111	AW	AW	AW B	AW FX	
Rosslare Harbour (RSB)	d																		
Fishguard Harbour (FGH)	a																		
Fishguard Harbour (FGH)	d														1929				
Fishguard & Goodwick (FGW)	d														1932				
Milford Haven (MFH)	d	1655						1800					1901					2038	
Johnston (JOH)	d	1703x						1808x					1909x					2046x	
Haverfordwest (HVF)	d	1714c						1815					1916					2053	
Clarbeston Road (CLR)	d	1722x						1823x					1924x		1950x			2101x	
Clunderwen (CUW)	d	1730x						1830x					1931x		1958x			2108x	
Pembroke Dock (PMD)	d				1702											1907			
Pembroke (PMB)	d				1710											1915			
Lamphey (LAM)	d				1713x											1918x			
Manorbier (MRB)	d				1721											1926x			
Penally (PNA)	d				1727x											1931x			
Tenby (TEN)	d				1739g											1945h			
Saundersfoot (SDF)	d				1746x											1953x			
Kilgetty (KGT)	d				1748x											1955x			
Narberth (NAR)	d				1758x											2004x			
Whitland (WTL)	a	1736			1806			1837					1938		2004	2012		2115	
Whitland (WTL)	d	1737			1806			1837					1938		2005	2014		2115	
Carmarthen (CMN)	a	1753			1822			1854					1954		2023	2030		2132	
Carmarthen (CMN)	d	1758		1818	1832			1856					2002		2020		2032	2134	
Ferryside (FYS)	d	1808						1906					2012				2042	2144	
Kidwelly (KWL)	d	1814						1912					2018				2048	2150	
Pembrey & Burry Port (PBY)	d	1820		1838	1849			1918					2024		2040		2054	2156	
Llanelli (LLE)	d	1825		1846	1855			1928e					2029		2048		2059	2201	
Gowerton (GWN)	d	1832			1903			1935					2036				2106	2208	
Swansea (SWA)	a	1845		1909	1916	←	←	1948					2049		2107		2120	2221	
Swansea (SWA)	d	1828	1847		1921	1926	1921	1926	1952		2023		2052		2123		2128	2230	
Llansamlet (LAS)	d	1834		←	←			1932					2058				2135	2237	
Skewen (SKE)	d	1839						1937					2103				2139	2241	
Neath (NTH)	d	1844	1858			1933	1941	2003		2035			2107		2135		2143	2245	
Briton Ferry (BNF)	d	1847					1944						2110				2147	2249	
Baglan (BAJ)	d	1851					1948						2114				2151	2253	
Port Talbot Parkway (PTA)	d	1856	1905			1940	1952	2010		2042			2118		2142		2155	2257	
Pyle (PYL)	d	1904					1959						2125				2202	2304	
Maesteg (MST)	d			1907					2007					2111				2207	
Maesteg (Ewenny Road) (MEW)	d			1909					2009					2113				2209	
Garth (Mid Glamorgan) (GMG)	d			1912					2012					2116				2212	
Tondu (TDU)	d			1922					2022					2126				2222	
Sarn (SRR)	d			1925					2025					2129				2225	
Wildmill (WMI)	d			1928					2028					2133				2228	
Bridgend (BGN)	a	1911	1918	1931			1952	2006	2022	2032	2054		2132	2136	2154		2209	2231	2311
Bridgend (BGN)	d	1912	1920	1935			1953	2007	2024	2032	2055		2133	2137	2155		2210	2232	2312
Pencoed (PCD)	d	1918		1940				2013		2037				2142				2237	
Llanharan (LLR)	d	1922		1944				2017		2042				2146				2241	
Pontyclun (PYC)	d	1927		1949				2022		2046				2151				2246	
Cardiff Central (CDF)	a	1940	1947	2005			2014	2035	2049	2101	2116		2155	2205	2215		2236	2300	2334
Cardiff Central (CDF)	d			2006			2018			2106	2120			2206	2217				
Newport (South Wales) (NWP)	a			2019			2030			2119	2131			2219	2231				
Gloucester (GCR)	a																		
Cheltenham Spa (CNM)	a																		
Manchester Piccadilly (MAN)	a																		
Reading (RDG)	a						2144				2243								
London Paddington (PAD)	a						2209				2311								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 4 minutes earlier
- e Arrives 5 minutes earlier
- g Arrives 6 minutes earlier
- h Arrives 8 minutes earlier
- B To Ebbw Vale Town
- E To Bristol Parkway
- FX Not Fridays

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Mondays to Fridays from 31 March

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry	AW FO	AW D	AW	AW	AW 	AW	AW	AW SM
Rosslare Harbour (RSB) 	d				1930			
Fishguard Harbour (FGH) 	a				2300			
Fishguard Harbour (FGH)	d			2146				
Fishguard & Goodwick (FGW)	d			2149				
Milford Haven (MFH)	d	2038					2320	0021
Johnston (JOH)	d	2046x					2328x	0029x
Haverfordwest (HVF)	d	2053					2335	0036
Clarbeston Road (CLR)	d	2101x		2208x			2343x	0044x
Clunderwen (CUW)	d	2108x		2215x			2350x	0051x
Pembroke Dock (PMD)	d			2109		2226		
Pembroke (PMB)	d			2117		2234		
Lamphey (LAM)	d			2120x		2237x		
Manorbier (MRB)	d			2128		2245		
Penally (PNA)	d			2134x		2251x		
Tenby (TEN)	d			2146h		2255		
Saundersfoot (SDF)	d			2154x		2303x		
Kilgetty (KGT)	d			2156x		2305x		
Narberth (NAR)	d			2205x		2314x		
Whitland (WTL)	a	2115		2213	2221	2322	2357	0057
Whitland (WTL)	d	2115		2214	2222	2323	2357	0058
Carmarthen (CMN)	a	2132		2231	2239	2340	0014	0116
Carmarthen (CMN)	d	2143			2241			
Ferryside (FYS)	d	2153			2251			
Kidwelly (KWL)	d	2159			2257			
Pembrey & Burry Port (PBY)	d	2205			2303			
Llanelli (LLE) 	d	2210	2235		2309			
Gowerton (GWN)	d	2217	2243		2316			
Swansea (SWA)	a	2230	2258		2329			
Swansea (SWA)	d	2232			2331			
Llansamlet (LAS)	d	2239			2338			
Skewen (SKE)	d	2243			2342			
Neath (NTH)	d	2247			2346			
Briton Ferry (BNF)	d	2251			2350			
Baglan (BAJ)	d	2255			2354			
Port Talbot Parkway (PTA)	d	2259			2358			
Pyle (PYL)	d	2306			0005			
Maesteg (MST)	d							
Maesteg (Ewenny Road) (MEW)	d							
Garth (Mid Glamorgan) (GMG)	d							
Tondu (TDU)	d							
Sarn (SRR)	d							
Wildmill (WMI)	d							
Bridgend (BGN)	a	2313			0014			
Bridgend (BGN)	d	2314			0017			
Pencoed (PCD)	d							
Llanharan (LLR)	d							
Pontyclun (PYC)	d							
Cardiff Central (CDF) 	a	2336			0038			
Cardiff Central (CDF) 	d							
Newport (South Wales) (NWP)	a							
Gloucester (GCR) 	a							
Cheltenham Spa (CNM)	a							
Manchester Piccadilly (MAN) 	a							
Reading (RDG) 	a							
London Paddington (PAD) 	a							

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- h Arrives 8 minutes earlier
- D From Shrewsbury
- FO Fridays only
- SM Saturday mornings

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Saturdays

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	GW	AW	GW	AW	GW	AW	AW	GW	AW	AW	GW	AW	AW	GW	AW	AW	GW	
	111		111	1	111	A		111			111			111	A		111	
	⚓		⚓	⚓	⚓			⚓			⚓			⚓			⚓	
Rosslare Harbour (RSB)	d																	
Fishguard Harbour (FGH)	a																	
Fishguard Harbour (FGH)	d																	
Fishguard & Goodwick (FGW)	d																	
Milford Haven (MFH)	d																0556	
Johnston (JOH)	d																0604x	
Haverfordwest (HVF)	d																0611	
Clarbeston Road (CLR)	d																0619x	
Clunderwen (CUW)	d																0626x	
Pembroke Dock (PMD)	d																	
Pembroke (PMB)	d																	
Lamphey (LAM)	d																	
Manorbier (MRB)	d																	
Penally (PNA)	d																	
Tenby (TEN)	d																	
Saundersfoot (SDF)	d																	
Kilgetty (KGT)	d																	
Narberth (NAR)	d																	
Whitland (WTL)	a																0633	
Whitland (WTL)	d																0633	
Carmarthen (CMN)	a																0651	
Carmarthen (CMN)	d		0439					0533			0604						0653	
Ferryside (FYS)	d							0543			0614						0704	
Kidwelly (KWL)	d							0549			0620						0709	
Pembrey & Burry Port (PBY)	d		0456					0555			0626						0716	
Llanelli (LLE)	d		0503					0600			0632			0655			0723	
Gowerton (GWN)	d		0509					0607						0702			0730	
Swansea (SWA)	a		0520					0618		←				0713		←	0742	
Swansea (SWA)	d	0356		0525	0539	0552		0629	0623	0629		0654		0727	0722	0727	0753	0747
Llansamlet (LAS)	d							←		0635				→		0733	←	
Skewen (SKE)	d									0640						0738		
Neath (NTH)	d	0408		0537	0551	0604			0635	0643		0706			0734	0742		0759
Briton Ferry (BNF)	d									0647						0745		
Baglan (BAJ)	d									0651						0749		
Port Talbot Parkway (PTA)	d	0415		0544	0558	0611			0642	0655	0706	0713			0742	0753		0807
Pyle (PYL)	d				0607					0702						0800		
Maesteg (MST)	d							0611						0707				
Maesteg (Ewenny Road) (MEW)	d							0613						0709				
Garth (Mid Glamorgan) (GMG)	d							0616						0712				
Tondu (TDU)	d							0626						0722				
Sarn (SRR)	d							0629						0725				
Wildmill (WMI)	d							0632						0728				
Bridgend (BGN)	a	0427		0556	0615	0623	0635		0654	0709	0717	0725	0731		0753	0807		0818
Bridgend (BGN)	d	0428		0557	0615	0624	0636		0655	0709	0720	0726	0732		0754	0808		0819
Pencoed (PCD)	d						0641			0716			0737			0814		
Llanharan (LLR)	d						0645			0719			0741			0818		
Pontyclun (PYC)	d						0650			0724			0746			0823		
Cardiff Central (CDF)	a	0449		0618	0637	0645	0704		0716	0737	0743	0747	0801		0815	0838		0840
Cardiff Central (CDF)	d	0514		0620	0643	0647			0718		0753	0750			0823			0851
Newport (South Wales) (NWP)	a	0526		0632	0657	0659			0729		0806	0802			0834			0902
Gloucester (GCR)	a																	
Cheltenham Spa (CNM)	a																	
Manchester Piccadilly (MAN)	a				1013						1113							
Reading (RDG)	a	0648		0745		0816			0846			0918			0948			1018
London Paddington (PAD)	a	0714		0811		0844			0914			0944			1013			1044

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- A To Ebbw Vale Town

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Saturdays

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW	AW	AW A	GW 111 111	AW	AW	AW A	AW	GW 111 111	AW	AW	AW A	AW B	GW 111 111	AW	AW A	AW
Rosslare Harbour (RSB)	d																
Fishguard Harbour (FGH)	a																
Fishguard Harbour (FGH)	d	0650										0800					
Fishguard & Goodwick (FGW)	d	0653										0803					
Milford Haven (MFH)	d						0701									0900	
Johnston (JOH)	d						0709x									0908x	
Haverfordwest (HVF)	d						0716									0915	
Clarbeston Road (CLR)	d	0714a					0724x					0822x				0923x	
Clunderwen (CUW)	d						0731x					0829x				0930x	
Pembroke Dock (PMD)	d								0707								0902
Pembroke (PMB)	d								0715								0910
Lamphey (LAM)	d								0718x								0913x
Manorbier (MRB)	d								0726								0921
Penally (PNA)	d								0732x								0927x
Tenby (TEN)	d								0742c								0937c
Saundersfoot (SDF)	d								0750x								0945x
Kilgetty (KGT)	d								0752x								0947x
Narberth (NAR)	d								0801x								0956x
Whitland (WTL)	a						0738		0809			0835			0937		1004
Whitland (WTL)	d						0738		0810			0836			0937		1005
Carmarthen (CMN)	a						0755		0827			0851			0954		1021
Carmarthen (CMN)	d			0724		0757		0832			0859			0930	0956		1031
Ferryside (FYS)	d			0736		0807		0842			0910				1006		
Kidwelly (KWL)	d			0742		0813		0848			0915				1012		
Pembrey & Burry Port (PBY)	d			0750		0819		0854			0922			0950	1018		1048
Llanelli (LLE)	d			0757		0824		0900			0928		0934	0958	1023		1054
Gowerton (GWN)	d					0831		0907			0936		0942		1030		1101
Swansea (SWA)	a	←		0814		0844		0918		←	0950		0957	1015	1044		1116
Swansea (SWA)	d	0753		0822	0827	0853		0929	0923	0929	0956			1023	1054		1126
Llansamlet (LAS)	d				0834			←		0935	0944	1007					←
Skewen (SKE)	d				0838						0940						
Neath (NTH)	d	0805		0834	0842	0905			0935	0944	1007			1035	1105		
Briton Ferry (BNF)	d				0846					0947							
Baglan (BAJ)	d				0850					0951							
Port Talbot Parkway (PTA)	d	0812		0842	0854	0912			0943	0955	1014			1043	1112		
Pyle (PYL)	d	0819			0902					1002							
Maesteg (MST)	d			0807				0907					1007				1107
Maesteg (Ewenny Road) (MEW)	d			0809				0909					1009				1109
Garth (Mid Glamorgan) (GMG)	d			0812				0912					1012				1112
Tondu (TDU)	d			0822				0922					1022				1122
Sarn (SRR)	d			0825				0925					1025				1125
Wildmill (WMI)	d			0828				0928					1028				1128
Bridgend (BGN)	a	0827		0832	0853	0909	0924	0931		0954	1009	1026	1031		1054	1125	1131
Bridgend (BGN)	d	0827		0833	0856	0910	0925	0932		0956	1010	1026	1032		1056	1125	1132
Pencoed (PCD)	d			0838		0916		0937			1016		1037				1137
Llanharan (LLR)	d			0842		0920		0941			1020		1041				1141
Pontyclun (PYC)	d			0847		0925		0946			1025		1046				1146
Cardiff Central (CDF)	a	0846		0902	0917	0938	0950	1000		1017	1038	1046	1100		1117	1150	1200
Cardiff Central (CDF)	d				0919		0953			1020					1120	1153	
Newport (South Wales) (NWP)	a				0930		1006			1031					1131	1206	
Gloucester (GCR)	a																
Cheltenham Spa (CNM)	a																
Manchester Piccadilly (MAN)	a						1313									1513	
Reading (RDG)	a			1046					1146					1246			
London Paddington (PAD)	a			1114					1214					1312			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 4 minutes earlier
- A To Ebbw Vale Town
- B From Shrewsbury

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Saturdays

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	GW	AW	AW	AW	GW	AW	AW	AW	GW	AW	AW	AW	AW	GW	AW	AW	AW
Rosslare Harbour (RSB)	d																0815
Fishguard Harbour (FGH)	a																1145
Fishguard Harbour (FGH)	d			1001													1300
Fishguard & Goodwick (FGW)	d			1004													1303
Milford Haven (MFH)	d					1100							1211				
Johnston (JOH)	d					1108x							1219x				
Haverfordwest (HVF)	d					1115							1226				
Clarbeston Road (CLR)	d			1023x		1123x							1234x				1322x
Clunderwen (CUW)	d			1030x		1130x											1330x
Pembroke Dock (PMD)	d								1105								
Pembroke (PMB)	d								1113								
Lamphey (LAM)	d								1116x								
Manorbier (MRB)	d								1124								
Penally (PNA)	d								1130x								
Tenby (TEN)	d								1146e								
Saundersfoot (SDF)	d								1154x								
Kilgetty (KGT)	d								1156x								
Narberth (NAR)	d								1205x								
Whitland (WTL)	a			1036		1137			1213				1245				1336
Whitland (WTL)	d			1037		1137			1214				1246				1337
Carmarthen (CMN)	a			1053		1154			1231				1305				1354
Carmarthen (CMN)	d			1056		1130	1156		1236				1307			1330	1356
Ferryside (FYS)	d						1206										1406
Kidwelly (KWL)	d						1212										1412
Pembrey & Burry Port (PBY)	d			1114		1150	1218		1253				1324			1350	1418
Llanelli (LLE)	d			1120		1158	1223		1258				1329	1341		1358	1423
Gowerton (GWN)	d			1127			1230						1336	1349			1430
Swansea (SWA)	a			1141		1216	1244		1315			1349	1404			1415	1444
Swansea (SWA)	d	1121	1126	1152		1224	1256		1327	1320	1327	1352				1423	1454
Llansamlet (LAS)	d			1132							1333						
Skewen (SKE)	d			1137							1338						
Neath (NTH)	d	1133	1141	1203		1236	1308			1332	1342	1403				1435	1505
Briton Ferry (BNF)	d			1144							1345						
Baglan (BAJ)	d			1148							1349						
Port Talbot Parkway (PTA)	d	1141	1152	1210		1243	1315			1340	1353	1410				1443	1512
Pyle (PYL)	d			1159							1400						
Maesteg (MST)	d				1207										1407		1507
Maesteg (Ewenny Road) (MEW)	d				1209										1409		1509
Garth (Mid Glamorgan) (GMG)	d				1212						1312				1412		1512
Tondu (TDU)	d				1222						1322				1422		1522
Sarn (SRR)	d				1225						1325				1425		1525
Wildmill (WMI)	d				1228						1328				1428		1528
Bridgend (BGN)	a	1152	1206	1222	1231	1255	1328	1332		1351	1407	1422		1431	1454		1525
Bridgend (BGN)	d	1154	1207	1222	1232	1256	1328	1333		1353	1408	1422		1432	1456		1525
Pencoed (PCD)	d			1213		1237					1338				1437		1537
Llanharan (LLR)	d			1217		1241					1342				1441		1541
Pontyclun (PYC)	d			1222		1246					1347				1446		1546
Cardiff Central (CDF)	a	1215	1237	1245	1302	1317	1350	1401		1414	1438	1446		1500	1517		1549
Cardiff Central (CDF)	d	1220				1320	1353			1421					1520		1553
Newport (South Wales) (NWP)	a	1231				1331	1406			1432					1531		1606
Gloucester (GCR)	a																
Cheltenham Spa (CNM)	a																
Manchester Piccadilly (MAN)	a						1713										1913
Reading (RDG)	a	1346				1446				1548					1646		
London Paddington (PAD)	a	1411				1512				1614					1714		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- e Arrives 10 minutes earlier
- A To Ebbw Vale Town
- B From Shrewsbury

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Saturdays

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW	GW	AW	AW	AW A	GW	AW	AW	AW A	AW	GW	AW	AW	AW B	AW A	GW	AW	
	↔	↔	↔			↔	↔	↔			↔	↔			↔	↔		
Rosslare Harbour (RSB)	d																	
Fishguard Harbour (FGH)	a																	
Fishguard Harbour (FGH)	d													1600				
Fishguard & Goodwick (FGW)	d													1604				
Milford Haven (MFH)	d				1359				1502									
Johnston (JOH)	d				1407x				1510x									
Haverfordwest (HVF)	d				1415				1517									
Clarbeston Road (CLR)	d				1423x				1525x					1623x				
Clunderwen (CUW)	d				1430x				1532x					1630x				
Pembroke Dock (PMD)	d	1302									1502							
Pembroke (PMB)	d	1310									1510							
Lamphey (LAM)	d	1313x									1513x							
Manorbier (MRB)	d	1321									1521							
Penally (PNA)	d	1327x									1527x							
Tenby (TEN)	d	1340f									1537c							
Saundersfoot (SDF)	d	1348x									1545x							
Kilgetty (KGT)	d	1350x									1547x							
Narberth (NAR)	d	1359x									1556x							
Whitland (WTL)	a	1407			1436				1539		1604			1637				
Whitland (WTL)	d	1408			1437				1539		1605			1637				
Carmarthen (CMN)	a	1424			1454				1556		1622			1654				
Carmarthen (CMN)	d	1429			1456		1528		1558		1636			1656			1730	
Ferryside (FYS)	d								1608					1706				
Kidwelly (KWL)	d								1614					1712				
Pembrey & Burry Port (PBY)	d	1449g			1514		1548		1620		1653			1718			1750	
Llanelli (LLE)	d	1457g			1520		1556		1625		1659			1724	1738		1758	
Gowerton (GWN)	d				1527				1632		1706			1731	1746			
Swansea (SWA)	a	1517			1541		1613		1646		1717			1748	1801		1815	
Swansea (SWA)	d	1528	1523	1528	1552		1622	1629	1650		1729	1723	1729	1752			1823	1831
Llansamlet (LAS)	d			1534				1635					1735					1837
Skwen (SKE)	d			1539				1640					1740					1842
Neath (NTH)	d		1535	1543	1603		1634	1644	1701			1735	1744	1803			1835	1846
Briton Ferry (BNF)	d			1546				1647					1747					1850
Baglan (BAJ)	d			1550				1651					1751					1853
Port Talbot Parkway (PTA)	d		1543	1554	1610		1641	1655	1708			1742	1755	1810			1843	1857
Pyle (PYL)	d			1601				1702					1802					1904
Maesteg (MST)	d				1607						1707						1807	
Maesteg (Ewenny Road) (MEW)	d				1609						1709						1809	
Garth (Mid Glamorgan) (GMG)	d				1612						1712						1812	
Tondu (TDU)	d				1622						1722						1822	
Sarn (SRR)	d				1625						1725						1825	
Wildmill (WMI)	d				1628						1728						1828	
Bridgend (BGN)	a		1554	1608	1622	1631	1653	1709	1721	1731		1754	1809	1822		1831	1854	1911
Bridgend (BGN)	d		1556	1609	1622	1633	1654	1710	1721	1732		1755	1810	1822		1832	1856	1912
Pencoed (PCD)	d			1615		1639		1716		1737			1816			1837		1918
Llanharan (LLR)	d			1619		1643		1720		1741			1820			1841		1922
Pontyclun (PYC)	d			1624		1648		1725		1746			1825			1846		1927
Cardiff Central (CDF)	a		1617	1638	1646	1702	1715	1738	1743	1802		1816	1838	1846		1900	1917	1941
Cardiff Central (CDF)	d		1623				1718		1753			1819					1919	
Newport (South Wales) (NWP)	a		1634				1730		1806			1830					1930	
Gloucester (GCR)	a																	
Cheltenham Spa (CNM)	a																	
Manchester Piccadilly (MAN)	a								2113									
Reading (RDG)	a		1748				1846					1948					2046	
London Paddington (PAD)	a		1813				1912					2013					2112	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 4 minutes earlier
- f Arrives 7 minutes earlier
- g Arrives 3 minutes earlier
- A To Ebbw Vale Town
- B From Shrewsbury

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Saturdays













Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	AW	AW A	AW	GW 	AW	AW	AW A	GW 	GW C 	AW	AW D	AW E	AW A	AW	AW	AW A	AW	
Rosslare Harbour (RSB)	d																	
Fishguard Harbour (FGH)	a																	
Fishguard Harbour (FGH)	d														1929			
Fishguard & Goodwick (FGW)	d														1932			
Milford Haven (MFH)	d	1700					1800				1856						2038	
Johnston (JOH)	d	1708x					1808x				1904x						2046x	
Haverfordwest (HVF)	d	1717					1815				1911						2053	
Clarboston Road (CLR)	d	1725x					1823x				1919x				1950x		2101x	
Clunderwen (CUW)	d	1732x					1830x				1926x				1958x		2108x	
Pembroke Dock (PMD)	d			1702												1907		
Pembroke (PMB)	d			1710												1915		
Lamphey (LAM)	d			1713x												1918x		
Manorbier (MRB)	d			1721												1926x		
Penally (PNA)	d			1727x												1931x		
Tenby (TEN)	d			1737c												1951h		
Saundersfoot (SDF)	d			1745x												1959x		
Kilgetty (KGT)	d			1747x												2001x		
Narberth (NAR)	d			1756x												2010x		
Whitland (WTL)	a	1738		1804			1837				1933				2004	2018	2115	
Whitland (WTL)	d	1739		1805			1837				1933				2005	2019	2115	
Carmarthen (CMN)	a	1755		1822			1854				1949				2023	2035	2132	
Carmarthen (CMN)	d	1757		1835			1857		1919			1956	1956			2040	2137	
Ferryside (FYS)	d	1807					1907					2006	2006			2050	2147	
Kidwelly (KWL)	d	1813					1913					2012	2012			2056	2153	
Pembrey & Burry Port (PBY)	d	1819		1852			1919		1939			2018	2018			2102	2159	
Llanelli (LLE)	d	1825		1858			1924		1947			2023	2023			2108	2205	
Gowerton (GWN)	d	1832		1905			1931					2030	2030			2115	2212	
Swansea (SWA)	a	1846		1917			1945		2003			2044	2044			2130	2225	
Swansea (SWA)	d	1850		1927	1922	1927	1951			2022		2047	2049			2131	2236	
Llansamlet (LAS)	d					1933						2053	2055			2138	2243	
Skewen (SKE)	d					1938						2058	2100			2143	2248	
Neath (NTH)	d	1901			1934	1942	2003			2034		2102	2104			2147	2252	
Briton Ferry (BNF)	d					1945						2105	2107			2151	2256	
Baglan (BAJ)	d					1949						2109	2111			2155	2300	
Port Talbot Parkway (PTA)	d	1908			1942	1953	2010			2042		2113	2115			2159	2304	
Pyle (PYL)	d					2000						2120	2122			2206	2312	
Maesteg (MST)	d		1907					2007						2110			2212	
Maesteg (Ewenny Road) (MEW)	d		1909					2009						2112			2214	
Garth (Mid Glamorgan) (GMG)	d		1912					2012						2115			2217	
Tondu (TDU)	d		1922					2022						2125			2227	
Sarn (SRR)	d		1925					2025						2128			2230	
Wildmill (WMI)	d		1928					2028						2131			2233	
Bridgend (BGN)	a	1921	1931		1954	2007	2022	2031		2053		2127	2129	2134		2213	2236	2319
Bridgend (BGN)	d	1923	1932		1955	2008	2022	2032		2054		2128	2130	2135		2213	2237	2319
Pencoed (PCD)	d		1937			2014		2037						2140			2242	
Llanharan (LLR)	d		1941			2018		2041						2144			2246	
Pontyclun (PYC)	d		1946			2023		2046						2149			2251	
Cardiff Central (CDF)	a	1947	2003		2016	2038	2045	2100		2115		2150	2152	2203		2238	2305	2342
Cardiff Central (CDF)	d		2006		2022			2106		2118		2152	2153	2204				
Newport (South Wales) (NWP)	a		2019		2033			2119		2129		2205	2207	2217				
Gloucester (GCR)	a																	
Cheltenham Spa (CNM)	a																	
Manchester Piccadilly (MAN)	a																	
Reading (RDG)	a				2149													
London Paddington (PAD)	a				2214													

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 4 minutes earlier
- h Arrives 14 minutes earlier
- A To Ebbw Vale Town
- C To Bristol Parkway
- D Runs until 29 March. To Hereford
- E Runs from 5 April. To Hereford

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Saturdays

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry	AW B	AW F	AW G	AW	AW G	AW 	AW	AW
Rosslare Harbour (RSB)  d						1930		
Fishguard Harbour (FGH)  a						2300		
Fishguard Harbour (FGH) d				2144				
Fishguard & Goodwick (FGW) d				2147				
Milford Haven (MFH) d								2308
Johnston (JOH) d								2316x
Haverfordwest (HVF) d								2323
Clarbeston Road (CLR) d				2206x				2331x
Clunderwen (CUW) d				2213x				2338x
Pembroke Dock (PMD) d		2107	2107					2216
Pembroke (PMB) d		2115	2115					2224
Lamphey (LAM) d		2118x	2118x					2227x
Manorbier (MRB) d		2126	2126					2235
Penally (PNA) d		2132x	2132x					2241x
Tenby (TEN) d		2142j	2142j					2247
Saundersfoot (SDF) d		2150x	2150x					2255x
Kilgetty (KGT) d		2152x	2152x					2257x
Narberth (NAR) d		2201x	2201x					2306x
Whitland (WTL) a		2209	2209	2219				2314 2345
Whitland (WTL) d		2210	2210	2220				2315 2345
Carmarthen (CMN) a		2227	2227	2237				2332 0003
Carmarthen (CMN) d		2229	2241		2241			
Ferryside (FYS) d		2239			2251			
Kidwelly (KWL) d		2245			2257			
Pembrey & Burry Port (PBY) d		2251			2303			
Llanelli (LLE)  d	2235	2256			2308			
Gowerton (GWN) d	2243	2303			2315			
Swansea (SWA) a	2258	2316			2328			
Swansea (SWA) d								
Llansamlet (LAS) d								
Skewen (SKE) d								
Neath (NTH) d								
Briton Ferry (BNF) d								
Baglan (BAJ) d								
Port Talbot Parkway (PTA) d								
Pyle (PYL) d								
Maesteg (MST) d								
Maesteg (Ewenny Road) (MEW) d								
Garth (Mid Glamorgan) (GMG) d								
Tondu (TDU) d								
Sarn (SRR) d								
Wildmill (WMI) d								
Bridgend (BGN) a								
Bridgend (BGN) d								
Pencoed (PCD) d								
Llanharan (LLR) d								
Pontyclun (PYC) d								
Cardiff Central (CDF)  a								
Cardiff Central (CDF)  d								
Newport (South Wales) (NWP) a								
Gloucester (GCR)  a								
Cheltenham Spa (CNM) a								
Manchester Piccadilly (MAN)  a								
Reading (RDG)  a								
London Paddington (PAD)  a								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- j Arrives 6 minutes earlier
- B From Shrewsbury
- F Runs from 5 April
- G Runs until 29 March

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Sundays

Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	GW 112	GW A 112	GW B 112	AW 112	GW 112	AW 112	AW 112	AW 112	GW 112	AW 112	AW 112	AW 112	GW 112	AW 112	AW 112	AW 112	AW 112	AW 112
Rosslare Harbour (RSB)	d																	
Fishguard Harbour (FGH)	a																	
Fishguard Harbour (FGH)	d																	
Fishguard & Goodwick (FGW)	d																	
Milford Haven (MFH)	d																	
Johnston (JOH)	d																	
Haverfordwest (HVF)	d																	
Clarbeston Road (CLR)	d																	
Clunderwen (CUW)	d																	
Pembroke Dock (PMD)	d																	
Pembroke (PMB)	d																	
Lamphey (LAM)	d																	
Manorbier (MRB)	d																	
Penally (PNA)	d																	
Tenby (TEN)	d																	
Saundersfoot (SDF)	d																	
Kilgetty (KGT)	d																	
Narberth (NAR)	d																	
Whitland (WTL)	a																	
Whitland (WTL)	d																	
Carmarthen (CMN)	a																	
Carmarthen (CMN)	d							0855					0933	0933		1044	1044	1055
Ferryside (FYS)	d													0958				1105
Kidwelly (KWL)	d													1013				1111
Pembrey & Burry Port (PBY)	d								0925					1028		1102	1102	1118
Llanelli (LLE)	d								0940				1013	1043		1109	1109	1125
Gowerton (GWN)	d													1058		1116	1116	1132
Swansea (SWA)	a								1010				1043	1113		1130	1130	1147
Swansea (SWA)	d	0755	0835	0835	0842	0923	0933			1022	1032				1123	1133	1133	
Llansamlet (LAS)	d																	
Skwen (SKE)	d																	
Neath (NTH)	d	0807	0847	0847	0853	0935	0944			1035	1044				1135	1144	1144	
Briton Ferry (BNF)	d																	
Baglan (BAJ)	d																	
Port Talbot Parkway (PTA)	d	0814	0854	0854	0901	0942	0952			1042	1051				1142	1152	1152	
Pyle (PYL)	d				0908	1000					1100					1159	1200	
Maesteg (MST)	d							0947					1109					1214
Maesteg (Ewenny Road) (MEW)	d							0950					1112					1217
Garth (Mid Glamorgan) (GMG)	d							0953					1115					1219
Tondu (TDU)	d							1002					1124					1228
Sarn (SRR)	d							1005					1127					1231
Wildmill (WMI)	d							1008					1131					1235
Bridgend (BGN)	a	0826	0906	0906	0917	0954	1008	1013		1054	1108	1135			1154	1207	1208	1239
Bridgend (BGN)	d	0827	0907	0907	0917	0955	1008	1014		1055	1108	1135			1155	1207	1208	1240
Pencoed (PCD)	d							1020				1140						1245
Llanharan (LLR)	d							1024				1145						1250
Pontyclun (PYC)	d							1029				1149						1254
Cardiff Central (CDF)	a	0848	0928	0928	0938	1016	1030	1045		1117	1130	1205			1216	1229	1231	1308
Cardiff Central (CDF)	d	0850	0935	0935	0945	1019	1036			1120	1140				1220	1236	1236	
Newport (South Wales) (NWP)	a	0906	0950	0951	1002	1031	1049			1130	1153				1231	1249	1249	
Gloucester (GCR)	a																	
Cheltenham Spa (CNM)	a																	
Manchester Piccadilly (MAN)	a				1312		1415				1515					1615	1615	
Reading (RDG)	a	1025	1102	1116		1144				1244					1344			
London Paddington (PAD)	a	1050	1127	1142		1210				1309					1409			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A Runs from 6 April
- B Runs until 30 March

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Sundays










Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	GW	AW	AW	AW	GW	AW	AW	AW	AW	GW	AW	AW	GW	AW	GW	AW	AW	AW	AW	
																				AW C
Rosslare Harbour (RSB)	d																			
Fishguard Harbour (FGH)	a																			
Fishguard Harbour (FGH)	d																			1415
Fishguard & Goodwick (FGW)	d																			1418
Milford Haven (MFH)	d																			
Johnston (JOH)	d																			1330
Haverfordwest (HVF)	d																			1338x
Clarbeston Road (CLR)	d																			1345
Clunderwen (CUW)	d																			1353x
Pembroke Dock (PMD)	d																			1401x
Pembroke (PMB)	d																			
Lamphey (LAM)	d																			1142
Manorbier (MRB)	d																			1151
Penally (PNA)	d																			1154x
Tenby (TEN)	d																			1201
Saundersfoot (SDF)	d																			1207x
Kilgetty (KGT)	d																			1212
Narberth (NAR)	d																			1219x
Whitland (WTL)	a																			1221x
Whitland (WTL)	d																			1231x
Carmarthen (CMN)	a																			1240
Carmarthen (CMN)	d																			1315
Ferryside (FYS)	d																			1240
Kidwelly (KWL)	d																			1315
Pembrey & Burry Port (PBY)	d																			1332
Llanelli (LLE)	d																			1338
Gowerton (GWN)	d																			1420
Swansea (SWA)	a																			1433
Swansea (SWA)	d																			1510
Llansamlet (LAS)	d																			1520
Skewen (SKE)	d																			1526
Neath (NTH)	d																			1533
Briton Ferry (BNF)	d																			1540
Baglan (BAJ)	d																			1557
Port Talbot Parkway (PTA)	d																			1605
Pyle (PYL)	d																			1602
Maesteg (MST)	d																			1619
Maesteg (Ewenny Road) (MEW)	d																			1516
Garth (Mid Glamorgan) (GMG)	d																			1519
Tondu (TDU)	d																			1522
Sarn (SRR)	d																			1531
Wildmill (WMI)	d																			1534
Bridgend (BGN)	a																			1538
Bridgend (BGN)	d																			1543
Pencoed (PCD)	d																			1548
Llanharan (LLR)	d																			1553
Pontyclun (PYC)	d																			1557
Cardiff Central (CDF)	a																			1612
Cardiff Central (CDF)	d																			1616
Newport (South Wales) (NWP)	a																			1622
Gloucester (GCR)	a																			1636
Cheltenham Spa (CNM)	a																			1631
Manchester Piccadilly (MAN)	a																			1654
Reading (RDG)	a																			1620
London Paddington (PAD)	a																			1640
London Paddington (PAD)	a																			1654

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- C From Shrewsbury

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Sundays














Operator Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	GW	AW	AW D	GW	AW	GW	AW	AW E	AW	GW	AW	GW	AW D	AW C	AW	AW F	AW
	113 ⚓			113 ⚓	⚓	113 ⚓				113 ⚓		113 ⚓					
Rosslare Harbour (RSB)  d																	
Fishguard Harbour (FGH)  a																	
Fishguard Harbour (FGH) d																	
Fishguard & Goodwick (FGW) d																	
Milford Haven (MFH) d					1531						1730				1940		2135
Johnston (JOH) d					1539x						1738x				1948x		2143x
Haverfordwest (HVF) d					1546						1745				1956		2151
Clarbeston Road (CLR) d					1554x						1753x				2004x		2159x
Clunderwen (CUW) d					1602x						1801x				2011x		2206x
Pembroke Dock (PMD) d								1623							1910		
Pembroke (PMB) d								1631							1919		
Lamphey (LAM) d								1635x							1922x		
Manorbier (MRB) d								1642							1930		
Penally (PNA) d								1649x							1936x		
Tenby (TEN) d								1653							1941		
Saundersfoot (SDF) d								1701x							1948x		
Kilgetty (KGT) d								1703x							1951x		
Narberth (NAR) d								1713x							2000x		
Whitland (WTL) a					1609			1722			1808				2009	2018	2213
Whitland (WTL) d					1610			1722			1808				2010	2019	2214
Carmarthen (CMN) a					1627			1739			1825				2026	2036	2231
Carmarthen (CMN) d				1630	1641			1741				1920			2036		2116 2234
Ferryside (FYS) d					1651			1751				1932			2046		2244
Kidwelly (KWL) d					1657			1757				1939			2052		2250
Pembrey & Burry Port (PBY) d					1650	1704		1804				1947			2059	2134	2257
Llanelli (LLE)  d					1658	1711		1811				1954		2005	2106	2141	2304
Gowerton (GWN) d						1718		1818						2013	2113	2148	2311
Swansea (SWA) a					1715	1733		1832						2012	2029	2130	2204 2325
Swansea (SWA) d	1623	1652			1723	1737	1823		1834		1924			2020	2040		2208 2329
Llansamlet (LAS) d																	
Skewen (SKE) d																	
Neath (NTH) d	1635	1704			1735	1748	1835		1846		1936			2032	2051		2219 2341
Briton Ferry (BNF) d																	
Baglan (BAJ) d																	
Port Talbot Parkway (PTA) d	1642	1712			1742	1755	1842		1854		1942			2039	2100		2227 2349
Pyle (PYL) d		1719				1802			1902								2235 2356
Maesteg (MST) d					1708					1917					2039		
Maesteg (Ewenny Road) (MEW) d					1711					1920					2041		
Garth (Mid Glamorgan) (GMG) d					1714					1923					2044		
Tondu (TDU) d					1723					1931					2052		
Sarn (SRR) d					1726					1934					2055		
Wildmill (WMI) d					1729					1938					2057		
Bridgend (BGN) a	1653	1727	1733	1753	1810	1853		1910	1942	1955		2051	2101	2115			2243 0004
Bridgend (BGN) d	1655	1727	1733	1755	1810	1855		1911	1942	1956		2052	2101	2115			2243 0004
Pencoed (PCD) d					1739				1947						2107		
Llanharan (LLR) d					1743				1952						2111		
Pontyclun (PYC) d					1748				1956						2116		
Cardiff Central (CDF)  a	1717	1750	1803	1817	1833	1917		1934	2010	2017		2116	2131	2139			2305 0031
Cardiff Central (CDF)  d	1720	1754	1805	1820	1840	1920		1939		2020		2120					2319
Newport (South Wales) (NWP) a	1731	1808	1822	1831	1853	1930		1952		2030		2132					2333
Gloucester (GCR)  a																	
Cheltenham Spa (CNM) a																	
Manchester Piccadilly (MAN)  a		2115			2214												
Reading (RDG)  a	1844				1944	2048				2148		2249					
London Paddington (PAD)  a	1909				2009	2114				2214		2327					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- C From Shrewsbury
- D To Ebbw Vale Town
- E To Shrewsbury
- F To Hereford

Rosslare, Fishguard, Milford Haven, Pembroke Dock, Tenby, Carmarthen, Swansea, Maesteg and Bridgend to Cardiff

Sundays

1st Class/Reservations/Bus/Ferry	Operator	AW	AW  	AW	AW
Rosslare Harbour (RSB)	 d		1930		
Fishguard Harbour (FGH)	 a		2300		
Fishguard Harbour (FGH)	d			2301	
Fishguard & Goodwick (FGW)	d			2304	
Milford Haven (MFH)	d				2321
Johnston (JOH)	d				2329x
Haverfordwest (HVF)	d				2337
Clarbeston Road (CLR)	d			2323x	2345x
Clunderwen (CUW)	d				2352x
Pembroke Dock (PMD)	d	2200			
Pembroke (PMB)	d	2209			
Lamphey (LAM)	d	2212x			
Manorbier (MRB)	d	2220			
Penally (PNA)	d	2226x			
Tenby (TEN)	d	2232			
Saundersfoot (SDF)	d	2239x			
Kilgetty (KGT)	d	2242x			
Narberth (NAR)	d	2251x			
Whitland (WTL)	a	2300		2336	2359
Whitland (WTL)	d	2300		2336	2359
Carmarthen (CMN)	a	2319		2353	0017
Carmarthen (CMN)	d				
Ferryside (FYS)	d				
Kidwelly (KWL)	d				
Pembrey & Burry Port (PBY)	d				
Llanelli (LLE)	 d				
Gowerton (GWN)	d				
Swansea (SWA)	a				
Swansea (SWA)	d				
Llansamlet (LAS)	d				
Skewen (SKE)	d				
Neath (NTH)	d				
Briton Ferry (BNF)	d				
Baglan (BAJ)	d				
Port Talbot Parkway (PTA)	d				
Pyle (PYL)	d				
Maesteg (MST)	d				
Maesteg (Ewenny Road) (MEW)	d				
Garth (Mid Glamorgan) (GMG)	d				
Tondu (TDU)	d				
Sarn (SRR)	d				
Wildmill (WMI)	d				
Bridgend (BGN)	a				
Bridgend (BGN)	d				
Pencoed (PCD)	d				
Llanharan (LLR)	d				
Pontyclun (PYC)	d				
Cardiff Central (CDF)	 a				
Cardiff Central (CDF)	 d				
Newport (South Wales) (NWP)	a				
Gloucester (GCR)	 a				
Cheltenham Spa (CNM)	a				
Manchester Piccadilly (MAN)	  a				
Reading (RDG)	 a				
London Paddington (PAD)	  a				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request